

**2024 SOUTH HARDIN INVITATIONAL**

Eldora, IA  
 Pine Lake Country Club  
 Host: South Hardin  
 Saturday, September 30, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Matt Thompson  
**Meet Referee:**  
 Randy Thoren  
**Timing:**  
 Shannon Event Timings



**OFFICIAL MEET REPORT**  
 printed: 10/5/2024 11:22 AM

**Race #1**  
**Girls Junior High 2 Mile**

**Final Results****RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Peet	10	1-2-3-4(5)(6)	57:07	14:17	1:15.2
2 MS_Iowa Falls-Alden MS	38	8-9-10-11(12)(14)	1:03:50	15:58	0:55.9
3 MS_Baxter	62	7-17-18-20	1:18:09	19:33	8:21.6
4 MS_East Marshall	63	13-15-16-19(21)	1:14:16	18:34	3:19.9
DNP MS_Peet					
DNP MS_South Hardin					
DNP MS_Gladbrook-Reinbeck					
DNP MS_GMG					
DNP MS_Iowa Falls-Alden MS					
DNP MS_East Marshall					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 MEYER, Shai	8	2127	MS_Peet	1	13:31.41	---	6:45.7	4:12.0
2 YACKLEY, Hannah	8	2139	MS_Peet	2	14:19.94	48.53	7:10.0	4:27.1
3 MCGRANE, Dublin	8	2126	MS_Peet	3	14:28.88	57.47	7:14.4	4:29.8
4 PRUISNER, Meryl	7	2105	MS_Peet	4	14:46.58	1:15.17	7:23.3	4:35.3
5 BERNARDY, Braidin	7	2091	MS_Peet	(5)	15:00.87	1:29.46	7:30.4	4:39.8
6 ROTHWEILER, Grace	7	2107	MS_Peet	(6)	15:03.85	1:32.44	7:31.9	4:40.7
7 HAUSER, Elsie	8	1986	MS_Baxter	7	15:06.02	1:34.61	7:33.0	4:41.4
8 BAKKER, Avery	7	2089	MS_Peet	-	15:12.36	1:40.95	7:36.2	4:43.3
9 GARVIN, Lily	8	2121	MS_Peet	-	15:15.17	1:43.76	7:37.6	4:44.2
10 STAUFFER, Eden	7	2082	MS_Iowa Falls-Alde	8	15:28.28	1:56.87	7:44.1	4:48.3
11 EGGERS, Elly	8	2118	MS_Peet	-	15:33.89	2:02.48	7:46.9	4:50.0
12 FROMM, Ruby	8	2119	MS_Peet	-	15:43.39	2:11.98	7:51.7	4:53.0
13 HEIDEN, Hattie	8	2086	MS_Iowa Falls-Alde	9	15:49.60	2:18.19	7:54.8	4:54.9
14 VERDUGHT, Leah	8	2137	MS_Peet	-	15:55.96	2:24.55	7:58.0	4:56.9
15 BARTELT, Audrey	7	2090	MS_Peet	-	16:01.26	2:29.85	8:00.6	4:58.5
16 NELSON, Mariah	7	2081	MS_Iowa Falls-Alde	10	16:07.25	2:35.84	8:03.6	5:00.4
17 HOVERSTEN, Finley	8	2087	MS_Iowa Falls-Alde	11	16:24.17	2:52.76	8:12.1	5:05.6
18 HALLER, Sarah	8	2123	MS_Peet	-	16:30.62	2:59.21	8:15.3	5:07.6
19 HALVORSEN, Alivia	8	2145	MS_South Hardin	-	16:32.76	3:01.35	8:16.4	5:08.3
20 HENNINGER, Madisen	8	2124	MS_Peet	-	16:33.39	3:01.98	8:16.7	5:08.5
21 BERGER, Zoey	8	2115	MS_Peet	-	16:33.55	3:02.14	8:16.8	5:08.6
22 ELMORE, Addison	8	2007	MS_GMG	-	16:48.55	3:17.14	8:24.3	5:13.2
23 LORENZEN, Kaitlyn	7	2080	MS_Iowa Falls-Alde	(12)	16:50.55	3:19.14	8:25.3	5:13.8
24 SMITH, Lily	7	1996	MS_East Marshall	13	16:55.77	3:24.36	8:27.9	5:15.5
25 REICHERTS, Ayla	7	2106	MS_Peet	-	16:59.65	3:28.24	8:29.8	5:16.7
26 BOWERMASTER, Caroline	7	2092	MS_Peet	-	17:13.42	3:42.01	8:36.7	5:20.9
27 RILEY, Kamryn	8	2133	MS_Peet	-	17:15.37	3:43.96	8:37.7	5:21.5
28 NICHOLS, Maggie	7	2103	MS_Peet	-	17:22.16	3:50.75	8:41.1	5:23.7
29 CAMPBELL, Liza	8	2083	MS_Iowa Falls-Alde	(14)	17:31.38	3:59.97	8:45.7	5:26.5
30 WESSELS, Jayla	7	2111	MS_Peet	-	17:34.97	4:03.56	8:47.5	5:27.6

