

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

printed: 9/24/2024 6:05 PM

Race #1
Junior High Boys 2 Mile**Final Results****RACE SUMMARY**

Start Time: 4:00 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Decorah	18	1-2-4-5-6(7)(13)	1:02:28	12:30	1:01.6
2 MS_Waukon	62	8-11-12-14-17(18)(20)	1:08:35	13:43	1:04.3
3 MS_North Fayette Valley	95	3-9-24-25-34	1:15:28	15:06	5:33.3
4 MS_Charles City	103	10-19-21-23-30(31)(32)	1:16:22	15:17	3:47.7
5 MS_Osage	127	15-22-28-29-33	1:21:08	16:14	4:02.0
6 MS_Clayton Ridge	140	16-26-27-35-36	1:26:03	17:13	6:20.5
DNP MS_Charles City					
DNP MS_Central Ekader					
DNP MS_Crestwood					
DNP MS_Postville					
DNP MS_Lansing					
DNP MS_MFL Marmac					
DNP MS_Starmont West Central					
DNP MS_Osage					
DNP MS_Decorah					
DNP MS_Turkey Valley					
DNP MS_Waukon					
DNP MS_Clayton Ridge					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 HARMAN, Kalin	8	2875	MS_Decorah	1	12:02.94	---	6:01.5	3:44.5
2 NIMROD, Leonard	8	2879	MS_Decorah	2	12:03.52	.58	6:01.8	3:44.7
3 WEST, Griffin	7	2955	MS_Starmont West	-	12:03.57	.63	6:01.8	3:44.7
4 BILDEN, Jensen	7	2923	MS_North Fayette	3	12:35.08	32.14	6:17.5	3:54.5
5 FANKHAUSER, Lucas	8	2873	MS_Decorah	4	12:35.68	32.74	6:17.8	3:54.7
6 FULLHART, Edison	8	2874	MS_Decorah	5	12:40.71	37.77	6:20.4	3:56.2
7 PETERSON, Quinn	8	2880	MS_Decorah	6	13:04.48	1:01.54	6:32.2	4:03.6
8 DRTINA, Seth	8	2850	MS_Crestwood	-	13:11.16	1:08.22	6:35.6	4:05.7
9 DAVIS, Robert	8	2871	MS_Decorah	(7)	13:12.00	1:09.06	6:36.0	4:06.0
10 ZITTERGRUEN, Cade	7	2806	MS_Central Ekader	-	13:16.41	1:13.47	6:38.2	4:07.3
11 DOWNING, James	8	2971	MS_Waukon	8	13:16.52	1:13.58	6:38.3	4:07.4
12 VANGELDER, Dirk	7	2926	MS_North Fayette	9	13:27.09	1:24.15	6:43.5	4:10.6
13 TRACEY, Benny	8	2824	MS_Charles City	10	13:30.53	1:27.59	6:45.3	4:11.7
14 KELLY, Cole	8	2973	MS_Waukon	11	13:34.07	1:31.13	6:47.0	4:12.8
15 MUSUS, Alixander	8	2947	MS_Postville	-	13:34.29	1:31.35	6:47.1	4:12.9
16 MEYER, Brody	8	2908	MS_Lansing	-	13:38.15	1:35.21	6:49.1	4:14.1
17 CHRISTEN, Kenric	8	2970	MS_Waukon	12	13:38.26	1:35.32	6:49.1	4:14.1
18 BARTLET, Colton	8	2867	MS_Decorah	(13)	13:39.38	1:36.44	6:49.7	4:14.5
19 CASTERTON, Drake	7	2857	MS_Decorah	-	13:39.86	1:36.92	6:49.9	4:14.6

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**Race #1
Junior High Boys 2 Mile****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
20 MOSER, Trace	8	2915	MS_MFL Marmac	-	13:44.61	1:41.67	6:52.3	4:16.1
21 MEINHOLZ, Theo	7	2967	MS_Waukon	14	13:45.17	1:42.23	6:52.6	4:16.3
22 JOHNSON, Riley	8	2936	MS_Osage	15	13:49.74	1:46.80	6:54.9	4:17.7
23 CROSE, Nathaniel	8	2870	MS_Decorah	-	13:51.56	1:48.62	6:55.8	4:18.2
24 STIKA, kole	7	2962	MS_Turkey Valley	-	13:56.45	1:53.51	6:58.2	4:19.8
25 DODD, Brecklin	7	2859	MS_Decorah	-	14:09.59	2:06.65	7:04.8	4:23.8
26 REIMER, Cruz	7	2838	MS_Clayton Ridge	16	14:20.04	2:17.10	7:10.0	4:27.1
27 HARRINGTON, Cody	8	2972	MS_Waukon	17	14:20.81	2:17.87	7:10.4	4:27.3
28 ONKEN, Jude	8	2916	MS_MFL Marmac	-	14:21.57	2:18.63	7:10.8	4:27.6
29 JOYCE, Keegan	8	2876	MS_Decorah	-	14:25.89	2:22.95	7:12.9	4:28.9
30 THOMPSON, Ellis	8	2882	MS_Decorah	-	14:30.21	2:27.27	7:15.1	4:30.3
31 DOWNING, Charles	8	2872	MS_Decorah	-	14:35.25	2:32.31	7:17.6	4:31.8
32 KUBOUSHEK, Kaden	7	2861	MS_Decorah	-	14:36.42	2:33.48	7:18.2	4:32.2
33 POTVIN, Simon	8	2881	MS_Decorah	-	14:41.68	2:38.74	7:20.8	4:33.8
34 VALLEY, Ty	7	2969	MS_Waukon	(18)	14:45.49	2:42.55	7:22.7	4:35.0
35 PEREZ-FACTOR, Logan	8	2821	MS_Charles City	19	14:48.89	2:45.95	7:24.4	4:36.1
36 LYONS, Matthew	8	2974	MS_Waukon	(20)	14:49.76	2:46.82	7:24.9	4:36.3
37 KARNIK-SHIVERS, Nazire	8	2877	MS_Decorah	-	14:49.80	2:46.86	7:24.9	4:36.3
38 MCCONNELL, James	8	2878	MS_Decorah	-	14:49.99	2:47.05	7:25.0	4:36.4
39 RENK, Elliot	8	2909	MS_Lansing	-	15:04.08	3:01.14	7:32.0	4:40.8
40 CROSE, Jonathan	7	2858	MS_Decorah	-	15:05.08	3:02.14	7:32.5	4:41.1
41 SWEENEY, Elliott	7	2968	MS_Waukon	-	15:05.78	3:02.84	7:32.9	4:41.3
42 ZIEMAN, Zayden	7	2945	MS_Postville	-	15:10.29	3:07.35	7:35.1	4:42.7
43 TRIPP, Eben	7	2863	MS_Decorah	-	15:11.99	3:09.05	7:36.0	4:43.2
44 NORTHROP, Samuel	8	2820	MS_Charles City	21	15:12.50	3:09.56	7:36.3	4:43.4
45 FRIEDLEIN, Lukas	8	2807	MS_Central Ekader	-	15:13.33	3:10.39	7:36.7	4:43.6
46 WEBER, Ezra	8	2939	MS_Osage	22	15:17.50	3:14.56	7:38.8	4:44.9
47 BONNET, Isaiah	8	2868	MS_Decorah	-	15:18.61	3:15.67	7:39.3	4:45.3
48 MACK, Carter	8	2819	MS_Charles City	23	15:31.09	3:28.15	7:45.5	4:49.2
49 THEIS, Penton	7	2848	MS_Crestwood	-	15:33.35	3:30.41	7:46.7	4:49.9
50 CAMPOS-MORALES, Josue	7	2924	MS_North Fayette	24	15:34.31	3:31.37	7:47.2	4:50.2
51 VOLZ, Christian	8	2883	MS_Decorah	-	15:35.89	3:32.95	7:47.9	4:50.6
52 BARTELS, Kenyon	8	2866	MS_Decorah	-	15:41.90	3:38.96	7:51.0	4:52.5
53 ANDERSON, Sam	7	2922	MS_North Fayette	25	15:42.43	3:39.49	7:51.2	4:52.7
54 JOHANNINGMEIER, Jacob	7	2966	MS_Waukon	-	15:45.43	3:42.49	7:52.7	4:53.6
55 FRANCOIS, Clint	8	2956	MS_Starmont West	-	15:49.43	3:46.49	7:54.7	4:54.9
56 HEFEL, Parker	8	2841	MS_Clayton Ridge	26	15:57.11	3:54.17	7:58.6	4:57.2
57 ZOOK, James	7	2865	MS_Decorah	-	16:04.64	4:01.70	8:02.3	4:59.6
58 SWANSON, Henrik	7	2862	MS_Decorah	-	16:13.67	4:10.73	8:06.8	5:02.4
59 YOUNG, Colton	7	2864	MS_Decorah	-	16:14.28	4:11.34	8:07.1	5:02.6
60 WEIR, Per	8	2884	MS_Decorah	-	16:18.65	4:15.71	8:09.3	5:03.9
61 DULL, Ryder	8	2914	MS_MFL Marmac	-	16:24.70	4:21.76	8:12.4	5:05.8
62 MARTIN, Yosman	8	2946	MS_Postville	-	16:26.73	4:23.79	8:13.4	5:06.4
63 GILLIAM, Connor	7	2847	MS_Crestwood	-	16:44.04	4:41.10	8:22.0	5:11.8
64 GAUL, Tyler	8	2840	MS_Clayton Ridge	27	16:48.84	4:45.90	8:24.4	5:13.3
65 SOUDER, Charlie	7	2935	MS_Osage	28	16:51.13	4:48.19	8:25.6	5:14.0

