

Cedar Rapids Invitational HS

IN PROGRESS 📅 Thu, Sep 12, 2024 📍 Seminole Valley Park, IA US

Mens Results

5,000 Meters Fr-So Boys 5K

Official Team Scores

1. Iowa City West	56
2. Cedar Rapids Kennedy	83
3. Bettendorf	83
4. Davenport Central	89
5. Ankeny Centennial	110
6. Muscatine	156
7. North Scott Eldridge	179
8. Prairie Cedar Rapids	195
9. Wahlert Dubuque	232
10. Cedar Rapids Washington	320
11. Davenport North	323
12. Cedar Rapids Jefferson	374

1. ⁹ Dawson Allen	17:39.9	Bettendorf
2. ¹⁰ Levi Odson	17:45.1	Ankeny Centennial
3. ^{Fr} Aiden Bullock	17:45.8	Muscatine
4. ¹⁰ Dylan Berg	17:48.4	Bettendorf
5. ⁹ Jake Wieler	17:49.0	Iowa City West
6. ¹⁰ Maxwell Curnyn	17:53.4	Ankeny Centennial
7. ⁹ Garrett Willey	18:08.5	Bettendorf
8. ⁹ Jack Connors	18:13.5	Davenport Central
9. ¹⁰ Neil Cogdill	18:19.1	Cedar Rapids Kennedy
10. ¹⁰ Lars Pressler	18:25.6	Iowa City West
11. ⁹ Cael Dunham	18:31.7	Iowa City West
12. ¹⁰ Maddox Pitcher	18:32.5	Cedar Rapids Kennedy
13. ¹⁰ Arefat Ali	18:33.8	Cedar Rapids Kennedy
14. ⁹ Ahmed Elbeshti	18:37.7	Iowa City West
15. ¹⁰ Lucas Mitchell	18:39.1	Davenport Central
16. ¹⁰ Oluwadara Olaleye	18:40.6	Iowa City West
17. ⁹ Kaedyn Garnica	18:54.3	Davenport Central
18. ¹⁰ Jason Garnica	19:01.8	North Scott Eldridge
19. ¹⁰ Kyle Brewer	19:07.4	Muscatine
20. ⁹ Eli Dahlem	19:07.7	Prairie Cedar Rapids
21. ¹⁰ Zach Bruzek	19:07.8	Iowa City West

Womens Results

5,000 Meters Fr-So Girls 5K

Official Team Scores

1. Ankeny Centennial	17
2. Bettendorf	44
3. Muscatine	88
4. Xavier Cedar Rapids	119
5. Cedar Rapids Jefferson	134

1. ⁹ Greta DenHartog	21:32.0	Ankeny Centennial
2. ¹⁰ Ella Campbell	21:32.1	Ankeny Centennial
3. ⁹ Charlie Damstetter	22:09.4	Ankeny Centennial
4. ⁹ Lyla Hoepfner	22:10.8	Ankeny Centennial
5. ⁹ Addy Cauwels	22:25.8	Bettendorf
6. ¹⁰ Victoria Stellmach	23:00.1	Bettendorf
7. ⁹ Brekklin Wills	23:04.5	Ankeny Centennial
8. ⁹ Sophia Carnes	23:33.0	Ankeny Centennial
9. ⁹ Miley Makovec	23:50.4	Ankeny Centennial
10. ¹⁰ Kendra Norgaard	23:53.2	Ankeny Centennial
11. ¹⁰ Evelyn Forrester	23:59.9	Ankeny Centennial
12. ¹⁰ Lizzie Beam	24:34.2	Ankeny Centennial
13. ¹⁰ Noreen He	24:34.8	Ankeny Centennial
14. ¹⁰ Hadley Appel	24:55.9	Bettendorf
15. ¹⁰ Riley Cabossart	25:01.4	Ankeny Centennial
16. ⁹ Hadley James	25:25.6	Bettendorf
17. ¹⁰ Paula Schwan	25:44.5	Bettendorf
18. ¹⁰ Lilah Rasche	26:22.9	Bettendorf
19. ¹⁰ Alena Jensen	26:23.2	Cedar Rapids Washington
20. ⁹ Calli Tyler	26:23.8	Cedar Rapids Washington
21. ¹⁰ Hope Hazen	26:42.5	Prairie Cedar Rapids
22. ⁹ Gracie Laban	27:12.7	Bettendorf
23. ⁹ Yazmine Varela	27:13.6	Muscatine
24. ⁹ Gisselle Rubio	27:16.0	Muscatine
25. ⁹ Gretta Borich	27:16.8	Ankeny Centennial
26. ⁹ Claire Kucharski	27:24.0	Xavier Cedar Rapids
27. ⁹ Mia Martinez	27:27.4	Muscatine
28. ⁹ Kelsee Tedrow	28:04.2	Prairie Cedar Rapids
29. ⁹ Treya Patel	28:28.0	Bettendorf
30. ⁹ Laina Wheeler	28:40.7	Muscatine
31. ⁹ Grace Mitchell	28:49.9	Bettendorf
32. ⁹ Cynovia Hesseling	28:50.2	Muscatine