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### Race #1 Girls Junior High 2 Mile

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
31 JASPER, Alyson	7	2100	MS_Peet	-	17:42.11	4:10.70	8:51.1	5:29.8
32 GABEL, Elsie	8	2120	MS_Peet	-	18:03.67	4:32.26	9:01.8	5:36.5
33 HESS, Abbi	7	2099	MS_Peet	-	18:06.98	4:35.57	9:03.5	5:37.6
34 NOTTGER, Alayna	8	2130	MS_Peet	-	18:07.16	4:35.75	9:03.6	5:37.6
35 DAVIS, Brooklyn	7	2095	MS_Peet	-	18:07.65	4:36.24	9:03.8	5:37.8
36 BROSHAR, Ivery	7	2093	MS_Peet	-	18:19.55	4:48.14	9:09.8	5:41.5
37 ROSELAND, Colbie	7	2005	MS_Gladbrook-Rei	-	18:21.69	4:50.28	9:10.8	5:42.1
38 ROUSE, Katelynn	7	2108	MS_Peet	-	18:22.23	4:50.82	9:11.1	5:42.3
39 CHRISTENSEN, Hattie	8	2084	MS_Iowa Falls-Alde	-	18:23.61	4:52.20	9:11.8	5:42.7
40 SMITH, Brighton	7	2110	MS_Peet	-	18:23.67	4:52.26	9:11.8	5:42.8
41 FRYE, Evelyn	7	1993	MS_East Marshall	15	18:29.38	4:57.97	9:14.7	5:44.5
42 FRERICHS, Mallory	7	2097	MS_Peet	-	18:30.26	4:58.85	9:15.1	5:44.8
43 BUFFINGTON-THOMAS, Jul	7	1992	MS_East Marshall	16	18:34.41	5:03.00	9:17.2	5:46.1
44 TIMMERMAN, Tayber	8	2135	MS_Peet	-	18:42.03	5:10.62	9:21.0	5:48.5
45 COOK, AnnaLeah	8	2085	MS_Iowa Falls-Alde	-	19:10.38	5:38.97	9:35.2	5:57.3
46 RANDALL, Taylor	8	2132	MS_Peet	-	19:20.75	5:49.34	9:40.4	6:00.5
47 PERKINS, Harper	8	2131	MS_Peet	-	19:33.63	6:02.22	9:46.8	6:04.5
48 PICKETT, Lily	7	1984	MS_Baxter	17	19:40.91	6:09.50	9:50.5	6:06.7
49 WARDEN, Ruth	7	1985	MS_Baxter	18	19:53.70	6:22.29	9:56.9	6:10.7
50 JANSSEN, Kaylee	8	2125	MS_Peet	-	20:05.71	6:34.30	10:02.9	6:14.4
51 BROELL, Addison	8	2117	MS_Peet	-	20:10.02	6:38.61	10:05.0	6:15.8
52 GOODRICH, Gracie	7	1994	MS_East Marshall	19	20:15.59	6:44.18	10:07.8	6:17.5
53 NICHOLSON, Amber	8	2129	MS_Peet	-	20:43.98	7:12.57	10:22.0	6:26.3
54 WESTHOFF, Adalynn	7	2112	MS_Peet	-	20:55.00	7:23.59	10:27.5	6:29.8
55 NIELSEN, Freya	7	2142	MS_South Hardin	-	21:32.90	8:01.49	10:46.5	6:41.5
56 CEAGLSKE, Grace	7	2094	MS_Peet	-	21:49.57	8:18.16	10:54.8	6:46.7
57 LINS, Molly	7	2101	MS_Peet	-	22:00.18	8:28.77	11:00.1	6:50.0
58 WILDONGER, Hailee	7	2113	MS_Peet	-	22:01.35	8:29.94	11:00.7	6:50.4
59 MOFFIT, Ella	7	1983	MS_Baxter	20	23:27.56	9:56.15	11:43.8	7:17.1
60 GOODWIN, Grace	7	2098	MS_Peet	-	23:34.99	10:03.5	11:47.5	7:19.4
61 KAUFMAN, Kaylee	7	2004	MS_Gladbrook-Rei	-	24:08.49	10:37.0	12:04.2	7:29.8
62 LACINA, Lola	7	1995	MS_East Marshall	(21)	25:09.52	11:38.1	12:34.8	7:48.8
63 BREIT, Lila	8	2116	MS_Peet	-	27:10.62	13:39.2	13:35.3	8:26.4
64 WILLIAMSON, Carly	7	2144	MS_South Hardin	-	27:49.04	14:17.6	13:54.5	8:38.3
-- SCHWEIGEL, Ava	7	2109	MS_Peet	-			---	---
-- ELGERSMA, Jasmine	7	2096	MS_Peet	-			---	---
-- MCKERNAN, Samantha	7	2102	MS_Peet	-			---	---
-- PENNING, Quinn	7	2104	MS_Peet	-			---	---
-- HEASLEY, Karli	8	2006	MS_Gladbrook-Rei	-			---	---
-- BARTLETT, Finley	8	2114	MS_Peet	-			---	---
-- GOLLARDO, Sofia	8	2122	MS_Peet	-			---	---
-- NEWMAN, Taylor	8	2128	MS_Peet	-			---	---
-- STOPPEL, Braelyn	8	2134	MS_Peet	-			---	---
-- TINK, Olivia	8	2136	MS_Peet	-			---	---
-- WOODS, Nina	8	2138	MS_Peet	-			---	---
-- RIEKS, Dryver	8	2088	MS_Iowa Falls-Alde	-			---	---

