

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****Event 1 Girls 5k Run CC Varsity**

Name	Year	School	Finals	Points
Results - Women				
1 Berglund, Grace	12	Glenwood	17:53.66	1
2 Miller, Lily	10	Treynor	18:58.06	2
3 Reese, Delayna	12	Lewis Central	19:02.77	3
4 Heslink, Julia	10	Harlan	19:40.95	4
5 Otten, Ella	11	Bishop Heelan	19:51.70	5
6 Brown, Lexi	09	Ehk-Exira	19:58.24	
7 Rau, Ashlyn	11	Harlan	20:07.17	6
8 Steinmetz, Ava	11	Heartland Christ	20:25.80	7
9 Heithoff, Taylor	09	Kuemper Cath	20:27.38	8
10 Kerkmann, Madalyn	11	Treynor	20:28.54	9
11 Dea, Irellyn	09	Treynor	20:41.06	10
12 Hannan, Alli	09	St. Albert, CB	20:49.80	11
13 Troshynski, Cecilia	08	Logan-Magnolia	20:52.51	12
14 Hickman, Kaitlyn	10	Atlantic	21:05.79	13
15 Engler, Gabrielle	11	Atlantic	21:11.19	14
16 Bieker, Aspen	11	Harlan	21:18.51	15
17 Robbins, Jordyn	10	Logan-Magnolia	21:31.49	16
18 Kurth, Tenly	09	Logan-Magnolia	21:46.93	17
19 Jenkins, Malory	09	Red Oak	21:47.97	18
20 Leick, Katie	09	Glenwood	21:48.86	19
21 Topf, Ellie	11	Bishop Heelan	21:55.89	20
22 Kanngieser, Jada	09	Glenwood	21:56.45	21
23 Trovato, Savannah	09	MO Valley	21:56.51	
24 Kotrous, Kadence	10	Treynor	22:04.55	22
25 Dittmer, Reese	11	Tri-Center	22:05.02	23
26 Jager, Makenna	09	Underwood	22:06.57	
27 Schulenberg, Sarai	10	Cb, A Lincoln	22:11.37	24
28 Johnson, Sarah Ruth	10	Glenwood	22:13.09	25
29 King, Jenna	10	Clarinda	22:16.28	
30 Alberti, Sadie	12	Harlan	22:16.93	26
31 Diggins, Deirdre	08	Logan-Magnolia	22:21.29	27
32 Freund, Ava	12	Harlan	22:21.79	28
33 Adams, Ally	12	Underwood	22:27.12	
34 Anderson, Allie	12	Harlan	22:30.48	29
35 Lundvall, Karsyn	09	Glenwood	22:37.30	30
36 Sonderman, Josie	11	Harlan	22:39.80	31
37 Northwick, Lucy	09	Atlantic	22:43.28	32
38 Sandahl, Ella	12	Essex	22:46.44	
39 Petersen, Torunn	11	Cb, A Lincoln	22:47.17	33
40 Gaul, Mila	09	St. Albert, CB	22:50.74	34
41 Lawler, Tayli	12	Ahstw	22:59.58	35
42 Strohmeier, Kate	12	Lewis Central	23:00.70	36
43 Parrott, Maddy	09	Treynor	23:04.19	37
44 Housh, Sophia	10	East Mills	23:05.18	
45 Kuhlman, Reese	08	Logan-Magnolia	23:09.60	38
46 Robbins, Mykah	12	Logan-Magnolia	23:16.96	39
47 Van Ert, Cambry	08	Atlantic	23:29.33	40
48 Knispel, Madeline	12	Treynor	23:34.82	41
49 Mendez Cordero, Ximena	10	Atlantic	23:37.20	42
50 Mether, Eastyn	09	St. Albert, CB	23:39.52	43
51 Venner, Cadence	08	St. Albert, CB	23:43.51	44
52 Fitch, Annette	12	Cb, A Lincoln	23:44.49	45

