

**MOUNT MERCY MUSTANG GALLOP**

Cedar Rapids, IA  
 Seminole Valley Park  
 Weather: Partly Sunny, 8MPH, NNW & 77°  
 Host: Mount Mercy University  
 Friday, August 30, 2024

**MEET OFFICIALS**

**Meet Director:**  
 Jeffrey Barker  
**Timing:**  
 Scheckel



**KAUDER RACING**  
**OFFICIAL MEET REPORT**  
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**Race #1**  
**Women's 5K**

**Final Results**

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
<b>1 Wartburg</b>	<b>32</b>	2-4-7-9-10(11)(12)	1:39:21	19:53	0:39.1
<b>2 Mount Mercy</b>	<b>42</b>	1-6-8-13-14(15)(20)	1:40:15	20:03	1:11.4
<b>3 Dubuque</b>	<b>73</b>	3-16-17-18-19(31)(33)	1:43:11	20:39	1:26.6
<b>4 Cornell College</b>	<b>97</b>	5-21-22-24-25(26)(30)	1:45:46	21:10	2:04.0
<b>5 Southeastern CC</b>	<b>139</b>	23-27-28-29-32(34)(35)	1:52:18	22:28	1:52.1
<b>DNP Hawkeye CC</b>					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 KNEPPER, Abby	SO	386	Mount Mercy	1	19:18.3	6:12.4	3:51.6
2 BOWDEN, Nadia	FR	429	Wartburg	2	19:29.8	6:16.1	3:53.9
3 DAVIS, Delisha	SO	342	Dubuque	3	19:30.9	6:16.5	3:54.2
4 MAAS, Lydia	FR	434	Wartburg	4	19:36.8	6:18.4	3:55.3
5 KOPPES, Alyza	JR	307	Cornell College	5	19:38.4	6:18.9	3:55.7
6 ROTZOLL, Kalin	SO	394	Mount Mercy	6	19:58.2	6:25.3	3:59.6
7 VANCE, Ava	FR	442	Wartburg	7	20:01.0	6:26.2	4:00.2
8 JENNINGS, Ruth	JR	385	Mount Mercy	8	20:03.8	6:27.1	4:00.8
9 MULHOLLAND, Audra	FR	436	Wartburg	9	20:04.2	6:27.2	4:00.8
10 ANGUS, Abbey	FR	426	Wartburg	10	20:08.8	6:28.7	4:01.8
11 KRAMER, Karle	JR	433	Wartburg	(11)	20:15.9	6:30.9	4:03.2
12 BOCHMANN, Sydney	FR	428	Wartburg	(12)	20:15.9	6:30.9	4:03.2
13 OVERTON, Kayla	JR	393	Mount Mercy	13	20:25.1	6:33.9	4:05.0
14 ALTHOFF, Emma	SO	380	Mount Mercy	14	20:29.6	6:35.4	4:05.9
15 QUILLIN, Anna	FR	439	Wartburg	-	20:47.6	6:41.1	4:09.5
16 ANDERSON, Jade	SO	425	Wartburg	-	20:47.7	6:41.2	4:09.5
17 OROZCO, Kendall	FR	392	Mount Mercy	(15)	20:48.6	6:41.5	4:09.7
18 VOGEL, Kiana	JR	351	Dubuque	16	20:51.9	6:42.5	4:10.4
19 CHAPMAN, Kiley	JR	341	Dubuque	17	20:54.3	6:43.3	4:10.9
20 ARMSTEAD, Ellec	SR	340	Dubuque	18	20:55.9	6:43.8	4:11.2
21 WILLIAMS, Keely	FR	352	Dubuque	19	20:57.5	6:44.3	4:11.5
22 DAY, Jessa	SR	382	Mount Mercy	(20)	20:58.7	6:44.7	4:11.7
23 DUDZIK, Maria	FR	383	Mount Mercy	-	21:05.7	6:47.0	4:13.1
24 SEELEY, Carley	FR	315	Cornell College	21	21:11.2	6:48.7	4:14.2
25 PICKAR, Megan	FR	438	Wartburg	-	21:18.4	6:51.1	4:15.7
26 LITTLE, Milar	FR	309	Cornell College	22	21:33.4	6:55.9	4:18.7
27 WIEGAND, Paetyn	FR	415	Southeastern CC	23	21:34.0	6:56.1	4:18.8
28 VORTHERMS, Grace	FR	443	Wartburg	-	21:34.6	6:56.3	4:18.9
29 SHERWOOD, Kamryn	FR	441	Wartburg	-	21:39.0	6:57.7	4:19.8
30 STUMBO, Sophie	SO	316	Cornell College	24	21:40.4	6:58.1	4:20.1
31 PEESEL, Zoe	SO	313	Cornell College	25	21:42.4	6:58.8	4:20.5
32 PAGE, Murray	SO	312	Cornell College	(26)	21:50.8	7:01.5	4:22.1
33 HETRICK, Makenna	FR	430	Wartburg	-	21:52.0	7:01.9	4:22.4
34 KNUTSON, J'Lyn	SR	387	Mount Mercy	-	21:56.7	7:03.4	4:23.3
35 NEAL, Annabelle	FR	391	Mount Mercy	-	22:12.5	7:08.4	4:26.5
36 PEDRIN, Arianna	SO	412	Southeastern CC	27	22:20.2	7:10.9	4:28.0

