

2026 IOWA CLASS 3A STATE QUALIFIER - INDEPENDENCE

Independence, IA
MHI Cross Country Course
Host: Independence
Wednesday, October 21, 2026

MEET OFFICIALS

Meet Director:
Justin Putz
Timing:
Shannon Event Timing



OFFICIAL MEET REPORT
printed: 10/21/2026 4:37 PM

Race #1
HS Girls 5K

Final Results

RACE SUMMARY

Start Time: 4:00 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Wahlert DubuqueQ	60	5-7-8-19-21(32)(34)	1:42:29	20:30	1:44.9
2 SolonQ	74	6-9-17-20-22(25)(27)	1:44:02	20:49	0:58.8
3 Mount Vernon-LisbonQ	93	1-15-18-28-31(38)(41)	1:42:27	20:30	4:16.3
4 Center Point-Urbana	108	2-23-24-29-30(39)(54)	1:45:10	21:02	2:28.4
5 Maquoketa	109	4-11-26-33-35(42)(51)	1:45:33	21:07	2:43.9
6 West Delaware Mancheste	139	12-13-16-46-52(57)(71)	1:48:54	21:47	3:01.0
7 Marion	144	10-14-37-40-43(45)(49)	1:48:48	21:46	2:14.2
8 Central DeWitt	216	3-44-50-58-61(63)(66)	1:54:47	22:58	5:28.8
9 Waverly-Shell Rock	278	48-55-56-59-60(64)(65)	2:01:03	24:13	1:25.1
10 Vinton-Shellsburg	315	36-67-68-69-75(78)	2:07:59	25:36	5:19.6
11 South Tama County Tama	336	53-62-72-73-76	2:10:50	26:10	4:16.5
12 Grinnell	347	47-70-74-77-79(80)	2:14:23	26:53	5:21.1

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 MOELLER, Evelyn Q	SR	2119	Mount Vernon-Lisb	1	17:25.73	---	5:36.2	3:29.1
2 CAUSEY, Aaliyah q	JR	2047	Center Point-Urban	2	19:07.61	1:41.88	6:09.0	3:49.5
3 APPLEBY, Ashlyn q	JR	2061	Central DeWitt	3	19:23.17	1:57.44	6:14.0	3:52.6
4 MILLER, Abigail q	8	2088	Maquoketa	4	19:25.68	1:59.95	6:14.8	3:53.1
5 MILLER, Sloan Q	FR	2171	Wahlert Dubuque	5	19:27.23	2:01.50	6:15.3	3:53.4
6 SEAMANS, Addison Q	JR	2133	Solon	6	20:14.31	2:48.58	6:30.5	4:02.9
7 ROHNER, Ella Q	SR	2176	Wahlert Dubuque	7	20:19.37	2:53.64	6:32.1	4:03.9
8 LUEKEN, Lucy Q	SR	2175	Wahlert Dubuque	8	20:27.33	3:01.60	6:34.6	4:05.5
9 NELSON, Livya (Liv) Q	JR	2132	Solon	9	20:27.59	3:01.86	6:34.7	4:05.5
10 DABROSKI, Emerson q	SO	2105	Marion	10	20:30.06	3:04.33	6:35.5	4:06.0
11 HACKMAN, Natalie q	JR	2093	Maquoketa	11	20:32.48	3:06.75	6:36.3	4:06.5
12 KARTMAN, Brynn q	SR	2203	West Delaware Ma	12	20:36.68	3:10.95	6:37.6	4:07.3
13 MILROY, Aurora q	FR	2198	West Delaware Ma	13	20:37.84	3:12.11	6:38.0	4:07.6
14 FISHER, Olivia q	JR	2106	Marion	14	20:38.52	3:12.79	6:38.2	4:07.7
15 PISARIK, Rose Q	SR	2120	Mount Vernon-Lisb	15	20:43.75	3:18.02	6:39.9	4:08.8
16 BARDGETT, Jeanne	JR	2201	West Delaware Ma	16	20:45.25	3:19.52	6:40.4	4:09.1
17 HINKLE, Laeni Q	SR	2134	Solon	17	20:58.87	3:33.14	6:44.8	4:11.8
18 SELLNER, Miranda Q	SR	2122	Mount Vernon-Lisb	18	20:59.89	3:34.16	6:45.1	4:12.0
19 DIEKMAN, Grace Q	FR	2170	Wahlert Dubuque	19	21:02.87	3:37.14	6:46.1	4:12.6
20 MAI, Kinley Q	JR	2131	Solon	20	21:07.55	3:41.82	6:47.6	4:13.5
21 BERNING, Willa Q	SR	2174	Wahlert Dubuque	21	21:12.11	3:46.38	6:49.0	4:14.4
22 SCHMIDT, Mailee Q	SO	2130	Solon	22	21:13.10	3:47.37	6:49.4	4:14.6
23 STUELKE, Trystan	FR	2045	Center Point-Urban	23	21:24.47	3:58.74	6:53.0	4:16.9
24 ESTLING, Karly	FR	2044	Center Point-Urban	24	21:25.33	3:59.60	6:53.3	4:17.1
25 ROLWES, Ava Q	SR	2135	Solon	(25)	21:26.18	4:00.45	6:53.6	4:17.2
26 IRWIN, Natalie	FR	2090	Maquoketa	26	21:33.96	4:08.23	6:56.1	4:18.8