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Race #1
Junior High Boys 2 Mile**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
66 BALK, Matt	7	2961	MS_Turkey Valley	-	17:09.97	5:07.03	8:35.0	5:19.9
67 SCHORG, Gunner	7	2934	MS_Osage	29	17:17.41	5:14.47	8:38.7	5:22.2
68 GRIFFIN, Dawson	8	2817	MS_Charles City	30	17:18.20	5:15.26	8:39.1	5:22.4
69 SCOTT, Garrett	8	2823	MS_Charles City	(31)	17:23.03	5:20.09	8:41.5	5:23.9
70 HOWARD, Xander	8	2907	MS_Lansing	-	17:38.01	5:35.07	8:49.0	5:28.6
71 CLARK, Ayce	7	2804	MS_Central Ekader	-	17:39.61	5:36.67	8:49.8	5:29.1
72 PRICHARD, Owen	8	2822	MS_Charles City	(32)	17:41.94	5:39.00	8:51.0	5:29.8
73 PENNEY, Holden	7	2933	MS_Osage	33	17:51.71	5:48.77	8:55.9	5:32.8
74 STARKWEATHER, Carver	7	2925	MS_North Fayette	34	18:08.36	6:05.42	9:04.2	5:38.0
75 DETTBARN, Gavin	7	2836	MS_Clayton Ridge	35	18:16.05	6:13.11	9:08.0	5:40.4
76 SICHRA, Nicholas	7	2954	MS_Starmont West	-	18:34.62	6:31.68	9:17.3	5:46.2
77 THIESE, Arthur	7	2805	MS_Central Ekader	-	20:37.35	8:34.41	10:18.7	6:24.3
78 SADEWASSER, Lucas	7	2839	MS_Clayton Ridge	36	20:40.47	8:37.53	10:20.2	6:25.2
79 JORGENSEN, Jaxson	7	2811	MS_Charles City	-	21:43.10	9:40.16	10:51.6	6:44.7
80 FINNEY, Liam	7	2810	MS_Charles City	-	21:57.66	9:54.72	10:58.8	6:49.2
81 SOIFER, Ross	7	2814	MS_Charles City	-	24:28.12	12:25.1	12:14.1	7:35.9
-- O'MALLEY, Charlie	8	2937	MS_Osage	-			---	---
-- COURTNEY, Kaden	8	2849	MS_Crestwood	-			---	---
-- SCHOONOVER, Brennon	8	2938	MS_Osage	-			---	---
-- HUFFMAN, Eli	7	2965	MS_Waukon	-			---	---
-- LOWERY, Elijah	7	2812	MS_Charles City	-			---	---
-- ROGERS, Logan	7	2813	MS_Charles City	-			---	---
-- BOEHMER, Logan	8	2815	MS_Charles City	-			---	---
-- FULLER, Atom	8	2816	MS_Charles City	-			---	---
-- KOSTKA, Noah	8	2818	MS_Charles City	-			---	---
-- HOWELL, Donte	7	2837	MS_Clayton Ridge	-			---	---
-- GULLEKSON, Jack	7	2860	MS_Decorah	-			---	---
-- CLAYTON, Nicholas	8	2869	MS_Decorah	-			---	---

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**Race #2
Junior High Girls 2 Mile****Final Results****RACE SUMMARY**

Start Time: 4:05 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Decorah	30	2-4-6-7-11(18)(21)	1:11:00	14:12	0:44.4
2 MS_Waukon	71	5-13-15-16-22(24)(30)	1:15:37	15:08	1:48.0
3 MS_Osage	92	8-12-14-19-39	1:20:38	16:08	6:24.5
4 MS_Charles City	115	1-26-27-28-33(34)(35)	1:23:02	16:37	5:43.3
5 MS_MFL Marmac	121	3-17-20-40-41	1:31:41	18:21	10:45.8
6 MS_Postville	134	10-25-31-32-36	1:25:54	17:11	5:10.4
7 MS_North Fayette Valley	136	9-23-29-37-38	1:28:47	17:46	6:17.8
DNP MS_Lansing					
DNP MS_Crestwood					
DNP MS_Starmont West Central					
DNP MS_Clayton Ridge					
DNP MS_Turkey Valley					
DNP MS_Central Ekader					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 KORBEL, Meghan	7	2827	MS_Charles City	1	13:32.60	---	6:46.3	4:12.4
2 SAUER, Hattie	7	2893	MS_Decorah	2	13:51.51	18.91	6:55.8	4:18.2
3 BROWN, Abbigail	8	2958	MS_Starmont West	-	13:58.97	26.37	6:59.5	4:20.5
4 GRAU, Emma	8	2920	MS_MFL Marmac	3	14:00.13	27.53	7:00.1	4:20.9
5 KUENY, Ruth	8	2902	MS_Decorah	4	14:04.88	32.28	7:02.4	4:22.4
6 MELCHER, Ali	8	2980	MS_Waukon	5	14:11.09	38.49	7:05.5	4:24.3
7 SCHISSEL, Vienna	7	2894	MS_Decorah	6	14:11.65	39.05	7:05.8	4:24.5
8 CUMMINGS, Jaclyn	7	2852	MS_Crestwood	-	14:12.29	39.69	7:06.1	4:24.7
9 HAMMEL, Sophia	7	2888	MS_Decorah	7	14:15.24	42.64	7:07.6	4:25.6
10 ADAMS, Lauren	8	2942	MS_Osage	8	14:22.06	49.46	7:11.0	4:27.7
11 CLINE, Lillieanne	8	2932	MS_North Fayette	9	14:25.91	53.31	7:13.0	4:28.9
12 DEERING, Tenley	8	2949	MS_Postville	10	14:32.16	59.56	7:16.1	4:30.9
13 VOLKMANN, Anya	7	2896	MS_Decorah	11	14:35.87	1:03.27	7:17.9	4:32.0
14 KOLBET, Lily	8	2944	MS_Osage	12	14:47.53	1:14.93	7:23.8	4:35.6
15 ROSBURG, Carley	8	2960	MS_Starmont West	-	14:55.43	1:22.83	7:27.7	4:38.1
16 PEAKE, Leah	8	2981	MS_Waukon	13	14:57.46	1:24.86	7:28.7	4:38.7
17 GAVIN, Brielle	7	2910	MS_Lansing	-	15:08.24	1:35.64	7:34.1	4:42.1
18 BEIER, Abby	8	2943	MS_Osage	14	15:11.38	1:38.78	7:35.7	4:43.0
19 SCHEIDEL, Annebelle	8	2964	MS_Turkey Valley	-	15:13.59	1:40.99	7:36.8	4:43.7
20 DAVIS, Laura	8	2978	MS_Waukon	15	15:14.43	1:41.83	7:37.2	4:44.0
21 COOK, Hailey	8	2977	MS_Waukon	16	15:14.64	1:42.04	7:37.3	4:44.0
22 TRAPPE, Trinly	7	2919	MS_MFL Marmac	17	15:19.52	1:46.92	7:39.8	4:45.6
23 HAGEMAN, Sofia	8	2900	MS_Decorah	(18)	15:28.92	1:56.32	7:44.5	4:48.5
24 WILSON, Brooklyn	7	2941	MS_Osage	19	15:29.68	1:57.08	7:44.8	4:48.7
25 MEYER, Olive	8	2921	MS_MFL Marmac	20	15:30.86	1:58.26	7:45.4	4:49.1

