

2026 HEMPSTEAD XC

Dubuque, IA
 Anamosa Middle School
 Host: Dubuque Hempstead
 Thursday, August 27, 2026

MEET OFFICIALS

Meet Director:
 Eric Miller
Meet Referee:
 Terry Fisher
Timing:
 B&W Racing Services LLC



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Race #1
High School Girls 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.
1 Wahlert Dubuque	37	2-3-9-11-12(13)(14)	1:46:06	21:14
2 Dubuque Hempstead	53	4-5-7-18-19(20)(23)	1:49:59	22:00
3 Maquoketa	74	6-8-15-16-29(34)	1:53:13	22:39
4 Central DeWitt	89	1-17-21-22-28(30)(31)	1:52:49	22:34
5 Cascade Western Du	112	10-24-25-26-27(32)(33)	1:57:52	23:35

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	Team	Score	Time	Gap
40 SCHNEIDER, Stella	SO	Wahlert Dubuq	-	24:28.4	5:09.9
41 EGGERS, Briley	FR	Maquoketa	29	24:46.6	5:28.1
42 KLOSTERMANN, Mari	SR	Central DeWitt	(30)	24:47.6	5:29.1
43 TROFTGRUBIN, Teres	JR	Dubuque Hemp	-	25:30.6	6:12.1
44 WALLS, Brooklyn	SO	Central DeWitt	(31)	25:40.7	6:22.2
45 HOUSELOG, Stella	JR	Dubuque Hemp	-	25:52.8	6:34.3
46 SUNDAY, Ella	JR	Central DeWitt	-	25:58.7	6:40.2
47 WILKE, Jacqueline	JR	Central DeWitt	-	26:01.8	6:43.3
48 KALLBACK, Josie	SR	Dubuque Hemp	-	26:30.8	7:12.3
49 ROLING, Carsyn	JR	Dubuque Hemp	-	26:37.3	7:18.8
50 SAUL, Abigail	SO	Dubuque Hemp	-	26:37.9	7:19.4
51 CONRAD, Carley	JR	Cascade Weste	(32)	26:53.1	7:34.6
52 BOYLE, Sarah	JR	Cascade Weste	(33)	27:22.7	8:04.2
53 BURKE, Eva	SO	Central DeWitt	-	28:27.5	9:09.0
54 MOOTZ, Jo	SR	Dubuque Hemp	-	28:29.4	9:10.9
55 STROUD, Talia	FR	Central DeWitt	-	30:51.7	11:33.
56 XU, Queena	FR	Dubuque Hemp	-	30:54.6	11:36.
57 WAGENER, Lily	SR	Dubuque Hemp	-	31:14.2	11:55.
58 ABIERA, Abrielle Reine	SO	Dubuque Hemp	-	32:14.6	12:56.
59 DAVIS, Aubrey	SO	Dubuque Hemp	-	32:43.8	13:25.
60 PETERSEN, Faith	JR	Central DeWitt	-	32:56.8	13:38.
61 NELSON, Ella	SR	Maquoketa	(34)	34:18.7	15:00.
-- PETERS, Hailee	SR	Central DeWitt	-		
-- WEAVER, Schatzi	FR	Dubuque Hemp	-		
-- PITZ, Paige	SR	Dubuque Hemp	-		
-- SUPPLE, Eloise	FR	Cascade Weste	-		
-- BELLMAN, Rebecca	JR	Dubuque Hemp	-		
-- IHNS, Clara	SR	Maquoketa	-		
-- IHNS, Charlotte	JR	Maquoketa	-		
-- VOSS, Claire	SO	Wahlert Dubuq	-		
-- LUEKEN, Lucy	SR	Wahlert Dubuq	-		
-- BERNING, Willa	SR	Wahlert Dubuq	-		
-- SOENKSEN, Aria	SO	Central DeWitt	-		
-- VANDERGINST, Izzy	SR	Central DeWitt	-		