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53 Coffman, Saige	11 Atlantic	23:55.06	46
54 Newman, Autumn	12 Glenwood	24:00.32	47
55 Hutchison, Hannah	10 Heartland Christ	24:10.27	48
56 Flanagan, Tinley	09 St. Albert, CB	24:16.49	49
57 Vinchattle, Claire	09 Lewis Central	24:23.93	50
58 Wolfe, Phyrá	09 Tri-Center	24:24.06	51
59 Anderson, Alika	10 Atlantic	24:24.76	52
60 Kathol, Eden	10 Lewis Central	24:26.23	53
61 Graham, Astelle	09 Ahstw	24:26.74	54
62 Boden, Addison	11 Tri-Center	24:35.47	55
63 Ortmann, Ann Marie	11 Bishop Heelan	24:45.41	56
64 VanArsdol, Lana	10 Tri-Center	24:47.12	57
65 Forbus, Audri	10 MO Valley	24:47.78	
66 Malone, Morgan	12 Boyer Valley	24:52.60	
67 Cain, Lillian	10 Cb, A Lincoln	25:02.50	58
68 Greving, Shelby	12 Kuemper Cath	25:03.50	59
69 Bieker, Nora	09 Ehk-Exira	25:05.14	
70 Hamann, Claire	11 Bishop Heelan	25:05.16	60
71 Tunney, Erica	09 Heartland Christ	25:13.23	61
72 Owen, Avery	09 Kuemper Cath	25:16.50	62
73 Kafka, Emma	10 Lewis Central	25:20.26	63
74 Duff, Claire	10 Clarinda	25:25.24	
75 Lander, Yana	12 Ahstw	25:29.89	64
76 Lohr, Savannah	11 Bishop Heelan	25:33.54	65
77 Heistand, Mia	12 Boyer Valley	25:37.77	
78 Walker, Leya	12 Red Oak	25:39.22	66
79 Divelbess, Hadley	11 Tri-Center	25:56.84	67
80 Behrens, McKenzi	10 Ahstw	25:56.98	68
81 Brockhoff, Emery	11 Ahstw	26:09.45	69
82 Hernandez-Ceballos, Karl	10 Cb, T Jefferson	26:17.35	
83 Pirie, Wrigley	10 Cb, A Lincoln	26:31.46	70
84 Morton, Sydney	11 Logan-Magnolia	27:05.67	71
85 Horton, Valerie	09 Heartland Christ	27:11.35	72
86 Gutzmer, Abigail	11 MO Valley	27:13.27	
87 Horn, Cate	12 Red Oak	27:28.95	73
88 Reincke, Alyson	09 Kuemper Cath	27:39.73	74
89 Uhl, Elise	11 Bishop Heelan	27:48.50	75
90 Cabrera, Brooke	10 Cb, T Jefferson	27:53.79	
91 Seidl, Anna	11 Kuemper Cath	27:55.26	76
92 Heim, Gillian	12 Red Oak	28:10.07	77
93 Owen, Hayley	10 Kuemper Cath	28:43.25	78
94 Garcia, Lexani	12 Heartland Christ	29:06.35	79
95 Boysen, Leah	12 Ehk-Exira	29:23.31	
96 Diehm, Lainey	09 Heartland Christ	29:25.74	80
97 Shada, Lynnai	12 MO Valley	29:53.29	
98 Heithoff, Ella	10 Kuemper Cath	29:59.50	81
99 Ausdemore, Regan	09 Tri-Center	30:36.53	82
100 Montelongo, Tinsley	09 Underwood	31:38.42	
101 VanNordstrand, Maggie	12 Tri-Center	33:55.72	83
102 Pedersen, Neyali	09 Red Oak	43:21.96	84
-- Melby, Natalie	12 Boyer Valley	DNS	
-- Hoss, Madelyn	12 Lewis Central	DNS	
-- Pattee, Ali	12 Underwood	DNS	
-- Hiatt, Brooklyn	09 Tri-Center	DNS	
-- Harms, Katelyn	12 Glenwood	DNS	

Results

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-- Budge, Jillian          11 Tri-Center          DNS
-- Contreras, Daniela      10 Cb, A Lincoln      DNS
-- Dennis, Jerzi           09 Lewis Central      DNS
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Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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1	Harlan		79	4	6	15	26	28	29	31
	Total Time:	1:45:45.35								
	Average:	21:09.07								
2	Treynor		80	2	9	10	22	37	41	
	Total Time:	1:45:16.40								
	Average:	21:03.28								
3	Glenwood		96	1	19	21	25	30	47	
	Total Time:	1:46:29.36								
	Average:	21:17.88								
4	Logan-Magnolia		110	12	16	17	27	38	39	71
	Total Time:	1:49:41.82								
	Average:	21:56.37								
5	Atlantic		141	13	14	32	40	42	46	52
	Total Time:	1:52:06.79								
	Average:	22:25.36								
6	St. Albert, CB		181	11	34	43	44	49		
	Total Time:	1:55:20.07								
	Average:	23:04.02								
7	Lewis Central		205	3	36	50	53	63		
	Total Time:	1:56:13.89								
	Average:	23:14.78								
8	Bishop Heelan		206	5	20	56	60	65	75	
	Total Time:	1:57:11.70								
	Average:	23:26.34								
9	Cb, A Lincoln		230	24	33	45	58	70		
	Total Time:	2:00:16.99								
	Average:	24:03.40								
10	Tri-Center		253	23	51	55	57	67	82	83
	Total Time:	2:01:48.51								
	Average:	24:21.71								
11	Heartland Christ		267	7	48	61	72	79	80	
	Total Time:	2:06:07.00								
	Average:	25:13.40								
12	Kuemper Cath		279	8	59	62	74	76	78	81
	Total Time:	2:06:22.37								
	Average:	25:16.48								
13	Ahstw		290	35	54	64	68	69		
	Total Time:	2:05:02.64								
	Average:	25:00.53								

2026 Glenwood XC Meet - 9/28/2026
Glenwood HS
Results

....Event 1 Girls 5k Run CC Varsity

14	Red Oak	318	18	66	73	77	84
Total Time:		2:26:28.17					
Average:		29:17.64					

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****Event 4 Boys 5k Run CC Varsity**