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**Race #2
Junior High Girls 2 Mile****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
26 REMINGTON, Audrey	8	2904	MS_Decorah	(21)	15:31.73	1:59.13	7:45.9	4:49.4
27 LEE-JUVE, Jorgan	7	2889	MS_Decorah	-	15:40.22	2:07.62	7:50.1	4:52.0
28 MAUSS, Maddie	8	2913	MS_Lansing	-	15:51.36	2:18.76	7:55.7	4:55.5
29 KNOX, Memphis	8	2959	MS_Starmont West	-	15:53.84	2:21.24	7:56.9	4:56.2
30 WEDO, Kendly	7	2976	MS_Waukon	22	15:59.06	2:26.46	7:59.5	4:57.8
31 WADSWORTH, Iris	7	2897	MS_Decorah	-	16:03.51	2:30.91	8:01.8	4:59.2
32 STEIN, Ashlyn	7	2911	MS_Lansing	-	16:04.88	2:32.28	8:02.4	4:59.7
33 GELNER, Lillian	7	2957	MS_Starmont West	-	16:05.25	2:32.65	8:02.6	4:59.8
34 HOLTSNIDER, Maud	7	2854	MS_Crestwood	-	16:11.11	2:38.51	8:05.6	5:01.6
35 DODA, Brooklynn	7	2853	MS_Crestwood	-	16:13.08	2:40.48	8:06.5	5:02.2
36 WEGNER, Ava	7	2931	MS_North Fayette	23	16:18.99	2:46.39	8:09.5	5:04.0
37 PROPSON, Elsa	7	2892	MS_Decorah	-	16:31.79	2:59.19	8:15.9	5:08.0
38 SEARCY, Audrey	7	2895	MS_Decorah	-	16:31.93	2:59.33	8:16.0	5:08.1
39 FASSBINDER, June	8	2899	MS_Decorah	-	16:33.98	3:01.38	8:17.0	5:08.7
40 DUGAN, Tatum	8	2979	MS_Waukon	(24)	16:36.25	3:03.65	8:18.1	5:09.4
41 DIBERT, Evelyn	8	2912	MS_Lansing	-	16:37.72	3:05.12	8:18.9	5:09.9
42 ROMAN, Julietta	8	2952	MS_Postville	25	16:39.62	3:07.02	8:19.8	5:10.4
43 DIZON, Jershey	8	2833	MS_Charles City	26	16:42.41	3:09.81	8:21.2	5:11.3
44 LIMONES-SARMIENTO, Ana	7	2830	MS_Charles City	27	16:43.45	3:10.85	8:21.7	5:11.6
45 MAYHEW, Jacqueline	8	2835	MS_Charles City	28	16:47.51	3:14.91	8:23.8	5:12.9
46 CRANDALL, Ellyn	7	2927	MS_North Fayette	29	16:58.68	3:26.08	8:29.3	5:16.4
47 KURTH, Maren	7	2975	MS_Waukon	(30)	17:01.96	3:29.36	8:31.0	5:17.4
48 MUXIN-MOYA, Daisy	8	2951	MS_Postville	31	17:06.27	3:33.67	8:33.1	5:18.7
49 ANDERSON, Niva	7	2885	MS_Decorah	-	17:11.03	3:38.43	8:35.5	5:20.2
50 OLSON, Kaya	7	2891	MS_Decorah	-	17:42.42	4:09.82	8:51.2	5:29.9
51 ORR, Claire	8	2809	MS_Central Ekader	-	17:44.64	4:12.04	8:52.3	5:30.6
52 SHIMEK, Veda	8	2906	MS_Decorah	-	17:50.82	4:18.22	8:55.4	5:32.6
53 MATEO, Natalia	7	2948	MS_Postville	32	17:52.42	4:19.82	8:56.2	5:33.0
54 BIRDSELL, Riley	8	2898	MS_Decorah	-	18:26.68	4:54.08	9:13.3	5:43.7
55 SEVERTSON, Anna	8	2905	MS_Decorah	-	18:28.45	4:55.85	9:14.2	5:44.2
56 WILLIAMS, Rosilie	8	2846	MS_Clayton Ridge	-	18:30.59	4:57.99	9:15.3	5:44.9
57 REICKS, Kesley	8	2963	MS_Turkey Valley	-	18:43.26	5:10.66	9:21.6	5:48.8
58 MASON, Ellie	8	2834	MS_Charles City	33	19:15.89	5:43.29	9:37.9	5:59.0
59 NOBLE, Ariana	7	2831	MS_Charles City	(34)	19:25.18	5:52.58	9:42.6	6:01.9
60 PICKAR, Hope	7	2832	MS_Charles City	(35)	19:27.52	5:54.92	9:43.8	6:02.6
61 VIVERO, Guadalupe	8	2953	MS_Postville	36	19:42.54	6:09.94	9:51.3	6:07.2
62 RAKSHIT, Punnata	7	2929	MS_North Fayette	37	20:19.34	6:46.74	10:09.7	6:18.7
63 WESTHOFF, Rashell	8	2845	MS_Clayton Ridge	-	20:36.14	7:03.54	10:18.1	6:23.9
64 VAGTS, Charlotte	7	2930	MS_North Fayette	38	20:43.63	7:11.03	10:21.8	6:26.2
65 LENZ, Lauren	7	2940	MS_Osage	39	20:46.54	7:13.94	10:23.3	6:27.1
66 BELL, Kira	7	2825	MS_Charles City	-	21:25.85	7:53.25	10:42.9	6:39.3
67 MILLARD, Blair	7	2843	MS_Clayton Ridge	-	21:38.02	8:05.42	10:49.0	6:43.1
68 SCHLEIN, Brenna	7	2918	MS_MFL Marmac	40	22:03.62	8:31.02	11:01.8	6:51.1
69 MUSSER-DREAMING, Cleo	7	2890	MS_Decorah	-	22:05.26	8:32.66	11:02.6	6:51.6
70 KIMBER, Lily	7	2855	MS_Crestwood	-	24:33.17	11:00.5	12:16.6	7:37.5
71 HASTERT, Aime	7	2917	MS_MFL Marmac	41	24:45.90	11:13.3	12:23.0	7:41.5

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hilsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

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Race #2
Junior High Girls 2 Mile**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
72 LANTZ, Addi	7	2829	MS_Charles City	-	27:03.72	13:31.1	13:31.9	8:24.3
73 HAVLIK, Lillian	7	2826	MS_Charles City	-	27:55.57	14:22.9	13:57.8	8:40.4

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

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**Race #3
Junior Varsity Boys 5K****Final Results****RACE SUMMARY**

Start Time: 4:30 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Decorah	15	1-2-3-4-5(6)(7)	1:32:27	18:30	1:00.0
2 Waukon	54	8-9-11-12-14(16)(17)	1:42:50	20:34	1:14.5
3 Central Elkader	108	13-20-21-23-31(43)	1:51:41	22:21	2:28.9
4 Postville Community	111	10-15-18-19-49	1:51:34	22:19	5:43.5
5 Clayton Ridge Guttenberg	152	25-27-28-34-38(46)(47)	1:58:26	23:42	2:03.9
6 North Fayette Valley	154	22-24-35-36-37(39)(44)	1:59:11	23:51	2:30.7
7 Osage	169	26-30-32-40-41(42)(48)	2:01:12	24:15	2:24.8
8 Starmont	208	29-33-45-50-51	2:10:54	26:11	7:39.9
DNP Decorah					
DNP Osage					
DNP MFL MarMac					
DNP Kee Lansing					
DNP New Hampton					
DNP Turkey Valley Jackson Jun					
DNP Waukon					
DNP Postville Community					
DNP Starmont					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 HAMMEL, Thomas	SR	2716	Decorah	1	18:01.95	---	5:47.9	3:36.4
2 PASCHE, Oak	FR	2688	Decorah	2	18:18.47	16.52	5:53.2	3:39.7
3 CHRISTIANSEN, Spencer	SO	2692	Decorah	3	18:27.51	25.56	5:56.1	3:41.5
4 GRIMSTAD, Max	JR	2709	Decorah	4	18:37.00	35.05	5:59.2	3:43.4
5 CASTERTON, Kelton	SO	2691	Decorah	5	19:01.95	1:00.00	6:07.2	3:48.4
6 BOLLINGER, Oliver	JR	2708	Decorah	(6)	19:06.93	1:04.98	6:08.8	3:49.4
7 GRIMSTAD, Oscar	FR	2684	Decorah	(7)	19:15.10	1:13.15	6:11.4	3:51.0
8 HRDLICKA, Derek	FR	2685	Decorah	-	19:25.85	1:23.90	6:14.9	3:53.2
9 OFTEDAHL, Kyan	SO	2699	Decorah	-	19:31.10	1:29.15	6:16.6	3:54.2
10 PATTISON, Kyle	JR	2710	Decorah	-	19:33.19	1:31.24	6:17.2	3:54.6
11 HUANG, Liam	SO	2696	Decorah	-	19:38.49	1:36.54	6:18.9	3:55.7
12 NEUBAUER, Jayven	FR	2687	Decorah	-	19:46.23	1:44.28	6:21.4	3:57.2
13 CAHALAN, Kelby	JR	103	Waukon	8	19:57.83	1:55.88	6:25.2	3:59.6
14 VORVICK, Ezra	SR	2721	Decorah	-	20:08.42	2:06.47	6:28.6	4:01.7
15 DELAROSA, Jack	SO	2693	Decorah	-	20:08.91	2:06.96	6:28.7	4:01.8
16 BERNS, Riley	JR	2706	Decorah	-	20:13.01	2:11.06	6:30.0	4:02.6
17 THOMPSON, Colin	SO	2704	Decorah	-	20:15.38	2:13.43	6:30.8	4:03.1
18 KNOX, Parker	FR	99	Waukon	9	20:16.99	2:15.04	6:31.3	4:03.4
19 MARTIN, Melvin	SR	68	Postville Communit	10	20:30.43	2:28.48	6:35.6	4:06.1
20 MAY, Jersey	FR	100	Waukon	11	20:32.22	2:30.27	6:36.2	4:06.4