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Race #1
HS Girls 5K**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
27 SVALSTAD, Falynd Q	SR	2136	Solon	(27)	21:35.00	4:09.27	6:56.4	4:19.0
28 RUPE, Caroline Q	SR	2121	Mount Vernon-Lisb	28	21:35.07	4:09.34	6:56.4	4:19.0
29 ESTLING, Grace	SR	2050	Center Point-Urban	29	21:35.75	4:10.02	6:56.6	4:19.2
30 CARDO, Penny	SO	2046	Center Point-Urban	30	21:35.92	4:10.19	6:56.7	4:19.2
31 TELECKY, Sorell Q	JR	2118	Mount Vernon-Lisb	31	21:42.01	4:16.28	6:58.7	4:20.4
32 BURKE, Grace Q	JR	2173	Wahlert Dubuque	(32)	21:43.59	4:17.86	6:59.2	4:20.7
33 BUTTZ, Riley	JR	2092	Maquoketa	33	21:50.71	4:24.98	7:01.5	4:22.1
34 ROHNER, Mya Q	SO	2172	Wahlert Dubuque	(34)	21:54.39	4:28.66	7:02.6	4:22.9
35 WAGNER, Iris	FR	2091	Maquoketa	35	22:09.55	4:43.82	7:07.5	4:25.9
36 SCHIRM, Ava	SO	2157	Vinton-Shellsburg	36	22:14.56	4:48.83	7:09.1	4:26.9
37 SCHOUTEN, Grace	SR	2108	Marion	37	22:19.33	4:53.60	7:10.7	4:27.9
38 STEWART, Charlie Q	SO	2117	Mount Vernon-Lisb	(38)	22:28.28	5:02.55	7:13.5	4:29.7
39 DUNN, Avanti	SR	2049	Center Point-Urban	(39)	22:28.55	5:02.82	7:13.6	4:29.7
40 BARND, Lillyan	FR	2102	Marion	40	22:35.07	5:09.34	7:15.7	4:31.0
41 JOHNSON, Torie Q	SO	2116	Mount Vernon-Lisb	(41)	22:36.80	5:11.07	7:16.3	4:31.4
42 IHNS, Charlotte	JR	2094	Maquoketa	(42)	22:39.90	5:14.17	7:17.3	4:32.0
43 BONIFAZI, Alivia	SO	2104	Marion	43	22:44.18	5:18.45	7:18.6	4:32.8
44 TAGUE, Trinity	SO	2059	Central DeWitt	44	22:46.31	5:20.58	7:19.3	4:33.3
45 FOPMA, Julia	FR	2103	Marion	(45)	22:52.75	5:27.02	7:21.4	4:34.6
46 LYNCH, Berkley	SO	2199	West Delaware Ma	46	23:15.98	5:50.25	7:28.9	4:39.2
47 ZYLSTRA, Kyliee	SR	2077	Grinnell	47	23:19.72	5:53.99	7:30.1	4:39.9
48 KAY, Allison	JR	2187	Waverly-Shell Rock	48	23:22.56	5:56.83	7:31.0	4:40.5
49 FRY, Emma	JR	2107	Marion	(49)	23:22.57	5:56.84	7:31.0	4:40.5
