

2007 Race for Cure

Women's and Men's 5K

Awards Results

Women: Overall Winners

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	39	333	DUMKE, BREANNA	DES MOINES, IA	F	22	20:38.0	6:38
2	41	402	DOUBEK, BRENDA	BAXTER, IA	F	37	20:40.8	6:39
3	45	83	MCINTOSH, BECKY	DSM, IA	F	43	21:06.2	6:48
4	47	447	LOHRY, MOLLY	AMES, IA	F	20	21:14.0	6:50
5	51	473	COLBY, KRISANNE	URBANDALE, IA	F	38	21:29.1	6:55
6	59	392	MUILENBURG, ANA	WAUKEE, IA	F	11	21:42.6	6:59
7	63	342	MCGONIGAL, MITCHELL	HUBBARD, IA	F	31	21:46.3	7:00
8	64	108	THILGES, KATIE	ANKENY, IA	F	33	21:47.1	7:01
9	65	564	MIRANDA, REID		F	0	21:49.7	7:02
10	66	127	MCKAY, KATHY	PLEASANT HILL, IA	F	28	21:55.0	7:03
11	67	408	STILBORN, HEATHER	DES MOINES, IA	F	44	21:58.1	7:04
12	72	339	LITSCHER, CAROL	WEST DES MOINES,	F	46	22:08.0	7:07
13	75	243	CALLISON, RHONDA	OSKALOOSA, IA	F	49	22:12.9	7:09
14	76	210	ADAMS, LINDA	OSKALOOSA, IA	F	47	22:13.9	7:09
15	77	386	KALLENBACH, JANELL	NORWALK, IA	F	35	22:17.7	7:11
16	78	209	SHONKA, MAGGIE	DES MOINES, IA	F	32	22:21.7	7:12
17	81	34	TURCK, KELLY	WEST DES MOINES,	F	32	22:28.8	7:14
18	84	240	NIFFENEGGER, LINDSEY	URBANDALE, IA	F	18	22:31.5	7:15
19	91	330	WILLERT, NANCY	NEVADA, IA	F	51	22:44.7	7:19
20	93	168	GREENWOOD, SHERRY	DES MOINES, IA	F	34	22:58.1	7:24
21	100	125	TAYLOR, KATHY	JOHNSTON, IA	F	53	23:08.7	7:27
22	101	364	GREENE MATHEW, JILL	URBANDALE, IA	F	35	23:16.6	7:30
23	102	89	HOLDEN, SUE	DSM, IA	F	43	23:19.8	7:31
24	103	28	ANDREASEN, CLAIRE	AMES, IA	F	50	23:21.7	7:31
25	105	254	ROESE, ELIZABETH	IOWA CITY, IA	F	20	23:24.7	7:32

Men: Overall Winners

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	1	570	ROTICH, JULIUS	WEST DES MOINES,	M	32	15:25.3	4:58
2	2	569	KIPKOECH, ROB	WEST DES MOINES,	M	27	15:26.5	4:58
3	3	216	SEMELROTH, ROB	DES MOINES, IA	M	32	15:54.2	5:07
4	4	461	BALES-HENRY, ZAC	DES MOINES, IA	M	21	16:14.7	5:14
5	5	494	WEEKS, LOGAN	DES MOINES, IA	M	20	16:34.0	5:20
6	6	263	COGDILL, ERIC	AMES, IA	M	26	16:48.0	5:24
7	7	470	WILLEY, GUY	AMES, IA	M	33	17:01.3	5:29
8	8	227	THOMPSON, RYAN	DES MOINES, IA	M	27	17:30.4	5:38
9	9	172	BOLKCOM, JOE	IOWA CITY, IA	M	51	17:47.4	5:44
10	10	485	NEALY, CHRIS	DES MOINES, IA	M	27	17:55.3	5:46
11	11	255	AULWES, JOSEPH	BONDURANT, IA	M	26	18:01.0	5:48
12	12	513	ALTAMIRANO, JUAN		M	23	18:04.8	5:49
13	13	557	GUTSCHENRITTER, CHAD	WEST DES MOINES,	M	13	18:16.9	5:53
14	14	302	DAVIS, MARK	ADEL, IA	M	54	18:43.3	6:02
15	15	510	PRIMEAN, DAVID	DES MOINES, IA	M	39	18:50.0	6:04
16	16	469	WEUVE, KYLE	URBANDALE, IA	M	41	18:56.1	6:06
17	17	426	GROTELUSCHEN, NEAL	WEST DES MOINES,	M	35	18:57.2	6:06
18	18	521	ACKERMANN, MARK		M		19:00.8	6:07
19	19	348	MATTHAIDESS, CHAD	PARK VIEW, IA	M	36	19:01.4	6:07
20	20	374	RIEKS, MIKE	URBANDALE, IA	M	40	19:06.8	6:09
21	21	506	EDMISTER, BRAD	DES MOINES, IA	M	40	19:15.3	6:12
22	22	384	FEDER, JEFF	NORWALK, IA	M	46	19:23.4	6:14
23	23	556	GUTSCHENRITTER, KEITH	WEST DES MOINES,	M	48	19:32.8	6:17
24	24	267	HRABAK, NICK	URBANDALE, IA	M	25	19:44.0	6:21
25	25	265	GUSTAFSON, DAN	WEST DES MOINES,	M	44	19:45.6	6:22