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

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**Race #3
Junior Varsity Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
21 MADSEN, Evan	SO	2697	Decorah	-	20:48.51	2:46.56	6:41.5	4:09.7
22 KOVARIK, Isaak	JR	105	Waukon	12	20:49.85	2:47.90	6:41.9	4:10.0
23 BOHNER, Carson	JR	2707	Decorah	-	21:06.88	3:04.93	6:47.4	4:13.4
24 ZITTERGRUEN, Vaughn	SR	2613	Central Elkader	13	21:09.00	3:07.05	6:48.0	4:13.8
25 DAHLSTROM, Hayden	SR	109	Waukon	14	21:12.29	3:10.34	6:49.1	4:14.5
26 HILL, Michael	SO	64	Postville Communit	15	21:16.08	3:14.13	6:50.3	4:15.2
27 RIX, Owen	SO	2701	Decorah	-	21:18.59	3:16.64	6:51.1	4:15.7
28 BERNS, Reid	JR	2705	Decorah	-	21:33.48	3:31.53	6:55.9	4:18.7
29 OLSON, Andrew	SR	2720	Decorah	-	21:33.55	3:31.60	6:55.9	4:18.7
30 BENJEGERDES, Gus	FR	96	Waukon	(16)	21:33.76	3:31.81	6:56.0	4:18.8
31 FRICK, Dalton	SR	110	Waukon	(17)	21:36.66	3:34.71	6:56.9	4:19.3
32 NEWHOUSE, Beau	SR	2719	Decorah	-	21:36.74	3:34.79	6:57.0	4:19.3
33 CALLEJAS - LOPEZ, Angel	SO	63	Postville Communit	18	21:44.37	3:42.42	6:59.4	4:20.9
34 PETERSON, Nils	FR	2689	Decorah	-	21:47.45	3:45.50	7:00.4	4:21.5
35 RAMIREZ, Darinel	SO	65	Postville Communit	19	21:48.33	3:46.38	7:00.7	4:21.7
36 ROBINSON, Will	JR	2711	Decorah	-	21:53.70	3:51.75	7:02.4	4:22.7
37 BASSFORD, Van	FR	2677	Decorah	-	22:01.44	3:59.49	7:04.9	4:24.3
38 WHITE, Michael	JR	2610	Central Elkader	20	22:02.17	4:00.22	7:05.1	4:24.4
39 FERNADEZ, Esteban	SO	2694	Decorah	-	22:02.69	4:00.74	7:05.3	4:24.5
40 COTE, Weston	FR	2682	Decorah	-	22:05.48	4:03.53	7:06.2	4:25.1
41 HELLER, Bryce	JR	2607	Central Elkader	21	22:19.45	4:17.50	7:10.7	4:27.9
42 SASS, Sam	FR	10	North Fayette Valle	22	22:24.26	4:22.31	7:12.2	4:28.9
43 KRUGER, Carter	SR	2612	Central Elkader	23	22:31.87	4:29.92	7:14.7	4:30.4
44 DOAN, Phoung	SR	2715	Decorah	-	22:39.69	4:37.74	7:17.2	4:31.9
45 FRANZEN, Avery	SO	92	Turkey Valley Jacks	-	22:42.51	4:40.56	7:18.1	4:32.5
46 MOELLERING, Esten	FR	9	North Fayette Valle	24	22:53.74	4:51.79	7:21.7	4:34.7
47 JUDKINS, Carter	SO	2628	Clayton Ridge Gutt	25	22:59.09	4:57.14	7:23.4	4:35.8
48 SCOTT, Devin	SO	39	Osage	26	23:03.81	5:01.86	7:25.0	4:36.8
49 CLAYCAMP, Evan	FR	2624	Clayton Ridge Gutt	27	23:06.90	5:04.95	7:25.9	4:37.4
50 ARMSTRONG, Tate	FR	2622	Clayton Ridge Gutt	28	23:09.74	5:07.79	7:26.9	4:37.9
51 SCOTT, Kaiel	JR	86	Starmont	29	23:10.90	5:08.95	7:27.2	4:38.2
52 CATON, Pranav	FR	2680	Decorah	-	23:15.53	5:13.58	7:28.7	4:39.1
53 ADAMS, Connor	JR	42	Osage	30	23:22.40	5:20.45	7:30.9	4:40.5
54 GEBEL, Marcus	FR	97	Waukon	-	23:29.79	5:27.84	7:33.3	4:42.0
55 HOLST, Breckon	FR	2602	Central Elkader	31	23:37.83	5:35.88	7:35.9	4:43.6
56 JONES, Daniel	SO	2777	Kee Lansing	-	23:38.27	5:36.32	7:36.0	4:43.7
57 PETERSON, Ethan	JR	44	Osage	32	23:49.12	5:47.17	7:39.5	4:45.8
58 BOARDMAN, Caleb	JR	81	Starmont	33	23:58.58	5:56.63	7:42.6	4:47.7
59 SNITKER, Jordan	FR	101	Waukon	-	24:02.89	6:00.94	7:44.0	4:48.6
60 LAWRENCE, Caleb	SR	2635	Clayton Ridge Gutt	34	24:06.59	6:04.64	7:45.1	4:49.3
61 STANSBERRY, Tytus	FR	11	North Fayette Valle	35	24:25.97	6:24.02	7:51.4	4:53.2
62 GRIFFITH, Holden	FR	6	North Fayette Valle	36	24:31.62	6:29.67	7:53.2	4:54.3
63 BRINKS, Issac	FR	4	North Fayette Valle	37	24:54.89	6:52.94	8:00.7	4:59.0
64 COOK, Luke	SO	2625	Clayton Ridge Gutt	38	25:02.98	7:01.03	8:03.3	5:00.6
65 BRINCKS, Dylan	FR	2679	Decorah	-	25:18.21	7:16.26	8:08.2	5:03.6
66 KOVARIK, Andrew	FR	8	North Fayette Valle	(39)	25:27.29	7:25.34	8:11.1	5:05.5

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

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**Race #3
Junior Varsity Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
67 WEBER, Isaac	SO	41	Osage	40	25:27.99	7:26.04	8:11.3	5:05.6
68 HEMANN, Bennett	FR	32	Osage	41	25:28.60	7:26.65	8:11.5	5:05.7
69 ARCINIEGA, Emory	FR	31	Osage	(42)	25:29.42	7:27.47	8:11.8	5:05.9
70 SWANSON, Oscar	SO	2703	Decorah	-	25:29.83	7:27.88	8:11.9	5:06.0
71 KOEHN, Griffin	FR	2603	Central Elkader	(43)	25:46.20	7:44.25	8:17.2	5:09.2
72 GEARHART, Aleczander	FR	5	North Fayette Valle	(44)	25:49.48	7:47.53	8:18.2	5:09.9
73 FARMER, Nick	JR	83	Starmont	45	25:53.08	7:51.13	8:19.4	5:10.6
74 SCHOOF, Aiden	SR	2636	Clayton Ridge Gutt	(46)	25:55.54	7:53.59	8:20.2	5:11.1
75 THIESE, Kasey	JR	2633	Clayton Ridge Gutt	(47)	26:02.79	8:00.84	8:22.5	5:12.6
76 ROSS, Logan	SR	2789	MFL MarMac	-	26:06.14	8:04.19	8:23.6	5:13.2
77 BIRDSELL, Wyatt	FR	2678	Decorah	-	26:08.14	8:06.19	8:24.2	5:13.6
78 MEIER, Ben	SR	47	Osage	(48)	26:11.49	8:09.54	8:25.3	5:14.3
79 HERNANDEZ, Dennis	SR	67	Postville Communit	49	26:13.88	8:11.93	8:26.1	5:14.8
80 GRAWE, Brayden	SO	76	Starmont	50	26:59.95	8:58.00	8:40.9	5:24.0
81 ROLL, Slader	FR	35	Osage	-	27:23.35	9:21.40	8:48.4	5:28.7
82 SCHULTZ, Payton	FR	2788	MFL MarMac	-	28:55.78	10:53.8	9:18.1	5:47.2
83 POTVIN, Noah	SO	2700	Decorah	-	29:08.28	11:06.3	9:22.1	5:49.7
84 HORNS, Spencer	JR	2630	Clayton Ridge Gutt	-	29:43.33	11:41.3	9:33.4	5:56.7
85 GEARHART, Jayden	FR	74	Starmont	51	30:50.75	12:48.8	9:55.1	6:10.2
86 EDWARDS, Nathaniel	SR	2634	Clayton Ridge Gutt	-	32:59.77	14:57.8	10:36.6	6:36.0
87 STEINES, Keagan	SO	2702	Decorah	-	33:57.82	15:55.8	10:55.2	6:47.6
-- FURLONG, Gavin	FR	2776	Kee Lansing	-			---	---
-- NIMROD, Clarence	SO	2698	Decorah	-			---	---
-- HANKES, Drake	JR	104	Waukon	-			---	---
-- PETERS, Karl	JR	66	Postville Communit	-			---	---
-- BARRIOS, Eduardo	SO	2983	New Hampton	-			---	---
-- ROBINSON, Jarrin	SR	2988	New Hampton	-			---	---
-- MARKS, Robert	FR	33	Osage	-			---	---
-- KEELING, Dominic	SO	36	Osage	-			---	---
-- MELLMANN, Calvin	SR	48	Osage	-			---	---
-- POPE, Jackson	SO	77	Starmont	-			---	---
-- COPPOLA, Bennett	FR	2681	Decorah	-			---	---
-- GOODNER, Max	FR	2683	Decorah	-			---	---
-- NALEAN-CARLSON, Logan	FR	2686	Decorah	-			---	---
-- WILKINS, Gavin	FR	2690	Decorah	-			---	---

