

MOUNT VERNON-LISBON INVITATIONAL 2025

Mount Vernon, IA

Elliott Athletic Complex

Weather: Sunny, Wind NW 5-10mph, 45% Humidity & 72

Host: Mount Vernon-Lisbon

Tuesday, August 26, 2025

MEET OFFICIALS**Meet Director:**

Matt Thede

Meet Referee:

Tom Cahalan

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 8/26/2025 5:41 PM

Race #1
Girls 5K**Final Results****RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-Lisbon	36	1-3-9-11-12(14)(18)	1:41:22	20:17	2:05.4
2 Mid-Prairie Wellman	38	2-4-5-7-20(22)(27)	1:41:14	20:15	3:19.7
3 North Scott Eldridge	112	16-19-21-23-33(34)(43)	1:52:29	22:30	1:38.6
4 Xavier Cedar Rapids	115	6-10-28-35-36(37)(45)	1:50:41	22:09	3:30.1
5 Urbandale	126	15-24-26-30-31(39)(40)	1:53:45	22:45	1:37.9
6 West Delaware Mancheste	155	13-17-32-46-47(50)(51)	1:56:38	23:20	4:00.1
7 Marion	160	8-25-29-44-54(55)(56)	1:57:34	23:31	6:18.4
8 Vinton-Shellsburg	218	38-41-42-48-49(52)(53)	2:02:52	24:35	2:00.6
DNP West Liberty					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 MOELLER, Evelyn	JR	68	Mount Vernon-Lisb	1	19:08.4	6:10.4	3:50.1
2 HOSTETLER, Rachel	SO	47	Mid-Prairie Wellma	2	19:10.2	6:11.0	3:50.5
3 SWART, Kiersten	SR	74	Mount Vernon-Lisb	3	19:11.1	6:11.3	3:50.7
4 LANDSTRUM, Kendal	JR	48	Mid-Prairie Wellma	4	19:23.7	6:15.4	3:53.2
5 STUTZMAN, Brooklyn	JR	51	Mid-Prairie Wellma	5	19:36.6	6:19.5	3:55.8
6 DEEGAN, Mia	SR	267	Xavier Cedar Rapid	6	20:01.5	6:27.6	4:00.8
7 BROKAW, Tessa	SO	46	Mid-Prairie Wellma	7	20:33.7	6:38.0	4:07.2
8 DABROSKI, Addison	SR	3	Marion	8	20:34.2	6:38.1	4:07.3
9 PISARIK, Rose	JR	69	Mount Vernon-Lisb	9	20:35.1	6:38.4	4:07.5
10 BARTON, Raleigh	FR	266	Xavier Cedar Rapid	10	20:37.7	6:39.2	4:08.0
11 GUERRA, Addison	JR	249	West Liberty	-	20:37.9	6:39.3	4:08.1
12 DAWSON, Edith	SR	60	Mount Vernon-Lisb	11	21:13.0	6:50.6	4:15.1
13 SELLNER, Miranda	JR	71	Mount Vernon-Lisb	12	21:13.7	6:50.9	4:15.2
14 KARTMAN, Brynn	JR	211	West Delaware Ma	13	21:15.0	6:51.3	4:15.5
15 JOHNSON, Torie	FR	61	Mount Vernon-Lisb	(14)	21:29.6	6:56.0	4:18.4
16 GYURE, Lilian	SR	156	Urbandale	15	21:37.0	6:58.4	4:19.9
17 O'FLAHRITY, Natalie	SO	108	North Scott Eldridge	16	21:41.0	6:59.7	4:20.7
18 BARDGETT, Jeanne	SO	204	West Delaware Ma	17	21:46.7	7:01.5	4:21.9
19 SMITH, Cora	SR	72	Mount Vernon-Lisb	(18)	22:07.8	7:08.3	4:26.1
20 SCHNECKLOTH, Sophi	JR	113	North Scott Eldridge	19	22:20.4	7:12.4	4:28.6
21 WALLINGTON, Rebekah	SR	52	Mid-Prairie Wellma	20	22:29.8	7:15.4	4:30.5
22 HAMILTON, Khloe	JR	107	North Scott Eldridge	21	22:30.1	7:15.5	4:30.6
23 RODGERS, Hannah	SR	50	Mid-Prairie Wellma	(22)	22:35.0	7:17.1	4:31.5
24 AYERS, Zoey	FR	102	North Scott Eldridge	23	22:38.0	7:18.1	4:32.1
25 GRINSTEAD, Ella	JR	155	Urbandale	24	22:41.2	7:19.1	4:32.8
26 BOTHELL, Josie	JR	59	Mount Vernon-Lisb	-	22:45.8	7:20.6	4:33.7
27 MOORE, Elise	SR	9	Marion	25	22:51.0	7:22.2	4:34.7
28 LEWIS, Nora	FR	159	Urbandale	26	22:56.7	7:24.1	4:35.9
29 POLL, Kyrie	JR	49	Mid-Prairie Wellma	(27)	22:57.0	7:24.2	4:35.9
30 MUSICK, Sofia	JR	275	Xavier Cedar Rapid	28	22:59.8	7:25.1	4:36.5
31 DABROSKI, Emerson	FR	4	Marion	29	23:02.3	7:25.9	4:37.0

