



2024 Pumpkinfest 5k

October 5th, 2024

Sunny, 77°, 10 MPH, 50% Humidity



#	First name	Last name	Bib	Gender	Division	Age	City	State	Final Result	Pace
1	Dirk	Snyder	222	M	Overall male	26	Marion	IA	00:20:37.36	06:38 /mi
2	Callan	Keister	125	M	Overall male	13	Anamosa	IA	00:21:08.21	06:48 /mi
3	Garrett	Appelhans	6	M	Overall male	15	Anamosa	IA	00:21:18.83	06:52 /mi
4	Braeden	Keister	128	M	Overall male	17	Anamosa	IA	00:21:18.86	06:52 /mi
5	Jeff	Nietert	163	M	Overall male	63	Toddville	IA	00:21:26.08	06:54 /mi
6	Dean	Niklasen	164	M	Overall male	49	Monticello	IA	00:22:29.14	07:14 /mi
7	Kellen	Sulzner	228	M	Overall male	11	Anamosa	IA	00:22:40.30	07:18 /mi
8	Jaron	Button	39	M	Overall male	31	Kansas City	MO	00:23:09.55	07:27 /mi
9	Michael	Biegler	24	M	Overall male	32	Anamosa	IA	00:23:34.59	07:36 /mi
10	Hugh	Miles	148	M	Overall male	29	Monticello	IA	00:23:45.67	07:39 /mi
11	Jake	Bixler	28	M	Overall male	11	Olin	IA	00:23:55.05	07:42 /mi
12	Philip	Dean	68	M	Overall male	47	Lisbon	IA	00:24:02.76	07:45 /mi
13	Trevor	Dawes	66	M	Overall male	12	Anamosa	IA	00:24:10.61	07:47 /mi
14	Mike	Armbruster	8	M	Overall male	42	Maquoketa	IA	00:24:18.45	07:49 /mi
15	Charlie	Button	38	M	Overall male	60	Delhi	IA	00:24:27.90	07:52 /mi
16	Johnathan	Scheer	202	M	Overall male	24	Anamosa	IA	00:24:30.95	07:54 /mi
17	Mike	Telsrow	285	M	Overall male	38	Tipton	IA	00:24:45.25	07:58 /mi
18	Mitch	McGraw	297	M	Overall male	32	Independence	IA	00:24:47.44	07:59 /mi
19	Tony	Showen	213	M	Overall male	49	Anamosa	IA	00:24:49.67	08:00 /mi
20	Brent	McQuillen	143	M	Overall male	59	Monticello	IA	00:24:57.83	08:02 /mi
21	Lane	Williams	290	M	Overall male	27	Anamosa	IA	00:25:13.74	08:07 /mi
22	TJ	Engelbart	83	M	Overall male	12	Anamosa	IA	00:25:18.62	08:09 /mi
23	Tucker	Bixler	27	M	Overall male	9	Olin	IA	00:25:18.99	08:09 /mi
24	Cruz	Vega	251	M	Overall male	11	Martelle	IA	00:25:21.42	08:10 /mi
25	Sam	Yum	276	M	Overall male	12	Center Point	IA	00:25:22.80	08:10 /mi
26	Max	Woodward	273	M	Overall male	12	Anamosa	IA	00:25:44.75	08:17 /mi
27	Ryker	Ricklefs	188	M	Overall male	10	Central City	IA	00:25:53.97	08:20 /mi
28	Craig	Buck	36	M	Overall male	14	Anamosa	IA	00:26:45.72	08:37 /mi
29	Akao	Smith	220	M	Overall male	10	Anamosa	IA	00:26:55.87	08:40 /mi
30	Dan	Buck	37	M	Overall male	47	Anamosa	IA	00:27:02.60	08:42 /mi
31	Mark	Weldon	264	M	Overall male	61	Mount Vernon	IA	00:27:04.63	08:43 /mi
32	Drew	Bixler	26	M	Overall male	33	Olin	IA	00:27:09.22	08:45 /mi
33	Eastin	Hildebrandt	111	M	Overall male	10	Urbana	IA	00:27:15.85	08:46 /mi
34	Brian	Suthers	231	M	Overall male	51	Martelle	IA	00:27:17.72	08:47 /mi
35	Hudson	Baumler	17	M	Overall male	12	Anamosa	IA	00:27:38.63	08:54 /mi
36	Henry	Reck	183	M	Overall male	12	Anamosa	IA	00:27:40.73	08:55 /mi
37	Conner	Andreesen	2	M	Overall male	11	Center Junction	IA	00:27:44.22	08:56 /mi
38	Nakai	Smith	219	M	Overall male	9	Anamosa	IA	00:28:07.81	09:03 /mi
39	Isaac	Yum	277	M	Overall male	10	Center Point	IA	00:28:14.96	09:06 /mi
40	Gary	Reeder	185	M	Overall male	69	Delhi	IA	00:28:17.35	09:06 /mi
41	Matt	Wyatt	275	M	Overall male	59	Cedar Rapids	IA	00:28:24.94	09:09 /mi
42	Matthew	Rubner	195	M	Overall male	43	Springville	IA	00:28:38.07	09:13 /mi
43	Jay	Belding	20	M	Overall male	26	Anamosa	IA	00:28:49.26	09:17 /mi
44	Dylan	Keltner	130	M	Overall male	11	Anamosa	IA	00:28:50.55	09:17 /mi
45	Liam	Bousselot	32	M	Overall male	8	Anamosa	IA	00:28:51.69	09:18 /mi