Name	Year	School	Finals	Points
Results - Men				
1 Weers, Haven	11	Tri-Center	15:56.54	1
2 Grass, Emmanuel	12	Red Oak	16:08.36	2
3 Lillie, Evan	11	Cb, A Lincoln	16:16.12	3
4 Sporrer, Jacob	11	Logan-Magnolia	16:18.76	4
5 Thayer, Landon	10	Logan-Magnolia	16:25.77	5
6 Hietbrink, Hayden	11	Red Oak	16:37.58	6
7 Betts, Mason	11	Atlantic	16:52.16	7
8 Walter, Jackson	12	St. Albert, CB	16:56.53	8
9 Sells, Mason	10	Shenandoah	16:59.86	9
10 Buttry, Carter	12	Shenandoah	17:07.30	10
11 Stanley, Deagan	09	Glenwood	17:07.58	11
12 Amaro, Alex	12	Bishop Heelan	17:17.51	12
13 Heslink, Erik	12	Harlan	17:19.62	13
14 Cochran, Carson	08	Tri-Center	17:30.52	14
15 Krieger, Hayden	10	Kuemper Cath	17:30.88	15
16 Pedersen, Osiel	12	Red Oak	17:32.93	16
17 Thompson, Ben	10	St. Albert, CB	17:36.77	17
18 Davis, Brodie	12	Logan-Magnolia	17:37.93	18
19 Daoust, Luke	12	Shenandoah	17:41.97	19
20 Wunschel, Wyatt	12	Kuemper Cath	17:43.58	20
21 Gorham, Dane	12	Boyer Valley	17:50.58	21
22 Cogdill, Owen	11	Boyer Valley	17:52.39	22
23 Stogdill, Isaiah	12	Clarinda	17:52.60	23
24 Ahrens, Maverick	10	Cb, A Lincoln	17:57.52	24
25 Gach, Jayden	09	Kuemper Cath	18:00.24	25
26 Tonniges, Hunter	10	Kuemper Cath	18:02.55	26
27 Berglund, Cole	10	Glenwood	18:03.58	27
28 Bramble, William	12	Cb, A Lincoln	18:12.60	28
29 Schechinger, Brogan	10	Harlan	18:12.62	29
30 Poulos-Schweer, Konstant	12	St. Albert, CB	18:13.38	30
31 Kauffman, Lucas	10	Glenwood	18:17.89	31
32 Long, Jaxton	10	Glenwood	18:21.43	32
33 Vonnahme, Oliver	11	Kuemper Cath	18:24.31	33
34 Weber, Leo	09	Shenandoah	18:26.42	34
35 Anderson, Coleton	11	Cb, A Lincoln	18:28.72	35
36 Gutierrez, Jonas	11	Shenandoah	18:41.68	36
37 Leaders, Landon	12	Underwood	18:41.88	37
38 Wymore, Carter	11	Cb, A Lincoln	18:46.51	38
39 Engel, Oliver	10	Kuemper Cath	18:47.48	39
40 Kersten, Levi Charles	08	Logan-Magnolia	18:48.49	40
41 Kinney, Deklyn	09	Atlantic	18:50.83	41
42 Giese, Cal	11	Bishop Heelan	18:54.47	42
43 Harms, Lucas	11	Glenwood	18:55.40	43
44 Schroeder, Gage	09	Atlantic	18:57.90	44
45 Sorensen, Grant	11	Glenwood	18:59.19	45
46 Stevenson, Will	12	Shenandoah	19:01.49	46
47 Santos, David	12	Bishop Heelan	19:01.72	47
48 Denton, Nolan	11	Boyer Valley	19:05.32	48
49 Engler, Thomas	11	Atlantic	19:06.36	49
50 Hindman, David	11	Bishop Heelan	19:08.42	50
51 Jorgenson, Carter	12	East Mills	19:10.21	
52 Prier, Hunter	10	Logan-Magnolia	19:10.28	51

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****....Event 4 Boys 5k Run CC Varsity**

53	Kinney, Kouper	11	Atlantic	19:11.15	52
54	De Leon, Manuel	11	Red Oak	19:12.28	53
55	Yochum, Eli	10	Treynor	19:20.63	54
56	Alff, Cole	11	Treynor	19:23.01	55
57	Hamilton, Isaac	12	Cb, A Lincoln	19:23.95	56
58	Finken, Evan	09	St. Albert, CB	19:28.66	57
59	Doak, Isaac	11	Underwood	19:30.07	58
60	Doak, Josiah	09	Underwood	19:30.16	59
61	Sandquist, Nathan	12	Harlan	19:37.45	60
62	Grandgenett, Lucan	10	Kuemper Cath	19:39.49	61
63	Murphy, Nash	09	Boyer Valley	19:44.07	62
64	Andersen, Caleb	12	Atlantic	19:53.60	63
65	Piveral, Mason	10	Clarinda	19:57.93	64
66	Buyske, Leo	11	St. Albert, CB	20:03.55	65
67	Bowman, Eli	10	MO Valley	20:04.06	66
68	Odorizzi, Charles	09	Glenwood	20:05.49	67
69	Gray, Malachi	12	Heartland Christ	20:06.02	68
70	Akers, Anthony	12	Atlantic	20:06.11	69
71	Waite, Louis	12	MO Valley	20:11.40	70
72	Brown, Grady	10	Clarinda	20:12.23	71
73	Christensen, Reghan	09	Harlan	20:17.96	72
74	McDaniel, Malak	12	Cb, A Lincoln	20:18.35	73
75	Ware, Abe	10	Bishop Heelan	20:23.88	74
76	Zambrano, Juan pablo	09	Cb, T Jefferson	20:23.93	75
77	Morgan, Jasper	12	Bishop Heelan	20:36.75	76
78	Jorstad, Matthew	11	Bishop Heelan	20:40.94	77
79	Bell, Sidney	09	Red Oak	20:41.74	78
80	Thomas, Jason	11	Underwood	20:46.58	79
81	Johnson, Max	11	St. Albert, CB	20:50.30	80
82	Kinghorn, Greyson	11	Shenandoah	20:50.32	81
83	McCrary, Caleb	11	East Mills	20:51.80	
84	Burgett, Jaxson	10	Heartland Christ	20:53.73	82
85	Abel, Landon	10	Tri-Center	20:54.44	83
86	Messinger, Olee	11	Heartland Christ	20:59.57	84
87	Kay, Daniel	09	Harlan	21:03.30	85
88	Malone, Collin	09	Boyer Valley	21:07.15	86
89	Helm, Parker	12	Cb, T Jefferson	21:08.29	87
90	Kline, Charlie	09	Clarinda	21:15.69	88
91	Follmann, Charlie	09	Boyer Valley	21:16.32	89
92	Muff, Liam	11	Boyer Valley	21:22.19	90
93	Gray, Jase	09	Clarinda	21:29.66	91
94	Ripperger, Brock	11	East Mills	21:31.83	
95	Lassek, Jack	12	Ehk-Exira	21:32.39	92
96	Bell, Gideon	10	Tri-Center	21:44.26	93
97	Hussing, Ramsey	11	Harlan	21:44.56	94
98	Cliffe, Matthew	12	MO Valley	22:01.10	95
99	Horton, Makhial	12	Heartland Christ	22:05.81	96
100	Beeson, AJ	11	Red Oak	22:06.40	97
101	Osborne, Judah	09	Heartland Christ	22:08.99	98
102	Mullen, Jacoby	09	Treynor	22:30.33	99
103	Acosta, Jacob	12	Cb, T Jefferson	22:30.70	100
104	Lowery, Gabriel	10	Clarinda	22:31.00	101
105	Allen, Lucas	09	Heartland Christ	22:40.28	102
106	Zambrano, Raymundo	12	Cb, T Jefferson	22:41.93	103
107	Wellhausen, Noah	12	Clarinda	22:59.08	104

