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Missouri Valley Conference Cross Country Invitational  
Logan/Missouri Valley Country Club, Missouri Valley, IA  
October 19, 2024 - 5K

GIRLS TEAM RESULTS  
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1.	39	Ikm-Manning	(	23:12.93	1:56:04.67	2:10.41)
=====						
1	3	Taylor Beckendorf 12		22:08.67		
2	4	Emily Albertsen 12		22:16.29		
3	8	Addisyn Bandow 10		23:31.09		
4	11	Catherine Conner 9		23:49.54		
5	13	Kori Beckendorf 9		24:19.08		
2.	47	Ahstw	(	23:46.63	1:58:53.16	2:54.40)
=====						
1	5	Kenna Paulsen 11		22:29.01		
2	6	Ava Paulsen 11		22:59.93		
3	7	Emery Brockhoff 9		23:14.14		
4	14	Bella Lamp 10		24:46.67		
5	15	Yana Lander 10		25:23.41		
3.	54	Woodbine	(	24:08.58	2:00:42.90	7:47.81)
=====						
1	1	Adyson Lapel 12		20:05.63		
2	2	Reagan Cogdill 11		21:28.76		
3	12	Paige Newton 9		24:03.68		
4	19	Adalynn Coenen 11		27:11.39		
5	20	Valerie Rodriguez 10		27:53.44		
4.	70	Riverside Community School	(	25:22.15	2:06:50.75	3:14.44)
=====						
1	9	Bailey Richardson 11		23:34.49		
2	10	Danika Feigenbutz 11		23:35.58		
3	16	Brecken Pierce 11		26:03.98		
4	17	Jersey Hilgenberg 9		26:47.77		
5	18	Lydia Morgan 9		26:48.93		

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GIRLS VARSITY RACE

Place	Name	Year	Team	Time	Pace
1	Adyson Lapel	12	Woodbine	20:05.7	6:29
2	Allysen Johnsen	11	Logan-Magnolia	20:16.8	6:32
3	Madison Sporrer	12	Logan-Magnolia	20:35.2	6:38
4	Grace Steinmetz	12	Heartland Christian School	20:54.5	6:44
5	Keira Diehm	10	Heartland Christian School	21:01.1	6:46
6	Reagan Cogdill	11	Woodbine	21:28.8	6:55
7	Louisa Wilson	9	Missouri Valley	22:04.6	7:07
8	Taylor Beckendorf	12	Ikm-Manning	22:08.7	7:08
9	Emily Albertsen	12	Ikm-Manning	22:16.3	7:11
10	Kenna Paulsen	11	Ahstw	22:29.1	7:15
11	Caitlyn Crouse	9	East Mills	22:33.3	7:16
12	Haedyn Hall	12	Logan-Magnolia	22:59.3	7:24
13	Ava Paulsen	11	Ahstw	23:00.0	7:25
14	Ava Steinmetz	9	Heartland Christian School	23:07.1	7:27
15	Emery Brockhoff	9	Ahstw	23:14.2	7:29
16	Addisyn Bandow	10	Ikm-Manning	23:31.1	7:35
17	Bailey Richardson	11	Riverside Community School	23:34.5	7:36
18	Danika Feigenbutz	11	Riverside Community School	23:35.6	7:36
19	Catherine Conner	9	Ikm-Manning	23:49.6	7:41
20	Paige Newton	9	Woodbine	24:03.7	7:45
21	Kori Beckendorf	9	Ikm-Manning	24:19.1	7:50
22	Keturah Wilson	11	Missouri Valley	24:27.9	7:53
23	Bella Lamp	10	Ahstw	24:46.7	7:59
24	Yana Lander	10	Ahstw	25:23.5	8:11
25	Brecken Pierce	11	Riverside Community School	26:04.0	8:24
26	Abby Gutzmer	9	Missouri Valley	26:40.2	8:36
27	Jersey Hilgenberg	9	Riverside Community School	26:47.8	8:38
28	Lydia Morgan	9	Riverside Community School	26:49.0	8:38
29	Adalynn Coenen	11	Woodbine	27:11.4	8:46
30	Valerie Rodriguez	10	Woodbine	27:53.5	8:59
31	Josie Millikan	11	Griswold	29:25.9	9:29
32	Lynnai Shada	10	Missouri Valley	30:33.4	9:51

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BOYS TEAM RESULTS

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1.	28	Riverside Community School	(	17:36.79	1:28:03.96	1:40.52)
=====						
1	1	Dawson Henderson 11		16:43.94		
2	2	Brody Henderson 11		17:02.11		
3	4	Owen Fenner 10		17:29.40		
4	10	Cruz Jaquez 10		18:24.05		
5	11	James McCready 10		18:24.46		
6	( 23)	Colton Hering 9		19:52.12		
2.	34	Woodbine	(	17:54.00	1:29:30.02	1:11.33)
=====						
1	3	Aiden Summerfield 9		17:22.83		
2	5	Evan Estrada 12		17:40.60		
3	6	Gunner Wagner 12		17:44.87		
4	7	Adam Barry 12		18:07.56		
5	13	Owen Wingert 12		18:34.16		
6	( 14)	Brody Cogdill 9		18:39.47		
7	( 17)	Xander Johnson 12		19:00.05		
3.	79	Ikm-Manning	(	18:57.02	1:34:45.13	1:11.95)
=====						
1	9	Camden Morris 11		18:14.97		
2	15	Nathanael Conner 11		18:49.43		
3	16	Kasche Huehn 12		18:55.19		
4	19	Akeo Maynard 9		19:18.62		
5	20	Abe Polzien 12		19:26.92		
6	( 24)	Hunter Julin 11		19:53.80		
4.	81	Missouri Valley	(	19:00.75	1:35:03.79	1:35.17)
=====						
1	8	Aidan Rangel 12		18:08.59		
2	12	Xavier Rangel 12		18:27.97		
3	18	Adam Meadows 12		19:05.35		
4	21	Theron Felner 12		19:38.12		
5	22	Garrett Thacker 10		19:43.76		
6	( 25)	Gavin Thacker 12		20:15.38		
7	( 26)	Keaton Voster 11		21:01.89		