46	Cooper	Jenkins	121	M	Overall male	12	Anamosa	IA	00:29:05.11	09:22 /mi
47	Kaiden	Baumler	18	M	Overall male	9	Anamosa	IA	00:29:14.58	09:25 /mi
48	Ryan	Bousselot	30	M	Overall male	42	Anamosa	IA	00:29:27.96	09:29 /mi
49	Kael	Hora	114	M	Overall male	10	Anamosa	IA	00:29:33.85	09:31 /mi
50	Lincoln	Traynor	245	M	Overall male	10	Center Point	IA	00:29:34.75	09:31 /mi
51	Randy	Conrad	59	M	Overall male	51	Central City	IA	00:29:34.87	09:31 /mi
52	Sawyer	Smith	218	M	Overall male	9	Urbana	IA	00:29:46.87	09:35 /mi
53	Samuel	Weber	260	M	Overall male	31	Dubuque	IA	00:29:48.54	09:36 /mi
54	Blaine	Smith	216	M	Overall male	31	Anamosa	IA	00:29:50.80	09:37 /mi
55	Adam	Davis	63	M	Overall male	41	Center Point	IA	00:30:12.71	09:43 /mi
56	Ollie	Kent	132	M	Overall male	11	Monticello	IA	00:30:19.17	09:46 /mi
57	John	Hackbarth	101	M	Overall male	42	Cedar Rapids	IA	00:30:23.48	09:47 /mi
58	Mark	Robertson	190	M	Overall male	72	Anamosa	IA	00:30:37.17	09:51 /mi
59	Alex	Schaaf	200	M	Overall male	46	Anamosa	IA	00:30:50.46	09:56 /mi
60	Nathan	Tjelmeland	242	M	Overall male	36	Anamosa	IA	00:30:57.73	09:58 /mi
61	Jim	Waterman	256	M	Overall male	46	Anamosa	IA	00:31:06.07	10:01 /mi
62	Tayten	Soppe	301	M	Overall male	11	Marion	IA	00:31:09.68	10:02 /mi
63	Jeremiah	Morris	156	M	Overall male	8	Urbana	IA	00:31:19.14	10:05 /mi
64	Zaiyen	Hughes	117	M	Overall male	7	Shellsburg	IA	00:31:19.55	10:05 /mi
65	Matthew	Traynor	244	M	Overall male	45	Center Point	IA	00:31:52.36	10:16 /mi
66	Levi	Gorman	92	M	Overall male	11	Anamosa	IA	00:31:59.39	10:18 /mi
67	Deklin	Hildebrandt	112	M	Overall male	12	Urbana	IA	00:32:10.38	10:22 /mi
68	Ty	Ricklefs	187	M	Overall male	12	Central City	IA	00:32:12.92	10:22 /mi
69	Owen	Bousselot	31	M	Overall male	14	Anamosa	IA	00:32:30.50	10:28 /mi
70	Andy	Carstensen	51	M	Overall male	33	Anamosa	IA	00:32:45.25	10:33 /mi
71	Karson	Royer	293	M	Overall male	16	Cedar Rapids	IA	00:32:57.19	10:37 /mi
72	Austin	Pflughaupt	174	M	Overall male	35	Anamosa	IA	00:33:27.64	10:46 /mi
73	Will	Paulson	300	M	Overall male	10	Anamosa	IA	00:34:22.04	11:04 /mi
74	Liam	Pearson	287	M	Overall male	11	Anamosa	IA	00:34:43.75	11:11 /mi
75	Jeremiah	Murphy	160	M	Overall male	55	Cedar Rapids	IA	00:35:09.09	11:19 /mi
76	Liam	Kuda	135	M	Overall male	10	Urbana	IA	00:35:10.11	11:19 /mi
77	Karson	Kremer	134	M	Overall male	10	Center Point	IA	00:35:44.34	11:30 /mi
78	Fletcher	Diveley	73	M	Overall male	9	Center Point	IA	00:35:46.89	11:31 /mi
79	Paul	Woods	271	M	Overall male	11	Center Point	IA	00:35:54.04	11:34 /mi
80	Matt	Voelcker	252	M	Overall male	60	Moline	IL	00:36:00.29	11:36 /mi
81	Liam	Keister	126	M	Overall male	11	Anamosa	IA	00:36:37.40	11:48 /mi
82	Tom	Gregoricka	100	M	Overall male	18	Springville	IA	00:36:42.05	11:49 /mi
83	Mike	Gregoricka	99	M	Overall male	65	Springville	IA	00:37:48.06	12:10 /mi
84	Jayden	Capron	43	M	Overall male	14	Anamosa	IA	00:38:01.48	12:15 /mi
85	Anthony	Rowan	278	M	Overall male	15	Anamosa	IA	00:38:37.33	12:26 /mi
86	TJ	Offerman	168	M	Overall male	9	Center Point	IA	00:41:50.94	13:28 /mi
87	Drew	Thompson	234	M	Overall male	41	Mason City	IA	00:43:28.84	14:00 /mi
88	Chase	Dotson	283	M	Overall male	9	Center Point	IA	00:43:53.40	14:08 /mi
89	Sean	Williams	268	M	Overall male	51	Springville	IA	00:44:05.52	14:12 /mi
90	Mike	Telsrow Sr	288	M	Overall male	64	Oxford Junction	IA	00:44:44.93	14:25 /mi
91	Patrick	Carstensen	52	M	Overall male	10	Anamosa	IA	00:45:10.84	14:33 /mi
92	Caolan	Thompson-Brown	237	M	Overall male	23	Mason City	IA	00:45:37.09	14:42 /mi
93	Aiden	Northen	166	M	Overall male	9	Anamosa	IA	00:45:56.33	14:48 /mi
94	Chase	Hudson	294	M	Overall male	13	Anamosa	IA	00:49:02.28	15:48 /mi
95	William	Derenne	71	M	Overall male	11	Urbana	IA	00:50:01.93	16:07 /mi
96	Kurt	Davis	61	M	Overall male	48	Monticello	IA	00:50:38.79	16:19 /mi

97	Cory	Capron	42	M	Overall male	45	Anamosa	IA	00:50:51.32	16:22 /mi
98	Matthew	Brownfield	35	M	Overall male	46	Marion	IA	00:51:21.40	16:33 /mi
99	Bodhi	Neve	162	M	Overall male	8	Center Point	IA	00:52:21.73	16:52 /mi
100	Elijah	Herrick	109	M	Overall male	10	Anamosa	IA	00:53:19.16	17:10 /mi
101	Russell	Brown	34	M	Overall male	78	Anamosa	IA	00:54:09.84	17:27 /mi
102	Henry	Carstensen	53	M	Overall male	5	Anamosa	IA	00:59:25.95	19:09 /mi
103	Lynn A.	Decious	69	M	Overall male	72	Anamosa	IA	01:05:16.65	21:01 /mi
104	Kanon	McGraw	299	M	Overall male	6	Independence	IA	01:05:17.84	21:02 /mi
1	Mindy	Capron	44	F	Overall female	48	Monticello	IA	00:23:17.64	07:30 /mi
2	Brylee	LaDue	137	F	Overall female	13	Anamosa	IA	00:24:09.48	07:46 /mi
3	Emery	Besler	22	F	Overall female	11	Central City	IA	00:24:13.13	07:48 /mi
4	Sophia	Mormann	154	F	Overall female	13	Anamosa	IA	00:24:26.60	07:52 /mi
5	Courtney	Weeks	259	F	Overall female	31	Martelle	IA	00:24:34.87	07:55 /mi
6	Paisley	Henderson	107	F	Overall female	8	Monticello	IA	00:24:48.56	07:59 /mi
7	Aryella	Hughes	116	F	Overall female	11	Shellsburg	IA	00:24:48.96	07:59 /mi
8	DeAnne	Hendersen	106	F	Overall female	43	Monticello	IA	00:24:49.06	08:00 /mi
9	Gianna	Poole	177	F	Overall female	11	Anamosa	IA	00:24:55.55	08:01 /mi
10	Andrea	Hall	286	F	Overall female	40	Monticello	IA	00:25:25.09	08:11 /mi
11	Ashton	Sulzner	229	F	Overall female	37	Anamosa	IA	00:25:26.13	08:11 /mi
12	Lucy	Menssen	146	F	Overall female	19	Northfield	MN	00:25:32.46	08:13 /mi
13	Arianna	Cavanagh	54	F	Overall female	13	Delmar	IA	00:25:36.06	08:15 /mi
14	Erin	Bone	29	F	Overall female	39	Ankeny	IA	00:25:53.56	08:20 /mi
15	Sarah	Barr	15	F	Overall female	33	Martelle	IA	00:26:04.34	08:24 /mi
16	Leigha	Hinrichs	284	F	Overall female	14	Marion	IA	00:26:07.76	08:25 /mi
17	Rachel	Schewe	204	F	Overall female	11	Monticello	IA	00:26:12.28	08:26 /mi
18	Emmersyn	Carlson	49	F	Overall female	8	Anamosa	IA	00:26:14.89	08:27 /mi
19	Jodi	Suthers	230	F	Overall female	52	Martelle	IA	00:26:15.30	08:27 /mi
20	Mason	Lloyd	140	F	Overall female	14	Monticello	IA	00:26:20.86	08:29 /mi
21	Olivia	Engelbart	84	F	Overall female	10	Anamosa	IA	00:26:31.14	08:32 /mi
22	Sarah	Schewe	203	F	Overall female	41	Monticello	IA	00:26:49.81	08:38 /mi
23	Lindsay	Ruchti	196	F	Overall female	13	Monticello	IA	00:27:14.35	08:46 /mi
24	Hailee	Adams	1	F	Overall female	28	Anamosa	IA	00:27:23.41	08:49 /mi
25	Chelsie	Engelbart	82	F	Overall female	41	Anamosa	IA	00:27:29.70	08:51 /mi
26	Linda	VonBehren	253	F	Overall female	57	Wyoming	IA	00:27:31.96	08:52 /mi
27	Casey	Fry	87	F	Overall female	24	Delhi	IA	00:27:33.65	08:52 /mi
28	Brenda	Murphy	159	F	Overall female	51	Cedar Rapids	IA	00:27:39.22	08:54 /mi
29	Maggie	Wagner	255	F	Overall female	19	Anamosa	IA	00:27:42.35	08:55 /mi
30	Ava	Scranton	206	F	Overall female	19	Anamosa	IA	00:27:45.04	08:56 /mi
31	Tabitha	Telsrow	232	F	Overall female	33	Oxford Junction	IA	00:27:56.18	09:00 /mi
32	Lillian	Green	97	F	Overall female	17	Peosta	IA	00:28:00.02	09:01 /mi
33	Brynn	Austin	10	F	Overall female	11	Anamosa	IA	00:28:22.33	09:08 /mi
34	Izzy	Reck	184	F	Overall female	14	Anamosa	IA	00:28:37.04	09:13 /mi
35	Calli	Snyder	223	F	Overall female	27	Marion	IA	00:28:43.43	09:15 /mi
36	Emelia	Waterman	258	F	Overall female	13	Anamosa	IA	00:28:46.18	09:16 /mi
37	Erin	Jenkins	120	F	Overall female	41	Anamosa	IA	00:29:10.06	09:24 /mi
38	Amanda	Kelchen	129	F	Overall female	31	Anamosa	IA	00:29:20.19	09:27 /mi
39	Jill	Conrad	58	F	Overall female	52	Central City	IA	00:29:34.62	09:31 /mi
40	Carol	Thumma	238	F	Overall female	56	Coggon	IA	00:30:03.44	09:40 /mi
41	Josie	Davis	62	F	Overall female	10	Center Point	IA	00:30:11.67	09:43 /mi
42	Stephanie	Kaftan	279	F	Overall female	43	Wyoming	IA	00:30:11.83	09:43 /mi
43	Sarah	Hefflefinger	105	F	Overall female	44	Central City	IA	00:30:23.53	09:47 /mi

