

**2024 INDEPENDENCE INVITATIONAL**

Independence, IA  
 MHI Cross Country Course  
 Host: Independence  
 Thursday, September 19, 2024

**MEET OFFICIALS**

**Meet Director:**  
Justin Putz  
**Meet Referee:**  
Bill Neal  
**Timing:**  
Shannon Event Timings



**OFFICIAL MEET REPORT**  
 printed: 9/19/2024 6:05 PM

**Race #1**  
**Boys Junior High 1.3 Mile**

**Final Results****RACE SUMMARY**

Start Time: 4:15 pm

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Waverly-Shell Rock	37	3-4-8-10-12(15)(20)	50:15	10:03	0:57.0
2 MS_Mount Vernon	46	2-5-7-14-18(19)(21)	50:23	10:05	1:46.3
3 MS_Benton Community	86	6-13-16-24-27(32)(39)	53:58	10:48	1:22.0
4 MS_Iowa Falls-Alden MS	101	1-22-23-26-29(31)(34)	54:02	10:49	2:47.8
5 MS_Union	126	9-17-28-35-37	58:36	11:44	2:55.1
6 MS_Wapsie Valley	135	11-25-30-33-36(38)	58:19	11:40	2:23.3
DNP MS_Eggedwood-Colesburg					
DNP MS_Independence					
DNP MS_Janesville					
DNP MS_Waverly-Shell Rock					
DNP MS_Benton Community					
DNP MS_Union					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 HERRIN, Andrew	8	1934	MS_Iowa Falls-Alde	1	8:44.14	---	6:43.2	4:10.8
2 RUPE, Charles	8	1972	MS_Mount Vernon	2	9:06.87	22.73	7:00.7	4:21.7
3 CHAPMAN, Alex	7	2028	MS_Waverly-Shell	3	9:34.53	50.39	7:21.9	4:34.9
4 MEISGEIER, Birk	7	2032	MS_Waverly-Shell	4	9:35.47	51.33	7:22.7	4:35.3
5 TEAGUE, Connor	8	1973	MS_Mount Vernon	5	9:42.63	58.49	7:28.2	4:38.8
6 BECKER, Mason	7	1899	MS_Benton Comm	6	10:05.61	1:21.47	7:45.9	4:49.8
7 GRENIS, Brinson	8	1966	MS_Mount Vernon	7	10:06.47	1:22.33	7:46.5	4:50.2
8 HAYES, Connor	8	2037	MS_Waverly-Shell	8	10:06.94	1:22.80	7:46.9	4:50.4
9 BEERMANN, Phineas	8	1999	MS_Union	9	10:15.23	1:31.09	7:53.3	4:54.4
10 CHRISTENSEN, Ben	8	2036	MS_Waverly-Shell	10	10:26.24	1:42.10	8:01.7	4:59.6
11 SMITH, Raylan	7	2013	MS_Wapsie Valley	11	10:28.68	1:44.54	8:03.6	5:00.8
12 OLIND, Grady	7	1921	MS_Eggedwood-Col	-	10:30.59	1:46.45	8:05.1	5:01.7
13 CALLAHAN, Landry	7	2027	MS_Waverly-Shell	12	10:31.52	1:47.38	8:05.8	5:02.2
14 HUNT, Korbin	8	1906	MS_Benton Comm	13	10:32.54	1:48.40	8:06.6	5:02.7
15 BOOTS, Brogan	8	1965	MS_Mount Vernon	14	10:33.21	1:49.07	8:07.1	5:03.0
16 NUS, Bennett	7	2034	MS_Waverly-Shell	(15)	10:37.53	1:53.39	8:10.4	5:05.0
17 DAVIS, Sawyer	8	1904	MS_Benton Comm	16	10:39.41	1:55.27	8:11.9	5:05.9
18 KAALBURG, Blake	7	1996	MS_Union	17	10:50.60	2:06.46	8:20.5	5:11.3
19 HALL, Rylan	7	1953	MS_Mount Vernon	18	10:53.17	2:09.03	8:22.4	5:12.5
20 WALSH, Franklin	8	1975	MS_Mount Vernon	(19)	10:54.82	2:10.68	8:23.7	5:13.3
21 WILLMS, Matthew	8	2042	MS_Waverly-Shell	(20)	10:57.74	2:13.60	8:26.0	5:14.7
22 HANSEL, Isaac	8	1922	MS_Eggedwood-Col	-	11:01.18	2:17.04	8:28.6	5:16.4
23 BOCK, Cody	7	1950	MS_Mount Vernon	(21)	11:05.70	2:21.56	8:32.1	5:18.5
24 WHITNEY, Caden	8	2041	MS_Waverly-Shell	-	11:07.28	2:23.14	8:33.3	5:19.3
25 CALLES, Yeinzon	7	1928	MS_Iowa Falls-Alde	22	11:08.43	2:24.29	8:34.2	5:19.8
26 ANDERSON, joah	7	2026	MS_Waverly-Shell	-	11:08.85	2:24.71	8:34.5	5:20.0