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

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**Race #4
Junior Varsity Girls 5K****Final Results****RACE SUMMARY**

Start Time: 4:35 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Decorah	15	1-2-3-4-5(6)(7)	1:56:10	23:14	1:23.4
2 Crestwood Cresco	58	9-10-11-13-15(18)(25)	2:03:54	24:47	1:03.9
3 Central Elkader	111	8-12-19-27-45(46)(48)	2:09:26	25:54	4:06.9
4 Waukon	124	21-22-24-28-29(30)(31)	2:11:33	26:19	0:43.2
5 Postville Community	154	14-23-33-34-50	2:17:19	27:28	6:26.7
6 Clayton Ridge Guttenberg	178	17-32-35-42-52(53)	2:20:55	28:11	7:32.0
7 New Hampton	179	16-36-37-41-49	2:18:46	27:46	4:50.1
8 Osage	184	20-26-40-47-51	2:21:08	28:14	6:01.9
9 North Fayette Valley	218	38-39-43-44-54	2:31:37	30:20	11:54.0
DNP MFL MarMac					
DNP Turkey Valley Jackson Jun					
DNP Starmont					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 GARCIA-PRATS, Leah	FR	2727	Decorah	1	22:16.26	---	7:09.7	4:27.3
2 GOODNER, Natalie	SR	2769	Decorah	2	23:15.43	59.17	7:28.7	4:39.1
3 STORHOFF, Claire	SO	2758	Decorah	3	23:22.54	1:06.28	7:31.0	4:40.5
4 LESMEISTER, Nora	JR	2762	Decorah	4	23:35.84	1:19.58	7:35.3	4:43.2
5 JOHNSON, Elsa	SR	2770	Decorah	5	23:39.62	1:23.36	7:36.5	4:43.9
6 RISSMAN, Olivia	SO	2753	Decorah	(6)	23:48.81	1:32.55	7:39.4	4:45.8
7 SEARCY, Vivian	SO	2754	Decorah	(7)	24:07.71	1:51.45	7:45.5	4:49.5
8 BELLRICHARD, Lulu	SO	2743	Decorah	-	24:10.67	1:54.41	7:46.5	4:50.1
9 QUANDAHL, Addison	FR	2738	Decorah	-	24:11.41	1:55.15	7:46.7	4:50.3
10 SCHERF, Blair	FR	2615	Central Elkader	8	24:11.50	1:55.24	7:46.7	4:50.3
11 BLIKRE, Grace	SR	2767	Decorah	-	24:13.82	1:57.56	7:47.5	4:50.8
12 OLLENDICK, Erica	SR	2674	Crestwood Cresco	9	24:13.90	1:57.64	7:47.5	4:50.8
13 ADAMS, Ellie	SO	2742	Decorah	-	24:17.37	2:01.11	7:48.6	4:51.5
14 DAHLEN, Lillian	SO	2746	Decorah	-	24:22.30	2:06.04	7:50.2	4:52.5
15 KACH, Claire	FR	2654	Crestwood Cresco	10	24:38.08	2:21.82	7:55.3	4:55.6
16 KUTZBACH, Bayli	SO	2662	Crestwood Cresco	11	24:38.44	2:22.18	7:55.4	4:55.7
17 RORK, Coral	SR	2619	Central Elkader	12	24:43.83	2:27.57	7:57.1	4:56.8
18 DENNLER, Ella	SO	2659	Crestwood Cresco	13	25:05.27	2:49.01	8:04.0	5:01.1
19 HOLTHAUS, Natalie	FR	2729	Decorah	-	25:06.94	2:50.68	8:04.5	5:01.4
20 CORTES, Liliana	SR	71	Postville Communit	14	25:09.71	2:53.45	8:05.4	5:01.9
21 LUDWIG, Chandler	SO	2663	Crestwood Cresco	15	25:17.71	3:01.45	8:08.0	5:03.5
22 DOWNING, Simone	FR	2726	Decorah	-	25:21.49	3:05.23	8:09.2	5:04.3
23 DRECKMAN, Zoey	SR	1	New Hampton	16	25:24.27	3:08.01	8:10.1	5:04.9
24 SIMON, Hinckley	SR	2644	Clayton Ridge Gutt	17	25:28.40	3:12.14	8:11.4	5:05.7
25 SHEA, Keira	SO	2667	Crestwood Cresco	(18)	25:28.45	3:12.19	8:11.5	5:05.7
26 BLAIR, Willow	SO	2744	Decorah	-	25:37.92	3:21.66	8:14.5	5:07.6

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

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**Race #4
Junior Varsity Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
27 THIESE, Alexis	SR	2620	Central Elkader	19	25:38.37	3:22.11	8:14.7	5:07.7
28 SEVERTSON, Lauren	SO	2756	Decorah	-	25:38.61	3:22.35	8:14.7	5:07.7
29 ARCINIEGA, Annaliese	SR	58	Osage	20	25:39.46	3:23.20	8:15.0	5:07.9
30 RILEY, McKenzie	SR	2773	Decorah	-	25:44.30	3:28.04	8:16.6	5:08.9
31 VOLZ, Jillian	SO	2760	Decorah	-	25:47.93	3:31.67	8:17.7	5:09.6
32 QUANDAHL, Camryn	FR	2740	Decorah	-	25:50.80	3:34.54	8:18.6	5:10.2
33 DAVIS, Nora	SO	125	Waukon	21	25:54.55	3:38.29	8:19.9	5:10.9
34 MERCADO-ARNESON, Alan	FR	2735	Decorah	-	25:55.80	3:39.54	8:20.3	5:11.2
35 BERNS, Mallory	SR	133	Waukon	22	26:05.86	3:49.60	8:23.5	5:13.2
36 WHITE, Isabelle	SO	70	Postville Communit	23	26:16.01	3:59.75	8:26.8	5:15.2
37 MOUDY, Bella	SR	134	Waukon	24	26:19.12	4:02.86	8:27.8	5:15.8
38 VSETECKA, Madalyn	FR	93	Turkey Valley Jacks	-	26:26.81	4:10.55	8:30.2	5:17.4
39 QUANDAHL, Brinley	FR	2739	Decorah	-	26:27.11	4:10.85	8:30.3	5:17.4
40 MILLAGE, Lola	SO	2664	Crestwood Cresco	(25)	26:29.01	4:12.75	8:30.9	5:17.8
41 HARMENING, Marley	SO	2748	Decorah	-	26:29.82	4:13.56	8:31.2	5:18.0
42 KOLBET, Alexis	SO	51	Osage	26	26:33.05	4:16.79	8:32.2	5:18.6
43 FRIEDLEIN, Hannah	SO	2617	Central Elkader	27	26:33.61	4:17.35	8:32.4	5:18.7
44 ZUERCHER, Braelyn	FR	122	Waukon	28	26:35.10	4:18.84	8:32.9	5:19.0
45 KURTH, Makenna	SO	128	Waukon	29	26:37.69	4:21.43	8:33.7	5:19.5
46 SESSIONS, Nina	SO	2755	Decorah	-	26:42.69	4:26.43	8:35.3	5:20.5
47 WEIS, Rachel	FR	2741	Decorah	-	26:43.45	4:27.19	8:35.6	5:20.7
48 SCHULLO, Marissa	FR	120	Waukon	(30)	26:46.15	4:29.89	8:36.4	5:21.2
49 MYERS, Ryleigh	JR	2670	Crestwood Cresco	-	26:50.40	4:34.14	8:37.8	5:22.1
50 DOWNING, Moriah	JR	130	Waukon	(31)	26:50.92	4:34.66	8:38.0	5:22.2
51 GAUL, Hailey	SR	2642	Clayton Ridge Gutt	32	26:51.68	4:35.42	8:38.2	5:22.3
52 BENDA, Nalia	FR	113	Waukon	-	26:55.10	4:38.84	8:39.3	5:23.0
53 MENKE, Teagan	SO	2752	Decorah	-	26:55.94	4:39.68	8:39.6	5:23.2
54 MYERS, Emily	SR	2772	Decorah	-	26:56.94	4:40.68	8:39.9	5:23.4
55 WINTER, Harper	FR	121	Waukon	-	26:59.31	4:43.05	8:40.7	5:23.9
56 TELEGUARIO-ORTIZ, Sherl	SO	69	Postville Communit	33	27:00.37	4:44.11	8:41.0	5:24.1
57 OPHEIM, Evelyn	FR	2737	Decorah	-	27:01.13	4:44.87	8:41.3	5:24.2
58 HUINKER, Grace	FR	2730	Decorah	-	27:14.70	4:58.44	8:45.6	5:26.9
59 MOELLERS, Addison	FR	2656	Crestwood Cresco	-	27:15.55	4:59.29	8:45.9	5:27.1
60 QUIROZ-ORDONEZ, Maria	SR	73	Postville Communit	34	27:15.63	4:59.37	8:45.9	5:27.1
61 MCGEE, Sophia	FR	2734	Decorah	-	27:22.84	5:06.58	8:48.2	5:28.6
62 SANDSTROM, Lauryn	SO	2799	MFL MarMac	-	27:24.27	5:08.01	8:48.7	5:28.9
63 THOMAS, Paige	FR	2638	Clayton Ridge Gutt	35	27:24.85	5:08.59	8:48.9	5:29.0
64 SINGEWALD, Josi	SO	2997	New Hampton	36	27:30.80	5:14.54	8:50.8	5:30.2
65 BELLRICHARD, Poppy	FR	2723	Decorah	-	27:32.35	5:16.09	8:51.3	5:30.5
66 KELLOGG, Zoey	SO	2995	New Hampton	37	27:32.53	5:16.27	8:51.4	5:30.5
67 SPILDE-MAKI, Rachel	SO	2757	Decorah	-	27:40.07	5:23.81	8:53.8	5:32.0
68 SCHULTZ, Ashton	SR	29	North Fayette Valle	38	27:44.31	5:28.05	8:55.1	5:32.9
69 TUDAHL, Megan	FR	20	North Fayette Valle	39	27:45.99	5:29.73	8:55.7	5:33.2
70 CARLSON, Kennedy	FR	2724	Decorah	-	27:49.30	5:33.04	8:56.8	5:33.9
71 HAIGH, Amaris	JR	55	Osage	40	27:57.08	5:40.82	8:59.3	5:35.4
72 HANSON, Kayler	FR	116	Waukon	-	28:00.85	5:44.59	9:00.5	5:36.2

