



Saturday, July 25

8:00 a.m.

PRESENTED BY: GOLDIES ICE CREAM SHOPPE 

ABOUT THE RUN WALK

CIARAD's 15th annual Prairie Fun Run/Walk will be held **Saturday, July 25** in Prairie City, Iowa during the town's annual Prairie Days celebration. A chip timed 5K walk/run and 10K run will start at 8:00 a.m. and includes a scenic tour of the community and rural settings. The terrain is relatively flat and the road is open to vehicles, runners will be directed by volunteers and police.

ENTRY FEE

ONLINE REGISTRATION is available at www.getmeregistered.com or a paper registration form is below.

- \$20.00 if registration is mailed or submitted via internet by July 11.
- \$30.00 if registration is mailed or submitted after July 11 or submitted on race day. Please do not mail registration after July 11.

T-shirts will be included for all pre-registered participants and available for late entrants while supplies last.

CHECK IN & START LOCATION

Check in and late registration: 6:30 – 7:30 a.m. on **Saturday, July 25** at the Prairie City Recreational Complex.

Start Location: The starting line will be located at the west end of the Recreational Complex on S. Norris Street. The Prairie City Recreational Complex is located on the southwest edge of Prairie City adjoining Ashtyn Lane and S. Norris Street

Parking: Is available in the lot at the east end of the Recreational Complex (near the finish line) and also at the United Methodist Church, 706 W. McMurray Street (a few blocks from the start line). Please avoid parking on streets on the race route.

AWARDS AND MEDALS

Awards ceremony will take place after the race and full results will be available at www.fitnesssports.com. First, second and third place medals will be awarded to the first three male and female finishers of the 5K and 10K in each of the following age divisions: **9 & under; ages 10-14; ages 15-19; ages 20-29; ages 30-39; ages 40-49; ages 50-59 and ages 60 & up.**

DIRECTIONS TO PRAIRIE CITY

Prairie City is located just 18 miles east of Des Moines on Hwy 163. From the east or west take Hwy 163 to Exit 18. From the north take Hwy 117.

IF MORE INFORMATION IS NEEDED PLEASE EMAIL ppeterlibrary@gmail.com OR CALL Phyllis AT 515-577-3912

Submit or mail this form to CIARAD Inc, P.O. Box 462, Prairie City, IA 50228

Name _____

Age _____ Gender _____

Address _____

City _____ Zip _____

Phone _____

Email _____

T-shirt (adult sizes) Circle one: S M L XL XXL

I am running the 5K _____ 10K _____

I am walking the 5K _____



In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive any and all rights and claims for damages I have against individuals associated with this event, their agents, representatives, sponsors, the City of Prairie City, and their representatives, successors, for all and any injuries to me in this event. I attest and verify that I have full knowledge of the risks involved in this event and that I am physically fit and trained to participate. I also give permission to use my name and picture in any broadcast, telecast, or news article.

Signature _____ Date _____

(Parent/guardian must sign if runner is under 18 yrs of age)