

E-Hawk XC Invitational HS, MS

IN PROGRESS 📅 Mon, Sep 16, 2024 📍 Iowa Lakes Community College - Emmetsburg Campus, IA

Mens Results

5,000 Meters Junior Varsity

Official Team Scores

1. Humboldt 18
2. Estherville Lincoln Central 41

1.	¹⁰ Ike Fowler	25:09.8	Humboldt
2.	¹⁰ Luke DeWinter	25:27.7	Humboldt
3.	¹⁰ Zeke Funston	25:37.0	Estherville Lincoln Central
4.	¹¹ Obed Antonio	25:45.3	Humboldt
5.	¹² Tyce Clarcken	25:58.1	Humboldt
6.	¹⁰ Wyatt Wright	25:59.8	North Iowa Buffalo Center
7.	⁹ Miles Zeman	26:06.0	Humboldt
8.	¹⁰ Dalton Lutat	26:28.4	Estherville Lincoln Central
9.	⁹ Samson Mittrucker	26:38.2	Estherville Lincoln Central
10.	¹² Mack Harklau	26:40.4	Humboldt
11.	⁹ AJ Stringer	27:00.6	Humboldt
12.	¹⁰ Spencer Scranton	27:04.5	Humboldt
13.	¹⁰ Brooks Hinners	27:29.2	Humboldt
14.	¹² Nathan Klocke	27:37.7	Humboldt
15.	¹¹ Keaton Taylor	27:37.9	Humboldt
16.	¹⁰ Andrew Nedved	27:54.6	Humboldt
17.	¹² Jason Oxljaj-Mejia	28:19.4	Humboldt
18.	⁹ Andrew Flatau	28:40.1	Humboldt
19.	¹¹ Jayden Pollock	29:43.4	Estherville Lincoln Central
20.	¹⁰ Matthew DeWitt	30:03.6	Estherville Lincoln Central
21.	⁹ Brayden Lennon-Meyer	30:09.1	Humboldt

5,000 Meters Varsity

Official Team Scores

1. North Iowa Buffalo Center 37
2. Estherville Lincoln Central 46
3. Humboldt 56
4. Emmetsburg 96
5. Pocahontas Area 126

Womens Results

5,000 Meters Junior Varsity

1.	¹¹ Kinley Nilles	30:54.1	Humboldt
2.	¹² Josie Saxton	33:08.8	Emmetsburg
3.	¹¹ Kate Sievers	33:22.3	Humboldt
4.	⁹ Micayla Johnson	33:25.9	Emmetsburg
5.	¹¹ Mia Sanchez	33:29.7	Humboldt
6.	¹² Morgan Kaneer	33:32.5	Emmetsburg
7.	⁹ Lauren Rouse	35:33.9	Emmetsburg
8.	¹¹ Claire Olson	35:34.1	Humboldt

5,000 Meters Varsity

Official Team Scores

1. Humboldt 20
2. Estherville Lincoln Central 61
3. Pocahontas Area 73
4. Emmetsburg 76

1.	¹¹ Tyra Schupbach	21:36.4	West Bend-Mallard
2.	¹¹ Brynn Malo	22:33.3	Humboldt
3.	⁹ Julia Swift	22:39.5	Bishop Garrigan Algona
4.	¹¹ Lauren Hillesland	22:46.3	North Iowa Buffalo Center
5.	⁹ Aubry Fisher	23:58.1	Humboldt
6.	¹² Jacey Welbig	24:08.6	North Union
7.	¹² Rylee Yager	25:05.9	Estherville Lincoln Central
8.	¹¹ Ava Meinders	25:24.5	North Iowa Buffalo Center
9.	¹² Bella Metli	25:54.0	Humboldt
10.	¹⁰ Alexis Cummins	26:16.9	North Union
11.	¹⁰ Macey Rodgers	26:31.6	Humboldt
12.	¹² Natalie Point	26:50.6	Pocahontas Area
13.	¹⁰ Helen Lavender	26:51.9	Estherville Lincoln Central
14.	¹² Meg Zweibohmer	27:00.0	Humboldt
15.	¹² Sami Wolter	27:08.3	Pocahontas Area
16.	¹⁰ Alyssa Welbig	27:14.5	North Union
17.	¹⁰ Rori Albert	27:27.0	Emmetsburg
18.	¹⁰ Caroline Burdick	27:27.1	Emmetsburg
19.	¹¹ Maddie Fehr	27:36.9	West Bend-Mallard
20.	¹¹ Morgan Clabaugh	27:42.4	Estherville Lincoln Central

