

WAMAC CONFERENCE

Cedar Rapids, IA

Seminole Valley Cross Country Course

Weather: Sunny, Wind SE 10-20mph, 59% Humidity & 75

Host: Mount Vernon

Thursday, October 16, 2025

MEET OFFICIALS**Meet Director:**

Matt Thede

Meet Referee:

Bill Neal

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 10/16/2025 6:10 PM

Race #1
Varsity Girls 5K**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-Lisbon	42	1-7-9-12-13(17)(27)	1:38:37	19:44	2:13.1
2 Solon	82	2-15-19-22-24(32)(34)	1:43:29	20:42	2:18.7
3 Williamsburg	85	4-14-16-23-28(38)(43)	1:43:24	20:41	2:12.3
4 Center Point-Urbana	92	3-11-20-25-33(60)	1:43:59	20:48	2:40.3
5 Marion	127	5-10-21-42-49(54)(61)	1:48:37	21:44	4:54.5
6 West Delaware Mancheste	150	8-18-29-44-51(52)(57)	1:50:26	22:06	4:46.1
7 Clear Creek-Amana	159	6-35-36-37-45(48)	1:49:43	21:57	3:41.7
8 Benton Community	196	26-31-39-47-53(56)(58)	1:55:11	23:03	3:31.5
9 Vinton-Shellsburg	207	30-40-41-46-50(55)(59)	1:55:34	23:07	2:57.0
DNP Grinnell					
DNP Clear Creek-Amana					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 MOELLER, Evelyn	JR	536	Mount Vernon-Lisb	1	18:09.3	5:50.2	3:37.8
2 SVALSTAD, Falyln	JR	603	Solon	2	19:04.5	6:08.0	3:48.9
3 CAUSEY, Aaliyah	SO	216	Center Point-Urban	3	19:15.3	6:11.5	3:51.0
4 BECKER, Channing	SO	724	Williamsburg	4	19:15.3	6:11.5	3:51.1
5 DABROSKI, Addison	SR	487	Marion	5	19:38.4	6:18.9	3:55.7
6 SEIDL, Ali	FR	283	Clear Creek-Amana	6	19:39.0	6:19.1	3:55.8
7 SWART, Kiersten	SR	542	Mount Vernon-Lisb	7	19:49.1	6:22.3	3:57.8
8 PEYTON, Norah	SR	693	West Delaware Ma	8	19:55.1	6:24.3	3:59.0
9 PISARIK, Rose	JR	537	Mount Vernon-Lisb	9	19:56.9	6:24.8	3:59.4
10 DABROSKI, Emerson	FR	488	Marion	10	20:11.0	6:29.4	4:02.2
11 ESTLING, Grace	JR	219	Center Point-Urban	11	20:18.1	6:31.6	4:03.6
12 SELLNER, Miranda	JR	539	Mount Vernon-Lisb	12	20:19.4	6:32.1	4:03.9
13 DAWSON, Edith	SR	528	Mount Vernon-Lisb	13	20:22.3	6:33.0	4:04.5
14 WILDE, Aubree	SO	770	Williamsburg	14	20:30.5	6:35.6	4:06.1
15 NELSON, Livya (Liv)	SO	590	Solon	15	20:38.7	6:38.3	4:07.7
16 ZYLSTRA, Kyliee	JR	376	Grinnell	-	20:41.2	6:39.1	4:08.2
17 GORSH, Maddie	FR	727	Williamsburg	16	20:48.4	6:41.4	4:09.7
18 SMITH, Cora	SR	540	Mount Vernon-Lisb (17)		20:58.5	6:44.6	4:11.7
19 BARDGETT, Jeanne	SO	678	West Delaware Ma	18	20:59.0	6:44.8	4:11.8
20 SCHMIDT, Mailee	FR	597	Solon	19	21:02.7	6:46.0	4:12.5
21 CARDO, Penny	FR	196	Center Point-Urban	20	21:05.2	6:46.8	4:13.0
22 MOORE, Elise	SR	492	Marion	21	21:13.9	6:49.6	4:14.8
23 SEAMANS, Addison	SO	599	Solon	22	21:20.1	6:51.6	4:16.0
24 AXMEAR, Edie	JR	723	Williamsburg	23	21:22.2	6:52.3	4:16.4
25 ARMENTROUT, Quinn	SO	571	Solon	24	21:23.2	6:52.6	4:16.6
26 KINDSCHI, Maci	SO	221	Center Point-Urban	25	21:24.4	6:53.0	4:16.9
27 FISHER, June	SO	71	Benton Community	26	21:25.4	6:53.3	4:17.1
28 JOHNSON, Torie	FR	529	Mount Vernon-Lisb (27)		21:27.1	6:53.9	4:17.4
29 MAAS, Leighton	SO	731	Williamsburg	28	21:27.6	6:54.0	4:17.5
30 KARTMAN, Brynn	JR	685	West Delaware Ma	29	21:32.6	6:55.6	4:18.5

