

TOP OF IOWA CONFERENCE CHAMPIONSHIPS

Mason City, IA
NIACC

Thursday, October 16, 2025

MEET OFFICIALS

Timing:
Wayzata Results, LLC



OFFICIAL MEET REPORT

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Race #1 Boys Jr High 2 Mile

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Forest City MS	52	3-4-8-18-19(23)(34)	1:07:30	1:58.1
2 Garner-Hayfield-Vent	57	2-5-9-20-21(24)(35)	1:07:58	3:24.8
3 Lake Mills MS	77	6-7-10-26-28	1:12:03	3:04.9
4 Saint Ansgar	83	11-14-16-17-25(31)	1:12:10	2:03.5
5 Osage MS	94	12-13-15-22-32(36)	1:14:24	2:44.4
6 Newman Catholic Ma	120	1-27-29-30-33(37)	1:17:45	6:05.8

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
39 Jesse Rygh	8	4222	Lake Mills MS	26	15:46.4	4:20.9
40 Saxon Penfold	8	4326	Northwood-Ken	-	15:46.9	4:21.4
41 Sam Barnes	8	4248	Newman Cathol	27	15:51.3	4:25.8
42 Ascher Beenken	7	4289	North Iowa Buff	-	15:55.1	4:29.6
43 Max Wirth	8	4298	North Iowa Buff	-	16:14.1	4:48.6
44 Rylan Lee	7	4221	Lake Mills MS	28	16:15.0	4:48.5
45 Patrick Cook	7	4391	West Fork Shef	-	16:18.1	4:52.6

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Miles Hansen	8	4253	Newman Cathol	1	11:25.5	---
2 Heston Hinders	8	4189	Garner-Hayfield	2	11:44.9	19.4
3 Coby Albertson	7	4152	Forest City MS	3	12:31.0	1:04.5
4 Isaac Boelman	7	4058	Belmond-Klem	-	12:52.6	1:27.1
5 Hudson Forsberg	7	4154	Forest City MS	4	12:54.5	1:29.0
6 Dominic Asche	8	4187	Garner-Hayfield	5	13:00.2	1:34.7
7 Carson Christianson	7	4219	Lake Mills MS	6	13:10.2	1:44.7
8 Wyatt Hansen	8	4220	Lake Mills MS	7	13:12.5	1:47.0
9 Jericho Thompson	7	4158	Forest City MS	8	13:12.7	1:47.2
10 Stetson Kvale	8	4104	Eagle Grove M	-	13:14.6	1:49.1
11 Chris Heller	8	4188	Garner-Hayfield	9	13:29.8	2:04.3
12 Cael Van Roekel	7	4223	Lake Mills MS	10	13:38.4	2:12.9
13 Colin Hiatt		4377	Saint Ansgar	11	13:40.8	2:15.3
14 Joel Paplow	7	4243	Nashua-Plainfie	-	13:47.9	2:22.4
15 Kayden Richter	7	4063	Bishop Garriga	-	13:58.4	2:32.9
16 Tucker Taylor	8	4107	Eagle Grove M	-	13:59.3	2:33.8
17 Cooper Wiseman	7	4402	West Fork Shef	-	14:01.1	2:35.6
18 Holden Penney	8	4363	Osage MS	12	14:01.2	2:35.7
19 Owen Clark	8	4360	Osage MS	13	14:04.0	2:37.5
20 George Graf	7	4392	West Fork Shef	-	14:04.4	2:38.9
21 Adam Squire	7	4380	Saint Ansgar	14	14:05.5	2:40.0
22 Gunner Schorg	8	4364	Osage MS	15	14:13.0	2:46.5
23 Austin Thome	8	4381	Saint Ansgar	16	14:19.2	2:53.7
24 Mason Igou	8	4378	Saint Ansgar	17	14:20.2	2:54.7
25 Elijah Smith	8	4157	Forest City MS	18	14:22.6	2:57.1
26 Maddex Pitzenger	8	4285	North Butler MS	-	14:22.6	2:57.1
27 Ben Meinders	8	4295	North Iowa Buff	-	14:26.6	3:01.1
28 Mathias Klauke	7	4155	Forest City MS	19	14:29.0	3:02.5
29 Ian Deets	8	4416	West Hancock	-	14:30.6	3:05.1
30 Isaiah Pergande	7	4194	Garner-Hayfield	20	14:33.4	3:07.9
31 Edmund Pull	7	4106	Eagle Grove M	-	14:58.1	3:32.6
32 Channing Morton-Beze	7	4191	Garner-Hayfield	21	15:09.6	3:44.1
33 Edward Orozco-Onate	8	4105	Eagle Grove M	-	15:18.4	3:52.9
34 Hayden Penney	8	4362	Osage MS	22	15:19.6	3:54.1
35 Henry Dewhurst	8	4153	Forest City MS	(23)	15:31.2	4:05.7
36 Ian Osterkamp	7	4193	Garner-Hayfield	(24)	15:35.0	4:08.5
37 Finnley Rockdaschel	8	4318	North Union MS	-	15:41.1	4:15.6
38 Jaxon Walk	7	4382	Saint Ansgar	25	15:44.3	4:18.8
46 Braxton Johnson	7	4241	Nashua-Plainfie	-	16:23.1	4:57.6
47 Reece Leibrand	8	4255	Newman Cathol	29	16:25.8	5:00.3
48 Easton Larson	8	4254	Newman Cathol	30	16:30.5	5:05.0
49 Lane Evans	8	4374	Saint Ansgar	(31)	16:38.5	5:13.0
50 Tristan Marcum	7	4059	Belmond-Klem	-	16:39.5	5:14.0
51 Jase Franzen	7	4087	Central Springs	-	16:40.4	5:14.9
52 Weston Bielefeld	7	4359	Osage MS	32	16:45.5	5:20.0
53 Franklin Garst	7	4290	North Iowa Buff	-	17:03.8	5:38.3
54 Ethan Murphy	7	4062	Bishop Garriga	-	17:09.5	5:44.0
55 Josh Brinkman	7	4284	North Butler MS	-	17:10.9	5:45.4
56 Carter Schlatter	7	4259	Newman Cathol	33	17:31.3	6:05.8
57 Gael Gonzalez	7	4316	North Union MS	-	17:52.7	6:27.2
58 Akly Bruhn	7	4315	North Union MS	-	17:59.3	6:33.8
59 Landon Severson	8	4156	Forest City MS	(34)	18:17.6	6:52.1
60 Ashton Lorentzen	8	4190	Garner-Hayfield	(35)	19:00.4	7:34.9
61 CJ Ostercamp	7	4088	Central Springs	-	20:07.0	8:40.5
62 Jack Obermann	8	4192	Garner-Hayfield	-	20:07.4	8:41.9
63 Alston Penfold	8	4361	Osage MS	(36)	20:18.2	8:52.7
64 Davin Nichols	7	4242	Nashua-Plainfie	-	20:26.5	9:01.0
65 Gunner Jorgensen	7	4317	North Union MS	-	20:38.5	9:13.0
66 Jacob Andersen	7	4247	Newman Cathol	(37)	21:14.2	9:48.7