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**Race #1**  
**Boys Junior High 1.3 Mile**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
27 VANDERLOOP, Cole	7	1933	MS_Iowa Falls-Alde	23	11:09.38	2:25.24	8:34.9	5:20.3
28 DITTMAR, Zavier	8	1905	MS_Benton Comm	24	11:12.59	2:28.45	8:37.4	5:21.8
29 ADAMS, Dustin	7	2008	MS_Wapsie Valley	25	11:18.89	2:34.75	8:42.2	5:24.8
30 WESSELS, Creighton	8	1923	MS_Edgewood-Col	-	11:22.18	2:38.04	8:44.8	5:26.4
31 MEYER, Chayce	7	1929	MS_Iowa Falls-Alde	26	11:27.21	2:43.07	8:48.6	5:28.8
32 MILLER, Chase	7	1901	MS_Benton Comm	27	11:27.60	2:43.46	8:48.9	5:29.0
33 DALY, Alex	8	2000	MS_Union	28	11:30.86	2:46.72	8:51.4	5:30.6
34 SUPER, Noah	7	1931	MS_Iowa Falls-Alde	29	11:31.92	2:47.78	8:52.2	5:31.1
35 GIBERSON, Asher	7	2011	MS_Wapsie Valley	30	11:39.02	2:54.88	8:57.7	5:34.5
36 VALENCIA, Jonah	8	1935	MS_Iowa Falls-Alde	(31)	11:40.58	2:56.44	8:58.9	5:35.2
37 SCHOETTMER, Sam	7	1902	MS_Benton Comm	(32)	11:47.26	3:03.12	9:04.0	5:38.4
38 SLAYMAKER, Rowan	7	1961	MS_Mount Vernon	-	11:52.18	3:08.04	9:07.8	5:40.8
39 SCHEIL, Evan	7	1960	MS_Mount Vernon	-	11:55.40	3:11.26	9:10.3	5:42.3
40 POST, Corbin	8	2040	MS_Waverly-Shell	-	11:55.51	3:11.37	9:10.4	5:42.3
41 BRUNSCHEON, Dusty	7	2009	MS_Wapsie Valley	33	11:59.82	3:15.68	9:13.7	5:44.4
42 SAILER, Reagan	7	1930	MS_Iowa Falls-Alde	(34)	12:03.70	3:19.56	9:16.7	5:46.3
43 KLIMA, Berenger	7	1957	MS_Mount Vernon	-	12:04.95	3:20.81	9:17.7	5:46.9
44 NOE, Case	8	1925	MS_Independence	-	12:05.95	3:21.81	9:18.4	5:47.3
45 MARTIN, Jordan	8	1968	MS_Mount Vernon	-	12:08.85	3:24.71	9:20.7	5:48.7
46 JONES, Louis	7	1955	MS_Mount Vernon	-	12:11.37	3:27.23	9:22.6	5:49.9
47 LIU, Liam	7	1958	MS_Mount Vernon	-	12:20.23	3:36.09	9:29.4	5:54.2
48 DIEHL, Parker	7	2029	MS_Waverly-Shell	-	12:29.38	3:45.24	9:36.4	5:58.6
49 LEWIS, Isaiah	8	1967	MS_Mount Vernon	-	12:43.64	3:59.50	9:47.4	6:05.4
50 MEIER, Jagger	6	1995	MS_Union	35	12:48.71	4:04.57	9:51.3	6:07.8
51 UBBEN, Tucker	7	1932	MS_Iowa Falls-Alde	-	12:50.29	4:06.15	9:52.5	6:08.6
52 WEAVER, Tristan	7	1963	MS_Mount Vernon	-	12:51.71	4:07.57	9:53.6	6:09.2
53 CARLSON, Noah	7	2010	MS_Wapsie Valley	36	12:51.89	4:07.75	9:53.8	6:09.3
54 MOHAN, Aidan	8	2039	MS_Waverly-Shell	-	12:58.69	4:14.55	9:59.0	6:12.6
55 WOLFF, Finn	7	1997	MS_Union	37	13:10.30	4:26.16	10:07.9	6:18.1
56 SPORRER, Rylan	7	1962	MS_Mount Vernon	-	13:13.23	4:29.09	10:10.2	6:19.5
57 MYRMO, Mason	7	2033	MS_Waverly-Shell	-	13:34.04	4:49.90	10:26.2	6:29.5
58 JONES, Grayson	8	2038	MS_Waverly-Shell	-	13:41.63	4:57.49	10:32.0	6:33.1
59 BRADE, Owen	7	1951	MS_Mount Vernon	-	13:46.05	5:01.91	10:35.4	6:35.2
60 WALKER, Michael	8	1974	MS_Mount Vernon	-	13:51.55	5:07.41	10:39.7	6:37.9
61 HOLMES, Wyatt	7	1954	MS_Mount Vernon	-	13:53.86	5:09.72	10:41.4	6:39.0
62 JONES, Milo	7	1956	MS_Mount Vernon	-	14:00.41	5:16.27	10:46.5	6:42.1
63 JOEL, Maximilian	8	1924	MS_Independence	-	14:00.70	5:16.56	10:46.7	6:42.2
64 ANDERSON, Gavin	7	1949	MS_Mount Vernon	-	14:05.97	5:21.83	10:50.7	6:44.8
65 PYATT, Bryce	8	1971	MS_Mount Vernon	-	14:11.23	5:27.09	10:54.8	6:47.3
66 VAN SLYKE, Zane	8	1946	MS_Janesville	-	14:11.77	5:27.63	10:55.2	6:47.5
67 MUELLER, Henry	8	1970	MS_Mount Vernon	-	14:21.42	5:37.28	11:02.6	6:52.2
68 TOWNSLEY, Caleb	7	2035	MS_Waverly-Shell	-	14:33.45	5:49.31	11:11.9	6:57.9
69 BAILEY, Connor	7	1920	MS_Edgewood-Col	-	14:44.70	6:00.56	11:20.5	7:03.3
70 BISHOP, JiSeob	8	1964	MS_Mount Vernon	-	16:39.28	7:55.14	12:48.7	7:58.1
71 HENRY, Trevor	8	1945	MS_Janesville	-	16:44.84	8:00.70	12:53.0	8:00.8
72 PODUSKA, Zach	7	1959	MS_Mount Vernon	-	16:48.96	8:04.82	12:56.1	8:02.8

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**Race #1**  
**Boys Junior High 1.3 Mile**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
73 RECHKEMMER, Liam	7	2012	MS_Wapsie Valley	(38)	17:22.48	8:38.34	13:21.9	8:18.8
74 MIZER, Sam	8	1969	MS_Mount Vernon	-	17:53.89	9:09.75	13:46.1	8:33.8
75 CLOUGH, Rowan	7	1952	MS_Mount Vernon	-	19:25.33	10:41.1	14:56.4	9:17.6
76 SHEPARD, Oliver	7	1903	MS_Benton Comm	(39)	20:35.00	11:50.8	15:50.0	9:50.9
77 BRANNICK, Cyrus	7	1927	MS_Iowa Falls-Alde	-	25:14.03	16:29.8	19:24.6	12:04.4
-- MCFARLANE, Wyatt	7	1900	MS_Benton Comm	-			---	---
-- SHANNON, Finnegan	8	1926	MS_Independence	-			---	---
-- YOUNGBLUT, Cooper	7	1998	MS_Union	-			---	---
-- HOFFMAN, Brogan	7	2030	MS_Waverly-Shell	-			---	---
-- JOHNSON, Evertt	7	2031	MS_Waverly-Shell	-			---	---

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**Race #2**  
**Girls Junior High 1.3 Mile**