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**Race #1
Varsity Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
31 PHIPPEN, Lainey	JR	656	Vinton-Shellsburg	30	21:37.0	6:57.0	4:19.4
32 CRETIN, Anna	FR	31	Benton Community	31	21:49.1	7:00.9	4:21.8
33 ROLWES, Ava	JR	595	Solon	(32)	21:53.0	7:02.2	4:22.6
34 DUNN, Avanti	JR	217	Center Point-Urban	33	21:55.6	7:03.0	4:23.1
35 MAI, Kinley	SO	587	Solon	(34)	21:57.9	7:03.7	4:23.6
36 WHITMER, Kadence	JR	287	Clear Creek-Amana	35	22:06.4	7:06.5	4:25.3
37 SHOUNICK, Alyssa	JR	284	Clear Creek-Amana	36	22:17.4	7:10.0	4:27.5
38 ROSENBERG, Keira	SO	281	Clear Creek-Amana	37	22:19.1	7:10.6	4:27.8
39 KLEINMEYER, Ella	SO	730	Williamsburg	(38)	22:45.2	7:19.0	4:33.0
40 KING, Emma	SO	76	Benton Community	39	22:54.5	7:22.0	4:34.9
41 SCHIRM, Ava	FR	658	Vinton-Shellsburg	40	22:57.4	7:22.9	4:35.5
42 BLAIS, Madeline	SR	647	Vinton-Shellsburg	41	23:00.2	7:23.8	4:36.0
43 SCHOUTEN, Grace	JR	496	Marion	42	23:00.9	7:24.0	4:36.2
44 HOFFMAN, Ashlyn	SR	728	Williamsburg	(43)	23:07.7	7:26.2	4:37.5
45 LYNCH, Berkley	FR	687	West Delaware Ma	44	23:18.2	7:29.6	4:39.6
46 STILTNER, Sienna	JR	285	Clear Creek-Amana	45	23:20.7	7:30.4	4:40.1
47 DRUSCHEL, Mazy	FR	650	Vinton-Shellsburg	46	23:25.0	7:31.7	4:41.0
48 STEARNS, Lydia	SO	109	Benton Community	47	24:05.2	7:44.7	4:49.0
49 CARTIER, Kennedi	JR	278	Clear Creek-Amana	(48)	24:13.8	7:47.4	4:50.7
50 SCHALMO, Grace	FR	375	Grinnell	-	24:26.8	7:51.6	4:53.4
51 BONIFAZI, Alivia	FR	486	Marion	49	24:32.8	7:53.6	4:54.6
52 ROLLINGER, Kara	JR	657	Vinton-Shellsburg	50	24:33.9	7:53.9	4:54.8
53 SCHMITZ, Avery	JR	698	West Delaware Ma	51	24:41.2	7:56.2	4:56.2
54 RETH, Kaci	SO	696	West Delaware Ma	(52)	24:55.1	8:00.7	4:59.0
55 DEMOSS, Layna	JR	44	Benton Community	53	24:56.8	8:01.3	4:59.4
56 HAGMEIER, Gabriella	JR	491	Marion	(54)	25:11.5	8:06.0	5:02.3
57 LEFEVERE, Payton	JR	652	Vinton-Shellsburg	(55)	25:13.4	8:06.6	5:02.7
58 BIRCH, Leigha	FR	18	Benton Community	(56)	25:18.4	8:08.2	5:03.7
59 PUTZ, Malorie	SR	694	West Delaware Ma	(57)	25:21.6	8:09.2	5:04.3
60 EASTMAN, Paige	FR	70	Benton Community	(58)	25:25.9	8:10.6	5:05.2
61 LUND, Araya	JR	653	Vinton-Shellsburg	(59)	25:33.8	8:13.2	5:06.8
62 SABIN, Riley	SR	229	Center Point-Urban	(60)	26:19.9	8:28.0	5:16.0
63 SHINDELAR, Delaney	SR	497	Marion	(61)	27:00.8	8:41.1	5:24.1
-- SCHULTE, Holley	JR	282	Clear Creek-Amana	-	DNF	---	---

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Race #2
Varsity Boys 5K**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-Lisbon	34	1-4-6-11-12(16)(32)	1:21:41	16:21	0:59.8
2 Grinnell	64	5-7-9-10-33(45)(58)	1:23:41	16:45	1:46.9
3 Clear Creek-Amana	89	2-15-22-24-26(28)(37)	1:25:50	17:10	1:38.9
4 Vinton-Shellsburg	128	3-13-27-34-51(59)(61)	1:27:32	17:31	2:39.9
5 Solon	141	17-20-30-36-38(41)(47)	1:28:35	17:43	0:56.7
6 Williamsburg	152	18-23-29-39-43(49)(64)	1:29:08	17:50	1:11.9
7 Benton Community	183	14-31-40-48-50(55)(63)	1:30:31	18:07	1:34.6
8 West Delaware Mancheste	227	19-21-54-62-71(73)(79)	1:33:12	18:39	2:57.1
9 Marion	236	25-35-53-57-66(67)(68)	1:33:18	18:40	2:13.1
10 Center Point-Urbana	244	42-44-46-52-60(65)	1:33:11	18:39	0:40.9
11 South Tama County Tama	306	8-69-75-76-78	1:44:14	20:51	7:02.9
12 Independence	349	56-70-72-74-77	1:44:58	21:00	3:47.3

