

Beef Days

Awards Report

7/19/2014
Solon, IA
5K Run

Place	Finisher	City		Time	Place	Finisher	City	Time
Overall Male								
1	Matthew Schneider	Iowa City	IA	17:15				
Overall Female								
1	Zanetta Hoehle	Solon	IA	21:08				
M[14 & Under]								
1	Jeremy Fopma	Marion	IA	18:12				
2	Colton Lagrange	Swisher	IA	19:37				
3	Gaven Hiler	Marion	IA	20:33				
F[14 & Under]								
1	Sophie Nicol	Solon	IA	23:59				
2	Cailin Duffy	Marion	IA	25:07				
3	Maia Bentley	Mount Vernon	IA	26:45				
M[15-18]								
1	Simon Duster	Solon	IA	19:06				
2	Logan Heitz	Walford	IA	19:53				
3	Preston Lagrange	Swisher	IA	20:09				
F[15-18]								
1	Taylor Weetman	Solon	IA	24:05				
2	Jana Santolikova	Praha-Bechovic	Cz	25:59				
3	Sydney Gerdtts	Solon	IA	26:35				
M[19-29]								
1	Nate Marti	Mount Vernon	IA	17:16				
2	Ryan McLaughlin	Coralville	IA	18:19				
3	Matt Moyer	Cedar Rapids	IA	20:45				
F[19-29]								
1	Annie Smith	West Liberty	IA	22:17				
2	Shelby King	Tipton	IA	23:32				
3	Casey Kettman	Marion	IA	23:49				
M[30-39]								
1	Gregg Hennigan	Coralville	IA	17:18				
2	Cary Richey	Cedar Rapids	IA	17:26				
3	Jeff Kreinbring	Solon	IA	18:29				
F[30-39]								
1	Jennifer Wick	Solon	IA	21:52				
2	Jennifer Krohn	Oshkosh	WI	22:14				
3	Lou Slings	Palo	IA	24:32				
M[40-49]								
1	John Armon	Cedar Rapids	IA	18:09				
2	Dustin Vasquez	Walford	IA	19:38				
3	Pat Dominy	North Liberty	IA	20:33				
F[40-49]								
1	Rae Lynn Lamparek	Swisher	IA	22:31				
2	Deb Gaddis	Solon	IA	22:38				
3	Kelley McLaughlin	Coralville	IA	28:13				
M[50-59]								
1	Marty Gingerich	Parnell	IA	18:38				
2	Randy Brecht	Middle Amana	IA	19:23				
3	Daryl Julich	Cedar Rapids	IA	19:48				
F[50-59]								
1	Lynn Eggers	West Branch	IA	27:15				
2	Becky Krob	Solon	IA	28:41				
3	Denise Miller	Solon	IA	28:42				
M[60 & Over]								
1	Tim Murphy	Iowa City	IA	21:06				
2	Bob Strickland	Cedar Rapids	IA	21:57				
3	Tom Wolfe	Cedar Rapids	IA	23:09				
F[60 & Over]								
1	Nancy Hale	North Liberty	IA	35:03				
2	Barb Duncan	Solon	IA	48:50				
3	Lois Buck	Coralville	IA	50:58				