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Race #1
Girls 5K**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
32 TELECKY, Sorell	SO	75	Mount Vernon-Lisb	-	23:10.1	7:28.4	4:38.6
33 HEGGEN, Natalie	FR	157	Urbandale	30	23:14.6	7:29.9	4:39.5
34 THOMPSON, Lily	SO	173	Urbandale	31	23:14.9	7:30.0	4:39.5
35 LYNCH, Charly	JR	215	West Delaware Ma	32	23:18.0	7:30.9	4:40.1
36 HAMANN, Grace	SO	106	North Scott Eldridge	33	23:19.6	7:31.5	4:40.5
37 REIF, Emma	JR	112	North Scott Eldridge	(34)	23:29.2	7:34.6	4:42.4
38 AINSWORTH, Maeve	SO	263	Xavier Cedar Rapid	35	23:30.7	7:35.0	4:42.7
39 STEPHENSON, Ellie	SR	280	Xavier Cedar Rapid	36	23:31.5	7:35.3	4:42.9
40 HERTING, Macie	SR	269	Xavier Cedar Rapid	(37)	23:38.7	7:37.6	4:44.3
41 PHIPPEN, Lainey	JR	183	Vinton-Shellsburg	38	23:40.3	7:38.1	4:44.6
42 SCHALLER, Ella	SO	166	Urbandale	(39)	23:54.0	7:42.6	4:47.4
43 MCGEE, Matilda	JR	162	Urbandale	(40)	23:58.2	7:43.9	4:48.2
44 MOORE, Maci	FR	163	Urbandale	-	23:58.8	7:44.1	4:48.3
45 DRUSCHEL, Mazy	FR	177	Vinton-Shellsburg	41	24:00.4	7:44.6	4:48.6
46 MARTIN, Kate	SO	64	Mount Vernon-Lisb	-	24:03.4	7:45.6	4:49.3
47 SCHIRM, Ava	FR	185	Vinton-Shellsburg	42	24:06.7	7:46.7	4:49.9
48 RATHE, Brylee	SO	111	North Scott Eldridge	(43)	24:13.1	7:48.7	4:51.2
49 SCHOUTEN, Grace	JR	13	Marion	44	24:13.6	7:48.9	4:51.3
50 MIKE, Norah	FR	274	Xavier Cedar Rapid	(45)	24:17.2	7:50.0	4:52.0
51 MESSER, Ella	FR	65	Mount Vernon-Lisb	-	24:26.0	7:52.9	4:53.8
52 VAVRICEK, Clara	SO	76	Mount Vernon-Lisb	-	24:26.5	7:53.1	4:53.9
53 DEHR, Madelyn	JR	247	West Liberty	-	24:29.7	7:54.1	4:54.5
54 BOWERS, Amelia	FR	103	North Scott Eldridge	-	24:47.3	7:59.8	4:58.1
55 JAY, Avery	JR	158	Urbandale	-	24:58.8	8:03.5	5:00.3
56 LYNCH, Berkley	FR	214	West Delaware Ma	46	25:02.6	8:04.7	5:01.1
57 KUCHARSKI, Claire	SO	273	Xavier Cedar Rapid	-	25:03.1	8:04.9	5:01.2
58 STEWART, Charlie	FR	73	Mount Vernon-Lisb	-	25:09.4	8:06.9	5:02.5
59 SCHMITZ, Avery	SR	224	West Delaware Ma	47	25:15.1	8:08.7	5:03.6
60 MOEHLMAN, Eliza	FR	67	Mount Vernon-Lisb	-	25:20.9	8:10.6	5:04.8
61 LUND, Araya	JR	180	Vinton-Shellsburg	48	25:23.8	8:11.5	5:05.4
62 KAUDER, Kiley	SO	271	Xavier Cedar Rapid	-	25:25.2	8:12.0	5:05.6
63 NAILOR, Ava	FR	164	Urbandale	-	25:27.1	8:12.6	5:06.0
64 ROLLINGER, Kara	JR	184	Vinton-Shellsburg	49	25:40.8	8:17.0	5:08.8
65 KARTMAN, Avery	JR	210	West Delaware Ma	(50)	25:45.9	8:18.7	5:09.8
66 DOLAN, Ruby	SO	207	West Delaware Ma	(51)	25:47.8	8:19.3	5:10.2
67 LUTZ, Aliyah	JR	181	Vinton-Shellsburg	(52)	25:57.2	8:22.3	5:12.1
68 MATHER, Alex	SO	161	Urbandale	-	25:57.5	8:22.4	5:12.1
69 MICHEEL, Addie	FR	66	Mount Vernon-Lisb	-	26:12.4	8:27.2	5:15.1
70 RETH, Kaci	SO	223	West Delaware Ma	-	26:13.1	8:27.4	5:15.2
71 ANTE, Brooklin	SR	202	West Delaware Ma	-	26:13.6	8:27.6	5:15.3
72 GRIMM, Chloe	SO	178	Vinton-Shellsburg	(53)	26:20.8	8:29.9	5:16.8
73 LEFEVERE, Payton	JR	179	Vinton-Shellsburg	-	26:33.8	8:34.1	5:19.4
74 VANWECHSEL, Brooklyn	FR	186	Vinton-Shellsburg	-	26:34.2	8:34.2	5:19.5
75 ANDERSON, Laela	JR	264	Xavier Cedar Rapid	-	26:45.3	8:37.8	5:21.7
76 SHINDELAR, Delaney	SR	15	Marion	54	26:52.5	8:40.1	5:23.1
77 BONIFAZI, Alivia	FR	2	Marion	(55)	26:53.2	8:40.4	5:23.3