44	Kiana	Secrist	207	F	Overall female	32	Monticello	IA	00:30:38.96	09:52 /mi
45	Taylor	Pflughaupt	173	F	Overall female	33	Anamosa	IA	00:31:20.65	10:06 /mi
46	Kristin	Ries	189	F	Overall female	39	Anamosa	IA	00:31:35.24	10:10 /mi
47	Grace	Dean	67	F	Overall female	16	Lisbon	IA	00:31:52.49	10:16 /mi
48	Michelle	Green	96	F	Overall female	62	Cascade	IA	00:31:54.75	10:16 /mi
49	Morgan	Austin	11	F	Overall female	9	Anamosa	IA	00:31:55.05	10:16 /mi
50	Theresa	Kent	131	F	Overall female	37	Monticello	IA	00:32:07.72	10:21 /mi
51	Laura	Secrist-Niklasen	208	F	Overall female	49	Monticello	IA	00:32:08.42	10:21 /mi
52	Aubrea	Thompson-Brown	236	F	Overall female	24	Mason City	IA	00:32:44.29	10:33 /mi
53	Abby	Schuster	205	F	Overall female	35	Anamosa	IA	00:33:16.44	10:43 /mi
54	Margaret	Williams	266	F	Overall female	48	Anamosa	IA	00:33:18.92	10:43 /mi
55	Addi	Tjaden	240	F	Overall female	11	Anamosa	IA	00:33:36.41	10:49 /mi
56	Heidi	Hall	103	F	Overall female	36	Monticello	IA	00:33:43.82	10:52 /mi
57	Chelsea	Holland	113	F	Overall female	19	Anamosa	IA	00:33:47.60	10:53 /mi
58	Joslyn	Carlson	48	F	Overall female	11	Anamosa	IA	00:33:55.96	10:55 /mi
59	Michelle	Clark	56	F	Overall female	52	Coralville	IA	00:34:03.55	10:58 /mi
60	Taralynn	Hunt	118	F	Overall female	12	Shellsburg	IA	00:34:07.35	10:59 /mi
61	Danielle	Powell	180	F	Overall female	40	Cedar Rapids	IA	00:34:13.65	11:01 /mi
62	Amanda	Christenson	55	F	Overall female	33	Oskaloosa	IA	00:34:14.49	11:01 /mi
63	Peyton	Richie	281	F	Overall female	23	Buckingham	IL	00:34:22.61	11:04 /mi
64	Mia	Woodward	274	F	Overall female	10	Anamosa	IA	00:34:41.49	11:10 /mi
65	Ellen	Johanns	122	F	Overall female	38	Marion	IA	00:34:47.97	11:12 /mi
66	Corey	Richardson	186	F	Overall female	31	Monticello	IA	00:34:56.29	11:15 /mi
67	Leah	Beaman	19	F	Overall female	47	Delhi	IA	00:35:11.54	11:20 /mi
68	Monroe	Munson	158	F	Overall female	9	Urbana	IA	00:35:14.34	11:21 /mi
69	Maria	Pitz	175	F	Overall female	34	Center Point	IA	00:35:21.44	11:23 /mi
70	Macy	Pitz	176	F	Overall female	8	Center Point	IA	00:35:21.54	11:23 /mi
71	Zakiya	Smith	221	F	Overall female	13	Anamosa	IA	00:35:55.08	11:34 /mi
72	Kannan	Antonelli	4	F	Overall female	13	Anamosa	IA	00:35:56.51	11:34 /mi
73	Kenington	Telsrow	289	F	Overall female	7	Tipton	IA	00:35:57.65	11:35 /mi
74	Lea-Anne	Schaaf	199	F	Overall female	42	Anamosa	IA	00:36:14.28	11:40 /mi
75	Helen	Royer	292	F	Overall female	51	Cedar Rapids	IA	00:36:41.85	11:49 /mi
76	Holly	Spreeman	225	F	Overall female	42	Cedar Rapids	IA	00:37:01.55	11:55 /mi
77	Amy	Larkin	138	F	Overall female	48	Coralville	IA	00:37:03.71	11:56 /mi
78	Klamberly	Keister	127	F	Overall female	50	Anamosa	IA	00:37:07.06	11:57 /mi
79	Carey	Voss	254	F	Overall female	46	Anamosa	IA	00:37:25.01	12:03 /mi
80	Grace	McWherter	145	F	Overall female	13	Anamosa	IA	00:37:34.86	12:06 /mi
81	Kathy	McQuillen	144	F	Overall female	59	Monticello	IA	00:37:38.69	12:07 /mi
82	Karen	Gregoricka	98	F	Overall female	60	Springville	IA	00:37:48.14	12:10 /mi
83	Dani	Gravel	95	F	Overall female	18	Anamosa	IA	00:37:53.38	12:12 /mi
84	Ari	Tjaden	239	F	Overall female	13	Anamosa	IA	00:37:59.39	12:14 /mi
85	Leah	Lloyd	141	F	Overall female	14	Monticello	IA	00:37:59.79	12:14 /mi
86	Audrey	Dawes	65	F	Overall female	14	Anamosa	IA	00:38:00.74	12:15 /mi
87	Livia	Rohwedder	193	F	Overall female	13	Anamosa	IA	00:38:00.89	12:15 /mi
88	Andrea	Baumler	16	F	Overall female	40	Anamosa	IA	00:38:10.85	12:18 /mi
89	Jennifer	Armbruster	7	F	Overall female	39	Maquoketa	IA	00:38:33.88	12:25 /mi
90	Jessica	Eiben	79	F	Overall female	40	Anamosa	IA	00:38:41.63	12:28 /mi
91	Emily	Turnis	247	F	Overall female	35	Center Point	IA	00:38:53.60	12:31 /mi
92	Reagyn	Turnis	248	F	Overall female	10	Center Point	IA	00:39:01.55	12:34 /mi
93	Madyx	McElmeel	280	F	Overall female	11	Monticello	IA	00:39:17.93	12:39 /mi
94	Whitney	Eiben	78	F	Overall female	38	Anamosa	IA	00:39:23.88	12:41 /mi