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****....Event 4 Boys 5k Run CC Varsity**

5	Glenwood	144	11	27	31	32	43	45	67
	Total Time:	1:30:45.88							
	Average:	18:09.18							
6	Red Oak	155	2	6	16	53	78	97	
	Total Time:	1:30:12.90							
	Average:	18:02.58							
7	St. Albert, CB	177	8	17	30	57	65	80	
	Total Time:	1:32:18.90							
	Average:	18:27.78							
8	Atlantic	193	7	41	44	49	52	63	69
	Total Time:	1:32:58.40							
	Average:	18:35.68							
9	Bishop Heelan	225	12	42	47	50	74	76	77
	Total Time:	1:34:46.00							
	Average:	18:57.20							
10	Boyer Valley	239	21	22	48	62	86	89	90
	Total Time:	1:35:39.51							
	Average:	19:07.91							
11	Harlan	259	13	29	60	72	85	94	119
	Total Time:	1:36:30.95							
	Average:	19:18.19							
12	Tri-Center	300	1	14	83	93	109	121	
	Total Time:	1:39:29.84							
	Average:	19:53.97							
13	Clarinda	337	23	64	71	88	91	101	104
	Total Time:	1:40:48.11							
	Average:	20:09.63							
14	Underwood	340	37	58	59	79	107	115	118
	Total Time:	1:41:48.21							
	Average:	20:21.65							
15	Treynor	424	54	55	99	105	111	113	124
	Total Time:	1:47:48.36							
	Average:	21:33.68							
16	Heartland Christ	428	68	82	84	96	98	102	123
	Total Time:	1:46:14.12							
	Average:	21:14.83							
17	MO Valley	469	66	70	95	116	122	126	
	Total Time:	1:52:06.29							
	Average:	22:25.26							
18	Cb, T Jefferson	471	75	87	100	103	106	117	127
	Total Time:	1:50:04.22							
	Average:	22:00.85							
19	Ehk-Exira	555	92	108	110	120	125	128	
	Total Time:	2:00:22.86							
	Average:	24:04.58							

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****Event 2 Girls 5k Run CC Junior Varsity**

Name	Year	School	Finals	Points
Results - Women				
1 Keegan, Kinley	10	Bishop Heelan	22:50.15	
2 Johnson, Elizabeth	10	Glenwood	23:26.88	1
3 Miller, Meredith	09	Glenwood	24:00.48	2
4 Kenkel, Josie	11	Glenwood	24:01.62	3
5 Hilsabeck, Kasey	11	Glenwood	24:19.47	4
6 Baber, McKenna	09	Glenwood	24:24.59	5
7 Wolf, Luci	09	Cb, A Lincoln	25:34.68	6
8 Gradoville, Reese	10	Lewis Central	25:42.58	7
9 Sanduk, Merry	11	Harlan	25:52.29	8
10 Farnsworth, Ella	09	Glenwood	25:58.86	9
11 Nepple, Brynn	10	Lewis Central	26:04.76	10
12 Schmitz, Clara	09	Harlan	26:10.55	11
13 Kelley, Gracelynn	11	Atlantic	26:10.57	
14 Mrsny, Danika	10	Treynor	26:19.40	
15 Moyer, Kynzie	10	Cb, A Lincoln	26:36.48	12
16 Williams, Ava	10	Lewis Central	26:57.85	13
17 Steeve, Claire	09	Treynor	27:42.33	
18 Guerrero, Antoinette	10	Bishop Heelan	27:44.46	
19 Wymore, Kenadee	09	Cb, A Lincoln	27:45.63	14
20 Stortenbecker, Kendall	09	Treynor	27:52.13	
21 Christensen, Aubry	11	Harlan	28:09.55	15
22 Rupp, Jade	09	Cb, A Lincoln	28:18.29	16
23 Hall, Lenora	11	Ahstw	28:27.54	
24 Arzola, Isabella	11	Cb, A Lincoln	29:02.23	17
25 Marsh, Julia	09	St. Albert, CB	29:05.44	
26 Johansen, Berlinn	09	Glenwood	29:31.80	18
27 Fender, Bonnie	09	Lewis Central	29:44.52	19
28 Cihacek, Ellianna	08	St. Albert, CB	29:46.98	
29 Uhl, Reagan	11	Bishop Heelan	29:57.08	
30 Randall, Izzy	12	Clarinda	29:57.12	
31 Diehm, Keira	12	Heartland Christ	30:20.62	
32 Dunn, Kenadi	09	Harlan	30:26.79	20
33 Hughes, Adelynn	10	Cb, A Lincoln	30:27.91	21
34 DeBoer, Jenny	10	Clarinda	30:42.04	
35 Lindley, Lauren	09	Lewis Central	30:49.42	22
36 Hansen, Ellie	11	Ahstw	30:55.69	
37 Carter, Peyton	11	Ahstw	31:04.46	
38 Linehan-Abel, Abigale	11	Cb, A Lincoln	31:07.69	23
39 Pracht, Angelica	10	Glenwood	32:03.84	
40 Wolterman, Olivia	09	Kuemper Cath	32:20.75	
41 Trescott, Piper	12	Lewis Central	32:37.01	24
42 Meier, Malaya	12	Bishop Heelan	32:57.12	
43 Childers, Amelia	10	Lewis Central	34:18.76	25
44 Segebart, Elizabeth	10	Kuemper Cath	35:17.11	
45 McColloch, Makayla	10	St. Albert, CB	35:23.72	
46 Christian, Kenna	11	Ahstw	36:21.74	
47 Venner, Aubrey	09	Kuemper Cath	36:35.53	
48 Rivera, Hazel	11	Harlan	44:30.99	26
49 Miller, Lilian	12	Cb, A Lincoln	46:27.74	
-- Pietig, Hannah	09	Kuemper Cath	DNS	
-- Houser, Breelyn	11	Glenwood	DNS	
-- Haberl, Margaret	10	Kuemper Cath	DNS	

