

2024 WILLIAMSBURG INVITATIONAL

Williamsburg, IA
 Williamsburg Sports Complex
 Host: Williamsburg
 Tuesday, October 1, 2024

MEET OFFICIALS

Meet Director:
 Nathan King
Meet Referee:
 Bill Neal
Timing:
 Shannon Event Timings



OFFICIAL MEET REPORT
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Race #1
Girls Junior High 1.5 Mile

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Solon	64	2-9-15-17-21(25)(33)	48:55	9:47	1:08.8
2 MS_Tipton	70	10-12-13-16-19(20)(24)	49:45	9:57	0:29.1
3 MS_Regis-LaSalle	99	3-7-23-30-36(39)(60)	50:29	10:06	1:33.4
4 MS_Williamsburg	102	1-4-29-31-37(41)(44)	50:14	10:03	1:48.6
5 MS_Vernon	154	8-18-27-50-51	53:20	10:40	1:50.2
6 MS_Meskwaki	157	5-11-22-56-63	54:28	10:54	3:16.4
7 MS_Vinton-Shellsburg	177	14-28-40-42-53(55)(61)	54:32	10:55	1:54.0
8 MS_Pella Christian	196	32-34-35-47-48(49)(59)	55:03	11:01	0:50.2
9 MS_Belle Plaine	210	6-43-45-54-62	56:59	11:24	3:07.3
10 MS_West Delaware	219	26-38-46-52-57(67)	56:29	11:18	1:44.6
11 MS_HLV Community	321	58-64-65-66-68(69)(70)	1:04:19	12:52	1:09.8
DNP MS_Adel-DeSoto-Minburn					
DNP MS_North Mahaska					
DNP MS_Iowa Valley					
DNP MS_Williamsburg					
DNP MS_Lynnvile-Sully					
DNP MS_South Tama County					
DNP MS_Regis-LaSalle					
DNP MS_Solon					
DNP MS_Vernon					
DNP MS_West Delaware					
DNP MS_Pella Christian					
DNP MS_Meskwaki					
DNP MS_Tipton					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 WINEGARDEN, Harper	7	1397	MS_Williamsburg	1	9:00.97	---	6:00.6	3:44.5
2 SCHMIDT, Mailee	8	1294	MS_Solon	2	9:03.45	2.48	6:02.3	3:45.5
3 BARTON, Raleigh	8	1256	MS_Regis-LaSalle	3	9:11.76	10.79	6:07.8	3:48.9
4 GORSH, Maddie	8	1398	MS_Williamsburg	4	9:14.21	13.24	6:09.5	3:50.0
5 HILL, Jaslenn	7	1203	MS_Meskwaki	5	9:33.13	32.16	6:22.1	3:57.8
6 ARKEMA, Kate	7	1198	MS_Lynnvile-Sully	-	9:39.13	38.16	6:26.1	4:00.3
7 JACOBI, Elyse	8	1160	MS_Belle Plaine	6	9:39.97	39.00	6:26.6	4:00.7
8 SCHMITT, Aurelia	7	1254	MS_Regis-LaSalle	7	9:40.19	39.22	6:26.8	4:00.7
9 DABROSKI, Emerson	8	1343	MS_Vernon	8	9:40.49	39.52	6:27.0	4:00.9
10 SANDERSON, Nora	8	1293	MS_Solon	9	9:41.70	40.73	6:27.8	4:01.4
11 NOARD, Lakyn	8	1323	MS_Tipton	10	9:42.43	41.46	6:28.3	4:01.7
12 SCABBYROBE, Bree	8	1207	MS_Meskwaki	11	9:46.09	45.12	6:30.7	4:03.2