**Final Results****RACE SUMMARY**

Start Time: 4:16 pm

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Mount Vernon	26	1-2-4-8-11(14)(18)	56:19	11:16	1:06.6
2 MS_Iowa Falls-Alden MS	48	3-6-7-12-20(25)(27)	58:25	11:41	1:16.2
3 MS_Union	64	9-10-13-15-17(21)(28)	59:30	11:54	0:50.5
4 MS_Wapsie Valley	111	16-19-22-24-30(31)(38)	1:03:39	12:44	1:01.4
5 MS_Benton Community	118	5-23-26-29-35(39)(40)	1:04:31	12:55	2:42.7
6 MS_Waverly-Shell Rock	172	32-33-34-36-37	1:09:57	14:00	0:33.9
DNP MS_Janesville					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 JOHNSON, Torie	8	1989	MS_Mount Vernon	1	10:38.33	---	8:11.0	5:05.4
2 ROBINSON, Josie	8	1993	MS_Mount Vernon	2	11:09.24	30.91	8:34.8	5:20.2
3 RIEKS, Dryver	8	1944	MS_Iowa Falls-Alde	3	11:12.12	33.79	8:37.0	5:21.6
4 YEATER, Raelynn	7	1987	MS_Mount Vernon	4	11:14.53	36.20	8:38.9	5:22.7
5 TUTTLE, Kaylee	7	1910	MS_Benton Comm	5	11:26.45	48.12	8:48.0	5:28.4
6 STAUFFER, Eden	7	1938	MS_Iowa Falls-Alde	6	11:27.10	48.77	8:48.5	5:28.8
7 HEIDEN, Hattie	8	1942	MS_Iowa Falls-Alde	7	11:30.80	52.47	8:51.4	5:30.5
8 BRADBURY, Josie	7	1978	MS_Mount Vernon	8	11:31.14	52.81	8:51.6	5:30.7
9 SCHILDROTH, Olivia	8	2006	MS_Union	9	11:32.03	53.70	8:52.3	5:31.1
10 KEEGAN, Finley	8	2005	MS_Union	10	11:39.17	1:00.84	8:57.8	5:34.5
11 BOCK, Carly	7	1976	MS_Mount Vernon	11	11:44.85	1:06.52	9:02.2	5:37.2
12 NELSON, Mariah	7	1937	MS_Iowa Falls-Alde	12	11:46.28	1:07.95	9:03.3	5:37.9
13 PARSON, Annie	7	2004	MS_Union	13	11:50.37	1:12.04	9:06.4	5:39.9
14 STEWART, Charlie	8	1994	MS_Mount Vernon	(14)	11:50.59	1:12.26	9:06.6	5:40.0
15 TOENGES, Kayla	8	2007	MS_Union	15	12:05.28	1:26.95	9:17.9	5:47.0
16 SHANNON, Emry	8	2022	MS_Wapsie Valley	16	12:17.32	1:38.99	9:27.2	5:52.8
17 GARCIA, Brooklyn	7	2001	MS_Union	17	12:22.52	1:44.19	9:31.2	5:55.3
18 MICHEEL, Addie	8	1991	MS_Mount Vernon	(18)	12:23.96	1:45.63	9:32.3	5:56.0
19 OLBERDING, Violet	7	1983	MS_Mount Vernon	-	12:26.13	1:47.80	9:33.9	5:57.0
20 SCHARES, Nora	8	2020	MS_Wapsie Valley	19	12:26.89	1:48.56	9:34.5	5:57.4
21 HOVERSTEN, Finley	8	1943	MS_Iowa Falls-Alde	20	12:28.27	1:49.94	9:35.6	5:58.0
22 MOEHLMAN, Eliza	8	1992	MS_Mount Vernon	-	12:29.64	1:51.31	9:36.6	5:58.7
23 SANDERSON, Anna	8	1948	MS_Janesville	-	12:35.34	1:57.01	9:41.0	6:01.4
24 MILLER, Ainsley	7	2003	MS_Union	(21)	12:37.37	1:59.04	9:42.6	6:02.4
25 SCHUTTE, Amy	8	2021	MS_Wapsie Valley	22	12:47.15	2:08.82	9:50.1	6:07.1
26 CRETIN, Anna	8	1913	MS_Benton Comm	23	12:47.74	2:09.41	9:50.6	6:07.3
27 STUBER, Eilly	8	2024	MS_Wapsie Valley	24	12:48.72	2:10.39	9:51.3	6:07.8
28 CHRISTENSEN, Hattie	8	1940	MS_Iowa Falls-Alde	(25)	12:49.73	2:11.40	9:52.1	6:08.3
29 HUTTON, Zoey	8	1916	MS_Benton Comm	26	12:50.40	2:12.07	9:52.6	6:08.6
30 SELLNER, Aubrey	7	1985	MS_Mount Vernon	-	12:54.29	2:15.96	9:55.6	6:10.5
31 VAVRICEK, Kate	7	1986	MS_Mount Vernon	-	13:00.02	2:21.69	10:00.0	6:13.2
32 COOK, AnnaLeah	8	1941	MS_Iowa Falls-Alde	(27)	13:01.76	2:23.43	10:01.4	6:14.0
33 GRIMM, Lucy	7	2002	MS_Union	(28)	13:04.00	2:25.67	10:03.1	6:15.1

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**Race #2**  
**Girls Junior High 1.3 Mile**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
34 BIRCH, Leigha	8	1911	MS_Benton Comm	29	13:16.80	2:38.47	10:12.9	6:21.2
35 MEYER, Eliza	8	2018	MS_Wapsie Valley	30	13:18.72	2:40.39	10:14.4	6:22.2
36 FRANCK, Addison	8	2016	MS_Wapsie Valley	(31)	13:33.05	2:54.72	10:25.4	6:29.0
37 MARLER, Jaidalyn	7	2043	MS_Waverly-Shell	32	13:39.06	3:00.73	10:30.0	6:31.9
38 LORENZEN, Kaitlyn	7	1936	MS_Iowa Falls-Alde	-	13:41.75	3:03.42	10:32.1	6:33.2
39 WHITNEY, Elysia	7	2047	MS_Waverly-Shell	33	13:54.18	3:15.85	10:41.7	6:39.1
40 MOORE, Holly	7	2045	MS_Waverly-Shell	34	14:00.17	3:21.84	10:46.3	6:42.0
41 MEHLERT, Leigha	7	1909	MS_Benton Comm	35	14:09.12	3:30.79	10:53.2	6:46.3
42 NIXT, Alana	7	2046	MS_Waverly-Shell	36	14:10.53	3:32.20	10:54.3	6:47.0
43 MONROE, Riley	7	2044	MS_Waverly-Shell	37	14:12.96	3:34.63	10:56.1	6:48.1
44 STUBER, Alyssa	8	2023	MS_Wapsie Valley	(38)	14:23.15	3:44.82	11:04.0	6:53.0
45 FRANCK, Arizona	8	2017	MS_Wapsie Valley	-	14:23.19	3:44.86	11:04.0	6:53.0
46 KRUSE, Lacey	7	1907	MS_Benton Comm	(39)	14:25.37	3:47.04	11:05.7	6:54.1
47 DAVIE, Pierson	7	2014	MS_Wapsie Valley	-	14:30.71	3:52.38	11:09.8	6:56.6
48 BEHNKE, Elis	8	2015	MS_Wapsie Valley	-	15:05.52	4:27.19	11:36.6	7:13.3
49 ZITTERGRUEN, Kinley	8	1919	MS_Benton Comm	(40)	15:25.74	4:47.41	11:52.1	7:22.9
50 MURPHY, Clare	8	2019	MS_Wapsie Valley	-	16:06.83	5:28.50	12:23.7	7:42.6
51 KUKER, Channing	8	1990	MS_Mount Vernon	-	16:13.92	5:35.59	12:29.2	7:46.0
52 SZURLEY, Reagan	8	2025	MS_Wapsie Valley	-	16:43.93	6:05.60	12:52.3	8:00.3
53 GAEDE, Reese	7	1980	MS_Mount Vernon	-	17:16.53	6:38.20	13:17.3	8:15.9
54 LINT, Americus	7	1908	MS_Benton Comm	-	18:12.70	7:34.37	14:00.5	8:42.8
55 SCHNOOR, Abbie	7	1984	MS_Mount Vernon	-	19:22.23	8:43.90	14:54.0	9:16.1
56 HUNT, Genevieve	7	1982	MS_Mount Vernon	-	20:19.96	9:41.63	15:38.4	9:43.7