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Race #1
Girls 5K**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
78 PASTOR, Cadence	JR	11	Marion	(56)	26:54.5	8:40.8	5:23.5
79 TWOMEY, Ava	SO	228	West Delaware Ma	-	27:02.8	8:43.5	5:25.2
80 BODEKER, June	FR	175	Vinton-Shellsburg	-	27:07.7	8:45.0	5:26.2
81 WALZ, Libby	FR	282	Xavier Cedar Rapid	-	27:08.7	8:45.4	5:26.4
82 HOEFER, Maryn	JR	209	West Delaware Ma	-	27:12.0	8:46.4	5:27.0
83 MENSEN, Erin	SR	216	West Delaware Ma	-	27:17.8	8:48.3	5:28.2
84 KETTMANN, Sophia	SO	272	Xavier Cedar Rapid	-	27:25.2	8:50.7	5:29.7
85 MILLENKAMP, Emma	SO	217	West Delaware Ma	-	27:29.7	8:52.1	5:30.6
86 THURM, Leah	SR	281	Xavier Cedar Rapid	-	27:32.0	8:52.9	5:31.1
87 MCCULLOUGH, Kora	SR	182	Vinton-Shellsburg	-	27:50.6	8:58.9	5:34.8
88 PUTZ, Malorie	SR	221	West Delaware Ma	-	27:54.5	9:00.1	5:35.6
89 PAULY, Jady	JR	12	Marion	-	28:02.0	9:02.6	5:37.1
90 ISKE, Elle	SO	250	West Liberty	-	28:16.1	9:07.1	5:39.9
91 LEONARD, Leah	SO	62	Mount Vernon-Lisb	-	28:29.5	9:11.4	5:42.6
92 HAGMEIER, Gabriella	JR	7	Marion	-	28:32.7	9:12.5	5:43.2
93 SCHULTE, Addison	JR	225	West Delaware Ma	-	28:34.6	9:13.1	5:43.6
94 FRY, Emma	FR	5	Marion	-	28:35.8	9:13.5	5:43.8
95 BRACKEN, Indiana	SO	154	Urbandale	-	28:52.1	9:18.7	5:47.1
96 MORMANN, Adler	JR	218	West Delaware Ma	-	28:53.2	9:19.1	5:47.3
97 SUAREZ, Isabella	JR	115	North Scott Eldridge	-	29:04.9	9:22.8	5:49.7
98 KEISTER, Ella	SO	212	West Delaware Ma	-	29:12.6	9:25.4	5:51.2
99 GONZALEZ, Angelly	SR	248	West Liberty	-	29:17.8	9:27.0	5:52.3
100 HELGEBS, Khloe	FR	268	Xavier Cedar Rapid	-	29:19.4	9:27.5	5:52.6
101 PFAB, Hannah	JR	278	Xavier Cedar Rapid	-	29:29.8	9:30.9	5:54.7
102 MORMANN, Adrian	FR	219	West Delaware Ma	-	29:42.3	9:34.9	5:57.2
103 CARROLL, Avery	JR	206	West Delaware Ma	-	29:46.5	9:36.3	5:58.0
104 SLEPER, Grace	SR	227	West Delaware Ma	-	29:48.3	9:36.8	5:58.4
105 ZANKER, Abbey	SR	231	West Delaware Ma	-	29:56.4	9:39.5	6:00.0
106 BISCHOF, Ella	SR	205	West Delaware Ma	-	30:01.7	9:41.2	6:01.1
107 BUNTEN, Maddie	SO	176	Vinton-Shellsburg	-	30:07.0	9:42.9	6:02.1
108 WELCHER, Kinley	SO	229	West Delaware Ma	-	30:16.2	9:45.9	6:04.0
109 ANDERSON, Rachel	SR	201	West Delaware Ma	-	30:28.8	9:49.9	6:06.5
110 REIS, Kate	JR	222	West Delaware Ma	-	31:06.1	10:02.0	6:14.0
111 WHITE, Alivia	SO	230	West Delaware Ma	-	31:16.3	10:05.2	6:16.0
112 JOHNSON, Addison	FR	270	Xavier Cedar Rapid	-	31:29.3	10:09.4	6:18.6
113 SCHULTE, Lily	FR	226	West Delaware Ma	-	31:37.5	10:12.1	6:20.2
114 OLSON, Kylie	SR	10	Marion	-	31:58.0	10:18.7	6:24.4
115 BUDDE, Olive	SO	104	North Scott Eldridge	-	32:23.0	10:26.8	6:29.4
116 GUDENKAUF, Holly	JR	208	West Delaware Ma	-	33:38.8	10:51.2	6:44.6
117 GARBES, Dotti	JR	6	Marion	-	33:56.0	10:56.8	6:48.0
118 PARK, Soyeon	JR	276	Xavier Cedar Rapid	-	34:19.1	11:04.2	6:52.6
119 CRAWFORD, Pazleigh	SR	105	North Scott Eldridge	-	35:04.1	11:18.7	7:01.7
120 UHL, Gracie	JR	17	Marion	-	35:45.9	11:32.2	7:10.0
121 PECK, Katelyn	JR	110	North Scott Eldridge	-	36:04.8	11:38.3	7:13.8