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

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**Race #4
Junior Varsity Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
73 NOSBISCH, Natalie	SR	2	New Hampton	41	28:03.30	5:47.04	9:01.3	5:36.7
74 GAVLE, Maggie	FR	2728	Decorah	-	28:05.03	5:48.77	9:01.8	5:37.0
75 MATHIS, Ruin	FR	118	Waukon	-	28:08.52	5:52.26	9:02.9	5:37.7
76 HORNS, Pfeiffer	SO	2640	Clayton Ridge Gutt	42	28:09.12	5:52.86	9:03.1	5:37.8
77 DRISCOLL, Emma	SO	2796	MFL MarMac	-	28:11.02	5:54.76	9:03.7	5:38.2
78 BURRICHTER, Tanner	FR	114	Waukon	-	28:11.84	5:55.58	9:04.0	5:38.4
79 TRINIDAD, Lisbeth	SR	30	North Fayette Valle	43	28:13.43	5:57.17	9:04.5	5:38.7
80 SCHUPBACH, Jisela	SO	24	North Fayette Valle	44	28:14.78	5:58.52	9:04.9	5:39.0
81 RORK, Aspen	SR	2618	Central Elkader	45	28:18.32	6:02.06	9:06.1	5:39.7
82 BECWAR, Lilly	SO	2616	Central Elkader	(46)	28:20.97	6:04.71	9:06.9	5:40.2
83 RETALLICK, Emma	SR	135	Waukon	-	28:53.15	6:36.89	9:17.3	5:46.6
84 RUPPERT, Kiernan	JR	2671	Crestwood Cresco	-	29:08.59	6:52.33	9:22.2	5:49.7
85 HENNESSEY, Ava	SR	60	Osage	47	29:16.78	7:00.52	9:24.9	5:51.4
86 HELGERSON, Kara	FR	117	Waukon	-	29:31.77	7:15.51	9:29.7	5:54.4
87 DREES, Emma	SO	2660	Crestwood Cresco	-	29:34.55	7:18.29	9:30.6	5:54.9
88 LEITZ, Myla	SO	2750	Decorah	-	29:34.74	7:18.48	9:30.7	5:54.9
89 GREGERSON, Mya	FR	2614	Central Elkader	(48)	30:09.66	7:53.40	9:41.9	6:01.9
90 FRITCHER-LARSON, Madi	SO	2661	Crestwood Cresco	-	30:13.81	7:57.55	9:43.2	6:02.8
91 WICKMAN, Karley	FR	2993	New Hampton	49	30:14.35	7:58.09	9:43.4	6:02.9
92 BERNS, Addisyn	SO	124	Waukon	-	30:38.78	8:22.52	9:51.2	6:07.8
93 MATEO, Jacqueline	SR	72	Postville Communit	50	31:36.35	9:20.09	10:09.8	6:19.3
94 KETELSEN, Sophia	SR	61	Osage	51	31:41.29	9:25.03	10:11.3	6:20.3
95 KO, Claire	FR	2732	Decorah	-	31:54.27	9:38.01	10:15.5	6:22.9
96 LEMKE, Kylie	SO	2751	Decorah	-	32:01.47	9:45.21	10:17.8	6:24.3
97 FREDERICKS, Joesephine	FR	88	Starmont	-	32:39.89	10:23.6	10:30.2	6:32.0
98 SADEWASSER, Allysa	JR	2641	Clayton Ridge Gutt	52	33:00.37	10:44.1	10:36.8	6:36.1
99 CARLSON, Ella	SR	2768	Decorah	-	33:22.70	11:06.4	10:44.0	6:40.5
100 MUNKEL, Brielle	FR	2657	Crestwood Cresco	-	35:02.01	12:45.7	11:15.9	7:00.4
101 SCHAEFERS, Mollie	SR	2643	Clayton Ridge Gutt	(53)	35:57.22	13:40.9	11:33.6	7:11.4
102 TIEDEN, Brooke	SR	2621	Central Elkader	-	36:21.64	14:05.3	11:41.5	7:16.3
103 HANSON, Ava	SO	2747	Decorah	-	37:47.56	15:31.3	12:09.1	7:33.5
104 STEINES, Cora	SO	25	North Fayette Valle	54	39:38.26	17:22.0	12:44.7	7:55.7
105 JIMENEZ, Michelle	FR	2653	Crestwood Cresco	-	44:53.14	22:36.8	14:26.0	8:58.6

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

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**Race #5
Varsity Boys 5K****Final Results****RACE SUMMARY**

