

H-10 Conference CC Meet HS, MS

IN PROGRESS 📅 Thu, Oct 17, 2024 📍 Carroll Municipal Golf Course, IA US

Mens Results

3,200 Meters Middle School

Official Team Scores

1. Lewis Central 42
2. Harlan Community 51
3. Kuemper Catholic 61
4. Shenandoah 69

1. 8 Benjamin Cox 11:38.56 Harlan Community
2. 8 Mason Sells 11:48.39 Shenandoah
3. 8 Ryder Baird 12:01.47 Creston
4. 8 Marcus Greenwood 12:06.78 Lewis Central
5. 8 Brogan Schechinger 12:24.32 Harlan Community
6. 8 Quinn Vetter 12:39.84 Denison
7. 8 Dane Thomsen 12:40.26 Lewis Central
8. 7 Sullivan Reese 12:40.51 Lewis Central
9. 7 Owen Lechtenberg 12:45.62 Kuemper Catholic
10. 8 Grady Brown 12:48.41 Clarinda
11. 7 Daniel Kay 12:48.72 Harlan Community
12. 8 Casey Tompkins 12:55.26 Shenandoah
13. 7 Leo Weber 12:55.57 Shenandoah
14. 7 Jayden Gach 13:03.35 Kuemper Catholic
15. 8 Hayden Krieger 13:05.47 Kuemper Catholic
16. 7 Maddux Harter 13:21.94 Lewis Central
17. 8 Lucah Grandgenett 13:27.15 Kuemper Catholic
18. 7 Will Grudle 13:35.58 Lewis Central
19. 7 Deklyn Kinney 13:49.51 Atlantic
20. 7 Cael Andersen 13:57.21 Lewis Central
21. 8 Henry Osterlund 14:10.49 Kuemper Catholic
22. 7 Franki Medina Vela 14:11.47 Harlan Community
23. 8 Coleson Skokan 14:18.67 Lewis Central
24. 7 Reylan Gonzalez 14:30.58 Denison
25. 7 Eli Smith 14:39.49 Lewis Central
26. 8 Mason Petersen 14:44.94 Lewis Central
27. 8 Joey McKinley 14:48.59 Lewis Central
28. 7 Reghan Christensen 14:51.88 Harlan Community
29. 7 Colson Anderson 15:03.86 Lewis Central
30. 8 Logan Ebert 15:07.44 Lewis Central
31. 7 Jace Masching 15:10.16 Kuemper Catholic
32. 7 Charlie Kline 15:12.97 Clarinda
33. 8 Lucas Adkins 15:15.54 Lewis Central
34. 7 Rafe Schnackel 15:24.99 Lewis Central

Womens Results

3,200 Meters Middle School

Official Team Scores

1. Glenwood 54
2. Atlantic 65
3. Denison 98
4. Shenandoah 101
5. Lewis Central 105
6. Kuemper Catholic 126
7. Harlan Community 159
8. Clarinda 186

1. 8 Julia Heslink 12:54.54 Harlan Community
2. 8 Ava O'Rourke 13:10.56 Shenandoah
3. 7 Katie Leick 13:49.90 Glenwood
4. 8 Kaitlyn Hickman 13:54.07 Atlantic
5. 8 AJ Lopez 14:09.67 Red Oak
6. 8 Ellie Holste 14:09.69 Shenandoah
7. 8 Sarah Siders 14:21.41 Creston
8. 8 Katelyn Siders 14:32.57 Creston
9. 8 Ximena Mendez Cordero 14:37.56 Atlantic
10. 8 Eden Kathol 14:41.87 Lewis Central
11. 7 Caroline Schrum 14:47.90 Denison
12. 8 Grace Schoonover 14:55.45 Kuemper Catholic
13. 8 Kelsey Hughes 14:57.02 Glenwood
14. 7 Ella Farnsworth 14:59.21 Glenwood
15. 7 Chloe Pitzen 15:00.28 Glenwood
16. 8 Jenna King 15:01.31 Clarinda
17. 7 Talen Young 15:30.28 Denison
18. 7 Kynzlee Potraz 15:38.83 Shenandoah
19. 8 Alika Anderson 15:43.93 Atlantic
20. 8 Hayley Owen 15:55.64 Kuemper Catholic
21. 7 Abigale Davis 16:00.14 Glenwood
22. 8 Leighton Wailes 16:09.48 Atlantic
23. 8 Willa Reid 16:11.33 Atlantic
24. 8 Alexis Singleton 16:11.73 Lewis Central
25. 7 Ayvah Nemitz 16:13.11 Denison
26. 8 Ava Williams 16:16.45 Lewis Central
27. 7 Valerie Horton 16:21.75 Glenwood
28. 7 Landyn Wiese 16:24.73 Denison