22.	¹⁰	Brogan Ganshert	19:24.0	Davenport Central	33.	¹⁰	Sarah Till	28:54.3	Prairie Cedar Rapids
23.	⁹	Liam Jones	19:28.5	Cedar Rapids Kennedy	34.	¹⁰	Frances Roland	28:54.6	Cedar Rapids Washington
24.	¹⁰	Will Kirby	19:32.8	Wahlert Dubuque	35.	⁹	Samantha Priest	29:20.9	Bettendorf
25.	⁹	Leo Jordan	19:42.2	Iowa City West	36.	⁹	Annabelle Hesseling	29:57.3	Muscatine
26.	⁹	Finn Hallam	19:44.8	Cedar Rapids Kennedy	37.	¹⁰	Riley Reynolds	30:14.0	Clinton
27.	⁹	Atlee Ridgway	19:47.5	Davenport Central	38.	⁹	Sophia Kettmann	30:14.3	Xavier Cedar Rapids
28.	¹⁰	Keegan Ayers	19:48.8	North Scott Eldridge	39.	¹⁰	Laela Anderson	30:27.4	Xavier Cedar Rapids
29.	¹⁰	Henry Lawler	19:49.2	Iowa City West	40.	¹⁰	Ashlyn Garcia	30:27.5	Cedar Rapids Jefferson
30.	¹⁰	Tim Regan	19:51.6	North Scott Eldridge	41.	¹⁰	Sophia Morley	30:31.8	Clinton
31.	⁹	Adam Lee	20:00.2	Iowa City West	42.	¹⁰	Hannah Pfab	30:35.5	Xavier Cedar Rapids
32.	¹⁰	Braxton Helstrom	20:03.5	Davenport Central	43.	⁹	Kate Mercil	31:30.6	Cedar Rapids Jefferson
33.	⁹	Kyler Hernandez	20:04.1	Bettendorf	44.	¹⁰	Chancelline Roussi	31:35.3	Cedar Rapids Jefferson
34.	⁹	Xander Moss	20:04.9	Iowa City West	45.	¹⁰	Curstin Sanders	31:48.9	Cedar Rapids Jefferson
35.	¹⁰	Drew Benson	20:09.7	Iowa City West	46.	¹⁰	Makayla Geronzin	31:59.9	Cedar Rapids Jefferson
36.	¹⁰	Sam Crawford	20:11.1	Davenport Central	47.	⁹	Sadie Feit	32:01.6	Cedar Rapids Kennedy
37.	⁹	Parker Gunn	20:11.6	Ankeny Centennial	48.	¹⁰	Raina Holmes	32:10.3	Cedar Rapids Kennedy
38.	¹⁰	Shawn Harris	20:13.0	Ankeny Centennial	49.	¹⁰	Kaylee Davis	33:24.3	Clinton
39.	⁹	Jackson Hughes	20:15.0	Iowa City West	50.	¹⁰	Daisy Regalado	34:06.3	Cedar Rapids Jefferson
40.	¹⁰	Ben Nelson	20:15.8	Ankeny Centennial	51.	⁹	Brooklyn Cooley	34:17.2	Clinton
41.	⁹	Matthew Formanek	20:17.8	Prairie Cedar Rapids	52.	¹⁰	Gabby Allen	35:11.8	Cedar Rapids Jefferson
42.	⁹	Jude Wilkinson	20:20.7	Cedar Rapids Kennedy	53.	¹⁰	Ava Carpenter	35:52.6	Cedar Rapids Jefferson
43.	¹⁰	Bennett Welcher	20:23.9	Ankeny Centennial	54.	¹⁰	Soyeon Park	37:41.5	Xavier Cedar Rapids
44.	⁹	Noah Goldsmith	20:26.7	Prairie Cedar Rapids	55.	⁹	Nalani Fernandez	39:29.4	Cedar Rapids Washington
45.	⁹	Eli Benson	20:27.7	Iowa City West					
46.	¹⁰	Micah Rohde	20:29.2	Bettendorf					
47.	⁹	Santi Diaz	20:29.5	Muscatine					
48.	¹⁰	Gavin Wolbers	20:32.0	Wahlert Dubuque					
49.	¹⁰	Mike Seamans	20:33.9	Prairie Cedar Rapids					
50.	⁹	Jameson Turner	20:36.0	Cedar Rapids Kennedy					
51.	⁹	Gavyn Burton	20:36.1	Muscatine					
52.	¹¹	Siddharth Venkatesan	20:57.0	Iowa City West					
53.	¹⁰	Jacob Beneke	20:59.6	Iowa City West					
54.	¹⁰	Nate Holst	21:00.0	North Scott Eldridge					
55.	⁹	Desmond Ward	21:05.1	Wahlert Dubuque					
56.	¹⁰	Ben Miller	21:09.2	Muscatine					
57.	¹⁰	CJ Estes	21:12.9	Clinton					
58.	⁹	Kevin Primrose	21:14.2	Cedar Rapids Kennedy					
59.	⁹	Connor Wagner	21:26.6	Iowa City West					
60.	¹⁰	Aidyen Reynolds	21:28.0	Ankeny Centennial					
61.	¹⁰	Greyson Mesch	21:30.3	Cedar Rapids Kennedy					
62.	¹⁰	Ivan Akolly	21:31.0	Davenport North					
63.	⁹	Nathan Canada	21:31.0	Muscatine					
64.	¹⁰	Jon Klapatauskas	21:34.5	Wahlert Dubuque					
65.	⁹	Jacob Beadel	21:35.2	Bettendorf					
66.	⁹	Konnon Chen	21:35.6	Iowa City West					
67.	⁹	Santi Alvarado	21:38.3	Bettendorf					
68.	⁹	Colin Greenlee	21:45.9	Iowa City West					
69.	¹⁰	Nicholas Reisinger	21:55.2	Cedar Rapids Washington					
70.	¹⁰	Maddox Warren	21:55.6	Muscatine					
71.	⁹	Mason Linder	21:56.9	Ankeny Centennial					
72.	⁹	Alexander Gibson	21:57.7	Iowa City West					
73.	¹⁰	Landon Mulford	22:01.9	Prairie Cedar Rapids					
74.	⁹	Alexander Simmons	22:04.4	North Scott Eldridge					
75.	¹⁰	Carter Dunham	22:04.9	Clinton					
76.	¹⁰	Aaron Raleigh	22:15.6	North Scott Eldridge					
77.	⁹	Parker Sharon	22:17.9	Cedar Rapids Kennedy					
78.	¹⁰	Jayden Otis	22:18.2	Iowa City West					
79.	⁹	Marshall Mess	22:27.7	North Scott Eldridge					
80.	¹⁰	Aidan Zhang	22:29.6	Iowa City West					

5,000 Meters Varsity Girls 5K

Official Team Scores

1.	Ankeny Centennial	35
2.	Mount Vernon-Lisbon	119
3.	Prairie Cedar Rapids	132
4.	Davenport Central	137
5.	Bettendorf	146
6.	Marion	158
7.	Wahlert Dubuque	220
8.	Iowa City West	226
9.	Center Point-Urbana	234
10.	Muscatine	266
11.	Clinton	269
12.	Cedar Rapids Kennedy	280
13.	Xavier Cedar Rapids	299
14.	North Scott Eldridge	325
15.	Cedar Rapids Washington	360
16.	Cedar Rapids Jefferson	459
17.	Davenport North	490