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SCHEIL, Dawson	SR	563	Mount Vernon-Lisb	1	15:49.1	5:05.2	3:09.8
2 MESKIMEN, Carson	SO	358	Clear Creek-Amana	2	15:59.4	5:08.5	3:11.9
3 TORRES, Alex	SR	672	Vinton-Shellsburg	3	16:03.5	5:09.8	3:12.7
4 BRINKMANN, Benjamin	FR	547	Mount Vernon-Lisb	4	16:06.8	5:10.9	3:13.4
5 CONNER, Cadel	SR	377	Grinnell	5	16:09.5	5:11.7	3:13.9
6 FELDMAN, Sawyer	SR	551	Mount Vernon-Lisb	6	16:12.3	5:12.6	3:14.5
7 CRITES, Liam	SR	381	Grinnell	7	16:26.9	5:17.3	3:17.4
8 JESINA, Barrett	SR	641	South Tama County	8	16:27.4	5:17.5	3:17.5
9 WOLFE, Aden	JR	477	Grinnell	9	16:29.3	5:18.1	3:17.8
10 SANDQUIST, Isaac	JR	416	Grinnell	10	16:38.8	5:21.1	3:19.7
11 CASKEY, Chasen	JR	549	Mount Vernon-Lisb	11	16:43.9	5:22.8	3:20.8
12 ARMSTRONG, Anthony	JR	545	Mount Vernon-Lisb	12	16:48.8	5:24.4	3:21.8
13 DICKINSON, Zachary	SR	662	Vinton-Shellsburg	13	17:07.1	5:30.3	3:25.4
14 LANGE, Jack	JR	160	Benton Community	14	17:08.3	5:30.6	3:25.7
15 MILLER, Mason	JR	359	Clear Creek-Amana	15	17:09.4	5:31.0	3:25.9
16 HAPPEL, Kyler	JR	554	Mount Vernon-Lisb	(16)	17:09.7	5:31.1	3:25.9
17 MICHELS, Spencer	SR	626	Solon	17	17:12.7	5:32.0	3:26.5
18 PIRKL, Marcus	FR	843	Williamsburg	18	17:14.3	5:32.5	3:26.8
19 WHITE, Brenden	JR	718	West Delaware Ma	19	17:19.1	5:34.1	3:27.8
20 MEZA, Rene	SR	625	Solon	20	17:20.5	5:34.5	3:28.1
21 HEMANN, Nolan	FR	708	West Delaware Ma	21	17:27.3	5:36.7	3:29.5
22 JOHNSON, Micah	SO	353	Clear Creek-Amana	22	17:27.9	5:36.9	3:29.6
23 BRUMMEL, Finn	SR	773	Williamsburg	23	17:33.1	5:38.6	3:30.6
24 VOGEL, Kyle	SO	374	Clear Creek-Amana	24	17:34.9	5:39.2	3:31.0
25 NORTHWAY, Liam	JR	515	Marion	25	17:36.1	5:39.6	3:31.2
26 VANHORN, Jackson	SR	373	Clear Creek-Amana	26	17:38.3	5:40.3	3:31.7
27 PRIMROSE, Will	SO	669	Vinton-Shellsburg	27	17:40.5	5:41.0	3:32.1
28 BURKLE, Caden	SR	292	Clear Creek-Amana	(28)	17:40.9	5:41.1	3:32.2
29 BUSCH, Nile	SR	780	Williamsburg	29	17:42.0	5:41.5	3:32.4

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**Race #2
Varsity Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
30 HOLMES, Anders	SO	618	Solon	30	17:45.6	5:42.6	3:33.1
31 OLSON, Caleb	SR	164	Benton Community	31	17:48.8	5:43.6	3:33.7
32 HAPPEL, Cade	SR	553	Mount Vernon-Lisb	(32)	17:53.5	5:45.2	3:34.7
33 SCHALMO, William	JR	424	Grinnell	33	17:56.4	5:46.1	3:35.3
34 LAMONT, Lincoln	SO	665	Vinton-Shellsburg	34	17:56.9	5:46.2	3:35.4
35 COOK, Collin	SO	504	Marion	35	18:02.5	5:48.0	3:36.5
36 PETTIT, Charlie	SR	628	Solon	36	18:06.6	5:49.4	3:37.3
37 SCHIELTZ, Nic	SR	363	Clear Creek-Amana	(37)	18:08.2	5:49.9	3:37.6
38 WADDELL, Deacon	SO	634	Solon	38	18:09.4	5:50.3	3:37.9
39 ZIRKEL, Brevin	JR	899	Williamsburg	39	18:12.1	5:51.1	3:38.4
40 SCHANBACHER, Jed	SO	177	Benton Community	40	18:19.3	5:53.5	3:39.9
41 KABELA, Brooks	FR	619	Solon	(41)	18:19.7	5:53.6	3:39.9
42 KELLY, Jackson	JR	271	Center Point-Urban	42	18:23.8	5:54.9	3:40.7
43 ARWINE, Hayes	SR	772	Williamsburg	43	18:26.2	5:55.7	3:41.2
44 GRAHAM, Levi	JR	269	Center Point-Urban	44	18:27.0	5:55.9	3:41.4
45 CONNER, Gideon	JR	379	Grinnell	(45)	18:28.3	5:56.3	3:41.6
46 SCHALK, Owen	FR	276	Center Point-Urban	46	18:28.4	5:56.4	3:41.7
47 YOUNG, Owen	SR	636	Solon	(47)	18:29.7	5:56.8	3:41.9
48 ARAIZA, Brian	JR	120	Benton Community	48	18:31.1	5:57.2	3:42.2
49 REED, Colin	JR	872	Williamsburg	(49)	18:34.9	5:58.5	3:43.0
50 PICKART, Noah	SR	165	Benton Community	50	18:42.9	6:01.0	3:44.6
51 PARMATER, Jackson	SO	668	Vinton-Shellsburg	51	18:43.3	6:01.2	3:44.7
52 BATCHELER, Landon	SR	234	Center Point-Urban	52	18:46.5	6:02.2	3:45.3
53 MEDINA, Ethan	SO	514	Marion	53	18:49.8	6:03.3	3:46.0
54 WOOTEN, Kyler	SR	721	West Delaware Ma	54	18:52.4	6:04.1	3:46.5
55 HUNT, Korbin	FR	159	Benton Community	(55)	18:54.4	6:04.7	3:46.9
56 KNUTSON, Myles	FR	481	Independence	56	18:57.0	6:05.6	3:47.4
57 STERN, Ralph	FR	524	Marion	57	18:59.8	6:06.5	3:47.9
58 SKOUSON, Smith	SR	456	Grinnell	(58)	19:01.3	6:07.0	3:48.3
59 SUTTON, Kade	JR	671	Vinton-Shellsburg	(59)	19:03.4	6:07.6	3:48.7
60 DIVELEY, Archer	FR	268	Center Point-Urban	60	19:04.7	6:08.0	3:48.9
61 ALLEN, Leif	JR	660	Vinton-Shellsburg	(61)	19:05.1	6:08.2	3:49.0
62 URIBE, Brett	FR	717	West Delaware Ma	62	19:16.6	6:11.9	3:51.3
63 SADLER, Jonathon	JR	168	Benton Community	(63)	19:18.5	6:12.5	3:51.7
64 DRAHOS, Weston	FR	807	Williamsburg	(64)	19:19.3	6:12.7	3:51.8
65 CARDO, Will	SR	236	Center Point-Urban	(65)	19:44.0	6:20.7	3:56.8
66 SKOGMAN, Jake	JR	523	Marion	66	19:49.1	6:22.3	3:57.8
67 GROEZINGER, Joshua	FR	510	Marion	(67)	19:53.2	6:23.7	3:58.6
68 SCHNAUFER, Dominic	SR	521	Marion	(68)	19:55.2	6:24.3	3:59.0
69 PEREZ, Jovanie	SR	644	South Tama County	69	20:02.8	6:26.7	4:00.6
70 WIELAND, Sawyer	SO	484	Independence	70	20:15.2	6:30.7	4:03.0
71 TUCKER, Hayden	JR	716	West Delaware Ma	71	20:16.1	6:31.0	4:03.2
72 PRUESS, Brody	SO	483	Independence	72	21:03.0	6:46.1	4:12.6
73 MENARD, Trent	SR	713	West Delaware Ma	(73)	21:23.3	6:52.6	4:16.6
74 CHRISTIE, Mason	FR	480	Independence	74	21:57.9	7:03.7	4:23.6
75 STUBBS, Riley	FR	646	South Tama County	75	22:05.1	7:06.1	4:25.0

