

Iowa State Qualifier - 1A - Emmetsburg HS

OFFICIAL 📅 Thu, Oct 23, 2025 📍 Iowa Lakes Community College - Emmetsburg Cam

Deadline was 🗄 Wed Oct 22, 2025 @ 07:00 PM

Mens Results

5,000 Meters State

Official Team Scores

1. East Sac County	33
2. Sioux Central Sioux Rapids	42
3. South O'Brien Paullina	120
4. Siouxland Christian	139
5. Hartley-Melvin-Sanborn	147
6. Emmetsburg	155
7. Trinity Christian High School	182
8. West Sioux Hawarden	205
9. Lawton-Bronson	210
10. North Union	244
11. MMCPU	257
12. Harris-Lake Park	285

1. 11 Lucos Wernimont	16:35.3	Sioux Central Sioux Rapids
2. 12 Landon Sporrer	16:38.7	East Sac County
3. 12 Riley Aragon	17:16.1	East Sac County
4. 12 Owen Engel	17:22.7	East Sac County
5. 9 Ben Cox	17:33.4	Emmetsburg
6. 10 Landen Davenport	17:35.6	South O'Brien Paullina
7. 12 Jack Christian	17:45.2	Sioux Central Sioux Rapids
8. 11 Landon Driver	18:12.7	Sioux Central Sioux Rapids
9. 10 Archer Small	18:15.2	Akron-Westfield
10. 9 Tyler DeBoer	18:19.1	Trinity Christian High School
11. 9 Oliver Engel	18:27.0	East Sac County
12. 11 Colin Christians	18:37.6	Sioux Central Sioux Rapids
13. 12 Krayton Rutledge	18:39.7	Emmetsburg

Womens Results

5,000 Meters State

Official Team Scores

1. Sioux Central Sioux Rapids	38
2. Sibley-Ocheyedan	50
3. Hinton	81
4. Emmetsburg	99
5. Siouxland Christian	118
6. Lawton-Bronson	126

1. 12 Tyra Schupbach	19:02.6	West Bend-Mallard
2. 9 Stella Riediger	20:05.3	Hinton
3. 10 Sage Weber	20:05.7	Sioux Central Sioux Rapids
4. 12 Rachel Schany	20:27.5	Emmetsburg
5. 12 Marley Madsen	20:34.7	Sioux Central Sioux Rapids
6. 11 Alexis Cummins	21:19.1	North Union
7. 9 Hope Irvin	21:22.2	Siouxland Christian
8. 10 Aleah Marco	21:25.0	Sibley-Ocheyedan
9. 11 Mya Pohlen	21:47.2	Sibley-Ocheyedan
10. 10 Amadelaid Benitez	21:49.1	Sibley-Ocheyedan
11. 9 Viviana Delacruz	21:50.8	Hartley-Melvin-Sanborn
12. 12 Nora Christian	21:56.2	Sioux Central Sioux Rapids
13. 11 Karina Bloom	22:05.8	Sioux Central Sioux Rapids
14. 9 Mesa Zellmer	22:19.1	Hinton
15. 11 Natalie McKenna	22:23.6	Lawton-Bronson
16. 10 Isabella Utesch	22:23.7	Akron-Westfield
17. 10 Violet Sangwin	22:24.5	Sioux Central Sioux Rapids
18. 10 Riley Childs	22:33.1	Sibley-Ocheyedan
19. 9 Lucy Heitritter	22:37.3	Sibley-Ocheyedan
20. 12 Lilly Morey	22:42.9	West Bend-Mallard
21. 12 Maddie Fehr	22:52.3	West Bend-Mallard
22. 9 Kinley Keegan	22:56.5	Siouxland Christian
23. 10 Payton Kerns	23:22.2	Gehlen Catholic LeMars
24. 9 Gracie Odens	23:23.7	Sibley-Ocheyedan