81.	9	Hudson Mulford	22:31.9	Iowa City West	1.	12	Anika Mohrhauser	18:42.9	Ankeny Centennial
82.	10	Jackson Havercamp	22:33.0	North Scott Eldridge	2.	9	Joley Sullivan	18:55.3	Davenport Central
83.	9	Ian Fessler	22:33.0	Cedar Rapids Kennedy	3.	12	Haley Hveem	19:00.8	Ankeny Centennial
84.	9	Max Martin	22:34.6	Iowa City West	4.	12	Dylan Moeller	19:16.2	Davenport Central
85.	10	Ryan Gripp	22:47.1	Davenport Central	5.	11	Kiersten Swart	19:23.6	Mount Vernon-Lisbon
86.	10	Andy Segovia	22:47.4	Cedar Rapids Jefferson	6.	10	Grace Estling	19:32.4	Center Point-Urbana
87.	9	Cael Schwarz	22:50.3	Clinton	7.	12	Bella Hodges	19:33.9	Ankeny Centennial
88.	10	Max Stephens	22:52.0	Iowa City West	8.	11	Lucy Murphy	19:48.4	Wahlert Dubuque
89.	10	Donovan Rubenacker-Howa...	22:56.0	Davenport North	9.	9	Trinity Klingensmith	19:49.0	Ankeny Centennial
90.	9	William Moore	23:01.6	Ankeny Centennial	10.	10	Evelyn Moeller	19:52.9	Mount Vernon-Lisbon
91.	10	Henri Mitchell	23:04.0	Cedar Rapids Washington	11.	11	Kate Van Waning	19:56.0	Iowa City West
92.	9	Colin Call	23:08.4	Ankeny Centennial	12.	11	Carryn Sattler	19:57.4	Clinton
93.	10	Max Myers	23:12.4	Prairie Cedar Rapids	13.	9	Harper Groteluschen	20:00.3	Prairie Cedar Rapids
94.	10	Ben Donald	23:13.7	Iowa City West	14.	11	Addison Dabroski	20:05.5	Marion
95.	9	Kendrick Puffer	23:15.9	Ankeny Centennial	15.	12	Julia Flick	20:12.2	Ankeny Centennial
96.	10	Joel Kolder	23:16.6	Cedar Rapids Washington	16.	11	Kylee Patterson	20:13.2	Ankeny Centennial
97.	9	Luke Wiese	23:24.1	Davenport North	17.	9	Avery Bradley	20:18.6	Muscatine
98.	10	Eli Mulligan	23:24.6	Wahlert Dubuque	18.	12	Katelyn Jacob	20:28.9	Bettendorf
99.	9	Hayden Sullivan	23:26.7	Bettendorf	19.	9	Alli Haskell	20:37.7	Clinton
100.	9	Jackson Neighbor	23:26.9	Bettendorf	20.	12	Annabelle Everding	20:39.3	Bettendorf
101.	9	Logan Galles	23:27.0	Ankeny Centennial	21.	12	Kyra Cordes	20:41.4	Marion
102.	10	Harper Beck	23:31.2	Cedar Rapids Kennedy	22.	10	Ellie Blevins	20:43.8	Ankeny Centennial
103.	9	Jasper Mitchell	23:32.4	Cedar Rapids Washington	23.	10	Reese Wiley	20:47.6	Prairie Cedar Rapids
104.	9	August Merschbrock	23:42.2	Cedar Rapids Washington	24.	12	Lillian Cogdill	20:50.1	Cedar Rapids Kennedy
105.	10	Zander Roach	23:42.7	Davenport North	25.	10	Rose Pisarik	20:55.7	Mount Vernon-Lisbon
106.	10	Ethan Strobbe	23:44.0	North Scott Eldridge	26.	11	Elise Moore	20:57.1	Marion
107.	10	Logan Barnard	23:49.1	Prairie Cedar Rapids	27.	10	Sloane Moeller	20:58.5	Davenport Central
108.	10	Joseph Kahiku	23:51.1	Cedar Rapids Washington	28.	10	Cayleigh O'Brien	21:07.6	Xavier Cedar Rapids
109.	10	John Glatt	23:59.8	Ankeny Centennial	29.	12	Hannah Hughes	21:12.4	Prairie Cedar Rapids
110.	9	Dane Harvey	24:01.0	Cedar Rapids Jefferson	30.	10	Lillian Goudie	21:17.6	Prairie Cedar Rapids
111.	10	JP Auer	24:02.1	Wahlert Dubuque	31.	10	Maya Bormann	21:19.9	Wahlert Dubuque
112.	9	Liam Welte	24:03.3	Davenport North	32.	12	Sydney McCormick	21:21.7	Center Point-Urbana
113.	9	Jackson Damisch	24:06.7	Cedar Rapids Washington	33.	10	Ella Ripslinger	21:26.0	Bettendorf
114.	9	Timmy Zachar	24:08.4	Cedar Rapids Kennedy	34.	9	Natalie O'Flaherty	21:27.1	North Scott Eldridge
115.	9	Calvin Noska	24:09.2	Prairie Cedar Rapids	35.	12	Kalli Titus	21:29.1	Iowa City West
116.	10	Wilson Allred	24:14.2	Prairie Cedar Rapids	36.	10	Campbell Kiebler	21:33.0	Bettendorf
117.	10	Michael Hartmann	24:19.4	Wahlert Dubuque	37.	11	Stella Rose	21:33.0	Prairie Cedar Rapids
118.	9	Joel Reicks	24:20.3	Wahlert Dubuque	38.	12	Sam Schoff	21:35.0	Mount Vernon-Lisbon
119.	9	Luke Tracy	24:20.6	Wahlert Dubuque	39.	12	MacKenzie Schaefer	21:35.9	Bettendorf
120.	10	Finnegan Newlin	24:29.5	Wahlert Dubuque	40.	11	Destiny Borland	21:36.6	Bettendorf
121.	10	Dexter Adamson	24:32.1	Davenport North	41.	11	Cora Smith	21:41.8	Mount Vernon-Lisbon
122.	9	Max Vannorsdel	24:32.6	North Scott Eldridge	42.	11	Cameron Shumpert	21:43.4	Davenport Central
123.	10	Daniel Flanagan	24:47.7	Wahlert Dubuque	43.	12	Greta Hansen	21:43.5	Marion
124.	10	Logan Wienclaw	24:58.5	Bettendorf	44.	10	Sofia Musick	21:44.9	Xavier Cedar Rapids
125.	9	Bryan Lohf	25:00.2	Davenport Central	45.	11	Haddie Levake	21:45.6	Cedar Rapids Washington
126.	9	Henry Gottschalk	25:10.4	Cedar Rapids Kennedy	46.	12	Kennadi Thiessen	21:48.7	North Scott Eldridge
127.	10	Broderick Young	25:12.7	Iowa City West	47.	10	Willa Berning	21:49.7	Wahlert Dubuque
128.	9	Noah Blakeway	25:13.3	Bettendorf	48.	10	Anika Roe	21:51.0	Prairie Cedar Rapids
129.	9	Noah Bittner	25:13.5	Ankeny Centennial	49.	10	Susanna Olson	21:56.2	Iowa City West
130.	9	Abraham Viveros	25:23.2	Cedar Rapids Jefferson	50.	12	Emily Bowe	21:58.7	Center Point-Urbana
131.	9	Luke Moore	25:27.0	Ankeny Centennial	51.	11	Aubrey Rivers	22:04.5	Clinton
132.	10	Brandon Gass	25:29.8	Cedar Rapids Jefferson	52.	9	Mia Ahn	22:05.0	Iowa City West
133.	10	Charlie Peterson	25:31.0	North Scott Eldridge	53.	12	Keira Richmond	22:05.5	Xavier Cedar Rapids
134.	9	Rylan Grimm	25:36.7	North Scott Eldridge	54.	12	Jayda Carnes	22:09.4	Marion
135.	9	Ethan Newton	25:37.7	Bettendorf	55.	11	Claire Jensen	22:10.7	Mount Vernon-Lisbon
136.	10	Jason Wheat	25:48.4	Clinton	56.	10	Isabella Kopf	22:13.7	Muscatine
137.	10	Diego Peraire	25:50.5	Wahlert Dubuque	57.	10	Josie Bothell	22:18.9	Mount Vernon-Lisbon
138.	10	Jaxson Gutierrez	25:58.0	Bettendorf	58.	11	Whitney Estabrook	22:28.6	Muscatine
139.	9	Kaden Weber	26:00.1	Prairie Cedar Rapids	59.	10	Emma Manthe	22:30.8	Cedar Rapids Kennedy