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**Race #1**  
**Girls Junior High 2 Mile**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
-- ROY, Brenna	7	2143	MS_South Hardin	-			---	---
-- HENDRICKS, Abigail	8	1997	MS_East Marshall	-			---	---

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**Race #2**  
**Boys Junior High 2 Mile**

**Final Results****RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Holmes	13	1-2-4-6(7)(8)	48:58	12:15	1:47.1
2 MS_Iowa Falls-Alden MS	39	3-11-12-13(16)(17)	57:01	14:16	2:53.5
3 MS_Gladbrook-Reinbeck	57	5-9-18-25	1:04:25	16:07	8:11.9
4 MS_Waterloo Christian	58	10-14-15-19	1:01:03	15:16	1:14.4
5 MS_East Marshall	86	20-21-22-23(24)	1:10:31	17:38	2:25.1
DNP MS_Holmes					
DNP MS_Baxter					
DNP MS_South Hardin					
DNP MS_Gladbrook-Reinbeck					
DNP MS_Iowa Falls-Alden MS					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 GALL, Jeremy	8	2052	MS_Holmes	1	11:16.84	---	5:38.4	3:30.2
2 BRODAHL, Matthew	8	2048	MS_Holmes	2	12:05.77	48.93	6:02.9	3:45.4
3 HERRIN, Andrew	8	2078	MS_Iowa Falls-Alde	3	12:12.87	56.03	6:06.4	3:47.6
4 KENKEL, Will	8	2057	MS_Holmes	4	12:30.55	1:13.71	6:15.3	3:53.1
5 PIFKIN, Caleb	8	2003	MS_Gladbrook-Rei	5	13:02.72	1:45.88	6:31.4	4:03.1
6 TJADEN, Caleb	8	2068	MS_Holmes	6	13:03.91	1:47.07	6:32.0	4:03.5
7 FLOYD, Grayson	7	2140	MS_South Hardin	-	13:09.39	1:52.55	6:34.7	4:05.2
8 MYERS, Marshall	7	2029	MS_Holmes	(7)	13:13.88	1:57.04	6:36.9	4:06.5
9 SCHULTZ, Bryant	7	2038	MS_Holmes	(8)	13:32.52	2:15.68	6:46.3	4:12.3
10 BONZER, Mason	7	2009	MS_Holmes	-	13:36.22	2:19.38	6:48.1	4:13.5
11 BAILEY, Benjamin	8	2045	MS_Holmes	-	13:37.55	2:20.71	6:48.8	4:13.9
12 HANDORF, Lincoln	7	1980	MS_Baxter	-	13:44.81	2:27.97	6:52.4	4:16.2
13 HOOVER, Kenney	8	2055	MS_Holmes	-	13:48.05	2:31.21	6:54.0	4:17.2
14 DEWALL, Mason	7	2013	MS_Holmes	-	13:49.24	2:32.40	6:54.6	4:17.5
15 KODIAGA, Tito	8	2058	MS_Holmes	-	14:03.26	2:46.42	7:01.6	4:21.9
16 HEISI, Dayton	7	1999	MS_Gladbrook-Rei	9	14:15.26	2:58.42	7:07.6	4:25.6
17 BROWN, Wilson	7	2010	MS_Holmes	-	14:28.62	3:11.78	7:14.3	4:29.8
18 JO, Thomas	7	2146	MS_Waterloo Christ	10	14:38.61	3:21.77	7:19.3	4:32.9
19 MILLER, Sam	7	2027	MS_Holmes	-	14:42.18	3:25.34	7:21.1	4:34.0
20 IRWIN, Sheamus	8	2056	MS_Holmes	-	14:44.54	3:27.70	7:22.3	4:34.7
21 KANN, Henry	7	2023	MS_Holmes	-	14:46.29	3:29.45	7:23.1	4:35.2
22 MEYER, Chayce	7	2073	MS_Iowa Falls-Alde	11	14:47.71	3:30.87	7:23.9	4:35.7
23 VANDERLOOP, Cole	7	2077	MS_Iowa Falls-Alde	12	14:53.95	3:37.11	7:27.0	4:37.6
24 NOLTE, Louis	8	2063	MS_Holmes	-	14:55.34	3:38.50	7:27.7	4:38.1
25 GOBLIRSCH, Luke	7	2018	MS_Holmes	-	14:57.85	3:41.01	7:28.9	4:38.8
26 CALLES, Yeinzon	7	2072	MS_Iowa Falls-Alde	13	15:06.34	3:49.50	7:33.2	4:41.5
27 BERENDZEN, Max	8	2047	MS_Holmes	-	15:06.93	3:50.09	7:33.5	4:41.7
28 BAILEY, Sam	8	2046	MS_Holmes	-	15:08.33	3:51.49	7:34.2	4:42.1
29 NICHOLSON, Jesse	8	2062	MS_Holmes	-	15:08.84	3:52.00	7:34.4	4:42.2
30 WOORLEY, Levi	8	2149	MS_Waterloo Christ	14	15:15.59	3:58.75	7:37.8	4:44.3