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Race #2 Girls Jr High 2 Mile

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Osage MS	27	2-4-5-6-10(11)(19)	1:12:05	2:04.2
2 Forest City MS	28	1-3-7-8-9(14)(15)	1:12:28	1:39.6
3 West Hancock Britt	76	12-13-16-17-18	1:25:58	2:27.9

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
42 Becca Pickar	8	4369	Osage MS	(19)	18:34.2	5:37.8
43 Amelia Meyer	7	4245	Nashua-Plainfie	-	19:16.4	6:20.0
44 Lundyn Hearn	7	4288	North Butler MS	-	19:24.3	6:27.9
45 Ellie Holland	7	4161	Forest City MS	-	19:24.9	6:28.5
46 Lilly Kollasch	7	4068	Bishop Garriga	-	19:25.3	6:28.9
47 Lea Ayers	7	4287	North Butler MS	-	19:30.2	6:33.8
48 Mariah Roth	7	4163	Forest City MS	-	20:41.8	7:45.4
49 Nora Carlsson	7	4263	Newman Cathol	-	20:58.4	8:02.0
50 Schroeder Cecillia	8	4195	Garner-Hayfield	-	21:03.9	8:07.5
51 Abigail Strauser	7	4306	North Iowa Buff	-	21:36.7	8:40.3
52 Jemma Stratmann	8	4198	Garner-Hayfield	-	23:15.8	10:19.