14.	11	Easton Teal	18:40.4	Hartley-Melvin-Sanborn	25.	11	Reese Regier	23:24.4	Hinton
15.	12	Xander Hemer	18:42.9	East Sac County	26.	11	Kaylee Mesz	23:25.9	Lawton-Bronson
16.	9	Weston Smith	18:45.3	Sioux Central Sioux Rapids	27.	11	Alyssa Welbig	23:29.7	North Union
17.	11	Trayton Cobb	19:04.6	South O'Brien Paullina	28.	10	Aubree O'Brien	23:38.7	Lawton-Bronson
18.	12	Troy Dekkers	19:08.6	West Sioux Hawarden	29.	10	Allie Chambers	23:55.2	Sioux Central Sioux Rapids
19.	12	Eric Kleinwolterink	19:17.7	Sibley-Ocheyedan	30.	11	Rory Elbert	23:57.9	Emmetsburg
20.	11	Kenton Ackerman	19:19.1	East Sac County	31.	11	Caroline Burdick	24:00.7	Emmetsburg
21.	12	Carter Vos	19:21.5	Sibley-Ocheyedan	32.	11	Annika Juhl	24:27.0	MMCRU
22.	12	Andrew Nelson	19:27.2	Sioux Central Sioux Rapids	33.	9	Violet Geha	24:33.6	Gehlen Catholic LeMars
23.	11	Elijah Cox	19:32.0	Emmetsburg	34.	10	Taylor Thayer	24:40.5	Emmetsburg
24.	9	Jace Brown	19:49.5	Siouxland Christian	35.	9	Faith Spenner	24:48.3	MMCRU
25.	11	Mark Davis	20:03.6	Siouxland Christian	36.	11	Keeley Derochie	25:00.4	Hinton
26.	11	Erik Koehler	20:03.7	Siouxland Christian	37.	12	Alisa Pajazetovic	25:02.0	MMCRU
27.	9	Chase Rodger	20:06.2	South O'Brien Paullina	38.	11	Isabell Hodgson	25:10.5	Hinton
28.	9	Dylan Boynton	20:12.5	Hartley-Melvin-Sanborn	39.	9	Delilah Boynton	25:13.8	Hartley-Melvin-Sanborn
29.	12	Landon Manwarren	20:19.3	North Union	40.	10	Mya Morton	25:21.1	Emmetsburg
30.	11	Lucas Patelski	20:21.1	Lawton-Bronson	41.	9	Nevayda Ingram	25:26.7	West Bend-Mallard
31.	12	Brett Leitru	20:21.4	Hinton	42.	10	Brooklyn Erickson	25:36.2	Hartley-Melvin-Sanborn
32.	10	Nolan Carver	20:25.1	MMCRU	43.	10	Sarah Phillips	25:43.2	Sioux Central Sioux Rapids
33.	12	Taylon Withers	20:27.6	Sioux Central Sioux Rapids	44.	9	Abigail Biddle	25:52.8	Emmetsburg
34.	10	James Carlin	20:34.4	Hartley-Melvin-Sanborn	45.	12	Taya Eisenga	26:00.6	Siouxland Christian
35.	11	Bryce Uittenbogaard	20:37.8	Trinity Christian High School	46.	12	Kayla Sypersma	26:21.2	Hinton
36.	11	Corbin Warnke	20:38.7	South O'Brien Paullina	47.	9	Ruby Hall	26:27.5	Siouxland Christian
37.	10	Luther Eggleston	20:43.6	Lawton-Bronson	48.	12	Danielle Tesch	26:46.7	Gehlen Catholic LeMars
38.	10	Owen Hansen	20:54.4	West Sioux Hawarden	49.	12	Josilynne Lennon	26:56.6	Akron-Westfield
39.	10	Karter Zimmer	20:55.9	Hartley-Melvin-Sanborn	50.	10	Mikayla Johnson	27:01.0	Emmetsburg
40.	12	Jackson Stansberry	20:57.2	Siouxland Christian	51.	10	Kenzley Christoffel	27:02.6	Gehlen Catholic LeMars
41.	11	Calen Keegan	20:59.0	Siouxland Christian	52.	11	Mikaela Clark	27:09.5	Hinton
42.	11	Amos Andringa	21:00.7	Trinity Christian High School	53.	9	Anna Reynolds	27:14.2	Siouxland Christian
