

TROJAN XC INVITATIONAL

Atlantic, IA
 Nishna Valley Golf Course
 Thursday, October 10, 2024



OFFICIAL MEET REPORT
 printed: 10/10/2024 8:04 PM

Race #1
MS Boys 3200m

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Lewis Central	53	1-6-7-10-29(41)(45)	50:37	10:08	13:06.4
2 Glenwood	81	9-11-13-23-25(28)(31)	1:04:29	12:54	0:37.3
3 Kuemper Cath	97	14-16-18-19-30(42)(58)	1:04:45	12:57	0:34.5
4 Harlan	140	2-5-20-56-57	1:06:04	13:13	3:20.8
5 Shenandoah	150	3-8-12-63-64	1:09:43	13:57	4:35.4
6 Winterset	153	15-17-37-40-44(46)(49)	1:06:48	13:22	0:59.2
7 Riverside, Oak	174	27-32-34-38-43(48)(50)	1:07:49	13:34	0:28.0
8 Atlantic	182	4-21-35-53-69	1:17:26	15:30	12:33.0
9 Treynor	200	24-36-39-47-54(60)(61)	1:09:09	13:50	1:29.2
10 St. Albert, CB	238	22-33-55-62-66	1:15:19	15:04	5:00.2
11 Stanton	253	26-51-52-59-65(67)(68)	1:15:21	15:05	4:33.2

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 JENSEN, Alex	8	594	Lewis Central	1	14.0	---	7.0	4.4
2 COX, Benjamin	8	417	Harlan	2	11:30.6	11:16.6	5:47.0	3:35.8
3 BAIRD, Ryder	8	156	Creston	-	11:36.5	11:22.5	5:50.0	3:37.7
4 SELLS, Mason	8	889	Shenandoah	3	11:44.3	11:30.3	5:53.9	3:40.1
5 SCHROEDER, Gage	7	42	Atlantic	4	11:48.6	11:34.6	5:56.1	3:41.4
6 KING, Kamdan	8	49	Audubon	-	11:50.8	11:36.8	5:57.2	3:42.1
7 SCHECHINGER, Brogan	8	433	Harlan	5	12:00.3	11:46.3	6:02.0	3:45.1
8 THOMSEN, Dane	8	622	Lewis Central	6	12:09.6	11:55.6	6:06.6	3:48.0
9 BROWN, Grady	8	127	Clarinda	-	12:10.2	11:56.2	6:06.9	3:48.2
10 GREENWOOD, Marcus	8	585	Lewis Central	7	12:14.0	12:00.0	6:08.8	3:49.4
11 VETTER, Quinn	8	231	Denison-Schlswg	-	12:30.6	12:16.6	6:17.2	3:54.6
12 TOMPKINS, Casey	8	892	Shenandoah	8	12:38.1	12:24.1	6:21.0	3:56.9
13 KAUFFMAN, Lucas	8	343	Glenwood	9	12:38.3	12:24.3	6:21.1	3:57.0
14 REESE, Sullivan	7	613	Lewis Central	10	12:38.9	12:24.9	6:21.4	3:57.2
15 STANLEY, Deagan	7	365	Glenwood	11	12:41.2	12:27.2	6:22.5	3:57.9
16 WEBER, Leo	7	893	Shenandoah	12	12:44.1	12:30.1	6:24.0	3:58.8
17 LONG, Jaxton	8	346	Glenwood	13	12:46.9	12:32.9	6:25.4	3:59.7
18 LECHTENBERG, Owen	7	488	Kuemper Cath	14	12:47.8	12:33.8	6:25.8	3:59.9
19 ALDRIDGE, Jackson	8	1016	Winterset	15	12:47.9	12:33.9	6:25.9	4:00.0
20 GRANDGENETT, Lucah	8	480	Kuemper Cath	16	12:50.3	12:36.3	6:27.1	4:00.7
21 WOLFE, Alexander	8	1052	Winterset	17	12:51.3	12:37.3	6:27.6	4:01.0
22 GACH, Jayden	7	479	Kuemper Cath	18	12:51.4	12:37.4	6:27.6	4:01.1
23 KRIEGER, Hayden	8	487	Kuemper Cath	19	12:52.3	12:38.3	6:28.1	4:01.3
24 KAY, Daniel	7	424	Harlan	20	12:52.7	12:38.7	6:28.3	4:01.5
25 MCCURDY, John	8	39	Atlantic	21	12:59.2	12:45.2	6:31.6	4:03.5
26 FINKEN, Evan	7	915	St. Albert, CB	22	13:00.5	12:46.5	6:32.2	4:03.9
27 SMITH, Leilynd	8	362	Glenwood	23	13:06.4	12:52.4	6:35.2	4:05.7
28 SHEARER, Andrew	8	984	Treynor	24	13:13.9	12:59.9	6:38.9	4:08.1
29 BERGLUND, Cole	8	334	Glenwood	25	13:15.6	13:01.6	6:39.8	4:08.6
30 ROBERTS, Ty	8	952	Stanton	26	13:16.6	13:02.6	6:40.3	4:08.9

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MS Boys 3200m

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
31 DRAHOTA, Trig	8	794	Riverside, Oak	27	13:18.1	13:04.1	6:41.1	4:09.4
32 PETERS, Alex	8	354	Glenwood	(28)	13:18.4	13:04.4	6:41.2	4:09.5
33 HARTER, Maddux	7	590	Lewis Central	29	13:20.4	13:06.4	6:42.2	4:10.1
34 NORTH, Tanner	7	492	Kuemper Cath	30	13:22.3	13:08.3	6:43.2	4:10.7
35 WORCESTER, Brock	8	369	Glenwood	(31)	13:23.7	13:09.7	6:43.9	4:11.2
36 REED, Emmett	8	804	Riverside, Oak	32	13:30.7	13:16.7	6:47.4	4:13.3
37 CADY, Walter	8	912	St. Albert, CB	33	13:34.1	13:20.1	6:49.1	4:14.4
38 RONE, Harrison	7	807	Riverside, Oak	34	13:34.3	13:20.3	6:49.2	4:14.5
39 KINNEY, Deklyn	7	34	Atlantic	35	13:35.5	13:21.5	6:49.8	4:14.8
40 MCKERN, Murphy	8	980	Treynor	36	13:37.5	13:23.5	6:50.8	4:15.5
41 YOUNG, Daylan	8	1054	Winterset	37	13:38.7	13:24.7	6:51.4	4:15.8
42 SINGLETON, Ezariah	8	811	Riverside, Oak	38	13:39.0	13:25.0	6:51.6	4:15.9
43 MCKERN, Maddux	8	979	Treynor	39	13:39.1	13:25.1	6:51.6	4:16.0
44 GONZALEZ, Reylan	8	204	Denison-Schlswg	-	13:39.8	13:25.8	6:52.0	4:16.2
45 MCDONALD, Sawyer	8	1038	Winterset	40	13:43.0	13:29.0	6:53.6	4:17.2
46 GRUDLE, Will	7	586	Lewis Central	(41)	13:43.3	13:29.3	6:53.7	4:17.3
47 OSTERLUND, Henry	8	494	Kuemper Cath	(42)	13:43.9	13:29.9	6:54.0	4:17.5
48 SCHECHINGER, Everett	7	808	Riverside, Oak	43	13:46.1	13:32.1	6:55.1	4:18.2
49 TAYLOR, Kameron	7	1051	Winterset	44	13:47.1	13:33.1	6:55.6	4:18.5
50 ANDERSEN, Cael	7	564	Lewis Central	(45)	13:47.7	13:33.7	6:55.9	4:18.7
51 HALL, Luke	8	1026	Winterset	(46)	13:49.5	13:35.5	6:56.8	4:19.2
52 OLIVER, Griffin	8	352	Glenwood	-	13:50.1	13:36.1	6:57.1	4:19.4
53 BILLINGSLEY, Josiah	7	283	Fremont-Mills	-	13:52.1	13:38.1	6:58.1	4:20.0
54 YOCHUM, Eli	8	987	Treynor	47	13:55.2	13:41.2	6:59.7	4:21.0
55 DANIELSEN, Ethan	7	793	Riverside, Oak	(48)	13:58.2	13:44.2	7:01.2	4:21.9
56 GANGWISH, Ben	7	338	Glenwood	-	14:00.9	13:46.9	7:02.6	4:22.8
57 SCHMIESING, Jacob	7	359	Glenwood	-	14:08.4	13:54.4	7:06.3	4:25.1
58 NIGG, James	8	1043	Winterset	(49)	14:10.3	13:56.3	7:07.3	4:25.7
59 APPLGATE, Maximus	8	790	Riverside, Oak	(50)	14:12.7	13:58.7	7:08.5	4:26.5
60 SNOW, Deacon	7	953	Stanton	51	14:14.6	14:00.6	7:09.4	4:27.1
61 CHRISTOFFERSON, Cruze	7	336	Glenwood	-	14:16.2	14:02.2	7:10.3	4:27.6
62 SMITH, Eli	7	620	Lewis Central	-	14:26.1	14:12.1	7:15.2	4:30.7
63 ODORIZZI, CJ	7	350	Glenwood	-	14:29.3	14:15.3	7:16.8	4:31.7
64 WOOD OHMEAUS, Khaos	8	1053	Winterset	-	14:29.4	14:15.4	7:16.9	4:31.7
65 SKOKAN, Coleson	8	619	Lewis Central	-	14:30.4	14:16.4	7:17.4	4:32.0
66 ELWOOD, Tristan	8	946	Stanton	52	14:30.9	14:16.9	7:17.6	4:32.2
67 HATLEY, Zander	7	30	Atlantic	53	14:41.0	14:27.0	7:22.7	4:35.3
68 REED, Linken	7	1047	Winterset	-	14:42.0	14:28.0	7:23.2	4:35.6
69 MULLEN, Jacoby	7	982	Treynor	54	14:43.1	14:29.1	7:23.8	4:36.0
70 JORGENSEN, Jackson	7	597	Lewis Central	-	14:45.2	14:31.2	7:24.8	4:36.6
71 TUCKER, Michael	7	368	Glenwood	-	14:47.3	14:33.3	7:25.9	4:37.3
72 APPLGATE, William	8	911	St. Albert, CB	55	14:47.5	14:33.5	7:26.0	4:37.3
73 CHRISTENSEN, Reghan	7	416	Harlan	56	14:48.1	14:34.1	7:26.3	4:37.5
74 ANDERSON, Brady	8	763	Red Oak	-	14:48.5	14:34.5	7:26.5	4:37.7
75 MOETSCH, Lucas	8	1041	Winterset	-	14:48.8	14:34.8	7:26.6	4:37.7
76 PETERSEN, Mason	8	611	Lewis Central	-	14:50.4	14:36.4	7:27.4	4:38.3