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BOYS VARSITY RACE

Place	Name	Year	Team	Time	Pace
1	Dawson Henderson	11	Riverside Community School	16:44.0	5:24
2	Brody Henderson	11	Riverside Community School	17:02.2	5:29
3	Aiden Summerfield	9	Woodbine	17:22.9	5:36
4	Owen Fenner	10	Riverside Community School	17:29.4	5:38
5	Evan Estrada	12	Woodbine	17:40.6	5:42
6	Gunner Wagner	12	Woodbine	17:44.9	5:43
7	Holden Jensen	12	Griswold	17:46.3	5:44
8	Adam Barry	12	Woodbine	18:07.6	5:51
9	Aidan Rangel	12	Missouri Valley	18:08.6	5:51
10	Camden Morris	11	Ikm-Manning	18:15.0	5:53
11	Cruz Jaquez	10	Riverside Community School	18:24.1	5:56
12	James McCready	10	Riverside Community School	18:24.5	5:56
13	Xavier Rangel	12	Missouri Valley	18:28.0	5:57
14	Owen Wingert	12	Woodbine	18:34.2	5:59
15	Brody Cogdill	9	Woodbine	18:39.5	6:01
16	Wyatt Hawkins	12	Logan-Magnolia	18:46.3	6:03
17	Nathanael Conner	11	Ikm-Manning	18:49.5	6:04
18	Kasche Huehn	12	Ikm-Manning	18:55.2	6:06
19	Walter Seipold	12	East Mills	18:56.8	6:06
20	Xander Johnson	12	Woodbine	19:00.1	6:07
21	Adam Meadows	12	Missouri Valley	19:05.4	6:09
22	Akeo Maynard	9	Ikm-Manning	19:18.7	6:13
23	Abe Polzien	12	Ikm-Manning	19:27.0	6:16
24	Michael Holtmyer	11	Heartland Christian School	19:35.9	6:19
25	Theron Felner	12	Missouri Valley	19:38.2	6:20
26	Garrett Thacker	10	Missouri Valley	19:43.8	6:22
27	Brayden Lockwood	11	Griswold	19:47.2	6:23
28	Colton Hering	9	Riverside Community School	19:52.2	6:24
29	Hunter Julin	11	Ikm-Manning	19:53.8	6:25
30	Gavin Thacker	12	Missouri Valley	20:15.4	6:32
31	Nollan Smith	11	Griswold	20:52.9	6:44
32	Malachi Gray	10	Heartland Christian School	20:59.2	6:46
33	Keaton Voster	11	Missouri Valley	21:01.9	6:47
34	Sota Ohama	12	Whiting	21:04.1	6:47
35	Isaac Rich	11	Whiting	21:51.5	7:03
36	Cooper Stearns	12	East Mills	22:15.7	7:10
37	Andersen Bakehouse	9	East Mills	22:44.4	7:20
38	Brock Rippenger	9	East Mills	23:29.9	7:34
39	Raj Fetter	12	Heartland Christian School	30:04.9	9:41
40	Ben Tunney	10	Heartland Christian School	30:45.9	9:55



## 2024 Missouri Valley Cross Country Invitational - Girls JV Results Results

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### GIRLS JUNIOR VARSITY RACE

Place	Name	Year	Team	Time	Pace
1	Amira Wilke	10	Riverside Community School	26:32.9	8:33
2	Sam Doyel	11	Ikm-Manning	27:47.7	8:57

Results provided by Precision Race Results



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## 2024 Missouri Valley Cross Country Invitational - Boys JV Results Results

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### BOYS JUNIOR VARSITY RACE

Place	Name	Year	Team	Time	Pace
1	Jacob Sporrer	9	Logan-Magnolia	18:34.9	5:59
2	Liam Hunter	9	Logan-Magnolia	20:11.9	6:31
3	Blaze Pryor	10	Woodbine	20:19.6	6:33
4	Cody Pleskac	10	Missouri Valley	20:28.3	6:36
5	Wyatt Coenen	12	Woodbine	20:47.9	6:42
6	Gauge Julin	9	Ikm-Manning	20:54.6	6:44
7	Felner Tayvin	9	Missouri Valley	21:29.4	6:55
8	Matthew Cliffe	10	Missouri Valley	21:31.2	6:56
9	Keaton Moores	10	Woodbine	21:38.5	6:58
10	Nathan Smith	10	Riverside Community School	21:47.6	7:01
11	Tristan Vandemark	10	Woodbine	22:21.3	7:12
12	Carter Cox	10	Woodbine	22:24.8	7:13
13	Aj Kremkoski	11	Riverside Community School	22:27.9	7:14
14	Louis Waite	10	Missouri Valley	22:28.1	7:14
15	Chas Muhlbauer	10	Ikm-Manning	23:40.9	7:38

Results provided by Precision Race Results