

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 9 - 14

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>        | <u>City, State</u> | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|--------------------|--------------------|------------|------------|-------------|-----------------|
| 1            | 59            | 392         | MUILENBURG, ANA    | WAUKEE, IA         | F          | 11         | 21:42.6     | 6:59            |
| 2            | 111           | 414         | DOCKSTADER, KELSEY | AMES, IA           | F          | 14         | 23:31.0     | 7:34            |
| 3            | 122           | 508         | VAUGHN, ABIGAIL    | DES MOINES, IA     | F          | 11         | 23:52.3     | 7:41            |
| 4            | 134           | 475         | GLOCK, DILLAN      | ANKENY, IA         | F          | 13         | 24:10.0     | 7:47            |
| 5            | 170           | 236         | SHIPLEY, EMMA      | URBANDALE, IA      | F          | 12         | 25:27.2     | 8:12            |
| 6            | 178           | 400         | BAST, KASSIDY      | URBANDALE, IA      | F          | 13         | 25:46.4     | 8:18            |
| 7            | 182           | 463         | HOYNG, JESSIE      | CLIVE, IA          | F          | 14         | 25:53.0     | 8:20            |
| 8            | 224           | 246         | JENSEN, ASHLEY     | ANKENY, IA         | F          | 13         | 27:20.0     | 8:48            |
| 9            | 236           | 378         | HEMMINGER, ELLIE   | DES MOINES, IA     | F          | 12         | 27:49.4     | 8:57            |
| 10           | 241           | 313         | MARTIN, HANNA      | PELLA, IA          | F          | 13         | 27:54.4     | 8:59            |
| 11           | 247           | 282         | WILLIAMS, TAYLOR   | AMES, IA           | F          | 13         | 28:00.8     | 9:01            |
| 12           | 252           | 22          | CHAMBERS, ASHLIE   | ANKENY, IA         | F          | 12         | 28:09.0     | 9:04            |
| 13           | 256           | 375         | HILDRETH, SAMMIE   | JOHNSTON, IA       | F          | 13         | 28:23.2     | 9:08            |
| 14           | 260           | 163         | ENGELKEN, GABBY    | DES MOINES, IA     | F          | 13         | 28:47.3     | 9:16            |
| 15           | 271           | 12          | ENGBLOM, ISABELLA  | GRIMES, IA         | F          | 12         | 29:13.7     | 9:24            |
| 16           | 380           | 478         | MULLINS, CASSIDY   | ANKENY, IA         | F          | 10         | 43:57.6     | 14:09           |
| 17           | 386           | 464         | HUGEN, MAGGIE      | ANKENY, IA         | F          | 13         | 46:38.1     | 15:01           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 15 - 19

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>          | <u>City, State</u> | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|----------------------|--------------------|------------|------------|-------------|-----------------|
| 1            | 84            | 240         | NIFFENEGGER, LINDSEY | URBANDALE, IA      | F          | 18         | 22:31.5     | 7:15            |
| 2            | 137           | 272         | PEDDY, KELLY         | ANKENY, IA         | F          | 16         | 24:14.2     | 7:48            |
| 3            | 166           | 298         | MCVICKER, KAYLA      | AMES, IA           | F          | 16         | 25:16.2     | 8:08            |
| 4            | 219           | 396         | EDDY, PAIGE          | HUXLEY, IA         | F          | 16         | 27:09.2     | 8:44            |
| 5            | 290           | 495         | LEWIS, MEGAN         | DES MOINES, IA     | F          | 15         | 30:40.8     | 9:52            |
| 6            | 308           | 387         | MUSSETT, ERIN        | DES MOINES, IA     | F          | 15         | 31:35.8     | 10:10           |
| 7            | 312           | 453         | BOMBEN, KIARA        | ANKENY, IA         | F          | 16         | 31:46.6     | 10:14           |
| 8            | 328           | 381         | HUBBELL, DIANE       | DES MOINES, IA     | F          | 15         | 33:44.9     | 10:52           |
| 9            | 329           | 382         | HUBBELL, MADIE       | DES MOINES, IA     | F          | 15         | 33:46.9     | 10:52           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 20 - 24

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>         | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|---------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 39            | 333         | DUMKE, BREANNA      | DES MOINES, IA      | F          | 22         | 20:38.0     | 6:38            |
| 2            | 47            | 447         | LOHRY, MOLLY        | AMES, IA            | F          | 20         | 21:14.0     | 6:50            |
| 3            | 105           | 254         | ROESE, ELIZABETH    | IOWA CITY, IA       | F          | 20         | 23:24.7     | 7:32            |
| 4            | 106           | 343         | RATHBUN, CORINN     | AMES, IA            | F          | 20         | 23:26.4     | 7:33            |
| 5            | 138           | 326         | SMITH, TRISTAN      | WEST DES MOINES, IA | F          | 24         | 24:16.5     | 7:49            |
| 6            | 140           | 318         | GLANDORF, TIA       | URBANDALE, IA       | F          | 23         | 24:16.7     | 7:49            |
| 7            | 144           | 356         | EHLERS, ERIKA       | URBANDALE, IA       | F          | 20         | 24:29.6     | 7:53            |
| 8            | 148           | 186         | NELSON, JONI        | DES MOINES, IA      | F          | 22         | 24:37.7     | 7:56            |
| 9            | 163           | 451         | WARD, ASHLIEGH      | AMES, IA            | F          | 22         | 25:11.9     | 8:07            |
| 10           | 169           | 273         | PORTO, LIBBY        | CLIVE, IA           | F          | 22         | 25:25.2     | 8:11            |
| 11           | 251           | 452         | WHITE, ELIZABETH    | AMES, IA            | F          | 22         | 28:08.8     | 9:04            |
| 12           | 272           | 122         | WAGGONER, BETSY     | WEST DES MOINES, IA | F          | 22         | 29:14.9     | 9:25            |
| 13           | 273           | 47          | ROCKHOLD, AUDREY    | SAINT JOSEPH, MO    | F          | 22         | 29:17.1     | 9:26            |
| 14           | 281           | 316         | PRATT, DARCI        | WEST DES MOINES, IA | F          | 24         | 29:48.0     | 9:35            |
| 15           | 291           | 79          | HUNTER, SARAH       | DES MOINES, IA      | F          | 21         | 30:43.1     | 9:53            |
| 16           | 304           | 191         | AMATO, NINA         | DES MOINES, IA      | F          | 24         | 31:25.5     | 10:07           |
| 17           | 324           | 194         | SNYDER, KASI        | ADEL, IA            | F          | 24         | 33:29.0     | 10:47           |
| 18           | 354           | 70          | GEORGE, CARA        | DES MOINES, IA      | F          | 24         | 36:29.2     | 11:45           |
| 19           | 373           | 239         | BROOKER, ERIN       | JEFFERSON, IA       | F          | 23         | 41:41.2     | 13:25           |
| 20           | 385           | 275         | ROBINSON, STEPHANIE | WEST DES MOINES, IA | F          | 24         | 46:36.9     | 15:00           |
| 21           | 394           | 69          | HEID, ALLISON       | WINDSOR HEIGHTS, IA | F          | 23         | 01:01:32.8  | 19:49           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 25 - 29