35. 8	Landon Burkhalter	15:35.52	Harlan Community	29. 8	Lilly Williams	16:32.33	Lewis Central
36. 7	Logan Jorgensen	15:39.32	Lewis Central	30. 8	Hannah Pietig	16:44.47	Kuemper Catholic
37. 8	Johnathan Duitsman	15:47.53	Lewis Central	31. 7	Rylan Fouts	16:47.86	Lewis Central
38. 8	Carson Lindsey	15:51.25	Lewis Central	32. 8	Aubrey Young	16:49.87	Denison
39. 8	Wyatt Hazen	15:52.87	Shenandoah	33. 7	Izabella Cloyd-Noecker	16:51.60	Lewis Central
40. 8	Ben Pendegraft	16:01.21	Red Oak	34. 7	Clara Schmitz	16:52.42	Harlan Community
41. 7	Ezekiel Janssen	16:11.25	Kuemper Catholic	35. 8	Emma Kafka	16:53.81	Lewis Central
42. 8	Colton Neihart	16:12.90	Clarinda	36. 7	Charlotte Weiss	17:03.71	Shenandoah
43. 8	Alex Jensen	16:20.42	Lewis Central	37. 8	Eltyn Shannon	17:09.83	Lewis Central
44. 8	Christopher Avalos Ruiz	16:21.14	Shenandoah	38. 8	Kayla Renander	17:19.13	Clarinda
45. 7	Carlos Garcia	16:28.55	Lewis Central	39. 7	Emma Adkins	17:22.45	Lewis Central
46. 8	Brady Anderson	17:12.37	Red Oak	40. 7	Kenadi Dunn	17:25.64	Harlan Community
47. 7	Om Patel	17:15.73	Clarinda	41. 8	Ella Heithoff	17:32.49	Kuemper Catholic
48. 7	Jacob Thomsen	17:22.50	Lewis Central	42. 8	Madilynn Hackfort	17:43.55	Kuemper Catholic
49. 7	Hank Hubbard	18:00.73	Lewis Central	43. 8	Nereyda Garnica	17:47.50	Denison
50. 7	McDermott Hoyt	18:22.58	Kuemper Catholic	44. 8	Miley Winford	17:56.48	Atlantic
51. 8	Gage Infanger	18:26.22	Lewis Central	45. 7	Lexi Leyh	17:57.96	Atlantic
52. 8	Dustin Awe	18:32.11	Lewis Central	46. 7	Ruth Christensen	18:03.12	Kuemper Catholic
53. 7	Tyler Sweeney	21:08.33	Atlantic	47. 8	Harper Ruiz	18:09.57	Lewis Central
54. 7	Jon DeLong	30:28.54	Shenandoah	48. 7	Allison Reincke	18:12.42	Kuemper Catholic
				49. 7	Keira Brown	18:14.31	Clarinda
				50. 7	Blakely Fatka	18:15.10	Harlan Community
				51. 8	Kloee Wiley	18:26.64	Lewis Central
				52. 8	Kaylee Ridge	18:27.62	Clarinda
				53. 7	Ivonne Tomka	18:28.32	Kuemper Catholic
				54. 7	Bonnie Fender	18:48.36	Lewis Central
				55. 7	Kyleigh McVey	18:49.29	Lewis Central
				56. 7	Mia Maiso	18:50.45	Lewis Central
				57. 7	Emily Hodges	18:52.25	Lewis Central
				58. 7	Ellie Gearhart	19:05.52	Shenandoah
				59. 8	Rylee Irvin	19:05.95	Glenwood
				60. 7	Berlinn Johansen	19:09.21	Glenwood
				61. 8	Faith Sroufe	19:11.88	Glenwood
				62. 7	Olivia Wolterman	19:16.58	Kuemper Catholic
				63. 8	Addison Petersen	19:21.48	Harlan Community
				64. 8	Cora Gotto	19:34.13	Denison
				65. 8	Stella Robicheau	19:57.07	Lewis Central
				66. 8	Angelica Pracht	20:25.67	Glenwood
				67. 8	Elizabeth Segebart	20:39.94	Kuemper Catholic
				68. 8	Rachel Lally	20:48.98	Kuemper Catholic
				69. 7	Bree McLoughlin	21:00.61	Harlan Community
				70. 7	Evelyn Vonnahme	21:16.03	Kuemper Catholic
				71. 8	Jacquelyne St. John	21:23.55	Lewis Central
				72. 8	Addison Thompson	21:36.80	Lewis Central
				73. 8	Lucy Potthoff	21:45.31	Kuemper Catholic
				74. 8	Paige Nichols	21:46.18	Clarinda
				75. 8	Niveah Kittle	21:49.54	Glenwood
				76. 7	Aubrey Venner	22:02.89	Kuemper Catholic