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KAUDER RACING

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Race #2
Boys 5K

Final Results

RACE SUMMARY

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-Lisbon	23	1-3-4-5-10(12)(14)	1:24:48	16:58	1:37.1
2 Vinton-Shellsburg	64	2-6-11-22-23(28)(33)	1:28:57	17:48	2:10.3
3 North Scott Eldridge	85	8-15-16-21-25(26)(30)	1:31:37	18:20	1:20.9
4 Xavier Cedar Rapids	103	7-13-24-27-32(37)(38)	1:32:57	18:36	2:17.5
5 West Liberty	151	17-18-35-40-41(50)(52)	1:37:05	19:25	1:53.7
6 West Delaware Mancheste	158	19-20-34-36-49(51)(54)	1:38:57	19:48	3:50.7
7 Mid-Prairie Wellman	179	9-29-42-46-53	1:41:44	20:21	5:35.5
8 Marion	202	31-39-43-44-45(47)(48)	1:41:32	20:19	1:34.3

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SCHEIL, Dawson	SR	95	Mount Vernon-Lisb	1	16:06.2	5:11.6	3:13.6
2 TORRES, Alex	SR	198	Vinton-Shellsburg	2	16:32.8	5:20.2	3:18.9
3 CASKEY, Chasen	JR	81	Mount Vernon-Lisb	3	16:56.2	5:27.8	3:23.6
4 FELDMAN, Sawyer	SR	83	Mount Vernon-Lisb	4	17:00.5	5:29.2	3:24.5
5 BRINKMANN, Benjamin	FR	79	Mount Vernon-Lisb	5	17:02.0	5:29.7	3:24.8
6 DICKINSON, Zachary	SR	189	Vinton-Shellsburg	6	17:10.9	5:32.5	3:26.6
7 ALLEN, Andrew	SO	283	Xavier Cedar Rapid	7	17:17.1	5:34.5	3:27.8
8 HAMLY, Parker	JR	127	North Scott Eldridge	8	17:36.6	5:40.8	3:31.7
9 SWARTZENTRUBER, Max	JR	57	Mid-Prairie Wellma	9	17:42.0	5:42.6	3:32.8
10 ARMSTRONG, Anthony	JR	77	Mount Vernon-Lisb	10	17:43.2	5:43.0	3:33.1
11 BLAIS, Jack	SR	188	Vinton-Shellsburg	11	17:47.3	5:44.3	3:33.9
12 HAPPEL, Kyler	JR	86	Mount Vernon-Lisb	(12)	17:50.8	5:45.4	3:34.6
13 MUEGGENBERG, Lance	SO	294	Xavier Cedar Rapid	13	17:55.3	5:46.9	3:35.5
14 RUPE, Charles	FR	94	Mount Vernon-Lisb	(14)	18:01.8	5:48.9	3:36.8
15 MCCARTHY, Jack	SR	135	North Scott Eldridge	15	18:08.1	5:51.0	3:38.1
16 CLAYTON, Ben	JR	120	North Scott Eldridge	16	18:21.1	5:55.2	3:40.6
17 JUAREZ, Jonathan	JR	255	West Liberty	17	18:23.6	5:56.0	3:41.1
18 MERAZ, Carlos	SO	259	West Liberty	18	18:24.2	5:56.2	3:41.3
19 HEMANN, Nolan	FR	234	West Delaware Ma	19	18:27.1	5:57.1	3:41.8
20 WHITE, Brenden	JR	243	West Delaware Ma	20	18:32.4	5:58.8	3:42.9
21 UNWIN, Carter	SR	150	North Scott Eldridge	21	18:33.6	5:59.2	3:43.2
22 DYE, Danny	SO	82	Mount Vernon-Lisb	-	18:35.1	5:59.7	3:43.5
23 PRIMROSE, Will	SO	196	Vinton-Shellsburg	22	18:42.4	6:02.1	3:44.9
24 LAMONT, Lincoln	SO	192	Vinton-Shellsburg	23	18:43.0	6:02.3	3:45.0
25 LANG, Caleb	SO	290	Xavier Cedar Rapid	24	18:56.6	6:06.6	3:47.8
26 SKYLES, Zeke	SO	148	North Scott Eldridge	25	18:57.4	6:06.9	3:47.9
27 HAPPEL, Cade	SR	85	Mount Vernon-Lisb	-	19:06.0	6:09.7	3:49.7
28 SPEIDEL, Brody	SR	97	Mount Vernon-Lisb	-	19:06.4	6:09.8	3:49.7
29 NUNEMAKER, Drayden	JR	91	Mount Vernon-Lisb	-	19:06.5	6:09.8	3:49.8
30 REGAN, Tim	JR	141	North Scott Eldridge	(26)	19:08.5	6:10.5	3:50.2
31 TEAGUE, Connor	FR	98	Mount Vernon-Lisb	-	19:13.0	6:11.9	3:51.1
32 CRIPE, Brady	JR	285	Xavier Cedar Rapid	27	19:13.4	6:12.0	3:51.1