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Race #2
Varsity Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
76 ARP, Nolan	FR	640	South Tama County	76	22:08.1	7:07.0	4:25.6
77 KOTH, Benson	FR	482	Independence	77	22:44.3	7:18.7	4:32.8
78 JOHNSON, Tyler	FR	643	South Tama County	78	23:30.2	7:33.4	4:42.0
79 MCNELLY, Kile	SR	712	West Delaware Ma	(79)	25:16.3	8:07.6	5:03.3

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Race #3
JV Girls 5K**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Solon	34	2-3-7-10-12(15)(16)	1:51:44	22:21	1:42.9
2 Mount Vernon-Lisbon	40	1-4-5-13-17(42)	1:52:48	22:34	2:48.7
3 Williamsburg	57	6-8-11-14-18(19)(20)	1:55:48	23:10	1:31.8
4 West Delaware Mancheste	114	9-24-26-27-28(31)(32)	2:05:09	25:02	2:57.9
5 Vinton-Shellsburg	146	23-25-29-33-36	2:10:36	26:08	2:13.6
6 Benton Community	157	21-30-34-35-37(39)(43)	2:13:17	26:40	3:02.3
7 Marion	185	22-38-40-41-44	2:21:30	28:18	6:38.9
DNP Clear Creek-Amana					
DNP South Tama County Tama					
DNP Independence					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 BOTHELL, Josie	JR	527	Mount Vernon-Lisb	1	21:10.3	6:48.4	4:14.1
2 BECK, Stella	FR	574	Solon	2	21:17.8	6:50.9	4:15.6
3 JANSEN, Jillian	JR	581	Solon	3	21:58.2	7:03.9	4:23.6
4 MESSER, Ella	FR	533	Mount Vernon-Lisb	4	22:12.4	7:08.4	4:26.5
5 RUPE, Caroline	JR	538	Mount Vernon-Lisb	5	22:24.9	7:12.4	4:29.0
6 RIVERA, Anya	SR	765	Williamsburg	6	22:30.3	7:14.2	4:30.0
7 BARNHOUSE, Piper	SR	573	Solon	7	22:33.3	7:15.1	4:30.6
8 REED, Abigail	FR	764	Williamsburg	8	22:43.5	7:18.4	4:32.7
9 LYNCH, Charly	JR	688	West Delaware Ma	9	22:49.3	7:20.3	4:33.9
10 ORTEGA, Sofia	SR	591	Solon	10	22:53.9	7:21.7	4:34.8
11 UHLMANN, Graceyn	JR	767	Williamsburg	11	22:57.8	7:23.0	4:35.6
12 FORDICE, Mya	JR	577	Solon	12	23:00.7	7:23.9	4:36.1
13 MARTIN, Kate	SO	532	Mount Vernon-Lisb	13	23:01.2	7:24.1	4:36.2
14 STILTNER, Summer	JR	286	Clear Creek-Amana	-	23:28.6	7:32.9	4:41.7
15 HULSEBERG, Zoe	SR	729	Williamsburg	14	23:34.5	7:34.8	4:42.9
16 MCCANDLESS, Madelyn	SO	588	Solon	(15)	23:38.0	7:35.9	4:43.6
17 SINNWELL, Joli	SR	601	Solon	(16)	23:39.5	7:36.4	4:43.9
18 HILL, Addy	SO	279	Clear Creek-Amana	-	23:42.8	7:37.5	4:44.6
19 JOHNSON, Avery	SO	583	Solon	-	23:51.8	7:40.4	4:46.3
20 BERNARDY, Sydney	SO	277	Clear Creek-Amana	-	23:54.0	7:41.1	4:46.8
21 MOEHLMAN, Eliza	FR	535	Mount Vernon-Lisb	17	23:59.0	7:42.7	4:47.8
22 HAMER, Raelynn	FR	579	Solon	-	24:01.3	7:43.4	4:48.2
23 WOODS, Grady	SO	771	Williamsburg	18	24:02.0	7:43.6	4:48.4
24 MAUSSER, Berkley	SO	732	Williamsburg	(19)	24:05.5	7:44.8	4:49.1
25 KALLAUS, Alli	FR	585	Solon	-	24:21.4	7:49.9	4:52.3
26 ARWINE, Reagan	SO	722	Williamsburg	(20)	24:26.5	7:51.5	4:53.3
27 ASHBACKER, Marin	SR	572	Solon	-	24:40.1	7:55.9	4:56.0
28 MILLER, Rya	SO	91	Benton Community	21	24:45.3	7:57.6	4:57.0
29 PASTOR, Cadence	JR	494	Marion	22	24:47.0	7:58.1	4:57.4
30 STAHLER, Piper	SR	602	Solon	-	24:59.9	8:02.3	5:00.0
31 GRIMM, Chloe	SO	651	Vinton-Shellsburg	23	25:03.4	8:03.4	5:00.7