140.	¹⁰	Dayne Kulland	26:06.9	Muscatine	60.	¹²	Calista Rasmer	22:31.2	Bettendorf
141.	¹⁰	Jaques Nshimirimana	26:23.9	Cedar Rapids Jefferson	61.	¹¹	Ramsay Geater	22:33.0	Cedar Rapids Kennedy
142.	⁹	Mason Babler	26:44.0	Wahlert Dubuque	62.	⁹	Ellie Huebl	22:35.6	Davenport Central
143.	⁹	Henderson Tran	26:51.3	Wahlert Dubuque	63.	¹⁰	Khloe Hamilton	22:44.2	North Scott Eldridge
144.	⁹	Joeseeph Wimmer	27:05.3	Muscatine	64.	⁹	Emily Hopkins	22:45.3	Muscatine
145.	⁹	Liam Pins	27:19.3	Cedar Rapids Washington	65.	¹⁰	Avanti Dunn	22:47.1	Center Point-Urbana
146.	⁹	Evan Ross	27:24.6	Ankeny Centennial	66.	¹¹	Kylie Sieverding	22:48.8	Wahlert Dubuque
147.	¹⁰	Maddux Neukirch	27:57.4	Iowa City West	67.	¹¹	Erin Arnold	22:49.5	Cedar Rapids Kennedy
148.	⁹	Julian Alvarez	28:25.6	Bettendorf	68.	¹⁰	Ella Rohner	22:53.5	Wahlert Dubuque
149.	⁹	Chad Simpson	28:43.3	Cedar Rapids Kennedy	69.	¹¹	Olivia Hallam	22:59.2	Cedar Rapids Kennedy
150.	⁹	Jacob Long	28:47.7	Cedar Rapids Jefferson	70.	¹²	Lilly Graham	22:59.8	Wahlert Dubuque
151.	¹⁰	Jack Sun	29:59.4	Iowa City West	71.	¹⁰	Taryn Watson	23:02.4	Muscatine
152.	⁹	Zachary Erzen	30:01.5	Wahlert Dubuque	72.	¹⁰	Maya Lindwall	23:02.9	Cedar Rapids Washington
153.	¹⁰	Sebastian Coleson	30:47.5	Cedar Rapids Jefferson	73.	⁹	Noni Casillas	23:06.4	Davenport Central
154.	¹⁰	Caedyn Konecny	31:25.3	North Scott Eldridge	74.	¹⁰	Alanna Lahart	23:07.0	Cedar Rapids Washington
155.	⁹	Cameron Backen	32:07.6	Cedar Rapids Kennedy	75.	¹⁰	Maya Lahart	23:07.6	Cedar Rapids Washington
156.	¹⁰	Luke Bahl	34:21.7	Wahlert Dubuque	76.	¹¹	Lilyan Tuthill	23:08.4	Wahlert Dubuque
157.	⁹	Gabe Scott	42:34.8	Cedar Rapids Jefferson	77.	⁹	Layla Coleman	23:11.7	Cedar Rapids Jefferson
					78.	¹⁰	Kirsten Holler	23:11.8	Muscatine
					79.	¹²	Stella Hunter	23:18.4	Iowa City West
					80.	⁹	Olive Kaplan	23:20.8	Davenport Central
					81.	⁹	Maci Kindschi	23:22.8	Center Point-Urbana
					82.	¹²	Grace Bruns	23:25.8	Xavier Cedar Rapids
					83.	¹²	Laura Fitch	23:28.0	Marion
					84.	⁹	Grace Hamann	23:46.4	North Scott Eldridge
					85.	¹²	Thursday Peterson	23:49.8	Cedar Rapids Jefferson
					86.	¹²	Sescie Haan	23:52.9	Clinton
					87.	¹⁰	Jillian Koenig	23:56.8	Davenport North
					88.	¹⁰	Marissa Eads	23:59.2	Muscatine
					89.	⁹	Savannah Mathias	24:06.4	Iowa City West
					90.	¹²	Kaylee Nuci	24:07.6	Davenport North
					91.	¹⁰	Sadie Abbas	24:13.9	Iowa City West
					92.	¹⁰	Eleanor Pfab	24:23.0	Xavier Cedar Rapids
					93.	⁹	Maeve Ainsworth	24:23.8	Xavier Cedar Rapids
					94.	¹⁰	Lilly Lemke	24:26.5	Cedar Rapids Washington
					95.	¹¹	Lulu Rozeboom	24:31.4	Xavier Cedar Rapids
					96.	⁹	Willa Coleman	24:33.2	Cedar Rapids Jefferson
					97.	⁹	Emily Morris	24:34.4	Cedar Rapids Jefferson
					98.	¹²	Olive Khoury	24:41.2	North Scott Eldridge
					99.	¹¹	Delaney Shindelar	24:48.5	Marion
					100.	¹⁰	Emma Reif	24:56.0	North Scott Eldridge
					101.	¹⁰	Kirstin Bengtson	24:59.2	Clinton
					102.	¹²	Delainey Woodman	25:15.3	Davenport North
					103.	¹¹	Eleanor Goodin	25:32.6	Davenport North
					104.	¹²	Sophia Kevitt	25:51.3	Cedar Rapids Jefferson
					105.	¹⁰	Peyton Dale	26:03.4	Cedar Rapids Jefferson
					106.	¹⁰	Mia Janda	26:16.2	Cedar Rapids Jefferson
					107.	¹⁰	Avery Campbell	26:28.1	Cedar Rapids Kennedy
					108.	¹²	Jordan Cheesman	26:34.8	Davenport North
					109.	¹⁰	Kaylee Fries	26:35.9	Davenport North
					110.	¹⁰	Scarlett Dwyer	26:38.7	Cedar Rapids Washington
					111.	⁹	Brylee Rathe	26:56.0	North Scott Eldridge
					112.	⁹	Alison Jauron	27:12.7	Davenport North

5,000 Meters Varsity Boys 5K

Official Team Scores

1.	Prairie Cedar Rapids	68
2.	Bettendorf	87
3.	Ankeny Centennial	91
4.	Cedar Rapids Kennedy	95
5.	Mount Vernon-Lisbon	130
6.	Iowa City West	159
7.	Davenport Central	163
8.	Waterloo West	234
9.	Davenport North	278
10.	North Scott Eldridge	280
11.	Wahlert Dubuque	306
12.	Xavier Cedar Rapids	307
13.	Muscatine	311
14.	Marion	356
15.	Cedar Rapids Jefferson	390
16.	Cedar Rapids Washington	414
17.	Clinton	444

1.	¹²	Moustafa Tiea	15:38.0	Iowa City West
2.	¹²	Grady Olberding	15:42.2	Mount Vernon-Lisbon
3.	¹¹	Slader Buckheister	15:43.9	Cedar Rapids Kennedy
4.	¹¹	AJ Willey	15:46.5	Bettendorf
5.	¹¹	Cohen Moll	15:50.6	Ankeny Centennial

5,000 Meters JV Girls 5K

6.	12	Ryan Heden	15:51.7	Bettendorf
7.	11	Adam Gray	15:57.6	Cedar Rapids Kennedy
8.	11	Dawson Scheil	16:01.2	Mount Vernon-Lisbon
9.	12	Bennett Allred	16:06.4	Prairie Cedar Rapids
10.	10	Zack Ryan	16:08.9	Davenport Central
11.	10	Cole Carrizales	16:11.1	Prairie Cedar Rapids
12.	11	Kyle Johnson	16:13.5	Prairie Cedar Rapids
13.	10	Andrew Heden	16:15.9	Bettendorf
14.	12	Tyler Ryan	16:16.0	Davenport Central
15.	12	Carter Mulford	16:17.2	Prairie Cedar Rapids
16.	12	Presley Berns	16:18.5	Waterloo West
17.	11	Davis Johnson	16:20.7	Ankeny Centennial
18.	12	Brayden Vander Wilt	16:24.4	Ankeny Centennial
19.	11	Jayden Brookins	16:29.0	Wahlert Dubuque
20.	11	Lincoln McMahan	16:30.7	Cedar Rapids Kennedy
21.	10	Trey Toner	16:31.3	Prairie Cedar Rapids
22.	9	Emmett Revell-Beck	16:34.7	Davenport Central
23.	12	Caleb Rankin	16:40.0	Bettendorf
24.	11	Jack Behrens	16:51.5	Ankeny Centennial
25.	10	JC Nuci	16:55.0	Davenport North
26.	12	Maxwell Bruss	16:57.4	Iowa City West
27.	12	Sean Thomas	16:58.3	Ankeny Centennial
28.	12	Corbin Vander Weerdt	17:00.1	Ankeny Centennial
29.	9	Andrew Allen	17:03.8	Xavier Cedar Rapids
30.	12	Seamus O'Connor	17:04.8	Mount Vernon-Lisbon
31.	11	Nathaniel Goff	17:05.8	Cedar Rapids Kennedy
32.	11	Talan Becker	17:06.6	Muscatine
33.	12	Ben Ritter	17:09.0	Waterloo West
34.	12	Reuben Schlaak	17:10.7	Cedar Rapids Kennedy
35.	11	Josh Gant	17:10.7	Davenport Central
36.	9	Gracia Kabula	17:13.5	Cedar Rapids Jefferson
37.	9	Michael Hanna	17:14.5	Iowa City West
38.	10	Colin Wehrle	17:16.0	Iowa City West
39.	10	Chasen Caskey	17:16.3	Mount Vernon-Lisbon
40.	11	Carter Unwin	17:17.2	North Scott Eldridge
41.	11	Liam Rehnberg	17:21.7	Bettendorf
42.	11	Noah Penn	17:23.2	Cedar Rapids Kennedy
43.	9	Tanner Stockert	17:24.4	Cedar Rapids Kennedy
44.	11	Brayden Fuller	17:29.4	Waterloo West
45.	12	Mark Nelson	17:35.6	Ankeny Centennial
46.	11	Jack McCarthy	17:38.0	North Scott Eldridge
47.	10	Levi Graham	17:44.0	Center Point-Urbana
48.	11	Adam Wiese	17:44.1	Davenport North
49.	12	Louis Dew	17:44.3	Cedar Rapids Washington
50.	12	Kaleb Wilgenbusch	17:46.3	Xavier Cedar Rapids
51.	10	Mason Nove	17:46.5	Prairie Cedar Rapids
52.	10	Zane Van Regenmorter	17:46.5	Mount Vernon-Lisbon
53.	12	Joe McCleary	17:47.9	Muscatine
54.	10	Josh Kerkove	17:49.2	Waterloo West
55.	11	Kolton Lorion	17:50.3	Clinton
56.	10	Rexton Travagiakis	17:50.7	Cedar Rapids Jefferson
57.	10	Parker Hamly	17:56.1	North Scott Eldridge
58.	10	Evan Merrill	17:57.2	Iowa City West
59.	12	Camden Bennett	17:58.2	Davenport North
60.	10	Anthony Armstrong	18:00.5	Mount Vernon-Lisbon
61.	12	Kyle Powers	18:07.5	Wahlert Dubuque
62.	11	Cayle Estling	18:09.3	Center Point-Urbana
63.	10	Niles Connely	18:13.7	Wahlert Dubuque
64.	12	Noah Gehler	18:16.1	Bettendorf