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**Race #1**  
**Women's 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
37 BUCHHOLTZ, Zada	FR	406	Southeastern CC	28	22:27.5	7:13.3	4:29.5
38 FERNEAU, Chloe	FR	409	Southeastern CC	29	22:30.0	7:14.1	4:30.0
39 DAHL, Amelia	FR	303	Cornell College	(30)	22:35.8	7:15.9	4:31.1
40 WARDELL, Roselle	FR	375	Hawkeye CC	-	22:42.7	7:18.1	4:32.5
41 SCOTT, Zoe	FR	314	Cornell College	-	22:49.2	7:20.2	4:33.8
42 LOPEZ, Ariana	SR	388	Mount Mercy	-	22:53.4	7:21.6	4:34.7
43 PEIRCE, Zaya	FR	437	Wartburg	-	23:11.3	7:27.4	4:38.3
44 KOUNKEL, Allie	JR	432	Wartburg	-	23:11.4	7:27.4	4:38.3
45 BISHOP, Laura	JR	381	Mount Mercy	-	23:15.4	7:28.7	4:39.1
46 RADER, Mackenzie	JR	347	Dubuque	(31)	23:17.2	7:29.2	4:39.4
47 RITTER, Kennedy	FR	413	Southeastern CC	32	23:26.1	7:32.1	4:41.2
48 ENGBERT, Mackenzie	JR	305	Cornell College	-	23:27.1	7:32.4	4:41.4
49 ATTEN, Cori	FR	427	Wartburg	-	23:30.1	7:33.4	4:42.0
50 PECORA, Alexia	SO	346	Dubuque	(33)	23:40.9	7:36.9	4:44.2
51 OLSEN, Rylee	FR	411	Southeastern CC	(34)	23:44.8	7:38.1	4:44.9
52 RAMSEY, Hannah	FR	440	Wartburg	-	23:51.9	7:40.4	4:46.4
53 RECKER, Kennedy	FR	348	Dubuque	-	24:02.1	7:43.7	4:48.4
54 SCHROEDER, Ella	SO	414	Southeastern CC	(35)	24:32.7	7:53.5	4:54.5
55 NEWCOMB, Dakota	SO	345	Dubuque	-	24:42.4	7:56.7	4:56.5
56 FLOCKHART, Kilee	JR	384	Mount Mercy	-	24:49.5	7:58.9	4:57.9
57 SIMMONS, Ali	FR	349	Dubuque	-	24:55.3	8:00.8	4:59.1
58 DOWNEY, Eva	FR	408	Southeastern CC	-	24:59.4	8:02.1	4:59.9
59 HOLCOMB, Claire	FR	306	Cornell College	-	25:19.2	8:08.5	5:03.8
60 HORNER, Sunny	FR	431	Wartburg	-	25:33.3	8:13.0	5:06.7
61 ANDERSON, Claire	FR	405	Southeastern CC	-	27:39.7	8:53.7	5:31.9
62 OLVERA, Ashley	SO	311	Cornell College	-	30:36.8	9:50.6	6:07.4
63 MURLEY, Makynzii	FR	310	Cornell College	-	30:37.2	9:50.7	6:07.4