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**Race #2**  
**Boys Junior High 2 Mile**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
31 MULNIX, Hawken	8	2148	MS_Waterloo Christ	15	15:15.73	3:58.89	7:37.9	4:44.4
32 STUPP, Mathias	8	2141	MS_South Hardin	-	15:19.14	4:02.30	7:39.6	4:45.4
33 ROLF, Cameron	7	2033	MS_Holmes	-	15:20.60	4:03.76	7:40.3	4:45.9
34 SCHMITT, Kael	8	2066	MS_Holmes	-	15:26.79	4:09.95	7:43.4	4:47.8
35 POPENHAGEN, Jaxon	7	1981	MS_Baxter	-	15:33.15	4:16.31	7:46.6	4:49.8
36 GOODENBOUR, Aiden	8	2053	MS_Holmes	-	15:34.84	4:18.00	7:47.4	4:50.3
37 UBBEN, Tucker	7	2198	MS_Iowa Falls-Alde	(16)	15:35.41	4:18.57	7:47.7	4:50.5
38 SUPER, Noah	7	2075	MS_Iowa Falls-Alde	(17)	15:36.63	4:19.79	7:48.3	4:50.9
39 SUNDARESAN, Abimukunth	7	2039	MS_Holmes	-	15:37.71	4:20.87	7:48.9	4:51.2
40 ROUSE, Foster	7	2034	MS_Holmes	-	15:39.70	4:22.86	7:49.9	4:51.8
41 WARBY, James	7	2041	MS_Holmes	-	15:46.81	4:29.97	7:53.4	4:54.0
42 CARTER, Taten	7	2011	MS_Holmes	-	15:51.53	4:34.69	7:55.8	4:55.5
43 WRIDER, Mason	7	2001	MS_Gladbrook-Rei	18	15:51.73	4:34.89	7:55.9	4:55.6
44 FREIBERG, Bennett	7	2015	MS_Holmes	-	15:53.01	4:36.17	7:56.5	4:56.0
45 MCGRANE, Noah	7	2147	MS_Waterloo Christ	19	15:53.01	4:36.17	7:56.5	4:56.0
46 ALDAMAK, Omar	7	2008	MS_Holmes	-	16:01.55	4:44.71	8:00.8	4:58.6
47 DICE, Parker	8	2051	MS_Holmes	-	16:05.79	4:48.95	8:02.9	4:59.9
48 WILKINSON, Elliot	8	2070	MS_Holmes	-	16:11.71	4:54.87	8:05.9	5:01.8
49 SAILER, Reagan	7	2074	MS_Iowa Falls-Alde	-	16:14.37	4:57.53	8:07.2	5:02.6
50 BOERM, Aadem	7	1987	MS_East Marshall	20	16:14.82	4:57.98	8:07.4	5:02.7
51 GOODWIN, Corbin	8	2054	MS_Holmes	-	16:27.73	5:10.89	8:13.9	5:06.7
52 SCHMITZ, Solomon	7	2036	MS_Holmes	-	16:32.37	5:15.53	8:16.2	5:08.2
53 KRAAYENBRINK, Eli	8	2059	MS_Holmes	-	16:38.74	5:21.90	8:19.4	5:10.2
54 REID, Oren	7	2031	MS_Holmes	-	16:44.62	5:27.78	8:22.3	5:12.0
55 GOODRICH, Gavin	7	1988	MS_East Marshall	21	17:16.26	5:59.42	8:38.1	5:21.8
56 PAULS, Simon	8	2064	MS_Holmes	-	17:40.66	6:23.82	8:50.3	5:29.4
57 O'NEILL, Silas	7	2030	MS_Holmes	-	17:40.72	6:23.88	8:50.4	5:29.4
58 SCHMIDT, Josh	7	2035	MS_Holmes	-	17:41.70	6:24.86	8:50.9	5:29.7
59 HERROLD, Marc	7	2020	MS_Holmes	-	17:58.97	6:42.13	8:59.5	5:35.1
60 HALVORSON, Cooper	7	2019	MS_Holmes	-	18:08.14	6:51.30	9:04.1	5:37.9
61 SCHRAGE, Lincoln	7	2037	MS_Holmes	-	18:17.43	7:00.59	9:08.7	5:40.8
62 TRINIDAD MUCINO, Julian	7	1989	MS_East Marshall	22	18:19.40	7:02.56	9:09.7	5:41.4
63 WUR, Koda	8	1991	MS_East Marshall	23	18:39.85	7:23.01	9:19.9	5:47.8
64 MORFITT, Drake	7	2028	MS_Holmes	-	18:51.18	7:34.34	9:25.6	5:51.3
65 SCHATTNER, Noah	8	1990	MS_East Marshall	(24)	19:04.83	7:47.99	9:32.4	5:55.5
66 WEYDERT, Mason	8	2069	MS_Holmes	-	19:12.97	7:56.13	9:36.5	5:58.1
67 DEVRIES, Gavin	7	2012	MS_Holmes	-	19:59.49	8:42.65	9:59.7	6:12.5
68 KOEPEL, Jude	7	2025	MS_Holmes	-	20:46.35	9:29.51	10:23.2	6:27.1
69 RIGGS, Asher	8	2065	MS_Holmes	-	20:53.06	9:36.22	10:26.5	6:29.1
70 VANDER ZANDEN, Theo	7	2040	MS_Holmes	-	21:10.99	9:54.15	10:35.5	6:34.7
71 COUGHENOUR, Levi	8	2002	MS_Gladbrook-Rei	25	21:14.55	9:57.71	10:37.3	6:35.8
72 HUEY, Jack	7	2021	MS_Holmes	-	21:46.74	10:29.9	10:53.4	6:45.8
73 WHITE, Easton	7	2042	MS_Holmes	-	22:03.57	10:46.7	11:01.8	6:51.0
74 BABER, Jackson	8	2043	MS_Holmes	-	22:29.40	11:12.5	11:14.7	6:59.1
75 BRANNICK, Cyrus	7	2071	MS_Iowa Falls-Alde	-	24:23.96	13:07.1	12:12.0	7:34.6
76 MENTZER, Nicholas	8	2061	MS_Holmes	-	24:39.80	13:22.9	12:19.9	7:39.6

