

High School ALL-TIME RECORDS on ISU XC Course

Top 60 Boy Performances - - 5 Kilometer

Trent Graham, Sr	15:54	Roosevelt	09/16/99
Grant Shadden, Sr	15:55	Marshalltown	10/14/99
Craig Cartier, Sr	16:03	Marshalltown	10/14/99
Nick Roberts, Sr	16:04	Ames	10/14/99
Ben Glaser, Sr	16:06	Dowling	09/14/00
Chris Jensen, Sr	16:11	Mason City	10/14/99
Josh Lewis, Sr	16:11	Sioux City West	10/20/05
Bobby Atkins, Jr	16:15	Roosevelt	09/04/97
Dan Taylor, Sr	16:16	Ft Dodge	08/31/01
Clayton Carper, Sr	16:17	Mason City	10/20/05
Tim Hibbing, Sr	16:20	Ames	10/14/99
Austin Williamson, Jr	16:21	Roosevelt	09/19/02
Grant Shadden, Jr	16:22	Marshalltown	10/22/98
Ryan McCurnin, Jr	16:23	Mason City	10/24/02
Chris Jones, Jr	16:25	Iowa City West	09/11/99
Tim Hibbing, Sr	16:25	Ames	09/16/99
Justin Schlicher, Jr	16:27	Ankeny	10/22/98
Tim Hibbing, Sr	16:27	Ames	09/11/99
Jarod Wall, Sr	16:27	Marshalltown	10/19/00
Corbin Miller, Jr	16:27	Marshalltown	10/14/04
Tom Caughlan, Sr	16:29	Mason City	10/17/96
Marcus Murphy, Sr	16:29	Ankeny	10/14/99
Chris Lawson, So	16:29	Ankeny	10/19/00
Nick Roberts, Sr	16:30	Ames	09/16/99
Jordan Anderson, Jr	16:30	Mason City	10/14/04
Jon Thomas, So	16:32	Roosevelt	09/19/02
Jordan Anderson, Sr	16:32	Mason City	10/20/05
Ruach Joklow, Jr	16:33	Urbandale	10/22/98
Mark Kresowik, Sr	16:35	Iowa City High	09/13/01
Dan Groepper, Sr	16:36	Iowa City High	09/18/03
Keil Uhl, So	16:37	Roosevelt	09/19/02
Austin Williamson, So	16:38	Roosevelt	09/13/01
Chris Lawson, Jr	16:39	Ankeny	08/30/01
Justin Vaught, Sr	16:39	Valley	10/24/02
Brett Carter, Sr	16:39	Dowling	09/15/05
Nathan White, Sr	16:40	S.E. Polk	09/13/01
Jon Lamb, Sr	16:40	Iowa City High	09/19/02
Drew Craig, Sr	16:40	CR Kennedy	09/16/04
Sam Bailin, Sr	16:40	Valley	08/31/06
Danny Burns, Jr	16:41	Marshalltown	10/22/98
Nick Roberts Sr	16:41	Ames	09/11/99
Andy Johnson, Jr	16:41	Roosevelt	09/14/00
Tim Hibbing, Jr	16:43	Ames	10/22/98
Mat Clark, Sr	16:43	Ames	09/16/04
Mat Clark, Sr	16:43	Ames	10/14/04
Jason Peppers, Sr	16:44	Ankeny	09/04/97
Nick Roberts, Jr	16:44	Ames	10/22/98
Yawusa Kinda, So	16:44	Roosevelt	09/19/02
Austin Williamson, So	16:45	Roosevelt	08/30/01
John Lamb, Jr	16:45	Iowa City High	09/13/01
Skylar Nesheim, Sr	16:45	S E Polk	09/19/02
Jeremiah Yassin, Jr	16:46	East	09/19/02
Tyler Fisher, Sr	16:46	Valley	10/24/02
Sam Bailin, So	16:46	Valley	10/14/04
Jim Schwartz, Sr	16:47	Roosevelt	09/19/02
Adam Hairston, Sr	16:47	C R Kennedy	09/15/05
Seth Ickowitz, Sr	16:48	Roosevelt	09/14/00
Sam Bailin, So	16:48	Valley	09/02/04
Clayton Carper, Jr	16:48	Mason City	10/14/04
Tyler Joridson, Sr	16:48	Fort Dodge	10/20/05

Top 60 Girl Performances - - 4 Kilometer (* adjusted 2 mile)