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap
1 APPLEBY, Ashlyn	JR	Central DeWitt	1	19:18.5	---
2 MILLER, Sloan	FR	Wahlert Dubuq	2	19:35.1	16.6
3 ROHNER, Ella	SR	Wahlert Dubuq	3	20:14.0	55.5
4 LEITZEN, Natalie	SR	Dubuque Hemp	4	20:58.1	1:39.6
5 HEIBERGER, Chelsea	JR	Dubuque Hemp	5	20:58.8	1:40.3
6 HACKMAN, Natalie	JR	Maquoketa	6	21:11.1	1:52.6
7 PELEGRIN, Zoey	SO	Dubuque Hemp	7	21:55.4	2:36.9
8 IRWIN, Natalie	FR	Maquoketa	8	21:57.3	2:38.8
9 DIEKMAN, Grace	FR	Wahlert Dubuq	9	21:57.9	2:39.4
10 KEDLEY, Addie	8	Cascade Weste	10	21:58.6	2:40.1
11 BURKE, Grace	JR	Wahlert Dubuq	11	22:06.7	2:48.2
12 ROHNER, Mya	SO	Wahlert Dubuq	12	22:11.7	2:53.2
13 ENGLEMAN, Sienna	SO	Wahlert Dubuq	(13)	22:12.2	2:53.7
14 DEAN, Emma	SR	Wahlert Dubuq	(14)	22:17.2	2:58.7
15 BUTTZ, Riley	JR	Maquoketa	15	22:34.7	3:16.2
16 WAGNER, Iris	FR	Maquoketa	16	22:43.1	3:24.6
17 TAGUE, Trinity	SO	Central DeWitt	17	22:45.2	3:26.7
18 MONTES, Layton	FR	Dubuque Hemp	18	23:01.0	3:42.5
19 FOUST, Willa	SO	Dubuque Hemp	19	23:05.6	3:47.1
20 FREUND, Hazel	SO	Dubuque Hemp	(20)	23:07.9	3:49.4
21 SPEAS, Avery	SO	Central DeWitt	21	23:10.3	3:51.8
22 FIELDING, Hailey	SR	Central DeWitt	22	23:10.6	3:52.1
23 THIELEN, Claire	SR	Wahlert Dubuq	-	23:11.2	3:52.7
24 DRISCOLL, Gracie	SR	Dubuque Hemp	(23)	23:20.0	4:01.5
25 UNSEN, Mallory	SR	Wahlert Dubuq	-	23:27.8	4:09.3
26 DEAN, Lindsey	FR	Wahlert Dubuq	-	23:30.8	4:12.3
27 SHEDEK, Addison	SO	Dubuque Hemp	-	23:45.5	4:27.0
28 WILSON, Everly	FR	Dubuque Hemp	-	23:50.3	4:31.8
29 GREEN, Ella	SO	Cascade Weste	24	23:50.7	4:32.2
30 BELKEN, Tessa	JR	Wahlert Dubuq	-	23:59.3	4:40.8
31 BOFFELI, Lauren	FR	Cascade Weste	25	24:00.1	4:41.6
32 TOPPING, Addy	JR	Cascade Weste	26	24:00.9	4:42.4
33 TRUMM, Katelyn	FR	Cascade Weste	27	24:01.1	4:42.6
34 SELL, Everlie	SR	Wahlert Dubuq	-	24:02.8	4:44.3
35 FITZPATRICK, Brynn	SO	Wahlert Dubuq	-	24:13.3	4:54.8
36 WELTER, Sophie	JR	Dubuque Hemp	-	24:21.6	5:03.1
37 LEISTIKOW, Adalyn	JR	Central DeWitt	28	24:24.2	5:05.7
38 KEELER, Ella	FR	Wahlert Dubuq	-	24:26.6	5:08.1
39 HENN, Lila	FR	Wahlert Dubuq	-	24:27.8	5:09.3

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Dubuque, IA

Anamosa Middle School

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Eric Miller

Meet Referee:

Terry Fisher

Timing:

B&W Racing Services LLC

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**Race #2
High School Boys 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.
1 Dubuque Hempstead	27	3-4-5-6-9(10)(11)	1:24:28	16:54
2 Central DeWitt	45	1-2-7-15-20(21)(23)	1:27:25	17:29
3 Wahlert Dubuque	63	8-12-13-14-16(18)(19)	1:27:57	17:36
4 Maquoketa	127	22-24-26-27-28(30)	1:42:03	20:25
5 Cascade Western Du	134	17-25-29-31-32	1:47:29	21:30