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Awards Results

Women: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	111	414	DOCKSTADER, KELSEY	AMES, IA	F	14	23:31.0	7:34
2	122	508	VAUGHN, ABIGAIL	DES MOINES, IA	F	11	23:52.3	7:41
3	134	475	GLOCK, DILLAN	ANKENY, IA	F	13	24:10.0	7:47

Women: 15 - 19

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	137	272	PEDDY, KELLY	ANKENY, IA	F	16	24:14.2	7:48
2	166	298	MCVICKER, KAYLA	AMES, IA	F	16	25:16.2	8:08
3	219	396	EDDY, PAIGE	HUXLEY, IA	F	16	27:09.2	8:44

Women: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	106	343	RATHBUN, CORINN	AMES, IA	F	20	23:26.4	7:33
2	138	326	SMITH, TRISTAN	WEST DES MOINES,	F	24	24:16.5	7:49
3	140	318	GLANDORF, TIA	URBANDALE, IA	F	23	24:16.7	7:49

Women: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	125	117	ADAMS, BETSY	ANKENY, IA	F	28	23:54.6	7:42
2	157	142	FOOTE, MICHELLE	URBANDALE, IA	F	26	24:59.2	8:03
3	184	269	LITTLE, RACHELLE	ANKENY, IA	F	28	25:55.9	8:21

Women: 30 - 34

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	131	105	SCHUMACKER, MEGHAN	ALTOONA, IA	F	33	24:07.3	7:46
2	149	262	BURGESS, KRISTEN	URBANDALE, IA	F	30	24:40.9	7:57
3	158	184	EK, STEPHANIE	JOHNSTON, IA	F	33	25:00.0	8:03

Women: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	108	385	PALEN, ANGELA	NORWALK, IA	F	37	23:27.1	7:33
2	128	562	MARIANOVICH, CHRISTY		F	37	24:01.6	7:44
3	139	245	DRAPER, TAMI	DES MOINES, IA	F	37	24:16.5	7:49

Women: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	124	92	BEAUMONT, PAULA	DES MOINES, IA	F	40	23:53.1	7:41
2	141	52	BARRETT, ALICE	WAUKEE, IA	F	41	24:17.0	7:49
3	142	416	ELLWANGER, MELINDA	DES MOINES, IA	F	41	24:19.9	7:50

Women: 45 - 49

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	135	401	FLOWERS, GINA	ANKENY, IA	F	48	24:12.2	7:47
2	183	344	SNODGRASS, BOBBI	INDIANOLA, IA	F	45	25:54.4	8:20
3	204	242	BIRD, DIANN	CUMMING, IA	F	48	26:36.6	8:34

Women: 50 - 54

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	109	167	HAMM, SHARON	INDEPENDENCE, MO	F	50	23:27.1	7:33
2	126	207	SPENCER, SALLY	DES MOINES, IA	F	51	23:59.6	7:43
3	176	501	STROM, SYLVIA	DES MOINES, IA	F	51	25:40.3	8:16

Women: 55 - 59

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	223	160	MATHIS, MARY	WEST DES MOINES,	F	55	27:19.7	8:48
2	237	370	GROSS, MARY	DES MOINES, IA	F	55	27:51.9	8:58
3	319	331	ARENDS, MARILYN	WEST DES MOINES,	F	56	32:33.0	10:29

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Awards Results

Women: 60 - 64

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	379	21	WOLINE, CINDI	DES MOINES, IA	F	61	43:56.6	14:09
2	389	173	BRENNAN, CAROL	BERLIN, WI	F	64	55:16.7	17:47

