

Woodbury Central XC Invitational - 9/17/2024
Meadows Golf Course
Moville, Iowa

Event 1 Girls 5k Run CC Varsity & JV

Name	Year	School	Finals	Points
Varsity Results 5000 Run				
1 Putze, Rachel	11	V-Wc-Kp-Rv	20:53.86	1
2 Broer, Chloe	11	V-West Monon	21:21.87	
3 Whiteshirt, Lilly	12	V-Sioux City West	22:50.46	2
4 Lang, Ava	12	V-Hinton Hig	23:06.32	3
5 Hansen, Bailee	10	V-Sioux City West	23:19.99	4
6 Bockenstedt, Bjella	11	V-Sgt Bluff	23:45.26	5
7 Scott, Emma	11	V-Sioux City East	23:46.83	
8 Ameen, Cheyenne	12	V-Lawton Bronson	23:50.39	6
9 Regier, Reese	10	V-Hinton Hig	24:14.97	7
10 Kamm, Lilin	11	V-Sioux City East	24:38.33	
11 Mesz, Kaylee	10	V-Lawton Bronson	24:42.97	8
12 Hannah, CJ	12	V-Wc-Kp-Rv	25:05.59	9
13 Pajazetovic, Alisa	11	V-Mmc-Ru HS	25:12.42	10
14 Larrabee, Lexi	10	V-Sgt Bluff	25:31.81	11
15 O'Brien, Aubree	09	V-Lawton Bronson	25:41.79	12
16 Vanderlinden, Ella	09	V-Sioux City East	25:50.01	
17 McKenna, Natalie	10	V-Lawton Bronson	25:59.52	13
18 Lockamy, Jayci	11	V-Sioux City East	26:02.01	
19 Prevail, Mady	10	V-Sioux City West	26:20.43	14
20 Fiegel, Claire	09	V-Sgt Bluff	26:40.48	15
21 Haveman, Lela	12	V-Lawton Bronson	26:51.18	16
22 Eisenga, Taya	11	V-Sxland Christi	27:09.28	
23 Smith, Addison	12	V-Lawton Bronson	27:14.09	17
24 Marnell, Alexandria	12	V-Westwood S	27:29.28	18
25 Harper, Ruby	12	V-Hinton Hig	27:47.64	19
26 Krajicek, Autumn	09	V-Wc-Kp-Rv	28:03.13	20
27 Hodgson, Isabell	10	V-Hinton Hig	28:11.72	21
28 Salter, Ashlynn	10	V-Sgt Bluff	28:14.22	22
29 Stevens, Sarah	09	V-Sgt Bluff	28:17.50	23
30 Winter, Olivia	12	V-Sgt Bluff	28:18.76	24
31 Juhl, Annika	10	V-Mmc-Ru HS	28:20.27	25
32 Zermeno, Angela	11	V-Sioux City West	28:34.11	26
33 Robinson, Delaney	12	V-Sgt Bluff	28:46.74	27
34 Etter, Audrey	12	V-Mmc-Ru HS	28:51.79	28
35 McFarland, Josie	10	V-Westwood S	29:17.44	29
36 Cooke, Lily	09	V-Wc-Kp-Rv	29:29.94	30
37 Jarvis, Haylee	12	V-Hinton Hig	29:44.34	31
38 Buhman, Kimber	12	V-Sioux City West	29:44.99	32
39 Ryan, Jaide	10	V-Wc-Kp-Rv	30:58.85	33
40 Christoffersen, Keely	11	V-Westwood S	31:17.15	34
41 Anderson, Alyssa	09	V-Westwood S	31:41.58	35
42 Jorgensen, Lauryn	11	V-Westwood S	32:02.53	36
43 Etter, Sophia	11	V-Mmc-Ru HS	32:33.71	37
44 Gemberling, Khloe	10	V-Westwood S	32:37.34	38
45 Vogt, Morgan	12	V-Hinton Hig	33:01.99	39
46 McDonald, Kora	09	V-Westwood S	33:24.28	40
47 Hoefling, Allison	11	V-Hinton Hig	34:35.19	41
48 Gomez, Desyree	12	V-Sioux City West	35:02.57	42
49 McGrain, Maisey	09	V-Whiting Hi	35:10.16	
50 Nissen-Teepe, Rylee	09	V-Mmc-Ru HS	35:10.98	43
51 Smith, Keegan		V-Lawton Bronson	37:56.25	44
52 Lux, Brianna	12	V-Wc-Kp-Rv	38:24.41	45
Junior Varsity Results 5000 Run				