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Laingstin Hinders	8	4196	Garner-Hayfield	-	12:56.4	---
2 London Parrott	8	4108	Eagle Grove M	-	13:16.7	20.3
3 Adah Sharp	8	4164	Forest City MS	1	13:36.4	40.0
4 Brooklyn Wilson	8	4371	Osage MS	2	13:47.9	51.5
5 Eva Sharp	8	4165	Forest City MS	3	13:50.7	54.3
6 McKenna Kuper	7	4367	Osage MS	4	14:00.1	1:03.7
7 Quinlynn Hinders	8	4197	Garner-Hayfield	-	14:07.2	1:10.8
8 Nora Harrell	7	4365	Osage MS	5	14:11.5	1:15.1
9 Hayden Janssen	7	4366	Osage MS	6	14:13.2	1:16.8
10 Makenna Reese	8	4162	Forest City MS	7	14:33.7	1:37.3
11 Harper Wilson	7	4168	Forest City MS	8	15:11.2	2:14.8
12 Harper Smith	7	4166	Forest City MS	9	15:15.9	2:19.5
13 Peyton Lown	7	4320	North Union MS	-	15:41.1	2:44.7
14 Kessah Thurnau	8	4370	Osage MS	10	15:52.0	2:54.6
15 Piper Schmidt	7	4225	Lake Mills MS	-	15:55.1	2:58.7
16 Elise Peterson	7	4368	Osage MS	(11)	16:03.3	3:06.9
17 Alannah VanEpps	7	4435	West Hancock	12	16:05.0	3:07.6
18 Eliza Cassels	7	4425	West Hancock	13	16:09.3	3:12.9
19 Addisyn Griesse	7	4319	North Union MS	-	16:19.9	3:23.5
20 Ava Spooner	8	4268	Newman Cathol	-	16:22.8	3:26.4
21 Chloe Mundorf	7	4246	Nashua-Plainfie	-	16:24.3	3:27.9
22 Brooklyn Sorenson	8	4167	Forest City MS	(14)	16:27.2	3:30.8
23 Evie Wooge	7	4169	Forest City MS	(15)	16:37.6	3:41.2
24 Harper Sobolik	7	4322	North Union MS	-	16:39.2	3:42.8
25 Halle Carpenter	8	4244	Nashua-Plainfie	-	16:46.4	3:50.0
26 Elizabeth Otten	7	4409	West Fork Shef	-	16:53.0	3:55.6
27 Anika Weiland	8	4436	West Hancock	16	16:57.1	4:00.7
28 Charlie Steir	7	4070	Bishop Garriga	-	17:05.8	4:09.4
29 Bailey Welter	8	4228	Lake Mills MS	-	17:16.2	4:19.8
30 Kynlee Folkerts	7	4159	Forest City MS	-	17:17.4	4:21.0
31 Naomi Beenken	8	4300	North Iowa Buff	-	17:18.7	4:22.3
32 Celeste Perez Poron	8	4109	Eagle Grove M	-	17:22.6	4:26.2
33 Vera Rogerson	7	4386	Saint Ansgar	-	17:23.7	4:27.3
34 Emily Knoll	8	4264	Newman Cathol	-	17:40.6	4:44.2
35 Kealy Scharnberg-And	7	4321	North Union MS	-	17:57.1	5:00.7
36 Ella Keiper	8	4431	West Hancock	17	18:13.9	5:17.5
37 Yesenia Santis Ruiz	8	4110	Eagle Grove M	-	18:23.9	5:27.5
38 Lucy Gann	7	4160	Forest City MS	-	18:27.1	5:30.7
39 Brianna Thompson	8	4227	Lake Mills MS	-	18:31.4	5:35.0
40 Bailey Wunder	8	4438	West Hancock	18	18:32.9	5:36.5
41 Lana Skogen	7	4226	Lake Mills MS	-	18:34.0	5:36.6

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Race #3 Girls Varsity 5000M

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Forest City	60	6-8-9-14-23(27)(32)	1:51:01	1:35.4
2 Osage	81	1-17-18-21-24(31)(33)	1:52:16	3:25.3
3 Newman Catholic Ma	126	2-10-28-29-57	1:59:04	8:59.3
4 West Hancock Britt	133	16-20-22-35-40(41)(48)	1:59:29	2:32.3
5 Bishop Garrigan Algo	137	4-19-25-39-50(60)	1:59:45	6:12.7
6 North Iowa Buffalo C	154	3-7-36-52-56	2:03:10	8:21.8
7 Saint Ansgar	156	5-15-38-43-55	2:03:35	7:16.6
8 Lake Mills	167	13-26-37-44-47(49)(53)	2:03:02	4:27.2
9 Belmont-Klemme	187	11-34-42-46-54	2:06:50	6:04.7
10 West Fork Sheffield	196	12-30-45-51-58(59)	2:09:05	7:30.7