Official Team Scores

1.	Pleasant Valley	18
2.	Ankeny Centennial	47
3.	Mount Vernon-Lisbon	72
4.	Wahlert Dubuque	114
5.	Iowa City West	179
6.	Bettendorf	192
7.	Davenport Central	224
8.	Xavier Cedar Rapids	233
9.	Marion	249
10.	Cedar Rapids Kennedy	249
11.	Muscatine	323
12.	North Scott Eldridge	343
13.	Cedar Rapids Jefferson	353

1.	11	Kailee Wilson	19:56.6	Pleasant Valley
2.	9	Sadie Morales	20:07.2	Pleasant Valley
3.	9	Peyton Rexroth	20:17.7	Pleasant Valley
4.	12	Tallie Plueger	21:15.6	Ankeny Centennial
5.	9	Cali McDermott	21:18.2	Pleasant Valley
6.	11	Edith Dawson	21:18.7	Mount Vernon-Lisbon
7.	12	Constanza Viera	21:24.7	Pleasant Valley
8.	12	Emily Evison	21:33.7	Ankeny Centennial
9.	10	Miranda Sellner	21:47.0	Mount Vernon-Lisbon
10.	11	Taylor Porter	21:49.4	Ankeny Centennial
11.	9	Sorell Telecky	21:50.9	Mount Vernon-Lisbon
12.	11	Trudy Haag	22:02.5	Ankeny Centennial
13.	11	Emma Reaman	22:02.9	Ankeny Centennial
14.	12	Ella Welch	22:15.3	Pleasant Valley
15.	9	Jocelyn Kempen	22:18.3	Pleasant Valley
16.	9	Campbell Berg	22:40.2	Pleasant Valley
17.	12	Audrey Patkin	22:47.4	Ankeny Centennial
18.	12	Kennah Block	23:00.2	Bettendorf
19.	10	Mallory Unsen	23:01.4	Wahlert Dubuque
20.	10	Emma Dean	23:01.5	Wahlert Dubuque
21.	9	Grace Burke	23:02.6	Wahlert Dubuque
22.	12	Hailey Bock	23:06.1	Mount Vernon-Lisbon
23.	12	Addison Lundahl	23:21.3	Ankeny Centennial
24.	11	Bria Kelly	23:22.3	Ankeny Centennial
25.	12	Abby Drosieko	23:26.0	Ankeny Centennial
26.	12	Claire O'Melia	23:54.8	Davenport Central
27.	9	Tessa Belken	23:58.6	Wahlert Dubuque
28.	12	Isabel Makovec	24:00.3	Ankeny Centennial
29.	11	Sara Brown	24:02.5	Ankeny Centennial
30.	10	Caroline Rupe	24:03.2	Mount Vernon-Lisbon
31.	11	Ada Kaplan	24:20.7	Davenport Central
32.	12	Sophie Stilwell	24:25.7	Cedar Rapids Washington
33.	12	Audrey Forrester	24:29.5	Ankeny Centennial
34.	11	Hannah Highberger	24:29.7	Pleasant Valley
35.	10	Maryl Meeboer	24:34.3	Pleasant Valley