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**Race #3**  
**Girls High School Varsity**

**Final Results****RACE SUMMARY**

Start Time: 4:40 pm

**TEAM SCORING SUMMARY****Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Solon	38	2-6-9-10-11(17)	1:48:00	21:36	1:53.2
2 Clear Creek-Amana	41	3-4-7-12-15(21)(25)	1:49:18	21:52	1:38.4
3 Iowa Falls-Alden	95	5-8-16-32-34(35)	1:57:05	23:25	4:28.6
4 Waverly-Shell Rock	101	13-18-19-24-27(28)(31)	1:57:15	23:27	1:37.2
5 Union La Porte City	106	1-20-26-29-30(37)(40)	1:56:22	23:17	5:02.9
6 North Fayette Valley	152	22-23-33-36-38	2:06:08	25:14	3:19.9
7 Independence	179	14-39-41-42-43	2:26:25	29:17	9:15.5
DNP North Fayette Valley					
DNP Edgewood-Colesburg					
DNP Janesville					
DNP Iowa Falls-Alden					
DNP Solon					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 CONDON, Amilia	SR	2153	Union La Porte City	1	19:38.71	---	6:19.0	3:55.7
2 DEE, Sydney	SR	2130	Solon	2	20:33.86	55.15	6:36.7	4:06.8
3 BARKER, Kira	SR	1415	Clear Creek-Amana	3	21:10.10	1:31.39	6:48.4	4:14.0
4 KINZENBAW, Sara	SR	1416	Clear Creek-Amana	4	21:11.33	1:32.62	6:48.8	4:14.3
5 BEAUBIEN, Demi	JR	1885	Iowa Falls-Alden	5	21:16.39	1:37.68	6:50.4	4:15.3
6 MAI, Kinley	FR	2111	Solon	6	21:29.05	1:50.34	6:54.5	4:17.8
7 WHITMER, Kadence	SO	1413	Clear Creek-Amana	7	21:30.77	1:52.06	6:55.0	4:18.2
8 SMITH, Piper	JR	1888	Iowa Falls-Alden	8	21:31.69	1:52.98	6:55.3	4:18.3
9 SVALSTAD, Falyn	SO	2123	Solon	9	21:34.06	1:55.35	6:56.1	4:18.8
10 NELSON, Livya	FR	2114	Solon	10	21:55.97	2:17.26	7:03.1	4:23.2
11 SEAMANS, Addison	FR	2116	Solon	11	22:26.99	2:48.28	7:13.1	4:29.4
12 LEATHERS, Kelsey	SR	1417	Clear Creek-Amana	12	22:36.40	2:57.69	7:16.1	4:31.3
13 BORGLUM, Adali	JR	2186	Waverly-Shell Rock	13	22:38.69	2:59.98	7:16.9	4:31.7
14 RESSLER, Reaghan	SR	1785	Independence	14	22:45.09	3:06.38	7:18.9	4:33.0
15 LEIGHTON-DICK, Eva	SR	1498	Clear Creek-Amana	15	22:48.41	3:09.70	7:20.0	4:33.7
16 STILWELL, Chloe	SO	1884	Iowa Falls-Alden	16	23:05.50	3:26.79	7:25.5	4:37.1
17 SHEELEY, Ella	SR	2137	Solon	(17)	23:07.03	3:28.32	7:26.0	4:37.4
18 KENT, Jailyn	SR	2194	Waverly-Shell Rock	18	23:11.42	3:32.71	7:27.4	4:38.3
19 NELSON, Kate	SO	2182	Waverly-Shell Rock	19	23:15.65	3:36.94	7:28.8	4:39.1
20 KIRBY, Ellie	SR	1511	Edgewood-Colesbu	-	23:24.34	3:45.63	7:31.6	4:40.9
21 ALBERTSEN, Brynn	JR	2149	Union La Porte City	20	23:31.75	3:53.04	7:33.9	4:42.4
22 WYANT, Raegan	SR	1501	Clear Creek-Amana	(21)	23:38.62	3:59.91	7:36.1	4:43.7
23 MURRAY, Annie	FR	2063	North Fayette Valle	22	23:43.57	4:04.86	7:37.7	4:44.7
24 MCGOWAN, Lexi	SO	2068	North Fayette Valle	23	23:43.84	4:05.13	7:37.8	4:44.8
25 BUCHANAN, Emma	SO	2178	Waverly-Shell Rock	24	23:53.19	4:14.48	7:40.8	4:46.6

**2024 INDEPENDENCE INVITATIONAL**

Independence, IA  
 MHI Cross Country Course  
 Host: Independence  
 Thursday, September 19, 2024

**MEET OFFICIALS**

**Meet Director:**  
Justin Putz  
**Meet Referee:**  
Bill Neal  
**Timing:**  
Shannon Event Timings



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**Race #3**  
**Girls High School Varsity**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
26 ROSENBERG, Keira	FR	1407	Clear Creek-Amana	(25)	23:56.43	4:17.72	7:41.9	4:47.3
27 TUDOR, Addie	JR	2151	Union La Porte City	26	23:59.78	4:21.07	7:43.0	4:48.0
28 SMITH, Emma	SR	2195	Waverly-Shell Rock	27	24:15.80	4:37.09	7:48.1	4:51.2
29 ENGELHARDT, Bella	SO	2179	Waverly-Shell Rock	(28)	24:22.37	4:43.66	7:50.2	4:52.5
30 CARLSON, Kate	SR	2152	Union La Porte City	29	24:29.41	4:50.70	7:52.5	4:53.9
31 LORENZEN, Lily	SR	2154	Union La Porte City	30	24:41.59	5:02.88	7:56.4	4:56.3
32 NURRE, Amanda	SO	1509	Edgewood-Colesbu	-	24:53.31	5:14.60	8:00.2	4:58.7
33 GRITTERS, Aliya	FR	2176	Waverly-Shell Rock	(31)	25:10.90	5:32.19	8:05.8	5:02.2
34 NELSON, Annika	SR	1892	Iowa Falls-Alden	32	25:26.23	5:47.52	8:10.7	5:05.2
35 ELLIOT, Kendall	FR	2062	North Fayette Valle	33	25:31.54	5:52.83	8:12.5	5:06.3
36 SMITH, Haley	JR	1887	Iowa Falls-Alden	34	25:44.98	6:06.27	8:16.8	5:09.0
37 LOZANO, Susana	FR	1881	Iowa Falls-Alden	(35)	25:45.68	6:06.97	8:17.0	5:09.1
38 KUHSE, Tristan	JR	2071	North Fayette Valle	36	26:05.57	6:26.86	8:23.4	5:13.1
39 JACKSON, Katie	SO	2147	Union La Porte City	(37)	26:26.92	6:48.21	8:30.3	5:17.4
40 HEIDEMANN, Maggie	FR	1898	Janesville	-	26:30.37	6:51.66	8:31.4	5:18.1
41 SWENSEN, Anna	FR	2064	North Fayette Valle	38	27:03.47	7:24.76	8:42.0	5:24.7
42 WHELOCK, Avery	SO	1774	Independence	39	28:52.10	9:13.39	9:16.9	5:46.4
43 FOELSKE, Izzy	FR	1897	Janesville	-	29:17.96	9:39.25	9:25.3	5:51.6
44 TUDOR, Mara	FR	2146	Union La Porte City	(40)	30:43.09	11:04.3	9:52.6	6:08.6
45 NICHOLS, Natalie	FR	1762	Independence	41	31:14.84	11:36.1	10:02.8	6:15.0
46 FARLEY, Bella	SO	1769	Independence	42	31:31.91	11:53.2	10:08.3	6:18.4
47 BANGHART, Brooklyn	JR	1778	Independence	43	32:00.59	12:21.8	10:17.6	6:24.1
48 BILDEN, Clara	SO	2067	North Fayette Valle	-			---	---
49 RIEKS, Danika	SO	1883	Iowa Falls-Alden	-			---	---
50 MEYER, Braelyn	SR	2074	North Fayette Valle	-			---	---
51 ROLWES, Ava	SO	2120	Solon	-			---	---