50 FIELDING, Hailey	SR	2064	Central DeWitt	50	23:23.30	5:57.57	7:31.2	4:40.7
51 EGGERS, Briley	FR	2089	Maquoketa	(51)	23:31.95	6:06.22	7:34.0	4:42.4
52 LYNCH, Charly	SR	2204	West Delaware Ma	52	23:37.64	6:11.91	7:35.8	4:43.5
53 GRAFF, Adalyn	8	2145	South Tama County	53	23:44.50	6:18.77	7:38.0	4:44.9
54 HOLMES, Lexi	SR	2048	Center Point-Urban	(54)	23:50.95	6:25.22	7:40.1	4:46.2
55 ZART, Esther	SO	2186	Waverly-Shell Rock	55	24:09.75	6:44.02	7:46.2	4:50.0
56 BUCHANAN, Emma	SR	2188	Waverly-Shell Rock	56	24:17.18	6:51.45	7:48.5	4:51.4
57 TWOMEY, Ava	JR	2202	West Delaware Ma	(57)	24:19.27	6:53.54	7:49.2	4:51.9
58 WILKE, Jacqueline	JR	2063	Central DeWitt	58	24:21.98	6:56.25	7:50.1	4:52.4
59 ENGELHARDT, Bella	SR	2189	Waverly-Shell Rock	59	24:25.76	7:00.03	7:51.3	4:53.2
60 MOORE, Holly	FR	2185	Waverly-Shell Rock	60	24:47.64	7:21.91	7:58.3	4:57.5
61 SPEAS, Avery	SO	2058	Central DeWitt	61	24:51.93	7:26.20	7:59.7	4:58.4
62 SAWYER, Piper	8	2146	South Tama County	62	24:53.80	7:28.07	8:00.3	4:58.8
63 WALLS, Brooklyn	SO	2060	Central DeWitt	(63)	24:56.16	7:30.43	8:01.1	4:59.2
64 NELSON, Kate	SR	2190	Waverly-Shell Rock	(64)	25:00.49	7:34.76	8:02.5	5:00.1
65 DOLASH, Holland	FR	2184	Waverly-Shell Rock	(65)	25:13.58	7:47.85	8:06.7	5:02.7
66 SUNDAY, Ella	JR	2062	Central DeWitt	(66)	25:24.35	7:58.62	8:10.1	5:04.9
67 VANWECHSEL, Brooklyn	SO	2158	Vinton-Shellsburg	67	25:35.46	8:09.73	8:13.7	5:07.1
68 VANDERHEIDEN, Brooklyn	JR	2161	Vinton-Shellsburg	68	26:12.03	8:46.30	8:25.5	5:14.4
69 ROLLINGER, Kara	SR	2162	Vinton-Shellsburg	69	26:22.54	8:56.81	8:28.9	5:16.5
70 HANZELKA-LANDUYT, Alivi	FR	2072	Grinnell	70	26:35.00	9:09.27	8:32.9	5:19.0
71 MORMANN, Adrian	SO	2200	West Delaware Ma	(71)	26:56.18	9:30.45	8:39.7	5:23.2
72 AHRENS, Anna	8	2144	South Tama County	72	27:02.05	9:36.32	8:41.6	5:24.4