**2024 SOUTH HARDIN INVITATIONAL**

Eldora, IA  
 Pine Lake Country Club  
 Host: South Hardin  
 Saturday, September 30, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Matt Thompson  
**Meet Referee:**  
 Randy Thoren  
**Timing:**  
 Shannon Event Timings



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**Race #2**  
**Boys Junior High 2 Mile**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
77 DAVENPORT, Koen	8	2050	MS_Holmes	-	26:02.19	14:45.3	13:01.1	8:05.2
-- HUTCHENS, Max	7	2022	MS_Holmes	-			---	---
-- ELIZONDO, Jose	7	2014	MS_Holmes	-			---	---
-- FROST, Aiden	7	2016	MS_Holmes	-			---	---
-- GARDNER, Walker	7	2017	MS_Holmes	-			---	---
-- RAFFIELD, Grayson	7	2000	MS_Gladbrook-Rei	-			---	---
-- KEARNS, Gryffin	7	2024	MS_Holmes	-			---	---
-- KUKER, Jett	7	2026	MS_Holmes	-			---	---
-- RODRIGUES, Austin	7	2032	MS_Holmes	-			---	---
-- BACKSTROM, Grant	8	2044	MS_Holmes	-			---	---
-- CONRAD, Karson	8	2049	MS_Holmes	-			---	---
-- LENA, Sebastian	8	2060	MS_Holmes	-			---	---
-- TAYLOR, Boston	8	2067	MS_Holmes	-			---	---
-- WILHELM, Sam	8	1982	MS_Baxter	-			---	---
-- VALENCIA, Jonah	8	2079	MS_Iowa Falls-Alde	-			---	---
-- ARVISU-ERSLAND, Eric	7	1998	MS_Gladbrook-Rei	-			---	---

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**Race #3**  
**Girls Varsity/JV 5K Varsity**