**2024 INDEPENDENCE INVITATIONAL**

Independence, IA  
 MHI Cross Country Course  
 Host: Independence  
 Thursday, September 19, 2024

**MEET OFFICIALS**

**Meet Director:**  
Justin Putz  
**Meet Referee:**  
Bill Neal  
**Timing:**  
Shannon Event Timings



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**Race #3**  
**Girls High School Junior Varsity**

**Final Results****RACE SUMMARY**

Start Time: 4:40 pm

**TEAM SCORING SUMMARY****Junior Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Solon	15	1-2-3-4-5(6)(9)	1:58:00	23:36	1:23.9
2 Clear Creek-Amana	61	7-11-12-13-18(22)(23)	2:10:51	26:11	2:37.0
3 Waverly-Shell Rock	66	8-10-15-16-17(24)(25)	2:13:21	26:41	2:25.1
4 Iowa Falls-Alden	100	14-19-20-21-26	2:37:21	31:29	18:29.3
DNP North Fayette Valley					
DNP Solon					
DNP Waverly-Shell Rock					
DNP Union La Porte City					
DNP Clear Creek-Amana					
DNP Edgewood-Colesburg					
DNP Iowa Falls-Alden					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 MCATEE, Rose	SR	2133	Solon	1	23:12.70	3:33.99	7:27.8	4:38.5
2 MURKEN, Kenley	FR	2113	Solon	2	23:21.95	3:43.24	7:30.8	4:40.4
3 ARMENTROUT, Quinn	FR	2104	Solon	3	23:21.98	3:43.27	7:30.8	4:40.4
4 STAHLER, Aly	SR	2138	Solon	4	23:26.31	3:47.60	7:32.2	4:41.3
5 FORDICE, Mya	SO	2118	Solon	5	24:36.57	4:57.86	7:54.8	4:55.3
6 SINNWELL, Joli	JR	2127	Solon	(6)	24:45.96	5:07.25	7:57.8	4:57.2
7 SCHULTE, Holley	SO	1411	Clear Creek-Amana	7	25:04.93	5:26.22	8:03.9	5:01.0
8 ROHNE, Jenna	JR	2189	Waverly-Shell Rock	8	25:14.01	5:35.30	8:06.8	5:02.8
9 KABELA, Beckitt	FR	2108	Solon	(9)	25:23.91	5:45.20	8:10.0	5:04.8
10 HUNZELMAN, Mollie	JR	2188	Waverly-Shell Rock	10	25:28.94	5:50.23	8:11.6	5:05.8
11 JANSEN, Jillian	SO	2119	Solon	-	25:50.62	6:11.91	8:18.6	5:10.1
12 MILLER, Lucy	SR	2136	Solon	-	25:53.12	6:14.41	8:19.4	5:10.6
13 KARSTEN, Emma	SO	1410	Clear Creek-Amana	11	25:57.98	6:19.27	8:21.0	5:11.6
14 CARTIER, Kennedy	SO	1409	Clear Creek-Amana	12	26:01.82	6:23.11	8:22.2	5:12.4
15 BERNARDY, Sydney	FR	1377	Clear Creek-Amana	13	26:03.95	6:25.24	8:22.9	5:12.8
16 MCCANDLESS, Madelyn	FR	2112	Solon	-	26:10.89	6:32.18	8:25.1	5:14.2
17 JOHNSON, Avery	FR	2107	Solon	-	26:18.89	6:40.18	8:27.7	5:15.8
18 BORBON TORRES, Issa	FR	1880	Iowa Falls-Alden	14	26:51.20	7:12.49	8:38.1	5:22.2
19 KUNKEL, Sydney	FR	2109	Solon	-	26:57.52	7:18.81	8:40.1	5:23.5
20 FOHRER, Maria	SR	2191	Waverly-Shell Rock	15	27:20.74	7:42.03	8:47.6	5:28.1
21 BARNHOUSE, Piper	SO	2117	Solon	-	27:23.27	7:44.56	8:48.4	5:28.7
22 HINEBAUGH, Lorolei	JR	2150	Union La Porte City	-	27:27.59	7:48.88	8:49.8	5:29.5
23 MILLER, Kailee	SR	2135	Solon	-	27:33.32	7:54.61	8:51.6	5:30.7
24 SIKORA, Taylor	SO	2184	Waverly-Shell Rock	16	27:37.65	7:58.94	8:53.0	5:31.5
25 ERICSON, Kaydence	FR	2175	Waverly-Shell Rock	17	27:39.05	8:00.34	8:53.5	5:31.8
26 SMITH, Emma	FR	1408	Clear Creek-Amana	18	27:41.90	8:03.19	8:54.4	5:32.4



**2024 INDEPENDENCE INVITATIONAL**

Independence, IA  
 MHI Cross Country Course  
 Host: Independence  
 Thursday, September 19, 2024