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HS Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
73 SMITH, Livia	SR	2148	South Tama County	73	27:07.99	9:42.26	8:43.5	5:25.6
74 DANA, Hope	JR	2074	Grinnell	74	27:33.68	10:07.9	8:51.7	5:30.7
75 GRIMM, Chloe	JR	2160	Vinton-Shellsburg	75	27:34.07	10:08.3	8:51.9	5:30.8
76 BRANT, Katelynn	FR	2147	South Tama County	76	28:00.93	10:35.2	9:00.5	5:36.2
77 ASHING, Reese	JR	2073	Grinnell	77	28:13.64	10:47.9	9:04.6	5:38.7
78 BUNTEN, Maddie	JR	2159	Vinton-Shellsburg	(78)	28:21.50	10:55.7	9:07.1	5:40.3
79 EITEL, Lainie	JR	2075	Grinnell	79	28:40.82	11:15.0	9:13.3	5:44.2
80 MOORE, Madison	JR	2076	Grinnell	(80)	28:41.01	11:15.2	9:13.4	5:44.2

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Race #2
HS Boys 5K**Final Results****RACE SUMMARY**

Start Time: 4:40 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-LisbonQ	45	3-5-7-8-22(28)(46)	1:25:02	17:01	1:09.9
2 Central DeWittQ	52	4-6-9-12-21(50)(56)	1:25:18	17:04	0:53.9
3 Wahlert DubuqueQ	83	11-15-18-19-20(32)(33)	1:27:13	17:27	0:25.4
4 Marion	100	1-17-23-24-35(36)(52)	1:27:58	17:36	1:47.6
5 Waverly-Shell Rock	133	14-26-29-30-34(39)(40)	1:29:31	17:55	1:03.1
6 Grinnell	159	2-16-31-49-61(68)(71)	1:31:24	18:17	3:25.4
7 Solon	172	10-25-41-42-54(69)	1:32:25	18:29	2:26.9
8 Center Point-Urbana	210	27-38-45-47-53(58)(62)	1:34:18	18:52	1:33.6
9 South Tama County Tama	241	13-43-57-63-65(70)	1:36:46	19:22	3:18.6
10 West Delaware Mancheste	262	37-44-51-64-66(72)(75)	1:38:01	19:37	2:03.7
11 Vinton-Shellsburg	289	48-55-59-60-67(73)(74)	1:39:18	19:52	1:37.2
DNP Maquoketa					
DNP Independence					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 COOK, Collin q	JR	2099	Marion	1	16:31.29	---	5:18.7	3:18.3
2 WOLFE, Aden q	SR	2071	Grinnell	2	16:39.05	7.76	5:21.2	3:19.8
3 HAPPEL, Kyler Q	SR	2115	Mount Vernon-Lisb	3	16:41.48	10.19	5:22.0	3:20.3
4 OLSON, Kyle Q	SR	2057	Central DeWitt	4	16:43.49	12.20	5:22.7	3:20.7
5 ARMSTRONG, Anthony Q	SR	2113	Mount Vernon-Lisb	5	16:43.66	12.37	5:22.7	3:20.7
6 NIEMANN, Cole Q	SO	2053	Central DeWitt	6	16:43.93	12.64	5:22.8	3:20.8
7 TEAGUE, Connor Q	SO	2112	Mount Vernon-Lisb	7	16:48.22	16.93	5:24.2	3:21.6
8 SWART, Casey Q	FR	2111	Mount Vernon-Lisb	8	16:57.16	25.87	5:27.1	3:23.4
9 GARRISON, James Q	SO	2051	Central DeWitt	9	16:59.00	27.71	5:27.7	3:23.8
10 HOLMES, Anders q	JR	2128	Solon	10	17:05.90	34.61	5:29.9	3:25.2
11 MURPHY, Sam Q	SO	2166	Wahlert Dubuque	11	17:10.99	39.70	5:31.5	3:26.2
12 JOHNSTON, Lane Q	SO	2052	Central DeWitt	12	17:13.54	42.25	5:32.3	3:26.7
13 SCHIRMER, Max q	SO	2139	South Tama County	13	17:14.43	43.14	5:32.6	3:26.9
14 HOMMOWUN, Matthew q	JR	2181	Waverly-Shell Rock	14	17:14.99	43.70	5:32.8	3:27.0
15 OCHOA, Mateo Q	FR	2163	Wahlert Dubuque	15	17:18.02	46.73	5:33.8	3:27.6
16 SANDQUIST, Isaac	SR	2070	Grinnell	16	17:19.17	47.88	5:34.1	3:27.8
17 RAUSER, Dredan	SO	2096	Marion	17	17:20.59	49.30	5:34.6	3:28.1
18 CONNELLY, Niles Q	SR	2167	Wahlert Dubuque	18	17:31.79	1:00.50	5:38.2	3:30.4
19 MEYER, Tegan Q	SO	2165	Wahlert Dubuque	19	17:34.92	1:03.63	5:39.2	3:31.0
20 BERNING, Aloysius Q	SO	2164	Wahlert Dubuque	20	17:36.34	1:05.05	5:39.7	3:31.3
21 KINRADE, Liam Q	SR	2055	Central DeWitt	21	17:37.34	1:06.05	5:40.0	3:31.5
22 SWART, Adam Q	FR	2110	Mount Vernon-Lisb	22	17:51.32	1:20.03	5:44.5	3:34.3
23 NORTHWAY, Liam	SR	2101	Marion	23	17:52.33	1:21.04	5:44.8	3:34.5
24 SCHOUTEN, James	SO	2097	Marion	24	17:54.26	1:22.97	5:45.4	3:34.9
25 WADDELL, Deacon	JR	2129	Solon	25	17:54.41	1:23.12	5:45.5	3:34.9