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33 PARMATER, Jackson	SO	195	Vinton-Shellsburg	(28)	19:14.1	6:12.3	3:51.3
34 STULTZ, Jesse	SR	56	Mid-Prairie Wellma	29	19:15.3	6:12.7	3:51.5
35 MCMANN, Zach	SR	136	North Scott Eldridge	(30)	19:16.1	6:12.9	3:51.7
36 GRENIS, Brinson	FR	84	Mount Vernon-Lisb	-	19:18.3	6:13.6	3:52.1
37 UNWIN, Miles	FR	151	North Scott Eldridge	-	19:18.8	6:13.8	3:52.2
38 NORTHWAY, Liam	JR	34	Marion	31	19:21.1	6:14.5	3:52.7
39 MATTHAIDESS, Trevor	SO	134	North Scott Eldridge	-	19:21.5	6:14.7	3:52.8
40 LANG, Dylan	SR	291	Xavier Cedar Rapid	32	19:34.5	6:18.9	3:55.4
41 ALLEN, Leif	JR	187	Vinton-Shellsburg	(33)	19:42.2	6:21.3	3:56.9
42 URIBE, Brett	FR	242	West Delaware Ma	34	19:43.3	6:21.7	3:57.1
43 MAURER, Maddex	FR	258	West Liberty	35	19:50.1	6:23.9	3:58.5
44 SIMMONS, Alexander	SO	147	North Scott Eldridge	-	19:54.2	6:25.2	3:59.3
45 WOOTEN, Kyler	SR	246	West Delaware Ma	36	19:56.3	6:25.9	3:59.7
46 HOLST, Nate	JR	129	North Scott Eldridge	-	19:58.2	6:26.5	4:00.1
47 DOUGHERTY, Bryton	FR	122	North Scott Eldridge	-	20:00.1	6:27.1	4:00.5
48 GARNICA, Jason	JR	125	North Scott Eldridge	-	20:02.1	6:27.8	4:00.9
49 KELLY, Sean	SO	288	Xavier Cedar Rapid	(37)	20:05.5	6:28.9	4:01.6
50 TEW, Franklin	FR	299	Xavier Cedar Rapid	(38)	20:06.8	6:29.3	4:01.8
51 KAMAUS, Carew	SR	87	Mount Vernon-Lisb	-	20:08.9	6:29.9	4:02.2
52 MEDINA, Ethan	SO	33	Marion	39	20:09.2	6:30.1	4:02.3
53 RANGEL, Ivan	SR	261	West Liberty	40	20:09.5	6:30.2	4:02.4
54 MARTINO, Gus	JR	292	Xavier Cedar Rapid	-	20:09.9	6:30.3	4:02.5
55 PACHA, Cooper	FR	295	Xavier Cedar Rapid	-	20:11.6	6:30.8	4:02.8
56 GONZALEZ, Damian	SO	253	West Liberty	41	20:17.3	6:32.7	4:03.9
57 AMBROSY, Joseph	FR	284	Xavier Cedar Rapid	-	20:18.4	6:33.0	4:04.2
58 MCGUIRE, Griffin	FR	89	Mount Vernon-Lisb	-	20:20.2	6:33.6	4:04.5
59 SCIESZINSKI, Jayden	SR	96	Mount Vernon-Lisb	-	20:21.3	6:34.0	4:04.7
60 WATERS, Reece	JR	58	Mid-Prairie Wellma	42	20:23.9	6:34.8	4:05.3
61 PAGE, Carson	SO	194	Vinton-Shellsburg	-	20:25.1	6:35.2	4:05.5
62 ESCH, Cooper	FR	124	North Scott Eldridge	-	20:26.7	6:35.7	4:05.8
63 AYERS, Keegan	JR	116	North Scott Eldridge	-	20:28.7	6:36.3	4:06.2
64 GROEZINGER, Joshua	FR	29	Marion	43	20:31.0	6:37.1	4:06.7
65 RIECK, Henry	SR	142	North Scott Eldridge	-	20:32.6	6:37.6	4:07.0
66 SCHOUTEN, James	FR	41	Marion	44	20:35.1	6:38.4	4:07.5
67 SCHMIDT, Hayden	FR	146	North Scott Eldridge	-	20:37.8	6:39.3	4:08.0
68 THARP, Leo	SR	99	Mount Vernon-Lisb	-	20:42.2	6:40.7	4:08.9
69 ROZEBOOM, Teddy	FR	296	Xavier Cedar Rapid	-	20:48.6	6:42.8	4:10.2
70 SCHNAUFER, Dominic	SR	40	Marion	45	20:55.3	6:44.9	4:11.6
71 HUBER, Tyson	SO	55	Mid-Prairie Wellma	46	21:04.8	6:48.0	4:13.5
72 STERN, Ralph	FR	43	Marion	(47)	21:08.5	6:49.2	4:14.2
73 SKOGMAN, Jake	JR	42	Marion	(48)	21:14.9	6:51.2	4:15.5
74 MONROE, Brady	FR	139	North Scott Eldridge	-	21:24.1	6:54.2	4:17.3
75 SCHERBRING, Grady	SO	39	Marion	-	21:28.1	6:55.5	4:18.1
76 SCHAAPVELD, Mason	FR	144	North Scott Eldridge	-	21:29.9	6:56.1	4:18.5
77 MESS, Marshall	SO	137	North Scott Eldridge	-	21:38.8	6:59.0	4:20.3
78 INCH, Riley	SR	130	North Scott Eldridge	-	21:39.9	6:59.3	4:20.5