1.	¹²	Gavin Grunhovd	18:04.4	North Iowa Buffalo Center	21.	¹²	Allison Lensing	28:16.8	Humboldt
2.	¹¹	Warren Duitsman	20:03.9	Estherville Lincoln Central	22.	¹²	Morgan Mann	28:18.5	Humboldt
3.	¹²	Jackson Potter	20:44.8	North Iowa Buffalo Center	23.	⁹	Kierson Blair	30:14.0	Estherville Lincoln Central
4.	⁹	Jackson Struve	21:02.0	Estherville Lincoln Central	24.	¹²	Emma Krause	30:40.9	Emmetsburg
5.	¹¹	Krayton Rutledge	21:29.6	Emmetsburg	25.	¹¹	Khloe Mefferd	30:53.3	Pocahontas Area
6.	⁹	Henry Kramer	21:34.3	Humboldt	26.	⁹	Alli Lake	30:53.5	Pocahontas Area
7.	¹⁰	Skylar Lopez	21:38.8	North Iowa Buffalo Center	27.	¹²	Jennifer Carranza	31:02.2	North Union
8.	¹²	Justin Ash	21:47.6	Humboldt	28.	⁹	Mia Morton	31:55.0	Emmetsburg
9.	¹²	Jaden Himrod	21:49.8	Humboldt	29.	⁹	Norah Blodgett	31:58.5	North Iowa Buffalo Center
10.	¹⁰	Gustavo Chitic Aguilar	21:55.2	Estherville Lincoln Central	30.	¹⁰	Elizabeth (Lizzi) Thoren	32:10.5	Emmetsburg
11.	¹¹	Landon Manwarren	21:56.2	North Union	31.	¹²	Jenna Frieids	32:19.9	Emmetsburg
12.	⁹	Jayden Grunhovd	22:07.8	North Iowa Buffalo Center	32.	¹⁰	Emmy Dooley	32:32.6	Emmetsburg
13.	¹¹	Conner Matheson	22:25.4	Estherville Lincoln Central	33.	⁹	Ashlyn Duitscher	33:27.4	Pocahontas Area
14.		LANDON VANZOG	22:41.2	Emmetsburg	34.	¹¹	Zoey DeRuyter	34:04.2	Estherville Lincoln Central
15.	¹⁰	Justin Shearer	22:50.8	Pocahontas Area	35.	⁹	Erica Crotty	35:29.4	Pocahontas Area
16.	¹⁰	Jasper Wirth	22:53.4	North Iowa Buffalo Center					
17.	¹²	Sterling Scranton	23:03.3	Humboldt					
18.	¹²	Silas Bindel	23:07.6	West Bend-Mallard					
19.	¹¹	Carson Chambers	23:34.0	Humboldt					
20.	⁹	Beckam Welch	23:41.8	Estherville Lincoln Central					
21.	Fr	Jacob Fox	24:10.1	Emmetsburg					
22.	¹⁰	Wyatt Martin	24:10.8	Estherville Lincoln Central					
23.	¹¹	Aiden Bauer	24:22.7	North Union					
24.	⁹	Jose Aguilar Gonzalez	24:31.3	Estherville Lincoln Central					
25.	¹¹	Graham Bakken	24:34.0	Humboldt					
26.	¹¹	Joel Thurm	24:39.9	Humboldt					
27.	¹²	Noah Hanson	25:00.4	North Iowa Buffalo Center					
28.	¹⁰	Myles Henn	25:12.6	North Iowa Buffalo Center					
29.	¹²	Dean Mowry	26:05.0	Pocahontas Area					
30.	¹¹	Kade Madden	26:10.6	North Union					
31.	¹¹	Nate Gregerson	26:40.5	Pocahontas Area					
32.	¹²	Robert Frederick	27:27.3	Emmetsburg					
33.	¹²	Grayden Forsythe	27:46.1	West Bend-Mallard					
34.	⁹	Paul Peterson	27:59.5	Pocahontas Area					
35.	¹¹	Julio Valenzuela	28:49.7	Pocahontas Area					
36.	¹⁰	Corbin Darling	31:40.9	Bishop Garrigan Algona					
37.	¹⁰	Andrew Biddle	37:13.5	Emmetsburg					

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