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
35 Maggie McMichael	SR	4266	Newman Cathol	29	23:52.7	3:59.2
36 Evelyn Hitzhusen	JR	4407	West Fork Shef	30	23:56.6	4:03.1
37 Lily Kolbet	FR	4355	Osage	(31)	24:08.2	4:14.7
38 McKenna Kelley	JR	4084	Central Springs	-	24:18.5	4:25.0
39 Kate Klaassen	SR	4141	Forest City	(32)	24:22.1	4:28.6
40 Madeline Bielefeld	SR	4350	Osage	(33)	24:26.6	4:33.1
41 Alyssa Welbig	JR	4313	North Union	-	24:27.5	4:34.0
42 Avery Boeshart	SO	4052	Belmond-Klem	34	24:31.7	4:38.2
43 Cora Barnett	JR	4280	North Butler Gr	-	24:36.2	4:42.7
44 Brinley Hiscocks	SR	4427	West Hancock	35	24:43.4	4:49.9
45 Norah Blodgett	SO	4301	North Iowa Buff	36	24:47.3	4:53.8
46 Jalissa White	SR	4239	Nashua-Plainfie	-	24:55.7	5:02.2
47 Tori Holtan	FR	4210	Lake Mills	37	24:59.2	5:05.7
48 Lakin Evans	JR	4383	Saint Ansgar	38	25:13.1	5:19.6
49 Eva Kohlhaas	JR	4066	Bishop Garriga	39	25:19.7	5:26.2
50 Ava Keiper	JR	4430	West Hancock	40	25:23.5	5:30.0
51 Izzy Aitchison	JR	4423	West Hancock	(41)	25:28.7	5:35.2
52 Kendra Huedepohl	SR	4053	Belmond-Klem	42	25:30.6	5:37.1
53 Addyson Main	SR	4085	Central Springs	-	25:35.7	5:42.2
54 Dayton Berman	JR	4082	Central Springs	-	25:46.9	5:53.4
55 Claire Squire	SO	4387	Saint Ansgar	43	25:48.0	5:53.5
56 Lily Young	JR	4218	Lake Mills	44	25:48.6	5:55.1
57 Lydia Kienzle	FR	4098	Eagle Grove	-	25:55.2	6:01.7
58 Adayr Wiseman	FR	4412	West Fork Shef	45	26:09.6	6:16.1
59 Kelly Cerwinske	SO	4236	Nashua-Plainfie	-	26:12.0	6:17.5
60 Ellie Sudol	FR	4238	Nashua-Plainfie	-	26:16.6	6:23.1
61 Maddie Christianson	FR	4329	Northwood-Ken	-	26:21.5	6:28.0
62 Shelby Johnson	SO	4184	Garner-Hayfield	-	26:28.5	6:35.0
63 Johanna Perez	SO	4054	Belmond-Klem	46	26:32.1	6:38.6
64 Alexis Greiman	SO	4183	Garner-Hayfield	-	26:34.1	6:40.6
65 Katie Machin	FR	4213	Lake Mills	47	26:36.5	6:43.0
66 Cami Haugland	JR	4426	West Hancock	(48)	26:42.1	6:48.6
67 Gaby Santiago	JR	4215	Lake Mills	(49)	27:03.1	7:09.6
68 Rosanne Curtis	SR	4064	Bishop Garriga	50	27:10.6	7:17.1
69 Whitley Otten	FR	4410	West Fork Shef	51	27:14.8	7:21.3
70 Alexis Gray	JR	4303	North Iowa Buff	52	27:36.4	7:42.9
71 Kylie Schulz	FR	4216	Lake Mills	(53)	28:00.4	8:06.9
72 Adriana Toj Lopez	FR	4057	Belmond-Klem	54	28:09.9	8:16.4
73 Alissa Clark	JR	4182	Garner-Hayfield	-	28:16.9	8:23.4
74 Ingrid Pull	FR	4100	Eagle Grove	-	28:31.6	8:38.1
75 Jazzmine Olson	SR	4385	Saint Ansgar	55	28:40.3	8:46.8
76 Addison Gray	FR	4302	North Iowa Buff	56	28:42.1	8:48.6
77 Veronica Spooner	JR	4269	Newman Cathol	57	29:13.2	9:19.7
78 Baylee Steig	SR	4101	Eagle Grove	-	29:19.1	9:25.6
79 Josi Janssen	SO	4408	West Fork Shef	58	29:37.3	9:43.8
80 Autumn Schilling	SO	4411	West Fork Shef	(59)	30:04.1	10:10.