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Race #1
Girls Junior High 1.5 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
13 MENTE, Avery	7	1317	MS_Tipton	12	9:55.06	54.09	6:36.7	4:06.9
14 BOHLMANN, Callie	7	1310	MS_Tipton	13	9:56.33	55.36	6:37.6	4:07.4
15 VAN WECHEL, Brooklyn	8	1361	MS_Vinton-Shellsb	14	9:57.56	56.59	6:38.4	4:08.0
16 POE, Kali	8	1291	MS_Solon	15	9:57.93	56.96	6:38.6	4:08.1
17 EVELAND, Tesla	7	1312	MS_Tipton	16	9:59.04	58.07	6:39.4	4:08.6
18 BECK, Stella	8	1284	MS_Solon	17	9:59.06	58.09	6:39.4	4:08.6
19 FOPMA, Julia	7	1341	MS_Vernon	18	10:10.10	1:09.13	6:46.7	4:13.2
20 COSTELLO, Lucy	8	1319	MS_Tipton	19	10:11.44	1:10.47	6:47.6	4:13.7
21 THOLEN, Ellie	7	1318	MS_Tipton	(20)	10:12.10	1:11.13	6:48.1	4:14.0
22 ROLWES, Katherine	8	1292	MS_Solon	21	10:12.24	1:11.27	6:48.2	4:14.0
23 WHITE, Ellysan	7	1204	MS_Meskwaki	22	10:12.29	1:11.32	6:48.2	4:14.1
24 MARTINO, Francesca	7	1253	MS_Regis-LaSalle	23	10:13.40	1:12.43	6:48.9	4:14.5
25 FITZGERALD, Halle	7	1313	MS_Tipton	(24)	10:14.73	1:13.76	6:49.8	4:15.1
26 SCHNOOR, Keatyn	8	1295	MS_Solon	(25)	10:22.97	1:22.00	6:55.3	4:18.5
27 LYNCH, Berkley	8	1376	MS_West Delaware	26	10:25.13	1:24.16	6:56.8	4:19.4
28 COOK, Isabelle	7	1340	MS_Vernon	27	10:28.29	1:27.32	6:58.9	4:20.7
29 SCHIRM, Ava	8	1360	MS_Vinton-Shellsb	28	10:28.81	1:27.84	6:59.2	4:20.9
30 REED, Abigail	8	1400	MS_Williamsburg	29	10:30.73	1:29.76	7:00.5	4:21.7
31 DEBOEF, Jade	8	1209	MS_North Mahaska	-	10:33.42	1:32.45	7:02.3	4:22.8
32 PFEILER, Avery	8	1260	MS_Regis-LaSalle	30	10:37.94	1:36.97	7:05.3	4:24.7
33 HIRKO, Claire	8	1399	MS_Williamsburg	31	10:38.51	1:37.54	7:05.7	4:24.9
34 HOOYER, Maddie	8	1229	MS_Pella Christian	32	10:38.69	1:37.72	7:05.8	4:25.0
35 OSGOOD, Evelyn	8	1290	MS_Solon	(33)	10:40.10	1:39.13	7:06.7	4:25.6
36 MADURA, Chloe	8	1289	MS_Solon	-	10:41.69	1:40.72	7:07.8	4:26.3
37 HERDEGEN, Alaina	8	1228	MS_Pella Christian	34	10:43.11	1:42.14	7:08.7	4:26.9
38 DEHAAN, Olivia	8	1227	MS_Pella Christian	35	10:43.24	1:42.27	7:08.8	4:26.9
39 DELGADO, Zoe	7	1252	MS_Regis-LaSalle	36	10:45.15	1:44.18	7:10.1	4:27.7
40 HEMANN, Elynn	8	1287	MS_Solon	-	10:45.41	1:44.44	7:10.3	4:27.8
41 DRISCOLL, Jaclynne	8	1320	MS_Tipton	-	10:47.41	1:46.44	7:11.6	4:28.6
42 KLINGNER, Georgia	7	1393	MS_Williamsburg	37	10:49.57	1:48.60	7:13.0	4:29.5
43 THIESSEN, Kimber	7	1191	MS_Iowa Valley	-	10:54.18	1:53.21	7:16.1	4:31.4
44 MILROY, Aurora	7	1373	MS_West Delaware	38	10:58.97	1:58.00	7:19.3	4:33.4
45 DEEGAN, Bridget	7	1251	MS_Regis-LaSalle	(39)	11:00.32	1:59.35	7:20.2	4:34.0
46 BODEKER, June	8	1357	MS_Vinton-Shellsb	40	11:03.26	2:02.29	7:22.2	4:35.2
47 HAMER, Raelynn	8	1286	MS_Solon	-	11:06.63	2:05.66	7:24.4	4:36.6
48 THOMSEN, Hannah	7	1283	MS_Solon	-	11:07.56	2:06.59	7:25.0	4:37.0
49 PRIOR, Elliotte	7	1395	MS_Williamsburg	(41)	11:08.16	2:07.19	7:25.4	4:37.2
50 DRUSCHEL, Mazy	8	1358	MS_Vinton-Shellsb	42	11:10.35	2:09.38	7:26.9	4:38.2
51 BURNETT, Kassandra	7	1311	MS_Tipton	-	11:10.50	2:09.53	7:27.0	4:38.2
52 WALTER, Isabelle	8	1296	MS_Solon	-	11:11.36	2:10.39	7:27.6	4:38.6
53 BONNEMA, Thea	7	1278	MS_Solon	-	11:11.57	2:10.60	7:27.7	4:38.7
54 HEMMINGSEN-BRINKMAN,	8	1159	MS_Belle Plaine	43	11:13.40	2:12.43	7:28.9	4:39.4
55 DENNISON, Kennedy	8	1285	MS_Solon	-	11:14.03	2:13.06	7:29.4	4:39.7
56 SITAS, Leah	7	1396	MS_Williamsburg	(44)	11:15.52	2:14.55	7:30.3	4:40.3
57 KAPLAN, Madeline	8	1161	MS_Belle Plaine	45	11:15.61	2:14.64	7:30.4	4:40.3
58 HINDERAKER, Tenley	8	1321	MS_Tipton	-	11:18.50	2:17.53	7:32.3	4:41.5