5,000 Meters Junior Varsity

Official Team Scores

1.	Lewis Central	22
2.	Atlantic	73
3.	Denison-Schleswig	94
4.	Kuemper Catholic	96
5.	St. Albert Council Bluffs	99
6.	Glenwood	161
7.	Shenandoah	184

1.	10	Broxton Hill	19:03.13	Lewis Central
2.	12	Gabriel Barajas	19:52.96	Lewis Central
3.	10	Evan Applegate	20:01.51	Lewis Central
4.	9	Oliver Vonnahme	20:11.91	Kuemper Catholic
5.	10	Charlie Badding	20:12.52	Kuemper Catholic
6.	9	Braidyn Campbell	20:13.93	Lewis Central
7.	9	Kouper Kinney	20:18.86	Atlantic
8.	10	Anthony Akers	20:19.89	Atlantic
9.		Konstant Poulos-Schweer	20:28.22	St. Albert Council Bluffs
10.	10	Tyrus Murren	20:30.22	Lewis Central
11.	10	Omar Ramos	20:32.41	Denison-Schleswig
12.	10	Cooper Simms	20:39.93	St. Albert Council Bluffs
13.	12	Jacob Kolhof-Sadler	20:40.45	Lewis Central
14.	11	Eduardo Cruz	20:40.54	Denison-Schleswig
15.	12	Aidan Johnson	20:49.99	Lewis Central
16.	11	Alex Alford	20:54.57	Lewis Central
17.	10	Mack Eblen	21:13.29	Atlantic
18.	9	Max Johnson	21:14.27	St. Albert Council Bluffs

