Firecracker 5K
Run/Walk
July 4, 2018

Welcome to the 33rd Annual Firecracker 5K!
This race is a great flat, shaded course in the wonderful community of Dysart, Iowa. It starts and finishes at the Dysart Park where there are many other Fourth of July activities to enjoy. Come and compete against your friends, or just participate and have fun, either way you get a cool T-shirt and some exercise.
All participants in the Run/Walk must be registered!
Date: Wednesday, July 4, 2018 **Time:** 8:00 A.M.

Location: Meet at the Dysart Park (Open Shelter House)

Pre-Register by June 26, 2018 and save $5
Cost: $15 (includes free t-shirt, refreshments, prize drawing)
Cost: $20 (includes free Moisture management t-shirt, etc…)
Register ONLINE
http://www.getmeregistered.com/DysartFirecracker5K
Registration after June 26th and Race Day (6:45-7:45)
Cost: $20 (includes free t-shirt, refreshments, prize drawing)
Cost: $25 (includes free Moisture management t-shirt, etc…)
(Not guaranteed a t-shirt if registering Race Day)
All proceeds go to Club Dysart's 4th of July Fireworks.

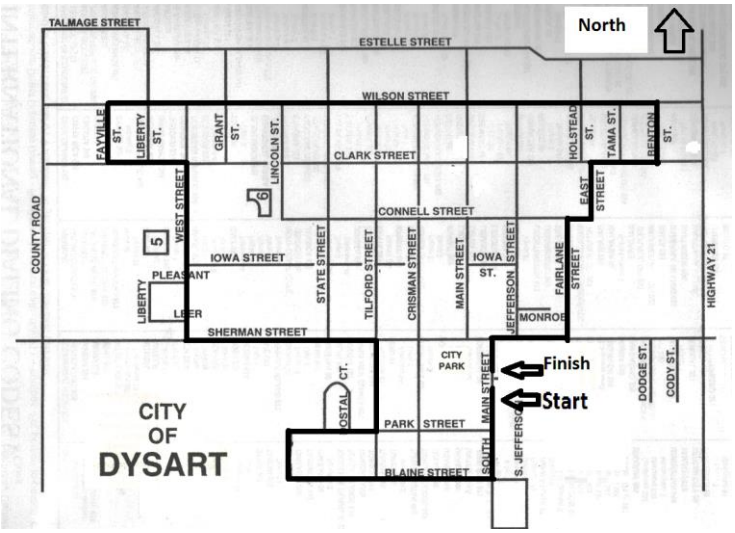
Age Divisions 5K Run/Walk
14↓, 15-19, 20-29, 30-39, 40-49, 50-59, 60+
(Separate Male and Female Divisions for each age division)

Awards
Medals will be given to the top 3 finishers in each division. Trophies will be awarded to the top overall male runner and the top overall female runner.

Packet Pickup
Packets may be picked up on race day starting at 6:45 A.M.
All packets should be picked up by 7:45 A.M.
There will be a separate table for those who have pre-registered.

Course The course is flat, partially shaded and in town.
Male course record is 15:56 held Brad Wrage.
Female course record is 18:37 held by Jill Wagaman.
A water station will be available halfway through the race.
A post race refreshment party for all participants will also be held.

Route may change due to street repairs!



Firecracker 5K Run/Walk Entry Form **On or before 6/26/18** Cost: $15 regular T-shirt; $20 Moisture Management T-shirt
After June 26th and Race Day Cost $20 regular T-shirt; $25 Moisture Management

Adult T-shirt Size (circle one) S M L XL XXL

Youth T-shirt size (circle one) Youth L Youth XL

Register ONLINE -
http://www.getmeregistered.com/DysartFirecracker5K

email: m_schmidt@union.k12.ia.us

Make checks payable to **Club Dysart** Mail to: Mike Schmidt, 608 Main St. Dysart, IA 52224 Phone 319-939-3311

Last Name:_____ First Name: _____ Age (on July 4):_____ Male or Female (circle one)

Mailing Address: _____ email address: _____

City: _____ State: _____ ZIP: _____ Phone: _____

I hereby absolve and release the City of Dysart, Club Dysart, our sponsors, their agents, employees, successors, and assigns, from any and all liability, claims and causes of action by me or my heirs, successors and assigns arising out of or anyway related to my participation in or presence of the Firecracker 5K. I hereby state that I am physically fit to participate in the event and that I am full aware of the risks of injury related to participation at such an event, and I assume all risks in consideration of being allowed to participate.

_____ _____ _____
Signature of participant Parent or Guardian Signature if under 18 Date