

2024 West Sioux Cross Country Meet - 10/10/2024

Hawarden Golf Club

Results -2

Girls 5k Run CC Varsity

	Name	School	Finals	H#	Points
Results - Women					
1	530 Watson, Halle	O'Gorman Knights	20:19.20	1	
2	526 Hillman, Hazel	O'Gorman Knights	21:23.50	1	
3	529 Tiangco, Lia	O'Gorman Knights	21:26.88	1	
4	525 Gundvaldson, Alice	O'Gorman Knights	21:28.40	1	
5	524 Christian, Cecilia	O'Gorman Knights	21:43.20	1	
6	527 Johnson, Elsie	O'Gorman Knights	22:01.10	1	
7	471 Lang, Ava	Hinton	22:02.50	1	
8	547 Whiteshirt, Lilly	Sc, West	22:04.55	1	
9	544 Prieto, Alondra	Sc, West	24:51.85	1	
10	543 Prevail, Mady	Sc, West	24:59.90	1	
11	446 Kerns, Payton	Gehlen Cath, L	25:10.20	2	
12	472 Regier, Reese	Hinton	26:25.45	2	
13	580 Christoferson, Keely	Westwood, Sloan	26:41.50	2	
14	588 McFarland, Jocelyn	Westwood, Sloan	26:52.88	2	
15	586 Marnell, Alexandria	Westwood, Sloan	26:55.60	2	
17	431 Utesch, Isabella	Akron-Westfield	27:09.10	2	
19	450 Tesch, Paisley	Gehlen Cath, L	27:17.73	2	
20	444 Fender, Jaycee	Gehlen Cath, L	27:56.60	2	
21	512 Etter, Audrey	Mmcru	28:22.20	3	
22	429 Lennon, Josie	Akron-Westfield	28:27.10	3	
23	469 Hodgson, Isabell	Hinton	28:54.50	3	
25	474 Sypersma, Kayla	Hinton	29:22.20	3	
26	449 Tesch, Danielle	Gehlen Cath, L	29:24.45	3	
27	514 Juhl, Annika	Mmcru	29:43.33	3	
28	443 Christoffel, Kenzley	Gehlen Cath, L	29:55.45	3	
29	579 Anderson, Alyssa	Westwood, Sloan	30:08.80	3	
30	466 Clark, Mikaela	Hinton	30:15.53	3	
31	513 Etter, Sophie	Mmcru	30:49.84	4	
33	584 Jorgensen, Lauryn	Westwood, Sloan	30:55.15	4	
34	581 Gemberling, Khloe	Westwood, Sloan	31:15.25	4	
36	475 Trierweiler, Megan	Hinton	32:25.40	4	
39	447 Le, Duyen	Gehlen Cath, L	34:42.22	4	
40	560 Kilts, Tricia	South O'Brien	35:07.72	4	
41	538 Buhman, Kimber	Sc, West	36:02.10	5	
42	548 Zermeno, Angela	Sc, West	36:03.10	5	
43	540 Gomez, Desyree	Sc, West	36:03.20	5	
---	496 Kneip, Scout	JV O'Gorman	X26:57.70	2	
---	497 Shuck, Julie	JV O'Gorman	X27:11.44	2	
---	498 Weisensee, Katie	JV O'Gorman	X28:58.60	3	
---	492 Sudbeck, Lilly	JV Hinton	X30:53.25	4	
---	507 Lastor, Kaylee	JV Sioux City West	X31:32.46	4	
---	506 Haas Serrato, Rhyleigh	JV Sioux City West	X33:21.10	4	
---	493 Vogt, Morgan	JV Hinton	X33:59.90	4	
---	505 Gonzalez, Ella	JV Sioux City West	X36:10.44	5	
---	491 Hoefling, Allison	JV Hinton	X39:30.23	5	
---	508 Suarez, Dayrin	JV Sioux City West	X44:28.85	5	
---	490 Hertenstein, Ellie	JV Hinton	X46:08.00	5	