1	Berglund, Kendra	12	Sgt Bluff Hi	27:39.17	1
2	Mejia, Vanessa	09	Sgt Bluff Hi	29:45.51	2
3	Tisher, Maddie	10	Sgt Bluff Hi	29:51.40	3
4	Layman, Violet	12	Sgt Bluff Hi	30:02.19	4
5	Clark, Mikaela	10	Hinton High School	30:07.32	5
6	Sypersma, Kayla	11	Hinton High School	30:09.86	6
7	Philip, Zenita	10	Sgt Bluff Hi	30:11.66	7
8	Sayor, Emma	12	Sgt Bluff Hi	30:18.10	8
9	Bos, Ava	10	Sgt Bluff Hi	30:24.60	9
10	Lengkeek, Baileigh	11	Sioux City East	30:32.54	
11	Borrall, Addie	09	Sioux City East	31:02.47	
12	Streck, Sadee	12	Sgt Bluff Hi	31:35.75	
13	Skatges, Kaitlyn	11	Sgt Bluff Hi	31:46.10	
14	Trierweiler, Megan	10	Hinton High School	32:56.20	10
15	Sudbeck, Lilly	09	Hinton High School	32:56.63	11
16	Reynolds, Esther	10	Siouxland Christian	33:01.03	
17	Cappetta, Emma	09	Sgt Bluff Hi	33:24.34	
18	Talbert, Haylie	10	Siouxland Christian	33:41.70	
19	Lastor, Kaylee	09	Sioux City West	34:21.20	
20	Espinoza, Jocelin	09	Sgt Bluff Hi	34:38.40	
21	Lokoley, Lokhom	10	Sioux City East	34:39.84	
22	Haas Serrato, Rhyleigh	09	Sioux City West	34:46.56	
23	Russell, Sadie	12	Westwood Slo	35:18.31	
24	Jent, Aylah	12	Sgt Bluff Hi	35:52.16	
25	Crew, Olivia	10	Lawton Bronson	36:42.05	
26	Carillo, Sylvia	09	Sioux City West	38:02.19	
27	Koerner, Rebekah	09	Lawton Bronson	39:23.70	
28	Hertenstein, Ellie	10	Hinton High School	42:56.19	12

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Junior Varsity Results 5000 Run											
1	Sgt Bluff High School	17	1	2	3	4	7	8	9		
	Total Time:	2:27:29.93									
	Average:	29:29.99									
2	Hinton High School	44	5	6	10	11	12				
	Total Time:	2:49:06.20									
	Average:	33:49.24									
Varsity Results 5000 Run											
1	V-Lawton Bronson	55	6	8	12	13	16	17	44		
	Total Time:	2:07:05.85									
	Average:	25:25.17									
2	V-Sgt Bluff High School	76	5	11	15	22	23	24	27		
	Total Time:	2:12:29.27									
	Average:	26:29.86									
3	V-Sioux City West	78	2	4	14	26	32	42			
	Total Time:	2:10:49.98									
	Average:	26:10.00									
4	V-Hinton High School	81	3	7	19	21	31	39	41		
	Total Time:	2:13:04.99									
	Average:	26:37.00									
5	V-Wc-Kp-Rv	93	1	9	20	30	33	45			
	Total Time:	2:14:31.37									
	Average:	26:54.28									
6	V-Mmc-Ru HS	143	10	25	28	37	43				
	Total Time:	2:30:09.17									
	Average:	30:01.84									
7	V-Westwood Sloan High Sch	152	18	29	34	35	36	38	40		
	Total Time:	2:31:47.98									
	Average:	30:21.60									