Start Time: 5:05 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Decorah	32	3-5-7-8-9(15)(16)	1:27:37	17:32	0:29.8
2 Waukon	47	1-4-10-14-18(19)(20)	1:28:43	17:45	1:43.9
3 Central Elkader	128	12-17-28-31-40(46)	1:36:59	19:24	2:32.5
4 Starmont	130	11-13-24-39-43(53)	1:36:39	19:20	2:57.1
5 North Fayette Valley	152	25-27-32-33-35(61)	1:39:25	19:53	0:43.8
6 Crestwood Cresco	167	2-21-22-59-63(64)	1:39:53	19:59	5:51.3
7 New Hampton	179	26-29-34-36-54(60)(65)	1:41:08	20:14	1:45.6
8 Osage	198	23-38-41-47-49(56)(58)	1:42:23	20:29	1:49.6
9 Kee Lansing	201	6-45-48-50-52(55)	1:41:54	20:23	3:40.9
10 Clayton Ridge Guttenberg	204	30-37-42-44-51(57)(62)	1:43:05	20:37	1:06.1
DNP MFL MarMac					
DNP Starmont					
DNP Crestwood Cresco					
DNP Decorah					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 REISINGER, Isaac	SR	112	Waukon	1	16:50.11	---	5:24.8	3:22.0
2 AHERN, Nathan	SR	2650	Crestwood Cresco	2	17:02.02	11.91	5:28.6	3:24.4
3 ZILKA, Grant	SR	2722	Decorah	3	17:11.47	21.36	5:31.7	3:26.3
4 LEPPERT, Brandon	JR	106	Waukon	4	17:16.47	26.36	5:33.3	3:27.3
5 STEMPER, Mitchell	JR	2713	Decorah	5	17:30.53	40.42	5:37.8	3:30.1
6 WAGNER, Justin	JR	2781	Kee Lansing	6	17:31.92	41.81	5:38.2	3:30.4
7 LESSER, D'mitry	SR	2718	Decorah	7	17:31.95	41.84	5:38.2	3:30.4
8 HOOK, Landyn	SR	2717	Decorah	8	17:40.99	50.88	5:41.2	3:32.2
9 SEE, Garrett	JR	2712	Decorah	9	17:41.18	51.07	5:41.2	3:32.2
10 HELGERSON, Caleb	SR	111	Waukon	10	17:42.84	52.73	5:41.7	3:32.6
11 PINION, Caleb	JR	85	Starmont	11	17:49.78	59.67	5:44.0	3:34.0
12 HOLST, Gavin	SR	2611	Central Elkader	12	18:02.57	1:12.46	5:48.1	3:36.5
13 TIMMERMAN, Jagger	SO	80	Starmont	13	18:14.19	1:24.08	5:51.8	3:38.8
14 LANGE, Garner	SO	102	Waukon	14	18:18.62	1:28.51	5:53.3	3:39.7
15 FULLHART, William	SO	2695	Decorah	(15)	18:22.57	1:32.46	5:54.5	3:40.5
16 NIMROD, Clarence	SO	2698	Decorah	(16)	18:28.62	1:38.51	5:56.5	3:41.7
17 RUEGNITZ, Carson	JR	2609	Central Elkader	17	18:33.73	1:43.62	5:58.1	3:42.7
18 STOCK, Sam	JR	108	Waukon	18	18:33.97	1:43.86	5:58.2	3:42.8
19 KEELING, Silas	FR	98	Waukon	(19)	18:49.48	1:59.37	6:03.2	3:45.9
20 O'NEILL, Colton	JR	107	Waukon	(20)	18:53.41	2:03.30	6:04.4	3:46.7
21 VOBR, Keaton	SO	2645	Crestwood Cresco	21	19:02.98	2:12.87	6:07.5	3:48.6
22 MACDUFF, Jack	JR	2647	Crestwood Cresco	22	19:08.45	2:18.34	6:09.3	3:49.7
23 MESSERSMITH, Nicholas	SO	37	Osage	23	19:16.47	2:26.36	6:11.9	3:51.3
24 GELNER, Ben	FR	75	Starmont	24	19:18.87	2:28.76	6:12.6	3:51.8

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

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**Race #5
Varsity Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
25 HUCK, Robert	SO	13	North Fayette Valle	25	19:26.34	2:36.23	6:15.0	3:53.3
26 STUMME, Connor	SO	2984	New Hampton	26	19:30.68	2:40.57	6:16.4	3:54.1
27 GABE, Stansbery	JR	15	North Fayette Valle	27	19:36.53	2:46.42	6:18.3	3:55.3
28 POLKINGHORN, Jesse	SO	2605	Central Elkader	28	19:43.87	2:53.76	6:20.7	3:56.8
29 ZEIEN, Calyb	SR	2989	New Hampton	29	19:54.53	3:04.42	6:24.1	3:58.9
30 HEFEL, Kaleb	SO	2627	Clayton Ridge Gutt	30	20:01.59	3:11.48	6:26.4	4:00.3
31 REIMER, Henry	JR	2608	Central Elkader	31	20:03.52	3:13.41	6:27.0	4:00.7
32 TRINIDAD, Elmer	SO	14	North Fayette Valle	32	20:04.66	3:14.55	6:27.4	4:00.9
33 RUFF, Tucker	SR	2790	MFL MarMac	-	20:06.53	3:16.42	6:28.0	4:01.3
34 GROVE, Brody	FR	7	North Fayette Valle	33	20:07.19	3:17.08	6:28.2	4:01.4
35 MONTEITH, Easton	JR	2985	New Hampton	34	20:08.00	3:17.89	6:28.4	4:01.6
36 MCLELLAN, Zach	SR	16	North Fayette Valle	35	20:10.06	3:19.95	6:29.1	4:02.0
37 MEYERHOFF, Xander	SR	2987	New Hampton	36	20:17.68	3:27.57	6:31.5	4:03.5
38 TABORA-LARA, Jesus	SR	2637	Clayton Ridge Gutt	37	20:20.35	3:30.24	6:32.4	4:04.1
39 ARCINIEGA, Hampton	SR	46	Osage	38	20:21.33	3:31.22	6:32.7	4:04.3
40 SWALES, Maison	SO	79	Starmont	39	20:28.36	3:38.25	6:35.0	4:05.7
41 ZITTERGRUEN, Tyce	FR	2604	Central Elkader	40	20:35.03	3:44.92	6:37.1	4:07.0
42 STANGEL, Tysen	JR	45	Osage	41	20:36.88	3:46.77	6:37.7	4:07.4
43 BACKES, Ethan	JR	2629	Clayton Ridge Gutt	42	20:45.87	3:55.76	6:40.6	4:09.2
44 GELNER, Noah	JR	84	Starmont	43	20:46.85	3:56.74	6:40.9	4:09.4
45 CHMELAR, Russell	FR	2623	Clayton Ridge Gutt	44	20:48.90	3:58.79	6:41.6	4:09.8
46 WAGNER, Isaiah	JR	2780	Kee Lansing	45	20:56.71	4:06.60	6:44.1	4:11.3
47 FINLEY, Declan	JR	2606	Central Elkader	(46)	21:00.96	4:10.85	6:45.5	4:12.2
48 JOHNSON, Jackson	JR	43	Osage	47	21:02.16	4:12.05	6:45.8	4:12.4
49 VERTHEIN, Carter	JR	2779	Kee Lansing	48	21:05.99	4:15.88	6:47.1	4:13.2
50 MULLAN, Duncan	FR	34	Osage	49	21:06.04	4:15.93	6:47.1	4:13.2
51 JONES, Brendan	SR	2783	Kee Lansing	50	21:06.56	4:16.45	6:47.3	4:13.3
52 FLORES, Fernando	SO	2626	Clayton Ridge Gutt	51	21:07.67	4:17.56	6:47.6	4:13.5
53 GRAMLICH, Sawyer	SR	2782	Kee Lansing	52	21:12.80	4:22.69	6:49.3	4:14.6
54 SIECK, Lincoln	SO	78	Starmont	(53)	21:13.45	4:23.34	6:49.5	4:14.7
55 SHATEK, Colin	JR	2986	New Hampton	54	21:16.23	4:26.12	6:50.4	4:15.2
56 WEBER, Kaeden	SO	2778	Kee Lansing	(55)	21:21.99	4:31.88	6:52.2	4:16.4
57 SMITH, Finn	SO	40	Osage	(56)	21:24.28	4:34.17	6:53.0	4:16.9
58 MUELLER, Leland	JR	2631	Clayton Ridge Gutt	(57)	21:35.62	4:45.51	6:56.6	4:19.1
59 MINER, Maxwel	SO	38	Osage	(58)	21:45.75	4:55.64	6:59.9	4:21.2
60 MCKUSKER, Richie	JR	2648	Crestwood Cresco	59	21:45.86	4:55.75	6:59.9	4:21.2
61 TROWER, Kamdyn	FR	2982	New Hampton	(60)	21:56.54	5:06.43	7:03.3	4:23.3
62 WHITE, Bjorn	FR	12	North Fayette Valle	(61)	22:17.32	5:27.21	7:10.0	4:27.5
63 SANDOVAL, Anthony	JR	2632	Clayton Ridge Gutt	(62)	22:41.19	5:51.08	7:17.7	4:32.2
64 HOLTHAUS, Ethan	JR	2646	Crestwood Cresco	63	22:53.30	6:03.19	7:21.6	4:34.7
65 MOSER, Brooks	SR	2651	Crestwood Cresco	(64)	23:19.04	6:28.93	7:29.9	4:39.8
66 BARRIOS, Eduardo	SO	2983	New Hampton	(65)	23:59.25	7:09.14	7:42.8	4:47.9
-- SCHELLHORN, Jacob	SR	2791	MFL MarMac	-			---	---
-- RICE, Collin	JR	2649	Crestwood Cresco	-			---	---
-- COPPOLA, Davis	SR	2714	Decorah	-			---	---
-- CURTIS, Carson	JR	82	Starmont	-			---	---

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS

Meet Director:

Brian Hilsabeck

Timing:

Shannon Event Timing



OFFICIAL MEET REPORT

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Race #5
Varsity Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
-- GELNER, Noah	JR	84	Starmont	-		---	---	---

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

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**Race #6
Varsity Girls 5K****Final Results****RACE SUMMARY**