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**Race #2**  
**Men's 5K**

**Final Results****TEAM SCORING SUMMARY**

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<b>1 Wartburg</b>	<b>19</b>	1-2-4-5-7(11)(12)	1:17:39	15:32	0:17.6
<b>2 Cornell College</b>	<b>54</b>	3-8-13-14-16(19)(22)	1:19:14	15:51	0:39.2
<b>3 Dubuque</b>	<b>63</b>	6-9-10-17-21(24)(27)	1:19:47	15:58	0:49.9
<b>4 Mount Mercy</b>	<b>101</b>	15-18-20-23-25(29)(35)	1:21:56	16:24	0:49.4
<b>5 Southeastern CC</b>	<b>147</b>	26-28-30-31-32(33)(34)	1:26:22	17:17	0:44.7
<b>DNP Hawkeye CC</b>					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SOBASKI, Lance	JR	465	Wartburg	1	15:26.5	4:57.9	3:05.3
2 ZAUGG, Solomon	FR	466	Wartburg	2	15:26.9	4:58.0	3:05.4
3 ISAACSON, Fisher	JR	326	Cornell College	3	15:27.1	4:58.1	3:05.4
4 GREEN, Jacob	JR	450	Wartburg	4	15:28.8	4:58.6	3:05.8
5 BUCHANAN, Ayden	FR	446	Wartburg	5	15:32.2	4:59.7	3:06.4
6 CARNEY, Anthony	JR	353	Dubuque	6	15:33.3	5:00.1	3:06.7
7 HUNDLEY, Justus	FR	453	Wartburg	7	15:44.0	5:03.5	3:08.8
8 HUNT, Gabe	SR	324	Cornell College	8	15:45.7	5:04.1	3:09.1
9 MOHR, Aiden	SO	363	Dubuque	9	15:47.8	5:04.7	3:09.5
10 WOHLERS, Joey	SR	372	Dubuque	10	15:53.6	5:06.6	3:10.7
11 ALDAMAK, Ahmed	FR	444	Wartburg	(11)	15:54.9	5:07.0	3:11.0
12 DECKER, Aidan	FR	449	Wartburg	(12)	15:55.0	5:07.1	3:11.0
13 BILSKIE, Tyler	SR	320	Cornell College	13	15:55.6	5:07.3	3:11.1
14 COOK, Cooper	FR	447	Wartburg	-	15:57.8	5:07.9	3:11.5
15 SODA, Gabe	JR	333	Cornell College	14	15:58.8	5:08.3	3:11.8
16 MARTIN, Rylan	SO	458	Wartburg	-	15:58.9	5:08.3	3:11.8
17 MITCHELL, Ryan	JR	400	Mount Mercy	15	16:03.9	5:09.9	3:12.8
18 SCHOPEN, Caleb	SR	332	Cornell College	16	16:06.2	5:10.7	3:13.2
19 GILGES, Trentyn	JR	356	Dubuque	17	16:09.5	5:11.7	3:13.9
20 LAMPAREK, Lukas	SR	399	Mount Mercy	18	16:10.5	5:12.1	3:14.1
21 LUTZKE, Noah	SR	328	Cornell College	(19)	16:11.8	5:12.5	3:14.4
22 CORTEZ, Brady	JR	397	Mount Mercy	20	16:14.1	5:13.2	3:14.8
23 HOUSMAN, Aiden	SR	451	Wartburg	-	16:15.7	5:13.7	3:15.1
24 MOSER, Drew	FR	460	Wartburg	-	16:20.5	5:15.3	3:16.1
25 NEVILLE, Ben	FR	461	Wartburg	-	16:20.8	5:15.4	3:16.2
26 ANGUS, AJ	FR	445	Wartburg	-	16:21.0	5:15.4	3:16.2
27 HUTCHINSON, Andrew	SR	358	Dubuque	21	16:23.1	5:16.1	3:16.6
28 HUTCHINGS, Isaak	SR	325	Cornell College	(22)	16:24.4	5:16.5	3:16.9
29 WEILAND, Annan	FR	337	Cornell College	-	16:24.5	5:16.6	3:16.9
30 OWENS, Brendan	FR	462	Wartburg	-	16:34.0	5:19.6	3:18.8
31 BLEDSOE, Dylan	JR	395	Mount Mercy	23	16:34.1	5:19.6	3:18.8
32 HULSEBERG, Wes	FR	452	Wartburg	-	16:35.5	5:20.1	3:19.1
33 KUHN, Riley	FR	455	Wartburg	-	16:37.1	5:20.6	3:19.4
34 LOUTZENHEISER, Ethan	FR	456	Wartburg	-	16:45.3	5:23.2	3:21.1
35 INNAMORATO, John	SR	359	Dubuque	(24)	16:49.5	5:24.6	3:21.9
36 SCHULTE, Trey	SO	402	Mount Mercy	25	16:53.3	5:25.8	3:22.7