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	Team	Score	Time	Gap
40 HENN, Austin	SO	Wahlert Dubuq	-	20:01.5	3:37.0
41 KUETER, Jack	FR	Dubuque Hemp	-	20:03.4	3:38.9
42 AUER, John Paul	SR	Wahlert Dubuq	-	20:05.9	3:41.4
43 RICHARDSON, Winsto	FR	Dubuque Hemp	-	20:07.5	3:43.0
44 MARICLE, Beckham (B	SR	Central DeWitt	-	20:13.2	3:48.7
45 REICKS, Joel	JR	Wahlert Dubuq	-	20:14.1	3:49.6
46 BUTTZ, Kai	FR	Maquoketa	24	20:19.9	3:55.4
47 DAVIS, Carter	SO	Dubuque Hemp	-	20:21.6	3:57.1
48 MANTERNACH, Bento	SO	Cascade Weste	25	20:25.3	4:00.8
49 WIEBENGA, Thomas	JR	Maquoketa	26	20:27.7	4:03.2
50 SMITH, Lawrence	SO	Wahlert Dubuq	-	20:30.3	4:05.8
51 BUSCH, Mason	SO	Dubuque Hemp	-	20:31.5	4:07.0
52 MISIAGBECKLER, Pie	SR	Dubuque Hemp	-	20:31.6	4:07.1
53 WAGNER, Ian	FR	Dubuque Hemp	-	20:31.9	4:07.4
54 HAYDEN, Nolan	SR	Wahlert Dubuq	-	20:32.5	4:08.0
55 COOK, Mj	SO	Dubuque Hemp	-	20:33.0	4:08.5
56 MACHAEL, Gavin	JR	Maquoketa	27	20:45.2	4:20.7
57 BONNEY, Jasper	SO	Maquoketa	28	20:45.6	4:21.1
58 CALLAHAN, Jack	FR	Wahlert Dubuq	-	20:45.9	4:21.4
59 HERBER, Silas	SO	Dubuque Hemp	-	21:11.5	4:47.0
60 DANIELS, Evan	SO	Central DeWitt	-	21:12.8	4:48.3
61 TYLER, Noah	SO	Dubuque Hemp	-	21:20.2	4:55.7
62 BURLEY, Owen	FR	Wahlert Dubuq	-	21:34.3	5:09.8
63 SARTORI, Corbin	SO	Wahlert Dubuq	-	22:10.6	5:46.1
64 NEWLIN, Finnegan	SR	Wahlert Dubuq	-	22:15.5	5:51.0
65 SCHULTZ, Rylan	SO	Dubuque Hemp	-	22:16.1	5:51.6
66 FAULHABER, Aiden	SO	Central DeWitt	-	22:20.6	5:56.1
67 KLAPATAUSKAS, Jon	SR	Wahlert Dubuq	-	22:28.4	6:03.9
68 IVANOV, Sam	FR	Wahlert Dubuq	-	22:28.4	6:03.9
69 WILLIAMS, Caleb	JR	Cascade Weste	29	22:29.1	6:04.6
70 WALLACE, Bryghton	FR	Central DeWitt	-	22:34.6	6:10.1
71 IRONSIDE, Henry	JR	Dubuque Hemp	-	22:39.0	6:14.5
72 WAGNER, Elijah	JR	Dubuque Hemp	-	22:40.1	6:15.6
73 MOORE, Tucker	JR	Maquoketa	(30)	22:41.2	6:16.7
74 TUCKER, Kevin	FR	Wahlert Dubuq	-	22:44.0	6:19.5
75 DIDELOT, Jude	FR	Dubuque Hemp	-	22:47.1	6:22.6
76 SMITH, Russell	FR	Cascade Weste	31	22:50.0	6:25.5
77 KRETZ, Broden	JR	Dubuque Hemp	-	22:56.1	6:31.6
78 STROUD, Drew	JR	Central DeWitt	-	23:00.1	6:35.6
79 CONTER, Carter	SO	Cascade Weste	32	23:06.6	6:42.1
80 CRUSE, Wyatt	SO	Dubuque Hemp	-	23:08.0	6:43.5
81 LABARR, Mikah	SO	Central DeWitt	-	23:20.4	6:55.9
82 GREEN, Bastian	SO	Central DeWitt	-	23:30.9	7:06.4
83 FIELDING, Jacob	FR	Central DeWitt	-	23:31.9	7:07.4
84 BILLMEYER, Lukas	SR	Dubuque Hemp	-	23:32.7	7:08.2
85 GRAVERT, Jack	SR	Central DeWitt	-	23:33.0	7:08.5