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Scarlett Byrnes	SR	4352	Osage	1	19:53.5	---
2 Alexis Mujica	FR	4267	Newman Cathol	2	20:14.0	19.5
3 Ivy Urbatsch	FR	4331	Northwood-Ken	-	20:14.3	20.8
4 Lauren Hillesland	SR	4304	North Iowa Buff	3	20:20.4	26.9
5 Julia Swift	SO	4071	Bishop Garriga	4	20:57.9	1:04.4
6 Ava Witt	FR	4388	Saint Ansgar	5	21:23.7	1:30.2
7 Samantha Clouse	SO	4138	Forest City	6	21:43.1	1:49.6
8 Ava Meinders	SR	4305	North Iowa Buff	7	21:43.1	1:49.6
9 Claire Weaver	JR	4149	Forest City	8	21:49.6	1:56.1
10 Alexis Cummins	JR	4312	North Union	-	21:55.7	2:02.2
11 Muren Sharp	SO	4147	Forest City	9	21:58.1	2:04.6
12 Tess Weiner	JR	4270	Newman Cathol	10	22:04.5	2:11.0
13 Lila Swenson	SR	4056	Belmond-Klem	11	22:05.3	2:11.8
14 Makenna Dick	FR	4404	West Fork Shef	12	22:06.6	2:13.1
15 Kara Renneker	JR	4214	Lake Mills	13	22:09.4	2:15.9
16 Sophia Reese	JR	4145	Forest City	14	22:11.1	2:17.6
17 Ella Horgen	SO	4384	Saint Ansgar	15	22:29.5	2:36.0
18 Nichole Larson	SO	4186	Garner-Hayfield	-	22:44.3	2:50.8
19 Faith Eberline	FR	4281	North Butler Gr	-	22:47.2	2:53.7
20 Vanessa Mendez	SR	4433	West Hancock	16	22:51.3	2:57.8
21 Tess Darrow	SO	4353	Osage	17	22:51.9	2:58.4
22 Abby Rachut	JR	4357	Osage	18	22:54.5	3:01.0
23 Emma Kollasch	FR	4067	Bishop Garriga	19	22:58.1	3:04.6
24 Myka Anderson	SO	4095	Eagle Grove	-	22:59.9	3:06.4
25 Merrin Hanson	SR	4330	Northwood-Ken	-	23:02.6	3:09.1
26 Tara Marchand	SR	4432	West Hancock	20	23:13.5	3:20.0
27 Lauren Adams	FR	4349	Osage	21	23:16.9	3:23.4
28 Iselle Weiland	SO	4437	West Hancock	22	23:17.5	3:24.0
29 Ashlee Aukes	JR	4137	Forest City	23	23:18.4	3:24.9
30 Kendall Power	SR	4356	Osage	24	23:18.8	3:25.3
31 Rachel Kahle	FR	4065	Bishop Garriga	25	23:18.8	3:25.3
32 Kaylie Sylvara	JR	4217	Lake Mills	26	23:28.5	3:35.0
33 Carmen Sharp	JR	4146	Forest City	(27)	23:30.2	3:36.7
34 Kate Knoll	JR	4265	Newman Cathol	28	23:38.8	3:45.3

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Race #3
Girls Varsity 5000M

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
81 Sheila Reding	JR	4069	Bishop Garriga	(60)	30:06.5	10:13.
82 Nevaeh McCaslin	SO	4282	North Butler Gr	-	35:35.4	15:41.

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Race #5 Boys Varsity 5000M

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Lake Mills	36	1-2-9-10-14(32)(35)	1:27:25	1:10.3
2 Forest City	66	4-12-15-16-19(20)	1:30:22	1:00.6
3 Garner-Hayfield-Vent	111	3-7-24-27-50(56)(57)	1:33:33	3:13.2
4 West Hancock Britt	124	6-13-18-39-48(53)(71)	1:34:17	2:39.0
5 North Butler Greene	153	5-8-23-52-65(66)(90)	1:36:10	3:49.7
6 Newman Catholic Ma	179	17-22-26-45-69(70)(74)	1:38:17	3:27.8
7 Osage	201	21-36-37-47-60(63)(72)	1:39:38	2:14.8
8 Eagle Grove	217	29-30-43-54-61	1:40:18	1:48.0
9 North Iowa Buffalo C	221	28-33-34-59-67(75)	1:40:58	2:28.0
10 West Fork Sheffield	234	40-44-46-49-55(64)(73)	1:41:44	0:48.2
11 Nashua-Plainfield	284	25-38-68-76-77(83)	1:46:09	3:52.3
12 Central Springs	289	11-31-80-81-86(87)(88)	1:47:24	5:54.3
13 Belmont-Klemme	291	42-51-58-62-78(82)(84)	1:45:46	2:44.0
14 Saint Ansgar	385	41-79-85-89-91	1:57:12	5:49.6