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Final Results

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
77 MEDINA VELA, Franki	7	430	Harlan	57	14:51.4	14:37.4	7:27.9	4:38.6
78 SCOTT, Peyton	7	810	Riverside, Oak	-	14:51.6	14:37.6	7:28.0	4:38.6
79 LUNDVALL, Lyric	8	347	Glenwood	-	14:53.7	14:39.7	7:29.1	4:39.3
80 KUHNS, Preston	8	1037	Winterset	-	14:54.7	14:40.7	7:29.6	4:39.6
81 SCHOENING, Zach	8	361	Glenwood	-	14:55.1	14:41.1	7:29.8	4:39.7
82 MASCHING, Jace	7	489	Kuemper Cath	(58)	14:56.4	14:42.4	7:30.5	4:40.1
83 ANDERSON, Colson	7	565	Lewis Central	-	14:57.6	14:43.6	7:31.1	4:40.5
84 KING, Gus	8	1035	Winterset	-	14:58.5	14:44.5	7:31.5	4:40.8
85 KRUSE, Lincoln	7	1036	Winterset	-	14:58.5	14:44.5	7:31.5	4:40.8
86 ADKINS, Lucas	8	562	Lewis Central	-	15:04.3	14:50.3	7:34.4	4:42.6
87 SCHNACKEL, Rafe	7	616	Lewis Central	-	15:12.8	14:58.8	7:38.7	4:45.2
88 BUXCEL, Asher	7	575	Lewis Central	-	15:15.7	15:01.7	7:40.2	4:46.2
89 BURBRIDGE, Nolan	7	792	Riverside, Oak	-	15:16.2	15:02.2	7:40.4	4:46.3
90 JORGENSEN, Logan	7	598	Lewis Central	-	15:27.2	15:13.2	7:45.9	4:49.8
91 NORRIS, Tucker	7	951	Stanton	59	15:29.0	15:15.0	7:46.8	4:50.3
92 PEARSON, Lance	7	353	Glenwood	-	15:29.8	15:15.8	7:47.2	4:50.6
93 HARRIS, Jared	8	977	Treynor	(60)	15:31.3	15:17.3	7:48.0	4:51.0
94 STERNBERG, Ruger	7	985	Treynor	(61)	15:32.2	15:18.2	7:48.4	4:51.3
95 BENTON, Braxtyn	8	282	Fremont-Mills	-	15:42.4	15:28.4	7:53.6	4:54.5
96 NORDSTROM, Drake	8	1044	Winterset	-	15:45.4	15:31.4	7:55.1	4:55.4
97 JANSSEN, Ezekiel	7	485	Kuemper Cath	-	15:45.6	15:31.6	7:55.2	4:55.5
98 MEYER, Jonah	8	1039	Winterset	-	15:50.9	15:36.9	7:57.8	4:57.2
99 WHITE, Kolton	7	813	Riverside, Oak	-	15:51.3	15:37.3	7:58.0	4:57.3
100 KUENZLI, Jeremiah	7	920	St. Albert, CB	62	15:55.4	15:41.4	8:00.1	4:58.6
101 MCKINLEY, Joey	8	606	Lewis Central	-	16:09.2	15:55.2	8:07.0	5:02.9
102 KAUFMAN, Kayden	7	771	Red Oak	-	16:09.9	15:55.9	8:07.4	5:03.1
103 LINDSEY, Carson	8	603	Lewis Central	-	16:10.8	15:56.8	8:07.8	5:03.4
104 KLINE, Charlie	7	134	Clarinda	-	16:13.3	15:59.3	8:09.1	5:04.2
105 JENSEN, Alex	8	594	Lewis Central	-	16:14.0	16:00.0	8:09.4	5:04.4
106 HAZEN, Wyatt	8	881	Shenandoah	63	16:16.4	16:02.4	8:10.7	5:05.1
107 AVALOS RUIZ, Christopher	8	874	Shenandoah	64	16:19.7	16:05.7	8:12.3	5:06.2
108 BRADLEY, Camden	8	1021	Winterset	-	16:31.3	16:17.3	8:18.1	5:09.8
109 HETZEL, Ryder	8	289	Fremont-Mills	-	16:39.2	16:25.2	8:22.1	5:12.3
110 POLLARD, Curtis	7	1045	Winterset	-	16:40.8	16:26.8	8:22.9	5:12.7
111 HARRINGTON, Easton	7	588	Lewis Central	-	16:43.7	16:29.7	8:24.4	5:13.7
112 HANSEN, Conner	7	587	Lewis Central	-	16:48.9	16:34.9	8:27.0	5:15.3
113 DURBIN, Madden	7	337	Glenwood	-	16:49.2	16:35.2	8:27.1	5:15.4
114 CARTER, Vincent	8	48	Audubon	-	16:54.3	16:40.3	8:29.7	5:17.0
115 HUGNEY, Ryder	8	1030	Winterset	-	16:56.9	16:42.9	8:31.0	5:17.8
116 PENDERGRAFT, Ben	8	773	Red Oak	-	16:58.2	16:44.2	8:31.7	5:18.2
117 KAUFMAN, Dom	7	770	Red Oak	-	17:10.6	16:56.6	8:37.9	5:22.1
118 GARCIA, Carlos	7	584	Lewis Central	-	17:12.2	16:58.2	8:38.7	5:22.6
119 NEIHART, Colton	8	136	Clarinda	-	17:18.7	17:04.7	8:42.0	5:24.6
120 NATION, Raymond	7	608	Lewis Central	-	17:21.3	17:07.3	8:43.3	5:25.4
121 THOMSEN, Jacob	7	623	Lewis Central	-	17:21.3	17:07.3	8:43.3	5:25.4
122 ZIMMERMAN, Grady	7	295	Fremont-Mills	-	17:22.9	17:08.9	8:44.1	5:25.9

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
123 DUITSMAN, Johnathan	8	582	Lewis Central	-	17:42.9	17:28.9	8:54.1	5:32.2
124 HART, Brody	7	947	Stanton	65	17:49.8	17:35.8	8:57.6	5:34.3
125 MANZ, Isaac	7	921	St. Albert, CB	66	18:00.7	17:46.7	9:03.1	5:37.7
126 HOPF, Logan	7	948	Stanton	(67)	18:07.0	17:53.0	9:06.2	5:39.7
127 PATEL, Om	7	137	Clarinda	-	18:09.2	17:55.2	9:07.3	5:40.4
128 HOYT, McDermott	7	484	Kuemper Cath	-	18:23.3	18:09.3	9:14.4	5:44.8
129 INFANGER, Gage	8	593	Lewis Central	-	19:31.7	19:17.7	9:48.8	6:06.2
130 AWE, Dustin	8	571	Lewis Central	-	19:42.1	19:28.1	9:54.0	6:09.4
131 BLAIN, David	7	335	Glenwood	-	20:07.9	19:53.9	10:07.0	6:17.5
132 SUNDERMAN, Trent	7	956	Stanton	(68)	23:33.8	23:19.8	11:50.5	7:21.8
133 SWEENEY, Tyler	7	43	Atlantic	69	24:21.6	24:07.6	12:14.5	7:36.7
-- WILSON, Jensen	7	293	Fremont-Mills	-			---	---
-- BURKE, Jayden	8	945	Stanton	-			---	---
-- JURANEK, Owen	7	919	St. Albert, CB	-			---	---
-- DELONG, Jon	7	876	Shenandoah	-			---	---
-- VANDERMEY, Chase	8	986	Treynor	-			---	---
-- ROGERS, Easton	8	614	Lewis Central	-			---	---
-- SORENSEN, colin	8	376	Griswold	-			---	---
-- RANG, Dyson	7	357	Glenwood	-			---	---
-- THOMPSON, Ben	8	928	St. Albert, CB	-			---	---
-- WILLIAMS, Cailex	8	957	Stanton	-			---	---
-- EBERT, Logan	8	583	Lewis Central	-			---	---
-- THOMPSON, Kolton	8	366	Glenwood	-			---	---
-- BURKHALTER, Landon	8	415	Harlan	-			---	---
-- HUBBARD, Hank	7	592	Lewis Central	-			---	---

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Race #2
MS Girls 3200m

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St. Albert, CB	49	1-5-11-13-19(50)(51)	1:11:48	14:22	2:00.6
2 Glenwood	71	6-8-15-17-25(35)(49)	1:14:39	14:56	1:40.2
3 Atlantic	93	4-9-14-32-34(41)(43)	1:16:19	15:16	2:56.4
4 Denison-Schlswg	107	12-16-20-29-30(54)	1:17:50	15:34	1:20.7
5 Winterset	113	3-7-18-33-52(55)(56)	1:18:30	15:42	5:20.6
6 Lewis Central	134	21-22-26-28-37(38)(40)	1:19:57	16:00	1:37.7
7 Kuemper Cath	151	10-24-31-39-47(48)(53)	1:21:48	16:22	3:15.2
8 Treynor	162	2-23-36-44-57	1:25:22	17:05	8:27.5
9 Clarinda	218	27-42-45-46-58	1:32:24	18:29	7:14.0

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 HESLINK, Julia	8	391	Harlan	-	12:59.3	---	6:31.6	4:03.5
2 O'ROURKE, Ava	8	869	Shenandoah	-	12:59.5	.2	6:31.7	4:03.6
3 SIMMS, Stella	8	910	St. Albert, CB	1	13:09.2	9.9	6:36.6	4:06.6
4 MILLER, Lily	8	966	Treynor	2	13:18.1	18.8	6:41.1	4:09.4
5 MINNICH, Eva	7	1004	Winterset	3	13:35.7	36.4	6:49.9	4:14.9
6 HICKMAN, Kaitlyn	8	8	Atlantic	4	13:41.6	42.3	6:52.9	4:16.8
7 KOHLHAAS, Lyla	8	903	St. Albert, CB	5	13:43.1	43.8	6:53.6	4:17.2
8 LOPEZ, Audrina Joy	8	755	Red Oak	-	14:06.3	1:07.0	7:05.3	4:24.5
9 SCHAAF, Madelynn	8	279	Fremont-Mills	-	14:11.9	1:12.6	7:08.1	4:26.2
10 LEICK, Katie	7	318	Glenwood	6	14:14.2	1:14.9	7:09.2	4:26.9
11 SMITH, Tenley	7	1013	Winterset	7	14:19.4	1:20.1	7:11.9	4:28.6
12 HOLSTE, Ellison	8	865	Shenandoah	-	14:21.0	1:21.7	7:12.7	4:29.1
13 HUGHES, Kelsey	8	309	Glenwood	8	14:22.6	1:23.3	7:13.5	4:29.6
14 SIDERS, Sarah	8	153	Creston	-	14:25.1	1:25.8	7:14.7	4:30.3
15 HOUSH, Sophia	8	272	Fremont-Mills	-	14:25.8	1:26.5	7:15.1	4:30.6
16 MENDEZ CORDERO, Ximen	8	15	Atlantic	9	14:31.9	1:32.6	7:18.1	4:32.5
17 CARROLL, Ruby	7	143	Creston	-	14:36.2	1:36.9	7:20.3	4:33.8
18 SCHOONOVER, Grace	8	458	Kuemper Cath	10	14:36.3	1:37.0	7:20.4	4:33.8
19 HAIDSIK, Brynlee	7	506	Lenox	-	14:39.7	1:40.4	7:22.1	4:34.9
20 SIDERS, Katelyn	8	152	Creston	-	14:44.4	1:45.1	7:24.4	4:36.4
21 HANNAN, Allison	7	901	St. Albert, CB	11	14:47.6	1:48.3	7:26.0	4:37.4
22 SCHRUM, Caroline	7	188	Denison-Schlswg	12	14:57.2	1:57.9	7:30.9	4:40.4
23 RYAN, Maeve	8	908	St. Albert, CB	13	14:57.7	1:58.4	7:31.1	4:40.5
24 ANDERSON, Alika	8	1	Atlantic	14	14:58.2	1:58.9	7:31.4	4:40.7
25 FARNSWORTH, Ella	7	301	Glenwood	15	15:02.4	2:03.1	7:33.5	4:42.0
26 NEMITZ, Ayyah	7	182	Denison-Schlswg	16	15:05.2	2:05.9	7:34.9	4:42.9
27 LUNDVALL, Karsyn	7	319	Glenwood	17	15:05.3	2:06.0	7:34.9	4:42.9
28 INIESTA, Prada	8	999	Winterset	18	15:08.1	2:08.8	7:36.3	4:43.8
29 GAUL, Mila	7	900	St. Albert, CB	19	15:09.8	2:10.5	7:37.2	4:44.3
30 YOUNG, Taelen	7	195	Denison-Schlswg	20	15:18.0	2:18.7	7:41.3	4:46.9
31 KATHOL, Eden	8	526	Lewis Central	21	15:21.9	2:22.6	7:43.3	4:48.1
32 SINGLETON, Alexis	8	545	Lewis Central	22	15:25.0	2:25.7	7:44.8	4:49.1

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MS Girls 3200m

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
33 SANDS, Abby	7	969	Treynor	23	15:41.9	2:42.6	7:53.3	4:54.3
34 OWEN, Hayley	8	452	Kuemper Cath	24	15:47.1	2:47.8	7:55.9	4:56.0
35 DAVIS, Abigale	7	299	Glenwood	25	15:54.4	2:55.1	7:59.6	4:58.3
36 WILLIAMS, Ava	8	559	Lewis Central	26	15:59.7	3:00.4	8:02.3	4:59.9
37 KING, Jenna	8	115	Clarinda	27	16:04.9	3:05.6	8:04.9	5:01.5
38 KAFKA, Emma	8	525	Lewis Central	28	16:10.6	3:11.3	8:07.7	5:03.3
39 WIESE, Landyn	7	193	Denison-Schlswg	29	16:11.5	3:12.2	8:08.2	5:03.6
40 YOUNG, Aubrey	8	194	Denison-Schlswg	30	16:17.9	3:18.6	8:11.4	5:05.6
41 PIETIG, Hannah	7	454	Kuemper Cath	31	16:26.2	3:26.9	8:15.6	5:08.2
42 WAILES, Leighton	8	18	Atlantic	32	16:28.5	3:29.2	8:16.7	5:08.9
43 SHERIDAN, Aubrey	7	1010	Winterset	33	16:30.1	3:30.8	8:17.5	5:09.4
44 NENNEMAN, Olivia	8	938	Stanton	-	16:34.5	3:35.2	8:19.7	5:10.8
45 REID, Willa	8	17	Atlantic	34	16:38.0	3:38.7	8:21.5	5:11.9
46 HORTON, Valerie	7	307	Glenwood	(35)	16:43.8	3:44.5	8:24.4	5:13.7
47 SCHMITZ, Clara	7	403	Harlan	-	16:53.6	3:54.3	8:29.3	5:16.8
48 MRSNY, Danika	8	967	Treynor	36	16:55.5	3:56.2	8:30.3	5:17.3
49 WILLIAMS, Lilly	8	561	Lewis Central	37	16:59.6	4:00.3	8:32.4	5:18.6
50 SHANNON, Eltyn	8	543	Lewis Central	(38)	17:00.9	4:01.6	8:33.0	5:19.0
51 STEPHENS, Cooper	8	942	Stanton	-	17:04.6	4:05.3	8:34.9	5:20.2
52 DEZEE, Ivy	7	268	Fremont-Mills	-	17:05.4	4:06.1	8:35.3	5:20.4
53 HACKFORT, Madilynn	8	444	Kuemper Cath	39	17:06.5	4:07.2	8:35.8	5:20.8
54 MURRAY, Jillian	8	535	Lewis Central	(40)	17:07.6	4:08.3	8:36.4	5:21.1
55 WEISS, Charlotte	7	871	Shenandoah	-	17:11.6	4:12.3	8:38.4	5:22.4
56 WINFORD, Miley	8	21	Atlantic	(41)	17:12.8	4:13.5	8:39.0	5:22.7
57 RENANDER, Kayla	8	124	Clarinda	42	17:25.7	4:26.4	8:45.5	5:26.8
58 LEYH, Lexi	7	14	Atlantic	(43)	17:35.4	4:36.1	8:50.4	5:29.8
59 FINK, Avery	7	959	Treynor	44	17:40.6	4:41.3	8:53.0	5:31.4
60 RIDGE, Kaylee	8	125	Clarinda	45	17:46.3	4:47.0	8:55.8	5:33.2
61 BROWN, Keira	7	108	Clarinda	46	17:47.7	4:48.4	8:56.5	5:33.7
62 CHRISTENSEN, Ruth	7	437	Kuemper Cath	47	17:51.5	4:52.2	8:58.4	5:34.8
63 REINCKE, Alyson	7	456	Kuemper Cath	(48)	18:01.9	5:02.6	9:03.7	5:38.1
64 MCVEY, Kyleigh	7	531	Lewis Central	-	18:29.8	5:30.5	9:17.7	5:46.8
65 IRVIN, Rylee	8	311	Glenwood	(49)	18:30.7	5:31.4	9:18.1	5:47.1
66 JAMES, Mazie	8	902	St. Albert, CB	(50)	18:49.0	5:49.7	9:27.3	5:52.8
67 MCCOLLOCH, Makayla	8	906	St. Albert, CB	(51)	18:49.2	5:49.9	9:27.4	5:52.9
68 DUNN, Kenadi	7	387	Harlan	-	18:51.9	5:52.6	9:28.8	5:53.7
69 MOLONE-INNIS, Brinley	8	1005	Winterset	52	18:56.3	5:57.0	9:31.0	5:55.1
70 NEPPLE, Brynn	8	536	Lewis Central	-	18:59.2	5:59.9	9:32.5	5:56.0
71 WILEY, Kloee	8	558	Lewis Central	-	19:01.2	6:01.9	9:33.5	5:56.6
72 RUIZ, Harper	8	541	Lewis Central	-	19:03.9	6:04.6	9:34.8	5:57.5
73 TOMKA, Ivonne	7	466	Kuemper Cath	(53)	19:06.6	6:07.3	9:36.2	5:58.3
74 FENDER, Bonnie	7	519	Lewis Central	-	19:11.8	6:12.5	9:38.8	5:59.9
75 HUGHES, Jakylah	7	524	Lewis Central	-	19:13.6	6:14.3	9:39.7	6:00.5
76 CHILDERS, Amelia	8	516	Lewis Central	-	19:23.8	6:24.5	9:44.8	6:03.7
77 MAISO, Mia	7	528	Lewis Central	-	19:25.5	6:26.2	9:45.7	6:04.2
78 JOHANSEN, Berlinn	7	313	Glenwood	-	19:34.2	6:34.9	9:50.1	6:06.9