95	Karissa	Beranek-Trinkle	21	F	Overall female	32	Anamosa	IA	00:39:32.95	12:44 /mi
96	Lea	Olson	295	F	Overall female	49	Cental City	IA	00:40:25.82	13:01 /mi
97	Lindsey	Austin	9	F	Overall female	42	Anamosa	IA	00:40:44.40	13:07 /mi
98	Chavah	Herrick	108	F	Overall female	12	Anamosa	IA	00:41:00.01	13:12 /mi
99	Diane	Joslin	123	F	Overall female	42	Monticello	IA	00:41:19.72	13:18 /mi
100	Linnea	Offerman	167	F	Overall female	39	Center Point	IA	00:41:51.98	13:29 /mi
101	Evelynn	Hunt	119	F	Overall female	10	Shellsburg	IA	00:42:20.76	13:38 /mi
102	Ryan	Carlson	46	F	Overall female	16	Anamosa	IA	00:42:28.51	13:40 /mi
103	Hayden	Carlson	47	F	Overall female	14	Anamosa	IA	00:42:30.75	13:42 /mi
104	Tina	Thompson	233	F	Overall female	41	Mason City	IA	00:43:27.90	14:00 /mi
105	Ridley	Gager	88	F	Overall female	9	Center Point	IA	00:43:31.73	14:01 /mi
106	Betty	Edler	76	F	Overall female	9	Vinton	IA	00:44:36.99	14:22 /mi
107	Gina	Edler	75	F	Overall female	41	Vinton	IA	00:44:37.79	14:22 /mi
108	Patience	Carlson	45	F	Overall female	43	Anamosa	IA	00:44:58.27	14:29 /mi
109	Laurie	Ginder	89	F	Overall female	53	Anamosa	IA	00:45:25.90	14:38 /mi
110	Linda	Vaughn	250	F	Overall female	60	Anamosa	IA	00:45:29.62	14:39 /mi
111	Aaliyah	Thompson	235	F	Overall female	3	Mason City	IA	00:45:37.18	14:42 /mi
112	Charli	Pestka	171	F	Overall female	31	Center Junction	IA	00:45:57.02	14:48 /mi
113	Peyton	Pestka	172	F	Overall female	9	Center Junction	IA	00:45:57.47	14:48 /mi
114	London	Rohwedder	194	F	Overall female	11	Anamosa	IA	00:46:05.57	14:51 /mi
115	Jacie	Eilers	81	F	Overall female	30	Anamosa	IA	00:46:06.07	14:51 /mi
116	Haylee	Smith	215	F	Overall female	29	Anamosa	IA	00:46:25.52	14:57 /mi
117	Charlotte	Smith	217	F	Overall female	3	Anamosa	IA	00:46:41.07	15:02 /mi
118	Melissa	Williams	267	F	Overall female	45	Springville	IA	00:46:42.83	15:03 /mi
119	Charlee	Kuda	136	F	Overall female	8	Urbana	IA	00:47:12.89	15:12 /mi
120	Caiti	Peterson	291	F	Overall female	27	Springville	IA	00:47:28.85	15:18 /mi
121	Jackie	Robertson	191	F	Overall female	64	Anamosa	IA	00:47:35.63	15:19 /mi
122	Robin	Andreesen	3	F	Overall female	38	Center Junction	IA	00:48:49.71	15:43 /mi
123	Rhonda	Weers	263	F	Overall female	73	Center Junction	IA	00:48:49.95	15:43 /mi
124	Juls	Northen	165	F	Overall female	9	Anamosa	IA	00:49:58.95	16:06 /mi
125	Trudie	Derenne	72	F	Overall female	42	Urbana	IA	00:50:04.06	16:07 /mi
126	Karis	Miller	153	F	Overall female	10	Urbana	IA	00:50:24.97	16:14 /mi
127	Heidi	Capron	41	F	Overall female	44	Anamosa	IA	00:50:51.47	16:22 /mi
128	Haley	Raplinger	182	F	Overall female	26	Anamosa	IA	00:50:55.17	16:24 /mi
129	Samantha	Luchtenburg	142	F	Overall female	35	Anamosa	IA	00:51:17.70	16:31 /mi
130	Kasey	Spores	224	F	Overall female	39	Anamosa	IA	00:51:18.91	16:31 /mi
131	Carly	Williams	270	F	Overall female	22	Springville	IA	00:51:19.48	16:32 /mi
132	Kelly	Miller	151	F	Overall female	39	Coralville	IA	00:52:30.35	16:55 /mi
133	Cindy	Miller	152	F	Overall female	65	Anamosa	IA	00:52:30.77	16:55 /mi
134	Shelly	Williams	269	F	Overall female	47	Anamosa	IA	00:52:35.87	16:57 /mi
135	Sue	Michael	147	F	Overall female	74	Lexington	KY	00:54:09.27	17:27 /mi
136	Summer	Parks	169	F	Overall female	46	Anamosa	IA	00:54:11.36	17:27 /mi
137	Meg	Wheeler	265	F	Overall female	62	Martelle	IA	00:54:44.15	17:37 /mi
138	Danielle	Soppe	302	F	Overall female	36	Marion	IA	00:54:44.46	17:38 /mi
139	Karmen	Koppes Kane	133	F	Overall female	56	Anamosa	IA	00:55:05.05	17:45 /mi
140	Ashley	Paulson	170	F	Overall female	36	Anamosa	IA	00:55:05.17	17:45 /mi
141	Jenna	Hardersen	104	F	Overall female	35	Anamosa	IA	00:55:23.96	17:51 /mi
142	Meghan	Lightner	139	F	Overall female	31	Monticello	IA	00:55:24.65	17:51 /mi
143	Lauren	Bickford	23	F	Overall female	33	Anamosa	IA	00:55:24.79	17:51 /mi
144	Tammy	Richie	282	F	Overall female	51	Buckingham	IL	00:56:33.33	18:13 /mi
145	Caitlyn	Gorman	93	F	Overall female	16	Anamosa	IA	00:56:52.92	18:19 /mi

146	Rheagyn	Uthoff	249	F	Overall female	17	Martelle	IA	00:56:53.16	18:19 /mi
147	Emily	Gorman	94	F	Overall female	14	Anamosa	IA	00:56:53.18	18:19 /mi
148	Krysta	Dawes	64	F	Overall female	38	Anamosa	IA	00:57:02.95	18:22 /mi
149	Jill	Tjaden	241	F	Overall female	40	Anamosa	IA	00:57:03.05	18:22 /mi
150	Jessica	Rohwedder	192	F	Overall female	43	Anamosa	IA	00:57:03.45	18:22 /mi
151	Sallie	Selfridge	209	F	Overall female	52	Marion	IA	00:57:10.69	18:25 /mi
152	Hannah	Selfridge	210	F	Overall female	26	Cedar Rapids	IA	00:57:11.01	18:25 /mi
153	Libbie	Popelar	178	F	Overall female	10	Walker	IA	00:57:13.61	18:26 /mi
154	Brynlee	Neve	161	F	Overall female	10	Center Point	IA	00:57:14.19	18:26 /mi
155	Cindy	Decious	70	F	Overall female	75	Anamosa	IA	00:59:17.47	19:06 /mi
156	Kellsey	Carstensen	50	F	Overall female	30	Anamosa	IA	01:00:00.02	19:19 /mi
157	Diane	Hughes	115	F	Overall female	59	Anamosa	IA	01:00:00.11	19:19 /mi
158	Lisa	Gonzales	90	F	Overall female	58	Austin	TX	01:00:00.64	19:19 /mi
159	Beth	Waterman	257	F	Overall female	47	Anamosa	IA	01:01:12.85	19:43 /mi
160	Kelli	Stout	226	F	Overall female	34	Anamosa	IA	01:01:14.22	19:43 /mi
161	Kim	Callahan	40	F	Overall female	60	Maquoketa	IA	01:01:15.49	19:44 /mi
162	Allison	Poster	179	F	Overall female	49	Dubuque	IA	01:01:55.83	19:57 /mi
163	LaRae	Heyl	110	F	Overall female	54	Anamosa	IA	01:01:56.13	19:57 /mi
164	Melissa	Larson	296	F	Overall female	49	Anamosa	IA	01:02:20.36	20:04 /mi
165	Wendy	Davis	60	F	Overall female	56	Monticello	IA	01:02:40.97	20:11 /mi
166	Linda	Egkan	77	F	Overall female	76	Monticello	IA	01:02:41.79	20:12 /mi
167	Nancy	Stout	227	F	Overall female	69	Anamosa	IA	01:02:52.00	20:15 /mi
168	Emily	Miles	149	F	Overall female	28	Monticello	IA	01:03:21.13	20:24 /mi
169	Kayla	Biegler	25	F	Overall female	29	Anamosa	IA	01:03:23.85	20:25 /mi
170	Charlotte	McGraw	298	F	Overall female	8	Independence	IA	01:04:38.87	20:49 /mi
171	Brookelyn	Keating	124	F	Overall female	24	Anamosa	IA	01:04:39.35	20:49 /mi
172	Allison	Scheer	201	F	Overall female	24	Anamosa	IA	01:04:41.44	20:50 /mi
173	Hollyann	Tjelmeland	243	F	Overall female	36	Anamosa	IA	01:06:09.69	21:18 /mi
174	Odeth	Weber	261	F	Overall female	29	Dubuque	IA	01:07:22.53	21:42 /mi
1	Liam	Bousselot	32	M	M8-	8	Anamosa	IA	00:28:51.69	09:18 /mi
2	Jeremiah	Morris	156	M	M8-	8	Urbana	IA	00:31:19.14	10:05 /mi
3	Zaiyen	Hughes	117	M	M8-	7	Shellsburg	IA	00:31:19.55	10:05 /mi
4	Bodhi	Neve	162	M	M8-	8	Center Point	IA	00:52:21.73	16:52 /mi
5	Henry	Carstensen	53	M	M8-	5	Anamosa	IA	00:59:25.95	19:09 /mi
6	Kanon	McGraw	299	M	M8-	6	Independence	IA	01:05:17.84	21:02 /mi
1	Paisley	Henderson	107	F	F8-	8	Monticello	IA	00:24:48.56	07:59 /mi
2	Emmersyn	Carlson	49	F	F8-	8	Anamosa	IA	00:26:14.89	08:27 /mi
3	Macy	Pitz	176	F	F8-	8	Center Point	IA	00:35:21.54	11:23 /mi
4	Kenington	Telsrow	289	F	F8-	7	Tipton	IA	00:35:57.65	11:35 /mi
5	Aaliyah	Thompson	235	F	F8-	3	Mason City	IA	00:45:37.18	14:42 /mi
6	Charlotte	Smith	217	F	F8-	3	Anamosa	IA	00:46:41.07	15:02 /mi
7	Charlee	Kuda	136	F	F8-	8	Urbana	IA	00:47:12.89	15:12 /mi
8	Charlotte	McGraw	298	F	F8-	8	Independence	IA	01:04:38.87	20:49 /mi
1	Kellen	Sulzner	228	M	M9-12	11	Anamosa	IA	00:22:40.30	07:18 /mi
2	Jake	Bixler	28	M	M9-12	11	Olin	IA	00:23:55.05	07:42 /mi
3	Trevor	Dawes	66	M	M9-12	12	Anamosa	IA	00:24:10.61	07:47 /mi
4	TJ	Engelbart	83	M	M9-12	12	Anamosa	IA	00:25:18.62	08:09 /mi
5	Tucker	Bixler	27	M	M9-12	9	Olin	IA	00:25:18.99	08:09 /mi
6	Cruz	Vega	251	M	M9-12	11	Martelle	IA	00:25:21.42	08:10 /mi
7	Sam	Yum	276	M	M9-12	12	Center Point	IA	00:25:22.80	08:10 /mi
8	Max	Woodward	273	M	M9-12	12	Anamosa	IA	00:25:44.75	08:17 /mi