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
31 Hunter Waldo-Martinez	JR	4094	Eagle Grove	30	19:13.7	2:22.7
32 Breck Lutz	SO	4077	Central Springs	31	19:17.3	2:26.3
33 Caleb Skogen	JR	4207	Lake Mills	(32)	19:27.1	2:36.1
34 Caiden Buckner	FR	4060	Bishop Garriga	-	19:30.2	2:39.2
35 Dante Nelson	SO	4296	North Iowa Buff	33	19:40.8	2:49.8
36 Wyatt Wright	JR	4299	North Iowa Buff	34	19:42.0	2:50.0
37 Brayden Eden	SO	4201	Lake Mills	(35)	19:46.4	2:55.4
38 Robert Marks	SO	4339	Osage	36	19:50.8	2:59.8
39 Jackson Johnson	SR	4337	Osage	37	19:51.5	3:00.5
40 Jase Hansen	SR	4232	Nashua-Plainfie	38	19:54.6	3:03.6
41 Carson Fox	JR	4418	West Hancock	39	19:55.0	3:03.0
42 Kaden Graf	SO	4393	West Fork Shef	40	19:56.4	3:05.4
43 Ashton Krebsbach	SO	4379	Saint Ansgar	41	19:57.0	3:05.0
44 Nolan Muhlenbruch	SO	4047	Belmond-Klem	42	20:11.3	3:20.3
45 Asarel Castro	SO	4089	Eagle Grove	43	20:11.7	3:20.7
46 Brayden Williams	FR	4400	West Fork Shef	44	20:13.8	3:22.8
47 Drew Crimmins	JR	4252	Newman Cathol	45	20:14.3	3:23.3
48 Zach Heiken	SR	4324	Northwood-Ken	-	20:14.4	3:23.4
49 Eli Muhlenbruch	SR	4397	West Fork Shef	46	20:15.9	3:24.9
50 Duncan Mullan	SO	4342	Osage	47	20:16.0	3:24.0
51 Kaden VanEpps	SR	4422	West Hancock	48	20:17.4	3:26.4
52 Owen Wedmore	JR	4399	West Fork Shef	49	20:32.8	3:41.8
53 Blake Buitenwerf	SR	4170	Garner-Hayfield	50	20:33.3	3:42.3
54 Logan Torsell	JR	4049	Belmond-Klem	51	20:37.7	3:46.7
55 Cain Nielsen	SR	4274	North Butler Gr	52	20:37.7	3:46.7
56 Jacob Burrs	FR	4414	West Hancock	(53)	20:39.9	3:48.9
57 Anthony Vasquez	JR	4093	Eagle Grove	54	20:40.9	3:49.9
58 Aizyk Wiseman	JR	4401	West Fork Shef	55	20:44.6	3:53.6
59 Aidan Steffensmeier	SO	4180	Garner-Hayfield	(56)	20:45.1	3:54.1
60 Ryan Englin	JR	4171	Garner-Hayfield	(57)	20:45.3	3:54.3
61 Leo Ertel	SR	4044	Belmond-Klem	58	20:48.3	3:57.3
62 Jasper Wirth	JR	4297	North Iowa Buff	59	20:48.9	3:57.9
63 Dagan Peterson	SR	4327	Northwood-Ken	-	20:53.5	4:02.5
64 Maxwel Miner	JR	4341	Osage	60	20:56.9	4:05.9
65 Cooper Thacker	SR	4092	Eagle Grove	61	20:59.6	4:08.6
66 Eduardo Rivera	SO	4048	Belmond-Klem	62	21:12.9	4:21.9
67 Finn Smith	JR	4345	Osage	(63)	21:15.2	4:24.2
68 Ayden Bonner	JR	4390	West Fork Shef	(64)	21:19.3	4:28.3
69 Miles Nielsen	SR	4275	North Butler Gr	65	21:22.5	4:31.5
70 William Nielsen	JR	4276	North Butler Gr	(66)	21:31.4	4:40.4
71 Ethan Matson	FR	4294	North Iowa Buff	67	21:36.9	4:45.9
72 Connor Sullivan	JR	4235	Nashua-Plainfie	68	21:40.4	4:49.4
73 Xavier Castino	SR	4251	Newman Cathol	69	21:53.5	5:02.5
74 Jayden Pitzenberger	SO	4258	Newman Cathol	(70)	21:56.3	5:05.3
75 Paxton Johnson	SR	4421	West Hancock	(71)	22:02.3	5:11.3
76 Slader Roll	SO	4344	Osage	(72)	22:04.6	5:13.6

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Knute Rogne	SR	4205	Lake Mills	1	16:52.0	---
2 Hayden Thompson	SR	4209	Lake Mills	2	16:52.0	.0
3 Jonah Pringnitz	SR	4177	Garner-Hayfield	3	17:20.1	29.1
4 Silas Gann	SR	4119	Forest City	4	17:28.9	37.9
5 Ezra Almelen	JR	4271	North Butler Gr	5	17:32.9	41.9
6 Keagan Albertson	JR	4413	West Hancock	6	17:38.5	47.5
7 Jonathan Schuknecht	SO	4178	Garner-Hayfield	7	17:39.4	48.4
8 Brady Henning	SR	4273	North Butler Gr	8	17:47.3	56.3
9 Stephen Brandenburg	SR	4199	Lake Mills	9	17:47.6	56.6
10 Royce Peterson	SR	4203	Lake Mills	10	17:50.7	59.7
11 Kade Tabbert	SO	4080	Central Springs	11	17:56.7	1:05.7
12 Cooper Blaser	JR	4115	Forest City	12	17:57.1	1:06.1
13 Riley Gauden	JR	4419	West Hancock	13	17:57.7	1:06.7
14 Lane Rygh	JR	4206	Lake Mills	14	18:02.2	1:11.2
15 Liam Weissenfluh	FR	4134	Forest City	15	18:05.8	1:14.8
16 Ethan Bertram	SR	4113	Forest City	16	18:21.0	1:29.0
17 Dan Spooner	SR	4260	Newman Cathol	17	18:25.8	1:34.8
18 Isaiah Collins	SR	4415	West Hancock	18	18:28.4	1:37.4
19 Grant Gayther	JR	4120	Forest City	19	18:29.4	1:38.4
20 Holden Reynolds	JR	4129	Forest City	(20)	18:32.3	1:41.3
21 Nicholas Messersmith	JR	4340	Osage	21	18:42.1	1:51.1
22 Elias Carlsson	SR	4250	Newman Cathol	22	18:44.1	1:53.1
23 Trager Pecha	SR	4277	North Butler Gr	23	18:49.1	1:58.1
24 Landen Nelson	JR	4325	Northwood-Ken	-	18:50.6	1:59.6
25 Aiden Schulze	SO	4179	Garner-Hayfield	24	18:52.0	2:00.0
26 Brexton Bird	SR	4229	Nashua-Plainfie	25	18:58.8	2:07.8
27 Tyler Petree	SR	4256	Newman Cathol	26	18:58.9	2:07.9
28 Ty Heller	SR	4173	Garner-Hayfield	27	19:08.4	2:17.4
29 Mason Korte	FR	4292	North Iowa Buff	28	19:08.9	2:17.9
30 Felix Reyes	SR	4091	Eagle Grove	29	19:11.6	2:20.6