Results

-- Semrau, Lorelei	09	East Mills	DNS
-- Hippolyte, Aliyah	09	Glenwood	DNS
-- Shannon, Eltyn	10	Lewis Central	DNS
-- Christensen, Ruth	09	Kuemper Cath	DNS
-- Ni, Han	10	Lewis Central	DNS
-- Blevins, Bailey	10	Logan-Magnolia	DNS

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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1	Glenwood	15	1	2	3	4	5	9	18
	Total Time:	2:00:13.04							
	Average:	24:02.61							
2	Cb, A Lincoln	65	6	12	14	16	17	21	23
	Total Time:	2:17:17.32							
	Average:	27:27.47							
3	Lewis Central	71	7	10	13	19	22	24	25
	Total Time:	2:19:19.13							
	Average:	27:51.83							
4	Harlan	80	8	11	15	20	26		
	Total Time:	2:35:10.17							
	Average:	31:02.04							

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****Event 5 Boys 5k Run CC Junior Varsity**

Name	Year	School	Finals	Points
Results - Men				
1 Mazzella, Joey	12	St. Albert, CB	17:41.09	1
2 Bissell, Micah	12	Bishop Heelan	18:51.86	2
3 North, Tanner	09	Kuemper Cath	18:55.52	3
4 Lopez, Alexander	10	Glenwood	19:25.93	4
5 Wolf, Zed	11	Cb, A Lincoln	19:25.94	5
6 Harmsen, Hunter	12	Cb, A Lincoln	19:29.07	6
7 Peverill, Owen	11	Glenwood	19:31.89	7
8 O'Hara, Conor	12	Shenandoah	19:38.17	
9 Petersen, Trygg	11	Cb, A Lincoln	19:41.27	8
10 Staiert, Bentley	10	Atlantic	19:47.46	9
11 Lechtenberg, Owen	09	Kuemper Cath	19:49.50	10
12 Schoening, Ben	12	Glenwood	20:02.84	11
13 Ashcraft, Garrett	10	Cb, A Lincoln	20:08.48	12
14 Juranek, Owen	09	Cb, A Lincoln	20:14.80	13
15 McCurdy, John	10	Atlantic	20:21.13	14
16 Kinney, Nolyn	12	Atlantic	20:27.85	15
17 Stout, Jett	10	Glenwood	20:28.69	16
18 Oliver, Griffin	10	Glenwood	20:31.03	17
19 Van Sickel, Gabriel	11	Cb, A Lincoln	20:31.75	18
20 Guerrero, Xavier	12	Bishop Heelan	20:31.84	19
21 Gangwish, Ben	09	Glenwood	20:35.30	20
22 Jens, Mason	10	Cb, A Lincoln	20:42.14	21
23 Hatley, Zander	09	Atlantic	20:44.18	22
24 Hanisch, Henry	09	Shenandoah	20:49.08	
25 Jorstad, Ethan	09	Bishop Heelan	20:51.68	23
26 Shields, Mason	11	Cb, A Lincoln	20:54.37	
27 Smith, Leilynd	10	Glenwood	20:55.63	24
28 Schmiesing, Jacob	09	Glenwood	20:57.63	
29 Buttry, Landry	09	Shenandoah	21:16.21	
30 Kinzie, Hunter	10	Atlantic	21:17.25	25
31 Dighton, Ayden	10	Cb, A Lincoln	21:21.68	
32 Hanson, Eli	11	Cb, A Lincoln	21:22.68	
33 Martinez, Jesus	12	Bishop Heelan	21:24.47	26
34 Carson, Carter	12	Glenwood	21:26.49	
35 Brock, Hudson	11	Atlantic	21:26.87	27
36 Hoskins, Gabriel	10	Clarinda	21:33.30	28
37 Ortmann, James	10	Bishop Heelan	21:34.87	29
38 Tucker, Michael	09	Glenwood	21:35.09	
39 McGregor, Max	09	Bishop Heelan	21:39.59	30
40 Cady, Walter	10	St. Albert, CB	21:40.95	31
41 Cleveringa, Kamden	10	Bishop Heelan	21:55.63	32
42 Rang, Dyson	09	Glenwood	21:59.25	
43 Mueller, Cash	09	Boyer Valley	22:01.31	
44 Filloon, Eli	11	Kuemper Cath	22:03.84	33
45 Hoover, Wyatt	11	Atlantic	22:17.02	34
46 Aesoph, Collin	09	Bishop Heelan	22:18.97	
47 Thompson, Kolton	10	Glenwood	22:22.66	
48 Fairman, Holden	11	Cb, A Lincoln	22:28.78	
49 Cain, Wyatt	12	Cb, A Lincoln	22:44.79	
50 Neihart, Colton	10	Clarinda	22:52.81	35
51 Negussie, Tarik	09	Bishop Heelan	23:03.43	
52 Pedersen, Channing	10	Clarinda	23:20.28	36

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****....Event 5 Boys 5k Run CC Junior Varsity**