Woodbury Central XC Invitational - 9/17/2024
Meadows Golf Course
Moville, Iowa

Event 3 Boys 5k Run CC Varsity & JV

Name	Year	School	Finals	Points
Varsity Results 5000 Run				
1 Delarosa, Daniel	11	V-Sgt Bluff	18:51.72	1
2 Lincoln, Andrew	10	V-Sgt Bluff	18:56.89	2
3 Carlson, Brighton	10	V-Lawton Bronson	19:06.66	3
4 Bower, Caleb	11	V-Hinton Hig	19:13.01	4
5 Braun, Lucas	12	V-Mmc-Ru HS	19:17.56	5
6 Koepke, Kaden	11	V-Sioux City East	19:19.03	
7 Larrabee, Ayden	11	V-Sgt Bluff	19:21.69	6
8 McCormick, David	09	V-Sgt Bluff	19:24.19	7
9 Vanhouten, Collin	11	V-Wc-Kp-Rv	19:34.22	8
10 Metcalf, Devin	11	V-Wc-Kp-Rv	19:38.36	9
11 Small, JoJo	12	V-Sioux City West	19:49.05	10
12 Adams, Zach	10	V-Lawton Bronson	19:50.48	11
13 Staab, Clint	12	V-Mmc-Ru HS	19:58.42	12
14 Walsh, Ben	11	V-Sgt Bluff	20:01.38	13
15 Johnson, Emmett	10	V-Sioux City East	20:03.42	
16 Kueffer, Baylen	10	V-Sgt Bluff	20:11.18	14
17 Buffington, Ethan	10	V-Lawton Bronson	20:17.74	15
18 Laurich, Ethan	09	V-Sxland Christi	20:26.36	
19 Chwirka, Dylan	11	V-Sioux City East	20:32.65	
20 Baker, Boston	11	V-Wc-Kp-Rv	20:35.01	16
21 Buono, Hunter	10	V-Lawton Bronson	20:38.87	17
22 Koehler, Erik	10	V-Sxland Christi	20:50.30	
23 Clayton, Jacob	10	V-Westwood S	21:04.80	18
24 Cook, David	09	V-Sioux City East	21:10.99	
25 Walsh, Luke	09	V-Sgt Bluff	21:37.86	19
26 Nelson, Cooper	12	V-Hinton Hig	21:57.66	20
27 Moore, Scott	09	V-Sioux City West	22:24.96	21
28 Pateliski, Lucas	10	V-Lawton Bronson	22:25.39	22
29 Doenhoefler, Robby	12	V-Lawton Bronson	22:27.53	23
30 Susie, Drake	10	V-Wc-Kp-Rv	22:30.87	24
31 Doran, Brecken	09	V-Sioux City West	22:33.90	25
32 Fisher, Henry	10	V-Sioux City West	22:42.29	26
33 Willis, Kaedyn	11	V-Wc-Kp-Rv	22:53.14	27
34 Greigg, Ian	12	V-Hinton Hig	23:22.28	28
35 Galles, Karsen	10	V-Mmc-Ru HS	23:51.19	29
36 Limon, Antelmo	09	V-Sioux City West	24:05.97	30
37 Edwards, Colton	11	V-Wc-Kp-Rv	24:22.95	31
38 Rich, Isaac	11	V-Whiting Hi	25:11.80	
39 Kennedy, Adam	10	V-Hinton Hig	25:12.00	32
40 Pittet, Jaxon	11	V-West Monon	25:28.80	
41 Sudbeck, Carson	12	V-Hinton Hig	25:48.68	33
42 Braun, Jeff	09	V-Mmc-Ru HS	26:29.70	34
43 Joseph, DJ	09	V-Sioux City West	26:47.22	35
44 Jessen, Ethan	10	V-Wc-Kp-Rv	27:00.75	36
45 Christoffersen, Korben	11	V-Westwood S	27:07.60	37
46 Pepper, Max	12	V-Mmc-Ru HS	28:03.11	38
47 Seggerman, Noah	12	V-Westwood S	28:16.69	39
48 Wilson, Joseph	11	V-Sioux City West	28:55.47	40
49 Doty, Aiden	11	V-West Monon	31:24.81	
50 Matthias, Cael	12	V-Westwood S	36:14.15	41
51 Kepner, Easton	11	V-Westwood S	36:39.08	42
Junior Varsity Results 5000 Run				
1 Vargas-Gaytan, Alejandro	12	Sgt Bluff Hi	19:31.84	1