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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
59 OGUN, Zarah	7	1374	MS_West Delaware	46	11:20.65	2:19.68	7:33.8	4:42.4
60 JEFFRIES, Averi	8	1322	MS_Tipton	-	11:28.09	2:27.12	7:38.7	4:45.5
61 WIERSMA, Alaina	8	1233	MS_Pella Christian	47	11:28.44	2:27.47	7:39.0	4:45.7
62 NIEUWSMA, Lydia	7	1225	MS_Pella Christian	48	11:28.82	2:27.85	7:39.2	4:45.8
63 ROOSE, Anna	8	1231	MS_Pella Christian	(49)	11:28.99	2:28.02	7:39.3	4:45.9
64 MIKE, Norah	8	1344	MS_Vernon	50	11:30.06	2:29.09	7:40.0	4:46.3
65 BENKE, Ashlyn	7	1339	MS_Vernon	51	11:30.69	2:29.72	7:40.5	4:46.6
66 BRECKENFELDER, Emma	8	1375	MS_West Delaware	52	11:33.58	2:32.61	7:42.4	4:47.8
67 KALLAUS, Alli	8	1288	MS_Solon	-	11:34.92	2:33.95	7:43.3	4:48.3
68 HIGGINS, Addison	7	1353	MS_Vinton-Shellsb	53	11:51.51	2:50.54	7:54.3	4:55.2
69 BUSCH, Emry	8	1192	MS_Iowa Valley	-	11:57.77	2:56.80	7:58.5	4:57.8
70 SYKES, Alivea	7	1190	MS_Iowa Valley	-	11:57.84	2:56.87	7:58.6	4:57.9
71 JEDLICKA, Addelynn (Addy)	8	1210	MS_North Mahaska	-	12:01.18	3:00.21	8:00.8	4:59.2
72 JACOBI, Sadie	7	1158	MS_Belle Plaine	54	12:01.99	3:01.02	8:01.3	4:59.6
73 BIRKER, Gia	7	1350	MS_Vinton-Shellsb	(55)	12:02.29	3:01.32	8:01.5	4:59.7
74 BLACKCLOUD, Martha	8	1205	MS_Meskwaki	56	12:06.28	3:05.31	8:04.2	5:01.4
75 SCHULTE, Lily	8	1377	MS_West Delaware	57	12:09.71	3:08.74	8:06.5	5:02.8
76 BALVIN, Annie	8	1179	MS_HLV Communit	58	12:09.92	3:08.95	8:06.6	5:02.9
77 BOS, Hope	7	1221	MS_Pella Christian	(59)	12:12.15	3:11.18	8:08.1	5:03.8
78 MCCARTNEY, Mia	7	1316	MS_Tipton	-	12:13.15	3:12.18	8:08.8	5:04.2
79 VAN WYK, Aubrey	7	1226	MS_Pella Christian	-	12:16.02	3:15.05	8:10.7	5:05.4
80 JOHNSON, Addison	8	1258	MS_Regis-LaSalle	(60)	12:28.51	3:27.54	8:19.0	5:10.6
81 KLEINMEYER, Lila	7	1280	MS_Solon	-	12:36.70	3:35.73	8:24.5	5:14.0
82 LUTZ, Ava	8	1259	MS_Regis-LaSalle	-	12:38.32	3:37.35	8:25.5	5:14.7
83 PRIMROSE, Alex	7	1355	MS_Vinton-Shellsb	(61)	12:43.75	3:42.78	8:29.2	5:16.9
84 UPTON, Jesse	8	1162	MS_Belle Plaine	62	12:47.27	3:46.30	8:31.5	5:18.4
85 BELZER, Hazel	7	1220	MS_Pella Christian	-	12:48.13	3:47.16	8:32.1	5:18.7
86 GRANT, Tariah	7	1202	MS_Meskwaki	63	12:49.45	3:48.48	8:33.0	5:19.3
87 WENGER, Isabella	8	1184	MS_HLV Communit	64	12:50.55	3:49.58	8:33.7	5:19.7
88 THYS, Megan	8	1183	MS_HLV Communit	65	12:54.48	3:53.51	8:36.3	5:21.4
89 HAWKINS, Brenna	8	1180	MS_HLV Communit	66	13:03.99	4:03.02	8:42.7	5:25.3
90 BRANT, Katelynne	7	1301	MS_South Tama C	-	13:06.11	4:05.14	8:44.1	5:26.2
91 DECKER, Gianna	7	1371	MS_West Delaware	(67)	13:08.90	4:07.93	8:45.9	5:27.3
92 WADE, Makyla	7	1255	MS_Regis-LaSalle	-	13:12.01	4:11.04	8:48.0	5:28.6
93 DE HAAN, Grace	7	1222	MS_Pella Christian	-	13:15.93	4:14.96	8:50.6	5:30.3
94 HARDON, Catherine	8	1302	MS_South Tama C	-	13:18.60	4:17.63	8:52.4	5:31.4
95 PETRIE, Alexis	8	1181	MS_HLV Communit	68	13:19.64	4:18.67	8:53.1	5:31.8
96 GLYNN, Trinity	8	1359	MS_Vinton-Shellsb	-	13:20.35	4:19.38	8:53.6	5:32.1
97 VAN SOELEN, Keely	7	1200	MS_Lynnvile-Sully	-	13:23.74	4:22.77	8:55.8	5:33.5
98 BRACKELSBURG, Raylynn	7	1178	MS_HLV Communit	(69)	13:25.23	4:24.26	8:56.8	5:34.1
99 SCHIPPERS, Mallory	8	1213	MS_North Mahaska	-	13:29.51	4:28.54	8:59.7	5:35.9
100 GEATER, Vivien	7	1352	MS_Vinton-Shellsb	-	13:36.26	4:35.29	9:04.2	5:38.7
101 CHRISTNER, Roarie	7	1189	MS_Iowa Valley	-	13:39.28	4:38.31	9:06.2	5:40.0
102 GRUNER, Ella	7	1314	MS_Tipton	-	13:47.97	4:47.00	9:12.0	5:43.6
103 MELENCIANO, Adrielix	7	1224	MS_Pella Christian	-	13:48.95	4:47.98	9:12.6	5:44.0
104 MACKE, Natalie	7	1282	MS_Solon	-	13:55.82	4:54.85	9:17.2	5:46.8

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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
105 LORD, Maya	7	1281	MS_Solon	-	13:56.07	4:55.10	9:17.4	5:46.9
106 HOLLENBRANDS, Abigail	7	1223	MS_Pella Christian	-	14:06.68	5:05.71	9:24.5	5:51.3
107 LITTLE, Jasmine	7	1315	MS_Tipton	-	14:43.26	5:42.29	9:48.8	6:06.5
108 STRANG, Isabella	8	1232	MS_Pella Christian	-	15:17.63	6:16.66	10:11.8	6:20.8
109 DOTY, Willow	7	1351	MS_Vinton-Shellsb	-	15:31.91	6:30.94	10:21.3	6:26.7
110 KING, Brooklyn	7	1354	MS_Vinton-Shellsb	-	17:21.70	8:20.73	11:34.5	7:12.2
111 TERWILLIGER, Amy	8	1182	MS_HLV Communit (70)	-	17:40.03	8:39.06	11:46.7	7:19.8
112 RULE, Bryson	7	1356	MS_Vinton-Shellsb	-	20:51.81	11:50.8	13:54.5	8:39.4
-- WHIPPS, Kylie	7	1150	MS_Adel-DeSoto-M	-			---	---
-- FREERKS, Elea	7	1279	MS_Solon	-			---	---
-- FOSSELMAN, Lorelei	7	1342	MS_Vernon	-			---	---
-- ALLSUP, Brookeyln	7	1140	MS_Adel-DeSoto-M	-			---	---
-- BEHR, Meigan	7	1141	MS_Adel-DeSoto-M	-			---	---
-- BURNS, Ashlyn	7	1142	MS_Adel-DeSoto-M	-			---	---
-- CALTRIDER, Addison	7	1143	MS_Adel-DeSoto-M	-			---	---
-- DIRKSEN, Abigail	7	1144	MS_Adel-DeSoto-M	-			---	---
-- HACHMEISTER, Nyah	7	1145	MS_Adel-DeSoto-M	-			---	---
-- HOFFMAN, Charlotte	7	1146	MS_Adel-DeSoto-M	-			---	---
-- NEPPL, Kadynce	7	1147	MS_Adel-DeSoto-M	-			---	---
-- PETRIE, Hailey	7	1148	MS_Adel-DeSoto-M	-			---	---
-- TIMMERMAN, Alida	7	1149	MS_Adel-DeSoto-M	-			---	---
-- BEHNE, Kenadie	7	1309	MS_Tipton	-			---	---
-- CAMPBELL, Laney	8	1151	MS_Adel-DeSoto-M	-			---	---
-- COX, Emilie	8	1152	MS_Adel-DeSoto-M	-			---	---
-- HOODJER, Nellie	8	1153	MS_Adel-DeSoto-M	-			---	---
-- JOHNSON, Paige	8	1154	MS_Adel-DeSoto-M	-			---	---
-- LONGMAN, Eleanor	8	1155	MS_Adel-DeSoto-M	-			---	---
-- UTHE, Clara	8	1156	MS_Adel-DeSoto-M	-			---	---
-- PATTERSON, Jlynn	8	1211	MS_North Mahaska	-			---	---
-- RAY, Aiyla	8	1212	MS_North Mahaska	-			---	---
-- LANGEL, Jorja	7	1372	MS_West Delaware	-			---	---
-- DRISCOLL, Mylee	7	1392	MS_Williamsburg	-			---	---
-- MALLOY, Blaire	7	1394	MS_Williamsburg	-			---	---
-- SANCHEZ, Tenley	8	1401	MS_Williamsburg	-			---	---
-- LOWRY, Ella	7	1199	MS_Lynnvile-Sully	-			---	---
-- MOME, Ashley	8	1230	MS_Pella Christian	-			---	---
-- ROBERTS, Charlene	8	1206	MS_Meskwaki	-			---	---
-- BARKER, Lynleigh	7	1250	MS_Regis-LaSalle	-			---	---
-- HELGENS, Khloe	8	1257	MS_Regis-LaSalle	-			---	---