53 Nichols, Micah	11 Heartland Christ	23:21.59	
54 Graham, Jake	11 Shenandoah	23:23.80	
55 Kaufman, Dom	09 Red Oak	23:24.62	
56 Roberts, Chase	10 Heartland Christ	23:28.03	
57 Hoyt, Alex	09 Atlantic	23:39.07	
58 Koch, John	10 Heartland Christ	23:48.52	
59 Garcia, Carlos	09 St. Albert, CB	23:50.76	37
60 Kuenzli, Jeremiah	09 St. Albert, CB	23:57.46	38
61 Bevard, Aiden	09 Cb, A Lincoln	24:06.61	
62 Greteman, Cooper	11 Kuemper Cath	24:11.90	39
63 Washburn, Iyzak	10 Clarinda	24:14.80	40
64 Allen, Aiden	11 Heartland Christ	24:28.78	
65 Peterson, Dakota	09 Underwood	24:32.63	
66 Sternberg, Ruger	09 Treynor	24:34.79	
67 Guerrero, Gabriel	11 Bishop Heelan	25:07.70	
68 Munoz, Christofer	09 Bishop Heelan	25:07.93	
69 Ellison, Karter	10 Atlantic	25:08.34	
70 Anderson, Brady	10 Red Oak	25:35.56	
71 Sollazzo, Abel	10 Cb, A Lincoln	25:47.35	
72 Sweeney, Tyler	09 Atlantic	26:00.98	
73 Blake, David	11 Atlantic	26:12.16	
74 Brown, Parker	10 Bishop Heelan	26:21.26	
75 Bouska, Austin	09 St. Albert, CB	26:40.05	41
76 Miller, Jaxton	11 Cb, A Lincoln	26:48.79	
77 Dial, Braxton	09 Kuemper Cath	26:51.61	42
78 Githaiga, Elijah	09 Clarinda	27:48.50	43
79 Skalberg, Nathaniel	11 Red Oak	29:30.54	
80 Lawslo, Tyler	12 Cb, A Lincoln	34:06.69	
81 Hernandez-Ceballos, Alex	09 Cb, A Lincoln	35:05.90	
82 Crawford, Brody	10 Cb, A Lincoln	35:29.08	
83 Vargas, Kellen	11 Cb, A Lincoln	35:43.78	
-- Gonzalez, Axel	11 Bishop Heelan	DNS	
-- Davis, Sean	10 St. Albert, CB	DNS	
-- Mackey, Isaac	11 Logan-Magnolia	DNS	
-- Pullen, Ryder	11 Clarinda	DNS	
-- Elings, Dominic	11 Atlantic	DNS	
-- Kurth, Hayden	10 Bishop Heelan	DNS	
-- Mather, Luke	12 Shenandoah	DNS	
-- Roberts, Joe	09 Boyer Valley	DNS	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Men

1 Cb, A Lincoln 44 5 6 8 12 13 18 21

Total Time: 1:38:59.56

Average: 19:47.92

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****....Event 5 Boys 5k Run CC Junior Varsity**

2	Glenwood	55	4	7	11	16	17	20	24
	Total Time:	1:40:00.38							
	Average:	20:00.08							
3	Atlantic	85	9	14	15	22	25	27	34
	Total Time:	1:42:37.87							
	Average:	20:31.58							
4	Bishop Heelan	99	2	19	23	26	29	30	32
	Total Time:	1:43:14.72							
	Average:	20:38.95							
5	Kuemper Cath	127	3	10	33	39	42		
	Total Time:	1:51:52.37							
	Average:	22:22.48							
6	St. Albert, CB	148	1	31	37	38	41		
	Total Time:	1:53:50.31							
	Average:	22:46.07							
7	Clarinda	182	28	35	36	40	43		
	Total Time:	1:59:49.69							
	Average:	23:57.94							

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****Event 9 Girls 2400 Meter Run CC Junior High**

Name	Year	School	Finals	Points
Results - Women				
1 Cochran, Clara	07	Tri-Center	13:13.66	
2 Richard, Evie	07	Ahstw	13:44.49	1
3 Peterson, Penelope	07	Ehk-Exira	14:08.05	2
4 Rosauer, Brynlee	07	Glenwood	14:11.58	3
5 Dittmer, Vivian	07	Tri-Center	14:23.55	
6 Harris, Jersey	08	Ahstw	14:30.40	4
7 Thomas, Jocelyn	08	Underwood	14:32.48	5
8 Sweeney, Emma	08	Tri-Center	14:38.75	
9 Coffman, Hendryx	08	Atlantic	14:42.20	6
10 Gorham, Vera	08	Boyer Valley	14:44.16	
11 Robbins, Payton	07	Logan-Magnolia	14:45.15	7
12 Geraghty, Hailey	08	Ahstw	14:46.01	8
13 Gochenour, Claire	07	Logan-Magnolia	14:48.24	9
14 Konecny, Madison	07	Logan-Magnolia	14:53.84	10
15 McCurdy, Lucy	08	Atlantic	14:57.27	11
16 Murray, Savannah	07	Underwood	14:59.04	12
17 Waters, Mayli	08	Atlantic	15:07.89	13
18 Anderson, Lacy	08	Harlan	15:12.88	14
19 Seidl, Halle	07	Kuemper Cath	15:17.36	15
20 Krieger, Haddie	07	Kuemper Cath	15:19.58	16
21 Aho, Ellie	07	Underwood	15:23.81	17
22 Diehm, Zalie	07	Heartland Christ	15:34.72	
23 Horton, Cecilia	07	Treynor	15:38.55	
24 Pick, Nora	07	Kuemper Cath	15:43.45	18
25 Rasmussen, Haprer	07	Ehk-Exira	15:47.17	19
26 Nelson, Avalin	08	Atlantic	15:54.95	20
27 Wousdstra, Attalia	07	Ehk-Exira	15:57.37	21
28 Hastert, Alivia	07	Harlan	16:02.11	22
29 Prest, Noelle	07	MO Valley	16:03.29	
30 Allspach, Harper	08	Ahstw	16:07.33	23
31 Begley, Rylie	08	Atlantic	16:08.78	24
32 Naughton, Elsa	07	Kirn Middle School	16:12.94	25
33 Watson, Ella	07	Kirn Middle School	16:13.95	26
34 Swinford, Molly	07	Glenwood	16:21.20	27
35 Norton, Annalisa	07	Clarinda	16:21.55	
36 Brummett, Elena	08	Underwood	16:24.93	28
37 Wright, Gentry	07	Glenwood	16:32.64	29
38 Martin, Kya	08	Ahstw	16:36.42	30
39 Smith, Aubree	08	Ahstw	16:37.18	31
40 Andersen, Hadley	07	Ehk-Exira	16:44.61	32
41 Hedeem, Kaylee	08	Kuemper Cath	16:49.69	33
42 Higgins, Paige	07	MO Valley	16:50.60	
43 Zimmer, Nora	08	Underwood	16:56.80	34
44 Klindt, Blakely	07	Boyer Valley	16:57.32	
45 Leick, Emily	08	Glenwood	17:01.43	35
46 Dunn, Keira	07	Logan-Magnolia	17:02.69	36
47 Reischl, Brinkley	08	Harlan	17:10.87	37
48 Hughes, Tessa	08	Glenwood	17:14.70	38
49 Prusha, Hayden	08	Glenwood	17:21.72	39
50 Hoskins, Michaela	08	Clarinda	17:26.97	
51 Cavanaugh, Lyla	07	Kirn Middle School	17:32.79	40
52 Tripp, Adlee	07	Kirn Middle School	17:40.96	41