Katie Flood, Fr	14:19	Dowling	09/14/06
Nelle Trefz, Jr	14:33	Iowa City High	09/19/02
Nelle Trefz, Sr	14:49	Iowa City High	09/18/03
Jessica Huff, Sr	* 14:50	Marshalltown	10/22/98
Jennie Funk, Sr	14:50	Iowa City High	09/18/03
Hannah Roeder, Jr	14:50	Roosevelt	09/16/04
Jennie Funk, Fr	* 14:56	Valley	09/14/00
Kersten Thoraard, So	14:56	Ames	10/14/04
Jeni Frudden, So	* 14:59	Iowa City West	09/11/99
Kersten Thoraard, So	14:59	Ames	09/16/04
Lindy Shaw, Jr	15:01	Valley	10/14/04
Nelle Trefz, So	* 15:02	Iowa City High	09/13/01
Ashley Culp, So	* 15:03	Valley	09/14/00
Lisa Koll, Sr	15:03	Fort Dodge	10/14/04
Rita Fiala, Sr	* 15:04	Johnston	10/22/98
Lisa Koll, Sr	15:05	Fort Dodge	09/02/04
Hanna Roeder, Fr	15:07	Roosevelt	09/19/02
Kersten Thorgaard, Fr	15:07	Ames	09/04/03
Hannah Roeder, So	15:09	Roosevelt	09/18/03
Betsy Flood, Jr	15:09	Dowling	09/14/06
Michelle Sokol, So	* 15:10	Urbandale	10/22/98
Kersten Thoraard, So	15:10	Ames	09/02/04
Kersten Thorgaard, Jr	15:10	Ames	10/20/05
Casey McDermott, So	15:11	Newton	10/14/04
Lesley Smith, Jr	* 15:14	Iowa City Wet	09/11/99
Lisa Koll, Jr	15:15	Ft Dodge	09/04/03
Jessica Wiegert, Fr	15:16	Valley	10/24/02
Jessica Wiegert, Jr	15:16	Valley	09/02/04
Sarah Nelson, Sr	15:16	Sioux City North	10/20/05
Jessica Wiegert, So	15:17	Valley	09/04/03
Alissa Duffy, Fr	15:18	Valley	09/04/03
Kersten Thorgaard, Jr	15:19	Ames	09/15/05
Michelle Sokol, Fr	* 15:21	Urbandale	09/13/97
Ashley Culp, Sr	15:22	Valley	10/24/02
Laura Gehring, Fr	15:22	Ames	10/14/04
Meggan Reed, Sr	15:24	Iowa City High	09/19/02
Traci Hawley, Sr	15:25	Ames	09/04/03
Lindy Shaw, Jr	15:25	Valley	09/02/04
Colette Gnade, So	15:26	Waukee	09/14/06
Traci Hawley, Jr	15:27	Ames	10/24/02
Jill Lageschulte, Fr	15:28	Marshalltown	10/14/04
Jessica Wiegert, Sr	15:28	Valley	09/01/05
Ashley Culp, Sr	15:29	Valley	09/05/02
Alissa Duffy, So	15:29	Valley	10/14/04
Andrea Wacker, Sr	15:29	C R Kennedy	09/15/05
Kersten Thorgaard, Sr	15:30	Ames	09/14/06
Megan Yossi, Jr	15:31	CR Kennedy	09/16/04
Ashley Culp, Fr	* 15:32	Valley	10/14/99
Kathryn Stampler, Sr	* 15:33	Muscatine	09/12/98
Mairead Kelly, So	* 15:33	Forest City	09/13/01
Betsy Flood, So	15:33	Dowling	09/15/05
Kate Greer, Fr	* 15:34	Marshalltown	10/14/99
Kersten Thorgaard, Fr	15:35	Ames	09/18/03
Quinn Vermie, Sr	15:35	S E Polk	10/24/02
Obsie Birru, So	15:35	Johnston	09/15/05
Jennie Funk, Fr	* 15:37	Valley	08/31/00
Laura Gehring, So	15:37	Ames	10/20/05
Kersten Thorgaard, Sr	15:37	Ames	08/31/06
Kate Greer, So	* 15:38	Marshalltown	10/19/00
Janelle Platts, Sr	15:38	Mason City	10/24/02
Obsie Birru, Fr	15:38	Johnston	09/16/04

NOTE:Ties determined by earliest performance

09/02/99 boy's 5,000 meter course long, around 200 meters

09/11/99 new boy's 5,000 meter course (faster?)

09/05/02 new girl's distance - 4,000 meters

12/07/02 National AAU Meet not included

Through 08/31/06 . . . Cal Murdock