Women: 65 - 69

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	369	110	GARDNER, ELOISE	DESMOINES, IA	F	65	41:16.1	13:17

Women: 70 - 79

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	274	324	NIELSEN, MARGE	SPENCER, IA	F	72	29:20.5	9:27

Men: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	69	179	HANNA, ZACH	INDIANOLA, IA	M	13	21:59.9	7:05
2	115	61	LIPSCOMB, LJ	JOHNSTON, IA	M	14	23:34.4	7:35
3	116	340	MAURO, DOMINIC	DES MOINES, IA	M	12	23:34.6	7:35

Men: 15 - 19

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	26	561	OPIE, JIMMIE		M	15	19:51.9	6:24
2	29	567	HUGHES, LOGAN	WEST DES MOINES,	M	18	20:01.7	6:27
3	30	229	TURNER, AUSTIN	WEST DES MOINES,	M	17	20:02.0	6:27

Men: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	40	496	BAZAW, JORGE	WEST DES MOINES,	M	23	20:38.2	6:39
2	49	423	CHRISTIANSSEN, ALEX	AMES, IA	M	20	21:25.4	6:54
3	95	81	KAMPLING, BRIAN	MONROE, IA	M	22	22:59.1	7:24

Men: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	43	175	BURKHEAD, NOBLE	ANKENY, IA	M	25	20:52.7	6:43
2	52	119	WALDON, GARRY	DES MOINES, IA	M	26	21:31.5	6:56
3	58	498	HINDLEY, JOHN	WEST DES MOINES,	M	28	21:42.0	6:59

Men: 30 - 34

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	27	287	HALSTEAD, DAVID	ALTOONA, IA	M	33	19:54.6	6:25
2	35	151	ROBINSON, STEVEN	DES MOINES, IA	M	34	20:24.9	6:34
3	38	487	ALBRIGHT, ADAM	DES MOINES, IA	M	31	20:35.8	6:38

Men: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	44	73	MOCKOBEE, RICHARD	NORWALK, IA	M	39	21:05.6	6:47
2	54	221	PLUNKETT, JASON	WEST DES MOINES,	M	35	21:34.8	6:57
3	82	33	TURCK, MICHAEL	WEST DES MOINES,	M	36	22:29.2	7:14

Men: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	60	322	NANNE, FRANK	CLIVE, IA	M	41	21:43.3	6:59
2	71	467	SCHMINKE, MIKE	JOHNSTON, IA	M	42	22:05.9	7:07
3	83	334	FINNEY, SHAWN	WAUKEE, IA	M	43	22:31.1	7:15

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1	70	505	MAW, CHUCKY	BOURBONNAIS, IL	M	47	22:01.6	7:05
2	73	305	ROBINSON, JOSEPH	ANKENY, IA	M	45	22:08.3	7:08
3	92	319	JOHNSTON, DOUGLAS	DES MOINES, IA	M	46	22:55.6	7:23

Men: 50 - 54

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	31	294	DRAPER, DOUG	ANKENY, IA	M	51	20:09.1	6:29
2	57	371	GROSS, ALAN	DES MOINES, IA	M	53	21:41.9	6:59
3	86	499	WANDRO, STEVE	DES MOINES, IA	M	50	22:42.1	7:18

Men: 55 - 59

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	28	573	GROSS, ANDREW		M	55	20:00.8	6:26
2	34	407	MACK, ANDY	DES MOINES, IA	M	55	20:20.2	6:33
3	42	232	NEY, ROY	DES MOINES, IA	M	59	20:49.0	6:42

Men: 60 - 64

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1	127	234	SCHNELLER, JOHN	WEST DES MOINES,	M	63	23:59.8	7:43
2	194	120	HRUSKA, JONATHAN	STORM LAKE, IA	M	60	26:16.6	8:27
3	208	231	GOHEEN, MICHAEL	JOHNSTON, IA	M	63	26:43.5	8:36

Men: 65 - 69

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	285	84	SINN, RON	BONDURANT, IA	M	66	30:20.5	9:46

Men: 70 - 79

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	36	500	BROWN, STEVE	DES MOINES, IA	M	79	20:31.4	6:36
2	130	230	RAVENS CROFT, ALVIN	AMES, IA	M	73	24:04.5	7:45
3	297	251	GRASSLEY, CHARLES	CEDAR FALLS, IA	M	74	30:57.5	9:58