65.	¹² Josiah Gregory	18:16.3	Marion	36.	⁹ Elliotte Kinion	24:35.0	Mount Vernon-Lisbon
66.	¹⁰ Jack Lammers	18:17.2	Xavier Cedar Rapids	37.	⁹ Ava Solis	24:41.5	Pleasant Valley
67.	¹² Cayden Scheil	18:17.8	Mount Vernon-Lisbon	38.	⁹ Ali Bries	24:42.5	Pleasant Valley
68.	¹¹ Nate Lukkarinen	18:18.9	Muscatine	39.	¹¹ Maddy Hetrick	24:46.3	Cedar Rapids Washington
69.	¹² Landon Potts	18:20.9	Bettendorf	40.	¹² Sabrina Richards	24:46.5	Pleasant Valley
70.	¹² Yorty Hagedorn	18:23.9	North Scott Eldridge	41.	¹² Paige Nelson	24:49.4	Ankeny Centennial
71.	¹⁰ Liam Northway	18:28.3	Marion	42.	¹¹ Elyse Meyer	24:50.1	Ankeny Centennial
72.	¹⁰ Ben Clayton	18:28.7	North Scott Eldridge	43.	¹² Katelyn Thierry	24:50.5	Ankeny Centennial
73.	⁹ Ethan Medina	18:31.3	Marion	44.	⁹ Bella Buesch	24:52.3	Ankeny Centennial
74.	¹¹ Dylon Mason	18:31.4	Muscatine	45.	⁹ Alice Baghdasaryan	24:55.2	Ankeny Centennial
75.	⁹ Mason Ringdahl	18:36.7	Davenport North	46.	¹² Bella Brinson	24:56.0	Ankeny Centennial
76.	¹² Nick Klapatauskas	18:41.0	Wahlert Dubuque	47.	¹² Sophia Olivo	24:56.6	Iowa City West
77.	⁹ Ian Bitterman	18:41.4	Davenport North	48.	¹² Ivy Hendrickson	24:58.6	Iowa City West
78.	¹¹ Landon Batcheler	18:47.8	Center Point-Urbana	49.	¹² Lila Blake	24:59.4	Ankeny Centennial
79.	¹⁰ Azaryah (AJ) Dietz	18:48.7	Marion	50.	¹¹ Ellie Stephenson	25:00.3	Xavier Cedar Rapids
80.	¹² Asher Weems	18:49.3	Marion	51.	⁹ Amelia Wright	25:01.0	Ankeny Centennial
81.	¹² Ed Weiner	18:49.6	Clinton	52.	¹⁰ Cadence Pastor	25:12.5	Marion
82.	⁹ Lance Mueggenberg	18:50.7	Xavier Cedar Rapids	53.	¹² Marie Stier	25:15.5	Iowa City West
83.	⁹ Zeke Skyles	18:53.6	North Scott Eldridge	54.	¹⁰ Everlie Sell	25:15.8	Wahlert Dubuque
84.	¹¹ Austin Damisch	18:55.2	Cedar Rapids Washington	55.	¹² Alena Dietz	25:18.3	Marion
85.	¹⁰ Derek Barfels	19:03.1	Davenport Central	56.	¹² Adelia Good	25:20.6	Bettendorf
86.	¹² Brice Wahe	19:07.0	Iowa City West	57.	¹¹ Emerson Blocker	25:21.1	Cedar Rapids Kennedy
87.	¹⁰ Sebastian Paez	19:08.9	Davenport North	58.	¹⁰ Natalie Lord	25:21.8	Davenport North
88.	¹² Sam Showers	19:10.1	Iowa City West	59.	¹¹ Olivia Bellini	25:22.6	Wahlert Dubuque
89.	⁹ Sean Kelly	19:12.6	Xavier Cedar Rapids	60.	⁹ Lexi Liu	25:23.0	Mount Vernon-Lisbon
90.	⁹ Trevor Matthaiddess	19:15.8	North Scott Eldridge	61.	¹² Clare Nydegger	25:23.1	Mount Vernon-Lisbon
91.	¹⁰ Kayson Cordell	19:23.8	Waterloo West	62.	¹¹ Tiffany Ku	25:23.9	Pleasant Valley
92.	¹² Drew Kurriger	19:25.0	Muscatine	63.	¹¹ Audrey Pruet	25:24.7	Cedar Rapids Kennedy
93.	¹⁰ Hayden Reilly	19:26.9	Cedar Rapids Washington	64.	¹² Paige Mook	25:24.7	Bettendorf
94.	¹¹ Laird Hanna	19:29.1	Cedar Rapids Washington	65.	¹² Allie Johnson	25:26.6	Pleasant Valley
95.	¹² Sam Kennedy	19:33.5	Wahlert Dubuque	66.	¹¹ Sarah Novak	25:27.5	Cedar Rapids Washington
96.	¹¹ Canton Welsch	19:37.5	Muscatine	67.	¹² Lydia Long	25:28.5	Cedar Rapids Jefferson
97.	⁹ Caleb Lang	19:38.9	Xavier Cedar Rapids	68.	¹² Lucy Oehler	25:39.9	Xavier Cedar Rapids
98.	¹² Arthur Seufferlein	19:44.6	Marion	69.	¹¹ Lydia Anderson	25:40.0	Muscatine
99.	¹¹ James Knight	19:48.7	Waterloo West	70.	¹⁰ Lillian Evans	25:41.6	Ankeny Centennial
100.	¹² Zarek Haskell	19:52.9	Clinton	71.	¹² Lily McConnell	25:42.9	Iowa City West
101.	¹² Jilles Aklassou	19:56.0	Cedar Rapids Jefferson	72.	¹⁰ Jenna DeNike	25:44.1	Pleasant Valley
102.	¹¹ Jonathan Mittelsteadt	20:32.1	Cedar Rapids Jefferson	73.	⁹ Kate Martin	25:45.6	Mount Vernon-Lisbon
103.	¹⁰ Brady Cripe	20:34.4	Xavier Cedar Rapids	74.	¹² Madisyn Yarham	25:45.8	North Scott Eldridge
104.	⁹ Jacob Barton	20:37.2	Davenport North	75.	⁹ Clara Vavricek	25:51.8	Mount Vernon-Lisbon
105.	¹⁰ Solomon Cassell	20:42.5	Cedar Rapids Jefferson	76.	¹² Melanie Buresh	25:55.7	Prairie Cedar Rapids
106.	¹² Joel Robertson	20:50.1	Marion	77.	¹² Sidney Tranel	25:56.1	Iowa City West
107.	⁹ Jack McAtee	20:59.0	Cedar Rapids Washington	78.	¹¹ Ellison Pierce	25:57.8	Cedar Rapids Kennedy
108.	¹² Xavier Ramsey	21:03.4	Waterloo West	79.	¹⁰ Brooklyn Mayrose	25:59.7	Ankeny Centennial
109.	⁹ Anthony Sayson	21:19.3	Clinton	80.	¹⁰ Ella Arens	26:09.7	Xavier Cedar Rapids
110.	¹¹ Noah Van Meter	21:34.6	Cedar Rapids Washington	81.	¹¹ Kilee Gutierrez	26:12.8	Bettendorf
111.	⁹ Lewis Foster	21:39.1	Cedar Rapids Washington	82.	¹⁰ Addy Kramer	26:25.9	Pleasant Valley
112.	¹¹ David Peralta-Flores	22:07.3	Clinton	83.	¹¹ Vira Hadzhiieva	26:26.3	Wahlert Dubuque
				84.	¹¹ Ava Barten	26:26.4	Ankeny Centennial
				85.	¹¹ Adeline Whisner	26:28.3	Mount Vernon-Lisbon
				86.	¹¹ Maggie Menster	26:28.7	Bettendorf
				87.	¹² Kacy Olson	26:31.1	Ankeny Centennial
				88.	⁹ Jazelle Robertson	26:32.3	Davenport Central
				89.	¹² Anna Tryon	26:38.4	Bettendorf
				90.	¹² Josie Klett	26:38.5	Center Point-Urbana
				91.	¹¹ Shyanne Lemmon	26:38.6	Muscatine
				92.	¹² Avery Lehman	26:44.6	Pleasant Valley
				93.	¹² Ciara O'Brien	26:46.9	Xavier Cedar Rapids
				94.	¹² Annie Dickens	26:49.3	Iowa City West

5,000 Meters JV Boys 5K

Official Team Scores

1. Ankeny Centennial 25
2. Iowa City West 30

3.	Mount Vernon-Lisbon	68
4.	Cedar Rapids Kennedy	103
5.	North Scott Eldridge	136
6.	Bettendorf	166
7.	Center Point-Urbana	247
8.	Xavier Cedar Rapids	255
9.	Marion	263
10.	Waterloo West	282
11.	Davenport Central	291