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Race #2
MS Girls 3200m

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
79 GOTTO, Cora	8	174	Denison-Schlswg	(54)	19:38.1	6:38.8	9:52.0	6:08.2
80 HODGES, Emily	7	522	Lewis Central	-	19:38.1	6:38.8	9:52.0	6:08.2
81 KORKIE, Reese	7	1000	Winterset	(55)	19:45.7	6:46.4	9:55.8	6:10.5
82 WICKMAN, Jayde	8	1014	Winterset	(56)	19:53.5	6:54.2	9:59.7	6:13.0
83 SROUFE, Faith	8	328	Glenwood	-	20:13.0	7:13.7	10:09.5	6:19.1
84 PRACHT, Angelica	8	325	Glenwood	-	20:15.6	7:16.3	10:10.9	6:19.9
85 SEGEBART, Elizabeth	8	460	Kuemper Cath	-	21:17.3	8:18.0	10:41.9	6:39.2
86 TRIPP DELANEY, Starla	7	552	Lewis Central	-	21:30.2	8:30.9	10:48.3	6:43.2
87 MERKSICK, Sirenity	8	532	Lewis Central	-	21:30.6	8:31.3	10:48.5	6:43.3
88 VANDERPOL, Alyssia	7	972	Treynor	57	21:45.6	8:46.3	10:56.1	6:48.0
89 MCLOUGHLIN, Bree	7	395	Harlan	-	22:00.7	9:01.4	11:03.7	6:52.7
90 VENNER, Aubrey	7	468	Kuemper Cath	-	22:01.7	9:02.4	11:04.2	6:53.0
91 RITCHART, Zoey	8	1009	Winterset	-	22:18.5	9:19.2	11:12.6	6:58.3
92 THOMPSON, Addison	8	550	Lewis Central	-	22:21.6	9:22.3	11:14.2	6:59.2
93 ST. JOHN, Jacquelyne	8	548	Lewis Central	-	22:51.9	9:52.6	11:29.4	7:08.7
94 NICHOLS, Paige	8	121	Clarinda	58	23:18.9	10:19.6	11:43.0	7:17.2
95 KITTLE, Niveah	8	316	Glenwood	-	23:53.4	10:54.1	12:00.3	7:27.9
-- MILLER, Anne	SO	965	Treynor	-			---	---
-- CHAILLIE, Anna	7	749	Red Oak	-			---	---
-- GEARHART, Ellie	7	863	Shenandoah	-			---	---
-- DUNN, Addyson	8	518	Lewis Central	-			---	---
-- MAUSBACH, Elsie	JR	964	Treynor	-			---	---
-- ROBICHEAU, Stella	8	540	Lewis Central	-			---	---
-- PECKHAM, Jordyn	7	537	Lewis Central	-			---	---
-- POTRATZ, Kinzlee	7	870	Shenandoah	-			---	---
-- HELM, Tessa	7	521	Lewis Central	-			---	---
-- KERKMANN, Madalyn	FR	961	Treynor	-			---	---
-- WOLTERMAN, Olivia	7	471	Kuemper Cath	-			---	---
-- VONNAHME, Evelyn	7	469	Kuemper Cath	-			---	---
-- MITCHELL, Danika	7	937	Stanton	-			---	---
-- TAYLOR, Presley	7	280	Fremont-Mills	-			---	---
-- CLOYD-NOECKER, Izabella	7	517	Lewis Central	-			---	---
-- DUNCAN, Sam	7	899	St. Albert, CB	-			---	---
-- LALLY, Rachel	8	447	Kuemper Cath	-			---	---
-- WARD, Natalie	7	943	Stanton	-			---	---
-- PITZEN, Chloe	7	324	Glenwood	-			---	---
-- GUTE, Harper	7	271	Fremont-Mills	-			---	---
-- FRENCH, Cameo	7	933	Stanton	-			---	---
-- LECHTENBERG, Lauren	7	317	Glenwood	-			---	---
-- CRABS, Frances	7	860	Shenandoah	-			---	---
-- WILWERDING, Kaislyn	7	413	Harlan	-			---	---
-- YOCHUM, Lilly	JR	974	Treynor	-			---	---
-- WHITE, Andyn	SR	973	Treynor	-			---	---
-- HEITHOFF, Ella	8	445	Kuemper Cath	-			---	---
-- FOUTS, Rylan	7	520	Lewis Central	-			---	---
-- THOMAS, Ryleigh	SR	971	Treynor	-			---	---

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Race #2
MS Girls 3200m**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
-- FATKA, Blakely	7	388	Harlan	-			---	---
-- GARNICA, Nereyda	7	172	Denison-Schlswg	-			---	---
-- PETERSEN, Addison	8	398	Harlan	-			---	---
-- ADKINS, Emma	7	513	Lewis Central	-			---	---
-- DREYER, Lucy	7	931	Stanton	-			---	---
-- LOPEZ, Hazel	8	1003	Winterset	-			---	---
-- ROBINSON, Hazy	7	510	Lenox	-			---	---
-- POTTHOFF, Lucy	8	455	Kuemper Cath	-			---	---

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Race #3
HS Boys Varsity 5k

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Lincoln Pius X	21	1-2-4-5-9(10)(11)	1:23:50	16:46	1:27.7
2 Earlham	106	16-18-22-23-27(54)(79)	1:32:11	18:27	0:44.6
3 Riverside, Oak	114	7-8-19-33-47(50)(97)	1:31:39	18:20	2:24.1
4 SB-Luton	140	37-51-52-64-65	1:39:03	19:49	0:54.1
5 Kuemper Cath	144	15-17-32-35-45(56)(77)	1:33:56	18:48	1:34.5
6 Winterset	170	13-25-31-38-63(76)	1:34:50	18:58	2:16.9
7 Red Oak	175	6-14-41-42-72(98)	1:34:40	18:56	3:12.0
8 Denison-Schlswg	234	12-24-49-67-82(84)(86)	1:37:25	19:29	3:12.3
9 Shenandoah	243	26-30-48-61-78(100)(111)	1:38:06	19:38	1:50.7
10 Clarinda	253	3-44-55-57-94(96)(104)	1:38:31	19:43	5:21.4
11 CB, A Lincoln	263	28-39-53-69-74(83)(87)	1:38:50	19:46	1:37.3
12 Atlantic	266	29-36-60-70-71(80)(88)	1:38:46	19:46	1:28.9
13 Glenwood	304	34-46-68-75-81(99)(101)	1:40:20	20:04	1:47.5
14 Nodaway Vall	305	20-40-66-89-90(109)	1:41:02	20:13	3:19.4
15 Harlan	320	21-43-73-91-92(95)(106)	1:41:41	20:21	3:25.6
16 Fremont-Mills	414	58-62-85-102-107(108)(110)	1:48:39	21:44	4:19.6
17 Bedford	472	59-93-103-105-112(113)(114)	1:56:22	23:17	7:16.9

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 KRIER, David	JR	696	Lincoln Pius X	1	15:58.4	---	5:08.2	3:11.7
2 MAJERUS, Joe	JR	698	Lincoln Pius X	2	16:20.2	21.8	5:15.2	3:16.0
3 WAGONER, Kyle	SR	141	Clarinda	3	16:52.2	53.8	5:25.5	3:22.4
4 JOHNSON, Damien	SR	692	Lincoln Pius X	4	17:01.4	1:03.0	5:28.4	3:24.3
5 IVANOV, George	SR	690	Lincoln Pius X	5	17:03.6	1:05.2	5:29.1	3:24.7
6 GRASS, Emmanuel	SO	767	Red Oak	6	17:15.4	1:17.0	5:32.9	3:27.1
7 HENDERSON, Brody	JR	796	Riverside, Oak	7	17:17.1	1:18.7	5:33.5	3:27.4
8 HENDERSON, Dawson	JR	797	Riverside, Oak	8	17:22.3	1:23.9	5:35.1	3:28.5
9 NORMAN, Joseph	FR	705	Lincoln Pius X	9	17:26.1	1:27.7	5:36.4	3:29.2
10 ZACH, Noah	JR	727	Lincoln Pius X	(10)	17:33.0	1:34.6	5:38.6	3:30.6
11 SCHLAUTMAN, Lucas	JR	712	Lincoln Pius X	(11)	17:43.9	1:45.5	5:42.1	3:32.8
12 SANCHEZ, Kevin	SO	225	Denison-Schlswg	12	17:45.2	1:46.8	5:42.5	3:33.0
13 HOTOPP, Cole	SR	1029	Winterset	13	17:46.5	1:48.1	5:42.9	3:33.3
14 HEITBRINK, Hayden	FR	769	Red Oak	14	17:52.3	1:53.9	5:44.8	3:34.5
15 WIEDERIEN, Dayton	JR	504	Kuemper Cath	15	18:03.2	2:04.8	5:48.3	3:36.6
16 NICHOLS, David	SO	257	Earlham	16	18:06.5	2:08.1	5:49.4	3:37.3
17 BADDING, Fletch	JR	473	Kuemper Cath	17	18:07.6	2:09.2	5:49.7	3:37.5
18 BRAET, Dawson	SO	245	Earlham	18	18:11.3	2:12.9	5:50.9	3:38.3
19 FENNER, Owen	SO	795	Riverside, Oak	19	18:14.2	2:15.8	5:51.8	3:38.8
20 WINKELMANN, Gabriel	FR	748	Nodaway Vall	20	18:15.4	2:17.0	5:52.2	3:39.1
21 HESLINK, Erik	SO	421	Harlan	21	18:19.2	2:20.8	5:53.4	3:39.8
22 MESSER, Griffin	JR	254	Earlham	22	18:22.5	2:24.1	5:54.5	3:40.5