5,000 Meters Junior Varsity

Official Team Scores

1.	Glenwood	38
2.	Harlan	45

19. 9	Jonathan Marquez	21:17.37	Denison-Schleswig
20. 9	Raul Salas	21:18.36	Denison-Schleswig
21. 10	Nolyn Kinney	21:28.53	Atlantic
22. 11	Logan Bennett	21:30.08	Lewis Central
23. 10	Ryan McColloch	21:31.68	St. Albert Council Bluffs
24. 12	Hadin Thompson	21:31.93	Atlantic
25. 9	Thomas Engler	21:40.23	Atlantic
26. 12	Talon Lajeunesse	21:40.32	Atlantic
27. 9	Dominic Elings	21:40.91	Atlantic
28. 10	Ben Schoening	21:55.38	Glenwood
29. 9	Sean Gibbs	22:04.96	Glenwood
30. 11	Xander Markut	22:08.44	Glenwood
31.	Cooper Thelen	22:08.51	Kuemper Catholic
32. 10	Cameron Matulka	22:14.11	Lewis Central
33. 11	Hayden Lett	22:24.89	Lewis Central
34.	Simon Pietig	22:41.37	Kuemper Catholic
35. 11	Sam Okerbloom	22:45.94	Lewis Central
36. 11	Madd Bellinghausen	22:53.76	Kuemper Catholic
37. 12	Corban Hunter	23:01.77	Clarinda
38. 9	John Janssen	23:03.74	Kuemper Catholic
39. 11	Jax Luetje	23:04.26	Denison-Schleswig
40. 11	Porter Snyder	23:13.26	Kuemper Catholic
41. 10	Collin Harris	23:20.84	Atlantic
42. 10	Luke Mather	23:22.22	Shenandoah
43. 10	Leighton Applegate	23:24.32	Lewis Central
44. 9	Laith Hedeem	23:24.71	Kuemper Catholic
45. 9	Wyatt Hoover	23:30.92	Atlantic
46.	Eli Filloon	23:36.54	Kuemper Catholic
47. 12	Logan Breyfogle	23:42.09	Harlan
48. 9	Ramsey Gottsch	23:43.22	Harlan
49. 9	Kirk Hol	23:43.71	Harlan
50. 9	Gavin Schaben	24:00.38	Lewis Central
51.	Gabe Clausen	24:15.55	Kuemper Catholic
52. 9	Charlie Gandy	24:22.29	Shenandoah
53. 11	Brian Sell	24:23.65	Lewis Central
54. 11	Lucas Sun	24:26.96	Shenandoah
55. 9	Erick Cabrera	24:34.06	Denison-Schleswig
56.	Max Reincke	24:56.80	Kuemper Catholic
57. 11	Jackson Jensen	25:02.37	Lewis Central
58. 12	Carter Phipps	25:11.28	Shenandoah
59. 9	Jacob McQueen	25:15.00	Glenwood
60. 12	Gavin Harrington	25:20.82	Lewis Central
61. 9	Jamie Hawkinson	25:44.05	Kuemper Catholic
62. 9	Jonah Shea	25:47.26	St. Albert Council Bluffs
63.	Cooper Greteman	26:05.37	Kuemper Catholic
64. 12	Hudson Anderson	26:11.40	Lewis Central
65. 9	Miles Hanisch	26:25.84	Shenandoah
67.	Evan Streufert	26:31.82	Kuemper Catholic
68. 11	Vincent Ford	26:48.72	Shenandoah
69.	Wylie Clark	26:53.23	Kuemper Catholic
70. 9	Ozzie Diamond	27:02.62	Lewis Central
71. 10	Luis Rivas	27:10.69	Denison-Schleswig
72. 10	Jeremy Ragland	29:30.64	Glenwood
73. 11	Ian Smith	29:50.20	Clarinda
74. 10	Johnathon Henry	30:33.30	Creston
75. 9	Jack Danner	33:51.63	Kuemper Catholic
76. 11	Michael Gearhart	38:58.98	Shenandoah

