

**Tri-County FFA Run and Rosie Phillips Fun Walk
Keokuk County Fair- What Cheer, Iowa
8 a.m.- July 9, 2011**



Course Description: This course will be on the streets of What Cheer. It starts at the fairgrounds and winds through What Cheer to Griffin Park and back.

Where: Keokuk County Fairgrounds is approximately 21 miles South of I-80 on Highway 21. Exit at mile marker 201.

Races: 5K, Mile Run & Mile Fun Walk

Prizes: Plaques for Overall Male and Female winner of 5K and Mile Run

Entry Fee: For 5 K
\$8 if postmarked before July 3, 2011
\$12 the week of the race (July 4-11)
\$ 15 the day of the race

T Shirts: **GUARANTEED** for those who register BEFORE July 1.
As available for those who register later.

For the mile run: \$ 5.00 anytime

Registration time: 7:15 am- 7:55 am at the Taco Building to the right of the main gate.

The Rosie Phillips Fun Walk is free.
Souvenir T-Shirts may be purchased for \$5.00

Race Time: 8 A.M.

Record Times: Male 5K – Cody Banstad – 19:18
Male Mile Run – Zach Molyneux – 5:44
Male Mile Fun Walk – Kaden Ludwig 9:59

Female 5K- Melissa Jay – 21:28
Female Mile run – Katy Fish – 6:27
Female Mile Fun Walk – Michaela Lundy – 10:17

Contact: Mike Striegel 641-660-1101
Ben Booth, Tri-County FFA Advisor

Email: striegel@iowatelecom.net
ben.booth@tri-countyschools.com

Special offer for last year's runners: Bring a new runner and receive 50% discount on your entry fee..

Send to : Tri-County FFA Run, 18600 Hwy 21, What Cheer, IA 50268 Make checks payable to : Keokuk County Fair.

Name (Print) _____ **Amount enclosed \$** _____

Address: _____ **City:** _____ **State** _____ **Zip** _____

Telephone: _____ **Email address:** _____

Age on July 9, 2011 _____ **Sex (Circle)** M F **Shirt Size:** S M L XL 2XL

Race: (Circle One) 5K 1 Mile Run 1 Mile Fun Walk

Name of Previous runner to receive 50% discount for bringing me _____

Waiver: I, the undersigned, acknowledge that road racing is a potentially dangerous activity that should not be attempted without proper training. By signing this waiver, I absolve the Keokuk County Fair, Tri-County FFA, the organizers of the Tri-County FFA Run and Rosie Phillips Fun Walk and any duly representative of the aforementioned of any liability in relation to my participation in the Tri-County FFA Run.

Signature: _____ **Date** _____

Legal Guardian (if participant is under 18) _____