

**Urbandale Superstar
Fall For Urbandale
Mile Run
September 22, 2007**

Boys Results

Individual Results

Name	Grade	School	Time
N. Waller	4th	Valerius	6:13
E. Miller	5th	Valerius	6:14
J. Penningroth	4th	Olmsted	6:28
D. Marcus	6th	Home S	6:31
A. Smith	4th	St. Pius	6:32
T. Miller	3rd	Valerius	6:33
J.T. Cox	4th	Valerius	6:35
C. Longnecker	3rd	Waukee	6:38
E. Salmon	5th	Johnston	6:39
M. Van Riessen	3rd	Valerius	6:43
J.Sabus	5th	Webster	6:50
S. Sturges	5th	Olmsted	7:00
E. Economos	5th	Webster	7:01
C. Fredichsen	3rd	Webster	7:03
W. Hall	5th	Karen Acres	7:07
Q. Prescott	6th	UMS	7:11
G. Stotts	2nd	Webster	7:12
T. Miller	4th	Jensen	7:13
N. Walleser	4th	Olmsted	7:19
C. Kistenmacher	3rd	Valerius	7:20
P. Middleswart	2nd	Valerius	7:22
A. Stotts	4th	Webster	7:29
H. Pohlmeier	5th	Johnston	7:39
T.Schweizer	4th	Webster	7:41
M. Siegel	4th	Olmsted	7:52
G. Garwood	1st	Valerius	7:53
A. Economos	1st	Webster	7:55
B. Hall	2nd	Karen Acres	7:57
K. Maina	5th	Valerius	8:03
A. Vlahovljak	5th	Valerius	8:17
K. Cullinan	1st	Olmsted	8:18
N. Sturges	2nd	Olmsted	8:19
C. Cayier	2nd	Webster	8:22
M. Carver	1st	Olmsted	8:33
H. Friedrichsen	1st	Webster	8:37
T. Tiemens	5th	DM Christian	8:46
D. Simmons	3rd	R. Green	8:56
T. Miller	1st	Olmsted	8:57
K. Garwood	3rd	Valerius	9:04
T.Reinhold	4th	Olmsted	9:05
B. Kennedy	2nd	Valerius	9:07
A. Costello	2nd	Olmsted	9:09
J. Spidle	4th	Webster	9:15
A. Berry	1st	Karen Acres	9:16

L. Miller	K Olmsted	9:21
M. Brockway	K Olmsted	9:25
M. Korman	K. Webster	9:32
C. Hendricks	1st R. Green	9:41
P. McInville	K. Olmsted	10:35
L. Davis	K. R. Green	10:46

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Girls Results

Individual Results

Name	Grade	School	Time
A. Muilenburg	5th	Waukee	6:00
E. Christians	6th	UMS	6:31
K. Smith	5th	Ankeny	6:34
K. Moreno	4th	Valerius	6:56
J. Mueller	5th	Webster	6:59
C. Middleswart	4th	Valerius	7:02
L. Nichols	4th	Olmsted	7:03
E. Prescott	4th	Valerius	7:04
M. Carver	3rd	Olmsted	7:14
J. Carver	5th	Olmsted	7:16
C. Madson	5th	olmsted	8:02
A. Bagley	5th	Olmsted	8:08
L. Hemphill	4th	Valerius	8:09
L. Smetzer	3rd	Webster	8:25
C. Cox	1st	Webster	8:34
C. Schweizer	2nd	Webster	8:37
K. Mueller	1st	Webster	8:48
A. Crawford	2nd	Olmsted	8:52
J. Walljasper	2nd	Olmsted	8:59
E. Kuehl	3rd	Webster	9:21
A. Peterson	2nd	Jensen	9:29
E. Miller	5th	Olmsted	10:01
T. Logan	3rd	Karen Acres	10:30
A. Kistenmacher	K.	Olmsted	10:35
A. Post	K.	Olmsted	11:06
C. Maina	4th	Valerius	11:25
D. Reynolds	K	olmsted	11:58
Z. Boomershine	1st	Webster	12:42
B. Guan	K. R.	Green	14:09
H. Kuehl	K.	Webster	15:00