**MEET OFFICIALS**

**Meet Director:**  
 Justin Putz  
**Meet Referee:**  
 Bill Neal  
**Timing:**  
 Shannon Event Timings



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**Race #3**  
**Girls High School Junior Varsity**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
27 ASHBACKER, Marin	JR	2125	Solon	-	27:53.42	8:14.71	8:58.1	5:34.7
28 MILES, Sophia	SR	2134	Solon	-	28:06.32	8:27.61	9:02.2	5:37.3
29 WULFEKUHLE, Annabelle	FR	1508	Edgewood-Colesbu	-	28:08.54	8:29.83	9:02.9	5:37.7
30 STAHL, Piper	JR	2128	Solon	-	28:13.80	8:35.09	9:04.6	5:38.8
31 HEIDEN, Maggie	SO	1882	Iowa Falls-Alden	19	28:13.87	8:35.16	9:04.7	5:38.8
32 STAUFFER, Gabby	JR	1889	Iowa Falls-Alden	20	28:16.63	8:37.92	9:05.5	5:39.3
33 HENNEY, Kallyn	JR	1510	Edgewood-Colesbu	-	28:32.69	8:53.98	9:10.7	5:42.5
34 FULTS, Ava	JR	1886	Iowa Falls-Alden	21	28:37.91	8:59.20	9:12.4	5:43.6
35 WERNER, Kendall	SO	2124	Solon	-	29:04.84	9:26.13	9:21.0	5:49.0
36 SCHMIDT, Kayanna	SO	2121	Solon	-	29:08.45	9:29.74	9:22.2	5:49.7
37 HILL, Addy	FR	1378	Clear Creek-Amana	(22)	29:15.22	9:36.51	9:24.4	5:51.0
38 MUELLER, Alivia	JR	2072	North Fayette Valle	-	29:21.39	9:42.68	9:26.4	5:52.3
39 SIMISON, Miranda	SO	2122	Solon	-	29:26.57	9:47.86	9:28.0	5:53.3
40 TUDAHL, Megan	FR	2065	North Fayette Valle	-	29:27.79	9:49.08	9:28.4	5:53.6
41 TONELLI, Madi	SR	1500	Clear Creek-Amana	(23)	29:30.53	9:51.82	9:29.3	5:54.1
42 ANHALT, Emma	JR	2185	Waverly-Shell Rock	(24)	30:18.41	10:39.7	9:44.7	6:03.7
43 HANSEL, Ella	SR	2192	Waverly-Shell Rock	(25)	30:20.74	10:42.0	9:45.4	6:04.1
44 TRINIDAD, Lisbeth	SR	2077	North Fayette Valle	-	30:23.21	10:44.5	9:46.2	6:04.6
45 PARSON, Ruby	SR	2155	Union La Porte City	-	30:25.13	10:46.4	9:46.9	6:05.0
46 SCHWARTZ, Amri	SO	2183	Waverly-Shell Rock	-	30:57.77	11:19.0	9:57.4	6:11.6
47 JEROME, Emme	SO	2180	Waverly-Shell Rock	-	31:33.76	11:55.0	10:08.9	6:18.8
48 SCHUPBACH, Jisela	SO	2069	North Fayette Valle	-	31:50.81	12:12.1	10:14.4	6:22.2
49 MACKE, Caidence	FR	2110	Solon	-	33:17.40	13:38.6	10:42.3	6:39.5
50 HOUTAKKER, Violet	FR	2106	Solon	-	35:09.52	15:30.8	11:18.3	7:01.9
51 PEARSON, Skylar	FR	2145	Union La Porte City	-	38:23.71	18:45.0	12:20.7	7:40.7
52 WOLFF, Willa	SO	2148	Union La Porte City	-	41:30.67	21:51.9	13:20.9	8:18.1
53 HEINE, Ashley	SR	2193	Waverly-Shell Rock	-	42:10.23	22:31.5	13:33.6	8:26.0
54 EILDERTS, Olivia	SR	1891	Iowa Falls-Alden	26	45:20.42	25:41.7	14:34.7	9:04.1
55 ARCHER, Caitlyn	SR	1890	Iowa Falls-Alden	-			---	---
56 SHOUNICK, Alyssa	SO	1412	Clear Creek-Amana	-			---	---
57 MULDER, Tessa	JR	1414	Clear Creek-Amana	-			---	---
58 STOPKO, Olivia	SR	1499	Clear Creek-Amana	-			---	---
59 VAN GELDER, Lydia	FR	2066	North Fayette Valle	-			---	---
60 HOGAN, Lydia	SR	2132	Solon	-			---	---
61 STEINES, Cora	SO	2070	North Fayette Valle	-			---	---
62 POPENHAGEN, Alexa	JR	2073	North Fayette Valle	-			---	---
63 SCHULTZ, Ashton	SR	2075	North Fayette Valle	-			---	---
64 WHITNEY, Eryana	FR	2177	Waverly-Shell Rock	-			---	---
65 KETTLESON, Aya	SO	2181	Waverly-Shell Rock	-			---	---
66 BURGESS, Cameo	JR	2187	Waverly-Shell Rock	-			---	---
67 SCHNELL, Hannah	JR	2190	Waverly-Shell Rock	-			---	---
68 STEVENS, Lindi	SR	2196	Waverly-Shell Rock	-			---	---
69 DURR, Ellie	FR	2105	Solon	-			---	---
70 SCHMOOKE, Vivi	FR	2115	Solon	-			---	---
71 SHIPLEY, Layla	JR	2126	Solon	-			---	---
72 BONNEMA, Olivia	SR	2129	Solon	-			---	---

**2024 INDEPENDENCE INVITATIONAL**

Independence, IA  
MHI Cross Country Course  
Host: Independence  
Thursday, September 19, 2024

**MEET OFFICIALS**

**Meet Director:**  
Justin Putz  
**Meet Referee:**  
Bill Neal  
**Timing:**  
Shannon Event Timings



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**Race #3**  
**Girls High School Junior Varsity**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
73 GRIMM, Zoey	SR	2131	Solon	-		---	---	

**2024 INDEPENDENCE INVITATIONAL**

Independence, IA  
 MHI Cross Country Course  
 Host: Independence  
 Thursday, September 19, 2024

**MEET OFFICIALS**

**Meet Director:**  
Justin Putz  
**Meet Referee:**  
Bill Neal  
**Timing:**  
Shannon Event Timings



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**Race #4**  
**Boys High School Varsity**