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Race #3
HS Boys Varsity 5k

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
23 WALTER, Jackson	SO	929	St. Albert, CB	-	18:33.4	2:35.0	5:58.0	3:42.7
24 BRAET, Donovan	JR	246	Earlham	23	18:39.3	2:40.9	5:59.9	3:43.9
25 OLSEN, Ethan	SR	217	Denison-Schlswg	24	18:45.9	2:47.5	6:02.0	3:45.2
26 KESSLER, Collin	SR	1033	Winterset	25	18:46.3	2:47.9	6:02.2	3:45.3
27 KELLOGG, Dylan	SR	883	Shenandoah	26	18:48.7	2:50.3	6:02.9	3:45.7
28 TIEMEYER, Blake	SR	261	Earlham	27	18:51.1	2:52.7	6:03.7	3:46.2
29 AVALOS-CEBALLOS, Luis	SR	80	CB, A Lincoln	28	18:52.1	2:53.7	6:04.0	3:46.4
30 IRLMEIER, Luke	SR	33	Atlantic	29	18:54.1	2:55.7	6:04.7	3:46.8
31 DAOUST, Luke	SO	875	Shenandoah	30	18:56.4	2:58.0	6:05.4	3:47.3
32 HENSLEY, Abe	FR	1027	Winterset	31	18:56.7	2:58.3	6:05.5	3:47.3
33 SCHAEFER, Evan	SR	498	Kuemper Cath	32	18:59.7	3:01.3	6:06.5	3:47.9
34 GOODENBERGER, Wyatt	SO	158	Creston	-	19:00.1	3:01.7	6:06.6	3:48.0
35 LINCOLN, Andrew	SO	846	SB-Luton	-	19:03.3	3:04.9	6:07.6	3:48.7
36 JAQUEZ, Cruz	SO	800	Riverside, Oak	33	19:04.0	3:05.6	6:07.8	3:48.8
37 MCCORMICK, David	FR	848	SB-Luton	-	19:04.1	3:05.7	6:07.9	3:48.8
38 LEU, Josh	SR	345	Glenwood	34	19:05.0	3:06.6	6:08.2	3:49.0
39 POTTEBAUM, Thomas	JR	496	Kuemper Cath	35	19:07.6	3:09.2	6:09.0	3:49.5
40 FIELDS, Devon	SR	28	Atlantic	36	19:10.7	3:12.3	6:10.0	3:50.1
41 VARGAS, Alejandro	JR	853	SB-Luton	37	19:14.5	3:16.1	6:11.2	3:50.9
42 TAYLOR, John	SO	1050	Winterset	38	19:17.0	3:18.6	6:12.0	3:51.4
43 WOLF, Zed	FR	105	CB, A Lincoln	39	19:26.5	3:28.1	6:15.1	3:53.3
44 KADING, Luke	SO	741	Nodaway Vall	40	19:28.6	3:30.2	6:15.8	3:53.7
45 CHAILLIE, Pace	SO	766	Red Oak	41	19:32.2	3:33.8	6:16.9	3:54.4
46 PEDERSEN, Osiel	SO	772	Red Oak	42	19:32.5	3:34.1	6:17.0	3:54.5
47 GROSS, Jeffrey	SO	420	Harlan	43	19:32.7	3:34.3	6:17.1	3:54.5
48 HUDSON, Bryar	SO	131	Clarinda	44	19:36.4	3:38.0	6:18.3	3:55.3
49 MCCARGAR, Jacob	JR	491	Kuemper Cath	45	19:37.7	3:39.3	6:18.7	3:55.5
50 GAUL, Aiden	FR	916	St. Albert, CB	-	19:38.7	3:40.3	6:19.0	3:55.7
51 KELLER, Bryce	JR	344	Glenwood	46	19:41.0	3:42.6	6:19.7	3:56.2
52 MCCREADY, James	SO	802	Riverside, Oak	47	19:41.2	3:42.8	6:19.8	3:56.2
53 LITTLE THUNDER, Damien	SR	885	Shenandoah	48	19:42.5	3:44.1	6:20.2	3:56.5
54 GARCIA, Angel	FR	202	Denison-Schlswg	49	19:44.8	3:46.4	6:21.0	3:57.0
55 MEEK, Paxtyn	SR	803	Riverside, Oak	(50)	19:45.3	3:46.9	6:21.1	3:57.1
56 LARRABEE, Ayden	JR	845	SB-Luton	51	19:46.3	3:47.9	6:21.4	3:57.3
57 DELAROSA, Dan	JR	837	SB-Luton	52	19:47.6	3:49.2	6:21.9	3:57.5
58 NAUGHTON, Jack	FR	95	CB, A Lincoln	53	19:48.9	3:50.5	6:22.3	3:57.8
59 DICKSON, Payton	FR	248	Earlham	(54)	19:50.8	3:52.4	6:22.9	3:58.2
60 TAYLOR, Malcolm	SO	140	Clarinda	55	19:52.7	3:54.3	6:23.5	3:58.5
61 WUNSCHER, Wyatt	SO	505	Kuemper Cath	(56)	19:54.9	3:56.5	6:24.2	3:59.0
62 STOGDILL, Isaiah	SO	139	Clarinda	57	19:55.8	3:57.4	6:24.5	3:59.2
63 LEMONDS, Wyatt	SO	291	Fremont-Mills	58	19:56.1	3:57.7	6:24.6	3:59.2
64 JOHNSON, Kaleb	FR	56	Bedford	59	19:56.5	3:58.1	6:24.7	3:59.3
65 COOK, Xander	JR	24	Atlantic	60	19:57.0	3:58.6	6:24.9	3:59.4
66 O'HARA, Conor	SO	887	Shenandoah	61	19:58.3	3:59.9	6:25.3	3:59.7
67 CARTER, Anderson	JR	284	Fremont-Mills	62	20:00.2	4:01.8	6:25.9	4:00.0
68 HALL, Jake	JR	1025	Winterset	63	20:03.4	4:05.0	6:26.9	4:00.7

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Atlantic, IA
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Race #3
HS Boys Varsity 5k

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
69 WALSH, Ben	JR	854	SB-Luton	(64)	20:05.4	4:07.0	6:27.6	4:01.1
70 WALSH, Luke	FR	855	SB-Luton	(65)	20:08.6	4:10.2	6:28.6	4:01.7
71 COLTON, Haden	SO	737	Nodaway Vall	66	20:10.3	4:11.9	6:29.2	4:02.1
72 HERNANDEZ, Miguel	SO	206	Denison-Schlswg	67	20:11.4	4:13.0	6:29.5	4:02.3
73 SORENSEN, Grant	FR	364	Glenwood	68	20:11.4	4:13.0	6:29.5	4:02.3
74 HARMSEN, Hunter	SO	90	CB, A Lincoln	69	20:12.8	4:14.4	6:30.0	4:02.6
75 THOMPSON, Christian	SR	44	Atlantic	70	20:21.2	4:22.8	6:32.7	4:04.2
76 WILLIAMS, Preston	JR	47	Atlantic	71	20:23.0	4:24.6	6:33.2	4:04.6
77 WILLIAMS, Bryce	JR	775	Red Oak	72	20:27.4	4:29.0	6:34.7	4:05.5
78 COX, Elijah	SO	418	Harlan	73	20:27.8	4:29.4	6:34.8	4:05.6
79 JOHNSTON, Alex	SR	92	CB, A Lincoln	74	20:29.4	4:31.0	6:35.3	4:05.9
80 HENDERSON, Cody	SR	341	Glenwood	75	20:29.4	4:31.0	6:35.3	4:05.9
81 ALLEN, Colin	SR	1017	Winterset	(76)	20:33.1	4:34.7	6:36.5	4:06.6
82 STYPA, Kohen	JR	501	Kuemper Cath	(77)	20:34.3	4:35.9	6:36.9	4:06.9
83 HOLSTE, Davin	SR	882	Shenandoah	78	20:39.4	4:41.0	6:38.5	4:07.9
84 PETERSEN, Blake	SR	258	Earlham	(79)	20:44.1	4:45.7	6:40.0	4:08.8
85 MEISINGER, Vincent	SO	40	Atlantic	(80)	20:45.8	4:47.4	6:40.6	4:09.2
86 SUAZO, Hector	JR	163	Creston	-	20:49.1	4:50.7	6:41.6	4:09.8
87 SMITHERS, Jack	SR	363	Glenwood	81	20:52.5	4:54.1	6:42.7	4:10.5
88 LOCKWOOD, Brayden	JR	374	Griswold	-	20:56.2	4:57.8	6:43.9	4:11.2
89 CORONA, Abdiel	FR	200	Denison-Schlswg	82	20:57.5	4:59.1	6:44.3	4:11.5
90 SNOW, Jayden	FR	954	Stanton	-	20:58.3	4:59.9	6:44.6	4:11.7
91 WYMORE, Carter	FR	106	CB, A Lincoln	(83)	21:00.1	5:01.7	6:45.2	4:12.0
92 CASTILLO, Raul	FR	199	Denison-Schlswg	(84)	21:02.1	5:03.7	6:45.8	4:12.4
93 DAWSON, Alex	JR	914	St. Albert, CB	-	21:02.7	5:04.3	6:46.0	4:12.5
94 JOHNSON, Ben	SO	290	Fremont-Mills	85	21:04.3	5:05.9	6:46.5	4:12.9
95 LEDESMA, Ivan	JR	210	Denison-Schlswg	(86)	21:07.9	5:09.5	6:47.7	4:13.6
96 SMITH, Nollan	JR	375	Griswold	-	21:19.5	5:21.1	6:51.4	4:15.9
97 SMITH, Brady	JR	927	St. Albert, CB	-	21:19.8	5:21.4	6:51.5	4:16.0
98 HADDIX, Cooper	SR	86	CB, A Lincoln	(87)	21:21.8	5:23.4	6:52.2	4:16.4
99 KINNEY, Kouper	FR	35	Atlantic	(88)	21:23.7	5:25.3	6:52.8	4:16.7
100 SCHULTES, Brody	JR	50	Audubon	-	21:25.5	5:27.1	6:53.3	4:17.1
101 MERCADO, Cherubim	FR	743	Nodaway Vall	89	21:32.7	5:34.3	6:55.7	4:18.5
102 KADING, Paul	SO	742	Nodaway Vall	90	21:34.8	5:36.4	6:56.3	4:19.0
103 KIMMEN, Kobe	SO	425	Harlan	91	21:35.7	5:37.3	6:56.6	4:19.1
104 SANDQUIST, Nathan	SO	432	Harlan	92	21:44.8	5:46.4	6:59.5	4:21.0
105 PARSONS, Kylan	JR	162	Creston	-	21:51.0	5:52.6	7:01.5	4:22.2
106 WELCH, Jayven	SR	59	Bedford	93	21:54.8	5:56.4	7:02.8	4:23.0
107 ALFF, Cole	FR	975	Treynor	-	21:59.8	6:01.4	7:04.4	4:24.0
108 MANES, Morgan	JR	135	Clarinda	94	22:13.6	6:15.2	7:08.8	4:26.7
109 SONDERMAN, Jeb	SR	435	Harlan	(95)	22:27.1	6:28.7	7:13.2	4:29.4
110 HICKEY, Garrison	JR	130	Clarinda	(96)	22:28.4	6:30.0	7:13.6	4:29.7
111 HUDNALL, Eli	FR	799	Riverside, Oak	(97)	22:38.7	6:40.3	7:16.9	4:31.7
112 HALL, Cale	JR	768	Red Oak	(98)	22:38.8	6:40.4	7:16.9	4:31.8
113 PEVERILL, Owen	FR	355	Glenwood	(99)	22:41.3	6:42.9	7:17.7	4:32.3
114 STEVENSON, Will	SO	890	Shenandoah	(100)	23:09.4	7:11.0	7:26.8	4:37.9

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Race #3
HS Boys Varsity 5k

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
115 HORTON, Mak	SO	342	Glenwood	(101)	23:15.3	7:16.9	7:28.6	4:39.1
116 JONDLE, Austin	FR	160	Creston	-	23:20.0	7:21.6	7:30.2	4:40.0
117 FOSTER, Kaden	SR	287	Fremont-Mills	102	23:22.2	7:23.8	7:30.9	4:40.4
118 DEHASS, Koen	SR	53	Bedford	103	23:31.4	7:33.0	7:33.8	4:42.3
119 HAFFNER, Jayden	FR	128	Clarinda	(104)	23:44.7	7:46.3	7:38.1	4:44.9
120 ROWE, Tanner	SR	58	Bedford	105	23:45.7	7:47.3	7:38.4	4:45.1
121 SCHMITZ, Ethan	SO	434	Harlan	(106)	23:55.0	7:56.6	7:41.4	4:47.0
122 ZIMMERMAN, Broden	FR	294	Fremont-Mills	107	24:15.7	8:17.3	7:48.1	4:51.1
123 DINES, Ethan	JR	285	Fremont-Mills	(108)	24:27.1	8:28.7	7:51.7	4:53.4
124 ALLEN, Zooley	SR	944	Stanton	-	24:37.1	8:38.7	7:55.0	4:55.4
125 BREHENY, Dominic	FR	735	Nodaway Vall	(109)	24:47.1	8:48.7	7:58.2	4:57.4
126 HARRIS, Cade	JR	288	Fremont-Mills	(110)	25:21.3	9:22.9	8:09.2	5:04.3
127 MATHER, Luke	SO	886	Shenandoah	(111)	26:39.9	10:41.5	8:34.4	5:20.0
128 VILLANUEVA, Anthony	SO	512	Lenox	-	26:58.5	11:00.1	8:40.4	5:23.7
129 MEYER, Brett	FR	57	Bedford	112	27:13.4	11:15.0	8:45.2	5:26.7
130 DANIELSKI, Wyatt	FR	52	Bedford	(113)	27:28.3	11:29.9	8:50.0	5:29.7
131 JOHNSON, Eli	JR	55	Bedford	(114)	27:47.8	11:49.4	8:56.3	5:33.6
132 KUTZLI, Eric	JR	949	Stanton	-	28:08.0	12:09.6	9:02.8	5:37.6
-- SCHOENING, Ben	SO	360	Glenwood	-			---	---
-- GOTTSCH, Ramsey	FR	419	Harlan	-			---	---
-- HEISTERKAMP, Parker	SR	917	St. Albert, CB	-			---	---
-- JENSEN, Jeyden	JR	978	Treynor	-			---	---
-- JENSEN, Holden	SR	373	Griswold	-			---	---
-- SPENCER, Grant	SO	955	Stanton	-			---	---
-- JOHNSON, Alex	SR	91	CB, A Lincoln	-			---	---
-- MAZZELLA, Joseph	SO	922	St. Albert, CB	-			---	---
-- MCDONALD, James	SR	950	Stanton	-			---	---
-- STROHBEHN, Ben	SR	1048	Winterset	-			---	---
-- BROWER, Jacob	SR	765	Red Oak	-			---	---