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Boys Junior High 1.5 Mile

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Solon	45	1-4-8-9-23(29)(31)	44:04	8:49	1:40.2
2 MS_Williamsburg	47	2-6-10-14-15(18)(33)	44:34	8:55	0:55.5
3 MS_Regis-LaSalle	96	13-17-20-22-24(32)(35)	46:52	9:23	0:25.9
4 MS_Vernon	110	5-11-25-28-41(44)(45)	47:34	9:31	1:35.7
5 MS_English Valleys	135	7-12-21-47-48(53)(58)	49:46	9:58	2:14.2
6 MS_West Delaware	137	3-16-34-38-46(49)(52)	49:09	9:50	2:16.5
7 MS_Tipton	170	19-27-36-37-51(56)	50:45	10:09	2:02.0
8 MS_Pella Christian	217	26-39-40-55-57(63)	53:59	10:48	2:18.8
9 MS_Lynnville-Sully	247	30-42-54-59-62	57:29	11:30	3:20.8
10 MS_HLV Community	322	43-50-60-61-108	1:08:06	13:38	9:25.5
11 Mount Vernon-Lisbon	347	64-65-66-70-82(83)(104)	1:31:22	18:17	1:17.7
12 ADM Adel	349	67-68-69-72-73(74)(87)	1:31:33	18:19	0:27.3
13 Pella	410	71-80-84-85-90(93)(113)	1:35:31	19:07	0:54.7
14 Bondurant-Farrar	435	75-81-88-95-96(107)(109)	1:36:22	19:17	0:48.3
15 Pella Christian	464	76-91-92-102-103(120)(121)	1:37:37	19:32	1:06.0
16 Carlisle	474	77-79-89-98-131(135)(136)	1:38:24	19:41	2:29.5
17 Williamsburg	476	78-94-97-101-106(125)(128)	1:38:10	19:38	1:07.8
18 Solon	522	86-100-105-114-117(129)(130)	1:40:22	20:05	1:31.8
19 Tipton	588	111-112-116-122-127(138)(143)	1:43:58	20:48	1:01.6
20 Vinton-Shellsburg	619	99-110-118-140-152(153)	1:49:07	21:50	6:15.8
21 Danville	638	123-124-126-132-133(141)(151)	1:46:31	21:19	0:22.8
22 Clinton	661	115-119-139-142-146(147)(149)	1:49:26	21:54	2:33.2
23 West Delaware Mancheste	708	134-137-144-145-148(150)(154)	1:53:24	22:41	2:30.8
DNP MS_Solon					
DNP MS_Vinton-Shellsburg					
DNP MS_South Tama County					
DNP MS_Iowa Valley					
DNP Lynnville-Sully					
DNP MS_Meskwaki					
DNP South Tama County Tama					
DNP Waterloo East					
DNP MS_North Mahaska					
DNP Meskwaki Settlement					
DNP MS_English Valleys					
DNP MS_Belle Plaine					
DNP MS_Regis-LaSalle					

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Race #2
Boys Junior High 1.5 Mile