**Final Results**

**RACE SUMMARY**

Start Time: 5:15 pm

**TEAM SCORING SUMMARY****Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Solon	33	4-5-6-7-11	1:36:05	19:13	1:10.3
2 Waverly-Shell Rock	39	1-3-9-12-14(16)(17)	1:34:50	18:58	3:27.4
3 North Fayette Valley	81	8-13-18-20-22(25)	1:42:34	20:31	1:45.4
4 Union La Porte City	97	2-15-23-28-29(30)	1:50:35	22:07	7:14.9
5 Independence	100	10-19-21-24-26(27)	1:46:21	21:17	2:55.3
DNP Iowa Falls-Alden					
DNP Janesville					
DNP Solon					
DNP North Fayette Valley					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 SOLDWISCH, Austin	SR	2174	Waverly-Shell Rock	1	16:45.43	---	5:23.3	3:21.1
2 SPENCE, Sawyer	JR	2143	Union La Porte City	2	17:57.61	1:12.18	5:46.5	3:35.5
3 KNUDSEN, Colin	SR	2173	Waverly-Shell Rock	3	18:17.08	1:31.65	5:52.8	3:39.4
4 HOLMES, Anders	FR	2078	Solon	4	18:37.42	1:51.99	5:59.3	3:43.5
5 MEZA, Rene	JR	2095	Solon	5	19:06.51	2:21.08	6:08.7	3:49.3
6 LYONS, Camden	JR	2093	Solon	6	19:16.14	2:30.71	6:11.7	3:51.2
7 RAASCH, Preston	FR	2081	Solon	7	19:16.94	2:31.51	6:12.0	3:51.4
8 HUCK, Robert	SO	2057	North Fayette Valle	8	19:43.34	2:57.91	6:20.5	3:56.7
9 HOMMOWUN, Matthew	FR	2158	Waverly-Shell Rock	9	19:44.06	2:58.63	6:20.7	3:56.8
10 SENNE, Nyles	FR	1513	Independence	10	19:46.78	3:01.35	6:21.6	3:57.4
11 WADDELL, Deacon	FR	2083	Solon	11	19:47.72	3:02.29	6:21.9	3:57.5
12 CHRISTENSEN, Zander	JR	2165	Waverly-Shell Rock	12	19:50.56	3:05.13	6:22.8	3:58.1
13 MILLER, Hunter	SR	1879	Iowa Falls-Alden	-	19:57.08	3:11.65	6:24.9	3:59.4
14 GABE, Stansbery	JR	2060	North Fayette Valle	13	19:57.30	3:11.87	6:25.0	3:59.5
15 GIBSON, Oliver	SO	2161	Waverly-Shell Rock	14	20:12.81	3:27.38	6:30.0	4:02.6
16 DAVIS, Cooper	SO	2141	Union La Porte City	15	20:30.91	3:45.48	6:35.8	4:06.2
17 GEERTS, Lucas	JR	2168	Waverly-Shell Rock	(16)	20:33.83	3:48.40	6:36.7	4:06.8
18 MUELLER, Gage	SO	2163	Waverly-Shell Rock	(17)	20:34.78	3:49.35	6:37.0	4:07.0
19 TRINIDAD, Elmer	SO	2058	North Fayette Valle	18	20:36.52	3:51.09	6:37.6	4:07.3
20 WIELAND, Tyler	SR	1616	Independence	19	20:43.93	3:58.50	6:40.0	4:08.8
21 GROVE, Brody	FR	2051	North Fayette Valle	20	20:47.82	4:02.39	6:41.2	4:09.6
22 WILSON, Tanner	SR	1643	Independence	21	20:48.84	4:03.41	6:41.6	4:09.8
23 MCLELLAN, Zach	SR	2061	North Fayette Valle	22	21:28.72	4:43.29	6:54.4	4:17.7
24 LEHMANN, Boaz	FR	1873	Iowa Falls-Alden	-	21:35.12	4:49.69	6:56.4	4:19.0
25 GRANZOW, Drew	SO	1875	Iowa Falls-Alden	-	21:59.11	5:13.68	7:04.2	4:23.8
26 UCHIYAMA-HANSEN, Keng	SR	2144	Union La Porte City	23	22:01.98	5:16.55	7:05.1	4:24.4
27 KIRCHOFF, Matthew	FR	1872	Iowa Falls-Alden	-	22:11.11	5:25.68	7:08.0	4:26.2
28 DECKER, Talan	SR	1611	Independence	24	22:19.32	5:33.89	7:10.6	4:27.9
29 WHITE, Bjorn	FR	2056	North Fayette Valle	(25)	22:32.55	5:47.12	7:14.9	4:30.5

**2024 INDEPENDENCE INVITATIONAL**

Independence, IA  
 MHI Cross Country Course  
 Host: Independence  
 Thursday, September 19, 2024

**MEET OFFICIALS**

**Meet Director:**  
 Justin Putz  
**Meet Referee:**  
 Bill Neal  
**Timing:**  
 Shannon Event Timings



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**Race #4**  
**Boys High School Varsity**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
30 PRUESS, Brody	FR	1512	Independence	26	22:42.05	5:56.62	7:18.0	4:32.4
31 GANSEN, Noah	FR	1893	Janesville	-	23:03.20	6:17.77	7:24.8	4:36.6
32 WESTENDORF, Jason	SO	1896	Janesville	-	23:18.83	6:33.40	7:29.8	4:39.8
33 POST, Cael	SR	1612	Independence	(27)	23:38.32	6:52.89	7:36.1	4:43.7
34 GRIMM, Ian	SO	2142	Union La Porte City	28	24:51.77	8:06.34	7:59.7	4:58.4
35 KEISTER, Tristan	FR	2139	Union La Porte City	29	25:12.44	8:27.01	8:06.3	5:02.5
36 STONEMAN, Cayden	FR	2140	Union La Porte City	(30)	25:49.91	9:04.48	8:18.4	5:10.0
37 LITTLE, Aidan	SO	1895	Janesville	-	34:21.99	17:36.5	11:03.0	6:52.4
38 MURPHY, Miller	FR	1894	Janesville	-	48:25.26	31:39.8	15:34.2	9:41.1
39 ELLIOT, Peyton	JR	2059	North Fayette Valle	-			---	---
40 NELSON, Isaiah	FR	1874	Iowa Falls-Alden	-			---	---
41 KIRCHOFF, Sam	SO	1876	Iowa Falls-Alden	-			---	---
42 MICHELS, Spencer	JR	2096	Solon	-			---	---
43 BURG, Evan	SR	2101	Solon	-			---	---

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**Race #4**  
**Boys High School Junior Varsity**

**Final Results****RACE SUMMARY**

Start Time: 5:15 pm

**TEAM SCORING SUMMARY****Junior Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Clear Creek-Amana	16	1-2-3-4-6(9)(10)	1:38:16	19:40	0:48.1
2 Solon	49	5-8-11-12-13(21)(22)	1:45:05	21:01	2:13.3
3 Waverly-Shell Rock	74	7-15-16-17-19(20)(26)	1:51:18	22:16	2:55.5
4 Edgewood-Colesburg	119	14-23-24-25-33	2:03:29	24:42	7:25.3
5 North Fayette Valley	132	18-27-28-29-30(31)(32)	2:05:47	25:10	3:13.8
DNP Waverly-Shell Rock					
DNP Iowa Falls-Alden					
DNP Independence					
DNP Clear Creek-Amana					
DNP Solon					
DNP Edgewood-Colesburg					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 HANKINS, Odin	JR	1373	Clear Creek-Amana	1	19:19.45	2:34.02	6:12.8	3:51.9
2 STEENHOEK, Charles	FR	1116	Clear Creek-Amana	2	19:26.40	2:40.97	6:15.0	3:53.3
3 JENSEN, Quade	FR	1113	Clear Creek-Amana	3	19:40.65	2:55.22	6:19.6	3:56.1
4 MILLER, Mason	SO	1205	Clear Creek-Amana	4	19:41.51	2:56.08	6:19.9	3:56.3
5 YOUNG, Owen	JR	2100	Solon	5	19:52.51	3:07.08	6:23.4	3:58.5
6 BURKLE, Caden	JR	1299	Clear Creek-Amana	6	20:07.54	3:22.11	6:28.3	4:01.5
7 SCHARA, Baily	SO	2164	Waverly-Shell Rock	7	20:11.33	3:25.90	6:29.5	4:02.3
8 FERIN, Max	SR	2102	Solon	8	20:21.69	3:36.26	6:32.8	4:04.3
9 TIMMERMAN, Jack	FR	1128	Clear Creek-Amana	(9)	20:27.74	3:42.31	6:34.8	4:05.5
10 BRAY, Bo	SO	1134	Clear Creek-Amana	(10)	20:33.70	3:48.27	6:36.7	4:06.7
11 IBURG, Wyatt	FR	1104	Clear Creek-Amana	-	20:38.60	3:53.17	6:38.3	4:07.7
12 MAI, Caden	JR	2094	Solon	11	20:51.33	4:05.90	6:42.4	4:10.3
13 DUNKIN, Kameron	JR	1372	Clear Creek-Amana	-	21:08.38	4:22.95	6:47.8	4:13.7
14 THOMPSON, Elijah	SO	1210	Clear Creek-Amana	-	21:09.94	4:24.51	6:48.3	4:14.0
15 KENNE, Keegan	SR	1375	Clear Creek-Amana	-	21:18.05	4:32.62	6:50.9	4:15.6
16 PETTIT, Charlie	JR	2097	Solon	12	21:52.92	5:07.49	7:02.2	4:22.6
17 BAKER, Braydon	JR	2091	Solon	13	22:05.79	5:20.36	7:06.3	4:25.2
18 COLVIN, Riley	JR	1334	Clear Creek-Amana	-	22:08.77	5:23.34	7:07.3	4:25.8
19 BAILEY, Eli	FR	1502	Edgewood-Colesbu	14	22:11.78	5:26.35	7:08.2	4:26.4
20 REULING, Wouter	JR	2169	Waverly-Shell Rock	15	22:13.90	5:28.47	7:08.9	4:26.8
21 KAHLER, Noah	SO	2162	Waverly-Shell Rock	16	22:42.26	5:56.83	7:18.0	4:32.5
22 DAVIDSON, Henry	JR	1371	Clear Creek-Amana	-	22:45.56	6:00.13	7:19.1	4:33.1
23 PITRA, Tati	JR	1374	Clear Creek-Amana	-	22:52.39	6:06.96	7:21.3	4:34.5
24 DECKER, Michael	SR	1515	Independence	-	22:59.73	6:14.30	7:23.6	4:35.9
25 CORLEY, Brady	JR	2166	Waverly-Shell Rock	17	23:03.18	6:17.75	7:24.8	4:36.6
26 SASS, Sam	FR	2054	North Fayette Valle	18	23:05.18	6:19.75	7:25.4	4:37.0