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>            | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|------------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 66            | 127         | MCKAY, KATHY           | PLEASANT HILL, IA   | F          | 28         | 21:55.0     | 7:03            |
| 2            | 125           | 117         | ADAMS, BETSY           | ANKENY, IA          | F          | 28         | 23:54.6     | 7:42            |
| 3            | 157           | 142         | FOOTE, MICHELLE        | URBANDALE, IA       | F          | 26         | 24:59.2     | 8:03            |
| 4            | 184           | 269         | LITTLE, RACHELLE       | ANKENY, IA          | F          | 28         | 25:55.9     | 8:21            |
| 5            | 191           | 441         | WOOD, AMANDA           | CHICAGO, IL         | F          | 26         | 26:10.1     | 8:25            |
| 6            | 192           | 253         | STOKER, KRISTEN        | ANKENY, IA          | F          | 27         | 26:10.7     | 8:26            |
| 7            | 196           | 224         | LEIGH, MEREDITH        | DES MOINES, IA      | F          | 25         | 26:21.7     | 8:29            |
| 8            | 203           | 187         | NELSON, NICOLE         | DAVENPORT, IA       | F          | 27         | 26:33.0     | 8:33            |
| 9            | 211           | 460         | FRITZ, JENNIFER        | GRIMES, IA          | F          | 28         | 26:52.1     | 8:39            |
| 10           | 228           | 257         | FERRY, ARIKA           | DES MOINES, IA      | F          | 25         | 27:31.9     | 8:52            |
| 11           | 234           | 146         | KERR, LINDSEY          | DES MOINES, IA      | F          | 25         | 27:45.9     | 8:56            |
| 12           | 264           | 369         | SCHUH, CAT             | DES MOINES, IA      | F          | 28         | 28:51.7     | 9:17            |
| 13           | 265           | 104         | KUHL, COLLEEN          | URBANDALE, IA       | F          | 28         | 28:51.8     | 9:17            |
| 14           | 289           | 154         | JOHNSON, URAYA         | WEST DES MOINES, IA | F          | 29         | 30:38.8     | 9:52            |
| 15           | 301           | 36          | SHAWLER, CRISTA        | BONDURANT, IA       | F          | 27         | 31:12.3     | 10:03           |
| 16           | 317           | 88          | BUNTENBACH, RACHEL     | PLEASANT HILL, IA   | F          | 25         | 32:27.7     | 10:27           |
| 17           | 318           | 361         | SMITH, LEANNE          | DES MOINES, IA      | F          | 26         | 32:28.3     | 10:27           |
| 18           | 323           | 148         | STEENHOEK, LIZ         | ANKENY, IA          | F          | 26         | 33:23.7     | 10:45           |
| 19           | 330           | 205         | ALBRIGHT, ELIZABETH    | JOHNSTON, IA        | F          | 27         | 33:50.6     | 10:54           |
| 20           | 334           | 59          | HIVELEY, LIZ           | WAUKEE, IA          | F          | 28         | 34:31.5     | 11:07           |
| 21           | 339           | 76          | DANIEL, ANDREA         | ST. PAUL, MN        | F          | 28         | 34:44.9     | 11:11           |
| 22           | 344           | 188         | KITTELL, AIMEE         | WEST DES MOINES, IA | F          | 26         | 35:40.4     | 11:29           |
| 23           | 362           | 185         | MUSZKIEWICZ, KATHERINE | URBANDALE, IA       | F          | 25         | 38:53.5     | 12:31           |
| 24           | 374           | 182         | CONRADT, STACY         | DES MOINES, IA      | F          | 25         | 41:55.5     | 13:30           |
| 25           | 377           | 297         | JOHNSON, BOBBIER       | SIOUX CITY, IA      | F          | 28         | 42:44.7     | 13:45           |
| 26           | 381           | 41          | MULLINS, JULIE         | ANKENY, IA          | F          | 27         | 43:57.7     | 14:09           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 30 - 34

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>         | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|---------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 63            | 342         | MCGONIGAL, MITCHELL | HUBBARD, IA         | F          | 31         | 21:46.3     | 7:00            |
| 2            | 64            | 108         | THILGES, KATIE      | ANKENY, IA          | F          | 33         | 21:47.1     | 7:01            |
| 3            | 78            | 209         | SHONKA, MAGGIE      | DES MOINES, IA      | F          | 32         | 22:21.7     | 7:12            |
| 4            | 81            | 34          | TURCK, KELLY        | WEST DES MOINES, IA | F          | 32         | 22:28.8     | 7:14            |
| 5            | 93            | 168         | GREENWOOD, SHERRY   | DES MOINES, IA      | F          | 34         | 22:58.1     | 7:24            |
| 6            | 131           | 105         | SCHUMACKER, MEGHAN  | ALTOONA, IA         | F          | 33         | 24:07.3     | 7:46            |
| 7            | 149           | 262         | BURGESS, KRISTEN    | URBANDALE, IA       | F          | 30         | 24:40.9     | 7:57            |
| 8            | 158           | 184         | EK, STEPHANIE       | JOHNSTON, IA        | F          | 33         | 25:00.0     | 8:03            |
| 9            | 161           | 20          | CLARK, SHANNON      | PLEASANTVILLE, IA   | F          | 30         | 25:06.3     | 8:05            |
| 10           | 165           | 31          | WILSON, JENNIFER    | WAUKEE, IA          | F          | 33         | 25:14.8     | 8:08            |
| 11           | 168           | 42          | MICKEY, TAMMY       | MELCHER, IA         | F          | 34         | 25:24.0     | 8:11            |
| 12           | 186           | 152         | NEMMERS, JENNIFER   | CLIVE, IA           | F          | 30         | 26:00.7     | 8:22            |
| 13           | 188           | 183         | WATKINS, HEIDI      | GRIMES, IA          | F          | 32         | 26:03.8     | 8:23            |
| 14           | 193           | 200         | PARTON, MISSY       | WEST DES MOINES, IA | F          | 30         | 26:14.6     | 8:27            |
| 15           | 198           | 455         | OLSEN, CHANTEL      | PLEASANT HILL, IA   | F          | 32         | 26:23.0     | 8:29            |
| 16           | 229           | 359         | DYKSTRA, AMY        | ALTOONA, IA         | F          | 30         | 27:34.9     | 8:53            |
| 17           | 249           | 4           | HAES, MELISA        | ALTOONA, IA         | F          | 31         | 28:05.0     | 9:02            |
| 18           | 262           | 377         | HENRY, MELANIE      | DES MOINES, IA      | F          | 32         | 28:48.1     | 9:16            |
| 19           | 270           | 266         | HILSABECK, MICHELLE | DES MOINES, IA      | F          | 32         | 29:11.6     | 9:24            |
| 20           | 282           | 139         | VANDER HART, TAMI   | URBANDALE, IA       | F          | 34         | 29:49.2     | 9:36            |
| 21           | 295           | 480         | PULLEY, ABRA        | DES MOINES, IA      | F          | 31         | 30:48.3     | 9:55            |
| 22           | 298           | 365         | FREDERICK, ERIN     | ANKENY, IA          | F          | 33         | 31:02.1     | 9:59            |
| 23           | 306           | 315         | PAUL, LIAT          | DES MOINES, IA      | F          | 33         | 31:30.0     | 10:08           |
| 24           | 309           | 345         | SUNDERMEYER, JENI   | PLEASANT HILL, IA   | F          | 32         | 31:36.2     | 10:10           |
| 25           | 320           | 466         | ROSZHART, STACEY    | URBANDALE, IA       | F          | 34         | 32:53.1     | 10:35           |
| 26           | 335           | 30          | SCHULTZE, ALLYSON   | NORWALK, IA         | F          | 31         | 34:31.9     | 11:07           |
| 27           | 347           | 153         | OKRZYNSKI, LACY     | DES MOINES, IA      | F          | 30         | 36:02.2     | 11:36           |
| 28           | 351           | 124         | LIVINGSTON, MAGGIE  | NORWALK, IA         | F          | 31         | 36:17.2     | 11:41           |
| 29           | 359           | 427         | GRUND, AMBRE        | WEST DES MOINES, IA | F          | 33         | 38:26.4     | 12:22           |
| 30           | 364           | 196         | OHNEMUS, LISA       | DES MOINES, IA      | F          | 30         | 38:59.4     | 12:33           |
| 31           | 366           | 86          | GRIGGS, BETH        | EARLHAM, IA         | F          | 32         | 39:25.6     | 12:41           |
| 32           | 368           | 489         | ETCHISON, STACEY    | WEST DES MOINES, IA | F          | 34         | 41:05.4     | 13:14           |
| 33           | 370           | 490         | HORST, AMY          | DES MOINES, IA      | F          | 32         | 41:38.2     | 13:24           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 35 - 39

