

MVAOCOU XC Meet - 9/25/2025**Mapleton, IA****Results****Event 1 Girls 5000 Meter Run Varsity**

Name	Year	School	Finals	Points	Alternate
Results - Women Varsity					
1 Broer, Chloe	12	V-West Monona	20:12.42		
2 Riediger, Stella	09	V-Hinton	20:43.70	1	
3 Melody, Iris	12	V-South Cent	20:49.63	2	
4 Putze, Rachel	12	V-Wc-Kp-Rv	20:52.26	3	
5 Brennan, Ava	11	V-Ponca	21:05.19	4	
6 Irvin, Hope	09	V-Siouxland	22:00.98	5	
7 Lomholt, Addison	10	V-Oa-Bcig	22:05.83		
8 Cogdill, Reagan	12	V-Woodbine	22:16.63		
9 Zellmer, Mesa	09	V-Hinton	22:23.20	6	
10 Forbes, Sylvia	09	V-Mvaocou	22:25.09		
11 Chytka, Addyson	12	V-Ponca	22:32.24	7	
12 Blume, Isabelle	09	V-Denison-Schleswig	22:42.67	8	
13 Bygness, Monroe	09	V-Denison-Schleswig	23:23.90	9	
14 Christoffersen, Keely	12	V-Westwood	23:27.57	10	
15 McKenna, Natalie	11	V-Lawton Bronson	23:36.54		
16 Bellis, Brynn	10	V-West Monona	23:44.54		
17 Pfister, Laken	10	V-Ponca	23:45.80	11	
18 Grell, Emily	12	V-Mvaocou	23:46.14		
19 Stover, Kimilia	09	V-Winnebago	23:54.63		
20 Keegan, Kinley	09	V-Siouxland	24:14.22	12	
21 Regier, Reese	11	V-Hinton	24:26.53	13	
22 Krajicek, Autumn	10	V-Wc-Kp-Rv	24:36.55	14	
23 O'Brien, Aubree	10	V-Lawton Bronson	24:40.21		
24 Schrum, Charlotte	12	V-Denison-Schleswig	24:43.77	15	
25 Derochie, Keely	11	V-Hinton	25:06.71	16	
26 Leanos, Heydy	09	V-Denison-Schleswig	25:08.60	17	
27 Schnabel, Olivia	12	V-Oa-Bcig	25:11.53		
28 Eisenga, Taya	12	V-Siouxland	25:19.88	18	
29 Burley, Katie	12	V-South Cent	25:38.51	19	
30 Kistenmacher, Abigail	09	V-South Cent	25:42.71	20	
31 Coenen, Adalynn	12	V-Woodbine	26:01.07		
32 Cooke, Lily	10	V-Wc-Kp-Rv	26:12.81	21	
33 Bruening, Klaudia	09	V-Ponca	26:14.95	22	
34 Wiggs, Chloe	11	V-Westwood	26:17.29	23	
35 Mahrt, Stella	10	V-Denison-Schleswig	26:38.44	24	
36 Hauptert, Jossa	11	V-South Cent	26:55.06	25	
36 Hodgson, Isabell	11	V-Hinton	26:55.06	26	
38 Harlan, Jamie	10	V-Winnebago	26:56.12		
39 McFarland, Josie	11	V-Westwood	27:12.62	27	
40 Reynolds, Anna	09	V-Siouxland	27:13.08	28	
41 Siegner, Lauren	11	V-Oa-Bcig	27:18.08		
42 Lage, Allison	09	V-West Monona	27:19.67		
43 Ludwig, Camryn	09	V-Oa-Bcig	27:22.64		
44 Anderson, Alyssa	10	V-Westwood	27:31.17	29	
45 Paige, Newton	10	V-Woodbine	27:37.23		
46 Jorgensen, Lauryn	12	V-Westwood	27:43.70	30	
47 Sypersma, Kayla	12	V-Hinton	27:45.83	31	
48 Hall, Ruby	09	V-Siouxland	27:52.18	32	
49 Bartling, Presley	11	V-Ponca	27:58.02	33	
50 Talbert, Haylie	11	V-Siouxland	28:07.89	34	
51 Garcia, Alexandra	09	V-Denison-Schleswig	28:14.26	35	
52 Perez, Alexandria	09	V-Denison-Schleswig	28:22.46	36	

