

Race For 5K River Hills



JULY 24, 2010

**Over 25
Door Prizes!**

**8:00 AM at River Hills School
2700 Grand Boulevard, Cedar Falls, IA**

Money raised at this event will go to benefit the students and programs at River Hills School.

Open to walkers, strollers – the whole family!

Form downloaded at www.FitnessSports.com

Raffles!

- Free 10 week Fall Extreme Body Shaping Class from Farrell's.
- Free Carrier April Air Whole House Humidifier System with free installation from Dalton Plumbing Heating and Cooling.

**ENTER THE
ENTIRE FAMILY
AND SAVE!**

SCHEELS



Race organizing/timing by:
TREKMAN
RACING
www.trekmanracing.com

Send payment and this entry form to: Attn: River Hills 5K, River Hills School, 2700 Grand Boulevard, Cedar Falls, IA 50613

Official Race for River Hills 5k Entry Form: Please make checks payable to: RIVER HILLS FOUNDATION

Name _____

Address _____

RUNNER WALKER
PLEASE CIRCLE

City _____ State _____ Zip _____

Phone _____ E-mail _____

Birthday ____/____/____ Gender: **M F**

PLEASE CIRCLE

Adult Shirt Size: **XS S M L XL XXL**

Youth Shirt Size: **S M L** PLEASE CIRCLE ONE

***NO T-SHIRT GUARANTEE ON RACE DAY REGISTRATIONS.**

Release and Waiver—In consideration of your acceptance of my entry, I hereby waive and release of myself, heirs, executor or anyone who might claim on my behalf, covenant not to sue the event directors, event officials or volunteers from all claims or liability for death, personal injury or personal damage of any kind arising out of or on the course of, my participation in this event. I hereby state that I have full knowledge of the risks involved, foreseen or unforeseen, known or unknown and have conditioned myself to run or walk and lift in this event. I also grant full permission to the event directors and/or agents authorized by them, to have free use of my name and picture in any broadcast, telecast, videotape, print media or any other record of this event for any purpose.

Signature (Guardian if under age 18) _____ Date _____

Form downloaded at www.FitnessSports.com

Entry Fees

Received by:

	7/1	7/14	After
<input type="checkbox"/> Age 12 & under	\$10	\$12	\$15
<input type="checkbox"/> Age 12 & over	\$13	\$15	\$20
<input type="checkbox"/> Family of 3*	\$35	\$42	
<input type="checkbox"/> Family of 4*	\$45	\$52	
<input type="checkbox"/> Family of 5*	\$55	\$62	

CHECK ALL THAT APPLY

Raffle Options: See above for details

- ☐ Farrell's, add + \$1/ticket _____
- ☐ Humidifier System, add + \$1/ticket _____

Total Enclosed: \$ _____

*Each family member must fill out and sign a copy of the form and all forms must be mailed together.