**Final Results****RACE SUMMARY****TEAM SCORING SUMMARY****Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 East Marshall LeGrand	28	2-4-5-8-9	2:06:45	25:21	2:41.3
2 Montezuma	51	3-6-10-15-17	2:13:23	26:41	5:11.5
3 Webster City	61	1-12-13-16-19	2:20:12	28:03	11:35.8
4 Waterloo Christian	70	7-11-14-18-20(21)	2:29:02	29:49	12:37.0
DNP South Hardin					
DNP Colo-Nesco					
DNP Baxter					
DNP Montezuma					
DNP Don Bosco Gilbertville					
DNP Gladbrook Reinbeck					
DNP East Marshall LeGrand					
DNP Waterloo Christian					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 ERICKSON, Elizabeth	SO	1928	Colo-Nesco	-	22:20.86	---	7:11.1	4:28.2
2 GROSSOEHME, Izzy	SO	2189	Webster City	1	22:42.02	21.16	7:17.9	4:32.4
3 HULL, Sydney	SO	1948	East Marshall LeGr	2	23:37.35	1:16.49	7:35.7	4:43.5
4 COOK, Ellen	SR	1978	Montezuma	3	23:50.12	1:29.26	7:39.8	4:46.0
5 WILABY, Mya	JR	2158	South Hardin	-	24:03.41	1:42.55	7:44.1	4:48.7
6 RYAN, Delaney	SR	1953	East Marshall LeGr	4	25:21.90	3:01.04	8:09.4	5:04.4
7 OSTROSKI, Mallory	SR	1952	East Marshall LeGr	5	25:25.69	3:04.83	8:10.6	5:05.1
8 JEDLICKA, Callie	FR	1927	Colo-Nesco	-	25:35.17	3:14.31	8:13.6	5:07.0
9 ROSE, Alexa	FR	1973	Montezuma	6	25:41.44	3:20.58	8:15.6	5:08.3
10 KNIGHT, Lydia	SR	2173	Waterloo Christian	7	25:43.84	3:22.98	8:16.4	5:08.8
11 LAMBI, Aubrey	SR	1951	East Marshall LeGr	8	26:00.73	3:39.87	8:21.8	5:12.1
12 HENDRICKS, Ava	JR	1950	East Marshall LeGr	9	26:18.59	3:57.73	8:27.6	5:15.7
13 ERSELIUS, Claire	JR	1977	Montezuma	10	26:34.69	4:13.83	8:32.8	5:18.9
14 CLAWSON, Sophia	JR	1929	Colo-Nesco	-	26:36.94	4:16.08	8:33.5	5:19.4
15 BATES, Annaliese	FR	2168	Waterloo Christian	11	26:46.12	4:25.26	8:36.4	5:21.2
16 OSWALD, Sydney	SR	2196	Webster City	12	27:20.55	4:59.69	8:47.5	5:28.1
17 VANDEER, Lydia	SR	2197	Webster City	13	27:35.22	5:14.36	8:52.2	5:31.0
18 HAHN, Song	JR	2171	Waterloo Christian	14	27:56.01	5:35.15	8:58.9	5:35.2
19 SEMPRINI, Sophia	FR	1974	Montezuma	15	28:14.80	5:53.94	9:05.0	5:39.0
20 PETERSON, Abby	JR	2192	Webster City	16	28:16.16	5:55.30	9:05.4	5:39.2
21 COOK, Vivian	SO	1975	Montezuma	17	29:01.56	6:40.70	9:20.0	5:48.3
22 LAVELLE, Gracie	JR	2157	South Hardin	-	30:09.56	7:48.70	9:41.9	6:01.9
23 BATES, Calla	SR	2172	Waterloo Christian	18	30:14.94	7:54.08	9:43.6	6:03.0
24 GRANZOW, Hayden	JR	2156	South Hardin	-	33:35.78	11:14.9	10:48.2	6:43.2
25 ZOSKE, Kaydi	JR	2159	South Hardin	-	33:57.41	11:36.5	10:55.1	6:47.5
26 MURRAY, Karina	SR	2195	Webster City	19	34:17.79	11:56.9	11:01.7	6:51.6

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**Race #3**  
**Girls Varsity/JV 5K Varsity**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
27 MONAGHAN, Katelyn	FR	1960	Gladbrook Reinbec	-	36:06.01	13:45.1	11:36.5	7:13.2
28 MANDT, Savannah	FR	2169	Waterloo Christian	20	38:20.82	15:59.9	12:19.8	7:40.2
29 LITWILLER, Anna	SR	2174	Waterloo Christian	(21)	43:22.00	21:01.1	13:56.7	8:40.4
30 CAITLIN, Wayson	SR	1934	Don Bosco Gilbertvi	-			---	---
31 GLIEM, Zoey	SR	1921	Baxter	-			---	---
32 TRUE, Makayla	SR	1922	Baxter	-			---	---
33 FRIEDRICH, Lily	SO	2170	Waterloo Christian	-			---	---
34 EICHENBERGER, Haileah	JR	1976	Montezuma	-			---	---
35 KNUST, Karlee	SR	1979	Montezuma	-			---	---
36 PERKINS, Ava	SO	1949	East Marshall LeGr	-			---	---



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**Race #3**  
**Girls Varsity/JV 5K Junior Varsity**

# Final Results

## RACE SUMMARY

### INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MENDOZA, Heidi	SO	2190	Webster City	-	30:07.40	7:46.54	9:41.2	6:01.5
2 MCNIEL, Izzy	JR	2191	Webster City	-	34:58.78	12:37.9	11:14.8	6:59.8
3 EGGERS, Natalie	SR	2193	Webster City	-	36:41.97	14:21.1	11:48.0	7:20.4
4 EHN, Caroline	SR	2194	Webster City	-			---	---

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**Race #4**  
**Boys Varsity/JV 5K Varsity**