Final Results**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 SVALSTAD, Macklin	8	1277	MS_Solon	1	7:52.07	---	5:14.7	3:15.9
2 PIRKL, Marcus	8	1388	MS_Williamsburg	2	8:16.40	24.33	5:30.9	3:26.0
3 HEMANN, Nolan	8	1365	MS_West Delaware	3	8:38.58	46.51	5:45.7	3:35.2
4 KABELA, Brooks	8	1275	MS_Solon	4	8:42.62	50.55	5:48.4	3:36.9
5 RAUSER, Dredan	8	1336	MS_Vernon	5	8:48.30	56.23	5:52.2	3:39.2
6 TIEDT, Elam	7	1382	MS_Williamsburg	6	8:54.70	1:02.63	5:56.5	3:41.9
7 LUERS, Will	8	1170	MS_English Valleys	7	8:56.69	1:04.62	5:57.8	3:42.7
8 LANG, Jaimyn	8	1276	MS_Solon	8	8:58.00	1:05.93	5:58.7	3:43.2
9 DOYLE, Declan	8	1273	MS_Solon	9	8:58.37	1:06.30	5:58.9	3:43.4
10 DRAHOS, Weston	8	1385	MS_Williamsburg	10	8:58.55	1:06.48	5:59.0	3:43.5
11 GROEZINGER, Joshua	8	1334	MS_Vernon	11	9:00.99	1:08.92	6:00.7	3:44.5
12 RENDER, Dayne	8	1172	MS_English Valleys	12	9:02.94	1:10.87	6:02.0	3:45.3
13 TEGGATZ, John	8	1248	MS_Regis-LaSalle	13	9:09.22	1:17.15	6:06.1	3:47.9
14 BUSWELL, Owen	7	1379	MS_Williamsburg	14	9:11.74	1:19.67	6:07.8	3:48.9
15 QUINN, Jucoby	8	1389	MS_Williamsburg	15	9:11.81	1:19.74	6:07.9	3:49.0
16 URIBE, Brett	8	1369	MS_West Delaware	16	9:15.31	1:23.24	6:10.2	3:50.4
17 AMBROSY, Joseph	8	1241	MS_Regis-LaSalle	17	9:16.19	1:24.12	6:10.8	3:50.8
18 ARWINE, Lincoln	7	1378	MS_Williamsburg	(18)	9:17.81	1:25.74	6:11.9	3:51.5
19 BODECKER, Levi	8	1306	MS_Tipton	19	9:20.07	1:28.00	6:13.4	3:52.4
20 EID, Luke	7	1235	MS_Regis-LaSalle	20	9:22.43	1:30.36	6:15.0	3:53.4
21 SIEREN, Lucas	7	1168	MS_English Valleys	21	9:27.16	1:35.09	6:18.1	3:55.3
22 TEW, Franklin	8	1249	MS_Regis-LaSalle	22	9:28.97	1:36.90	6:19.3	3:56.1
23 HARDEN, Layne	7	1266	MS_Solon	23	9:32.25	1:40.18	6:21.5	3:57.4
24 CRIPE, Colin	7	1234	MS_Regis-LaSalle	24	9:35.12	1:43.05	6:23.4	3:58.6
25 STERN, Ralph	8	1338	MS_Vernon	25	9:36.87	1:44.80	6:24.6	3:59.4
26 LAMB, Miles	8	1216	MS_Pella Christian	26	9:38.75	1:46.68	6:25.8	4:00.1
27 MOES, Drew	7	1304	MS_Tipton	27	9:42.46	1:50.39	6:28.3	4:01.7
28 MCCARTY, Zach	7	1326	MS_Vernon	28	9:43.18	1:51.11	6:28.8	4:02.0
29 EKROTH, Sam	8	1274	MS_Solon	(29)	9:45.63	1:53.56	6:30.4	4:03.0
30 WINEGAR, Dalton	8	1197	MS_Lynnville-Sully	30	9:46.54	1:54.47	6:31.0	4:03.4
31 DOOLEY, James	8	1272	MS_Solon	(31)	9:49.15	1:57.08	6:32.8	4:04.5
32 PACHA, Cooper	8	1244	MS_Regis-LaSalle	(32)	9:50.68	1:58.61	6:33.8	4:05.1
33 THOMAS, Zeke	7	1381	MS_Williamsburg	(33)	9:55.28	2:03.21	6:36.9	4:07.0
34 SCHIRMER, Max	8	1298	MS_South Tama C	-	9:58.96	2:06.89	6:39.3	4:08.5
35 STICKNEY, Calvin	8	1367	MS_West Delaware	34	10:03.31	2:11.24	6:42.2	4:10.3
36 GENKINGER, Cael	7	1236	MS_Regis-LaSalle	(35)	10:04.35	2:12.28	6:42.9	4:10.8
37 MARCHIK, Colton	8	1308	MS_Tipton	36	10:08.64	2:16.57	6:45.8	4:12.5
38 RHINEHART, Chase	7	1347	MS_Vinton-Shellsb	-	10:10.25	2:18.18	6:46.8	4:13.2
39 CARNEY, Kasen	8	1307	MS_Tipton	37	10:11.79	2:19.72	6:47.9	4:13.9
40 RODRIGUES, Benaiah	8	1391	MS_Williamsburg	-	10:13.71	2:21.64	6:49.1	4:14.7
41 RICH, James	8	1366	MS_West Delaware	38	10:15.87	2:23.80	6:50.6	4:15.5
42 BOTTEMA, Henry	7	1214	MS_Pella Christian	39	10:17.95	2:25.88	6:52.0	4:16.4
43 VOS, Gerrit	8	1219	MS_Pella Christian	40	10:19.07	2:27.00	6:52.7	4:16.9
44 SCHMINKEY, Zander	7	1328	MS_Vernon	41	10:23.99	2:31.92	6:56.0	4:18.9
45 UHLMANN, Gannon	7	1384	MS_Williamsburg	-	10:28.02	2:35.95	6:58.7	4:20.6
46 RIVERA, Adam	8	1390	MS_Williamsburg	-	10:29.54	2:37.47	6:59.7	4:21.2