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Race #4
HS Girls Varsity 5k

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Lincoln Pius X	60	7-10-13-14-16(22)(24)	1:44:22	20:53	0:41.6
2 Glenwood	79	2-4-15-23-35(38)(40)	1:44:00	20:48	3:26.0
3 Harlan	107	3-6-30-31-37(51)(53)	1:46:08	21:14	3:24.2
4 Winterset	117	5-8-17-21-66(84)(93)	1:48:03	21:37	4:29.9
5 Earlham	125	9-18-20-36-42(43)	1:48:42	21:45	2:25.8
6 Treynor	212	19-26-39-41-87	1:54:20	22:52	4:45.2
7 Creston	223	27-33-46-52-65(78)(82)	1:56:01	23:13	2:45.6
8 Denison-Schlswg	224	11-12-55-63-83(86)(90)	1:55:59	23:12	4:43.6
9 Clarinda	279	29-45-56-73-76(79)(80)	2:00:02	24:01	3:20.6
10 CB, A Lincoln	289	50-57-59-61-62(69)(85)	2:01:42	24:21	0:40.1
11 Atlantic	292	25-58-60-72-77(91)(107)	2:01:02	24:13	3:36.9
12 Shenandoah	323	28-32-74-94-95(103)(104)	2:01:50	24:22	4:23.6
13 Kuemper Cath	328	34-54-71-81-88(92)(101)	2:02:34	24:31	3:47.6
14 St. Albert, CB	338	1-49-67-109-112	2:08:44	25:45	13:29.3
15 SB-Luton	380	48-64-75-96-97(98)(106)	2:06:14	25:15	2:52.9
16 Riverside, Oak	400	44-68-89-99-100(102)(108)	2:09:28	25:54	4:27.8
17 Fremont-Mills	443	47-70-105-110-111(113)(114)	2:20:04	28:01	8:07.5

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 DENTON, Lili	JR	897	St. Albert, CB	1	18:27.4	---	5:56.1	3:41.5
2 BERGLUND, Grace	SO	296	Glenwood	2	18:54.7	27.3	6:04.9	3:46.9
3 SONDERMAN, Lindsey	SR	408	Harlan	3	19:05.3	37.9	6:08.3	3:49.1
4 PETERSEN, Breckyn	SR	323	Glenwood	4	20:09.4	1:42.0	6:28.9	4:01.9
5 HOPE, Ava	FR	998	Winterset	5	20:13.7	1:46.3	6:30.3	4:02.7
6 RAU, Ashlyn	FR	400	Harlan	6	20:20.3	1:52.9	6:32.4	4:04.1
7 WOOSLEY, Malia	SO	668	Lincoln Pius X	7	20:26.1	1:58.7	6:34.2	4:05.2
8 SMITH, Maven	SO	1011	Winterset	8	20:35.8	2:08.4	6:37.4	4:07.2
9 HARGER, Mackenzie	JR	236	Earlham	9	20:42.4	2:15.0	6:39.5	4:08.5
10 OLIVER, Emma	FR	649	Lincoln Pius X	10	20:46.7	2:19.3	6:40.9	4:09.3
11 TREMBLAY, Alexa	SR	191	Denison-Schlswg	11	20:52.8	2:25.4	6:42.8	4:10.6
12 MENDLIK, Lola	SR	179	Denison-Schlswg	12	20:54.5	2:27.1	6:43.4	4:10.9
13 SOLANO, Jasmin	JR	654	Lincoln Pius X	13	20:56.0	2:28.6	6:43.9	4:11.2
14 UTTECHT, Grace	SO	661	Lincoln Pius X	14	21:04.7	2:37.3	6:46.7	4:12.9
15 BERGLUND, Madelyn	SR	297	Glenwood	15	21:05.2	2:37.8	6:46.8	4:13.0
16 DICKINSON, Abby	JR	635	Lincoln Pius X	16	21:07.7	2:40.3	6:47.6	4:13.5
17 BACK, Mallory	FR	989	Winterset	17	21:08.7	2:41.3	6:47.9	4:13.7
18 FRANK, Hannah	SR	234	Earlham	18	21:09.2	2:41.8	6:48.1	4:13.8
19 MILLER, Anne	SO	965	Treynor	19	21:10.9	2:43.5	6:48.6	4:14.2
20 RODGERS, Taylor	SR	242	Earlham	20	21:17.6	2:50.2	6:50.8	4:15.5
21 BACK, Morgan	JR	990	Winterset	21	21:20.4	2:53.0	6:51.7	4:16.1
22 BURKLAND, Reagan	FR	633	Lincoln Pius X	(22)	21:28.1	3:00.7	6:54.2	4:17.6

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HS Girls Varsity 5k**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
23 HUGHES, Megan	SO	310	Glenwood	23	21:29.1	3:01.7	6:54.5	4:17.8
24 WAITE, Mila	JR	665	Lincoln Pius X	(24)	21:30.8	3:03.4	6:55.0	4:18.2
25 WILLIAMS, Katrina	JR	20	Atlantic	25	21:41.7	3:14.3	6:58.6	4:20.3
26 KERKMANN, Madalyn	FR	961	Treynor	26	21:46.0	3:18.6	6:59.9	4:21.2
27 SMITH, Cora	FR	154	Creston	27	21:51.0	3:23.6	7:01.5	4:22.2
28 EGBERT, Hailey	SR	861	Shenandoah	28	21:54.0	3:26.6	7:02.5	4:22.8
29 KING, Riley	JR	116	Clarinda	29	21:55.8	3:28.4	7:03.1	4:23.2
30 BIEKER, Aspen	FR	382	Harlan	30	22:04.6	3:37.2	7:05.9	4:24.9
31 SCHECHINGER, Brylee	SR	401	Harlan	31	22:08.0	3:40.6	7:07.0	4:25.6
32 MATHER, Lilly	FR	866	Shenandoah	32	22:08.6	3:41.2	7:07.2	4:25.7
33 STRUNK, Reese	SO	155	Creston	33	22:08.8	3:41.4	7:07.3	4:25.8
34 WIEDERIEIN, Kaci	SO	470	Kuemper Cath	34	22:09.3	3:41.9	7:07.4	4:25.9
35 HARMS, Katelyn	SO	302	Glenwood	35	22:20.7	3:53.3	7:11.1	4:28.1
36 CANOYER, Kinsley	FR	233	Earlham	36	22:24.4	3:57.0	7:12.3	4:28.9
37 ANDERSON, Allie	SO	378	Harlan	37	22:29.5	4:02.1	7:13.9	4:29.9
38 HEBEL, Caitlin	JR	303	Glenwood	(38)	22:33.6	4:06.2	7:15.2	4:30.7
39 YOCHUM, Lilly	JR	974	Treynor	39	22:36.0	4:08.6	7:16.0	4:31.2
40 HUGHES, Haylee	JR	308	Glenwood	(40)	22:46.7	4:19.3	7:19.5	4:33.3
41 THOMAS, Ryleigh	SR	971	Treynor	41	22:50.3	4:22.9	7:20.6	4:34.1
42 STANLEY, Cece	JR	244	Earlham	42	23:08.2	4:40.8	7:26.4	4:37.6
43 RODGERS, Shea	SO	241	Earlham	(43)	23:14.5	4:47.1	7:28.4	4:38.9
44 SCHECHINGER, Iviana	FR	786	Riverside, Oak	44	23:14.8	4:47.4	7:28.5	4:39.0
45 HESSE, Elaina	SO	112	Clarinda	45	23:25.0	4:57.6	7:31.8	4:41.0
46 DAVIS, Payton	SR	145	Creston	46	23:25.9	4:58.5	7:32.1	4:41.2
47 WILSON, Hannah	SR	281	Fremont-Mills	47	23:28.6	5:01.2	7:32.9	4:41.7
48 BOCKENSTEDT, Bjella	JR	815	SB-Luton	48	23:37.2	5:09.8	7:35.7	4:43.4
49 LIVINGSTON, Greta	SO	904	St. Albert, CB	49	23:51.2	5:23.8	7:40.2	4:46.2
50 JOHNSON, Ruby	JR	67	CB, A Lincoln	50	23:52.2	5:24.8	7:40.5	4:46.4
51 FREUND, Ava	SO	389	Harlan	(51)	23:56.9	5:29.5	7:42.0	4:47.4
52 CLAYTON, Karter	SR	144	Creston	52	23:58.3	5:30.9	7:42.5	4:47.7
53 SONDERMAN, Josie	FR	407	Harlan	(53)	23:59.3	5:31.9	7:42.8	4:47.9
54 DAVIS, Addie	SO	440	Kuemper Cath	54	23:59.7	5:32.3	7:42.9	4:47.9
55 BAHNSEN, Emily	SR	164	Denison-Schlswg	55	24:02.4	5:35.0	7:43.8	4:48.5
56 BARNES, Alexa	SO	107	Clarinda	56	24:16.1	5:48.7	7:48.2	4:51.2
57 KEPLER THOMASON, KayL	SR	69	CB, A Lincoln	57	24:20.1	5:52.7	7:49.5	4:52.0
58 HUFFMAN, Hailey	SR	9	Atlantic	58	24:23.2	5:55.8	7:50.5	4:52.6
59 LOUDON, Gabby	SR	70	CB, A Lincoln	59	24:26.1	5:58.7	7:51.4	4:53.2
60 BIRGE, Megan	SR	3	Atlantic	60	24:30.4	6:03.0	7:52.8	4:54.1
61 PETERSEN, Torunn	FR	74	CB, A Lincoln	61	24:31.0	6:03.6	7:53.0	4:54.2
62 STOTT, Norah	JR	77	CB, A Lincoln	62	24:32.3	6:04.9	7:53.4	4:54.5
63 SCHRUM, Charlotte	JR	189	Denison-Schlswg	63	24:32.5	6:05.1	7:53.5	4:54.5
64 SALTER, Ashlynn	SO	827	SB-Luton	64	24:32.5	6:05.1	7:53.5	4:54.5
65 RILEY, Maylee	JR	151	Creston	65	24:36.6	6:09.2	7:54.8	4:55.3
66 CRAVEN, Mackenzie	JR	991	Winterset	66	24:43.6	6:16.2	7:57.0	4:56.7
67 PISKORSKI, Kirsten	SR	907	St. Albert, CB	67	24:53.4	6:26.0	8:00.2	4:58.7
68 PERRIEN, Marlee	SO	757	Red Oak	-	24:54.5	6:27.1	8:00.5	4:58.9

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Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
69 RICHARDSON, Bailey	JR	785	Riverside, Oak	68	25:01.1	6:33.7	8:02.7	5:00.2
70 FITCH, Sonia	SR	64	CB, A Lincoln	(69)	25:01.9	6:34.5	8:02.9	5:00.4
71 BILLINGSLEY, Brookelynn	SO	267	Fremont-Mills	70	25:02.2	6:34.8	8:03.0	5:00.4
72 LEE, Logan	SO	448	Kuemper Cath	71	25:02.3	6:34.9	8:03.1	5:00.5
73 BRUMMER, Elynor	JR	5	Atlantic	72	25:07.8	6:40.4	8:04.8	5:01.6
74 COMER, Tatum	FR	109	Clarinda	73	25:07.9	6:40.5	8:04.9	5:01.6
75 YOUNG, Zoe	SO	873	Shenandoah	74	25:13.0	6:45.6	8:06.5	5:02.6
76 FIEGEL, Claire	FR	819	SB-Luton	75	25:13.4	6:46.0	8:06.6	5:02.7
77 MUFF, Richlyn	JR	120	Clarinda	76	25:16.4	6:49.0	8:07.6	5:03.3
78 BROCK, Bella	JR	4	Atlantic	77	25:18.6	6:51.2	8:08.3	5:03.7
79 KRUSE, Karlie	FR	149	Creston	(78)	25:20.9	6:53.5	8:09.0	5:04.2
80 DOWNEY, Kylar	SO	110	Clarinda	(79)	25:22.0	6:54.6	8:09.4	5:04.4
81 GORDON, Kambry	JR	111	Clarinda	(80)	25:22.1	6:54.7	8:09.4	5:04.4
82 GREVING, Shelby	SO	442	Kuemper Cath	81	25:25.1	6:57.7	8:10.4	5:05.0
83 FREEMAN, Abby	JR	146	Creston	(82)	25:36.4	7:09.0	8:14.0	5:07.3
84 MORALES-GARCIA, Leilany	SR	181	Denison-Schlswg	83	25:36.4	7:09.0	8:14.0	5:07.3
85 DAVIS, Luci	SR	992	Winterset	(84)	25:50.2	7:22.8	8:18.5	5:10.0
86 SOMMERVILLE, Olivia	JR	76	CB, A Lincoln	(85)	25:52.5	7:25.1	8:19.2	5:10.5
87 JOHNSON, Lynnae	SR	176	Denison-Schlswg	(86)	25:53.8	7:26.4	8:19.6	5:10.8
88 MAUSBACH, Elsie	JR	964	Treynor	87	25:56.1	7:28.7	8:20.4	5:11.2
89 SEIDL, Anna	FR	462	Kuemper Cath	88	25:56.9	7:29.5	8:20.6	5:11.4
90 FEIGENBUTZ, Danika	JR	776	Riverside, Oak	89	25:58.4	7:31.0	8:21.1	5:11.7
91 GALVIN, Anna	JR	170	Denison-Schlswg	(90)	25:58.7	7:31.3	8:21.2	5:11.7
92 MIDDENTS, Allison	SO	16	Atlantic	(91)	25:59.2	7:31.8	8:21.4	5:11.8
93 SEGEBART, Madeline	JR	461	Kuemper Cath	(92)	26:00.8	7:33.4	8:21.9	5:12.2
94 PETSCHKE, Penelope	SO	1007	Winterset	(93)	26:01.1	7:33.7	8:22.0	5:12.2
95 MCGINNIS, Sloane	FR	867	Shenandoah	94	26:16.4	7:49.0	8:26.9	5:15.3
96 CAMPBELL, Caroline	SO	858	Shenandoah	95	26:17.6	7:50.2	8:27.3	5:15.5
97 LARRABEE, Lexi	SO	822	SB-Luton	96	26:20.7	7:53.3	8:28.3	5:16.1
98 STEVENS, Sarah	FR	831	SB-Luton	97	26:30.1	8:02.7	8:31.3	5:18.0
99 LOPEZ, Maddy	SO	756	Red Oak	-	26:35.8	8:08.4	8:33.1	5:19.2
100 ROBINSON, Delaney	SR	826	SB-Luton	(98)	26:42.9	8:15.5	8:35.4	5:20.6
101 HORN, Cate	SO	751	Red Oak	-	27:15.8	8:48.4	8:46.0	5:27.2
102 HILGENBERG, Jersey	FR	777	Riverside, Oak	99	27:30.3	9:02.9	8:50.6	5:30.1
103 PIERCE, Brecken	JR	784	Riverside, Oak	100	27:42.6	9:15.2	8:54.6	5:32.5
104 TIDGREN, Sophie	SR	465	Kuemper Cath	(101)	27:45.1	9:17.7	8:55.4	5:33.0
105 MORGAN, Lydia	FR	782	Riverside, Oak	(102)	28:02.1	9:34.7	9:00.9	5:36.4
106 COOPER, Nevaeh	FR	859	Shenandoah	(103)	28:21.1	9:53.7	9:07.0	5:40.2
107 O'BRIEN, Millicent	FR	868	Shenandoah	(104)	28:35.7	10:08.3	9:11.7	5:43.1
108 JOHNSON, Emma	FR	273	Fremont-Mills	105	28:37.7	10:10.3	9:12.3	5:43.5
109 WINTER, Olivia	SR	835	SB-Luton	(106)	28:40.8	10:13.4	9:13.3	5:44.2
110 MILLIKAN, Josie	JR	371	Griswold	-	28:43.6	10:16.2	9:14.2	5:44.7
111 KINZIE, Cadence	SO	13	Atlantic	(107)	28:46.8	10:19.4	9:15.2	5:45.4
112 MARTENS, Clara	FR	781	Riverside, Oak	(108)	29:03.1	10:35.7	9:20.5	5:48.6
113 DUNCAN, Addison	SR	898	St. Albert, CB	109	29:34.5	11:07.1	9:30.6	5:54.9
114 VILLANUEVA, Alejandrina	JR	511	Lenox	-	30:27.4	12:00.0	9:47.6	6:05.5