95.	12	Amelia Noguera	26:50.3	Pleasant Valley
96.	9	Jourdyn Williams	26:54.5	Marion
97.	11	Marie Francois	27:06.3	Xavier Cedar Rapids
98.	10	Izzy Todd	27:08.0	Pleasant Valley
99.	12	Kate Dupuich	27:08.4	Iowa City West
100.	10	Leah Barr	27:09.6	Pleasant Valley
101.	11	Riley Sabin	27:11.0	Center Point-Urbana
102.	10	Reagan Slaymaker	27:18.9	Mount Vernon-Lisbon
103.	11	Ingrid Morf	27:19.9	Mount Vernon-Lisbon
104.	11	Aly Balashaitis	27:21.5	Ankeny Centennial
105.	10	Aly Perez	27:21.7	Davenport Central
106.	9	Kyla Benke	27:25.5	Marion
107.	12	Abby Leaders	27:26.7	Ankeny Centennial
108.	11	Rosie Howieson	27:30.3	Ankeny Centennial
109.	12	Jenna Steenblock	27:42.3	Cedar Rapids Kennedy
110.	9	Amelia Klouse	27:45.4	Ankeny Centennial
111.	10	Allie Sheesley	27:50.2	Ankeny Centennial
112.	10	Lucy Simatovich	27:50.5	Davenport Central
113.	11	Thea Eid	27:53.9	Xavier Cedar Rapids
114.	10	Veronica Uy	27:56.0	Davenport North
115.	11	Annabelle Ovel	28:05.5	Cedar Rapids Kennedy
116.	10	Addie Trees	28:06.1	Pleasant Valley
117.	10	Dotti Garbes	28:10.3	Marion
118.	11	Rashele Malko	28:11.0	Cedar Rapids Jefferson
119.	11	Amelia Fangman	28:12.7	Muscatine
120.	9	Hope Zietlow	28:15.1	Pleasant Valley
121.	11	Drennan Fazio	28:16.5	Wahlert Dubuque
122.	11	Leah Thurm	28:20.3	Xavier Cedar Rapids
123.	12	Alex Cherry	28:20.9	Cedar Rapids Washington
124.	12	Ava Linn	28:25.2	Xavier Cedar Rapids
125.	9	Lexi Glaza	28:28.6	Mount Vernon-Lisbon
126.	9	Olive Budde	28:29.8	North Scott Eldridge
127.	11	Audrey Seneli	28:33.5	Bettendorf
128.	12	Anna Jomrich	28:33.5	Ankeny Centennial
129.	9	Fiona Calcara	28:34.2	Mount Vernon-Lisbon
130.	11	Kaley Swanson	28:36.0	Ankeny Centennial
131.	12	Hilary Paulson	28:37.4	Ankeny Centennial
132.	12	Millie Brooks	28:37.4	Ankeny Centennial
133.	9	Victoria Hansel	28:38.5	Pleasant Valley
134.	9	Chloe Ellis	28:40.0	Clinton
135.	10	Anna Woods	28:46.5	Ankeny Centennial
136.	12	Grace Wethal	28:49.9	Wahlert Dubuque
137.	11	Audrey Schaeffer	28:56.7	Ankeny Centennial
138.	12	Kayla Clark	29:04.1	Ankeny Centennial
139.	11	Annebell Cearlock	29:07.0	Wahlert Dubuque
140.	10	Isabella Suarez	29:13.1	North Scott Eldridge
141.	12	Benie Toko	29:19.7	Davenport Central
142.	9	Leah Leonard	29:29.2	Mount Vernon-Lisbon
143.	9	Eve Sherbon	29:42.6	Marion
144.	12	Alexis Rahlf	29:42.9	Muscatine
145.	9	Claire Reimer	30:01.7	Ankeny Centennial
146.	9	Lillia Porter	30:12.0	Ankeny Centennial
147.	12	Madison Andrews	30:13.6	North Scott Eldridge
148.	11	Julia Bruns	30:14.1	Cedar Rapids Kennedy
149.	11	Ryan Chittenden	30:14.3	Cedar Rapids Kennedy
150.	11	Fatima Torres	30:30.9	Cedar Rapids Jefferson
151.	10	Katelyn Peck	30:31.6	North Scott Eldridge
152.	12	Aubrey Sires	30:39.9	Xavier Cedar Rapids
153.	12	Lydia Virtue	30:59.8	Wahlert Dubuque

1.	11	Ian Smith	17:19.7	Ankeny Centennial
2.	11	Blake Bybee	17:29.3	Ankeny Centennial
3.	11	Jack Eastvold	17:41.9	Iowa City West
4.	11	Isaac Porter	17:55.2	Ankeny Centennial
5.	11	Asif Ali	17:56.5	Iowa City West
6.	11	Praneel Rastogi	17:59.8	Iowa City West
7.	12	Casandro Chan	18:09.2	Iowa City West
8.	12	Caleb Murray	18:13.2	Ankeny Centennial
9.	12	Brady Olson	18:13.4	Iowa City West
10.	11	Lane Moeckly	18:14.4	Ankeny Centennial
11.	9	Danny Dye	18:19.8	Mount Vernon-Lisbon
12.	10	Kyler Happel	18:23.7	Mount Vernon-Lisbon
13.	11	Ryker Scheckel	18:24.4	Cedar Rapids Kennedy
14.	10	Drayden Nunemaker	18:27.2	Mount Vernon-Lisbon
15.	12	Graham Vavricek	18:29.7	Mount Vernon-Lisbon
16.	11	Brody Speidel	18:42.4	Mount Vernon-Lisbon
17.	11	Grant Pattridge	18:44.4	Cedar Rapids Kennedy
18.	12	Matthew Pearson	18:54.0	Bettendorf
19.	12	Isaac Stanley	18:56.0	North Scott Eldridge
20.	11	Jacob Krambeer	18:58.1	Prairie Cedar Rapids
21.	11	Zach McMann	18:58.9	North Scott Eldridge
22.	12	Kai Merrill	19:02.3	Iowa City West
23.	11	Ethan White	19:07.9	Cedar Rapids Kennedy
24.	11	Eric Valde	19:09.3	Prairie Cedar Rapids
25.	10	Gus Martino	19:10.3	Xavier Cedar Rapids
26.	12	Zachary Ispentchian	19:11.6	Cedar Rapids Kennedy
27.	12	Jeremy Reeve	19:14.0	Ankeny Centennial
28.	11	Dade Davis	19:14.1	Prairie Cedar Rapids
29.	11	Thomas Tong	19:18.5	Iowa City West
30.	11	Anthony Zachar	19:20.0	Cedar Rapids Kennedy
31.	12	Eli Maze	19:23.9	Iowa City West
32.	12	Dawsan Dufloth	19:28.4	North Scott Eldridge
33.	11	Ramsey Mineart	19:30.0	Waterloo West
34.	12	Zachary Malone	19:30.1	Ankeny Centennial
35.	11	Tanner Fulton	19:30.6	Bettendorf
36.	11	Jonas Robinson	19:31.4	Ankeny Centennial
37.	12	Tanner Wilson	19:33.6	Cedar Rapids Kennedy
38.	11	Jordan DeSimone	19:35.6	Bettendorf
39.	12	Mason Schaack	19:36.3	North Scott Eldridge
40.	12	Matthew Simmons	19:41.9	North Scott Eldridge
41.	12	David Waweru	19:47.8	Cedar Rapids Kennedy
42.	11	Harrison Stark	19:48.1	Prairie Cedar Rapids
43.	10	Gavin Hove	19:54.5	Mount Vernon-Lisbon