43.	12	Triston Vos	21:02.9	Sibley-Ocheyedan	54.	12	Evelyn Steffen	27:49.3	Hartley-Melvin-Sanborn
44.	12	Lucas Jacobsma	21:18.3	Harris-Lake Park	55.	10	Victoria Ellis	28:08.9	GTRA
45.	10	Cole Renken	21:22.4	Harris-Lake Park	56.	Jr	Riley Roder	28:21.7	Lawton-Bronson
46.	12	Traecer Starnes	21:27.4	North Union	57.	12	Anessa Johnson	28:31.7	South O'Brien Paullina
47.	10	Alex Leitru	21:33.0	Hinton	58.	11	Haylie Talbert	29:03.9	Siouxland Christian
48.	9	Morgan Kilts	21:34.7	South O'Brien Paullina	59.	11	Esther Reynolds	29:08.6	Siouxland Christian
49.	11	Alex Lindberg	21:34.8	Hinton	60.	10	Keegan Smith	29:17.9	Lawton-Bronson
50.	11	Conner Galles	21:34.9	MMCRU	61.	11	Olivia Crew	30:35.8	Lawton-Bronson
51.	11	Clement L'helgoualch	21:40.9	Hartley-Melvin-Sanborn	62.	12	Liberty Ellis	31:33.0	GTRA
52.	10	Mikey Vandesteeg	21:44.3	Siouxland Christian	63.	10	Rebekah Koerner	32:28.9	Lawton-Bronson
53.	9	Noah Brockhaus	21:44.3	Lawton-Bronson	64.	10	Rachel Doellinger	35:12.8	MMCRU
54.	9	Tallon Fitch	21:47.6	Lawton-Bronson					
55.	9	Jaxton Van Maanen	21:52.2	Trinity Christian High School					
56.	12	Anthony Hansen	22:14.8	West Sioux Hawarden					
57.	12	Kade Madden	22:15.7	North Union					
58.	11	Micaiah Camping	22:18.5	Siouxland Christian					
59.	9	Teygan Schram	22:19.1	Akron-Westfield					
60.	11	Zachary Sabin	22:20.9	West Sioux Hawarden					
61.	10	Ian Deboom	22:32.3	West Sioux Hawarden					
62.	10	Jeff Braun	22:34.2	MMCRU					
63.	12	Cooper Chizek	22:36.3	Emmetsburg					
64.	9	Levi Poppema	22:36.7	Trinity Christian High School					
65.	10	Tristen Franks	23:06.8	Lawton-Bronson					
66.	12	Dominic Rounds	23:15.3	South O'Brien Paullina					
67.	11	Michael Harvey	23:16.7	Lawton-Bronson					
68.	10	Bryson Kampen	23:26.3	West Bend-Mallard					
69.	10	Samuel Kirkegaard	23:34.6	North Union					
70.	11	Karsen Galles	23:43.2	MMCRU					
71.	10	Arick Palsma	24:14.3	Lawton-Bronson					
72.	11	Kyle Europa	24:19.0	Emmetsburg					
73.	11	Adam Kennedy	24:22.6	Hinton					
74.	12	Jacob Pierce	24:42.4	Akron-Westfield					
75.	9	Elliot DeRoo	25:18.0	Harris-Lake Park					
76.	12	Carter Dolphin	25:56.2	Hartley-Melvin-Sanborn					
77.	12	Asa Flinders	26:01.7	South O'Brien Paullina					

78.	9	Edward Champney	26:23.0	North Union
79.	9	Walter Reedy	26:27.0	Emmetsburg
80.	10	Daniel Beierschmitt	27:11.9	Akron-Westfield
81.	10	Hayden Dolphin	27:26.2	Hartley-Melvin-Sanborn
82.	10	Roland Rusche	27:52.1	Sibley-Ocheyedan
83.	9	Jack Kellen	28:41.7	Gehlen Catholic LeMars
84.	10	Jacob Skoglund	28:57.7	Harris-Lake Park
85.	9	Jagger Becker	29:41.5	MMCRU
86.	11	Keagan Caviness	32:06.5	Harris-Lake Park
	9	Clayton Moss	NT	Trinity Christian High School