3. Denison-Schleswig 81

4. Lewis Central 83

5. Kuemper Catholic 118

1. 9	Josie Sonderman	22:43.60	Harlan
2. 11	Olivia Wait	22:51.17	Lewis Central
3. 11	Lily Schechinger	23:14.14	Harlan
4. 11	Averi Newman	23:16.98	Glenwood
5. 11	Kori Smith	23:33.76	Harlan
6. 12	Maya Schau	23:50.61	Glenwood
7. 11	Piomo Okwer	23:53.66	Denison-Schleswig
8. 9	Kasey Hilsabeck	23:56.03	Glenwood
9. 9	Mya Donscheski	23:56.08	Glenwood
10. 12	Molly Swensen	24:04.63	Harlan
11. 11	Audrina Johansen	24:11.43	Glenwood
12. 11	Sydney Skokan	24:15.16	Lewis Central
13. 9	Josie Kenkel	24:16.30	Glenwood
14. 11	Andrea Flores	24:27.15	Denison-Schleswig
15. 9	Briar Van Heuvelen	24:27.67	Lewis Central
16. 10	Autumn Newman	24:32.02	Glenwood
17.	Hazel Clausen	25:01.53	Kuemper Catholic
18. 9	Stella Mahrt	25:11.32	Denison-Schleswig
19.	Sophie Tidgren	25:38.41	Kuemper Catholic
20. 11	Kambry Gordon	25:49.15	Clarinda
21. 11	Claire Comer	25:55.38	Atlantic
22. 10	Jenna Meadows	25:57.76	Denison-Schleswig
23. 9	Adalynn Pietig	25:58.32	Kuemper Catholic
24. 9	Aurora West	26:01.07	Glenwood
25. 9	Claire Olsen	26:08.58	Denison-Schleswig
26. 12	Tiffany Ramirez	26:23.32	Denison-Schleswig
27. 12	Rosy Segoviano	26:24.50	Denison-Schleswig
28. 11	Kianna Herron	26:27.73	Glenwood
29. 11	Jocelyn Solorio	26:32.92	Lewis Central
30. 9	Aubrey Petsche	26:34.59	Harlan
31. 9	Charlotte Mages	26:44.21	Harlan
32. 12	Kassie Anderson	26:44.93	Harlan
33. 12	Janet Castillo	26:51.96	Denison-Schleswig
34. 10	Aubrey Renander	26:53.96	Clarinda
35. 9	Sophia Freund	26:55.37	Harlan
36. 10	Gretchen Hoepker	27:20.94	Creston
37. 10	Catherine Perfect	27:26.12	Lewis Central
38. 10	Cadence Kinzie	27:34.96	Atlantic
39. 9	Aubry Christensen	28:10.44	Harlan
40. 9	Cara Schuette	28:24.59	Kuemper Catholic
41.	Abbie Carver	28:28.92	Kuemper Catholic
42. 10	Izzy Randall	28:50.05	Clarinda
43. 10	Chloe Swensen	29:28.19	Harlan
44. 9	Gracelynn Kelley	29:37.46	Atlantic
45. 9	Joy Luetje	29:39.46	Kuemper Catholic
46.	Julia Craig	30:19.06	Kuemper Catholic
47. 9	Claire Bieker	30:32.41	Harlan
48. 9	Elizabeth Sorensen	30:32.49	Harlan
49. 11	Regan Garringer	30:51.18	Kuemper Catholic
50. 9	Scarlet Swanson	31:41.23	Glenwood
51. 9	Kendyl Riesberg	31:53.27	Kuemper Catholic
52. 11	Shauna Anderson	36:03.71	Atlantic

5,000 Meters Varsity

Official Team Scores

1. Lewis Central	28
2. Red Oak	95
3. Kuemper Catholic	100
4. St. Albert Council Bluffs	113
5. Shenandoah	147
6. Atlantic	164
7. Denison-Schleswig	171
8. Glenwood	179
9. Harlan	189
10. Clarinda	248
11. Creston	272

1. 11 Kevin Coots	16:04.80	Lewis Central
2. 12 Kyle Wagoner	16:10.26	Clarinda
3. 12 Marshall Arkfeld	16:14.15	Lewis Central
4. 12 Parker Heisterkamp	16:38.87	St. Albert Council Bluffs
5. 9 Evan Lillie	16:46.12	Lewis Central
6. 12 Jackson Cox	16:46.60	Lewis Central
7. 10 Emmanuel Grass	16:53.58	Red Oak
8. Dayton Wiederien	17:04.17	Kuemper Catholic
9. 9 Hayden Heitbrink	17:30.19	Red Oak
10. 10 Erik Heslink	17:34.78	Harlan
11. 10 Kevin Sanchez	17:44.52	Denison-Schleswig
12. Fletch Badding	17:55.23	Kuemper Catholic
13. 12 Richard Selken	18:00.66	Lewis Central
14. 10 Jackson Walter	18:07.07	St. Albert Council Bluffs
15. 12 Ethan Olsen	18:11.33	Denison-Schleswig
16. 10 Joey Mazzella	18:13.10	St. Albert Council Bluffs
17. 10 Luke Daoust	18:19.31	Shenandoah
18. 10 Osiel Pedersen	18:19.90	Red Oak
19. 12 Josh Leu	18:21.85	Glenwood
20. 12 Dylan Kellogg	18:28.98	Shenandoah
21. 12 Luke Irlmeier	18:35.20	Atlantic
22. 11 Carter Lobaugh	18:37.33	Lewis Central
23. Evan Schaefer	18:41.60	Kuemper Catholic
24. 11 Bryce Williams	18:41.77	Red Oak
25. 11 Bryce Keller	18:43.63	Glenwood
26. 9 Beran Stroup	18:46.48	Lewis Central
27. 12 Damien Little Thunder	18:47.23	Shenandoah
28. Wyatt Wunschel	18:50.70	Kuemper Catholic
29. Thomas Pottebaum	18:50.73	Kuemper Catholic
30. 11 Xander Cook	18:50.86	Atlantic
31. 10 Jeffrey Gross	18:51.53	Harlan
32. Jacob McCargar	18:56.63	Kuemper Catholic
33. 12 Christian Thompson	18:59.85	Atlantic
34. 12 Cody Henderson	19:04.91	Glenwood
35. 10 Conor O'Hara	19:05.50	Shenandoah