44.	9	Asa Kanter	19:58.2	Davenport Central	154.	11	Sami Kopparapu	31:03.3	Ankeny Centennial
45.	10	Tyler Miller	19:58.9	Xavier Cedar Rapids	155.	10	Emily Bock	31:13.0	Mount Vernon-Lisbon
46.	11	Henry Rieck	20:00.7	North Scott Eldridge	156.	12	Iyanna Barkley	31:18.8	Marion
47.	12	William Neighbor	20:03.2	Bettendorf	157.	10	Lily Gao	31:25.8	Pleasant Valley
48.	12	Walter Freund	20:04.5	Wahlert Dubuque	158.	10	Alexis Endreshak	31:41.2	Clinton
49.	10	Jackson Kelly	20:05.8	Center Point-Urbana	159.	11	Angelynnah Beaman	31:56.7	Marion
50.	11	Lukas Wienclaw	20:05.9	Bettendorf	160.	9	Kritika Parajuli	32:00.8	Ankeny Centennial
51.	12	Jeffrey Hartogh	20:06.3	Marion	161.		, Shahrzadâ SAAED	32:06.0	Ankeny Centennial
52.	10	Tate Petersen	20:09.7	Mount Vernon-Lisbon	162.	11	Emma McGregor	32:09.0	Xavier Cedar Rapids
53.	11	Andrew Kapler	20:10.8	Marion	163.	9	Marley Long	32:11.2	Ankeny Centennial
54.	9	Kyle Bock	20:12.1	Mount Vernon-Lisbon	164.	11	Kylie Olson	32:22.6	Marion
55.	11	Cade Happel	20:12.6	Mount Vernon-Lisbon	165.	12	Nora Brown	32:25.6	Clinton
56.	12	Aiden Morrill	20:13.7	Mount Vernon-Lisbon	166.	12	Theresa Gonpue	32:47.9	Cedar Rapids Jefferson
57.	12	Oliver Olsen	20:15.5	North Scott Eldridge	167.	10	Angela Noguera	33:15.4	Pleasant Valley
58.	11	Ben Sholes	20:20.6	Center Point-Urbana	168.	11	Lauren Hesseling	33:34.7	Muscatine
59.	12	Sam Nelson	20:21.4	Wahlert Dubuque	169.	11	Kayley Willenborg	33:44.8	Xavier Cedar Rapids
60.	9	Luke McCormick	20:22.0	Center Point-Urbana	170.	9	Ellie Mason	33:52.0	Marion
61.	12	Adam Hartwigsen	20:23.8	Ankeny Centennial	171.	9	Audrey Smith	34:11.0	Ankeny Centennial
62.	11	Ethan Lee	20:25.9	Iowa City West	172.	9	Hosanna Dietz	34:16.1	Marion
63.	10	Connor Bussey	20:26.4	Marion	173.	11	Emma Richmond	34:23.3	Xavier Cedar Rapids
64.	11	Kannon Mitchell	20:27.6	Ankeny Centennial	174.	11	Anna Maile	34:42.0	Ankeny Centennial
65.	12	Gustavo Perez-Espina	20:28.3	North Scott Eldridge	175.	10	Gracie Uhl	35:03.2	Marion
66.	10	Cooper Ross	20:28.7	Center Point-Urbana	176.	11	Josephine Budederi	35:34.7	Cedar Rapids Jefferson
67.	10	Vincent Belcher	20:29.3	Iowa City West	177.	11	Stephanie Clark	35:46.2	Cedar Rapids Kennedy
68.	12	Nick Tronnes	20:30.0	Davenport North	178.	11	AhRe Baugh	36:59.0	Davenport Central
69.	11	William Fitzpatrick	20:34.2	Wahlert Dubuque	179.	10	Tara Devaney	37:37.3	Marion
70.	11	Roman Wright	20:35.4	Cedar Rapids Jefferson	180.	12	Isabella Griffin	37:41.2	Cedar Rapids Kennedy
71.	12	Odin Moore	20:44.0	Bettendorf	181.	12	Cassidy Buck	42:21.7	Davenport North
72.	12	Jaks Lee	20:48.8	Mount Vernon-Lisbon	182.	11	Ilham Boukari	44:40.5	Cedar Rapids Jefferson
73.	12	Evan Padron	20:49.5	Davenport North					
74.	12	Calvin Haag	20:50.5	Ankeny Centennial					
75.	11	Jack Schilling	20:51.3	Cedar Rapids Jefferson					
76.	11	Iyan Martinez	20:55.7	Bettendorf					
77.	11	Dean Landis	21:01.6	Ankeny Centennial					
78.	10	Sonny Mendoza	21:03.5	Waterloo West					
79.	12	Khoa Nguyen	21:03.9	Ankeny Centennial					
80.	11	Logan Bailey	21:10.2	Muscatine					
81.	10	Dane Hertel	21:10.3	Waterloo West					
82.	11	Henry Appleby-Sparrow	21:12.5	Cedar Rapids Washington					
83.	11	Elliott Moehlman	21:14.8	Mount Vernon-Lisbon					
84.	9	Hagen Wilkins	21:15.6	Mount Vernon-Lisbon					
85.	11	Lucas Correa Leibfried	21:16.1	Iowa City West					
86.	11	Charlie Waechter	21:18.4	Cedar Rapids Jefferson					
87.	11	Leo Tharp	21:28.1	Mount Vernon-Lisbon					
88.	11	Henry Timmer Hackert	21:31.2	Iowa City West					
89.	10	Asher Webster	21:42.5	Mount Vernon-Lisbon					
90.	12	Bodie Logsdon	21:43.6	Davenport Central					
91.	11	Duncan Freund	21:45.2	Wahlert Dubuque					
92.	10	John Bishop	21:48.9	Mount Vernon-Lisbon					
93.	10	Nate Poduska	21:53.0	Mount Vernon-Lisbon					
94.	11	Will Cardo	21:54.5	Center Point-Urbana					
95.	9	Nicholas Hlubek	21:55.8	Xavier Cedar Rapids					
96.	10	Henry Buck	21:57.8	Center Point-Urbana					
97.	11	Asher Dornbush	22:01.1	Clinton					
98.	12	Grant Porter	22:05.2	North Scott Eldridge					
99.	12	Trey Fleming	22:07.2	Muscatine					
100.	11	Jayden Krogmann	22:12.3	Clinton					
101.	9	Eli Byroade	22:24.9	Center Point-Urbana					
102.	12	Richard Yang	22:39.8	Iowa City West					

103.	¹⁰	Zayin Barkley	22:40.1	Marion
104.	¹¹	Charles Clark	22:51.0	Marion
105.	¹⁰	Jude Elliot	22:53.8	Davenport Central
106.	¹²	Chauncey Duffey	23:03.1	Davenport Central
107.	⁹	Isaac Gross	23:05.0	Center Point-Urbana
108.	¹²	Marquez Ireland	23:08.9	Mount Vernon-Lisbon
109.	¹¹	Logan Stanerson	23:28.3	Mount Vernon-Lisbon
110.	¹⁰	Andrew Gorton	23:35.2	Marion
111.	¹⁰	Zayde Davis	23:36.2	Center Point-Urbana
112.	¹¹	Dominic Schnauffer	23:36.7	Marion
113.	¹¹	Killian Simanek	23:56.7	Xavier Cedar Rapids
114.	⁹	Elliott McNulty	24:08.2	Mount Vernon-Lisbon
115.	¹¹	Owen Hlubek	24:12.6	Xavier Cedar Rapids
116.	⁹	Zeke Holland	24:14.8	Marion
117.	¹¹	Rowan Schalk	24:18.9	Bettendorf
118.	¹¹	Owen Mclaughlin	24:21.5	Cedar Rapids Kennedy
119.	¹¹	Nick Johnston	24:31.1	Bettendorf
120.	¹¹	Luis Hernandez Leon	24:33.5	Cedar Rapids Jefferson
121.	⁹	Hayden Narveson	24:37.0	Center Point-Urbana
122.	¹²	Brendon Premkumar	24:59.9	Marion
123.	¹⁰	Justin Rundle	25:12.7	Cedar Rapids Washington
124.	¹²	Seth Christiansen	25:14.1	North Scott Eldridge
125.	¹²	Corbin Blubaugh	25:19.7	Davenport North
126.	¹⁰	Quincy Stollenwerk	25:34.0	Waterloo West
127.	⁹	Eli Suddarth	25:42.8	Davenport Central
128.	¹¹	Logan Spooner	25:59.4	Clinton
129.	¹²	Owen Powell	26:12.2	North Scott Eldridge
130.	¹¹	Remington Franks	26:17.6	Marion
131.	⁹	Emmett Pracht	26:46.9	Davenport Central
132.	¹⁰	Reece Rambo	26:57.1	Center Point-Urbana
133.	¹⁰	Alex Cox	27:03.4	Davenport Central
134.	¹⁰	John Louzek	27:24.7	Marion
135.	⁹	Brody Dunkelberger	27:30.7	Marion
136.	⁹	Zay Austerman	27:57.5	Mount Vernon-Lisbon
137.	¹⁰	Kei Evans	28:00.2	Xavier Cedar Rapids
138.	⁹	Kian Spaulding	28:16.8	Davenport Central
139.	¹¹	Sam Giese	28:27.2	Xavier Cedar Rapids
140.	¹⁰	Jaxon Thoms	29:58.5	Waterloo West
141.	⁹	Michael Stallman	30:31.6	Xavier Cedar Rapids
142.	¹²	Jack Pedron	36:49.6	Cedar Rapids Washington

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