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****....Event 9 Girls 2400 Meter Run CC Junior High**

6	Glenwood	132	3	27	29	35	38	39	47
	Total Time:	1:21:21.55							
	Average:	16:16.31							
7	Kuemper Cath	134	15	16	18	33	52	54	55
	Total Time:	1:26:28.78							
	Average:	17:17.76							
8	Harlan	164	14	22	37	45	46	49	
	Total Time:	1:24:34.06							
	Average:	16:54.82							
9	Kirn Middle School	176	25	26	40	41	44		
	Total Time:	1:25:25.16							
	Average:	17:05.04							

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****Event 10 Boys 2400 Meter Run CC Junior High**

Name	Year	School	Finals	Points
Results - Men				
1 Thayer, Noah	07	Logan-Magnolia	10:52.45	1
2 Bateman, Noah	08	Atlantic	11:33.86	
3 Weinreich, Chipper	08	Clarinda	11:34.01	2
4 Sonderman, Benjamin	08	Harlan	11:51.11	3
5 Buttry, Kyler	08	Shenandoah	12:00.29	4
6 Wright, Landon	08	Glenwood	12:05.68	5
7 Daoust, Ethan	08	Shenandoah	12:10.86	6
8 McCarthy, Flynn	08	Ahstw	12:25.36	
9 Hanigan, Deaglan	08	Boyer Valley	12:34.27	
10 Drogo, Oliver	07	Atlantic	12:35.05	
11 Pierce, Karson	07	East Mills	12:35.17	
12 Stone, Tristan	08	Glenwood	12:39.54	7
13 Riddle, Cooper	08	Clarinda	12:39.80	8
14 Sullivan, Daniel	08	Boyer Valley	12:52.99	
15 Odell, Finn	08	MO Valley	12:56.06	9
16 Pyle, Bradley	08	Glenwood	13:01.35	10
17 Rasmussen, Jacob	08	East Mills	13:03.64	
18 Kinstler, Eli	08	Shenandoah	13:05.82	11
19 Sward, Wiley	08	Tri-Center	13:06.61	12
20 Kauffman, Micah	08	Glenwood	13:07.52	13
21 Pick, Landry	08	Kuemper Cath	13:08.02	14
22 Blake, Brayton	08	Clarinda	13:16.31	15
23 Cowell, Mason	08	Glenwood	13:19.27	16
24 Heslink, Evan	08	Harlan	13:19.70	17
25 Wright, Abram	07	Glenwood	13:23.20	18
26 Hanisch, Jack	07	Shenandoah	13:24.04	19
27 Brown, Gavin	07	Shenandoah	13:34.24	20
28 Ford, Rykken	07	East Mills	13:44.02	
29 Ahrens, Keelo	08	Harlan	13:49.09	21
30 Perry, Noah	07	Ehk-Exira	13:57.37	
31 Walker, Pierce	08	Treynor	14:00.12	22
32 Anderson, Samuel	08	Treynor	14:02.19	23
33 Schneckloth, Hank	07	Tri-Center	14:03.19	24
34 Milligan, Connor	07	Kuemper Cath	14:04.46	25
35 Krieger, Harrison	08	Kuemper Cath	14:12.71	26
36 Sorensen, Owen	08	Glenwood	14:14.24	27
37 Glenn, Harvey	07	St. Albert, CB	14:17.25	
38 Wallace, Braden	07	Glenwood	14:19.72	
39 Kerkmann, Asher	08	Treynor	14:20.67	28
40 Sieh, Wyatt	07	Ahstw	14:20.84	
41 Trede, Jack	07	Kirn Middle School	14:21.40	29
42 Petersen, Jake	08	Boyer Valley	14:21.98	
43 G'Sell, Benjamin	07	Kuemper Cath	14:23.14	30
44 McDuff, Mason	08	Atlantic	14:24.84	
45 Sealock, Brandt	07	Underwood	14:26.07	31
46 Brunken, Ryder	08	Logan-Magnolia	14:30.68	32
47 Leaders, Bryce	08	Underwood	14:30.92	33
48 Whigham, Jonah	08	Underwood	14:31.06	34
49 Hook, Mason	08	Glenwood	14:31.28	
50 Zaiger, Brett	07	Harlan	14:33.67	35
51 Krzycki, Drake	07	Glenwood	14:34.34	
52 Walter, Ludwig	08	Glenwood	14:36.31	