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**Race #4**  
**Boys High School Junior Varsity**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
27 LORENZEN, Lincoln	FR	2159	Waverly-Shell Rock	19	23:06.75	6:21.32	7:25.9	4:37.4
28 ALLEN, Nick	SR	2171	Waverly-Shell Rock	(20)	23:10.72	6:25.29	7:27.2	4:38.1
29 YEOMANS, Ben	SO	2090	Solon	(21)	23:12.81	6:27.38	7:27.8	4:38.6
30 MEZA, Evzen	SR	2103	Solon	(22)	23:15.33	6:29.90	7:28.7	4:39.1
31 COLE, Kyler	SR	1507	Edgewood-Colesbu	23	23:35.70	6:50.27	7:35.2	4:43.1
32 MCATEE, Will	FR	2080	Solon	-	23:58.93	7:13.50	7:42.7	4:47.8
33 LEITZEN, Caleb	SO	1877	Iowa Falls-Alden	-	24:00.42	7:14.99	7:43.2	4:48.1
34 STANNARD, Bryce	JR	1506	Edgewood-Colesbu	24	24:01.66	7:16.23	7:43.6	4:48.3
35 HELMRICHS, Cael	JR	1504	Edgewood-Colesbu	25	24:01.98	7:16.55	7:43.7	4:48.4
36 FLOSSBACH, Nils	JR	1514	Independence	-	24:12.43	7:27.00	7:47.0	4:50.5
37 COONEY, Clayton	SO	2086	Solon	-	24:14.59	7:29.16	7:47.7	4:50.9
38 DEUR, Mason	FR	2156	Waverly-Shell Rock	(26)	24:20.24	7:34.81	7:49.5	4:52.0
39 LARY, Beck	FR	2079	Solon	-	24:23.81	7:38.38	7:50.7	4:52.8
40 GRINDLE, Cameron	FR	987	Clear Creek-Amana	-	24:45.14	7:59.71	7:57.5	4:57.0
41 CALEF, Jason	SO	2085	Solon	-	25:00.62	8:15.19	8:02.5	5:00.1
42 MOELLERING, Esten	FR	2053	North Fayette Valle	27	25:07.36	8:21.93	8:04.7	5:01.5
43 RESSLER, Ethan	JR	2099	Solon	-	25:09.59	8:24.16	8:05.4	5:01.9
44 VIET, Harber	SO	2089	Solon	-	25:11.75	8:26.32	8:06.1	5:02.4
45 BOUGHTON, Noah	FR	986	Clear Creek-Amana	-	25:12.94	8:27.51	8:06.5	5:02.6
46 BRINKS, Issac	FR	2048	North Fayette Valle	28	25:34.24	8:48.81	8:13.3	5:06.8
47 GRIFFITH, Holden	FR	2050	North Fayette Valle	29	25:40.92	8:55.49	8:15.5	5:08.2
48 BOUSKA, Korbin	SO	2160	Waverly-Shell Rock	-	25:49.56	9:04.13	8:18.3	5:09.9
49 GEARHART, Aleczander	FR	2049	North Fayette Valle	30	26:18.93	9:33.50	8:27.7	5:15.8
50 STANSBERY, Tytus	FR	2055	North Fayette Valle	(31)	26:32.66	9:47.23	8:32.1	5:18.5
51 REKERS, Owen	JR	2098	Solon	-	26:37.08	9:51.65	8:33.5	5:19.4
52 DEVRIES, Gustav	FR	2157	Waverly-Shell Rock	-	26:47.23	10:01.8	8:36.8	5:21.4
53 KOVARIK, Andrew	FR	2052	North Fayette Valle	(32)	27:03.68	10:18.2	8:42.1	5:24.7
54 GLEASON, Evan	SO	2088	Solon	-	28:30.22	11:44.7	9:09.9	5:42.0
55 GATTS, Lochlan	JR	2092	Solon	-	28:36.27	11:50.8	9:11.9	5:43.3
56 RENAUD, Layton	SO	1878	Iowa Falls-Alden	-	28:37.59	11:52.1	9:12.3	5:43.5
57 OLIND, McCoy	JR	1505	Edgewood-Colesbu	33	29:37.01	12:51.5	9:31.4	5:55.4
58 FETZER, Benjamin	SO	2087	Solon	-	31:28.17	14:42.7	10:07.1	6:17.6
59 BALL, Porter	SO	2084	Solon	-	39:02.26	22:16.8	12:33.1	7:48.5
60 JENSEN, Shane	SO	1203	Clear Creek-Amana	-			---	---
61 BERGESEN, Nicolai	JR	1503	Edgewood-Colesbu	-			---	---
62 FELDHAKE, Anthony	JR	2167	Waverly-Shell Rock	-			---	---
63 SMOLIKHAGEN, Gabe	JR	2170	Waverly-Shell Rock	-			---	---
64 BIRD, Tsion	SR	2172	Waverly-Shell Rock	-			---	---
65 STRANBERG, Ian	FR	2082	Solon	-			---	---