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**Race #5
Boys Varsity 5000M****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap
77 Max Martinek	JR	4396	West Fork Shef	(73)	22:10.8	5:19.8
78 Jace Suntken	SR	4261	Newman Cathol	(74)	22:19.2	5:28.2
79 Myles Henn	JR	4291	North Iowa Buff	(75)	22:20.8	5:29.8
80 Landon Manwarren	SR	4310	North Union	-	22:35.9	5:44.9
81 Corbin Darling	JR	4061	Bishop Garriga	-	22:42.6	5:51.6
82 Carson Mundorf	JR	4233	Nashua-Plainfie	76	22:44.1	5:53.1
83 Wyatt Burrichter	FR	4230	Nashua-Plainfie	77	22:51.1	6:00.1
84 Jose Vasquez	FR	4050	Belmond-Klem	78	22:55.2	6:04.2
85 Drew Freeman	FR	4375	Saint Ansgar	79	22:59.3	6:08.3
86 Patrick Haas	SO	4076	Central Springs	80	23:04.3	6:13.3
87 Traecer Starnes	SR	4311	North Union	-	23:11.5	6:20.5
88 Bryce Barker	JR	4072	Central Springs	81	23:14.1	6:23.1
89 Kade Madden	SR	4309	North Union	-	23:19.7	6:28.7
90 Samuel Williams	JR	4051	Belmond-Klem	(82)	23:24.2	6:33.2
91 Benjamin Percy	SR	4234	Nashua-Plainfie	(83)	23:27.4	6:36.4
92 Roy Hoang	SO	4046	Belmond-Klem	(84)	23:28.6	6:37.6
93 Cole Evans	FR	4373	Saint Ansgar	85	23:39.1	6:48.1
94 Cohen Rowe	FR	4078	Central Springs	86	23:51.0	6:59.0
95 Tristan Grey	SO	4075	Central Springs	(87)	23:51.6	7:00.6
96 Jonah Carson	SR	4073	Central Springs	(88)	24:08.5	7:17.5
97 Griffin Brumm	JR	4372	Saint Ansgar	89	24:49.7	7:58.7
98 Evan Swygman	SR	4278	North Butler Gr	(90)	25:43.3	8:52.3
99 Evan Hall	FR	4376	Saint Ansgar	91	25:46.6	8:55.6
100 Edward Champney	FR	4307	North Union	-	26:55.9	10:04.
101 Ayden Clark	SR	4323	Northwood-Ken	-	31:16.0	14:24.

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Race #6 Boys Junior Varsity 5000M

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Forest City	15	1-2-3-4-5(6)(7)	1:42:26	1:28.0
2 Osage	50	8-9-10-11-12(13)(14)	1:54:22	0:28.7

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
43 Caleb Kruger	JR	4395	West Fork Shef	-	26:34.4	6:50.0
44 Sebastian Guido-Herna	FR	4045	Belmond-Klem	-	27:19.2	7:34.8
45 Kane Swygman	FR	4279	North Butler Gr	-	27:40.9	7:56.5
46 Jace Pitzenberger	FR	4257	Newman Cathol	-	29:51.0	10:05.
47 Michael Lowell	JR	4124	Forest City	-	31:32.1	11:47.