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Race #2
HS Boys 5K**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
26 CALLAHAN, Landry	FR	2177	Waverly-Shell Rock	26	17:55.20	1:23.91	5:45.7	3:35.0
27 SCHALK, Owen	SO	2042	Center Point-Urban	27	17:57.55	1:26.26	5:46.5	3:35.5
28 CASKEY, Dashtyn Q	FR	2109	Mount Vernon-Lisb	(28)	17:57.65	1:26.36	5:46.5	3:35.5
29 CHAPMAN, Alex	FR	2178	Waverly-Shell Rock	29	18:00.54	1:29.25	5:47.4	3:36.1
30 SCHARA, Baily	SR	2183	Waverly-Shell Rock	30	18:01.73	1:30.44	5:47.8	3:36.3
31 CONNER, Gideon	SR	2069	Grinnell	31	18:02.43	1:31.14	5:48.0	3:36.5
32 KIRBY, Will Q	SR	2168	Wahlert Dubuque	(32)	18:04.81	1:33.52	5:48.8	3:37.0
33 WOLBERS, Gavin Q	SR	2169	Wahlert Dubuque	(33)	18:14.36	1:43.07	5:51.9	3:38.9
34 KAY, Andrew	FR	2179	Waverly-Shell Rock	34	18:18.05	1:46.76	5:53.1	3:39.6
35 STERN, Ralph	SO	2098	Marion	35	18:18.86	1:47.57	5:53.3	3:39.8
36 GROTH, Daniel	FR	2095	Marion	(36)	18:20.36	1:49.07	5:53.8	3:40.1
37 GERARDY, Brenden	SO	2085	Maquoketa	-	18:30.35	1:59.06	5:57.0	3:42.1
38 HEMANN, Nolan	SO	2191	West Delaware Ma	37	18:37.03	2:05.74	5:59.2	3:43.4
39 MERTA, Grant	FR	2039	Center Point-Urban	38	18:38.55	2:07.26	5:59.7	3:43.7
40 MUELLER, Gage	SR	2182	Waverly-Shell Rock	(39)	18:53.14	2:21.85	6:04.4	3:46.6
41 MEISGEIER, Birk	FR	2180	Waverly-Shell Rock	(40)	18:54.11	2:22.82	6:04.7	3:46.8
42 KOLAR, Colton	SO	2127	Solon	41	18:55.52	2:24.23	6:05.1	3:47.1
43 DOOLEY, James	SO	2125	Solon	42	18:56.37	2:25.08	6:05.4	3:47.3
44 JOHNSON-WHITEFISH, Kyl	SO	2138	South Tama County	43	18:58.95	2:27.66	6:06.2	3:47.8
45 WHITE, Brenden	SR	2197	West Delaware Ma	44	18:59.79	2:28.50	6:06.5	3:48.0
46 DIVELEY, Archer	SO	2040	Center Point-Urban	45	19:01.88	2:30.59	6:07.2	3:48.4
47 CASKEY, Chasen Q	SR	2114	Mount Vernon-Lisb	(46)	19:02.39	2:31.10	6:07.3	3:48.5
48 KNUTSON, Myles	SO	2079	Independence	-	19:07.51	2:36.22	6:09.0	3:49.5
49 LAMMERS, Owen	FR	2037	Center Point-Urban	47	19:08.87	2:37.58	6:09.4	3:49.8
50 VAN REE, Owen	FR	2153	Vinton-Shellsburg	48	19:09.78	2:38.49	6:09.7	3:50.0
51 GROUT, Weston	JR	2068	Grinnell	49	19:18.17	2:46.88	6:12.4	3:51.6
52 MACHAEL, Gavin	JR	2086	Maquoketa	-	19:19.34	2:48.05	6:12.8	3:51.9
53 MARICLE, Beckham (Beck)	SR	2056	Central DeWitt	(50)	19:19.90	2:48.61	6:13.0	3:52.0
54 ENGEL, Jarrett	SR	2195	West Delaware Ma	51	19:21.40	2:50.11	6:13.4	3:52.3
55 GORTON, Andrew	SR	2100	Marion	(52)	19:26.13	2:54.84	6:15.0	3:53.2
56 KELLY, Jackson	SR	2043	Center Point-Urban	53	19:31.10	2:59.81	6:16.6	3:54.2
57 HARDEN, Layne	FR	2123	Solon	54	19:32.72	3:01.43	6:17.1	3:54.5
58 WHALEN, Oliver	SR	2155	Vinton-Shellsburg	55	19:39.11	3:07.82	6:19.1	3:55.8
59 KINRADE, Elias Q	SR	2054	Central DeWitt	(56)	19:43.78	3:12.49	6:20.6	3:56.8
60 MARTINEZ-ALVARADO, He	JR	2142	South Tama County	57	19:47.49	3:16.20	6:21.8	3:57.5
61 MCSHANE, Logan	SO	2041	Center Point-Urban	(58)	19:48.99	3:17.70	6:22.3	3:57.8
62 RHINEHART, Chase	FR	2152	Vinton-Shellsburg	59	19:50.07	3:18.78	6:22.7	3:58.0
63 GERMAINE, Slade	FR	2149	Vinton-Shellsburg	60	19:51.59	3:20.30	6:23.1	3:58.3
64 MARSH, Charlie	FR	2066	Grinnell	61	20:04.39	3:33.10	6:27.3	4:00.9
65 LOESCH, Coleman	FR	2038	Center Point-Urban	(62)	20:06.28	3:34.99	6:27.9	4:01.3
66 BUTTZ, Kai	FR	2083	Maquoketa	-	20:09.17	3:37.88	6:28.8	4:01.8
67 ARP, Nolan	SO	2137	South Tama County	63	20:11.58	3:40.29	6:29.6	4:02.3
68 URIBE, Brett	SO	2194	West Delaware Ma	64	20:21.71	3:50.42	6:32.8	4:04.3
69 JESINA, Brady	JR	2141	South Tama County	65	20:32.96	4:01.67	6:36.5	4:06.6
70 TUCKER, Hayden	SR	2196	West Delaware Ma	66	20:40.65	4:09.36	6:38.9	4:08.1
71 KEARNS, Ryelin	SO	2154	Vinton-Shellsburg	67	20:46.94	4:15.65	6:40.9	4:09.4

