

2025 4A State Qualifying Meet CBAL - 10/22/2025**IWCC****Rankings****Event 1 Girls 5k Run CC**

Name	Year	School	Finals	Points
1 Messerly, Piper	11	DC-G	18:32	1
2 Heidgerken, Tenley	9	DC-G	18:50	2
3 Flick, Rebecca	9	Ankeny Centennial	19:02	3
4 Blevins, Ellie	11	Ankeny Centennial	19:06	4
5 Hoss, Madelyn	11	Lewis Central	19:22	5
6 Gentry, Meredith	12	DSMR	19:36	6
7 Spradling, Isabel	10	DSMR	19:37	7
8 Dooley, Addison	12	DC-G	19:41	8
9 Cogdill, Natalie	9	Ankeny Centennial	19:41	9
10 Schmitz, Hannah	9	Norwalk	19:44	10
11 Pudenz, Lilly	10	DC-G	20:10	11
12 Reese, Delayna	11	Lewis Central	20:14	12
13 DeRocher, Olive	10	Norwalk	20:25	13
14 Drymon, Gabby	10	Norwalk	20:33	14
15 Mora, Julia	11	DC-G	20:43	15
16 Trinity, Klingensmith	10	Ankeny Centennial	20:45	16
17 Palmer, Marcella	12	Sioux City, North	20:52	17
18 Maile, Sammi	9	Ankeny Centennial	20:58	18
19 McCoy, Charlotte	12	DSMR	20:58	19
20 Sherman, Emma	12	DSMR	21:03	20
21 Klingner, Piper	9	Ankeny Centennial	21:08	21
22 Evans, Elizabeth	9	Norwalk	21:14	22
23 Brown, Pearl	12	Norwalk	21:14	23
24 Skari, Selma	12	Sioux City, East	21:18	24
25 Campbell, Ella	11	Ankeny Centennial	21:22	25
26 Wetzeler, Grace	10	Norwalk	21:46	26
27 Johnson, Hanna	12	Sioux City, North	21:52	27
28 Brungardt, Ava	10	Norwalk	22:04	28
29 Schulenberg, Sarai	9	Cb, AL	22:10	29
30 Kleckner, Emily	12	DC-G	22:11	30
31 Heaberlin, Kylie	12	DC-G	22:18	31
32 Chan, Loren	9	DSMR	22:46	32
33 From, Lillian	10	DSMR	22:55	33
34 Gutierrez, Maria	12	Sioux City, North	23:04	34
35 Strohemier, Kate	11	Lewis Central	23:05	35
36 Petersen, Torunn	10	Cb, AL	23:24	36
37 Hansen, Bailee	11	Sioux City, West	23:24	37
38 Kohl, Addisyn	9	Cb, AL	23:33	38
39 Mescher, Sophia	10	Lewis Central	23:41	39
40 Weitzel, Khloee	12	Sioux City, East	23:46	40
41 Scott, Emma	12	Sioux City, East	24:01	41
42 Kathol, Eden	9	Lewis Central	24:13	42
43 Burrack, Arcenia	12	Sioux City, North	24:15	43
44 Kaftka, Emma	9	Lewis Central	24:19	44
45 Kenney, Melody	9	Sioux City, North	24:22	45
46 Wilson, Kaylee	11	Cb, AL	24:24	46
47 Cohrs, Addison	12	Cb, AL	24:33	47
48 McCoy, Gemma	9	DSMR	24:33	48
49 Hennen, Malia	9	Sioux City, West	24:54	49
50 Vanderlinden, Ella	10	Sioux City, East	25:00	50
51 Eliesa, Khloe	11	Sioux City, North	25:00	51
52 Moyer, Kynzie	9	Cb, AL	25:16	52

Rankings

53	Stott, Norah	12	Cb, AL	25:30	53
54	Singleton, Alexis	9	Lewis Central	26:02	54
55	Kamm, Lilin	12	Sioux City, East	26:22	55
56	Carrillo, Sylvia	10	Sioux City, West	26:29	56
57	Limon, Melanie	11	Sioux City, West	26:31	57
58	Weaver, Olivia	11	Cb, TJ	27:05	
59	Cabrera, Brooke	9	Cb, TJ	28:41	
60	Lastor, Kaylee	10	Sioux City, West	29:07	58
61	Pina, Gezelle	9	Sioux City, West	29:11	59
62	Lengkeek, Baileigh	12	Sioux City, East	30:36	60

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Dallas Center-Grimes Total Time: 1:37:56.00 Average: 19:35.20	37	1	2	8	11	15	30	31		
2	Ankeny Centennial Total Time: 1:39:32.00 Average: 19:54.40	50	3	4	9	16	18	21	25		
3	Norwalk Total Time: 1:43:10.00 Average: 20:38.00	82	10	13	14	22	23	26	28		
4	Des Moines, Roosevelt Total Time: 1:44:00.00 Average: 20:48.00	84	6	7	19	20	32	33	48		
5	Lewis Central Total Time: 1:50:35.00 Average: 22:07.00	133	5	12	35	39	42	44	54		
6	Sioux City, North Total Time: 1:54:25.00 Average: 22:53.00	166	17	27	34	43	45	51			
7	Council Bluffs, Abraham L Total Time: 1:58:04.00 Average: 23:36.80	196	29	36	38	46	47	52	53		
8	Sioux City, East Total Time: 2:00:27.00 Average: 24:05.40	210	24	40	41	50	55	60			
9	Sioux City, West Total Time: 2:10:25.00 Average: 26:05.00	257	37	49	56	57	58	59			