MOUNT VERNON-LISBON INVITATIONAL 2025

Mount Vernon, IA

Elliott Athletic Complex

Weather: Sunny, Wind NW 5-10mph, 45% Humidity & 72

Host: Mount Vernon-Lisbon

Tuesday, August 26, 2025

MEET OFFICIALS**Meet Director:**

Matt Thede

Meet Referee:

Tom Cahalan

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

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**Race #2
Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
79 GORTON, Andrew	JR	27	Marion	-	21:48.0	7:01.9	4:22.1
80 LAMMERS, Henry	FR	289	Xavier Cedar Rapid	-	22:00.4	7:05.9	4:24.6
81 PODUSKA, Nate	JR	93	Mount Vernon-Lisb	-	22:04.2	7:07.2	4:25.4
82 SIMANEK, Thatcher	FR	298	Xavier Cedar Rapid	-	22:05.9	7:07.7	4:25.7
83 KAPLER, Andrew	SR	32	Marion	-	22:11.6	7:09.5	4:26.8
84 MARTIN, Jordan	FR	88	Mount Vernon-Lisb	-	22:13.1	7:10.0	4:27.1
85 BARKLEY, Zayin	JR	20	Marion	-	22:13.4	7:10.1	4:27.2
86 BUSSEY, Connor	JR	21	Marion	-	22:14.4	7:10.4	4:27.4
87 BURGESS, Leo	FR	80	Mount Vernon-Lisb	-	22:16.2	7:11.0	4:27.8
88 VANNORSDEL, Max	SO	152	North Scott Eldridge	-	22:16.8	7:11.2	4:27.9
89 WILKINS, Hagen	SO	101	Mount Vernon-Lisb	-	22:17.5	7:11.4	4:28.0
90 TUCKER, Hayden	JR	241	West Delaware Ma	49	22:17.7	7:11.5	4:28.1
91 MOEHLMAN, Elliott	SR	90	Mount Vernon-Lisb	-	22:25.3	7:14.0	4:29.6
92 LOZANO, Hernan	FR	256	West Liberty	(50)	22:29.3	7:15.2	4:30.4
93 ANDRESEN, Calvin	SR	19	Marion	-	22:34.2	7:16.8	4:31.4
94 LINK, Jacob	JR	131	North Scott Eldridge	-	22:34.7	7:17.0	4:31.5
95 MATHER, Clay	JR	237	West Delaware Ma	(51)	22:46.4	7:20.8	4:33.8
96 STROBBE, Ethan	JR	149	North Scott Eldridge	-	22:46.8	7:20.9	4:33.9
97 NICHOLSON, Andre	SO	260	West Liberty	(52)	22:56.2	7:23.9	4:35.8
98 HUSTON, Mason	FR	287	Xavier Cedar Rapid	-	22:59.7	7:25.0	4:36.5