WAMAC CONFERENCE

Cedar Rapids, IA

Seminole Valley Cross Country Course

Weather: Sunny, Wind SE 10-20mph, 59% Humidity & 75

Host: Mount Vernon

Thursday, October 16, 2025

MEET OFFICIALS**Meet Director:**

Matt Thede

Meet Referee:

Bill Neal

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

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**Race #3
JV Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
32 HOLST, Olivia	FR	280	Clear Creek-Amana	-	25:04.1	8:03.6	5:00.8
33 WERNER, Kendall	JR	605	Solon	-	25:09.3	8:05.3	5:01.9
34 HOEFER, Maryn	JR	683	West Delaware Ma	24	25:11.6	8:06.0	5:02.3
35 BODEKER, June	FR	648	Vinton-Shellsburg	25	25:29.3	8:11.7	5:05.8
36 MORMANN, Adrian	FR	692	West Delaware Ma	26	25:39.3	8:14.9	5:07.8
37 MORMANN, Adler	JR	691	West Delaware Ma	27	25:41.2	8:15.5	5:08.2
38 KARTMAN, Avery	JR	684	West Delaware Ma	28	25:47.2	8:17.5	5:09.4
39 SCHMOOKE, Vivi	SO	598	Solon	-	25:50.5	8:18.6	5:10.1
40 LUTZ, Aliyah	JR	654	Vinton-Shellsburg	29	25:53.8	8:19.6	5:10.7
41 DURR, Ellie	SO	576	Solon	-	26:11.9	8:25.4	5:14.4
42 OWENS, Kimora	JR	762	Williamsburg	-	26:16.2	8:26.8	5:15.2
43 WOLF, Lizzy	SR	119	Benton Community	30	26:39.0	8:34.1	5:19.8
44 WIEBOLD, Anna	JR	768	Williamsburg	-	26:39.5	8:34.3	5:19.9
45 JETT, Taylor	FR	582	Solon	-	26:41.3	8:34.9	5:20.3
46 PAULEY, Madelyn	SR	592	Solon	-	26:42.4	8:35.2	5:20.5
47 MILLENKAMP, Emma	SO	690	West Delaware Ma	(31)	26:47.8	8:37.0	5:21.5
48 KEISTER, Ella	SO	686	West Delaware Ma	(32)	26:48.4	8:37.2	5:21.7
49 VANWECHSEL, Brooklyn	FR	659	Vinton-Shellsburg	33	26:52.7	8:38.6	5:22.5
50 BISCHOF, Ella	SR	679	West Delaware Ma	-	26:53.6	8:38.8	5:22.7
51 SEXTON, Willow	SO	104	Benton Community	34	26:56.0	8:39.6	5:23.2
52 SCHMIDT, Kayanna	JR	596	Solon	-	26:57.2	8:40.0	5:23.4
53 HUTTON, Zoey	FR	75	Benton Community	35	27:09.2	8:43.9	5:25.8
54 BUNTEN, Maddie	SO	649	Vinton-Shellsburg	36	27:17.0	8:46.3	5:27.4
55 KABELA, Beckitt	SO	584	Solon	-	27:17.5	8:46.5	5:27.5
56 MENSEN, Erin	SR	689	West Delaware Ma	-	27:32.7	8:51.4	5:30.5
57 GOMEZ, Jayva	SO	637	South Tama County	-	27:36.7	8:52.7	5:31.3
58 ZANKER, Abbey	SR	705	West Delaware Ma	-	27:38.1	8:53.1	5:31.6
59 COLLUM, Ava	SR	26	Benton Community	37	27:47.5	8:56.2	5:33.5
60 TWOMEY, Ava	SO	702	West Delaware Ma	-	27:51.1	8:57.3	5:34.2
61 GARBES, Dotti	JR	490	Marion	38	28:04.5	9:01.6	5:36.9
62 HMIDA, Yasmine	JR	478	Independence	-	28:09.5	9:03.2	5:37.9
63 NOLTE, Marissa	SO	95	Benton Community	(39)	28:13.2	9:04.4	5:38.6
64 WELCHER, Kinley	SO	703	West Delaware Ma	-	28:14.8	9:05.0	5:39.0
65 KAPAYOU, Cahysia	SO	638	South Tama County	-	28:20.0	9:06.6	5:40.0
66 SMITH, Livia	JR	639	South Tama County	-	28:20.3	9:06.7	5:40.1
67 PHELPS, Emma	SR	593	Solon	-	28:21.0	9:06.9	5:40.2
68 WESTPHAL, Grace	SO	479	Independence	-	28:27.3	9:08.9	5:41.4
69 OLSON, Kylie	SR	493	Marion	40	28:34.5	9:11.3	5:42.9
70 SHIPLEY, Layla	SR	600	Solon	-	28:36.7	9:12.0	5:43.3
71 BEAMAN, Angelynnah	SR	485	Marion	41	28:37.9	9:12.4	5:43.6
72 CARROLL, Avery	JR	680	West Delaware Ma	-	28:41.4	9:13.5	5:44.3
73 SLEPER, Grace	SR	701	West Delaware Ma	-	28:41.6	9:13.6	5:44.3
74 HOUTAKKER, Violet	SO	580	Solon	-	28:54.4	9:17.7	5:46.9
75 TERZANO-BOROVIC, Scarle	FR	604	Solon	-	28:57.9	9:18.8	5:47.6
76 ALLEN, Abigail (Abby)	FR	570	Solon	-	29:19.9	9:25.9	5:52.0
77 SCHULTE, Lily	FR	700	West Delaware Ma	-	29:34.4	9:30.5	5:54.9