1	V-Hinton	62	1	6	13	16	26	31	39
	Total Time:	1:59:35.20							
	Average:	23:55.04							
2	V-Denison-Schleswig	73	8	9	15	17	24	35	36
	Total Time:	2:02:37.38							
	Average:	24:31.48							
3	V-Ponca	77	4	7	11	22	33	38	
	Total Time:	2:01:36.20							
	Average:	24:19.24							
4	V-Siouxland Christian	95	5	12	18	28	32	34	40
	Total Time:	2:06:40.34							
	Average:	25:20.07							

MVAOCOU XC Meet - 9/25/2025**Mapleton, IA****Results****....Event 1 Girls 5000 Meter Run Junior Varsity**

5	V-South Central Calhoun	107	2	19	20	25	41		
	Total Time:	2:09:57.14							
	Average:	25:59.43							
6	V-Wc-Kp-Rv	117	3	14	21	37	42		
	Total Time:	2:11:17.54							
	Average:	26:15.51							
7	V-Westwood	119	10	23	27	29	30	43	44
	Total Time:	2:12:12.35							
	Average:	26:26.47							

MVAOCOU XC Meet - 9/25/2025**Mapleton, IA****Results****Event 2 Boys 5000 Meter Run Varsity**

Name	Year	School	Finals	Points	Alternate
Results - Men Varsity					
1 Summerfield, Aiden	10	V-Woodbine	16:47.77	1	
2 Bergman, Gabriel	10	V-Oa-Bcig	16:51.03	2	
3 Sporrer, Landon	12	V-East Sac County	16:56.36	3	
4 Aragon, Riley	12	V-East Sac County	17:20.49	4	
5 Engel, Owen	12	V-East Sac County	17:23.72	5	
6 Maier, Hunter	12	V-Oa-Bcig	17:34.12	6	
7 Pfister, Gannon	11	V-Ponca	17:40.83		
8 Vincent, Meisinger	11	V-Woodbine	18:13.23	7	
9 Cogdill, Brody	10	V-Woodbine	18:17.91	8	
10 Free-Bass, Rachman	12	V-Winnebago	18:30.39	9	
11 Metcalf, Devin	12	V-Wc-Kp-Rv	18:34.20	10	
12 Koithan, Joey	12	V-Mvaocou	18:38.44	11	
13 Bower, Caleb	12	V-Hinton	18:56.48	12	
14 Buffington, Ethan	11	V-Lawton Bronson	18:57.12	13	
15 Engel, Oliver		V-East Sac County	19:11.55	14	
16 Spencer, Declan	09	V-South Cent	19:13.15	15	
17 Clayton, Jacob	11	V-Westwood	19:18.75		
18 Brown, Jace	09	V-Siouxland	19:21.87	16	
19 Friedrichs, Zander	10	V-Mvaocou	19:25.25	17	
20 Hemer, Xander	12	V-East Sac County	19:26.55	18	
21 Baker, Boston	12	V-Wc-Kp-Rv	19:28.12	19	
22 Koch, Brayden	10	V-Mvaocou	19:45.88	20	
23 Koehler, Erik	11	V-Siouxland	19:46.32	21	
24 Adams, Zach	11	V-Lawton Bronson	19:47.32	22	
25 Davis, Mark	11	V-Siouxland	19:51.45	23	
26 Corey, Wagner	10	V-Woodbine	20:01.18	24	
27 Pryor, Blaze	11	V-Woodbine	20:09.57	25	
28 Babl, Max	12	V-Mvaocou	20:11.76	26	
29 Thielen, Joe	12	V-South Cent	20:26.62	27	
30 Johnson, Zachariah	10	V-Oa-Bcig	20:32.79	28	
31 Susie, Drake	11	V-Wc-Kp-Rv	20:44.69	29	
32 Edwards, Colton	12	V-Wc-Kp-Rv	20:45.48	30	
33 Cowgill, Evan	12	V-Mvaocou	20:45.90	31	
34 Luetje, Jaxx	12	V-Denison-Schleswig	20:46.01	32	
35 Schmitt, Barrett	09	V-Ponca	20:46.98		
36 Patelski, Lucas	11	V-Lawton Bronson	20:48.78	33	
37 Cox, Carter	11	V-Woodbine	21:00.78	34	
38 Brodie, Owens	11	V-Woodbine	21:01.38	35	
39 Leitru, Brett	12	V-Hinton	21:02.17	36	
40 Salas, Raul	10	V-Denison-Schleswig	21:02.85	37	
41 Thielen, Brent	09	V-South Cent	21:10.67	38	
42 Greene, Derek	12	V-South Cent	21:11.34	39	
43 Levering, Joseph	10	V-Winnebago	21:21.50	40	
44 Porter, Will	11	V-Oa-Bcig	21:23.05	41	
45 Neville, Jaxin	10	V-Oa-Bcig	21:26.34	42	
46 Strehlow, Bodie	10	V-Lawton Bronson	21:35.18	43	
47 Johnson, Dillon	10	V-Mvaocou	21:38.43	44	
48 Eggleston, Luther	10	V-Lawton Bronson	21:43.09	45	
49 VandeSteeg, Mikey	10	V-Siouxland	21:48.19	46	
50 Steckelberg, Wyatt	09	V-Mvaocou	21:49.97	47	
51 Ramos, Omar	11	V-Denison-Schleswig	21:58.38	48	
52 Stansberry, Jackson	12	V-Siouxland	22:05.66	49	