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>          | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|----------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 41            | 402         | DOUBEK, BRENDA       | BAXTER, IA          | F          | 37         | 20:40.8     | 6:39            |
| 2            | 51            | 473         | COLBY, KRISANNE      | URBANDALE, IA       | F          | 38         | 21:29.1     | 6:55            |
| 3            | 77            | 386         | KALLENBACH, JANELL   | NORWALK, IA         | F          | 35         | 22:17.7     | 7:11            |
| 4            | 101           | 364         | GREENE MATHEW, JILL  | URBANDALE, IA       | F          | 35         | 23:16.6     | 7:30            |
| 5            | 108           | 385         | PALEN, ANGELA        | NORWALK, IA         | F          | 37         | 23:27.1     | 7:33            |
| 6            | 128           | 562         | MARIANOVICH, CHRISTY |                     | F          | 37         | 24:01.6     | 7:44            |
| 7            | 139           | 245         | DRAPER, TAMI         | DES MOINES, IA      | F          | 37         | 24:16.5     | 7:49            |
| 8            | 143           | 1           | HINGST, TRICIA       | WEST DES MOINES, IA | F          | 37         | 24:25.1     | 7:52            |
| 9            | 152           | 259         | BECKER, MONICA       | DES MOINES, IA      | F          | 35         | 24:46.3     | 7:58            |
| 10           | 162           | 29          | HORAK, SHELLEY       | DALLAS CENTER, IA   | F          | 38         | 25:06.8     | 8:05            |
| 11           | 175           | 409         | ALLENBACK, PEGGI     | ANKENY, IA          | F          | 37         | 25:40.2     | 8:16            |
| 12           | 215           | 270         | MCCAY, MAGGIE        | DES MOINES, IA      | F          | 38         | 26:59.9     | 8:41            |
| 13           | 226           | 202         | MOODY, JENEANE       | DES MOINES, IA      | F          | 35         | 27:24.2     | 8:49            |
| 14           | 246           | 166         | CARLSON, GABRIELLE   | WEST DES MOINES, IA | F          | 35         | 27:59.4     | 9:01            |
| 15           | 248           | 180         | JACOBSEN, JULIE      | WEST DES MOINES, IA | F          | 38         | 28:04.7     | 9:02            |
| 16           | 254           | 317         | VOGEL, KAROL         | WEST DES MOINES, IA | F          | 39         | 28:18.8     | 9:07            |
| 17           | 276           | 393         | ARNOLD, LAURA        | DES MOINES, IA      | F          | 38         | 29:26.2     | 9:28            |
| 18           | 277           | 283         | MCILHON, TERRI       | CLIVE, IA           | F          | 38         | 29:29.1     | 9:29            |
| 19           | 279           | 419         | LEONARD, KATHY       | DES MOINES, IA      | F          | 35         | 29:35.9     | 9:32            |
| 20           | 286           | 493         | ANDERSON, CINDY      | URBANDALE, IA       | F          | 36         | 30:36.2     | 9:51            |
| 21           | 288           | 38          | OVERTON, SALLY       | DES MOINES, IA      | F          | 37         | 30:38.3     | 9:52            |
| 22           | 305           | 418         | JENSEN, KATIE        | CLIVE, IA           | F          | 35         | 31:28.1     | 10:08           |
| 23           | 314           | 72          | ALLEN, MELINDA       | WAUKEE, IA          | F          | 38         | 32:20.5     | 10:25           |
| 24           | 332           | 157         | BELL, NANCY          | WEST DES MOINES, IA | F          | 39         | 34:14.5     | 11:01           |
| 25           | 333           | 46          | LATIMER, MARTI       | GRINNELL, IA        | F          | 39         | 34:27.8     | 11:06           |
| 26           | 336           | 404         | HINNERS, KELLY       | CLIVE, IA           | F          | 38         | 34:33.3     | 11:07           |
| 27           | 337           | 308         | BRYANT, LIZ          | WEST DES MOINES, IA | F          | 37         | 34:39.7     | 11:09           |
| 28           | 340           | 219         | LOWERY, RICHELLE     | JOHNSTON, IA        | F          | 38         | 34:52.0     | 11:13           |
| 29           | 341           | 201         | QUELLE, JODI         | OVERLAND PARK, KS   | F          | 38         | 34:58.1     | 11:15           |
| 30           | 345           | 107         | CAMPERO, AMY         | ANKENY, IA          | F          | 35         | 35:47.6     | 11:31           |
| 31           | 356           | 465         | NAGEL, JOAN          | ANKENY, IA          | F          | 39         | 37:27.4     | 12:03           |
| 32           | 357           | 98          | PARKS, MEREDITH      | DES MOINES, IA      | F          | 37         | 37:48.9     | 12:10           |
| 33           | 383           | 74          | BOGENRIEF, TAMMY     | ANKENY, IA          | F          | 37         | 45:57.6     | 14:48           |
| 34           | 390           | 27          | BALDUCKI, AMY        | ALTOONA, IA         | F          | 36         | 56:26.0     | 18:10           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 40 - 44