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Race #2
Boys Junior High 1.5 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
47 LAMMERS, Henry	8	1243	MS_Regis-LaSalle	-	10:31.37	2:39.30	7:00.9	4:22.0
48 RUSS, Emmet	7	1240	MS_Regis-LaSalle	-	10:31.70	2:39.63	7:01.1	4:22.1
49 MILLER, Aiden	8	1387	MS_Williamsburg	-	10:32.09	2:40.02	7:01.4	4:22.3
50 MARTINEZ, Juan	7	1187	MS_Iowa Valley	-	10:35.71	2:43.64	7:03.8	4:23.8
51 VAN WYK, Jackson	8	1196	MS_Lynnvile-Sully	42	10:37.92	2:45.85	7:05.3	4:24.7
52 TORNHOLM, Lee	7	1383	MS_Williamsburg	-	10:41.28	2:49.21	7:07.5	4:26.1
53 MARXEN, Henry	7	1239	MS_Regis-LaSalle	-	10:41.41	2:49.34	7:07.6	4:26.1
54 HUSTON, Mason	8	1242	MS_Regis-LaSalle	-	10:42.01	2:49.94	7:08.0	4:26.4
55 FLEMING, James	7	1185	MS_Iowa Valley	-	10:42.50	2:50.43	7:08.3	4:26.6
56 MURCIA-GARCIA, Alvaro	8	1177	MS_HLV Communit	43	10:43.81	2:51.74	7:09.2	4:27.1
57 APPLGARTH, Kale	8	1270	MS_Solon	-	10:45.69	2:53.62	7:10.5	4:27.9
58 SIMANEK, Thatcher	8	1246	MS_Regis-LaSalle	-	10:45.80	2:53.73	7:10.5	4:28.0
59 DAVENPORT, Ryson	7	1726	MS_Meskwaki	-	10:47.55	2:55.48	7:11.7	4:28.7
60 DEBOIS, Cam	8	1332	MS_Vernon	(44)	10:48.50	2:56.43	7:12.3	4:29.1
61 KEARNS, Ryelin	8	1349	MS_Vinton-Shellsb	-	10:48.96	2:56.89	7:12.6	4:29.3
62 SUTTON, Asher	7	1268	MS_Solon	-	10:49.42	2:57.35	7:12.9	4:29.5
63 QUINN, Aiden	8	1335	MS_Vernon	(45)	10:50.82	2:58.75	7:13.9	4:30.0
64 GERLITS, Sawyer	7	1264	MS_Solon	-	10:54.60	3:02.53	7:16.4	4:31.6
65 TUCKER, Declan	8	1368	MS_West Delaware	46	10:55.01	3:02.94	7:16.7	4:31.8
66 WABAUNASEE, Markelle	8	1201	MS_Meskwaki	-	10:55.89	3:03.82	7:17.3	4:32.2
67 JOHNSON, Drew	7	1186	MS_Iowa Valley	-	10:57.62	3:05.55	7:18.4	4:32.9
68 KELLY, Logan	7	1238	MS_Regis-LaSalle	-	10:57.71	3:05.64	7:18.5	4:32.9
69 FUEMMELER, Aaron	8	1333	MS_Vernon	-	10:59.84	3:07.77	7:19.9	4:33.8
70 ROSE, Chandler	8	1337	MS_Vernon	-	11:05.20	3:13.13	7:23.5	4:36.0
71 GLEASON, Grant	7	1265	MS_Solon	-	11:07.01	3:14.94	7:24.7	4:36.8
72 FREDERICK, Asher	7	1166	MS_English Valleys	47	11:07.86	3:15.79	7:25.2	4:37.1
73 CASTER, Ashton	7	1164	MS_English Valleys	48	11:10.80	3:18.73	7:27.2	4:38.3
74 SELLERS, Adam	7	1364	MS_West Delaware	(49)	11:12.92	3:20.85	7:28.6	4:39.2
75 FOGLE, Lukas	7	1173	MS_HLV Communit	50	11:13.12	3:21.05	7:28.7	4:39.3
76 BECTHOLD, Carter	7	1303	MS_Tipton	51	11:22.00	3:29.93	7:34.7	4:43.0
77 STUBBS, Riley	8	1299	MS_South Tama C	-	11:23.76	3:31.69	7:35.8	4:43.7
78 WOODLAND, Levi	8	1370	MS_West Delaware	(52)	11:26.10	3:34.03	7:37.4	4:44.7
79 OFFERMAN, Drake	8	1171	MS_English Valleys	(53)	11:27.57	3:35.50	7:38.4	4:45.3
80 NELSON, Gavin	8	1188	MS_Iowa Valley	-	11:30.04	3:37.97	7:40.0	4:46.3
81 LEWIS, Hayden	8	1195	MS_Lynnvile-Sully	54	11:42.03	3:49.96	7:48.0	4:51.3
82 NETT, Caleb	8	1217	MS_Pella Christian	55	11:45.56	3:53.49	7:50.4	4:52.8
83 SORGENFREY, Carver	7	1305	MS_Tipton	(56)	11:54.48	4:02.41	7:56.3	4:56.5
84 KEARNS, Mason	7	1345	MS_Vinton-Shellsb	-	11:57.40	4:05.33	7:58.3	4:57.7
85 DE HAAN, Carter	8	1215	MS_Pella Christian	57	11:57.52	4:05.45	7:58.3	4:57.7
86 FRAZIER, Bryker	7	1165	MS_English Valleys	(58)	12:04.36	4:12.29	8:02.9	5:00.6
87 VANDER WILT, Gunnar	7	1194	MS_Lynnvile-Sully	59	12:14.55	4:22.48	8:09.7	5:04.8
88 GLYNN, Lucas	7	1237	MS_Regis-LaSalle	-	12:15.37	4:23.30	8:10.2	5:05.1
89 DECKER, Gage	7	1362	MS_West Delaware	-	12:34.68	4:42.61	8:23.1	5:13.1
90 CHESMORE, Samuel	7	1325	MS_Vernon	-	12:36.47	4:44.40	8:24.3	5:13.9
91 STANCEL, Greyson	7	1330	MS_Vernon	-	12:37.90	4:45.83	8:25.3	5:14.5
92 VAN WYK, Jeremiah	8	1208	MS_North Mahaska	-	12:39.54	4:47.47	8:26.4	5:15.2