2	TerWee, Hudson	09	Sgt Bluff Hi	19:36.33	2
3	Ingenthron, Grayson	09	Sioux City East	21:15.42	3
4	Tendal, Kyler	10	Sgt Bluff Hi	21:24.92	4
5	McCormick, Brody	09	Sgt Bluff Hi	21:31.01	5
6	Smith, Jimmy	10	Sioux City West	21:36.12	
7	Keokenchanh, Isaac	10	Sgt Bluff Hi	21:40.34	6
8	Whitlock, Dekeyn	09	Sioux City East	21:40.77	7
9	McRoberts, Ayden	12	Sgt Bluff Hi	21:49.89	8
10	Gray, Josh	09	Sgt Bluff Hi	21:51.42	9
11	Dandurand, Noah	12	Sioux City East	21:55.28	10
12	Mullenix, Tyler	10	Sgt Bluff Hi	22:00.59	
13	Zamyatin, Simon	10	Lawton Bronson	22:12.44	11
14	Koson, Reed	09	Sioux City East	22:24.89	12
15	Jensen, Keyton	11	Sgt Bluff Hi	22:59.43	
16	Eggleston, Luther	9	Lawton Bronson	23:47.49	13
17	Burton, Kenneth	09	Sioux City East	23:47.62	14
18	Kosiba, Costa	10	Sioux City East	24:02.52	15
19	Strehlow, Bodie	9	Lawton Bronson	24:12.43	16
20	Wimmer, Aiden	09	Sgt Bluff Hi	24:33.92	
21	Hernandez, Daniel	11	Sgt Bluff Hi	24:40.32	
22	Leitru, Alex	09	Hinton High School	24:59.18	
23	Millard, Ian	10	Sioux City East	25:12.56	17
24	Crow, Aleks	11	Wc-Kp-Rv	25:36.63	
25	Harvey, Michael	10	Lawton Bronson	25:39.39	18
26	White, Oliver	09	Lawton Bronson	26:01.21	19
27	Franks, Tristen	9	Lawton Bronson	26:22.90	20
28	Ramos, Estuardo	09	Sioux City West	26:47.28	
29	Mitchell, Marque	09	Walthill	27:19.96	
30	Berglund, Owen	09	Sgt Bluff Hi	27:54.38	
31	Haider, Brett	10	Sgt Bluff Hi	28:12.76	
32	Palsma, Arick	9	Lawton Bronson	31:13.29	21

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Junior Varsity Results 5000 Run

1	Sgt Bluff High School	18	1	2	4	5	6	8	9
	Total Time:								
	Average:								
2	Sioux City East	46	3	7	10	12	14	15	17
	Total Time:								
	Average:								
3	Lawton Bronson	77	11	13	16	18	19	20	21
	Total Time:								
	Average:								

Varsity Results 5000 Run

1	V-Sgt Bluff High School	29	1	2	6	7	13	14	19
	Total Time:								
	Average:								
2	V-Lawton Bronson	68	3	11	15	17	22	23	
	Total Time:								
	Average:								
3	V-Wc-Kp-Rv	84	8	9	16	24	27	31	36
	Total Time:								
	Average:								
4	V-Sioux City West	112	10	21	25	26	30	35	40
	Total Time:								
	Average:								
5	V-Hinton High School	117	4	20	28	32	33		
	Total Time:								
	Average:								
6	V-Mmc-Ru HS	118	5	12	29	34	38		
	Total Time:								
	Average:								