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>         | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|---------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 45            | 83          | MCINTOSH, BECKY     | DSM, IA             | F          | 43         | 21:06.2     | 6:48            |
| 2            | 67            | 408         | STILBORN, HEATHER   | DES MOINES, IA      | F          | 44         | 21:58.1     | 7:04            |
| 3            | 102           | 89          | HOLDEN, SUE         | DSM, IA             | F          | 43         | 23:19.8     | 7:31            |
| 4            | 124           | 92          | BEAUMONT, PAULA     | DES MOINES, IA      | F          | 40         | 23:53.1     | 7:41            |
| 5            | 141           | 52          | BARRETT, ALICE      | WAUKEE, IA          | F          | 41         | 24:17.0     | 7:49            |
| 6            | 142           | 416         | ELLWANGER, MELINDA  | DES MOINES, IA      | F          | 41         | 24:19.9     | 7:50            |
| 7            | 154           | 13          | ENGBLOM, CATHERINE  | GRIMES, IA          | F          | 44         | 24:50.2     | 8:00            |
| 8            | 155           | 126         | KOELE, SHARON       | DES MOINES, IA      | F          | 42         | 24:56.1     | 8:02            |
| 9            | 156           | 37          | RAMSEY, WENDY       | GRINNELL, IA        | F          | 42         | 24:57.9     | 8:02            |
| 10           | 167           | 45          | LOFFREDO, DEBI      | WEST DES MOINES, IA | F          | 40         | 25:18.5     | 8:09            |
| 11           | 180           | 109         | MALEK, JOAN         | CHETEK, WI          | F          | 43         | 25:49.9     | 8:19            |
| 12           | 187           | 235         | MULERT, CHRISTY     | OWATONNA, MN        | F          | 43         | 26:03.0     | 8:23            |
| 13           | 206           | 415         | DOCKSTADER, MAUREEN | AMES, IA            | F          | 42         | 26:39.0     | 8:35            |
| 14           | 227           | 399         | BAST, KAYLENE       | URBANDALE, IA       | F          | 40         | 27:31.4     | 8:52            |
| 15           | 238           | 106         | MEEKER, LORI        | DES MOINES, IA      | F          | 42         | 27:53.7     | 8:59            |
| 16           | 239           | 281         | WILLIAMS, REBECCA   | AMES, IA            | F          | 40         | 27:54.0     | 8:59            |
| 17           | 261           | 206         | LYONS, KATHLEEN     | ANKENY, IA          | F          | 44         | 28:47.8     | 9:16            |
| 18           | 300           | 85          | BARR, AMY           | AMES, IA            | F          | 44         | 31:11.6     | 10:02           |
| 19           | 302           | 43          | MCDONNELL, CHERA    | WEST DES MOINES, IA | F          | 44         | 31:12.8     | 10:03           |
| 20           | 307           | 456         | BARRON, JODI        | DES MOINES, IA      | F          | 42         | 31:34.3     | 10:10           |
| 21           | 311           | 113         | MCDERMOTT, LESA     | SIOUX CITY, IA      | F          | 40         | 31:41.1     | 10:12           |
| 22           | 315           | 395         | OWENSON, JENIFER    | DES MOINES, IA      | F          | 43         | 32:22.0     | 10:25           |
| 23           | 322           | 203         | JASS, CHERYL        | ANKENY, IA          | F          | 43         | 33:17.0     | 10:43           |
| 24           | 327           | 223         | CROOKS, TRACY       | DES MOINES, IA      | F          | 42         | 33:39.5     | 10:50           |
| 25           | 331           | 164         | ENGELKEN, JULIE     | DES MOINES, IA      | F          | 43         | 33:55.3     | 10:55           |
| 26           | 348           | 237         | SHIPLEY, JANET      | URBANDALE, IA       | F          | 43         | 36:02.3     | 11:36           |
| 27           | 352           | 228         | ELBERT, AMY         | DES MOINES, IA      | F          | 40         | 36:19.9     | 11:42           |
| 28           | 365           | 111         | MIENKE, TRACI       | DES MOINES, IA      | F          | 44         | 39:19.7     | 12:39           |
| 29           | 388           | 17          | DEWIRE, TRACY ANN   | DES MOINES, IA      | F          | 44         | 53:55.5     | 17:21           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 45 - 49

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>        | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|--------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 72            | 339         | LITSCHER, CAROL    | WEST DES MOINES, IA | F          | 46         | 22:08.0     | 7:07            |
| 2            | 75            | 243         | CALLISON, RHONDA   | OSKALOOSA, IA       | F          | 49         | 22:12.9     | 7:09            |
| 3            | 76            | 210         | ADAMS, LINDA       | OSKALOOSA, IA       | F          | 47         | 22:13.9     | 7:09            |
| 4            | 135           | 401         | FLOWERS, GINA      | ANKENY, IA          | F          | 48         | 24:12.2     | 7:47            |
| 5            | 183           | 344         | SNODGRASS, BOBBI   | INDIANOLA, IA       | F          | 45         | 25:54.4     | 8:20            |
| 6            | 204           | 242         | BIRD, DIANN        | CUMMING, IA         | F          | 48         | 26:36.6     | 8:34            |
| 7            | 216           | 218         | HANING, DEBBY      | PELLA, IA           | F          | 45         | 27:00.0     | 8:41            |
| 8            | 225           | 435         | KAY, ELAINE        | JOHNSTON, IA        | F          | 46         | 27:24.0     | 8:49            |
| 9            | 233           | 161         | HAPPE, ELIZABETH   | URBANDALE, IA       | F          | 49         | 27:42.0     | 8:55            |
| 10           | 235           | 379         | HEMMINGER, JANE    | DES MOINES, IA      | F          | 46         | 27:49.3     | 8:57            |
| 11           | 243           | 244         | GREER, MARIAN      | URBANDALE, IA       | F          | 45         | 27:56.2     | 9:00            |
| 12           | 255           | 314         | MARTIN, JOY        | PELLA, IA           | F          | 49         | 28:20.1     | 9:07            |
| 13           | 268           | 26          | BAUER, KRISTIE     | DES MOINES, IA      | F          | 47         | 28:59.2     | 9:20            |
| 14           | 278           | 67          | PAPS, CHERI        | DSM, IA             | F          | 47         | 29:33.2     | 9:31            |
| 15           | 293           | 220         | PLUNKETT, BECKI    | WEST DES MOINES, IA | F          | 46         | 30:45.8     | 9:54            |
| 16           | 321           | 68          | ROGERS, SANDY      | WEST DES MOINES, IA | F          | 49         | 33:01.1     | 10:38           |
| 17           | 325           | 258         | ARCHER, KRISTI     | BLOOMFIELD, IA      | F          | 45         | 33:34.4     | 10:48           |
| 18           | 353           | 477         | DOYLE, SHARI       | WEST DES MOINES, IA | F          | 45         | 36:28.2     | 11:44           |
| 19           | 363           | 49          | HAYES, CAROLINE    | AMES, IA            | F          | 46         | 38:55.0     | 12:32           |
| 20           | 371           | 156         | BROOKER, KERI      | JEFFERSON, IA       | F          | 49         | 41:40.4     | 13:25           |
| 21           | 391           | 214         | TEGTMAYER, KAREN   | JOHNSTON, IA        | F          | 47         | 56:31.5     | 18:12           |
| 22           | 392           | 311         | BLUBAUGH, MARIANNE | WEST DES MOINES, IA | F          | 49         | 59:33.2     | 19:10           |



# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 50 - 54

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>       | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|-------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 91            | 330         | WILLERT, NANCY    | NEVADA, IA          | F          | 51         | 22:44.7     | 7:19            |
| 2            | 100           | 125         | TAYLOR, KATHY     | JOHNSTON, IA        | F          | 53         | 23:08.7     | 7:27            |
| 3            | 103           | 28          | ANDREASEN, CLAIRE | AMES, IA            | F          | 50         | 23:21.7     | 7:31            |
| 4            | 109           | 167         | HAMM, SHARON      | INDEPENDENCE, MO    | F          | 50         | 23:27.1     | 7:33            |
| 5            | 126           | 207         | SPENCER, SALLY    | DES MOINES, IA      | F          | 51         | 23:59.6     | 7:43            |
| 6            | 176           | 501         | STROM, SYLVIA     | DES MOINES, IA      | F          | 51         | 25:40.3     | 8:16            |
| 7            | 181           | 352         | MILLER, DEB       | PERRY, IA           | F          | 50         | 25:50.8     | 8:19            |
| 8            | 222           | 32          | WEEHLER, DEBBY    | DES MOINES, IA      | F          | 53         | 27:17.6     | 8:47            |
| 9            | 346           | 397         | EDDY, ANN         | HUXLEY, IA          | F          | 52         | 35:58.2     | 11:35           |
| 10           | 355           | 57          | HUGEN, PAM        | WEST DES MOINES, IA | F          | 52         | 36:37.0     | 11:47           |
| 11           | 376           | 96          | BRICKER, JOYCE    | STRATFORD, IA       | F          | 51         | 41:58.1     | 13:30           |
| 12           | 382           | 217         | MENOUGH, THERESA  | URBANDALE, IA       | F          | 52         | 44:18.5     | 14:16           |
| 13           | 393           | 102         | KRAFKA, CAROLYN   | DES MOINES, IA      | F          | 50         | 59:37.6     | 19:11           |
| 14           | 395           | 336         | HOLSCHER, JEAN    | POLK CITY, IA       | F          | 54         | 01:16:30.4  | 24:37           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 55 - 59

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>       | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|-------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 223           | 160         | MATHIS, MARY      | WEST DES MOINES, IA | F          | 55         | 27:19.7     | 8:48            |
| 2            | 237           | 370         | GROSS, MARY       | DES MOINES, IA      | F          | 55         | 27:51.9     | 8:58            |
| 3            | 319           | 331         | ARENDS, MARILYN   | WEST DES MOINES, IA | F          | 56         | 32:33.0     | 10:29           |
| 4            | 378           | 40          | MUNYON, WENDY     | GRINNELL, IA        | F          | 58         | 43:24.0     | 13:58           |
| 5            | 387           | 136         | KULISEK, VIRGINIA | WESTCHERSTER, IL    | F          | 59         | 51:30.6     | 16:35           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 60 - 64

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>    | <u>City, State</u> | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|----------------|--------------------|------------|------------|-------------|-----------------|
| 1            | 379           | 21          | WOLINE, CINDI  | DES MOINES, IA     | F          | 61         | 43:56.6     | 14:09           |
| 2            | 389           | 173         | BRENNAN, CAROL | BERLIN, WI         | F          | 64         | 55:16.7     | 17:47           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 65 - 69

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>     | <u>City, State</u> | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|-----------------|--------------------|------------|------------|-------------|-----------------|
| 1            | 369           | 110         | GARDNER, ELOISE | DESMOINES, IA      | F          | 65         | 41:16.1     | 13:17           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Women: 70 - 79

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>    | <u>City, State</u> | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|----------------|--------------------|------------|------------|-------------|-----------------|
| 1            | 274           | 324         | NIELSEN, MARGE | SPENCER, IA        | F          | 72         | 29:20.5     | 9:27            |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 9 - 14

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>          | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|----------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 13            | 557         | GUTSCHENRITTER, CHAD | WEST DES MOINES, IA | M          | 13         | 18:16.9     | 5:53            |
| 2            | 69            | 179         | HANNA, ZACH          | INDIANOLA, IA       | M          | 13         | 21:59.9     | 7:05            |
| 3            | 115           | 61          | LIPSCOMB, LJ         | JOHNSTON, IA        | M          | 14         | 23:34.4     | 7:35            |
| 4            | 116           | 340         | MAURO, DOMINIC       | DES MOINES, IA      | M          | 12         | 23:34.6     | 7:35            |
| 5            | 120           | 332         | DANIELS, ZACH        | WEST DES MOINES, IA | M          | 14         | 23:45.0     | 7:39            |
| 6            | 173           | 48          | KRONE, WILL          | JOHNSTON, IA        | M          | 12         | 25:34.4     | 8:14            |
| 7            | 174           | 445         | ALLENBACK, MICHAEL   | ANKENY, IA          | M          | 12         | 25:37.5     | 8:15            |
| 8            | 190           | 431         | HAYS, DREW           | URBANDALE, IA       | M          | 12         | 26:09.8     | 8:25            |
| 9            | 201           | 497         | STUDER, JORDEN       | ANKENY, IA          | M          | 13         | 26:29.8     | 8:32            |
| 10           | 205           | 307         | YEN, RYAN            | WEST DES MOINES, IA | M          | 14         | 26:37.8     | 8:34            |
| 11           | 375           | 421         | ACOYMO, GRANT        | ANKENY, IA          | M          | 9          | 41:57.7     | 13:30           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 15 - 19

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>        | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|--------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 26            | 561         | OPIE, JIMMIE       |                     | M          | 15         | 19:51.9     | 6:24            |
| 2            | 29            | 567         | HUGHES, LOGAN      | WEST DES MOINES, IA | M          | 18         | 20:01.7     | 6:27            |
| 3            | 30            | 229         | TURNER, AUSTIN     | WEST DES MOINES, IA | M          | 17         | 20:02.0     | 6:27            |
| 4            | 32            | 211         | FLAWS, JOSH        | CARLISLE, IA        | M          | 16         | 20:10.3     | 6:30            |
| 5            | 33            | 212         | FLAWS, JAMES       | CARLISLE, IA        | M          | 18         | 20:11.2     | 6:30            |
| 6            | 37            | 304         | ROBINSON, BENJAMIN | ANKENY, IA          | M          | 17         | 20:33.8     | 6:37            |
| 7            | 46            | 565         | NESTIN, DUSTY      | DES MOINES, IA      | M          | 19         | 21:10.7     | 6:49            |
| 8            | 50            | 568         | HANSON, ALEX       |                     | M          | 16         | 21:27.3     | 6:54            |
| 9            | 62            | 411         | BOYD, JOSHUA       | DES MOINES, IA      | M          | 16         | 21:44.6     | 7:00            |
| 10           | 74            | 571         | HARRISON, JORDAN   | ANKENY, IA          | M          | 17         | 22:09.7     | 7:08            |
| 11           | 89            | 323         | NANNE, KAIN        | CLIVE, IA           | M          | 15         | 22:43.5     | 7:19            |
| 12           | 90            | 566         | HUGHES, DILLON     | WEST DES MOINES, IA | M          | 18         | 22:43.6     | 7:19            |
| 13           | 114           | 289         | KREINBRING, JOSHUA | DES MOINES, IA      | M          | 15         | 23:33.7     | 7:35            |
| 14           | 172           | 4659        | WILCOX, A.J.       | ELDRIDGE, IA        | M          | 19         | 25:33.2     | 8:13            |
| 15           | 207           | 250         | HILL, ANDREW       | DES MOINES, IA      | M          | 18         | 26:40.7     | 8:35            |
| 16           | 232           | 299         | MILLER, BEN        | KELLOGG, IA         | M          | 15         | 27:38.5     | 8:54            |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 20 - 24