9	Ryker	Ricklefs	188	M	M9-12	10	Central City	IA	00:25:53.97	08:20 /mi
10	Akao	Smith	220	M	M9-12	10	Anamosa	IA	00:26:55.87	08:40 /mi
11	Eastin	Hildebrandt	111	M	M9-12	10	Urbana	IA	00:27:15.85	08:46 /mi
12	Hudson	Baumler	17	M	M9-12	12	Anamosa	IA	00:27:38.63	08:54 /mi
13	Henry	Reck	183	M	M9-12	12	Anamosa	IA	00:27:40.73	08:55 /mi
14	Conner	Andreessen	2	M	M9-12	11	Center Junction	IA	00:27:44.22	08:56 /mi
15	Nakai	Smith	219	M	M9-12	9	Anamosa	IA	00:28:07.81	09:03 /mi
16	Isaac	Yum	277	M	M9-12	10	Center Point	IA	00:28:14.96	09:06 /mi
17	Dylan	Keltner	130	M	M9-12	11	Anamosa	IA	00:28:50.55	09:17 /mi
18	Cooper	Jenkins	121	M	M9-12	12	Anamosa	IA	00:29:05.11	09:22 /mi
19	Kaiden	Baumler	18	M	M9-12	9	Anamosa	IA	00:29:14.58	09:25 /mi
20	Kael	Hora	114	M	M9-12	10	Anamosa	IA	00:29:33.85	09:31 /mi
21	Lincoln	Traynor	245	M	M9-12	10	Center Point	IA	00:29:34.75	09:31 /mi
22	Sawyer	Smith	218	M	M9-12	9	Urbana	IA	00:29:46.87	09:35 /mi
23	Ollie	Kent	132	M	M9-12	11	Monticello	IA	00:30:19.17	09:46 /mi
24	Tayten	Soppe	301	M	M9-12	11	Marion	IA	00:31:09.68	10:02 /mi
25	Levi	Gorman	92	M	M9-12	11	Anamosa	IA	00:31:59.39	10:18 /mi
26	Deklin	Hildebrandt	112	M	M9-12	12	Urbana	IA	00:32:10.38	10:22 /mi
27	Ty	Ricklefs	187	M	M9-12	12	Central City	IA	00:32:12.92	10:22 /mi
28	Will	Paulson	300	M	M9-12	10	Anamosa	IA	00:34:22.04	11:04 /mi
29	Liam	Pearson	287	M	M9-12	11	Anamosa	IA	00:34:43.75	11:11 /mi
30	Liam	Kuda	135	M	M9-12	10	Urbana	IA	00:35:10.11	11:19 /mi
31	Karson	Kremer	134	M	M9-12	10	Center Point	IA	00:35:44.34	11:30 /mi
32	Fletcher	Diveley	73	M	M9-12	9	Center Point	IA	00:35:46.89	11:31 /mi
33	Paul	Woods	271	M	M9-12	11	Center Point	IA	00:35:54.04	11:34 /mi
34	Liam	Keister	126	M	M9-12	11	Anamosa	IA	00:36:37.40	11:48 /mi
35	TJ	Offerman	168	M	M9-12	9	Center Point	IA	00:41:50.94	13:28 /mi
36	Chase	Dotson	283	M	M9-12	9	Center Point	IA	00:43:53.40	14:08 /mi
37	Patrick	Carstensen	52	M	M9-12	10	Anamosa	IA	00:45:10.84	14:33 /mi
38	Aiden	Northen	166	M	M9-12	9	Anamosa	IA	00:45:56.33	14:48 /mi
39	William	Derenne	71	M	M9-12	11	Urbana	IA	00:50:01.93	16:07 /mi
40	Elijah	Herrick	109	M	M9-12	10	Anamosa	IA	00:53:19.16	17:10 /mi
1	Emery	Besler	22	F	F9-12	11	Central City	IA	00:24:13.13	07:48 /mi
2	Aryella	Hughes	116	F	F9-12	11	Shellsburg	IA	00:24:48.96	07:59 /mi
3	Gianna	Poole	177	F	F9-12	11	Anamosa	IA	00:24:55.55	08:01 /mi
4	Rachel	Schewe	204	F	F9-12	11	Monticello	IA	00:26:12.28	08:26 /mi
5	Olivia	Engelbart	84	F	F9-12	10	Anamosa	IA	00:26:31.14	08:32 /mi
6	Brynn	Austin	10	F	F9-12	11	Anamosa	IA	00:28:22.33	09:08 /mi
7	Josie	Davis	62	F	F9-12	10	Center Point	IA	00:30:11.67	09:43 /mi
8	Morgan	Austin	11	F	F9-12	9	Anamosa	IA	00:31:55.05	10:16 /mi
9	Addi	Tjaden	240	F	F9-12	11	Anamosa	IA	00:33:36.41	10:49 /mi
10	Joslyn	Carlson	48	F	F9-12	11	Anamosa	IA	00:33:55.96	10:55 /mi
11	Taralynn	Hunt	118	F	F9-12	12	Shellsburg	IA	00:34:07.35	10:59 /mi
12	Mia	Woodward	274	F	F9-12	10	Anamosa	IA	00:34:41.49	11:10 /mi
13	Monroe	Munson	158	F	F9-12	9	Urbana	IA	00:35:14.34	11:21 /mi
14	Reagyn	Turnis	248	F	F9-12	10	Center Point	IA	00:39:01.55	12:34 /mi
15	Madyx	McElmeel	280	F	F9-12	11	Monticello	IA	00:39:17.93	12:39 /mi
16	Chavah	Herrick	108	F	F9-12	12	Anamosa	IA	00:41:00.01	13:12 /mi
17	Evelynn	Hunt	119	F	F9-12	10	Shellsburg	IA	00:42:20.76	13:38 /mi
18	Ridley	Gager	88	F	F9-12	9	Center Point	IA	00:43:31.73	14:01 /mi
19	Betty	Edler	76	F	F9-12	9	Vinton	IA	00:44:36.99	14:22 /mi

