



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

45th Annual

SPOOK RUN 5K

October 21, 2023 Race Start: **9:00AM**

\$25 Registration effective thru 10/08/23

\$35 Registration after 10/08/23

INFORMATION:

- Register for the race at the YMCA or online at charlescityymca.com
- Race begins and ends at the Charles City YMCA.
- Everyone who pre-registers will receive a T-shirt.
- Registrations will be taken the day of the race, shirt is not guaranteed.
- Runners, walkers, families, strollers are all welcome!
- Costumes are encouraged!

Spook Run 5K 2023

Name _____ Race Day Age _____

Address _____ Gender: M F

City, State, Zip _____

T-shirt size: (Circle one)

Youth: Med Large **Adult:** Small Medium Large XL XXL

Participant Signature _____

(Parent if under 18)