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>        | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|--------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 4             | 461         | BALES-HENRY, ZAC   | DES MOINES, IA      | M          | 21         | 16:14.7     | 5:14            |
| 2            | 5             | 494         | WEEKS, LOGAN       | DES MOINES, IA      | M          | 20         | 16:34.0     | 5:20            |
| 3            | 12            | 513         | ALTAMIRANO, JUAN   |                     | M          | 23         | 18:04.8     | 5:49            |
| 4            | 40            | 496         | BAZAW, JORGE       | WEST DES MOINES, IA | M          | 23         | 20:38.2     | 6:39            |
| 5            | 49            | 423         | CHRISTIANSEN, ALEX | AMES, IA            | M          | 20         | 21:25.4     | 6:54            |
| 6            | 95            | 81          | KAMPLING, BRIAN    | MONROE, IA          | M          | 22         | 22:59.1     | 7:24            |
| 7            | 110           | 471         | SCHLIEVERT, ANDREW | DES MOINES, IA      | M          | 21         | 23:29.8     | 7:34            |
| 8            | 129           | 278         | TALLMAN, DERICK    | WEST DES MOINES, IA | M          | 23         | 24:02.5     | 7:44            |
| 9            | 133           | 121         | DAVIS, JAMES       | WEST DES MOINES, IA | M          | 22         | 24:08.5     | 7:46            |
| 10           | 202           | 176         | DELANEY, BRETT     | ANKENY, IA          | M          | 24         | 26:30.2     | 8:32            |
| 11           | 266           | 368         | SCHUH, BEN         | DES MOINES, IA      | M          | 24         | 28:53.1     | 9:18            |
| 12           | 284           | 442         | WOODROFFE, ROYCE   | FORT MADISON, IA    | M          | 21         | 30:08.4     | 9:42            |
| 13           | 358           | 93          | HUFFMAN, CODY      | MADRID, IA          | M          | 21         | 38:14.7     | 12:19           |



# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 25 - 29

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>       | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|-------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 2             | 569         | KIPKOECH, ROB     | WEST DES MOINES, IA | M          | 27         | 15:26.5     | 4:58            |
| 2            | 6             | 263         | COGDILL, ERIC     | AMES, IA            | M          | 26         | 16:48.0     | 5:24            |
| 3            | 8             | 227         | THOMPSON, RYAN    | DES MOINES, IA      | M          | 27         | 17:30.4     | 5:38            |
| 4            | 10            | 485         | NEALY, CHRIS      | DES MOINES, IA      | M          | 27         | 17:55.3     | 5:46            |
| 5            | 11            | 255         | AULWES, JOSEPH    | BONDURANT, IA       | M          | 26         | 18:01.0     | 5:48            |
| 6            | 24            | 267         | HRABAK, NICK      | URBANDALE, IA       | M          | 25         | 19:44.0     | 6:21            |
| 7            | 43            | 175         | BURKHEAD, NOBLE   | ANKENY, IA          | M          | 25         | 20:52.7     | 6:43            |
| 8            | 52            | 119         | WALDON, GARRY     | DES MOINES, IA      | M          | 26         | 21:31.5     | 6:56            |
| 9            | 58            | 498         | HINDLEY, JOHN     | WEST DES MOINES, IA | M          | 28         | 21:42.0     | 6:59            |
| 10           | 68            | 80          | MOFFITT, ANDY     | WEST DES MOINES, IA | M          | 29         | 21:59.1     | 7:05            |
| 11           | 79            | 335         | HOLSCHER, BILL    | URBANDALE, IA       | M          | 25         | 22:23.5     | 7:12            |
| 12           | 85            | 376         | HILL, JAMES       | POLK CITY, IA       | M          | 25         | 22:37.0     | 7:17            |
| 13           | 197           | 147         | BOYCE, DAN        | WEST DES MOINES, IA | M          | 27         | 26:22.2     | 8:29            |
| 14           | 213           | 129         | TORDSEN, BEAU     | ROCHESTER, MN       | M          | 29         | 26:57.5     | 8:41            |
| 15           | 263           | 3           | HARNDEN, JUSTIN   | WEST DES MOINES, IA | M          | 27         | 28:49.6     | 9:17            |
| 16           | 267           | 268         | JABLONSKI, JARED  | URBANDALE, IA       | M          | 25         | 28:56.6     | 9:19            |
| 17           | 296           | 479         | PULLEY, BRAXTON   | DES MOINES, IA      | M          | 29         | 30:48.8     | 9:55            |
| 18           | 299           | 349         | PETERSON, DAVE    | WEST DES MOINES, IA | M          | 29         | 31:04.1     | 10:00           |
| 19           | 313           | 116         | LUNDBERG, MATT    | JOHNSTON, IA        | M          | 29         | 32:18.7     | 10:24           |
| 20           | 316           | 362         | SMITH, RUSS       | DES MOINES, IA      | M          | 26         | 32:27.3     | 10:27           |
| 21           | 338           | 75          | FINHOLT, MATTHEW  | ST. PAUL, MN        | M          | 28         | 34:44.9     | 11:11           |
| 22           | 372           | 252         | WESTERGAARD, GREG | JEFFERSON, IA       | M          | 27         | 41:41.2     | 13:25           |
| 23           | 384           | 274         | ROBINSON, ANDREW  | WEST DES MOINES, IA | M          | 25         | 46:36.5     | 15:00           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 30 - 34

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>         | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|---------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 1             | 570         | ROTICH, JULIUS      | WEST DES MOINES, IA | M          | 32         | 15:25.3     | 4:58            |
| 2            | 3             | 216         | SEMELROTH, ROB      | DES MOINES, IA      | M          | 32         | 15:54.2     | 5:07            |
| 3            | 7             | 470         | WILLEY, GUY         | AMES, IA            | M          | 33         | 17:01.3     | 5:29            |
| 4            | 27            | 287         | HALSTEAD, DAVID     | ALTOONA, IA         | M          | 33         | 19:54.6     | 6:25            |
| 5            | 35            | 151         | ROBINSON, STEVEN    | DES MOINES, IA      | M          | 34         | 20:24.9     | 6:34            |
| 6            | 38            | 487         | ALBRIGHT, ADAM      | DES MOINES, IA      | M          | 31         | 20:35.8     | 6:38            |
| 7            | 48            | 18          | CUNNINGHAM, JEFF    | URBANDALE, IA       | M          | 30         | 21:20.7     | 6:52            |
| 8            | 53            | 277         | SCHNEIDER, CRAIG    | CLIVE, IA           | M          | 33         | 21:32.6     | 6:56            |
| 9            | 55            | 436         | LAUGHLIN, JASON     | DES MOINES, IA      | M          | 32         | 21:35.5     | 6:57            |
| 10           | 56            | 511         | FENSKE, WILLIAM     | WAUKEE, IA          | M          | 30         | 21:40.2     | 6:58            |
| 11           | 61            | 170         | ZIMMER, STEVE       | WESTWOOD, KS        | M          | 32         | 21:44.2     | 7:00            |
| 12           | 80            | 439         | ONEIL, JOHN         | DES MOINES, IA      | M          | 34         | 22:24.2     | 7:13            |
| 13           | 88            | 11          | JONES, RYAN         | ANKENY, IA          | M          | 32         | 22:43.0     | 7:19            |
| 14           | 97            | 481         | DENNIS, MICHAEL     | ANKENY, IA          | M          | 32         | 23:03.6     | 7:25            |
| 15           | 112           | 284         | EK, JUSTIN          | JOHNSTON, IA        | M          | 33         | 23:31.1     | 7:34            |
| 16           | 136           | 132         | CARPENTER, MATT     | URBANDALE, IA       | M          | 30         | 24:12.8     | 7:48            |
| 17           | 147           | 424         | DIXON, RYAN         | URBANDALE, IA       | M          | 34         | 24:35.7     | 7:55            |
| 18           | 164           | 114         | SCHUMACKER, BRYAN   | ALTOONA, IA         | M          | 32         | 25:12.0     | 8:07            |
| 19           | 209           | 388         | PODRAZIK, KENNETH   | GRIMES, IA          | M          | 30         | 26:46.8     | 8:37            |
| 20           | 210           | 512         | MISSEL, CHRISTOPHER | DES MOINES, IA      | M          | 34         | 26:48.3     | 8:38            |
| 21           | 220           | 256         | BROWN, CHRIS        | ST. CHARLES, IA     | M          | 31         | 27:11.1     | 8:45            |
| 22           | 294           | 165         | CARLSON, BOB        | WEST DES MOINES, IA | M          | 34         | 30:47.3     | 9:55            |
| 23           | 349           | 44          | MARREN, MICHAEL     | CLIVE, IA           | M          | 30         | 36:05.9     | 11:37           |
| 24           | 367           | 488         | ETCHISON, TRAVIS    | WEST DES MOINES, IA | M          | 34         | 41:04.6     | 13:13           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 35 - 39