20	Peyton	Pestka	172	F	F9-12	9	Center Junction	IA	00:45:57.47	14:48 /mi
21	London	Rohwedder	194	F	F9-12	11	Anamosa	IA	00:46:05.57	14:51 /mi
22	Juls	Northen	165	F	F9-12	9	Anamosa	IA	00:49:58.95	16:06 /mi
23	Karis	Miller	153	F	F9-12	10	Urbana	IA	00:50:24.97	16:14 /mi
24	Libbie	Popelar	178	F	F9-12	10	Walker	IA	00:57:13.61	18:26 /mi
25	Brynlee	Neve	161	F	F9-12	10	Center Point	IA	00:57:14.19	18:26 /mi
1	Callan	Keister	125	M	M13-15	13	Anamosa	IA	00:21:08.21	06:48 /mi
2	Garrett	Appelhans	6	M	M13-15	15	Anamosa	IA	00:21:18.83	06:52 /mi
3	Craig	Buck	36	M	M13-15	14	Anamosa	IA	00:26:45.72	08:37 /mi
4	Owen	Bousselot	31	M	M13-15	14	Anamosa	IA	00:32:30.50	10:28 /mi
5	Jayden	Capron	43	M	M13-15	14	Anamosa	IA	00:38:01.48	12:15 /mi
6	Anthony	Rowan	278	M	M13-15	15	Anamosa	IA	00:38:37.33	12:26 /mi
7	Chase	Hudson	294	M	M13-15	13	Anamosa	IA	00:49:02.28	15:48 /mi
1	Brylee	LaDue	137	F	F13-15	13	Anamosa	IA	00:24:09.48	07:46 /mi
2	Sophia	Mormann	154	F	F13-15	13	Anamosa	IA	00:24:26.60	07:52 /mi
3	Arianna	Cavanagh	54	F	F13-15	13	Delmar	IA	00:25:36.06	08:15 /mi
4	Leigha	Hinrichs	284	F	F13-15	14	Marion	IA	00:26:07.76	08:25 /mi
5	Mason	Lloyd	140	F	F13-15	14	Monticello	IA	00:26:20.86	08:29 /mi
6	Lindsay	Ruchti	196	F	F13-15	13	Monticello	IA	00:27:14.35	08:46 /mi
7	Izzy	Reck	184	F	F13-15	14	Anamosa	IA	00:28:37.04	09:13 /mi
8	Emelia	Waterman	258	F	F13-15	13	Anamosa	IA	00:28:46.18	09:16 /mi
9	Zakiya	Smith	221	F	F13-15	13	Anamosa	IA	00:35:55.08	11:34 /mi
10	Kannan	Antonelli	4	F	F13-15	13	Anamosa	IA	00:35:56.51	11:34 /mi
11	Grace	McWherter	145	F	F13-15	13	Anamosa	IA	00:37:34.86	12:06 /mi
12	Ari	Tjaden	239	F	F13-15	13	Anamosa	IA	00:37:59.39	12:14 /mi
13	Leah	Lloyd	141	F	F13-15	14	Monticello	IA	00:37:59.79	12:14 /mi
14	Audrey	Dawes	65	F	F13-15	14	Anamosa	IA	00:38:00.74	12:15 /mi
15	Livia	Rohwedder	193	F	F13-15	13	Anamosa	IA	00:38:00.89	12:15 /mi
16	Hayden	Carlson	47	F	F13-15	14	Anamosa	IA	00:42:30.75	13:42 /mi
17	Emily	Gorman	94	F	F13-15	14	Anamosa	IA	00:56:53.18	18:19 /mi
1	Braeden	Keister	128	M	M16-19	17	Anamosa	IA	00:21:18.86	06:52 /mi
2	Karson	Royer	293	M	M16-19	16	Cedar Rapids	IA	00:32:57.19	10:37 /mi
3	Tom	Gregoricka	100	M	M16-19	18	Springville	IA	00:36:42.05	11:49 /mi
1	Lucy	Menssen	146	F	F16-19	19	Northfield	MN	00:25:32.46	08:13 /mi
2	Maggie	Wagner	255	F	F16-19	19	Anamosa	IA	00:27:42.35	08:55 /mi
3	Ava	Scranton	206	F	F16-19	19	Anamosa	IA	00:27:45.04	08:56 /mi
4	Lillian	Green	97	F	F16-19	17	Peosta	IA	00:28:00.02	09:01 /mi
5	Grace	Dean	67	F	F16-19	16	Lisbon	IA	00:31:52.49	10:16 /mi
6	Chelsea	Holland	113	F	F16-19	19	Anamosa	IA	00:33:47.60	10:53 /mi
7	Dani	Gravel	95	F	F16-19	18	Anamosa	IA	00:37:53.38	12:12 /mi
8	Ryan	Carlson	46	F	F16-19	16	Anamosa	IA	00:42:28.51	13:40 /mi
9	Caitlyn	Gorman	93	F	F16-19	16	Anamosa	IA	00:56:52.92	18:19 /mi
10	Rheagyn	Uthoff	249	F	F16-19	17	Martelle	IA	00:56:53.16	18:19 /mi
1	Dirk	Snyder	222	M	M20-29	26	Marion	IA	00:20:37.36	06:38 /mi
2	Hugh	Miles	148	M	M20-29	29	Monticello	IA	00:23:45.67	07:39 /mi
3	Johnathan	Scheer	202	M	M20-29	24	Anamosa	IA	00:24:30.95	07:54 /mi
4	Lane	Williams	290	M	M20-29	27	Anamosa	IA	00:25:13.74	08:07 /mi
5	Jay	Belding	20	M	M20-29	26	Anamosa	IA	00:28:49.26	09:17 /mi
6	Caolan	Thompson-Brown	237	M	M20-29	23	Mason City	IA	00:45:37.09	14:42 /mi
1	Hailee	Adams	1	F	F20-29	28	Anamosa	IA	00:27:23.41	08:49 /mi
2	Casey	Fry	87	F	F20-29	24	Delhi	IA	00:27:33.65	08:52 /mi