MVAOCOU XC Meet - 9/25/2025**Mapleton, IA****Results****....Event 2 Boys 5000 Meter Run Varsity**

53	Keegan, Calen	11	V-Siouxland	22:06.58	50
54	Penn-Kennedy, Elias	11	V-Winnebago	22:12.57	51
55	Ulrich, Aaron	09	V-Oa-Bcig	22:16.09	52
56	Barajas, Jorge	09	V-Denison-Schleswig	22:21.61	53
57	Pittet, Jaxon	12	V-West Monona	22:24.04	
58	Verebelyi, Lorant		V-Wc-Kp-Rv	22:25.84	54
59	Jessen, Ethan	11	V-Wc-Kp-Rv	22:40.18	55
60	Blackhawk, Prestin	12	V-Winnebago	22:40.47	56
61	Willis, Kaedyn	12	V-Wc-Kp-Rv	22:59.36	57
62	Thompson, Kylar	11	V-South Cent	23:02.46	58
63	Adams, Brayden	12	V-Denison-Schleswig	23:10.88	59
64	Duerksen, Carson	11	V-Ponca	23:10.89	
65	Ortiz, Edgar	12	V-Denison-Schleswig	23:12.14	60
66	Willis, Luke	09	V-Westwood	23:16.47	
67	Lindberg, Alex	11	V-Hinton	23:21.75	61
68	LaPointe, Darrius (Dj)	10	V-Winnebago	23:33.03	62
69	Fitch, Talon	09	V-Lawton Bronson	23:48.56	63
70	Batten, Isaiah	09	V-South Cent	24:06.07	64
71	Meseck, Ryder	09	V-Denison-Schleswig	24:10.85	65
72	Leitru, Alex	10	V-Hinton	24:35.36	66
73	Christoffersen, Korben	12	V-Westwood	25:26.63	
74	Potts, Reuben	09	V-South Cent	26:42.83	67
75	Kennedy, Adam	11	V-Hinton	26:52.90	68
76	Burton, Kingston	09	V-Lawton Bronson	28:28.40	69
77	Needd, Jackson	09	V-West Monona	30:42.49	
78	Kepner, Easton	12	V-Westwood	35:03.23	

Event 2 Boys 5000 Meter Run Junior Varsity

Name	Year	School	Finals	Points	Alternate
------	------	--------	--------	--------	-----------