WAMAC CONFERENCE

Cedar Rapids, IA

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Meet Referee:

Bill Neal

Timing:

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KAUDER RACING

OFFICIAL MEET REPORT

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Race #3
JV Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
78 REIS, Kate	JR	695	West Delaware Ma	-	29:37.5	9:31.5	5:55.5
79 LEONARD, Leah	SO	530	Mount Vernon-Lisb	(42)	30:02.2	9:39.5	6:00.4
80 HAHN, Madyn	SR	578	Solon	-	30:45.9	9:53.5	6:09.2
81 VOLESKY, Makayla	FR	111	Benton Community	(43)	30:55.4	9:56.6	6:11.1
82 UHL, Gracie	JR	498	Marion	44	31:25.9	10:06.4	6:17.2
83 GUDENKAUF, Holly	JR	682	West Delaware Ma	-	32:12.8	10:21.5	6:26.5
84 MACKE, Caidence	SO	586	Solon	-	58:35.7	18:50.4	11:43.1

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**KAUDER RACING****OFFICIAL MEET REPORT**

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Race #4
JV Boys 5K**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-Lisbon	21	1-2-5-6-7(8)(15)	1:30:53	18:11	0:31.2
2 Clear Creek-Amana	49	3-4-12-14-16(20)(21)	1:33:04	18:37	0:48.2
3 Williamsburg	69	10-11-13-17-18(28)(33)	1:34:35	18:55	0:27.3
4 Solon	149	9-24-31-40-45(48)(50)	1:40:09	20:02	2:13.6
5 Grinnell	170	19-22-32-43-54(60)(68)	1:41:19	20:16	2:35.0
6 Benton Community	185	25-29-38-42-51(53)(58)	1:42:12	20:27	1:24.6
7 Marion	186	34-35-37-39-41(44)(47)	1:42:08	20:26	0:32.8
8 Vinton-Shellsburg	196	23-30-36-52-55(56)(64)	1:42:52	20:35	2:25.9
9 Center Point-Urbana	210	26-27-46-49-62	1:45:11	21:03	3:57.0
10 West Delaware Mancheste	305	57-59-61-63-65(66)(67)	1:56:08	23:14	2:03.8

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 TEAGUE, Connor	FR	566	Mount Vernon-Lisb	1	17:53.8	5:45.3	3:34.8
2 RUPE, Charles	FR	562	Mount Vernon-Lisb	2	17:58.0	5:46.6	3:35.6
3 TETEV, Yao	FR	367	Clear Creek-Amana	3	18:09.7	5:50.4	3:37.9
4 BARKER, Drew	FR	288	Clear Creek-Amana	4	18:12.4	5:51.3	3:38.5
5 VAN REGENMORTER, Zane	JR	568	Mount Vernon-Lisb	5	18:16.5	5:52.5	3:39.3
6 NUNEMAKER, Drayden	JR	559	Mount Vernon-Lisb	6	18:19.1	5:53.4	3:39.8
7 SPEIDEL, Brody	SR	565	Mount Vernon-Lisb	7	18:25.0	5:55.3	3:41.0
8 THARP, Leo	SR	567	Mount Vernon-Lisb	(8)	18:40.9	6:00.4	3:44.2
9 KOLAR, Colton	FR	620	Solon	9	18:41.1	6:00.5	3:44.2
10 KOONS, Charlie	JR	829	Williamsburg	10	18:42.0	6:00.8	3:44.4
11 QUINN, Jucoby	FR	848	Williamsburg	11	18:47.2	6:02.4	3:45.4
12 STEENHOEK, Chuck	SO	365	Clear Creek-Amana	12	18:47.5	6:02.5	3:45.5
13 NUNNELLEY, Hudson	SR	832	Williamsburg	13	18:55.3	6:05.0	3:47.0
14 KING, Robert	SO	355	Clear Creek-Amana	14	18:56.2	6:05.3	3:47.2
15 SCIESZINSKI, Jayden	SR	564	Mount Vernon-Lisb	(15)	18:56.4	6:05.4	3:47.3
16 IBURG, Wyatt	SO	302	Clear Creek-Amana	16	18:57.8	6:05.8	3:47.6
17 RODRIGUES, Mishael	SO	884	Williamsburg	17	19:01.1	6:06.9	3:48.2
18 HAWK, Brody	SR	808	Williamsburg	18	19:09.2	6:09.5	3:49.8
19 GROUT, Weston	SO	389	Grinnell	19	19:12.2	6:10.5	3:50.4
20 GRINDLE, Cameron	SO	298	Clear Creek-Amana	(20)	19:13.1	6:10.7	3:50.6
21 JENSEN, Shane	JR	347	Clear Creek-Amana	(21)	19:14.7	6:11.3	3:50.9
22 THOMPSON, Keller	SR	466	Grinnell	22	19:16.8	6:11.9	3:51.4
23 KEARNS, Ryelin	FR	664	Vinton-Shellsburg	23	19:23.4	6:14.1	3:52.7
24 THOMPSON, Elijah	JR	369	Clear Creek-Amana	-	19:24.4	6:14.4	3:52.9
25 DUNKIN, Kameron	SR	296	Clear Creek-Amana	-	19:29.2	6:15.9	3:53.8
26 KAMAUS, Carew	SR	555	Mount Vernon-Lisb	-	19:29.2	6:15.9	3:53.8
27 PETERSEN, Tate	JR	560	Mount Vernon-Lisb	-	19:37.9	6:18.7	3:55.6
28 BRAY, Bo	JR	291	Clear Creek-Amana	-	19:41.3	6:19.8	3:56.3
29 DAVIDSON, Henry	SR	295	Clear Creek-Amana	-	19:44.0	6:20.7	3:56.8
30 BAKER, Braydon	SR	607	Solon	24	19:44.0	6:20.7	3:56.8
31 GRENIS, Brinson	FR	552	Mount Vernon-Lisb	-	19:45.5	6:21.2	3:57.1