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap
1 OLSON, Kyle	SR	Central DeWitt	1	16:24.5	---
2 NIEMANN, Cole	SO	Central DeWitt	2	16:26.3	1.8
3 MALONEY, Henry	SR	Dubuque Hemp	3	16:39.7	15.2
4 COOLEY, Aidan	SR	Dubuque Hemp	4	16:41.9	17.4
5 FROISTAD, Talon	SR	Dubuque Hemp	5	16:55.8	31.3
6 SPAHN, Charlie	JR	Dubuque Hemp	6	16:58.6	34.1
7 GARRISON, James	SO	Central DeWitt	7	16:59.1	34.6
8 MURPHY, Sam	SO	Wahlert Dubuq	8	17:01.7	37.2
9 ELLERBECK, Zenner	SO	Dubuque Hemp	9	17:11.5	47.0
10 ELLERBACH, Ben	SR	Dubuque Hemp	(10)	17:12.8	48.3
11 SPRIGGS, Mason	SR	Dubuque Hemp	(11)	17:19.1	54.6
12 KIRBY, Will	SR	Wahlert Dubuq	12	17:22.4	57.9
13 OCHOA, Mateo	FR	Wahlert Dubuq	13	17:37.5	1:13.0
14 RISMA, Nolan	JR	Dubuque Hemp	-	17:39.8	1:15.3
15 BERNING, Aloysius	SO	Wahlert Dubuq	14	17:49.2	1:24.7
16 JOHNSTON, Lane	SO	Central DeWitt	15	17:59.8	1:35.3
17 PETERSON, Christoph	JR	Dubuque Hemp	-	18:00.7	1:36.2
18 NOEL, Austin	SO	Dubuque Hemp	-	18:05.9	1:41.4
19 CONNELLY, Niles	SR	Wahlert Dubuq	16	18:05.9	1:41.4
20 FROISTAD, Nolan	SO	Dubuque Hemp	-	18:21.6	1:57.1
21 KALLBACK, Andrew	SO	Dubuque Hemp	-	18:30.0	2:05.5
22 CALLAHAN, Tanner	FR	Cascade Weste	17	18:37.4	2:12.9
23 OBERFOELL, Truman	SO	Wahlert Dubuq	(18)	18:38.8	2:14.3
24 WOLBERS, Gavin	SR	Wahlert Dubuq	(19)	18:52.2	2:27.7
25 MEYER, Tegan	SO	Wahlert Dubuq	-	18:53.9	2:29.4
26 MCNAMARA, Will	SO	Wahlert Dubuq	-	19:10.0	2:45.5
27 GOLDSMITH, Sam	SR	Dubuque Hemp	-	19:12.2	2:47.7
28 HOPPENJAN, Vincent	SO	Wahlert Dubuq	-	19:18.2	2:53.7
29 CEARLOCK, Liam	SO	Wahlert Dubuq	-	19:22.2	2:57.7
30 COOLEY, Christian	8	Dubuque Hemp	-	19:24.5	3:00.0
31 FERN, Emmett	SO	Dubuque Hemp	-	19:25.8	3:01.3
32 KINRADE, Elias	SR	Central DeWitt	20	19:34.8	3:10.3
33 DODDS, Jude	SO	Wahlert Dubuq	-	19:38.4	3:13.9
34 ZIMMER, Cameron	JR	Central DeWitt	(21)	19:39.2	3:14.7
35 GERARDY, Brenden	SO	Maquoketa	22	19:44.4	3:19.9
36 THOMAS, Chase	SO	Dubuque Hemp	-	19:44.7	3:20.2
37 RYAN, Gavin	FR	Dubuque Hemp	-	19:45.9	3:21.4
38 PAARMANN, Benjamin	JR	Central DeWitt	(23)	19:49.8	3:25.3
39 LONG, Gage	JR	Dubuque Hemp	-	19:51.2	3:26.7

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Race #2
High School Boys 5K**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap
86 HENSLEY, Chase	SO	Dubuque Hemp	-	23:34.1	7:09.6
87 KRAMER, Roman	FR	Central DeWitt	-	23:42.8	7:18.3
88 REED, Griffin	JR	Central DeWitt	-	23:48.0	7:23.5
89 DOERSCHER, Ben	FR	Central DeWitt	-	23:57.5	7:33.0
-- STOKER, Colby	SO	Central DeWitt	-		
-- PFEIFLE, Sam	SR	Central DeWitt	-		
-- PARKETON, Kellan	SO	Central DeWitt	-		
-- NEUBERG, Forest	SO	Central DeWitt	-		
-- MELVIN, Patrick	SR	Central DeWitt	-		
-- LEWIS, Isaac	SR	Central DeWitt	-		
-- LANGE, Weston	SO	Central DeWitt	-		
-- KINRADE, Liam	SR	Central DeWitt	-		
-- KARKI, Shubarna	SO	Central DeWitt	-		
-- FARMER, Miykala	SO	Central DeWitt	-		
-- BURKE, David	JR	Central DeWitt	-		
-- RUNDE, Devin	SR	Dubuque Hemp	-		
-- ROSEMEYER, Brody	SR	Dubuque Hemp	-		
-- LUECK, Levi	FR	Dubuque Hemp	-		
-- KANE, Conor	JR	Dubuque Hemp	-		
-- GIANNAKOUIROS, Pa	SR	Dubuque Hemp	-		
-- BOBIS, Wes	FR	Dubuque Hemp	-		
-- BENNETT, Jesse	SR	Dubuque Hemp	-		
-- JOHNSON, Corey	FR	Maquoketa	-		
-- CORNWELL, Noah	JR	Maquoketa	-		
-- WALLACE, Aiden	FR	Wahlert Dubuq	-		
-- Klapatauskas, Pet	SO	Wahlert Dubuq	-		
-- KEPPLER, Barnie	FR	Wahlert Dubuq	-		
-- FLANAGAN, Daniel	SR	Wahlert Dubuq	-		
-- FITZ, Max	FR	Wahlert Dubuq	-		
-- EVEN, Jackson	FR	Wahlert Dubuq	-		
-- ALT, Christian	JR	Wahlert Dubuq	-		