2026 IOWA CLASS 3A STATE QUALIFIER - INDEPENDENCE

Independence, IA
MHI Cross Country Course
Host: Independence
Wednesday, October 21, 2026

MEET OFFICIALS
Meet Director:
Justin Putz
Timing:
Shannon Event Timing



OFFICIAL MEET REPORT

printed: 10/21/2026 5:06 PM

Race #2
HS Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
72 WIELAND, Sawyer	JR	2082	Independence	-	20:50.80	4:19.51	6:42.2	4:10.2
73 BONNEY, Jasper	SO	2084	Maquoketa	-	20:51.23	4:19.94	6:42.3	4:10.2
74 KINNICK, Hunter	FR	2065	Grinnell	(68)	20:53.20	4:21.91	6:43.0	4:10.6
75 YEOMANS, Ben	SR	2126	Solon	(69)	21:12.12	4:40.83	6:49.0	4:14.4
76 STUBBS, Riley	SO	2140	South Tama County	(70)	21:14.00	4:42.71	6:49.6	4:14.8
77 VANCE, Aiden	SO	2067	Grinnell	(71)	21:29.04	4:57.75	6:54.5	4:17.8
78 STICKNEY, Calvin	SO	2193	West Delaware Ma	(72)	21:33.70	5:02.41	6:56.0	4:18.7
79 GIROUX, Jaxson	FR	2150	Vinton-Shellsburg	(73)	21:44.38	5:13.09	6:59.4	4:20.9
80 KEARNS, Mason	FR	2151	Vinton-Shellsburg	(74)	21:49.58	5:18.29	7:01.1	4:21.9
81 LEWIN, Owen	SO	2192	West Delaware Ma	(75)	21:59.02	5:27.73	7:04.1	4:23.8
82 PRUESS, Brody	JR	2081	Independence	-	22:04.60	5:33.31	7:05.9	4:24.9
83 KOTH, Benson	SO	2080	Independence	-	22:08.00	5:36.71	7:07.0	4:25.6