Start Time: 5:35 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Decorah	38	2-5-6-7-18(28)(35)	1:47:11	21:27	2:01.3
2 Waukon	65	4-10-12-13-26(29)(30)	1:49:08	21:50	1:53.5
3 Osage	87	1-11-19-23-33(41)(48)	1:49:38	21:56	3:47.6
4 Crestwood Cresco	105	15-16-22-25-27(34)(42)	1:52:33	22:31	0:59.2
5 MFL MarMac	107	8-17-21-24-37(39)(45)	1:53:32	22:43	2:21.4
6 New Hampton	130	3-20-31-36-40(46)(47)	1:54:44	22:57	3:22.8
7 North Fayette Valley	136	9-14-32-38-43(44)(49)	1:55:40	23:08	3:00.3
DNP Kee Lansing					
DNP Starmont					
DNP Turkey Valley Jackson Jun					
DNP Crestwood Cresco					
DNP MFL MarMac					
DNP New Hampton					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 KROGMANN, Lauren	SO	90	Starmont	-	19:18.17	---	6:12.4	3:51.6
2 BYRNES, Scarlett	JR	54	Osage	1	19:26.68	8.51	6:15.1	3:53.3
3 VOLKMANN, Olivia	SO	2759	Decorah	2	20:27.10	1:08.93	6:34.6	4:05.4
4 GLASER, Sophie	SO	2994	New Hampton	3	20:54.23	1:36.06	6:43.3	4:10.8
5 DOWNING, Miriam	FR	115	Waukon	4	21:00.36	1:42.19	6:45.3	4:12.1
6 COURTNEY, Brinlee	SO	2745	Decorah	5	21:05.38	1:47.21	6:46.9	4:13.1
7 CHRISOPHER, Riley	FR	2725	Decorah	6	21:31.26	2:13.09	6:55.2	4:18.3
8 NEWHOUSE, Raelyn	FR	2736	Decorah	7	21:38.18	2:20.01	6:57.4	4:19.6
9 CHARLOTTE, Meyer	FR	2792	MFL MarMac	8	21:39.98	2:21.81	6:58.0	4:20.0
10 MURRAY, Annie	FR	18	North Fayette Valle	9	21:40.33	2:22.16	6:58.1	4:20.1
11 WILKINS, Elle	JR	132	Waukon	10	21:41.09	2:22.92	6:58.4	4:20.2
12 POWER, Kendall	JR	56	Osage	11	21:44.65	2:26.48	6:59.5	4:20.9
13 BENZING, Reegan	SO	123	Waukon	12	21:45.99	2:27.82	6:59.9	4:21.2
14 O'NEILL, Emma	JR	131	Waukon	13	21:46.07	2:27.90	7:00.0	4:21.2
15 MCGOWAN, Lexi	SO	23	North Fayette Valle	14	21:54.33	2:36.16	7:02.6	4:22.9
16 VOBR, Jaylee	JR	2672	Crestwood Cresco	15	21:56.38	2:38.21	7:03.3	4:23.3
17 DALEY, Ava	SO	2658	Crestwood Cresco	16	22:15.73	2:57.56	7:09.5	4:27.1
18 KEEHNER, Cora	JR	2800	MFL MarMac	17	22:27.66	3:09.49	7:13.3	4:29.5
19 HOUGEN, Deborah	JR	2761	Decorah	18	22:28.31	3:10.14	7:13.5	4:29.7
20 DARROW, Tess	FR	49	Osage	19	22:32.00	3:13.83	7:14.7	4:30.4
21 DUNGEY, Tegan	JR	2999	New Hampton	20	22:32.31	3:14.14	7:14.8	4:30.5
22 DONLON, Brooke	SO	2795	MFL MarMac	21	22:34.38	3:16.21	7:15.5	4:30.9
23 DOHLMAN, Lexus	FR	2652	Crestwood Cresco	22	22:35.75	3:17.58	7:15.9	4:31.2
24 RACHUT, Abby	SO	52	Osage	23	22:40.19	3:22.02	7:17.4	4:32.0
25 MOSER, Taryn	FR	2793	MFL MarMac	24	22:48.63	3:30.46	7:20.1	4:33.7

2024 WAUKON INVITATIONAL

Waukon, IA

Tuesday, September 24, 2024

MEET OFFICIALS**Meet Director:**

Brian Hillsabeck

Timing:

Shannon Event Timing

**OFFICIAL MEET REPORT**

printed: 9/24/2024 6:05 PM

**Race #6
Varsity Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
26 SHELTON, Mea	SO	2668	Crestwood Cresco	25	22:48.82	3:30.65	7:20.1	4:33.8
27 POPHAM, Lexi	FR	89	Starmont	-	22:50.22	3:32.05	7:20.6	4:34.0
28 JOHNSON, Claire	SO	127	Waukon	26	22:53.83	3:35.66	7:21.7	4:34.8
29 REIS, Taylor	SO	2665	Crestwood Cresco	27	22:55.58	3:37.41	7:22.3	4:35.1
30 STIKA, Bella	SO	95	Turkey Valley Jacks	-	23:01.33	3:43.16	7:24.2	4:36.3
31 WADSWORTH, Amelia	SR	2775	Decorah	(28)	23:05.75	3:47.58	7:25.6	4:37.2
32 NIEMAN, Hazel	SO	94	Turkey Valley Jacks	-	23:06.61	3:48.44	7:25.9	4:37.3
33 STEWART, Bryiah	SO	129	Waukon	(29)	23:07.06	3:48.89	7:26.0	4:37.4
34 JOHANNINGMEIER, Jaelyn	SO	126	Waukon	(30)	23:08.88	3:50.71	7:26.6	4:37.8
35 NUSS, Lauren	SR	3	New Hampton	31	23:09.06	3:50.89	7:26.6	4:37.8
36 MEYER, Braelyn	SR	28	North Fayette Valle	32	23:11.79	3:53.62	7:27.5	4:38.4
37 BIELEFELD, Madeline	JR	53	Osage	33	23:14.25	3:56.08	7:28.3	4:38.9
38 PANKOW, Alexis	SR	2675	Crestwood Cresco	(34)	23:27.73	4:09.56	7:32.6	4:41.5
39 STEVENS, Natalie	JR	2765	Decorah	(35)	23:35.22	4:17.05	7:35.1	4:43.0
40 KINLEY, Adrianna	FR	2991	New Hampton	36	23:50.55	4:32.38	7:40.0	4:46.1
41 FISK, Skylar	SO	2797	MFL MarMac	37	24:01.34	4:43.17	7:43.5	4:48.3
42 MUDDERMAN, Rylee	SO	2785	Kee Lansing	-	24:07.63	4:49.46	7:45.5	4:49.5
43 ELLIOT, Kendall	FR	17	North Fayette Valle	38	24:12.87	4:54.70	7:47.2	4:50.6
44 BACHMAN, Kennedy	SO	2794	MFL MarMac	(39)	24:15.21	4:57.04	7:47.9	4:51.0
45 KNUTSON, Ella	JR	3000	New Hampton	40	24:16.97	4:58.80	7:48.5	4:51.4
46 SAYER, Addy	JR	57	Osage	(41)	24:21.97	5:03.80	7:50.1	4:52.4
47 CUMMINGS, Blaire	SR	2673	Crestwood Cresco	(42)	24:29.26	5:11.09	7:52.4	4:53.9
48 BILDEN, Clara	SO	22	North Fayette Valle	43	24:40.56	5:22.39	7:56.1	4:56.1
49 KUHSE, Tristan	JR	26	North Fayette Valle	(44)	24:45.19	5:27.02	7:57.6	4:57.0
50 HAYNES, Kristen	SR	91	Starmont	-	24:45.79	5:27.62	7:57.7	4:57.2
51 KOETHER, Emma	JR	2801	MFL MarMac	(45)	25:00.38	5:42.21	8:02.4	5:00.1
52 MOHN, Morgan	FR	2784	Kee Lansing	-	25:04.18	5:46.01	8:03.7	5:00.8
53 HUMPAL, Harper	FR	2990	New Hampton	(46)	25:19.13	6:00.96	8:08.5	5:03.8
54 CARDONA, Juanita	JR	2998	New Hampton	(47)	25:25.27	6:07.10	8:10.4	5:05.1
55 BURNS, Katie	FR	87	Starmont	-	25:43.93	6:25.76	8:16.4	5:08.8
56 CHRISTENSEN, Ivy	SO	50	Osage	(48)	26:13.45	6:55.28	8:25.9	5:14.7
57 SWENSEN, Anna	FR	19	North Fayette Valle	(49)	27:02.15	7:43.98	8:41.6	5:24.4
58 KOLSRUD, Lillian	JR	2786	Kee Lansing	-	29:08.74	9:50.57	9:22.3	5:49.7
-- PETER, Laney	SR	2676	Crestwood Cresco	-			---	---
-- NEVILLE, Addison	FR	2992	New Hampton	-			---	---
-- RUFF, Evelyn	SR	2803	MFL MarMac	-			---	---
-- VSETECKA, Madalyn	FR	93	Turkey Valley Jacks	-			---	---
-- WINTERS, Addison	JR	2787	Kee Lansing	-			---	---