3	Calli	Snyder	223	F	F20-29	27	Marion	IA	00:28:43.43	09:15 /mi
4	Aubrea	Thompson-Brown	236	F	F20-29	24	Mason City	IA	00:32:44.29	10:33 /mi
5	Peyton	Richie	281	F	F20-29	23	Buckingham	IL	00:34:22.61	11:04 /mi
6	Haylee	Smith	215	F	F20-29	29	Anamosa	IA	00:46:25.52	14:57 /mi
7	Caiti	Peterson	291	F	F20-29	27	Springville	IA	00:47:28.85	15:18 /mi
8	Haley	Raplinger	182	F	F20-29	26	Anamosa	IA	00:50:55.17	16:24 /mi
9	Carly	Williams	270	F	F20-29	22	Springville	IA	00:51:19.48	16:32 /mi
10	Hannah	Selfridge	210	F	F20-29	26	Cedar Rapids	IA	00:57:11.01	18:25 /mi
11	Emily	Miles	149	F	F20-29	28	Monticello	IA	01:03:21.13	20:24 /mi
12	Kayla	Biegler	25	F	F20-29	29	Anamosa	IA	01:03:23.85	20:25 /mi
13	Brookelyn	Keating	124	F	F20-29	24	Anamosa	IA	01:04:39.35	20:49 /mi
14	Allison	Scheer	201	F	F20-29	24	Anamosa	IA	01:04:41.44	20:50 /mi
15	Odeth	Weber	261	F	F20-29	29	Dubuque	IA	01:07:22.53	21:42 /mi
1	Jaron	Button	39	M	M30-39	31	Kansas City	MO	00:23:09.55	07:27 /mi
2	Michael	Biegler	24	M	M30-39	32	Anamosa	IA	00:23:34.59	07:36 /mi
3	Mike	Telsrow	285	M	M30-39	38	Tipton	IA	00:24:45.25	07:58 /mi
4	Mitch	McGraw	297	M	M30-39	32	Independence	IA	00:24:47.44	07:59 /mi
5	Drew	Bixler	26	M	M30-39	33	Olin	IA	00:27:09.22	08:45 /mi
6	Samuel	Weber	260	M	M30-39	31	Dubuque	IA	00:29:48.54	09:36 /mi
7	Blaine	Smith	216	M	M30-39	31	Anamosa	IA	00:29:50.80	09:37 /mi
8	Nathan	Tjelmeland	242	M	M30-39	36	Anamosa	IA	00:30:57.73	09:58 /mi
9	Andy	Carstensen	51	M	M30-39	33	Anamosa	IA	00:32:45.25	10:33 /mi
10	Austin	Pflughaupt	174	M	M30-39	35	Anamosa	IA	00:33:27.64	10:46 /mi
1	Courtney	Weeks	259	F	F30-39	31	Martelle	IA	00:24:34.87	07:55 /mi
2	Ashton	Sulzner	229	F	F30-39	37	Anamosa	IA	00:25:26.13	08:11 /mi
3	Erin	Bone	29	F	F30-39	39	Ankeny	IA	00:25:53.56	08:20 /mi
4	Sarah	Barr	15	F	F30-39	33	Martelle	IA	00:26:04.34	08:24 /mi
5	Tabitha	Telsrow	232	F	F30-39	33	Oxford Junction	IA	00:27:56.18	09:00 /mi
6	Amanda	Kelchen	129	F	F30-39	31	Anamosa	IA	00:29:20.19	09:27 /mi
7	Kiana	Secrist	207	F	F30-39	32	Monticello	IA	00:30:38.96	09:52 /mi
8	Taylor	Pflughaupt	173	F	F30-39	33	Anamosa	IA	00:31:20.65	10:06 /mi
9	Kristin	Ries	189	F	F30-39	39	Anamosa	IA	00:31:35.24	10:10 /mi
10	Theresa	Kent	131	F	F30-39	37	Monticello	IA	00:32:07.72	10:21 /mi
11	Abby	Schuster	205	F	F30-39	35	Anamosa	IA	00:33:16.44	10:43 /mi
12	Heidi	Hall	103	F	F30-39	36	Monticello	IA	00:33:43.82	10:52 /mi
13	Amanda	Christenson	55	F	F30-39	33	Oskaloosa	IA	00:34:14.49	11:01 /mi
14	Ellen	Johanns	122	F	F30-39	38	Marion	IA	00:34:47.97	11:12 /mi
15	Corey	Richardson	186	F	F30-39	31	Monticello	IA	00:34:56.29	11:15 /mi
16	Maria	Pitz	175	F	F30-39	34	Center Point	IA	00:35:21.44	11:23 /mi
17	Jennifer	Armbruster	7	F	F30-39	39	Maquoketa	IA	00:38:33.88	12:25 /mi
18	Emily	Turnis	247	F	F30-39	35	Center Point	IA	00:38:53.60	12:31 /mi
19	Whitney	Eiben	78	F	F30-39	38	Anamosa	IA	00:39:23.88	12:41 /mi
20	Karissa	Beranek-Trinkle	21	F	F30-39	32	Anamosa	IA	00:39:32.95	12:44 /mi
21	Linnea	Offerman	167	F	F30-39	39	Center Point	IA	00:41:51.98	13:29 /mi
22	Charli	Pestka	171	F	F30-39	31	Center Junction	IA	00:45:57.02	14:48 /mi
23	Jacie	Eilers	81	F	F30-39	30	Anamosa	IA	00:46:06.07	14:51 /mi
24	Robin	Andreesen	3	F	F30-39	38	Center Junction	IA	00:48:49.71	15:43 /mi
25	Samantha	Luchtenburg	142	F	F30-39	35	Anamosa	IA	00:51:17.70	16:31 /mi
26	Kasey	Spores	224	F	F30-39	39	Anamosa	IA	00:51:18.91	16:31 /mi
27	Kelly	Miller	151	F	F30-39	39	Coralville	IA	00:52:30.35	16:55 /mi
28	Danielle	Soppe	302	F	F30-39	36	Marion	IA	00:54:44.46	17:38 /mi

29	Ashley	Paulson	170	F	F30-39	36	Anamosa	IA	00:55:05.17	17:45 /mi
30	Jenna	Hardersen	104	F	F30-39	35	Anamosa	IA	00:55:23.96	17:51 /mi
31	Meghan	Lightner	139	F	F30-39	31	Monticello	IA	00:55:24.65	17:51 /mi
32	Lauren	Bickford	23	F	F30-39	33	Anamosa	IA	00:55:24.79	17:51 /mi
33	Krysta	Dawes	64	F	F30-39	38	Anamosa	IA	00:57:02.95	18:22 /mi
34	Kellsey	Carstensen	50	F	F30-39	30	Anamosa	IA	01:00:00.02	19:19 /mi
35	Kelli	Stout	226	F	F30-39	34	Anamosa	IA	01:01:14.22	19:43 /mi
36	Hollyann	Tjelmeland	243	F	F30-39	36	Anamosa	IA	01:06:09.69	21:18 /mi
1	Dean	Niklasen	164	M	M40-49	49	Monticello	IA	00:22:29.14	07:14 /mi
2	Philip	Dean	68	M	M40-49	47	Lisbon	IA	00:24:02.76	07:45 /mi
3	Mike	Armbruster	8	M	M40-49	42	Maquoketa	IA	00:24:18.45	07:49 /mi
4	Tony	Showen	213	M	M40-49	49	Anamosa	IA	00:24:49.67	08:00 /mi
5	Dan	Buck	37	M	M40-49	47	Anamosa	IA	00:27:02.60	08:42 /mi
6	Matthew	Rubner	195	M	M40-49	43	Springville	IA	00:28:38.07	09:13 /mi
7	Ryan	Bousselot	30	M	M40-49	42	Anamosa	IA	00:29:27.96	09:29 /mi
8	Adam	Davis	63	M	M40-49	41	Center Point	IA	00:30:12.71	09:43 /mi
9	John	Hackbarth	101	M	M40-49	42	Cedar Rapids	IA	00:30:23.48	09:47 /mi
10	Alex	Schaaf	200	M	M40-49	46	Anamosa	IA	00:30:50.46	09:56 /mi
11	Jim	Waterman	256	M	M40-49	46	Anamosa	IA	00:31:06.07	10:01 /mi
12	Matthew	Traynor	244	M	M40-49	45	Center Point	IA	00:31:52.36	10:16 /mi
13	Drew	Thompson	234	M	M40-49	41	Mason City	IA	00:43:28.84	14:00 /mi
14	Kurt	Davis	61	M	M40-49	48	Monticello	IA	00:50:38.79	16:19 /mi
15	Cory	Capron	42	M	M40-49	45	Anamosa	IA	00:50:51.32	16:22 /mi
16	Matthew	Brownfield	35	M	M40-49	46	Marion	IA	00:51:21.40	16:33 /mi
1	Mindy	Capron	44	F	F40-49	48	Monticello	IA	00:23:17.64	07:30 /mi
2	DeAnne	Hendersen	106	F	F40-49	43	Monticello	IA	00:24:49.06	08:00 /mi
3	Andrea	Hall	286	F	F40-49	40	Monticello	IA	00:25:25.09	08:11 /mi
4	Sarah	Schewe	203	F	F40-49	41	Monticello	IA	00:26:49.81	08:38 /mi
5	Chelsie	Engelbart	82	F	F40-49	41	Anamosa	IA	00:27:29.70	08:51 /mi
6	Erin	Jenkins	120	F	F40-49	41	Anamosa	IA	00:29:10.06	09:24 /mi
7	Stephanie	Kaftan	279	F	F40-49	43	Wyoming	IA	00:30:11.83	09:43 /mi
8	Sarah	Hefflefinger	105	F	F40-49	44	Central City	IA	00:30:23.53	09:47 /mi
9	Laura	Secrist-Niklasen	208	F	F40-49	49	Monticello	IA	00:32:08.42	10:21 /mi
10	Margaret	Williams	266	F	F40-49	48	Anamosa	IA	00:33:18.92	10:43 /mi
11	Danielle	Powell	180	F	F40-49	40	Cedar Rapids	IA	00:34:13.65	11:01 /mi
12	Leah	Beaman	19	F	F40-49	47	Delhi	IA	00:35:11.54	11:20 /mi
13	Lea-Anne	Schaaf	199	F	F40-49	42	Anamosa	IA	00:36:14.28	11:40 /mi
14	Holly	Spreeman	225	F	F40-49	42	Cedar Rapids	IA	00:37:01.55	11:55 /mi
15	Amy	Larkin	138	F	F40-49	48	Coralville	IA	00:37:03.71	11:56 /mi
16	Carey	Voss	254	F	F40-49	46	Anamosa	IA	00:37:25.01	12:03 /mi
17	Andrea	Baumler	16	F	F40-49	40	Anamosa	IA	00:38:10.85	12:18 /mi
18	Jessica	Eiben	79	F	F40-49	40	Anamosa	IA	00:38:41.63	12:28 /mi
19	Lea	Olson	295	F	F40-49	49	Cental City	IA	00:40:25.82	13:01 /mi
20	Lindsey	Austin	9	F	F40-49	42	Anamosa	IA	00:40:44.40	13:07 /mi
21	Diane	Joslin	123	F	F40-49	42	Monticello	IA	00:41:19.72	13:18 /mi
22	Tina	Thompson	233	F	F40-49	41	Mason City	IA	00:43:27.90	14:00 /mi
23	Gina	Edler	75	F	F40-49	41	Vinton	IA	00:44:37.79	14:22 /mi
24	Patience	Carlson	45	F	F40-49	43	Anamosa	IA	00:44:58.27	14:29 /mi
25	Melissa	Williams	267	F	F40-49	45	Springville	IA	00:46:42.83	15:03 /mi
26	Trudie	Derenne	72	F	F40-49	42	Urbana	IA	00:50:04.06	16:07 /mi
27	Heidi	Capron	41	F	F40-49	44	Anamosa	IA	00:50:51.47	16:22 /mi