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**KAUDER RACING****OFFICIAL MEET REPORT**

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Race #4
JV Boys 5K**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
32 MEHLERT, Jaxson	SO	163	Benton Community	25	19:46.5	6:21.5	3:57.3
33 MCSHANE, Logan	FR	273	Center Point-Urban	26	19:46.7	6:21.5	3:57.3
34 MULLENBACH, Carson	FR	274	Center Point-Urban	27	19:47.4	6:21.8	3:57.5
35 MCMULLIN, Tyler	SR	831	Williamsburg	(28)	19:49.2	6:22.4	3:57.8
36 MOEHLMAN, Elliott	SR	558	Mount Vernon-Lisb	-	19:50.9	6:22.9	3:58.2
37 SCHWAKE, Ethan	JR	183	Benton Community	29	19:52.0	6:23.3	3:58.4
38 BOURGET, Noah	JR	290	Clear Creek-Amana	-	19:52.2	6:23.3	3:58.4
39 WHALEN, Oliver	JR	674	Vinton-Shellsburg	30	20:05.1	6:27.5	4:01.0
40 RANA, Jaival	SR	361	Clear Creek-Amana	-	20:05.1	6:27.5	4:01.0
41 BROCK, Carter	JR	610	Solon	31	20:09.6	6:28.9	4:01.9
42 KOESTER, Jase	SR	415	Grinnell	32	20:10.3	6:29.1	4:02.0
43 TIMMERMAN, Jack	SO	370	Clear Creek-Amana	-	20:10.7	6:29.3	4:02.1
44 JONES, Jack	FR	354	Clear Creek-Amana	-	20:10.9	6:29.3	4:02.2
45 KUBAS, Caleb	SR	830	Williamsburg	(33)	20:11.0	6:29.4	4:02.2
46 KAPLER, Andrew	SR	513	Marion	34	20:11.8	6:29.6	4:02.3
47 GORTON, Andrew	JR	508	Marion	35	20:14.3	6:30.4	4:02.9
48 GRIMM, Kashton	SO	663	Vinton-Shellsburg	36	20:16.8	6:31.2	4:03.3
49 BUSSEY, Connor	JR	502	Marion	37	20:18.1	6:31.7	4:03.6
50 COLE, Hayden	FR	293	Clear Creek-Amana	-	20:26.7	6:34.4	4:05.3
51 REINERS, Colin	SR	166	Benton Community	38	20:36.4	6:37.5	4:07.3
52 WHITTENBAUGH, Logan	FR	526	Marion	39	20:38.8	6:38.3	4:07.8
53 DOOLEY, James	FR	614	Solon	40	20:39.9	6:38.7	4:08.0
54 SCHERBRING, Grady	SO	520	Marion	41	20:44.6	6:40.2	4:08.9
55 DAVIS, Sawyer	FR	143	Benton Community	42	20:45.9	6:40.6	4:09.2
56 VANCE, Aiden	FR	476	Grinnell	43	20:51.7	6:42.5	4:10.3
57 ANDRESEN, Calvin	SR	500	Marion	(44)	20:54.0	6:43.2	4:10.8
58 RESSLER, Ethan	SR	631	Solon	45	20:54.6	6:43.4	4:10.9
59 ROSS, Cooper	JR	275	Center Point-Urban	46	20:54.9	6:43.5	4:11.0
60 THOMAS, Wyatt	SO	525	Marion	(47)	20:55.7	6:43.7	4:11.1
61 YEOMANS, Ben	JR	635	Solon	(48)	20:56.9	6:44.1	4:11.4
62 MCCORMICK, Luke	SO	272	Center Point-Urban	49	20:58.4	6:44.6	4:11.7
63 PODUSKA, Nate	JR	561	Mount Vernon-Lisb	-	20:59.2	6:44.9	4:11.8
64 MAI, Caden	SR	623	Solon	(50)	21:00.0	6:45.1	4:12.0
65 MCATEE, Will	SO	624	Solon	-	21:03.4	6:46.2	4:12.7
66 SADLER, Ian	SO	167	Benton Community	51	21:11.1	6:48.7	4:14.2
67 VIET, Harber	JR	633	Solon	-	21:12.3	6:49.1	4:14.4
68 PAGE, Carson	SO	667	Vinton-Shellsburg	52	21:17.1	6:50.6	4:15.4
69 COLVIN, Riley	SR	294	Clear Creek-Amana	-	21:20.1	6:51.6	4:16.0
70 REKERS, Owen	SR	630	Solon	-	21:21.0	6:51.9	4:16.2
71 BOUGHTON, Noah	SO	289	Clear Creek-Amana	-	21:21.2	6:51.9	4:16.2
72 PHILLIPS, Carson	SO	841	Williamsburg	-	21:30.3	6:54.9	4:18.1
73 HANKINS, Odin	SR	299	Clear Creek-Amana	-	21:35.0	6:56.4	4:19.0
74 DITTMAR, Xavier	FR	156	Benton Community	(53)	21:36.4	6:56.8	4:19.3
75 EKROTH, Sam	FR	615	Solon	-	21:38.1	6:57.4	4:19.6
76 COONEY, Clayton	JR	612	Solon	-	21:39.7	6:57.9	4:19.9
77 JOHNSON, Adrial	FR	352	Clear Creek-Amana	-	21:40.4	6:58.1	4:20.1