99 WHALEN, Oliver	JR	200	Vinton-Shellsburg	-	22:59.7	7:25.0	4:36.5
100 VAN WECHER, Lincoln	JR	199	Vinton-Shellsburg	-	23:12.9	7:29.3	4:39.1
101 SINGH, Victor	SO	197	Vinton-Shellsburg	-	23:17.0	7:30.6	4:40.0
102 DAMSCHEN, Cayce	SO	54	Mid-Prairie Wellma	53	23:17.5	7:30.8	4:40.0
103 GRIMM, Kashton	SO	190	Vinton-Shellsburg	-	23:17.8	7:30.9	4:40.1
104 LOTZ, Rowan	FR	132	North Scott Eldridge	-	23:39.0	7:37.7	4:44.4
105 FESSLER, Cade	SR	233	West Delaware Ma	(54)	23:45.5	7:39.8	4:45.7
106 BOOTS, Brogan	FR	78	Mount Vernon-Lisb	-	23:50.9	7:41.6	4:46.7
107 HLUBEK, Owen	SR	286	Xavier Cedar Rapid	-	24:03.9	7:45.8	4:49.4
108 MILLER, Lucas	SR	138	North Scott Eldridge	-	24:04.2	7:45.8	4:49.4
109 THOMAS, Wyatt	SO	44	Marion	-	24:04.2	7:45.9	4:49.4
110 PETERSON, Charlie	JR	140	North Scott Eldridge	-	24:04.7	7:46.0	4:49.5
111 CLARK, Charles	SR	22	Marion	-	24:11.6	7:48.2	4:50.9
112 MCNELLY, Kile	SR	238	West Delaware Ma	-	24:15.3	7:49.4	4:51.6
113 KEARNS, Ryelin	FR	191	Vinton-Shellsburg	-	24:15.5	7:49.5	4:51.7
114 QUINN, Aiden	FR	36	Marion	-	24:31.9	7:54.8	4:55.0
115 MCNARY, Caleb	FR	293	Xavier Cedar Rapid	-	24:44.0	7:58.7	4:57.4
116 AZUELA, Jorge	JR	117	North Scott Eldridge	-	24:44.4	7:58.8	4:57.5
117 HEATH, Wesley	SR	254	West Liberty	-	24:55.5	8:02.4	4:59.7
118 JOLLEY, Ryan	FR	235	West Delaware Ma	-	24:56.2	8:02.6	4:59.8
119 SCHMIDT, Brayden	FR	145	North Scott Eldridge	-	25:08.4	8:06.6	5:02.3
120 ELIZONDO, Cameron	SR	252	West Liberty	-	25:15.9	8:09.0	5:03.8
121 DUNKELBERGER, Brody	SO	24	Marion	-	25:28.2	8:13.0	5:06.2
122 WOODLAND, Levi	FR	245	West Delaware Ma	-	25:40.1	8:16.8	5:08.6
123 MALONEY, Chuck	SO	236	West Delaware Ma	-	25:45.2	8:18.4	5:09.6
124 TUCKER, Declan	FR	240	West Delaware Ma	-	25:56.2	8:22.0	5:11.8

