



Freedom 5K Run/Walk

Monday, July 5th, 2021

7:30 A.M. Gowrie, IA

Packet Pickup: 6:30 A.M. until 7:15 A.M. at the high school football field in Gowrie, IA

Registration: \$20.00 per person if entry is received on or before Friday, June 18th, 2021 and \$25.00 per person if received after this date.

You can sign up day of race

T-shirts: Participants will receive a t-shirt as long as you sign up on or before Friday, June 18th, 2021

***T-shirts are not guaranteed after this date**

Entry Form: Entry form also available online at www.fitnesssports.com. Forms can also be emailed or mailed out to you.

Information: Contact Brad Lane at 515-351-0136 or brad@securitysavingsbank.com

Race Benefits Community Projects

Mail race entry to Brad Lane, P.O. Box 189, Gowrie, IA 50543

Make checks payable to G3G

Please Print

Name: _____ **Age on July 5, 2021:** _____

Mailing Address: _____
Mailing Address City, State Zip Code

Phone: _____ **Gender (please circle):** **Male** **Female**

Email Address: _____

Shirt Size (please circle): **Adult** **S** **M** **L** **XL** **XXL** **Youth** **M** **L**

Waiver: In consideration of acceptance of this entry, I intend to be legally bound hereby, for myself, my heirs, executors, and administrators, waive and release any and all right or claim for damages I may have or that may hereafter accrue to me against all sponsors, supporters, and officials associated with the Freedom 5K and the G3G, their representatives, successors, and assigns for any injuries incurred by me during, because of, or in travels to or from the Freedom 5k.

Signature: _____ **Date:** _____

If participant is under 18, parent or guardian must also sign