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Race #4
HS Girls Varsity 5k

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
115 LOPEZ, Leslie	SR	275	Fremont-Mills	110	31:19.3	12:51.9	10:04.3	6:15.9
116 LANGILLE, Shanti	SR	274	Fremont-Mills	111	31:36.1	13:08.7	10:09.7	6:19.2
117 MARKEL, McKayla	SO	905	St. Albert, CB	112	31:56.7	13:29.3	10:16.3	6:23.3
118 FOSTER, Shannon	SO	269	Fremont-Mills	(113)	32:09.7	13:42.3	10:20.5	6:25.9
119 BAIER, Paige	SR	370	Griswold	-	32:14.3	13:46.9	10:22.0	6:26.9
120 GILL, Lillian	FR	270	Fremont-Mills	(114)	32:26.1	13:58.7	10:25.8	6:29.2
-- FRENCH, Piper	FR	934	Stanton	-			---	---
-- SEGOVIANO, Rosy	SR	190	Denison-Schlschw	-			---	---
-- VANDERPOL, Alyssia	7	972	Treynor	-			---	---
-- VAN HORN, Kaylee	SO	734	Nodaway Vall	-			---	---
-- RAMSEY, Greenly	JR	509	Lenox	-			---	---
-- HEIM, Gillian	SO	750	Red Oak	-			---	---
-- SMITH, Amanda	JR	243	Earlham	-			---	---
-- ROBERTS, Lauren	FR	939	Stanton	-			---	---
-- MILLER, Lily	8	966	Treynor	-			---	---
-- MRSNY, Danika	8	967	Treynor	-			---	---
-- RYAN, Maura	SO	909	St. Albert, CB	-			---	---
-- BOWER, Tia	SR	728	Nodaway Vall	-			---	---
-- CHRISTENSEN, Jazz	SR	730	Nodaway Vall	-			---	---
-- MEADOWS, Jenna	SO	178	Denison-Schlschw	-			---	---
-- FINK, Avery	7	959	Treynor	-			---	---
-- SANDS, Abby	7	969	Treynor	-			---	---
-- WHITE, Hailey	SO	19	Atlantic	-			---	---
-- LARSON, Jaide	SR	754	Red Oak	-			---	---

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Race #5
HS Boys JV 5k

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Lincoln Pius X	15	1-2-3-4-5(6)(7)	1:32:24	18:29	1:16.8
2 SB-Luton	92	8-13-14-24-33(39)(57)	1:44:33	20:55	1:47.2
3 CB, A Lincoln	97	9-10-16-27-35(37)(44)	1:45:00	21:00	1:39.9
4 Lewis Central	130	21-22-25-28-34(47)(48)	1:46:49	21:22	0:58.2
5 Atlantic	141	19-20-23-38-41(49)(51)	1:47:44	21:33	1:29.7
6 Winterset	142	12-29-30-31-40(43)(50)	1:47:57	21:36	1:51.9
7 Denison-Schlswg	181	26-32-36-42-45(54)(65)	1:50:24	22:05	1:18.6
8 Earlham	185	15-17-46-52-55(62)(68)	1:51:29	22:18	3:21.8
9 Kuemper Cath	197	11-18-53-56-59(60)(61)	1:53:51	22:47	4:14.5
10 Shenandoah	318	58-63-64-66-67(69)	2:10:49	26:10	2:38.5

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MAY, Owen	JR	701	Lincoln Pius X	1	17:53.4	---	5:45.1	3:34.7
2 VROOMAN, Henry	SO	722	Lincoln Pius X	2	18:10.4	17.0	5:50.6	3:38.1
3 SCHLAUTMAN, Sam	SO	713	Lincoln Pius X	3	18:16.8	23.4	5:52.7	3:39.4
4 GALL, Malcolm	FR	686	Lincoln Pius X	4	18:52.7	59.3	6:04.2	3:46.5
5 BOUSQUET, Sam	JR	675	Lincoln Pius X	5	19:10.2	1:16.8	6:09.8	3:50.0
6 TRUMMER, Ronan	SO	721	Lincoln Pius X	(6)	19:11.7	1:18.3	6:10.3	3:50.3
7 WINTERS, Peter	SO	726	Lincoln Pius X	(7)	19:17.3	1:23.9	6:12.1	3:51.5
8 EASLEY, Ethan	SO	681	Lincoln Pius X	-	19:36.1	1:42.7	6:18.2	3:55.2
9 BENES, Joe	SR	671	Lincoln Pius X	-	19:54.5	2:01.1	6:24.1	3:58.9
10 MALISZEWSKI, David	FR	699	Lincoln Pius X	-	20:06.8	2:13.4	6:28.0	4:01.4
11 MCROBERTS, Ayden	SR	849	SB-Luton	8	20:10.4	2:17.0	6:29.2	4:02.1
12 O'BRIEN, James	JR	96	CB, A Lincoln	9	20:23.7	2:30.3	6:33.5	4:04.7
13 POULOS-SCHWEER, Konst	SO	924	St. Albert, CB	-	20:23.8	2:30.4	6:33.5	4:04.8
14 CUNNINGHAM, Elliot	SO	677	Lincoln Pius X	-	20:26.8	2:33.4	6:34.5	4:05.4
15 BRAMBLE, William	SO	82	CB, A Lincoln	10	20:27.9	2:34.5	6:34.8	4:05.6
16 BADDING, Charlie	SO	472	Kuemper Cath	11	20:32.3	2:38.9	6:36.2	4:06.5
17 POTTER, Atreyu	SR	1046	Winterset	12	20:34.5	2:41.1	6:36.9	4:06.9
18 KUEFFER, Baylen	SO	844	SB-Luton	13	20:35.8	2:42.4	6:37.4	4:07.2
19 SHARP, Maddox	FR	715	Lincoln Pius X	-	20:36.5	2:43.1	6:37.6	4:07.3
20 HERING, Colton	FR	798	Riverside, Oak	-	20:38.1	2:44.7	6:38.1	4:07.6
21 MCCORMICK, Brody	FR	847	SB-Luton	14	20:38.1	2:44.7	6:38.1	4:07.6
22 WINEY, Carson	SO	265	Earlham	15	20:40.2	2:46.8	6:38.8	4:08.0
23 AVALOS CEBALLOS, Juan	JR	79	CB, A Lincoln	16	20:42.2	2:48.8	6:39.4	4:08.4
24 MILLAGE, Max	SO	256	Earlham	17	20:48.0	2:54.6	6:41.3	4:09.6
25 VONNAHME, Oliver	FR	503	Kuemper Cath	18	20:50.8	2:57.4	6:42.2	4:10.2
26 WIECHMAN, Breckin	FR	725	Lincoln Pius X	-	20:52.1	2:58.7	6:42.6	4:10.4
27 ANDERSEN, Caleb	SO	23	Atlantic	19	20:57.7	3:04.3	6:44.4	4:11.5
28 THOMPSON, Hadin	SR	45	Atlantic	20	20:58.5	3:05.1	6:44.7	4:11.7
29 HILL, Broxton	SO	591	Lewis Central	21	21:02.9	3:09.5	6:46.1	4:12.6
30 APPLGATE, Evan	SO	567	Lewis Central	22	21:03.0	3:09.6	6:46.1	4:12.6
31 ENGLER, Thomas	FR	27	Atlantic	23	21:04.1	3:10.7	6:46.5	4:12.8

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Race #5
HS Boys JV 5k

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
32 TENDAL, Kyler	SO	851	SB-Luton	24	21:10.5	3:17.1	6:48.5	4:14.1
33 ALFORD, Alex	JR	563	Lewis Central	25	21:11.7	3:18.3	6:48.9	4:14.3
34 BERNAL SERRATO, Israel	FR	197	Denison-Schlswg	26	21:20.6	3:27.2	6:51.8	4:16.1
35 MCDANIEL, Malak	SO	94	CB, A Lincoln	27	21:21.9	3:28.5	6:52.2	4:16.4
36 MURREN, Tyrus	SO	607	Lewis Central	28	21:29.5	3:36.1	6:54.6	4:17.9
37 HENSLEY, Jud	FR	1028	Winterset	29	21:36.8	3:43.4	6:57.0	4:19.4
38 SCHECHINGER, Wyatt	FR	809	Riverside, Oak	-	21:37.1	3:43.7	6:57.1	4:19.4
39 INIESTA, Liberto	SR	1031	Winterset	30	21:39.0	3:45.6	6:57.7	4:19.8
40 COWMAN, Ethan	FR	1022	Winterset	31	21:39.8	3:46.4	6:57.9	4:20.0
41 JOHNSON, Max	FR	918	St. Albert, CB	-	21:47.2	3:53.8	7:00.3	4:21.4
42 CRUZ, Eduardo	JR	201	Denison-Schlswg	32	21:50.1	3:56.7	7:01.3	4:22.0
43 MCCOLLOCH, Ryan	SO	923	St. Albert, CB	-	21:57.0	4:03.6	7:03.5	4:23.4
44 MULLENIX, Tyler	SO	850	SB-Luton	33	21:57.6	4:04.2	7:03.7	4:23.5
45 KOLHOF-SADLER, Jacob	SR	600	Lewis Central	34	22:01.1	4:07.7	7:04.8	4:24.2
46 SHIELDS, Mason	FR	100	CB, A Lincoln	35	22:03.6	4:10.2	7:05.6	4:24.7
47 SALAS, Raul	FR	224	Denison-Schlswg	36	22:04.9	4:11.5	7:06.0	4:25.0
48 SHOWERS, Gabe	SO	101	CB, A Lincoln	(37)	22:12.3	4:18.9	7:08.4	4:26.5
49 AKERS, Anthony	SO	22	Atlantic	38	22:16.3	4:22.9	7:09.7	4:27.3
50 KEOKENCHANH, Isaac	JR	843	SB-Luton	(39)	22:24.4	4:31.0	7:12.3	4:28.9
51 TAYLOR, Hunter	FR	1049	Winterset	40	22:26.4	4:33.0	7:12.9	4:29.3
52 HOUSER, Tye	SR	32	Atlantic	41	22:27.4	4:34.0	7:13.2	4:29.5
53 MARQUEZ, Jonathan	FR	212	Denison-Schlswg	42	22:28.6	4:35.2	7:13.6	4:29.7
54 KING, Charlie	JR	1034	Winterset	(43)	22:31.7	4:38.3	7:14.6	4:30.3
55 RYAN, Jonathan	SR	99	CB, A Lincoln	(44)	22:35.6	4:42.2	7:15.9	4:31.1
56 SIMMS, Cooper	SO	926	St. Albert, CB	-	22:39.1	4:45.7	7:17.0	4:31.8
57 RAMOS, Omar	SO	219	Denison-Schlswg	45	22:39.2	4:45.8	7:17.0	4:31.8
58 FRANK, Carter	SO	249	Earlham	46	22:41.4	4:48.0	7:17.7	4:32.3
59 JOHNSON, Aidan	SR	596	Lewis Central	(47)	22:46.7	4:53.3	7:19.5	4:33.3
60 APPLGATE, Leighton	SO	568	Lewis Central	(48)	22:47.3	4:53.9	7:19.6	4:33.5
61 ELINGS, Dominic	FR	26	Atlantic	(49)	22:47.9	4:54.5	7:19.8	4:33.6
62 ANDERSON, Coleton	FR	78	CB, A Lincoln	-	22:49.9	4:56.5	7:20.5	4:34.0
63 LETT, Hayden	JR	601	Lewis Central	-	22:56.1	5:02.7	7:22.5	4:35.2
64 NELSON, Kody	SO	1042	Winterset	(50)	22:57.1	5:03.7	7:22.8	4:35.4
65 CAMPBELL, Braidyn	FR	576	Lewis Central	-	22:57.9	5:04.5	7:23.1	4:35.6
66 HOOVER, Wyatt	FR	31	Atlantic	(51)	23:10.1	5:16.7	7:27.0	4:38.0
67 KINNEY, Nolyn	SO	36	Atlantic	-	23:10.3	5:16.9	7:27.0	4:38.1
68 SMITH, Nathan	SO	812	Riverside, Oak	-	23:15.4	5:22.0	7:28.7	4:39.1
69 REDMOND, Erik	SO	259	Earlham	52	23:16.5	5:23.1	7:29.0	4:39.3
70 GOWENS, Ryan	SO	85	CB, A Lincoln	-	23:29.7	5:36.3	7:33.3	4:41.9
71 LAJEUNESS, Talon	SR	37	Atlantic	-	23:30.3	5:36.9	7:33.5	4:42.1
72 MOELLER, Logan	FR	1040	Winterset	-	23:30.9	5:37.5	7:33.7	4:42.2
73 THELEN, Cooper	SO	502	Kuemper Cath	53	23:33.1	5:39.7	7:34.4	4:42.6
74 BENNETT, Logan	JR	573	Lewis Central	-	23:37.0	5:43.6	7:35.6	4:43.4
75 KEY, Colt	FR	161	Creston	-	23:38.3	5:44.9	7:36.0	4:43.7
76 BOOTON, Max	SO	1019	Winterset	-	23:50.2	5:56.8	7:39.9	4:46.0
77 SCHNEPEL, Brock	FR	983	Treynor	-	23:53.6	6:00.2	7:41.0	4:46.7