5,000 Meters Varsity

Official Team Scores

1. Glenwood	57
2. Harlan	58
3. Lewis Central	67
4. Creston	121
5. Denison-Schleswig	145
6. Atlantic	161
7. Clarinda	188
8. Shenandoah	206
9. Kuemper Catholic	214
10. St. Albert Council Bluffs	218

1. 11 Lili Denton	18:06.51	St. Albert Council Bluffs
2. 12 Lindsey Sonderman	18:17.91	Harlan
3. 10 Grace Berglund	18:42.05	Glenwood
4. 10 Delayna Reese	19:40.83	Lewis Central
5. 9 Ashlyn Rau	19:52.48	Harlan
6. 12 Ava Bussey	20:04.96	Lewis Central
7. 12 Breckyn Petersen	20:05.20	Glenwood
8. 12 Lola Mendlik	20:25.64	Denison-Schleswig
9. 12 Madelyn Berglund	20:26.85	Glenwood
10. 12 Alexa Tremblay	20:30.35	Denison-Schleswig
11. 10 Madelyn Hoss	20:40.03	Lewis Central
12. 9 Cora Smith	20:44.70	Creston
13. 12 Brylee Schechinger	20:45.28	Harlan
14. 10 Megan Hughes	21:04.07	Glenwood
15. 11 Katrina Williams	21:09.15	Atlantic
16. 12 Hailey Egbert	21:15.43	Shenandoah
17. 10 Reese Strunk	21:15.96	Creston
18. 10 Allie Anderson	21:23.91	Harlan
19. 12 Payton Davis	21:30.01	Creston
20. 9 Aspen Bieker	21:31.96	Harlan
21. 12 Tyler Tingley	21:37.43	Lewis Central
22. 9 Lilly Mather	21:41.57	Shenandoah
23. 11 Riley King	21:48.72	Clarinda
24. 10 Katelyn Harms	21:53.94	Glenwood
25. 9 Mallory Bach	21:55.66	Lewis Central
26. 10 Sadie Alberti	22:07.01	Harlan
27. 11 Haylee Hughes	22:18.79	Glenwood
28. Kaci Wiederien	22:24.43	Kuemper Catholic
29. 10 Ava Freund	22:36.38	Harlan
30. 10 Elaina Hesse	22:44.83	Clarinda
31. 10 Maggie McChesney	22:46.81	Glenwood
32. 11 Maylee Riley	22:47.96	Creston
33. 10 Hailey White	22:56.52	Atlantic
34. 12 Hailey Huffman	22:56.78	Atlantic
35. 12 Emily Bahnsen	23:04.36	Denison-Schleswig
36. 10 Alexa Barnes	23:20.90	Clarinda