7 V-Westwood Sloan High Sch	177	18	37	39	41	42
Total Time:	2:29:22.32					
Average:	29:52.47					

Woodbury Central XC Invitational - 9/17/2024
Meadows Golf Course
Merville, Iowa

Event 6 Mixed 1.5 Mile Run CC Junior High

Name	Year School	Finals	Points
Results - Women 1.5 Mile Run			
1 Polzin, Briella	W8 Sgt. Bluff-Luton	10:33.75	1
2 Riediger, Stella	W08 Hinton High School	11:28.94	
3 Irvin, Hope	W8 Siouxland Christian	11:37.05	2
4 Odell, Sara	W8 Sgt. Bluff-Luton	11:48.18	3
5 Buono, Hannah	W8 Lawton Bronson	12:23.88	4
6 Rassel, Julianne	W08 Sgt. Bluff-Luton	13:16.21	5
7 Reynolds, Anna	W8 Siouxland Christian	13:34.41	6
8 Walding, Sophie	W07 Sgt. Bluff-Luton	13:39.38	7
9 Ladwig, Callea	W07 Sgt. Bluff-Luton	13:48.25	8
10 Juhl, Sophie	WMS Mmc-Ru HS	13:50.85	
11 Broekemeier, Ava	W8 Siouxland Christian	13:53.02	9
12 Gant, Anita	W07 Hinton High School	13:54.83	
13 Timmons, Charlotte	W8 Sgt. Bluff-Luton	14:04.79	10
14 Humpal, Cadence	W07 Sgt. Bluff-Luton	14:29.49	11
15 Castle, Aaliyah	W07 Lawton Bronson	14:38.40	12
16 Delarosa, Natalie	W8 Sgt. Bluff-Luton	14:54.66	
17 Timmons, Quincy	W8 Sgt. Bluff-Luton	15:14.06	
18 Keegan, Kinley	W08 Siouxland Christian	15:15.62	13
19 Zeleny, Faith	W08 Sgt. Bluff-Luton	15:17.31	
20 Anderson, Mia	W8 Sgt. Bluff-Luton	15:22.52	
21 Munkvold, Mila	W08 Westwood Slo	15:50.70	
22 DeMarest, Ava	W8 Lawton Bronson	16:02.24	14
23 Kronick, Tristan	W07 Sgt. Bluff-Luton	16:07.31	
24 Eckhoff, Emily	W8 Sgt. Bluff-Luton	16:09.65	
25 Edlund, Evelyn	W8 Sgt. Bluff-Luton	16:10.23	
26 Ritchie, Jaylie	W08 Westwood Slo	16:31.38	
27 Peterson, Ellie	W07 Lawton Bronson	16:34.76	15
28 TerWee, Evy	W08 Sgt. Bluff-Luton	16:41.44	
29 Nelson, Aspen	W08 Sgt. Bluff-Luton	16:52.83	
30 Eggleston, Phoebe	W07 Lawton Bronson	16:59.54	16
31 Hall, Ruby	W08 Siouxland Christian	17:32.82	17
32 Walters, Alanna	W07 Siouxland Christian	19:36.05	18
33 Sassman, Ellie	W07 Sgt. Bluff-Luton	24:58.36	
Results - Men 1.5 Mile Run			
1 Brown, Jace	M8 Siouxland Christian	9:52.22	
2 Carlson, Easton	M8 Sgt. Bluff-Luton	10:11.94	1
3 Phillip, Nigel	M8 Sgt. Bluff-Luton	10:17.15	2
4 Vermilyea, Ben	M07 Lawton Bronson	10:29.48	3
5 Seaton, Braxton	M07 Westwood Slo	10:46.71	
6 Paris, Aydan	M08 Wc-Kp-Rv	11:23.26	4
7 Shumansky, Jace	M8 Sgt. Bluff-Luton	11:31.74	5
8 Fitch, Tallon	M08 Lawton Bronson	11:44.60	6
9 Willis, Luke	M08 Westwood Slo	11:47.48	
10 McChesney, Michael	M07 Lawton Bronson	11:47.87	7
11 Adams, Danny	M07 Lawton Bronson	11:52.04	8
12 Phillip, Andrew	M07 Sgt. Bluff-Luton	12:00.43	9
13 Schuetz, Lawson	M8 Sgt. Bluff-Luton	12:05.95	10
14 Boettcher, Easton	M8 Sgt. Bluff-Luton	12:08.99	11
15 Bowers, Caleb	M08 Wc-Kp-Rv	12:10.89	12
16 Olesen, Lennox	M8 Lawton Bronson	12:15.92	13
17 Hefner, Isaiah	M08 Wc-Kp-Rv	12:30.65	14
18 Oberg, Kayge	M07 Lawton Bronson	12:40.03	15
19 Howard, Cohen	M07 Lawton Bronson	12:40.14	16