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Race #5
HS Boys JV 5k

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
78 HANSON, Eli	FR	89	CB, A Lincoln	-	23:57.2	6:03.8	7:42.1	4:47.4
79 HERNANDEZ, Jaime	FR	205	Denison-Schlschw	(54)	24:01.4	6:08.0	7:43.5	4:48.3
80 WARDEN, Harrison	SO	263	Earlham	55	24:02.0	6:08.6	7:43.7	4:48.4
81 HOL, Kirk	FR	422	Harlan	-	24:04.2	6:10.8	7:44.4	4:48.8
82 BREYFOGLE, Logan	SR	414	Harlan	-	24:04.3	6:10.9	7:44.4	4:48.9
83 PIETIG, Simon	JR	495	Kuemper Cath	56	24:07.8	6:14.4	7:45.5	4:49.6
84 KREMOSKI, AJ	JR	801	Riverside, Oak	-	24:11.5	6:18.1	7:46.7	4:50.3
85 MELBY, Griffin	FR	981	Treynor	-	24:13.6	6:20.2	7:47.4	4:50.7
86 HARRIS, Collin	SO	29	Atlantic	-	24:14.3	6:20.9	7:47.6	4:50.9
87 VAN SICKLE, Gabriel	FR	104	CB, A Lincoln	-	24:23.2	6:29.8	7:50.5	4:52.6
88 WIMMER, Aiden	FR	856	SB-Luton	(57)	24:31.4	6:38.0	7:53.1	4:54.3
89 HERNANDEZ, Daniel	JR	841	SB-Luton	-	24:34.4	6:41.0	7:54.1	4:54.9
90 WELLHAUSEN, Noah	SO	142	Clarinda	-	24:39.0	6:45.6	7:55.6	4:55.8
91 GERMAN, Alex	JR	84	CB, A Lincoln	-	24:43.4	6:50.0	7:57.0	4:56.7
92 LAWRENCE, Ryan	SO	884	Shenandoah	58	24:45.4	6:52.0	7:57.6	4:57.1
93 HEDEEN, Laith	FR	483	Kuemper Cath	59	24:46.8	6:53.4	7:58.1	4:57.4
94 JANSSEN, John	FR	486	Kuemper Cath	(60)	24:59.1	7:05.7	8:02.0	4:59.8
95 CLAUSEN, Gabe	SO	476	Kuemper Cath	(61)	25:00.0	7:06.6	8:02.3	5:00.0
96 TAYLOR, William	FR	102	CB, A Lincoln	-	25:00.1	7:06.7	8:02.3	5:00.0
97 HAMILTON, Isaac	SO	87	CB, A Lincoln	-	25:02.1	7:08.7	8:03.0	5:00.4
98 AHMAD, Muhammad	JR	1015	Winterset	-	25:10.7	7:17.3	8:05.8	5:02.1
99 GRAY, Josh	FR	839	SB-Luton	-	25:11.8	7:18.4	8:06.1	5:02.4
100 SELL, Brian	JR	618	Lewis Central	-	25:13.4	7:20.0	8:06.6	5:02.7
101 KOSLOSKE, Alex	SO	251	Earlham	(62)	25:16.0	7:22.6	8:07.5	5:03.2
102 SUN, Lucas	JR	891	Shenandoah	63	25:20.4	7:27.0	8:08.9	5:04.1
103 ALLEN, Griffin	SO	1018	Winterset	-	25:22.6	7:29.2	8:09.6	5:04.5
104 FILLOON, Eli	FR	478	Kuemper Cath	-	25:23.5	7:30.1	8:09.9	5:04.7
105 MARKUT, Xander	JR	348	Glenwood	-	25:35.9	7:42.5	8:13.9	5:07.2
106 BERGLUND, Owen	FR	836	SB-Luton	-	25:36.0	7:42.6	8:13.9	5:07.2
107 PETERSEN, Trygg	FR	97	CB, A Lincoln	-	25:39.5	7:46.1	8:15.0	5:07.9
108 BOWMAN, Nathan	SO	1020	Winterset	-	25:40.6	7:47.2	8:15.4	5:08.1
109 SNYDER, Porter	JR	499	Kuemper Cath	-	25:41.5	7:48.1	8:15.7	5:08.3
110 BOLTON, Brayden	SO	81	CB, A Lincoln	-	25:43.3	7:49.9	8:16.2	5:08.7
111 DEVORE, Ben	SO	1024	Winterset	-	25:55.2	8:01.8	8:20.1	5:11.0
112 BELLINGHAUSEN, Maddux	JR	474	Kuemper Cath	-	26:00.2	8:06.8	8:21.7	5:12.0
113 JENSEN, Jackson	JR	595	Lewis Central	-	26:02.1	8:08.7	8:22.3	5:12.4
114 SCHABEN, Gavin	FR	615	Lewis Central	-	26:03.8	8:10.4	8:22.8	5:12.8
115 BROWN, Spencer	SR	157	Creston	-	26:19.5	8:26.1	8:27.9	5:15.9
116 REINCKE, Max	SR	497	Kuemper Cath	-	26:22.0	8:28.6	8:28.7	5:16.4
117 HAIDER, Brett	SO	840	SB-Luton	-	26:23.8	8:30.4	8:29.3	5:16.8
118 MATULKA, Cameron	SO	605	Lewis Central	-	26:28.1	8:34.7	8:30.6	5:17.6
119 GANDY, Charlie	FR	878	Shenandoah	64	26:32.5	8:39.1	8:32.1	5:18.5
120 CABRERA, Erik	FR	198	Denison-Schlschw	(65)	26:37.1	8:43.7	8:33.5	5:19.4
121 HARRINGTON, Gavin	SR	589	Lewis Central	-	26:37.9	8:44.5	8:33.8	5:19.6
122 HANISCH, Miles	FR	880	Shenandoah	66	26:46.4	8:53.0	8:36.5	5:21.3
123 PHIPPS, Carter	SR	888	Shenandoah	67	27:23.9	9:30.5	8:48.6	5:28.8

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Race #5
HS Boys JV 5k

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
124 GRETEMAN, Cooper	FR	481	Kuemper Cath	-	27:25.5	9:32.1	8:49.1	5:29.1
125 HAWKINSON, Jamie	FR	482	Kuemper Cath	-	27:41.8	9:48.4	8:54.3	5:32.4
126 STREUFERT, Evan	JR	500	Kuemper Cath	-	27:51.0	9:57.6	8:57.3	5:34.2
127 GOTTSCH, Ramsey	FR	419	Harlan	-	27:52.0	9:58.6	8:57.6	5:34.4
128 JENSEN, Luke	SO	250	Earlham	(68)	27:53.1	9:59.7	8:58.0	5:34.6
129 JUON, Cael	JR	599	Lewis Central	-	28:15.0	10:21.6	9:05.0	5:39.0
130 FORD, Vincent	JR	877	Shenandoah	(69)	28:53.1	10:59.7	9:17.3	5:46.6
131 CAIN, Wyatt	SO	83	CB, A Lincoln	-	28:57.7	11:04.3	9:18.7	5:47.5
132 DE LEON, Tyler	JR	1023	Winterset	-	28:58.0	11:04.6	9:18.8	5:47.6
133 ANDERSON, Hudson	SR	566	Lewis Central	-	29:53.6	12:00.2	9:36.7	5:58.7
134 DIAMOND, Ozzie	FR	581	Lewis Central	-	30:05.2	12:11.8	9:40.5	6:01.0
135 RIVAS, Luis	SO	223	Denison-Schlswg	-	30:07.4	12:14.0	9:41.2	6:01.5
136 RAGLAND, Jeremy	SO	356	Glenwood	-	30:12.3	12:18.9	9:42.7	6:02.5
137 CLARK, Wylie	JR	475	Kuemper Cath	-	30:14.2	12:20.8	9:43.3	6:02.8
138 BIEDERMAN, Nathaniel	SR	976	Treynor	-	30:36.8	12:43.4	9:50.6	6:07.4
139 HENRY, Johnathon	SO	159	Creston	-	31:58.1	14:04.7	10:16.8	6:23.6
140 MACIAS, Lukas	SR	38	Atlantic	-	35:02.1	17:08.7	11:15.9	7:00.4
-- MORENO, Carlos	FR	214	Denison-Schlswg	-			---	---
-- ROCK, Braydon	SO	292	Fremont-Mills	-			---	---
-- BORTMESS, Ethan	SR	574	Lewis Central	-			---	---
-- SKALBERG, Nathaniel	FR	774	Red Oak	-			---	---
-- SHEA, Jonah	FR	925	St. Albert, CB	-			---	---
-- TERWEE, Hudson	FR	852	SB-Luton	-			---	---
-- OLIVER, Deagan	FR	351	Glenwood	-			---	---
-- EWALT, Chance	FR	286	Fremont-Mills	-			---	---
-- EBLEN, Mack	SO	25	Atlantic	-			---	---
-- HORTON, Mak	SO	342	Glenwood	-			---	---
-- CHRISTENSEN, Kaiden	SR	577	Lewis Central	-			---	---
-- DANNER, Jack	FR	477	Kuemper Cath	-			---	---
-- JONES, Hunter	SO	93	CB, A Lincoln	-			---	---
-- CAMPBELL, Karter	SO	247	Earlham	-			---	---
-- OLSON, Jamison	SR	610	Lewis Central	-			---	---
-- JENSEN, Keyton	JR	842	SB-Luton	-			---	---
-- HARMS, Lucas	FR	340	Glenwood	-			---	---
-- MASCHING, Joseph	SR	490	Kuemper Cath	-			---	---
-- LUETJE, jaxx	JR	211	Denison-Schlswg	-			---	---
-- SMITH, Ian	JR	138	Clarinda	-			---	---
-- SANCHEZ-RIOS, Leonardo	SR	226	Denison-Schlswg	-			---	---
-- MCQUEEN, Jacob	FR	349	Glenwood	-			---	---
-- GEARHART, Michael	JR	879	Shenandoah	-			---	---
-- GIBBS, Sean	FR	339	Glenwood	-			---	---
-- OKERBLOOM, Sam	JR	609	Lewis Central	-			---	---
-- VAN SICKLE, Alexander	JR	103	CB, A Lincoln	-			---	---
-- SCHMITZ, Ethan	SO	434	Harlan	-			---	---
-- STROUP, Beran	FR	621	Lewis Central	-			---	---
-- JENSEN, Jayse	JR	1032	Winterset	-			---	---

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Race #6
HS Girls JV 5k

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Lincoln Pius X	15	1-2-3-4-5(6)(7)	1:51:39	22:20	1:44.8
2 Glenwood	58	9-10-12-13-14(18)(19)	2:00:24	24:05	0:20.6
3 Harlan	97	8-15-20-21-33(34)(35)	2:06:39	25:20	4:11.2
4 Winterset	129	11-23-27-28-40(45)(49)	2:12:48	26:34	3:51.1
5 Denison-Schlswg	143	24-25-26-32-36(42)(43)	2:15:04	27:01	1:00.5
6 Stanton	166	16-29-31-38-52(55)(56)	2:19:05	27:49	6:29.8
7 Kuemper Cath	173	17-22-37-46-51(53)(54)	2:20:12	28:03	5:52.1
8 SB-Luton	201	30-39-41-44-47(48)(50)	2:22:45	28:33	2:54.5