2026 Glenwood XC Meet - 9/28/2026**Glenwood HS****Results****....Event 10 Boys 2400 Meter Run CC Junior High**

53 Johnson, Elliott	07 MO Valley	14:36.80	36
54 Reckinger, Liam	08 Glenwood	14:38.58	
55 Winship, Austin	08 St. Albert, CB	14:41.13	
56 Forbush, Wesley	07 Underwood	14:44.92	37
57 Peverill, Henry	07 Glenwood	14:46.76	
58 Sorensen, Cooper	07 Harlan	14:51.76	38
59 Johnson, Mark	08 Glenwood	14:51.80	
60 Rosmann, Xavier	08 Harlan	14:54.80	39
61 schneckloth, Marshall	07 Heartland Christ	14:56.17	
62 McGoldrick, Dillon	07 Glenwood	14:57.37	
63 Sandquist, Timothy	07 Harlan	14:57.61	40
64 Vonnahme, Henry	07 Kuemper Cath	15:01.10	41
65 Harrington, Everett	08 Underwood	15:10.67	42
66 King, Jordan	07 Clarinda	15:14.75	43
67 Badding, Baxter	07 Kuemper Cath	15:16.76	44
68 Corrin, James	07 Tri-Center	15:17.88	45
69 Taylor, Micah	07 Kirn Middle School	15:21.58	46
70 Ramsey, Zachary	08 St. Albert, CB	15:23.21	
71 Andersen, Carter	07 Harlan	15:23.40	
72 Jacobsen, Julius	07 Underwood	15:27.92	47
73 Scherer, Blake	07 Tri-Center	15:30.04	48
74 Mullanix, Jesse	08 Glenwood	15:36.59	
75 Townsend, Greyson	08 Underwood	15:42.22	49
76 Mentzer, Matthew	07 Treynor	15:43.15	50
77 Turner, Rome	07 Underwood	15:48.08	
78 Johnson, Brayton	07 Shenandoah	15:48.65	51
79 Gross, Callen	07 Logan-Magnolia	15:50.05	52
80 Walker, Andrew	07 Heartland Christ	16:00.31	
81 VanNordstrand, Kevin	07 Tri-Center	16:10.40	53
82 Grimes, Remi	08 Clarinda	16:10.43	54
83 Fahrenkrug, Joshua	08 Treynor	16:14.88	55
84 Spanier, Cash	07 Treynor	16:16.97	56
85 Wulf, Hudson	08 Treynor	16:20.00	57
86 Allen, Carter	07 Glenwood	16:20.55	
87 Simmons, Henry	07 Underwood	16:25.47	
88 Hansen, Brey	08 EHK-Exira	16:41.23	
89 McDonald, Dylan	07 Tri-Center	16:43.83	58
90 Hanson, Kody Tripp	07 Shenandoah	16:53.88	59
91 Biederman, Thomas	07 Treynor	16:57.10	
92 Nenneman, Hayden	08 Glenwood	17:04.65	
93 Krieger, Hollis	07 Kuemper Cath	17:08.15	60
94 Wigington, Jaydan	08 Underwood	17:22.74	
95 Witthauer, Corbin	08 Tri-Center	17:26.89	61
96 Westwood, Jonah	08 MO Valley	17:28.63	62
97 Hughes, Caleb	08 Kirn Middle School	17:30.70	63
98 Hartley, Easton	08 Glenwood	17:39.06	
99 Brunken, Benjamin	08 Logan-Magnolia	17:52.44	64
100 Felner, Titus	08 MO Valley	18:00.52	65
101 Hansen, Michael	07 Ahstw	18:27.03	
102 Liljedahl, Parker	08 Clarinda	18:27.06	66
103 Napier, Daniel	07 Kirn Middle School	19:00.75	67
104 Long, Jacen	07 Glenwood	19:09.03	
105 Worthington, Henry	07 EHK-Exira	19:13.21	
106 Larson, Orrin	08 MO Valley	19:45.87	68
107 Smith, Rylan	07 Harlan	20:27.07	

Results

1	Glenwood		51	5	7	10	13	16	18	27
	Total Time:	1:04:13.36								
	Average:	12:50.68								
2	Shenandoah		60	4	6	11	19	20	51	59
	Total Time:	1:04:15.25								
	Average:	12:51.05								
3	Harlan		114	3	17	21	35	38	39	40
	Total Time:	1:08:25.33								
	Average:	13:41.07								
4	Clarinda		122	2	8	15	43	54	66	69
	Total Time:	1:08:55.30								
	Average:	13:47.06								
5	Kuemper Cath		136	14	25	26	30	41	44	60
	Total Time:	1:10:49.43								
	Average:	14:09.89								
6	Underwood		177	31	33	34	37	42	47	49
	Total Time:	1:13:23.64								
	Average:	14:40.73								
7	Treynor		178	22	23	28	50	55	56	57
	Total Time:	1:14:21.01								
	Average:	14:52.21								
8	Tri-Center		182	12	24	45	48	53	58	61
	Total Time:	1:14:08.12								
	Average:	14:49.63								
9	Logan-Magnolia		221	1	32	52	64	72		
	Total Time:	1:22:07.38								
	Average:	16:25.48								
10	MO Valley		240	9	36	62	65	68	70	71
	Total Time:	1:22:47.88								
	Average:	16:33.58								
11	Kirn Middle School		278	29	46	63	67	73		
	Total Time:	1:31:52.36								
	Average:	18:22.48								