Results - Men Junior Varsity

1	Sanchez, Kevin	11	Denison-Schl	17:30.77	1
2	Castillo, Raul	10	Denison-Schl	19:24.02	2
3	Ramos, Abraham	09	Denison-Schl	19:59.88	3
4	Corona, Abdiel	10	Denison-Schl	20:16.05	4
5	Bernal, Santiago	10	Denison-Schl	20:20.63	5
6	Sandoval, Matthew	12	Denison-Schl	20:50.68	6
7	Bernal-Serrato, Israel	10	Denison-Schl	21:00.52	7
8	Ackerman, Kenton	11	East Sac Cou	21:23.86	8
9	Rubendall, Logan	09	South Centra	21:30.15	
10	Vetter, Quinn	9	Denison-Schl	22:00.43	
11	Freese, Tucker	12	East Sac Cou	22:12.02	9
12	Ulmer, Jacob	09	East Sac Cou	22:18.55	10
13	Garcia, Hector	12	Jv/Jh Mvaocou	22:26.27	11
14	Murley, Tyler	10	East Sac Cou	22:34.17	12
15	Johnson, Evan	09	East Sac Cou	22:52.25	13
16	Ryan, Andrew	11	Jv/Jh Wc-Kp-Rv	23:07.00	
17	Bowers, Caleb		Jv/Jh Wc-Kp-Rv	23:08.89	
18	Harvey, Michael	11	Lawton Brons	23:23.83	14
19	Franks, Tristen		Lawton Brons	23:41.05	15
20	Cobb, Levi	09	South Centra	23:45.73	
21	Rivas, Luis	11	Denison-Schl	24:10.76	
22	Solomon, Noah	09	Jv/Jh Winnebago	24:33.79	
23	Masters, Rick	10	Jv/Jh Mvaocou	24:47.63	16

Results

24	Jenkins, Todd	09	Jv/Jh Mvaocou	24:53.02	17
25	Johnson, Grayson	09	Jv/Jh Mvaocou	24:58.07	18
26	Palsma, Arick	10	Lawton Brons	25:02.90	19
27	Friedrichs, Micah	11	Jv/Jh Mvaocou	25:26.76	20
28	Hefner, Isaiah		Jv/Jh Wc-Kp-Rv	25:29.45	
29	Peitsch, Josiah	09	Jv/Jh Mvaocou	26:11.02	21
30	Gray, Hunter	09	Jv/Jh Mvaocou	26:25.57	22
31	Kearnes, Faron	12	Jv/Jh Winnebago	27:16.63	
32	Zekarias, Simon	09	Siouxland Ch	27:47.46	
33	Patelski, Joseph	09	Lawton Brons	29:27.46	23
34	DeVries, Parker	10	Jv/Jh Mvaocou	30:15.35	
35	Koenigs, Quinlan	10	Jv/Jh Mvaocou	31:20.02	
36	Adams, Josh	12	Lawton Brons	33:29.75	24
37	Escalon, Sacha	12	Jv/Jh Mvaocou	33:33.58	

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
------	------	-------	---	---	---	---	---	----	----	----	----

1	Jv/Jh Denison-Schleswig	15	1	2	3	4	5	6	7
	Total Time: 1:37:31.35								
	Average: 19:30.27								
2	Jv/Jh East Sac County	52	8	9	10	12	13		
	Total Time: 1:51:20.85								
	Average: 22:16.17								
3	Jv/Jh Mvaocou	82	11	16	17	18	20	21	22
	Total Time: 2:02:31.75								
	Average: 24:30.35								
4	Jv/Jh Lawton Bronson	95	14	15	19	23	24		
	Total Time: 2:15:04.99								
	Average: 27:01.00								

1	V-East Sac County	44	3	4	5	14	18		
	Total Time: 1:30:18.67								
	Average: 18:03.74								
2	V-Woodbine	65	1	7	8	24	25	34	35
	Total Time: 1:33:29.66								
	Average: 18:41.94								
3	V-Mvaocou	105	11	17	20	26	31	44	47
	Total Time: 1:38:47.23								
	Average: 19:45.45								
4	V-Oa-Bcig	119	2	6	28	41	42	52	
	Total Time: 1:37:47.33								
	Average: 19:33.47								
5	V-Wc-Kp-Rv	142	10	19	29	30	54	55	57
	Total Time: 1:41:58.33								
	Average: 20:23.67								
6	V-Siouxland Christian	155	16	21	23	46	49	50	
	Total Time: 1:42:53.49								
	Average: 20:34.70								