28	Shelly	Williams	269	F	F40-49	47	Anamosa	IA	00:52:35.87	16:57 /mi
29	Summer	Parks	169	F	F40-49	46	Anamosa	IA	00:54:11.36	17:27 /mi
30	Jill	Tjaden	241	F	F40-49	40	Anamosa	IA	00:57:03.05	18:22 /mi
31	Jessica	Rohwedder	192	F	F40-49	43	Anamosa	IA	00:57:03.45	18:22 /mi
32	Beth	Waterman	257	F	F40-49	47	Anamosa	IA	01:01:12.85	19:43 /mi
33	Allison	Poster	179	F	F40-49	49	Dubuque	IA	01:01:55.83	19:57 /mi
34	Melissa	Larson	296	F	F40-49	49	Anamosa	IA	01:02:20.36	20:04 /mi
1	Brent	McQuillen	143	M	M50-59	59	Monticello	IA	00:24:57.83	08:02 /mi
2	Brian	Suthers	231	M	M50-59	51	Martelle	IA	00:27:17.72	08:47 /mi
3	Matt	Wyatt	275	M	M50-59	59	Cedar Rapids	IA	00:28:24.94	09:09 /mi
4	Randy	Conrad	59	M	M50-59	51	Central City	IA	00:29:34.87	09:31 /mi
5	Jeremiah	Murphy	160	M	M50-59	55	Cedar Rapids	IA	00:35:09.09	11:19 /mi
6	Sean	Williams	268	M	M50-59	51	Springville	IA	00:44:05.52	14:12 /mi
1	Jodi	Suthers	230	F	F50-59	52	Martelle	IA	00:26:15.30	08:27 /mi
2	Linda	VonBehren	253	F	F50-59	57	Wyoming	IA	00:27:31.96	08:52 /mi
3	Brenda	Murphy	159	F	F50-59	51	Cedar Rapids	IA	00:27:39.22	08:54 /mi
4	Jill	Conrad	58	F	F50-59	52	Central City	IA	00:29:34.62	09:31 /mi
5	Carol	Thumma	238	F	F50-59	56	Coggon	IA	00:30:03.44	09:40 /mi
6	Michelle	Clark	56	F	F50-59	52	Coralville	IA	00:34:03.55	10:58 /mi
7	Helen	Royer	292	F	F50-59	51	Cedar Rapids	IA	00:36:41.85	11:49 /mi
8	Kimberly	Keister	127	F	F50-59	50	Anamosa	IA	00:37:07.06	11:57 /mi
9	Kathy	McQuillen	144	F	F50-59	59	Monticello	IA	00:37:38.69	12:07 /mi
10	Laurie	Ginder	89	F	F50-59	53	Anamosa	IA	00:45:25.90	14:38 /mi
11	Karmen	Koppes Kane	133	F	F50-59	56	Anamosa	IA	00:55:05.05	17:45 /mi
12	Tammy	Richie	282	F	F50-59	51	Buckingham	IL	00:56:33.33	18:13 /mi
13	Sallie	Selfridge	209	F	F50-59	52	Marion	IA	00:57:10.69	18:25 /mi
14	Diane	Hughes	115	F	F50-59	59	Anamosa	IA	01:00:00.11	19:19 /mi
15	Lisa	Gonzales	90	F	F50-59	58	Austin	TX	01:00:00.64	19:19 /mi
16	LaRae	Heyl	110	F	F50-59	54	Anamosa	IA	01:01:56.13	19:57 /mi
17	Wendy	Davis	60	F	F50-59	56	Monticello	IA	01:02:40.97	20:11 /mi
1	Jeff	Nietert	163	M	M60+	63	Toddville	IA	00:21:26.08	06:54 /mi
2	Charlie	Button	38	M	M60+	60	Delhi	IA	00:24:27.90	07:52 /mi
3	Mark	Weldon	264	M	M60+	61	Mount Vernon	IA	00:27:04.63	08:43 /mi
4	Gary	Reeder	185	M	M60+	69	Delhi	IA	00:28:17.35	09:06 /mi
5	Mark	Robertson	190	M	M60+	72	Anamosa	IA	00:30:37.17	09:51 /mi
6	Matt	Voelcker	252	M	M60+	60	Moline	IL	00:36:00.29	11:36 /mi
7	Mike	Gregoricka	99	M	M60+	65	Springville	IA	00:37:48.06	12:10 /mi
8	Mike	Telsrow Sr	288	M	M60+	64	Oxford Junction	IA	00:44:44.93	14:25 /mi
9	Russell	Brown	34	M	M60+	78	Anamosa	IA	00:54:09.84	17:27 /mi
10	Lynn A.	Decious	69	M	M60+	72	Anamosa	IA	01:05:16.65	21:01 /mi
1	Michelle	Green	96	F	F60+	62	Cascade	IA	00:31:54.75	10:16 /mi
2	Karen	Gregoricka	98	F	F60+	60	Springville	IA	00:37:48.14	12:10 /mi
3	Linda	Vaughn	250	F	F60+	60	Anamosa	IA	00:45:29.62	14:39 /mi
4	Jackie	Robertson	191	F	F60+	64	Anamosa	IA	00:47:35.63	15:19 /mi
5	Rhonda	Weers	263	F	F60+	73	Center Junction	IA	00:48:49.95	15:43 /mi
6	Cindy	Miller	152	F	F60+	65	Anamosa	IA	00:52:30.77	16:55 /mi
7	Sue	Michael	147	F	F60+	74	Lexington	KY	00:54:09.27	17:27 /mi
8	Meg	Wheeler	265	F	F60+	62	Martelle	IA	00:54:44.15	17:37 /mi
9	Cindy	Decious	70	F	F60+	75	Anamosa	IA	00:59:17.47	19:06 /mi
10	Kim	Callahan	40	F	F60+	60	Maquoketa	IA	01:01:15.49	19:44 /mi
11	Linda	Egkan	77	F	F60+	76	Monticello	IA	01:02:41.79	20:12 /mi

12	Nancy	Stout	227	F	F60+	69	Anamosa	IA	01:02:52.00	20:15 /mi
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