

TROJAN EARLY BIRD

Iowa City, IA
 Ashton Cross Country Course
 Weather: Sunny 82 7mph NNW
 Host: Iowa City West
 Thursday, August 28, 2025

MEET OFFICIALS**Meet Director:**

Tyler Lown

Timing:

Andrew Kauder - Kauder Racing, LLC

**OFFICIAL MEET REPORT**

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Race #3
Varsity Girls
Final Results
TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Iowa City West	45	2-3-9-10-21(24)	1:43:38	20:44	2:20.5
2 Iowa City Liberty	47	4-6-7-11-19(23)(25)	1:44:07	20:50	1:54.0
3 Dubuque Hempstead	63	5-13-14-15-16(18)(20)	1:46:27	21:18	1:33.8
4 Danville	96	1-12-22-30-31(32)	1:57:48	23:34	9:06.0
5 English Valleys North Engli	106	8-17-26-27-28(29)	1:53:09	22:38	3:34.4

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. KM
1 GOURLEY, Alaina	SR	38	Danville	1	19:43.2	6:20.4	3:56.6
2 VAN WANING, Kate	SR	212	Iowa City West	2	19:50.8	6:22.9	3:58.1
3 HODGE, Adrienne	FR	205	Iowa City West	3	20:10.0	6:29.0	4:02.0
4 MAHER, Mackenzie	FR	146	Iowa City Liberty	4	20:10.3	6:29.2	4:02.1
5 HEIBERGER, Chelsea	SO	62	Dubuque Hempstea	5	20:12.7	6:29.9	4:02.5
6 LAMBI, Ella	FR	143	Iowa City Liberty	6	20:13.6	6:30.2	4:02.7
7 VEDEPO, Chelsea	JR	156	Iowa City Liberty	7	20:21.4	6:32.7	4:04.3
8 LUERS, Anna	SO	123	English Valleys Nort	8	20:29.3	6:35.2	4:05.8
9 TWAIT, Ava	FR	211	Iowa City West	9	20:39.3	6:38.5	4:07.9
10 DEWAARD, Ellie	FR	204	Iowa City West	10	20:46.3	6:40.7	4:09.2
11 WILLIAMS, Aleah	FR	157	Iowa City Liberty	11	21:17.3	6:50.7	4:15.4
12 STOTT, KoraRae	FR	43	Danville	12	21:21.9	6:52.2	4:16.4
13 HART, Maria	SR	61	Dubuque Hempstea	13	21:25.3	6:53.3	4:17.0
14 LEITZEN, Natalie	JR	67	Dubuque Hempstea	14	21:29.5	6:54.6	4:17.9
15 PITZ, Paige	JR	71	Dubuque Hempstea	15	21:32.8	6:55.7	4:18.6
16 PELEGREN, Zoey	FR	70	Dubuque Hempstea	16	21:46.4	7:00.1	4:21.3
17 CASTER, Kaylynn	SO	120	English Valleys Nort	17	21:48.5	7:00.7	4:21.7
18 HENNEBERRY, Maggie	JR	63	Dubuque Hempstea	(18)	21:54.5	7:02.6	4:22.9
19 CANNON, Claire	SO	136	Iowa City Liberty	19	22:04.3	7:05.8	4:24.8
20 FOUST, Willa	FR	58	Dubuque Hempstea	(20)	22:10.9	7:07.9	4:26.2
21 OLSON, Susanna	JR	208	Iowa City West	21	22:11.2	7:08.0	4:26.2
22 NEWBERRY, Delaney	JR	40	Danville	22	22:11.3	7:08.0	4:26.2
23 JOHNSON, Eleanor	FR	142	Iowa City Liberty	(23)	22:23.3	7:11.9	4:28.7
24 AHN, Mia	SO	202	Iowa City West	(24)	22:28.0	7:13.4	4:29.6
25 TROLLIET, Ayla	FR	155	Iowa City Liberty	(25)	22:32.4	7:14.8	4:30.5
26 BROWN, Nora	SR	134	Iowa City Liberty	-	22:40.2	7:17.3	4:32.0
27 MADSEN, Isabel	FR	144	Iowa City Liberty	-	22:46.4	7:19.3	4:33.3
28 RAUE, Kaitlyn	SR	150	Iowa City Liberty	-	22:54.1	7:21.8	4:34.8
29 WELTER, Sophie	SO	79	Dubuque Hempstea	-	22:58.9	7:23.4	4:35.8
30 ACHENBACH, Aubrey	JR	119	English Valleys Nort	26	23:02.8	7:24.6	4:36.6
31 ACHENBACH, Addison	JR	118	English Valleys Nort	27	23:44.6	7:38.0	4:44.9
32 HRUSKA, Bella	SR	65	Dubuque Hempstea	-	23:58.7	7:42.6	4:47.7
33 LOWN, Kailor	JR	122	English Valleys Nort	28	24:03.6	7:44.2	4:48.7
34 FRAZIER, Kaylee	SR	121	English Valleys Nort	(29)	24:57.2	8:01.4	4:59.4
35 HOUSELOG, Stella	SO	64	Dubuque Hempstea	-	25:40.1	8:15.2	5:08.0
36 ROGERS, Zoey	JR	42	Danville	30	25:42.0	8:15.8	5:08.4
37 ORTH, Ava	SR	41	Danville	31	28:49.2	9:16.0	5:45.8

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Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. KM
38 HORN, Celia	SR	39	Danville	(32)	30:57.2	9:57.2	6:11.4