Results

7	V-Lawton Bronson	156	13	22	33	43	45	63	69
	Total Time: 1:42:51.49								
	Average: 20:34.30								
8	V-South Central Calhoun	177	15	27	38	39	58	64	67
	Total Time: 1:45:04.24								
	Average: 21:00.85								
9	V-Winnebag0	218	9	40	51	56	62		
	Total Time: 1:48:17.96								
	Average: 21:39.60								
10	V-Denison-Schleswig	229	32	37	48	53	59	60	65
	Total Time: 1:49:19.73								
	Average: 21:51.95								
11	V-Hinton	243	12	36	61	66	68		
	Total Time: 1:54:48.66								
	Average: 22:57.74								

MVAOCOU XC Meet - 9/25/2025**Mapleton, IA****Results****Event 4 Girls 3200 Meter Run CC Middle School**

Name	Year	School	Finals	Points	Alternate
------	------	--------	--------	--------	-----------

Results - Women

1	Baker, Hannah	07	Lawton Brons	12:28.02	1
2	Dose, Avery	08	Jv/Jh Mvaocou	12:54.77	
3	Spahn, Katelyn	08	Jv/Jh Wc-Kp-Rv	13:07.70	
4	Hinrichs, Melana	07	East Sac Cou	13:07.84	2
5	Jepsen, Embrosia		Jv/Jh Oa-Bcig	13:22.15	3
6	Smith, Sophia	08	South Centra	13:23.59	
7	Riessen, Kellie	07	Jv/Jh Oa-Bcig	13:29.73	4
8	Boi, Saelah	08	Siouxland Ch	13:51.33	
9	Chesney, Stella		Jv/Jh Oa-Bcig	14:09.85	5
10	Renze, Aubrey	08	East Sac Cou	14:24.32	6
11	Harty, Gracie	08	East Sac Cou	14:27.30	7
12	Lux, Elizabeth	08	Jv/Jh Wc-Kp-Rv	14:39.43	
13	Longlee, Emma	07	Jv/Jh Westwood	14:45.97	
14	Forbes, Kelly	07	Jv/Jh Mvaocou	14:54.22	
15	Wagner, Gracelyn	07	Jv/Jh Westwood	14:57.38	
16	Stone, Nevaeh	08	East Sac Cou	15:05.38	8
17	Schnabel, Allie	07	Jv/Jh Oa-Bcig	15:14.33	9
18	Moffat, Evelyn	07	Jv/Jh Mvaocou	15:31.76	
19	Schultz, Esther	07	Jv/Jh Oa-Bcig	15:45.84	10
20	Morgan, Melanie		Jv/Jh Oa-Bcig	15:48.25	11
21	Peitsch, Hannah	07	Jv/Jh Mvaocou	15:55.88	
22	Sausoci-Free, Emberlynn	07	Jv/Jh Winnebago	16:26.68	
23	Grant, Gemma	8	Jv/Jh Winnebago	16:26.91	
24	Lomholt, Mckenzie		Jv/Jh Oa-Bcig	16:33.32	12
25	Pheonix, Green	07	Jv/Jh Woodbine	16:37.52	
26	Castle, Aaliyah	08	Lawton Brons	16:57.23	13
27	Petersen, Ellie	08	Lawton Brons	17:24.67	14
28	Jenkins, Toni	07	East Sac Cou	17:56.09	15
29	White, Maggie	07	Lawton Brons	19:21.73	16
30	Peyton, Sophie	08	East Sac Cou	19:27.65	17
31	Rohde, Karlee	07	Siouxland Ch	19:30.08	
32	Hiler, Eden	07	South Centra	19:42.02	
33	Eggleston, Phoebe	8	Lawton Brons	20:04.63	18
34	Miller, Emma	08	Lawton Brons	20:20.43	19
35	Smith, Jadyn	7	Lawton Brons	21:18.50	20
36	Deeds, Zendiah	08	Jv/Jh Wc-Kp-Rv	22:24.76	
37	Wilson, Ella	07	South Centra	24:45.38	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
------	------	-------	---	---	---	---	---	----	----	----	----

Results - Women

1	Jv/Jh Oa-Bcig	31	3	4	5	9	10	11	12
	Total Time:	1:12:01.90							
	Average:	14:24.38							

MVAOCOU XC Meet - 9/25/2025**Mapleton, IA****Results****....Event 4 Girls 3200 Meter Run CC Middle School**