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Race #2
Boys Junior High 1.5 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
93 MURTHA, Isaac	7	1175	MS_HLV Communit	60	12:55.72	5:03.65	8:37.1	5:21.9
94 DAVENPORT, Howard	7	1725	MS_Meskwaki	-	12:59.19	5:07.12	8:39.5	5:23.3
95 RHINEHART, Owen	7	1176	MS_HLV Communit	61	13:03.07	5:11.00	8:42.0	5:24.9
96 CONOVER, Tyler	7	1193	MS_Lynnville-Sully	62	13:07.28	5:15.21	8:44.9	5:26.7
97 OFFERMAN, Jase	7	1167	MS_English Valleys	-	13:14.06	5:21.99	8:49.4	5:29.5
98 BOTSFORD, Lucan	8	1271	MS_Solon	-	13:22.08	5:30.01	8:54.7	5:32.8
99 WHITE, Gunnar	7	1331	MS_Vernon	-	13:36.64	5:44.57	9:04.4	5:38.9
100 SHERBON, Louis	7	1329	MS_Vernon	-	13:37.07	5:45.00	9:04.7	5:39.0
101 JOHNSON, Benjamin	7	1363	MS_West Delaware	-	13:37.74	5:45.67	9:05.2	5:39.3
102 BURMEISTER, Max	7	1324	MS_Vernon	-	13:54.18	6:02.11	9:16.1	5:46.1
103 SHEELER, Ayden	7	1380	MS_Williamsburg	-	14:03.28	6:11.21	9:22.2	5:49.9
104 TUKKER, Declan	8	1218	MS_Pella Christian (63)	(63)	14:15.78	6:23.71	9:30.5	5:55.1
105 RUIZ, Logan	8	1245	MS_Regis-LaSalle	-	14:18.05	6:25.98	9:32.0	5:56.0
106 GLYDWELL, Holden	7	1157	MS_Belle Plaine	-	16:46.43	8:54.36	11:11.0	6:57.6
107 DURR, Lincoln	8	1386	MS_Williamsburg	-	17:02.11	9:10.04	11:21.4	7:04.1
108 BRINKMEIER, Miles	7	1163	MS_English Valleys	-	17:34.75	9:42.68	11:43.2	7:17.7
109 SADLER, Wesley	SR	1109	Mount Vernon-Lisb	64	17:53.72	10:01.6	11:55.8	7:25.5
110 HAPPEL, Kyler	SO	1090	Mount Vernon-Lisb	65	17:55.72	10:03.6	11:57.1	7:26.4
111 SCHEIL, Cayden	SR	1110	Mount Vernon-Lisb	66	18:02.65	10:10.5	12:01.8	7:29.2
112 MILLER, Ty	SO	815	ADM Adel	67	18:07.46	10:15.3	12:05.0	7:31.2
113 YANACHEAK, Luke	SR	835	ADM Adel	68	18:08.77	10:16.7	12:05.8	7:31.8
114 FULLER, Nic	JR	817	ADM Adel	69	18:08.90	10:16.8	12:05.9	7:31.8
115 SPEIDEL, Brody	JR	1101	Mount Vernon-Lisb	70	18:18.31	10:26.2	12:12.2	7:35.7
116 ROZENBOOM, Daniel	JR	1438	Pella	71	18:28.50	10:36.4	12:19.0	7:40.0
117 BEHR, Mark	JR	816	ADM Adel	72	18:32.44	10:40.3	12:21.6	7:41.6
118 HALL, Drew	SO	813	ADM Adel	73	18:34.74	10:42.6	12:23.2	7:42.5
119 ROYER, Owen	JR	822	ADM Adel	(74)	18:37.18	10:45.1	12:24.8	7:43.6
120 STEEPLES, Cooper	SR	899	Bondurant-Farrar	75	18:45.69	10:53.6	12:30.5	7:47.1
121 BOUMA, Paxton	JR	1488	Pella Christian	76	18:51.39	10:59.3	12:34.3	7:49.5
122 HERMON, Gabby	FR	923	Carlisle	77	18:54.47	11:02.4	12:36.3	7:50.7
123 NUNNELLEY, Hudson	JR	1709	Williamsburg	78	18:57.81	11:05.7	12:38.5	7:52.1
124 SALDANA-VALDEZ, Felipe	FR	925	Carlisle	79	18:58.49	11:06.4	12:39.0	7:52.4
125 SUTTON, Trevin	SO	1425	Pella	80	19:05.95	11:13.8	12:44.0	7:55.5
126 GRIFFITH, Sam	JR	892	Bondurant-Farrar	81	19:06.65	11:14.5	12:44.4	7:55.8
127 PETERSEN, Tate	SO	1093	Mount Vernon-Lisb	82	19:11.40	11:19.3	12:47.6	7:57.8
128 HAPPEL, Cade	JR	1098	Mount Vernon-Lisb (83)	(83)	19:12.35	11:20.2	12:48.2	7:58.2
129 REDMAN, Zane	SO	1424	Pella	84	19:16.50	11:24.4	12:51.0	7:59.9
130 SHAFFER, Jordan	SR	1445	Pella	85	19:16.85	11:24.7	12:51.2	8:00.0
131 PETTIT, Charlie	JR	1533	Solon	86	19:17.81	11:25.7	12:51.9	8:00.4
132 TRITZ, Kayden	JR	824	ADM Adel	(87)	19:20.56	11:28.4	12:53.7	8:01.6
133 SCHMESIER, Martin	SR	898	Bondurant-Farrar	88	19:21.75	11:29.6	12:54.5	8:02.1
134 MERRILL, Vincent	JR	931	Carlisle	89	19:23.03	11:30.9	12:55.4	8:02.6
135 CHAPEL, Mars	SR	1441	Pella	90	19:23.13	11:31.0	12:55.4	8:02.6
136 LAUTERBACH, Clay	SR	1495	Pella Christian	91	19:24.68	11:32.6	12:56.5	8:03.3
137 WYNJA, Maddox	SO	1487	Pella Christian	92	19:26.50	11:34.4	12:57.7	8:04.0
138 ERICKSON, Abner	JR	1431	Pella	(93)	19:30.47	11:38.4	13:00.3	8:05.7