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 SROCZYNSKI, Emily	FR	657	Lincoln Pius X	1	21:22.2	---	6:52.3	4:16.4
2 IVANOV, Nora	FR	640	Lincoln Pius X	2	21:58.5	36.3	7:04.0	4:23.7
3 TRAUSCH, Claire	SO	660	Lincoln Pius X	3	22:18.4	56.2	7:10.4	4:27.7
4 BEDIENT, Hannah	SR	629	Lincoln Pius X	4	22:52.9	1:30.7	7:21.4	4:34.6
5 ANDRES, Elanor	FR	626	Lincoln Pius X	5	23:07.0	1:44.8	7:26.0	4:37.4
6 MONTGOMERY, Josie	JR	645	Lincoln Pius X	(6)	23:12.0	1:49.8	7:27.6	4:38.4
7 SROCZYNSKI, Anna	SR	656	Lincoln Pius X	(7)	23:14.3	1:52.1	7:28.3	4:38.9
8 ALBERTI, Sadie	SO	377	Harlan	8	23:20.0	1:57.8	7:30.2	4:40.0
9 TLAMKA, Abby	SO	659	Lincoln Pius X	-	23:46.2	2:24.0	7:38.6	4:45.2
10 MCCHESENEY, Maggie	SO	320	Glenwood	9	23:50.1	2:27.9	7:39.8	4:46.0
11 RYAN, Abby	SO	653	Lincoln Pius X	-	23:51.8	2:29.6	7:40.4	4:46.4
12 WAIT, Olivia	JR	556	Lewis Central	-	23:57.8	2:35.6	7:42.3	4:47.6
13 MOORE, Darby	JR	239	Earlham	-	24:02.4	2:40.2	7:43.8	4:48.5
14 MORIN, Joy	FR	646	Lincoln Pius X	-	24:02.7	2:40.5	7:43.9	4:48.5
15 NEWMAN, Averi	JR	322	Glenwood	10	24:03.4	2:41.2	7:44.1	4:48.7
16 SMITH, Natalie	SO	1012	Winterset	11	24:07.6	2:45.4	7:45.5	4:49.5
17 SCHAU, Maya	SR	326	Glenwood	12	24:09.3	2:47.1	7:46.0	4:49.9
18 HILSABECK, Kasey	FR	305	Glenwood	13	24:10.0	2:47.8	7:46.2	4:50.0
19 DONSCHESKI, Mya	FR	300	Glenwood	14	24:10.7	2:48.5	7:46.5	4:50.1
20 BLIVEN, Rachel	SO	630	Lincoln Pius X	-	24:13.4	2:51.2	7:47.3	4:50.7
21 SCHECHINGER, Lily	JR	402	Harlan	15	24:28.0	3:05.8	7:52.0	4:53.6
22 RIORDAN, Maria	SO	651	Lincoln Pius X	-	24:28.7	3:06.5	7:52.3	4:53.7
23 SKOKAN, Sydney	JR	546	Lewis Central	-	24:38.6	3:16.4	7:55.4	4:55.7
24 WILLS, Lucy	SR	667	Lincoln Pius X	-	24:57.4	3:35.2	8:01.5	4:59.5
25 ROBERTS, Lauren	FR	939	Stanton	16	25:02.9	3:40.7	8:03.2	5:00.6
26 FITCH, Annette	SO	63	CB, A Lincoln	-	25:06.3	3:44.1	8:04.3	5:01.3
27 WEINREICH, Lily	FR	126	Clarinda	-	25:11.0	3:48.8	8:05.9	5:02.2
28 LINARES, Priscila	SO	449	Kuemper Cath	17	25:15.7	3:53.5	8:07.4	5:03.1
29 JOHANSEN, Audrina	JR	312	Glenwood	(18)	25:26.0	4:03.8	8:10.7	5:05.2
30 KENKEL, Josie	FR	315	Glenwood	(19)	25:31.1	4:08.9	8:12.3	5:06.2
31 SMITH, Kori	JR	406	Harlan	20	25:31.7	4:09.5	8:12.5	5:06.3
32 NEWMAN, Autumn	SO	321	Glenwood	-	25:40.2	4:18.0	8:15.2	5:08.0
33 SWENSEN, Molly	SR	411	Harlan	21	25:48.1	4:25.9	8:17.8	5:09.6
34 CLAUSEN, Hazel	FR	438	Kuemper Cath	22	26:05.5	4:43.3	8:23.4	5:13.1

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Race #6
HS Girls JV 5k

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
35 HALL, Madelyn	SR	996	Winterset	23	26:23.1	5:00.9	8:29.0	5:16.6
36 PETERSEN, Malene	JR	73	CB, A Lincoln	-	26:31.3	5:09.1	8:31.7	5:18.3
37 OLSEN, Claire	FR	184	Denison-Schlswg	24	26:33.1	5:10.9	8:32.3	5:18.6
38 VAN HEUVELEN, Briar	FR	554	Lewis Central	-	26:39.8	5:17.6	8:34.4	5:20.0
39 MAHRT, Stella	FR	177	Denison-Schlswg	25	26:41.7	5:19.5	8:35.0	5:20.3
40 MEADOWS, Jenna	SO	178	Denison-Schlswg	26	26:49.9	5:27.7	8:37.7	5:22.0
41 GARLICH, Julianne	JR	995	Winterset	27	27:03.9	5:41.7	8:42.2	5:24.8
42 HENDERSON, Rhaina	SR	997	Winterset	28	27:14.5	5:52.3	8:45.6	5:26.9
43 FRENCH, Piper	FR	934	Stanton	29	27:20.4	5:58.2	8:47.5	5:28.1
44 BERGLUND, Kendra	SR	814	SB-Luton	30	27:23.2	6:01.0	8:48.4	5:28.6
45 ROBERTS, Meredith	JR	940	Stanton	31	27:25.0	6:02.8	8:48.9	5:29.0
46 SEGOVIANO, Rosy	SR	190	Denison-Schlswg	32	27:25.5	6:03.3	8:49.1	5:29.1
47 PETSCHKE, Aubrey	FR	399	Harlan	33	27:31.2	6:09.0	8:50.9	5:30.2
48 COMER, Claire	JR	6	Atlantic	-	27:31.4	6:09.2	8:51.0	5:30.3
49 ANDERSON, Kassie	SR	379	Harlan	(34)	27:32.2	6:10.0	8:51.3	5:30.4
50 MAGES, Charlotte	FR	394	Harlan	(35)	27:32.3	6:10.1	8:51.3	5:30.5
51 FLORES, Andrea	JR	168	Denison-Schlswg	36	27:33.6	6:11.4	8:51.7	5:30.7
52 RENANDER, Aubrey	SO	123	Clarinda	-	27:34.3	6:12.1	8:51.9	5:30.9
53 PIETIG, Adalynn	FR	453	Kuemper Cath	37	27:35.8	6:13.6	8:52.4	5:31.2
54 HIGGINS, Hannah	SR	113	Clarinda	-	27:37.7	6:15.5	8:53.0	5:31.5
55 SALLACH, Emma	SR	941	Stanton	38	27:43.4	6:21.2	8:54.9	5:32.7
56 PHILIP, Zenita	SO	825	SB-Luton	39	27:53.2	6:31.0	8:58.0	5:34.6
57 EKELUND, Ingrid	JR	994	Winterset	40	27:58.7	6:36.5	8:59.8	5:35.7
58 MEJIA, Vanessa	FR	824	SB-Luton	41	28:05.3	6:43.1	9:01.9	5:37.1
59 HERRON, Kianna	JR	304	Glenwood	-	28:05.3	6:43.1	9:01.9	5:37.1
60 RAMIREZ, Tiffany	SR	185	Denison-Schlswg	(42)	28:15.3	6:53.1	9:05.1	5:39.1
61 HOEPKER, Gretchen	SO	147	Creston	-	28:15.8	6:53.6	9:05.3	5:39.2
62 CASTILLO, Janet	SR	166	Denison-Schlswg	(43)	28:58.7	7:36.5	9:19.1	5:47.7
63 CAIN, Lina	SR	61	CB, A Lincoln	-	29:00.5	7:38.3	9:19.6	5:48.1
64 TISHER, Maddie	SO	834	SB-Luton	44	29:04.7	7:42.5	9:21.0	5:48.9
65 ADKINS, Mya	SR	988	Winterset	(45)	29:27.2	8:05.0	9:28.2	5:53.4
66 CARVER, Abbie	FR	436	Kuemper Cath	46	30:07.1	8:44.9	9:41.1	6:01.4
67 BOS, Ava	SO	816	SB-Luton	47	30:17.7	8:55.5	9:44.5	6:03.5
68 LAYMAN, Violet	SR	823	SB-Luton	(48)	30:18.7	8:56.5	9:44.8	6:03.7
69 LEMON, Ava	JR	1001	Winterset	(49)	30:30.2	9:08.0	9:48.5	6:06.0
70 SWENSEN, Chloe	SO	410	Harlan	-	30:34.8	9:12.6	9:50.0	6:07.0
71 PERFECT, Catherine	SO	538	Lewis Central	-	30:39.8	9:17.6	9:51.6	6:08.0
72 SAYLOR, Emma	SR	828	SB-Luton	(50)	30:46.8	9:24.6	9:53.8	6:09.4
73 SWANSON, Scarlet	FR	330	Glenwood	-	30:54.0	9:31.8	9:56.1	6:10.8
74 CHRISTENSEN, Aubry	FR	385	Harlan	-	30:59.0	9:36.8	9:57.7	6:11.8
75 LUETJE, Joy	FR	450	Kuemper Cath	51	31:07.8	9:45.6	10:00.6	6:13.6
76 KELLEY, Gracelynn	FR	12	Atlantic	-	31:21.3	9:59.1	10:04.9	6:16.3
77 ESPINOZA, Jocelin	FR	818	SB-Luton	-	31:26.6	10:04.4	10:06.6	6:17.3
78 MITCHELL, Bree	SR	936	Stanton	52	31:32.7	10:10.5	10:08.6	6:18.5
79 FREUND, Sophia	FR	390	Harlan	-	31:35.2	10:13.0	10:09.4	6:19.0
80 SORENSEN, Elizabeth	FR	409	Harlan	-	31:35.4	10:13.2	10:09.5	6:19.1

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Race #6
HS Girls JV 5k

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
81 BIEKER, Claire	FR	383	Harlan	-	31:52.0	10:29.8	10:14.8	6:22.4
82 CAPPETTA, Emma	FR	817	SB-Luton	-	31:54.2	10:32.0	10:15.5	6:22.8
83 SCHUETTE, Cara	FR	459	Kuemper Cath	(53)	32:02.5	10:40.3	10:18.2	6:24.5
84 CRAIG, Julia	SR	439	Kuemper Cath	(54)	32:12.7	10:50.5	10:21.4	6:26.5
85 GARRINGER, Regan	JR	441	Kuemper Cath	-	32:16.0	10:53.8	10:22.5	6:27.2
86 RIESBERG, Kendyl	FR	457	Kuemper Cath	-	32:16.9	10:54.7	10:22.8	6:27.4
87 FLETCHALL, Victoria	SR	932	Stanton	(55)	32:35.4	11:13.2	10:28.7	6:31.1
88 REYNOLDS, Annabelle	SR	1008	Winterset	-	33:48.4	12:26.2	10:52.2	6:45.7
89 NIGG, Maureen	JR	1006	Winterset	-	33:52.1	12:29.9	10:53.4	6:46.4
90 BURKE, Riley	SR	930	Stanton	(56)	35:19.6	13:57.4	11:21.5	7:03.9
91 ANDERSON, Shauna	JR	2	Atlantic	-	38:28.2	17:06.0	12:22.2	7:41.6
92 MILLER, Lilian	SO	71	CB, A Lincoln	-	43:25.6	22:03.4	13:57.8	8:41.1
-- URICH, Mollie	JR	553	Lewis Central	-			---	---
-- LEMON, Laura	SO	1002	Winterset	-			---	---
-- YOUNG, Mya	SO	872	Shenandoah	-			---	---
-- KAUFMANN, Edie Mae	FR	392	Harlan	-			---	---
-- HAMMEN, Cadence	JR	235	Earlham	-			---	---
-- SOLORIO, Jocelyn	JR	547	Lewis Central	-			---	---
-- KINZIE, Cadence	SO	13	Atlantic	-			---	---
-- JOHNSON, Lynnae	SR	176	Denison-Schlswg	-			---	---
-- DRYDEN, Delaney	SR	993	Winterset	-			---	---
-- DUVAL, Abbagail	FR	62	CB, A Lincoln	-			---	---
-- KIGER, Bri	JR	446	Kuemper Cath	-			---	---
-- KOPPA, Grace	SR	935	Stanton	-			---	---
-- RANDALL, Izzy	SO	122	Clarinda	-			---	---
-- STEINER, Poppi	JR	658	Lincoln Pius X	-			---	---
-- GREGO, Emma	SR	65	CB, A Lincoln	-			---	---
-- GALVIN, Anna	JR	170	Denison-Schlswg	-			---	---
-- STRECK, Sadee	SR	832	SB-Luton	-			---	---
-- WEST, Aurora	FR	332	Glenwood	-			---	---
-- JENT, Aylah	SR	820	SB-Luton	-			---	---
-- SCHMITZ, Kathleen	SR	405	Harlan	-			---	---
-- JOHNSON, Anna	FR	66	CB, A Lincoln	-			---	---