



Lamoni City Hall
5K and 10K Walk/Run starts at 8 a.m. Kids Fun Run starts at 9 a.m.

Registration and Waiver/Release and Consent Form

Each adult participant must fill out a form and sign the waiver at the bottom. Children 12 and under must be accompanied by a parent. Registration is free for children 12 & under / \$10 for veteran, active military, EMS, police and fire / \$20 for students 13-17 / \$25 for adults, 18 and older. Registration deadline is July 4 at the start of the race.

Return to Lamoni City Hall with payment.

Participant Name: (13 years and older)

Name: _____

Age (as of July 4) _____ ☐ Male ☐ Female ☐ 5k ☐ 10K

Participant Name: (13 years and older)

Name: _____

Age (as of July 4) _____ ☐ Male ☐ Female ☐ 5k ☐ 10K

Children (12 years and younger)

Child _____ Age _____ Child _____ Age _____

Address _____ City _____ State _____ Zip _____

Phone _____

In consideration of the acceptance of my/my child's entry, I for myself or for my child, do hereby release and discharge the organizers of this walk/run and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in this event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically able to participate in this event. Further, I grant full permission to any and all partners of the 5K/10K Race/Walk to use my/my child's name, photographs, videotapes, or any other recording of this event for any legitimate purpose without compensation.

Signature _____

Date _____

**No dogs*

**Strollers will be lined up in the back*

**Race begin promptly at 8 a.m.*

Registration Fee

Veteran/active military, EMS, police or fire @ \$10 = \$ _____ (No more than one per form)

Adult (18+) @ \$25 = \$ _____ (No more than one per form)

Student (13-17) _____ x \$20 = \$ _____

Child (12 and under) _____ x FREE

TOTAL \$ _____ (checks payable to NuEta)

Additional Contribution \$ _____ (checks payable to City of Lamoni)

Sponsored by: Freedom Racing Tool and Auto, Lamoni Areas Chamber of Commerce, City of Lamoni, Graceland University and NuEta.