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Race #2
Boys 5K**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
125 BOEDING, Brennon	FR	118	North Scott Eldridge	-	26:01.5	8:23.7	5:12.9
126 DEMOSS, Tait	SO	232	West Delaware Ma	-	26:27.8	8:32.2	5:18.2
127 RIVERA, Keizel	JR	239	West Delaware Ma	-	26:34.5	8:34.3	5:19.5
128 MICK, Rhys	JR	193	Vinton-Shellsburg	-	26:40.5	8:36.3	5:20.7
129 RUIZ, Logan	FR	297	Xavier Cedar Rapid	-	26:42.0	8:36.8	5:21.0
130 HOLLAND, Zeke	SO	31	Marion	-	27:05.4	8:44.3	5:25.7
131 MALAGON, Gabriel	JR	257	West Liberty	-	27:08.6	8:45.3	5:26.4
132 DUNCAN, Gabriel	FR	123	North Scott Eldridge	-	27:09.2	8:45.5	5:26.5
133 HAMES, Michael	FR	126	North Scott Eldridge	-	27:25.9	8:50.9	5:29.8
134 HEIMS, Dillon	JR	30	Marion	-	27:34.3	8:53.6	5:31.5
135 ROSE, Chandler	FR	37	Marion	-	27:48.3	8:58.1	5:34.3
136 CARNEY, Logan	FR	119	North Scott Eldridge	-	28:34.1	9:12.9	5:43.5
137 WYE, Donevan	FR	153	North Scott Eldridge	-	28:38.7	9:14.4	5:44.4
138 LUCKRITZ, Colin	FR	133	North Scott Eldridge	-	28:43.2	9:15.9	5:45.3
139 WHITE, Maxwell	FR	244	West Delaware Ma	-	29:26.8	9:29.9	5:54.1
140 THARP, Ben	SR	262	West Liberty	-	30:06.5	9:42.7	6:02.0
141 COUNIHAM, Liam	FR	121	North Scott Eldridge	-	30:29.2	9:50.1	6:06.6