20	Stulich, Macale	M8	Sgt. Bluff-Luton	12:40.55	17
21	Muescke, Will	M07	Wc-Kp-Rv	12:42.92	18
22	Vickery, Oliver	M8	Sgt. Bluff-Luton	12:46.56	
23	Harvey, Tucker	M8	Lawton Bronson	13:03.52	
24	Vanhouten, Nolan	M07	Wc-Kp-Rv	13:05.12	19
25	Duncan, Koein	M8	Lawton Bronson	13:14.70	
26	Browning, Lincoln	M07	Sgt. Bluff-Luton	13:16.25	
27	Patelski, Joseph	M08	Lawton Bronson	13:19.40	
28	Dean, Jaxon	M07	Sgt. Bluff-Luton	13:23.26	
29	Belson, Tim	M08	Wc-Kp-Rv	13:31.37	20
30	Rasmus, Jacob	M8	Lawton Bronson	13:43.27	
31	Needd, Jackson	MMS	West Monona	13:52.23	
32	Hill, Aaron	M08	Sgt. Bluff-Luton	14:00.57	
33	O'Mara, Michael	M07	Wc-Kp-Rv	14:09.91	21
34	Edwards, Tucker	M07	Wc-Kp-Rv	14:11.52	
35	Splitter, Byron	M08	Westwood Slo	14:26.57	
36	Chaudhari, Niyant	M07	Sgt. Bluff-Luton	14:31.98	
37	Gill, Han	M07	Siouxland Christian	14:38.25	
38	Jorgensen, Jack	M07	Sgt. Bluff-Luton	14:53.02	
39	Gonzalez, Gabriel	M07	Hinton High School	15:06.19	
40	Ibanez, Landon	M07	Lawton Bronson	15:55.80	
41	Maynard, Max	M08	Westwood Slo	18:15.59	
42	Rodgers, Jaiden	M07	Siouxland Christian	21:02.12	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Men 1.5 Mile Run

1	Sergeant Bluff-Luton	27	1	2	5	9	10	11	17
	Total Time:	56:07.21							
	Average:	11:13.45							
2	Lawton Bronson	37	3	6	7	8	13	15	16
	Total Time:	58:09.91							
	Average:	11:37.99							
3	Wc-Kp-Rv	67	4	12	14	18	19	20	21
	Total Time:	1:01:52.84							
	Average:	12:22.57							

Results - Women 1.5 Mile Run

1	Sergeant Bluff-Luton	24	1	3	5	7	8	10	11
	Total Time:	1:03:05.77							
	Average:	12:37.16							
2	Siouxland Christian	47	2	6	9	13	17	18	
	Total Time:	1:11:52.92							
	Average:	14:22.59							
3	Lawton Bronson	61	4	12	14	15	16		
	Total Time:	1:16:38.82							
	Average:	15:19.77							