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>        | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|--------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 15            | 510         | PRIMEAN, DAVID     | DES MOINES, IA      | M          | 39         | 18:50.0     | 6:04            |
| 2            | 17            | 426         | GROTELUSCHEN, NEAL | WEST DES MOINES, IA | M          | 35         | 18:57.2     | 6:06            |
| 3            | 19            | 348         | MATTHAIDESS, CHAD  | PARK VIEW, IA       | M          | 36         | 19:01.4     | 6:07            |
| 4            | 44            | 73          | MOCKOBEE, RICHARD  | NORWALK, IA         | M          | 39         | 21:05.6     | 6:47            |
| 5            | 54            | 221         | PLUNKETT, JASON    | WEST DES MOINES, IA | M          | 35         | 21:34.8     | 6:57            |
| 6            | 82            | 33          | TURCK, MICHAEL     | WEST DES MOINES, IA | M          | 36         | 22:29.2     | 7:14            |
| 7            | 118           | 430         | HALVERSON, JOHN    | ANKENY, IA          | M          | 35         | 23:41.5     | 7:38            |
| 8            | 150           | 462         | BUTTERMORE, GARIN  | AMES, IA            | M          | 35         | 24:43.1     | 7:57            |
| 9            | 185           | 572         | KRAGE, JIM         | WEST DES MOINES, IA | M          | 39         | 25:59.0     | 8:22            |
| 10           | 199           | 454         | MAYES, THOMAS      | DES MOINES, IA      | M          | 37         | 26:27.6     | 8:31            |
| 11           | 200           | 350         | PYLE, DARON        | CLIVE, IA           | M          | 36         | 26:28.7     | 8:31            |
| 12           | 231           | 509         | STEENHOEK, JEFFREY | DES MOINES, IA      | M          | 37         | 27:37.6     | 8:54            |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 40 - 44

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>          | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|----------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 16            | 469         | WEUVE, KYLE          | URBANDALE, IA       | M          | 41         | 18:56.1     | 6:06            |
| 2            | 20            | 374         | RIEKS, MIKE          | URBANDALE, IA       | M          | 40         | 19:06.8     | 6:09            |
| 3            | 21            | 506         | EDMISTER, BRAD       | DES MOINES, IA      | M          | 40         | 19:15.3     | 6:12            |
| 4            | 25            | 265         | GUSTAFSON, DAN       | WEST DES MOINES, IA | M          | 44         | 19:45.6     | 6:22            |
| 5            | 60            | 322         | NANNE, FRANK         | CLIVE, IA           | M          | 41         | 21:43.3     | 6:59            |
| 6            | 71            | 467         | SCHMINKE, MIKE       | JOHNSTON, IA        | M          | 42         | 22:05.9     | 7:07            |
| 7            | 83            | 334         | FINNEY, SHAWN        | WAUKEE, IA          | M          | 43         | 22:31.1     | 7:15            |
| 8            | 94            | 457         | KNICKERBOCKER, TIM   | PELLA, IA           | M          | 43         | 22:58.5     | 7:24            |
| 9            | 98            | 78          | VLAHAKIS, CHRIS      | ANKENY, IA          | M          | 40         | 23:07.4     | 7:27            |
| 10           | 104           | 372         | GRANDGEORGE, GREGORY | POLK CITY, IA       | M          | 42         | 23:23.7     | 7:32            |
| 11           | 107           | 514         | KNOPIC, DARREN       |                     | M          | 44         | 23:26.9     | 7:33            |
| 12           | 113           | 450         | STUDER, MAX          | NORWALK, IA         | M          | 43         | 23:31.9     | 7:34            |
| 13           | 119           | 341         | MAURO, EDDIE         | DES MOINES, IA      | M          | 44         | 23:44.2     | 7:38            |
| 14           | 123           | 51          | KRONE, TODD          | JOHNSTON, IA        | M          | 41         | 23:52.6     | 7:41            |
| 15           | 132           | 100         | CHRISTIE, KENNETH    | URBANDALE, IA       | M          | 42         | 24:07.6     | 7:46            |
| 16           | 145           | 192         | LUMADUE, ANDY        | CLIVE, IA           | M          | 41         | 24:32.8     | 7:54            |
| 17           | 160           | 99          | THOMPSON, GARY       | URBANDALE, IA       | M          | 43         | 25:05.7     | 8:05            |
| 18           | 177           | 178         | HANNA, MIKE          | INDIANOLA, IA       | M          | 43         | 25:44.1     | 8:17            |
| 19           | 195           | 16          | OLSON, BOB           | WAUKEE, IA          | M          | 41         | 26:18.0     | 8:28            |
| 20           | 221           | 280         | USHER, SCOTT         | WEST DES MOINES, IA | M          | 41         | 27:12.5     | 8:45            |
| 21           | 240           | 422         | BURGHARDT, TOM       | NORWALK, IA         | M          | 41         | 27:54.2     | 8:59            |
| 22           | 283           | 459         | GARCIA, STEPHEN      | ANKENY, 0           | M          | 41         | 30:04.1     | 9:41            |
| 23           | 287           | 394         | OWENSON, CHRIS       | DES MOINES, IA      | M          | 44         | 30:37.3     | 9:51            |
| 24           | 310           | 66          | SIMS, JOEL           | LOVILLA, IA         | M          | 42         | 31:40.3     | 10:12           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 45 - 49