2024 West Sioux Cross Country Meet - 10/10/2024

Hawarden Golf Club

Results

Boys 5k Run CC Varsity

Name	School	Finals	H#	Points
Results - Men				
1 535 Schema, Jackson	O'Gorman Knights	18:13.20	1	
2 537 Sorenson, Will	O'Gorman Knights	18:31.30	1	
3 536 Smith, Henry	O'Gorman Knights	18:47.22	1	
4 534 Martin, TJ	O'Gorman Knights	18:54.50	1	
5 520 Braun, Lucas	Mmcru	18:59.65	1	
6 533 Heldenbrand, Ryan	O'Gorman Knights	19:13.90	1	
7 531 Anderson, Howie	O'Gorman Knights	19:17.70	1	
8 523 Staab, Clint	Mmcru	19:55.60	1	
9 564 Davenport, Landen	South O'Brien	20:06.44	1	
10 434 Boie, Noah	Akron-Westfield	20:12.67	1	
11 435 Briggs, Dexter	Akron-Westfield	20:14.28	2	
12 521 Galles, Conner	Mmcru	20:15.55	2	
13 439 Small, Archer	Akron-Westfield	20:17.20	2	
15 464 Weber, Bradan	Gehlen Cath, L	20:23.88	2	
17 563 Cobb, Trayton	South O'Brien	21:01.10	2	
18 482 Nelson, Cooper	Hinton	21:02.40	2	
19 595 Clayton, Jacob	Westwood, Sloan	21:04.60	2	
20 461 Schmit, Robert	Gehlen Cath, L	21:06.22	2	
21 568 Rohwer, Bensen	South O'Brien	21:07.28	3	
22 554 Moore, Scott	Sc, West	21:15.44	3	
24 519 Braun, Jeff	Mmcru	21:36.80	3	
25 478 Greigg, Ian	Hinton	22:00.10	3	
26 549 Doran, Brecken	Sc, West	22:02.40	3	
27 557 Smith, Jimmy	Sc, West	22:11.70	3	
28 463 Sitzmann, Tristian	Gehlen Cath, L	22:13.40	3	
29 569 Schwarz, Ethan	South O'Brien	22:19.20	3	
32 436 Frerichs, Tanner	Akron-Westfield	22:50.44	4	
33 432 Anderson, Campbell	Akron-Westfield	22:54.65	4	
34 522 Galles, Karsen	Mmcru	23:17.70	4	
35 570 Warnke, Corbin	South O'Brien	23:27.60	4	
36 553 Limon, Antelmo	Sc, West	23:28.80	4	
37 483 Sudbeck, Carson	Hinton	23:44.20	4	
38 480 Leitru, Alex	Hinton	23:46.85	4	
39 453 Hamerlinck, Henry	Gehlen Cath, L	23:53.14	4	
40 433 Beireschmidt, Mathew	Akron-Westfield	24:01.20	4	
41 562 Buenger, Caleb	South O'Brien	24:06.60	5	
43 479 Kennedy, Adam	Hinton	24:16.11	5	
45 440 Trobaugh, Dawson	Akron-Westfield	25:21.63	5	
46 603 Seggerman, Noah	Westwood, Sloan	25:27.25	5	
47 550 Enszer, Gabriel	Sc, West	25:44.80	5	
50 594 Christoffersen, Korben	Westwood, Sloan	26:23.35	5	
51 565 Flinders, Asa	South O'Brien	27:01.11	6	
56 600 Matthias, Cael	Westwood, Sloan	32:04.50	6	
57 597 Kepner, Easton	Westwood, Sloan	33:58.10	6	
--- 501 Pociask, Drew	JV O'Gorman	X20:20.45	2	
--- 502 Tynan, Brody	JV O'Gorman	X20:58.80	2	
--- 503 Vucurevich, Preston	JV O'Gorman	X21:32.60	3	
--- 488 Hui, Lincoln	JV Gehlen Catholic	X22:37.80	3	

2024 West Sioux Cross Country Meet - 10/10/2024**Hawarden Golf Club****Results****Results - Men ... (Boys 5k Run CC Varsity)**

Name	School	Finals	H#	Points
--- 500 Friedman, Jacob	JV O'Gorman	X22:47.50	4	
--- 510 Ramos Martinez, Estuardo	JV Sioux City West	X24:15.55	5	
--- 499 Branaugh, Holden	JV O'Gorman	X25:04.40	5	
--- 509 Joseph, DJ	JV Sioux City West	X25:45.10	5	
--- 487 Pierce, Jacob	JV Akron Westfield	X25:53.33	5	
--- 511 Bailey, Bode	JV South O'Brien	X27:18.50	6	
--- 494 Pepper, Max	JV Mmcru	X27:27.40	6	
--- 485 Bruget, Jeremiah	JV Akron Westfield	X29:25.50	6	
--- 484 Boie, Jordan	JV Akron Westfield	X31:06.60	6	
--- 489 Nguyen, Hao	JV Gehlen Catholic	X36:23.53	6	
--- 486 Miller, Sam	JV Akron Westfield	X36:23.53	6	

Mixed 3k Run CC MS

Name	School	Finals	H#	Points
Results - Mixed				
1 462 Sievers, Marshall	M Gehlen Cath, L	11:46.22	1	
2 602 Seaton, Braxton	M Westwood, Sloan	12:57.85	1	
3 473 Riedieger, Stella	W Hinton	13:20.20	1	
4 460 Schaecher, Owen	M Gehlen Cath, L	13:22.51	1	
5 455 Hausmann, Evan	M Gehlen Cath, L	13:23.65	1	
6 458 Nilles, Benton	M Gehlen Cath, L	14:34.28	1	
7 605 Willis, Luke	M Westwood, Sloan	14:34.50	1	
8 428 Boie, Saelah	W Akron-Westfield	15:12.70	1	
9 445 Geha, Violet	W Gehlen Cath, L	15:38.49	1	
10 591 Ritchie, Jaylie	W Westwood, Sloan	15:42.66	1	
11 438 Schram, Teygan	M Akron-Westfield	16:07.85	2	
12 456 Kellen, Jack	M Gehlen Cath, L	16:19.57	2	
13 577 McMahon, Micah	M W Sioux Hwardn	16:28.24	2	
14 515 Juhl, Sophie	W Mmcru	16:39.02	2	
15 467 Gant, Anita	W Hinton	16:48.55	2	
16 441 Ahlers, Amy	W Gehlen Cath, L	16:57.40	2	
17 477 Gonzalez, Gabriel	M Hinton	18:17.15	2	
18 590 Munkvold, Mila	W Westwood, Sloan	18:45.54	2	
19 518 Becker, Jagger	M Mmcru	20:22.90	2	
20 601 Maynard, Max	M Westwood, Sloan	20:23.60	2	
21 442 Bickford, Paige	W Gehlen Cath, L	21:10.24	3	
22 448 Loutsch, Charlotte	W Gehlen Cath, L	22:38.30	3	
23 572 Bakker, Breely	W W Sioux Hwardn	23:56.20	3	
24 573 Hansen, Isabelle	W W Sioux Hwardn	31:27.50	3	