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**Race #2**  
**Men's 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
37 HAVEL, Blayze	FR	420	Southeastern CC	26	16:57.0	5:27.0	3:23.4
38 READE, Hunter	SR	365	Dubuque	(27)	16:58.3	5:27.4	3:23.7
39 FESLER, Carter	FR	419	Southeastern CC	28	16:59.6	5:27.8	3:23.9
40 KAROTTU, Logan	FR	360	Dubuque	-	16:59.8	5:27.9	3:24.0
41 WILLIAMS, Jonathon	FR	404	Mount Mercy	(29)	17:11.3	5:31.6	3:26.3
42 TERRONNES, Joe	SO	423	Southeastern CC	30	17:16.8	5:33.4	3:27.3
43 MORRIS, Isaac	FR	330	Cornell College	-	17:20.4	5:34.5	3:28.1
44 HUSCHITT, Heath	SO	357	Dubuque	-	17:24.3	5:35.8	3:28.9
45 CAMPBELL, Jeff	SO	418	Southeastern CC	31	17:26.2	5:36.4	3:29.2
46 CHESNUT, Ethyn	SR	322	Cornell College	-	17:31.0	5:37.9	3:30.2
47 WEST, George	SO	370	Dubuque	-	17:31.2	5:38.0	3:30.2
48 JOLIN, Joey	FR	421	Southeastern CC	32	17:41.7	5:41.4	3:32.3
49 KELSO, Richard	FR	361	Dubuque	-	17:44.0	5:42.1	3:32.8
50 CROFT, Jackson	JR	354	Dubuque	-	17:47.0	5:43.1	3:33.4
51 LOZANO, Dominic	SR	362	Dubuque	-	17:47.2	5:43.1	3:33.4
52 SAGER, Brennan	SO	378	Hawkeye CC	-	17:50.1	5:44.1	3:34.0
53 PRIES, Alex	FR	463	Wartburg	-	17:53.8	5:45.3	3:34.8
54 BRIGGS, Jamie	FR	321	Cornell College	-	17:54.4	5:45.5	3:34.9
55 WILEY, Luke	JR	338	Cornell College	-	18:04.3	5:48.6	3:36.9
56 MORK, Anders	SO	329	Cornell College	-	18:05.8	5:49.1	3:37.2
57 MEYER, Jonathan	SO	459	Wartburg	-	18:06.3	5:49.3	3:37.3
58 SHUTWELL, Cameron	FR	422	Southeastern CC	(33)	18:13.9	5:51.7	3:38.8
59 MULERT, Jack	SO	364	Dubuque	-	18:16.2	5:52.5	3:39.2
60 KOEHNEN, Grant	FR	454	Wartburg	-	18:19.4	5:53.5	3:39.9
61 BLACK, Malachi	FR	417	Southeastern CC	(34)	18:25.8	5:55.5	3:41.1
62 ACKMAN, Myles	SO	416	Southeastern CC	-	18:28.3	5:56.4	3:41.7
63 ZAMUDIO, Tony	SO	339	Cornell College	-	18:29.7	5:56.8	3:41.9
64 WOEHRLE, Brian	SO	371	Dubuque	-	18:34.5	5:58.3	3:42.9
65 LONG, Caleb	FR	327	Cornell College	-	18:37.5	5:59.3	3:43.5
66 BARNES, Jaxon	SO	319	Cornell College	-	18:47.8	6:02.6	3:45.6
67 SNYDER, Hunter	SR	368	Dubuque	-	18:56.0	6:05.3	3:47.2
68 ROBERTSON, Evan	SO	367	Dubuque	-	19:02.1	6:07.2	3:48.4
69 SMITH, Josh	SO	403	Mount Mercy	(35)	19:09.1	6:09.5	3:49.8
70 CORTEZ, Bert	SR	448	Wartburg	-	19:19.7	6:12.9	3:51.9
71 BALDWIN, Liam	SO	318	Cornell College	-	19:25.4	6:14.7	3:53.1
72 VOIGT, Parker	JR	336	Cornell College	-	19:53.8	6:23.9	3:58.8
73 BRACE, Samuel	FR	376	Hawkeye CC	-	20:03.3	6:26.9	4:00.6
74 VAUGHAN-FIER, Owen	SO	335	Cornell College	-	20:25.8	6:34.1	4:05.2
75 ENGBRETSSEN, Riley	SR	355	Dubuque	-	20:38.0	6:38.1	4:07.6
76 STERBENZ, Thomas	SO	369	Dubuque	-	24:38.3	7:55.3	4:55.7
77 BRACE, Travis	SO	377	Hawkeye CC	-	26:02.3	8:22.3	5:12.5