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>           | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|-----------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 22            | 384         | FEDER, JEFF           | NORWALK, IA         | M          | 46         | 19:23.4     | 6:14            |
| 2            | 23            | 556         | GUTSCHENRITTER, KEITH | WEST DES MOINES, IA | M          | 48         | 19:32.8     | 6:17            |
| 3            | 70            | 505         | MAW, CHUCKY           | BOURBONNAIS, IL     | M          | 47         | 22:01.6     | 7:05            |
| 4            | 73            | 305         | ROBINSON, JOSEPH      | ANKENY, IA          | M          | 45         | 22:08.3     | 7:08            |
| 5            | 92            | 319         | JOHNSTON, DOUGLAS     | DES MOINES, IA      | M          | 46         | 22:55.6     | 7:23            |
| 6            | 96            | 2           | HEDDINGER, DAVID      | WEST DES MOINES, IA | M          | 47         | 22:59.9     | 7:24            |
| 7            | 117           | 563         | MCCLAIN, PATRICK      | REDFIELD, IA        | M          | 45         | 23:38.0     | 7:36            |
| 8            | 151           | 353         | OWENS, DON            | DES MOINES, IA      | M          | 49         | 24:43.6     | 7:58            |
| 9            | 171           | 39          | NOLL, JOHN            | CLIVE, IA           | M          | 45         | 25:27.5     | 8:12            |
| 10           | 179           | 474         | HOUGE, TIM            | URBANDALE, IA       | M          | 47         | 25:49.1     | 8:19            |
| 11           | 189           | 71          | RICHARDSON, DOUG      | NORWALK, IA         | M          | 48         | 26:07.2     | 8:24            |
| 12           | 212           | 444         | UNFER, ROBERT         | WEST DES MOINES, IA | M          | 47         | 26:55.7     | 8:40            |
| 13           | 230           | 358         | LARGE, ALAN           | ALTOONA, IA         | M          | 46         | 27:36.8     | 8:53            |
| 14           | 242           | 35          | STEELE, RUSSELL       | CLIVE, IA           | M          | 45         | 27:55.9     | 8:59            |
| 15           | 258           | 190         | DORRELL, RANDY        | WINTERSSET, IA      | M          | 48         | 28:41.7     | 9:14            |
| 16           | 280           | 10          | COOK, RANDAL          | DES MOINES, IA      | M          | 48         | 29:43.7     | 9:34            |
| 17           | 326           | 155         | OLBERDING, PETE       | WEST DES MOINES, IA | M          | 45         | 33:39.2     | 10:50           |
| 18           | 360           | 428         | GRUND, STEVEN         | WEST DES MOINES, IA | M          | 47         | 38:26.5     | 12:22           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 50 - 54

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>    | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|----------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 9             | 172         | BOLKCOM, JOE   | IOWA CITY, IA       | M          | 51         | 17:47.4     | 5:44            |
| 2            | 14            | 302         | DAVIS, MARK    | ADEL, IA            | M          | 54         | 18:43.3     | 6:02            |
| 3            | 31            | 294         | DRAPER, DOUG   | ANKENY, IA          | M          | 51         | 20:09.1     | 6:29            |
| 4            | 57            | 371         | GROSS, ALAN    | DES MOINES, IA      | M          | 53         | 21:41.9     | 6:59            |
| 5            | 86            | 499         | WANDRO, STEVE  | DES MOINES, IA      | M          | 50         | 22:42.1     | 7:18            |
| 6            | 87            | 391         | ELLIOTT, JIM   | DES MOINES, IA      | M          | 54         | 22:43.0     | 7:19            |
| 7            | 121           | 383         | ELVERSON, TODD | DES MOINES, IA      | M          | 51         | 23:50.9     | 7:41            |
| 8            | 146           | 241         | BIRD, GORDAN   | CUMMING, IA         | M          | 50         | 24:35.4     | 7:55            |
| 9            | 153           | 62          | WILSON, ROGER  | WDM, IA             | M          | 51         | 24:47.5     | 7:59            |
| 10           | 214           | 145         | BULL, RANDY    | DES MOINES, IA      | M          | 52         | 26:58.8     | 8:41            |
| 11           | 218           | 398         | NAY, RUSS      | ALTOONA, IA         | M          | 53         | 27:08.3     | 8:44            |
| 12           | 245           | 560         | MCELROY, JIM   |                     | M          | 53         | 27:57.7     | 9:00            |
| 13           | 250           | 355         | DOWNS, STEVE   | ST. CHARLES, IA     | M          | 50         | 28:07.1     | 9:03            |
| 14           | 259           | 417         | HOWE, GEORGE   | WEST DES MOINES, IA | M          | 50         | 28:44.1     | 9:15            |
| 15           | 275           | 295         | EGLI, JEFF     | ANKENY, IA          | M          | 50         | 29:22.4     | 9:27            |
| 16           | 350           | 149         | HOY, DANIEL    | CLIVE, IA           | M          | 50         | 36:07.6     | 11:38           |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 55 - 59

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>     | <u>City, State</u> | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|-----------------|--------------------|------------|------------|-------------|-----------------|
| 1            | 28            | 573         | GROSS, ANDREW   |                    | M          | 55         | 20:00.8     | 6:26            |
| 2            | 34            | 407         | MACK, ANDY      | DES MOINES, IA     | M          | 55         | 20:20.2     | 6:33            |
| 3            | 42            | 232         | NEY, ROY        | DES MOINES, IA     | M          | 59         | 20:49.0     | 6:42            |
| 4            | 159           | 390         | WALAG, MIKE     | DES MOINES, IA     | M          | 56         | 25:03.1     | 8:04            |
| 5            | 253           | 320         | LIFE, BRAD      | ANKENY, IA         | M          | 57         | 28:09.7     | 9:04            |
| 6            | 257           | 440         | SWEENEY, DANIEL | URBANDALE, IA      | M          | 58         | 28:39.3     | 9:13            |
| 7            | 269           | 19          | COONEY, KEVIN   | DES MOINES, IA     | M          | 55         | 29:08.0     | 9:23            |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 60 - 64

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>      | <u>City, State</u>  | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|------------------|---------------------|------------|------------|-------------|-----------------|
| 1            | 127           | 234         | SCHNELLER, JOHN  | WEST DES MOINES, IA | M          | 63         | 23:59.8     | 7:43            |
| 2            | 194           | 120         | HRUSKA, JONATHAN | STORM LAKE, IA      | M          | 60         | 26:16.6     | 8:27            |
| 3            | 208           | 231         | GOHEEN, MICHAEL  | JOHNSTON, IA        | M          | 63         | 26:43.5     | 8:36            |
| 4            | 217           | 174         | BRENNAN, JOHN    | BERLIN, WI          | M          | 64         | 27:03.6     | 8:43            |
| 5            | 244           | 159         | MATHIS, JOHN     | WEST DES MOINES, IA | M          | 61         | 27:57.2     | 9:00            |
| 6            | 303           | 279         | TERNUS, GARY     | ANKENY, IA          | M          | 62         | 31:21.1     | 10:05           |



# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 65 - 69

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u> | <u>City, State</u> | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|-------------|--------------------|------------|------------|-------------|-----------------|
| 1            | 285           | 84          | SINN, RON   | BONDURANT, IA      | M          | 66         | 30:20.5     | 9:46            |

# 2007 Race for Cure

## Women's and Men's 5K

### Age Brackets Results

#### Men: 70 - 79

| <u>Group</u> | <u>Finish</u> | <u>Tag#</u> | <u>Name</u>         | <u>City, State</u> | <u>Sex</u> | <u>Age</u> | <u>Time</u> | <u>Per Mile</u> |
|--------------|---------------|-------------|---------------------|--------------------|------------|------------|-------------|-----------------|
| 1            | 36            | 500         | BROWN, STEVE        | DES MOINES, IA     | M          | 79         | 20:31.4     | 6:36            |
| 2            | 130           | 230         | RAVENS CROFT, ALVIN | AMES, IA           | M          | 73         | 24:04.5     | 7:45            |
| 3            | 297           | 251         | GRASSLEY, CHARLES   | CEDAR FALLS, IA    | M          | 74         | 30:57.5     | 9:58            |