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Race #4
JV Boys 5K**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
78 QUINN, Aiden	FR	517	Marion	-	21:40.5	6:58.1	4:20.1
79 ZOLLINGER, Tysen	FR	1000	Williamsburg	-	21:42.9	6:58.9	4:20.6
80 LARY, Beck	SO	621	Solon	-	21:47.1	7:00.3	4:21.4
81 SOKOL, Joe	FR	460	Grinnell	54	21:47.2	7:00.3	4:21.4
82 VAN WECHER, Lincoln	JR	673	Vinton-Shellsburg	55	21:49.3	7:01.0	4:21.8
83 TANGANG, Tristan	FR	366	Clear Creek-Amana	-	21:50.4	7:01.3	4:22.1
84 CLARK, Charles	SR	503	Marion	-	21:52.3	7:01.9	4:22.4
85 DEEDS, Caleb	SO	787	Williamsburg	-	22:01.1	7:04.8	4:24.2
86 SINGH, Victor	SO	670	Vinton-Shellsburg	(56)	22:09.6	7:07.5	4:25.9
87 STRANBERG, Ian	SO	632	Solon	-	22:17.4	7:10.0	4:27.5
88 FESSLER, Cade	SR	707	West Delaware Ma	57	22:17.9	7:10.2	4:27.6
89 MCGUIRE, Griffin	FR	557	Mount Vernon-Lisb	-	22:31.2	7:14.5	4:30.2
90 BECKER, Nathan	SR	124	Benton Community	(58)	22:40.6	7:17.5	4:32.1
91 TUCKER, Declan	FR	715	West Delaware Ma	59	22:42.1	7:17.9	4:32.4
92 SCHIMMEL, Teimen	SR	894	Williamsburg	-	22:43.1	7:18.3	4:32.6
93 EMICK, Ethan	FR	297	Clear Creek-Amana	-	22:46.3	7:19.3	4:33.3
94 BOOTS, Brogan	FR	546	Mount Vernon-Lisb	-	22:48.7	7:20.1	4:33.7
95 KLATT, Hannes	SR	401	Grinnell	(60)	22:59.8	7:23.6	4:35.9
96 JOLLEY, Ryan	FR	709	West Delaware Ma	61	23:00.3	7:23.8	4:36.1
97 FETZER, Benjamin	JR	616	Solon	-	23:27.5	7:32.6	4:41.5
98 GROSS, Isaac	SO	270	Center Point-Urban	62	23:43.6	7:37.7	4:44.7
99 WOODLAND, Levi	FR	720	West Delaware Ma	63	23:46.2	7:38.6	4:45.2
100 BROCK, Caden	SO	609	Solon	-	23:48.2	7:39.2	4:45.6
101 DUNKELBERGER, Brody	SO	505	Marion	-	23:50.8	7:40.0	4:46.1
102 MICK, Rhys	JR	666	Vinton-Shellsburg	(64)	23:59.1	7:42.7	4:47.8
103 SCHAEFER, Kayden	JR	893	Williamsburg	-	23:59.2	7:42.8	4:47.8
104 BERGERT, Isaiah	FR	142	Benton Community	-	24:04.2	7:44.3	4:48.8
105 HINES, Andrew	SR	157	Benton Community	-	24:06.5	7:45.1	4:49.3
106 RIVERA, Keizel	JR	714	West Delaware Ma	65	24:21.7	7:50.0	4:52.3
107 MALONEY, Chuck	JR	710	West Delaware Ma	(66)	24:26.8	7:51.6	4:53.4
108 HEIMS, Dillon	JR	511	Marion	-	24:31.3	7:53.1	4:54.3
109 DEMOSS, Taitt	JR	706	West Delaware Ma	(67)	24:48.1	7:58.5	4:57.6
110 GLEASON, Evan	JR	617	Solon	-	25:16.5	8:07.6	5:03.3
111 GORTON, Matthias	SO	509	Marion	-	25:39.3	8:14.9	5:07.8
112 HAN, Callum	JR	398	Grinnell	(68)	26:37.6	8:33.7	5:19.5
113 WHITE, Maxwell	FR	719	West Delaware Ma	-	27:03.9	8:42.1	5:24.8
114 HAN, Liam	JR	400	Grinnell	-	28:00.4	9:00.3	5:36.1
115 GARRETSON, Parker-James	JR	507	Marion	-	30:56.7	9:57.0	6:11.3
116 BALL, Porter	JR	608	Solon	-	36:16.6	11:39.8	7:15.3