36. 9	Aiden Gaul	19:20.29	St. Albert Council Bluffs	37. 12	Megan Birge	23:21.81	Atlantic
37. 10	Pace Chaillie	19:22.28	Red Oak	38. 9	Sophia Mescher	23:26.88	Lewis Central
38. 12	Devon Fields	19:27.15	Atlantic	39. 10	Greta Livingston	23:28.90	St. Albert Council Bluffs
39. 10	Wyatt Goodenberger	19:28.37	Creston	40. 10	Addie Davis	23:33.23	Kuemper Catholic
40. 10	Miguel Hernandez	19:37.04	Denison-Schleswig	41. 12	Karter Clayton	23:36.64	Creston
41. 10	Elijah Cox	19:40.74	Harlan	42. 11	Elynor Brummer	23:42.99	Atlantic
42. 10	Vincent Meisinger	19:42.28	Atlantic	43. 10	Marlee Perrien	23:59.73	Red Oak
43. 11	Brady Smith	19:43.51	St. Albert Council Bluffs	44. 11	Richlyn Muff	24:05.75	Clarinda
44. 11	Hector Suazo	19:46.98	Creston	45. 12	Leilany Morales-Garcia	24:07.59	Denison-Schleswig
45. 11	Kohen Stypa	19:48.61	Kuemper Catholic	46. 10	Shelby Greving	24:11.47	Kuemper Catholic
46. 9	Grant Sorensen	19:53.51	Glenwood	47. 9	Karlie Kruse	24:15.32	Creston
47. 11	Preston Williams	19:58.91	Atlantic	48. 10	Maura Ryan	24:15.34	St. Albert Council Bluffs
48. 12	Holste Davin	20:01.31	Shenandoah	49. 11	Charlotte Schrum	24:28.57	Denison-Schleswig
49. 10	Nathan Sandquist	20:06.74	Harlan	50. 11	Bella Brock	24:32.44	Atlantic
50. 11	Alex Dawson	20:06.97	St. Albert Council Bluffs	51. 10	Logan Lee	24:36.92	Kuemper Catholic
51. 11	Ivan Ledesma	20:07.20	Denison-Schleswig	52. 9	Anna Seidl	24:42.00	Kuemper Catholic
52. 10	Caleb Andersen	20:16.13	Atlantic	53. 10	Allison Middents	24:47.85	Atlantic
53. 10	Isaiah Stogdill	20:18.01	Clarinda	54. 9	Nevaeh Cooper	24:49.92	Shenandoah
54. 9	Raul Castillo	20:23.09	Denison-Schleswig	55. 11	Madeline Segebart	24:50.47	Kuemper Catholic
55. 12	Jack Smithers	20:30.57	Glenwood	56. 9	Sloane McGinnis	24:50.57	Shenandoah
56. 9	Abdiel Corona	20:30.81	Denison-Schleswig	57. 9	Lily Weinreich	24:50.93	Clarinda
57. 11	Morgan Manes	20:39.30	Clarinda	58. 9	Tatum Comer	24:57.78	Clarinda
58. 10	Kobe Kimmen	20:40.08	Harlan	59. 10	Kate Strohmeier	25:09.59	Lewis Central
59. 9	Austin Jondle	20:59.01	Creston	60. 10	Kylar Downey	25:15.52	Clarinda
60. 11	Kylen Parsons	20:59.90	Creston	61. 10	Caroline Campbell	25:21.61	Shenandoah
61. 9	Israel Bernal-Serrato	21:32.60	Denison-Schleswig	62. 11	Abby Freeman	25:21.62	Creston
62. 9	Owen Peverill	21:34.98	Glenwood	63.	Priscila Linares	25:31.56	Kuemper Catholic
63. 11	Cale Hall	21:47.75	Red Oak	64. 12	Lynnae Johnson	25:54.04	Denison-Schleswig
64. 12	Jeb Sonderman	22:01.99	Harlan	65. 10	Cate Horn	25:58.71	Red Oak
65. 10	Will Stevenson	22:15.48	Shenandoah	66. 11	Anna Galvin	26:29.06	Denison-Schleswig
66. 10	Mak Horton	22:33.81	Glenwood	67. 10	Gillian Heim	27:20.76	Red Oak
67. 11	Garrison Hickey	22:33.83	Clarinda	68. 12	Addison Duncan	28:19.07	St. Albert Council Bluffs
68. 10	Ethan Schmitz	22:39.41	Harlan	69. 10	McKayla Markel	31:19.42	St. Albert Council Bluffs
69. 10	Noah Wellhausen	22:43.85	Clarinda	70. 12	Jaide Larson	33:18.50	Red Oak
70. 9	Colt Key	23:02.58	Creston				
71. 9	Jayden Haffner	23:41.55	Clarinda				
72. 10	Ryan Lawrence	23:53.23	Shenandoah				
73. 12	Spencer Brown	24:46.92	Creston				