**Final Results****RACE SUMMARY****TEAM SCORING SUMMARY****Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 South Hardin	52	6-9-10-12-15(26)	1:42:59	20:36	0:53.5
2 Webster City	62	3-7-14-18-20(24)(29)	1:43:47	20:46	1:34.8
3 GMG Garwin	73	1-4-16-22-30	1:44:44	20:57	4:02.3
4 East Marshall LeGrand	76	2-8-11-27-28(32)	1:45:17	21:04	3:08.1
5 Gladbrook Reinbeck	108	5-17-19-31-36(37)	1:51:40	22:20	5:26.3
6 Montezuma	115	13-21-23-25-33(34)(35)	1:50:15	22:03	3:10.8
DNP Baxter					
DNP Waterloo Christian					
DNP Don Bosco Gilbertville					
DNP Colo-Nesco					
DNP East Marshall LeGrand					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 DIELEMAN, Grady	SR	1965	GMG Garwin	1	18:58.52	---	6:06.1	3:47.7
2 PANSEGRAU, Austin	JR	1945	East Marshall LeGr	2	19:19.95	21.43	6:13.0	3:52.0
3 THUMMA, Gabe	JR	2185	Webster City	3	19:49.48	50.96	6:22.5	3:57.9
4 KUPKA, Rider	JR	1963	GMG Garwin	4	20:02.59	1:04.07	6:26.7	4:00.5
5 WOOLERY, Markus	JR	2163	Waterloo Christian	-	20:04.95	1:06.43	6:27.4	4:01.0
6 WRIDER, Devin	SR	1959	Gladbrook Reinbec	5	20:06.45	1:07.93	6:27.9	4:01.3
7 RUNYON, Gavin	SR	2154	South Hardin	6	20:11.73	1:13.21	6:29.6	4:02.3
8 CALLAHAN, Justin	JR	2181	Webster City	7	20:13.14	1:14.62	6:30.1	4:02.6
9 CURPHY, Cael	SO	1940	East Marshall LeGr	8	20:22.08	1:23.56	6:33.0	4:04.4
10 PERISHO, Connor	SO	1925	Colo-Nesco	-	20:24.81	1:26.29	6:33.8	4:05.0
11 STARR, Hayden	SR	2155	South Hardin	9	20:25.37	1:26.85	6:34.0	4:05.1
12 VANDERWILT, Jonah	SO	2151	South Hardin	10	20:27.09	1:28.57	6:34.6	4:05.4
13 BLAKEMAN, Adam	JR	1933	Don Bosco Gilbertvi	-	20:34.07	1:35.55	6:36.8	4:06.8
14 FRYE, Nathan	SO	1942	East Marshall LeGr	11	20:39.32	1:40.80	6:38.5	4:07.9
15 BURK, Collin	JR	2152	South Hardin	12	20:48.99	1:50.47	6:41.6	4:09.8
16 REIF, Dayton	FR	1968	Montezuma	13	20:57.61	1:59.09	6:44.4	4:11.5
17 ZINNEL, Kyzer	JR	2187	Webster City	14	21:01.64	2:03.12	6:45.7	4:12.3
18 CABLE, Clayton	JR	2153	South Hardin	15	21:05.15	2:06.63	6:46.8	4:13.0
19 DAVIS, Ean	SR	2164	Waterloo Christian	-	21:05.48	2:06.96	6:46.9	4:13.1
20 DAVIS, Brayton	JR	1961	GMG Garwin	16	21:09.06	2:10.54	6:48.1	4:13.8
21 BOWSER, Caleb	SO	1954	Gladbrook Reinbec	17	21:14.45	2:15.93	6:49.8	4:14.9
22 LOPEZ, Ivan	JR	2183	Webster City	18	21:18.27	2:19.75	6:51.0	4:15.7
23 UTTERBACK, Christopher	SR	1958	Gladbrook Reinbec	19	21:20.83	2:22.31	6:51.8	4:16.2
24 OLMSTEAD, Jackson	SO	2180	Webster City	20	21:24.24	2:25.72	6:52.9	4:16.8
25 LOWRY, Cade	FR	1967	Montezuma	21	21:27.16	2:28.64	6:53.9	4:17.4
26 DIELEMAN, Henry	JR	1962	GMG Garwin	22	21:32.39	2:33.87	6:55.6	4:18.5
27 CHENEY, Cael	SO	1970	Montezuma	23	21:32.69	2:34.17	6:55.7	4:18.5