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Dirk Zeman	JR	4136	Forest City	1	19:44.4	---
2 Kaden Lee	SO	4202	Lake Mills	-	19:53.7	9.3
3 Ezra Thompson	JR	4132	Forest City	2	20:13.7	29.3
4 Creighton Wirth	JR	4135	Forest City	3	20:24.6	40.2
5 Micah Skogen	FR	4208	Lake Mills	-	20:30.6	46.2
6 Andrii Kozhukhar	JR	4174	Garner-Hayfield	-	20:35.0	49.6
7 Aiden Reese	FR	4204	Lake Mills	-	20:35.1	50.7
8 Kai Weaver	FR	4133	Forest City	4	20:51.1	1:06.7
9 Oleksandr Hulyi	SR	4122	Forest City	5	21:12.4	1:28.0
10 Grant Forsberg	FR	4117	Forest City	(6)	21:34.1	1:49.7
11 Angel Ramirez	FR	4127	Forest City	(7)	22:01.3	2:16.9
12 Hayden Schulze	FR	4131	Forest City	-	22:02.1	2:17.7
13 Isaac Alphs	SO	4111	Forest City	-	22:07.8	2:23.4
14 Maximus Dewhurst	SR	4116	Forest City	-	22:16.1	2:31.7
15 Grant Lamb	JR	4175	Garner-Hayfield	-	22:29.2	2:44.8
16 Aaron Tichy	SO	4346	Osage	8	22:35.8	2:51.4
17 Isaac Weber	JR	4348	Osage	9	22:43.8	2:59.4
18 Kolton Olson	JR	4343	Osage	10	22:54.1	3:09.7
19 Brantley Schmidt	FR	4130	Forest City	-	22:55.9	3:11.5
20 Bennett Hemann	SO	4336	Osage	11	23:03.5	3:19.1
21 Emory Arciniega	SO	4333	Osage	12	23:04.4	3:20.0
22 Payton Roberts	JR	4398	West Fork Shef	-	23:04.6	3:20.2
23 Wyatt Bertram	SR	4114	Forest City	-	23:16.6	3:32.2
24 Riley Johnson	FR	4338	Osage	(13)	23:22.8	3:38.4
25 Case Casperson	JR	4200	Lake Mills	-	23:26.6	3:42.2
26 Wade Anderson	FR	4332	Osage	(14)	23:27.2	3:42.8
27 Gunner Fry	JR	4172	Garner-Hayfield	-	23:33.9	3:49.5
28 Luke Raulie	SR	4128	Forest City	-	23:35.1	3:50.7
29 Constantin Freymann	SR	4118	Forest City	-	23:48.2	4:03.8
30 Paxten Hall	FR	4121	Forest City	-	23:59.4	4:15.0
31 Cameron Jacobs	JR	4123	Forest City	-	24:04.9	4:20.5
32 Wyatt Eekhoff	JR	4417	West Hancock	-	24:08.3	4:23.9
33 Ethan Gayken	SR	4420	West Hancock	-	24:13.4	4:29.0
34 Ezra Weber	FR	4347	Osage	-	24:16.7	4:32.3
35 Jonathan Nessen	JR	4176	Garner-Hayfield	-	24:55.4	5:11.0
36 Isaac Thomspson	JR	4262	Newman Cathol	-	25:01.0	5:15.6
37 Brett Behr	JR	4389	West Fork Shef	-	25:06.5	5:22.1
38 Isaiah Mikes	JR	4125	Forest City	-	25:08.6	5:24.2
39 Jakobi Brown	SO	4334	Osage	-	25:27.1	5:42.7
40 Kody Hearn	FR	4272	North Butler Gr	-	25:39.0	5:53.6
41 Dace Darrow	JR	4335	Osage	-	26:04.0	6:18.6
42 Tyler Neiss	JR	4126	Forest City	-	26:18.4	6:34.0

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Race #7
Girls Junior Varsity 5000M

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Forest City	15	1-2-3-4-5(6)	2:09:06	1:41.7

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Isabel Weaver	FR	4150	Forest City	1	25:01.4	---
2 Shelby Keough	JR	4140	Forest City	2	25:11.1	9.7
3 Aubrey Kluver	SO	4143	Forest City	3	25:43.6	42.2
4 Sophie Aitchison	JR	4424	West Hancock	-	25:47.4	46.0
5 Elyse Brown	JR	4351	Osage	-	26:02.4	1:01.0
6 Tess Klaassen	SO	4142	Forest City	4	26:26.6	1:25.2
7 Emie Thompson	JR	4148	Forest City	5	26:43.1	1:41.7
8 Alexis Kolbet	JR	4354	Osage	-	26:51.2	1:49.8
9 Addy Sayer	SR	4358	Osage	-	27:00.3	1:58.9
10 Ellie Harms	JR	4406	West Fork Shef	-	27:14.0	2:11.6
11 Allison Wirtjes	SR	4151	Forest City	(6)	28:02.6	3:01.2
12 Jaselyn Islas	FR	4212	Lake Mills	-	30:31.2	5:29.8
13 Bella Ezarski	SO	4405	West Fork Shef	-	30:40.7	5:39.3
14 Laylah Ingledue	JR	4211	Lake Mills	-	31:11.4	6:10.0
15 Claire Hiscocks	SR	4428	West Hancock	-	31:53.5	6:52.1