2	Jv/Jh East Sac County	38	2	6	7	8	15	17	
	Total Time:	1:15:00.93							
	Average:	15:00.19							
3	Jv/Jh Lawton Bronson	62	1	13	14	16	18	19	20
	Total Time:	1:26:16.28							
	Average:	17:15.26							

Results

Name	Year School	Finals	Points	Alternate
------	-------------	--------	--------	-----------

1	Benson, Wesley	8	Lawton Brons	11:07.65	
2	Cox, Caleb	08	Jv/Jh Woodbine	11:35.58	
3	Dolezal, Misu	08	Jv/Jh Winnebago	11:58.31	
4	Weber, Bradyn	08	Jv/Jh Mvaocou	11:58.57	
5	Roeder, Mason	07	Jv/Jh Oa-Bcig	12:01.94	1
6	Malcomsen, Luke	07	Siouxland Ch	12:08.48	
7	Blackmore, Colt		Jv/Jh Oa-Bcig	12:14.67	2
8	Bryant, Ganzhorn	07	Jv/Jh Woodbine	12:21.25	
9	Cody, Smith	07	Jv/Jh Woodbine	12:23.53	
10	Roland, Derek	07	East Sac Cou	12:25.29	
11	Brotherton, Brock	07	East Sac Cou	12:25.73	
12	Seaton, Braxton	8	Jv/Jh Westwood	12:28.32	
13	Gill, Han	08	Siouxland Ch	12:29.06	
14	Aragon, Lucas	08	East Sac Cou	12:29.64	
15	Halbur, Max	8	South Centra	12:32.87	3
16	Willis, Levi	07	Jv/Jh Westwood	12:42.03	
17	Hejtmanek, Chase	07	South Centra	12:45.82	4
18	Berry, David	07	South Centra	12:46.97	5
19	Kafton, Landon	08	Jv/Jh Mvaocou	12:51.81	
20	Hudson, Zachary	07	Jv/Jh Mvaocou	12:52.02	
21	Howard, Cohen	8	Lawton Brons	13:07.17	
22	Adams, Danny	8	Lawton Brons	13:54.88	
23	Todd, Jacob		Jv/Jh Oa-Bcig	14:02.92	6
24	Letsche, Liam	07	Jv/Jh Wc-Kp-Rv	14:26.86	7
25	Dittmer, Devin	07	Jv/Jh Oa-Bcig	14:38.19	8
26	Solomon, Munk	07	Jv/Jh Woodbine	14:59.44	
27	Archer, Rylee	07	Jv/Jh Wc-Kp-Rv	15:15.28	9
28	Gardner, Zayden	07	South Centra	15:16.15	10
29	Beeck, Elijah	07	South Centra	15:18.39	11
30	Splitter, Brady	07	Jv/Jh Westwood	15:24.49	
31	Benedix, Hayden	08	Jv/Jh Mvaocou	15:44.02	
32	O'Mara, Michael	08	Jv/Jh Wc-Kp-Rv	15:57.62	12
33	Ham, Gavin	07	Jv/Jh West Monona	16:00.94	
34	Eickholt, Braxton	08	Jv/Jh Wc-Kp-Rv	17:21.11	13
35	Mosley, Ethan	07	Jv/Jh Oa-Bcig	17:39.79	14
36	Meyer, Landen	07	Jv/Jh Wc-Kp-Rv	18:00.78	15

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
------	------	-------	---	---	---	---	---	----	----	----	----

```

1 Jv/Jh Oa-Bcig          31      1      2      6      8     14
   Total Time:  1:10:37.51
   Average:     14:07.51

```

MVAOCOU XC Meet - 9/25/2025**Mapleton, IA****Results****....Event 3 Boys 3200 Meter Run CC Middle School**

2	Jv/Jh South Central Calho	33	3	4	5	10	11
---	---------------------------	----	---	---	---	----	----

Total Time:	1:08:40.20
-------------	------------

Average:	13:44.04
----------	----------

3	Jv/Jh Wc-Kp-Rv	56	7	9	12	13	15
---	----------------	----	---	---	----	----	----

Total Time:	1:21:01.65
-------------	------------

Average:	16:12.33
----------	----------