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**Race #4**  
**Boys Varsity/JV 5K Varsity**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
28 DRAEGER, Kaleb	FR	2177	Webster City	(24)	21:57.59	2:59.07	7:03.7	4:23.5
29 WETERING, Jusiai	SR	1972	Montezuma	25	22:08.32	3:09.80	7:07.1	4:25.7
30 NGUYEN, Viet	SO	2150	South Hardin	(26)	22:21.93	3:23.41	7:11.5	4:28.4
31 DOMMER, Lars	SO	1941	East Marshall LeGr	27	22:26.92	3:28.40	7:13.1	4:29.4
32 SHOEMAN, Landen	SO	1943	East Marshall LeGr	28	22:28.02	3:29.50	7:13.4	4:29.6
33 BURTON, Tariq	FR	2176	Webster City	(29)	22:38.38	3:39.86	7:16.8	4:31.7
34 GOLLY, Laine	SR	1926	Colo-Nesco	-	22:53.47	3:54.95	7:21.6	4:34.7
35 STEPHENSON, Drayson	JR	1964	GMG Garwin	30	23:00.73	4:02.21	7:24.0	4:36.1
36 GRAMER, Cole	SO	1956	Gladbrook Reinbec	31	23:24.84	4:26.32	7:31.7	4:41.0
37 FULLER, Joe	SR	1947	East Marshall LeGr	(32)	23:38.73	4:40.21	7:36.2	4:43.7
38 KERR, Cain	SO	1931	Don Bosco Gilbertvi	-	23:50.34	4:51.82	7:39.9	4:46.1
39 GARDNER, Bennet	JR	2162	Waterloo Christian	-	24:04.33	5:05.81	7:44.4	4:48.9
40 STOCKMAN, Bryson	SR	1971	Montezuma	33	24:08.39	5:09.87	7:45.7	4:49.7
41 HARNAGE, Ethan	SO	1924	Colo-Nesco	-	24:15.69	5:17.17	7:48.1	4:51.1
42 DAMON, Nicholas	FR	1966	Montezuma	(34)	24:37.90	5:39.38	7:55.2	4:55.6
43 NIE, Cayden	SO	1932	Don Bosco Gilbertvi	-	24:53.89	5:55.37	8:00.4	4:58.8
44 BRU, Linkyn	SO	1969	Montezuma	(35)	25:15.03	6:16.51	8:07.1	5:03.0
45 ANDERSON, Joshua	SO	1923	Colo-Nesco	-	25:17.19	6:18.67	8:07.8	5:03.4
46 PRANGER, Chris	FR	1930	Don Bosco Gilbertvi	-	25:24.99	6:26.47	8:10.4	5:05.0
47 KAUFFMAN, Kaden	SR	1957	Gladbrook Reinbec	36	25:32.68	6:34.16	8:12.8	5:06.5
48 EDGERTON, Camden	FR	2160	Waterloo Christian	-	26:15.42	7:16.90	8:26.6	5:15.1
49 GRAMER, Campbell	SO	1955	Gladbrook Reinbec	(37)	31:37.49	12:38.9	10:10.1	6:19.5
50 HANDORF, Max	SO	1916	Baxter	-			---	---
51 BONNEY, Parker	FR	1914	Baxter	-			---	---
52 FISHER, Brecken	FR	1915	Baxter	-			---	---
53 FRIEDRICH, Braden	SR	2167	Waterloo Christian	-			---	---
54 PARKER, Dakota	SO	1917	Baxter	-			---	---
55 PETERS, Maddox	JR	1918	Baxter	-			---	---
56 RAINSBARGER, Logan	SR	1919	Baxter	-			---	---
57 RICHARDSON, Matt	SR	1920	Baxter	-			---	---
58 CURTIS, Chandler	JR	1944	East Marshall LeGr	-			---	---
59 ELMORE, Corbin	SR	2165	Waterloo Christian	-			---	---
60 FENCL, Connor	SR	2166	Waterloo Christian	-			---	---

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**Race #4**  
**Boys Varsity/JV 5K Junior Varsity**

**Final Results****RACE SUMMARY****TEAM SCORING SUMMARY****Junior Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Webster City	15	1-2-3-4-5(8)	1:58:00	23:36	2:26.4
2 East Marshall LeGrand	43	6-7-9-10-11	2:21:36	28:20	7:00.2
DNP East Marshall LeGrand					
DNP Webster City					
DNP Waterloo Christian					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 BETTS, Jordan	FR	2175	Webster City	1	22:17.65	3:19.13	7:10.1	4:27.5
2 LAKE, Arlen	JR	2182	Webster City	2	23:31.79	4:33.27	7:34.0	4:42.4
3 PATTERSON, Owen	SR	2188	Webster City	3	23:35.87	4:37.35	7:35.3	4:43.2
4 EGGERS, Leland	SO	2178	Webster City	4	23:50.23	4:51.71	7:39.9	4:46.0
5 POWGNAS, Landis	JR	2184	Webster City	5	24:43.99	5:45.47	7:57.2	4:56.8
6 ANDERSON, Wyatt	SO	1937	East Marshall LeGr	6	24:54.08	5:55.56	8:00.4	4:58.8
7 CHURNICK, Ethan	SR	1946	East Marshall LeGr	7	25:50.31	6:51.79	8:18.5	5:10.1
8 YOUNGDALE, Ben	JR	2186	Webster City	(8)	28:06.34	9:07.82	9:02.2	5:37.3
9 HOOLEY, Joshua	FR	1935	East Marshall LeGr	9	28:56.00	9:57.48	9:18.2	5:47.2
10 NELSON, Jackson	FR	1936	East Marshall LeGr	10	30:00.80	11:02.2	9:39.0	6:00.2
11 CLINGERMAN, Seth	SO	1939	East Marshall LeGr	11	31:54.24	12:55.7	10:15.5	6:22.8
12 LITWILLER, Eric	FR	2161	Waterloo Christian	-	37:55.84	18:57.3	12:11.8	7:35.2
13 BENNETT, Maddux	SO	1938	East Marshall LeGr	-			---	---
14 HOIBERG, Kyle	SO	2179	Webster City	-			---	---