2025 4A State Qualifying Meet CBAL - 10/22/2025**IWCC
Rankings****Event 2 Boys 5k Run CC**

Name	Year	School	Finals	Points
1 Gutema, Kuma	10	Sioux City, North	15:51	1
2 Kralik, Teegan	12	Norwalk	16:06	2
3 Ibeling, Graham	11	DC-G	16:17	3
4 Moll, Cohen	12	Ankeny Centennial	16:19	4
5 Parker, Sam	12	Norwalk	16:26	5
6 Alvarez, Jax	11	Ankeny Centennial	16:28	6
7 Lillie, Evan	10	Lewis Central	16:31	7
8 Kerndt, Noah	10	DC-G	16:34	8
9 Meggison, Jack	11	DC-G	16:40	9
10 Coots, Kevin	12	Lewis Central	16:51	10
11 Smith, Ian	12	Ankeny Centennial	16:53	11
12 Allen, Brecken	11	Ankeny Centennial	16:53	12
13 Buhrow, Sam	11	Norwalk	16:54	13
14 Beedon, Akesel	11	Norwalk	16:55	14
15 Gessmann, Harper	12	DC-G	16:55	15
16 Walderbach, Brayden	9	Norwalk	17:03	16
17 Hames, Ben	12	Sioux City, North	17:09	17
18 Bandy, Cedar	10	DC-G	17:14	18
19 Osterloh, Lane	12	Norwalk	17:21	19
20 Tesfaselassie, Even	12	Sioux City, North	17:22	20
21 Tice, Oliver	9	Norwalk	17:23	21
22 Ramsey, Cael	12	DC-G	17:25	22
23 Hamilton, Kaiden	12	Cb, TJ	17:30	23
24 Johnson, Davis	12	Ankeny Centennial	17:40	24
25 Bramble, William	11	Cb, AL	17:46	25
26 Mazzella, Joey	11	Lewis Central	17:50	26
27 Odson, Levi	11	Ankeny Centennial	18:01	27
28 Gutierrez, Josue	10	Sioux City, North	18:06	28
29 Knutson, Lucas	11	DSMR	18:10	29
30 Nicolino, Julian	11	DSMR	18:20	30
31 Boones, Logan	10	Sioux City, North	18:21	31
32 Zellner, Kristoffer	11	Sioux City, East	18:38	32
33 Wise, Graham	11	DSMR	18:38	33
34 Peterson, Max	9	DSMR	18:39	34
35 Locher, Henry	10	DSMR	18:39	35
36 Thomsen, Dane	9	Lewis Central	18:43	36
37 Wolf, Zed	10	Cb, AL	18:48	37
38 Wheelock, Leo	10	Sioux City, North	18:48	38
39 Aherns, Maverick	9	Cb, AL	18:55	39
40 Dunn, Caelum	11	DSMR	19:00	40
41 McDaniel, Malak	11	Cb, AL	19:08	41
42 Lobaugh, Carter	12	Lewis Central	19:08	42
43 Swaggerty-Morgan, Torrey	12	Sioux City, North	19:14	43
44 Harmsen, Hunter	11	Cb, AL	19:15	44
45 Greenwood, Marcus	9	Lewis Central	19:16	45
46 Behrens, Jack	12	Ankeny Centennial	19:16	46
47 Koepke, Kaden	12	Sioux City, East	19:17	47
48 Wymore, Carter	10	Cb, AL	19:23	48
49 Chwirka, Dylan	12	Sioux City, East	19:32	49
50 Menz, Bryan	10	Cb, TJ	19:36	50
51 Stroup, Beran	10	Lewis Central	19:37	51
52 Briggs, Cooper	10	DSMR	19:43	52

Rankings

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Norwalk Total Time: 1:23:24.00 Average: 16:40.80	50	2	5	13	14	16	19	21		
2	Dallas Center-Grimes Total Time: 1:23:40.00 Average: 16:44.00	53	3	8	9	15	18	22			
3	Ankeny Centennial Total Time: 1:24:13.00 Average: 16:50.60	57	4	6	11	12	24	27	46		
4	Sioux City, North Total Time: 1:26:49.00 Average: 17:21.80	97	1	17	20	28	31	38	43		
5	Lewis Central Total Time: 1:29:03.00 Average: 17:48.60	121	7	10	26	36	42	45	51		
6	Des Moines, Roosevelt Total Time: 1:32:26.00 Average: 18:29.20	161	29	30	33	34	35	40	52		
7	Council Bluffs, Abraham L Total Time: 1:33:52.00 Average: 18:46.40	186	25	37	39	41	44	48	53		
8	Sioux City, East Total Time: 1:37:52.00 Average: 19:34.40	238	32	47	49	54	56	59	60		
9	Council Bluffs, Thomas Je Total Time: 1:41:16.00 Average: 20:15.20	260	23	50	58	63	66	67	68		

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....Event 2  Boys 5k Run CC
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Total Time: 1:44:14.00

Average: 20:50.80