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Race #2
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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
139 HIRKO, Luke	JR	1704	Williamsburg	94	19:32.56	11:40.4	13:01.7	8:06.5
140 PHIPPS, Braydin	SR	897	Bondurant-Farrar	95	19:33.84	11:41.7	13:02.6	8:07.1
141 DEMOSS, Wyatt	SO	881	Bondurant-Farrar	96	19:33.95	11:41.8	13:02.6	8:07.1
142 RODRIGUES, Mishael	FR	1693	Williamsburg	97	19:38.87	11:46.8	13:05.9	8:09.2
143 PETERSON, Owen	FR	924	Carlisle	98	19:43.43	11:51.3	13:09.0	8:11.0
144 GRIMM, Kashton	FR	1615	Vinton-Shellsburg	99	19:43.69	11:51.6	13:09.1	8:11.2
145 BAKER, Braydon	JR	1528	Solon	100	19:43.88	11:51.8	13:09.3	8:11.2
146 MINBURN, Riley	SR	830	ADM Adel	-	19:52.25	12:00.1	13:14.8	8:14.7
147 RUDOLPH, Liam	7	1327	MS_Vernon	-	19:53.81	12:01.7	13:15.9	8:15.4
148 KENT, Nolan	JR	1705	Williamsburg	101	19:54.98	12:02.9	13:16.7	8:15.8
149 PATTERSON, Jay	SO	1483	Pella Christian	102	19:56.74	12:04.6	13:17.8	8:16.6
150 BOUMA, Kaeden	FR	1471	Pella Christian	103	19:57.37	12:05.3	13:18.2	8:16.8
151 MORRILL, Aiden	SR	1106	Mount Vernon-Lisb	(104)	19:57.47	12:05.4	13:18.3	8:16.9
152 HORGEN, Owen	FR	806	ADM Adel	-	19:57.91	12:05.8	13:18.6	8:17.1
153 LEE, Jaks	SR	1105	Mount Vernon-Lisb	-	20:00.26	12:08.1	13:20.2	8:18.0
154 BOCK, Kyle	FR	1083	Mount Vernon-Lisb	-	20:01.37	12:09.3	13:20.9	8:18.5
155 MAI, Caden	JR	1531	Solon	105	20:04.66	12:12.5	13:23.1	8:19.9
156 HAWK, Brody	JR	1703	Williamsburg	106	20:05.54	12:13.4	13:23.7	8:20.2
157 HOFF, Andre	SO	886	Bondurant-Farrar	(107)	20:07.19	12:15.1	13:24.8	8:20.9
158 HASTINGS, Memphis	7	1174	MS_HLV Communit	108	20:09.30	12:17.2	13:26.2	8:21.8
159 WELCH-GROVES, Braylon	FR	878	Bondurant-Farrar	(109)	20:11.28	12:19.2	13:27.5	8:22.6
160 WHALEN, Oliver	SO	1624	Vinton-Shellsburg	110	20:14.14	12:22.0	13:29.4	8:23.8
161 SPANGLER, Isaac	JR	1598	Tipton	111	20:17.74	12:25.6	13:31.8	8:25.3
162 HOLLAND, Keaton	FR	805	ADM Adel	-	20:22.41	12:30.3	13:34.9	8:27.2
163 PLATTS, Bronin	FR	1592	Tipton	112	20:23.91	12:31.8	13:35.9	8:27.8
164 SVENBY, Reid	FR	1419	Pella	(113)	20:25.29	12:33.2	13:36.9	8:28.4
165 YEOMANS, Ben	SO	1527	Solon	114	20:25.52	12:33.4	13:37.0	8:28.5
166 WEBSTER, Asher	SO	1096	Mount Vernon-Lisb	-	20:26.85	12:34.7	13:37.9	8:29.1
167 VANDENBERG, Isaac	JR	1440	Pella	-	20:33.34	12:41.2	13:42.2	8:31.8
168 HILL, Drew	FR	874	Bondurant-Farrar	-	20:37.58	12:45.5	13:45.1	8:33.5
169 GAULEY, Owen	FR	1415	Pella	-	20:44.90	12:52.8	13:49.9	8:36.6
170 BROWNE, Coben	FR	1414	Pella	-	20:46.73	12:54.6	13:51.2	8:37.3
171 MURLEY, Finn	SO	888	Bondurant-Farrar	-	20:46.79	12:54.7	13:51.2	8:37.3
172 MOEHLMAN, Elliott	JR	1099	Mount Vernon-Lisb	-	20:46.79	12:54.7	13:51.2	8:37.3
173 SCHWARZ, Cael	FR	959	Clinton	115	20:47.98	12:55.9	13:52.0	8:37.8
174 VAN HAAFTEN, Malachi	SO	1427	Pella	-	20:48.72	12:56.6	13:52.5	8:38.1
175 MEIER, Caleb	SO	1593	Tipton	116	20:48.88	12:56.8	13:52.6	8:38.2
176 MOSS, Ryland	SR	831	ADM Adel	-	20:49.25	12:57.1	13:52.8	8:38.4
177 RESSLER, Ethan	JR	1535	Solon	117	20:49.55	12:57.4	13:53.0	8:38.5
178 PAGE, Carson	FR	1617	Vinton-Shellsburg	118	20:50.50	12:58.4	13:53.7	8:38.9
179 HUFFAKER, Noah	SR	1443	Pella	-	20:52.09	13:00.0	13:54.7	8:39.5
180 KROGMANN, Jayden	JR	966	Clinton	119	20:52.30	13:00.2	13:54.9	8:39.6
181 WILL, Dykema	FR	1480	Pella Christian	(120)	20:55.16	13:03.0	13:56.8	8:40.8
182 GILES, Paul	JR	818	ADM Adel	-	20:56.17	13:04.1	13:57.4	8:41.2
183 PODUSKA, Nate	SO	1094	Mount Vernon-Lisb	-	20:59.49	13:07.4	13:59.7	8:42.6
184 IAN, VanderMolen	FR	1474	Pella Christian	(121)	21:00.62	13:08.5	14:00.4	8:43.1

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Race #2
Boys Junior High 1.5 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
185 SEBER, Carter	SR	1646	Waterloo East	-	21:06.36	13:14.2	14:04.2	8:45.5
186 COSTELLO, Gabriel	FR	1587	Tipton	122	21:07.92	13:15.8	14:05.3	8:46.1
187 ALEX, Pfadenhauer	JR	995	Danville	123	21:08.92	13:16.8	14:05.9	8:46.5
188 WENCK, Ian	SO	993	Danville	124	21:09.92	13:17.8	14:06.6	8:46.9
189 ROBERTS, Emery	FR	1076	Meskwaki Settleme	-	21:10.37	13:18.3	14:06.9	8:47.1
190 CAREY, P.J.	JR	1701	Williamsburg	(125)	21:12.01	13:19.9	14:08.0	8:47.8
191 THROOP, Max	SO	889	Bondurant-Farrar	-	21:13.17	13:21.1	14:08.8	8:48.3
192 BAILEY, Micah	JR	891	Bondurant-Farrar	-	21:14.31	13:22.2	14:09.5	8:48.8
193 CHANCELLOR, Elijah	FR	989	Danville	126	21:14.69	13:22.6	14:09.8	8:48.9
194 WILKINS, Hagen	FR	1086	Mount Vernon-Lisb	-	21:17.59	13:25.5	14:11.7	8:50.1
195 THARP, Leo	JR	1103	Mount Vernon-Lisb	-	21:18.02	13:25.9	14:12.0	8:50.3
196 LINDSEY, Tucker	FR	875	Bondurant-Farrar	-	21:18.05	13:25.9	14:12.0	8:50.3
197 WOODE, Brady	SO	1594	Tipton	127	21:19.34	13:27.2	14:12.9	8:50.8
198 DUNSBERGEN, Jordan	SO	1061	Lynnville-Sully	-	21:21.60	13:29.5	14:14.4	8:51.8
199 DEEDS, Caleb	FR	1691	Williamsburg	(128)	21:21.64	13:29.5	14:14.4	8:51.8
200 MCATEE, Will	FR	1517	Solon	(129)	21:22.46	13:30.3	14:15.0	8:52.1
201 VIET, Harber	SO	1526	Solon	(130)	21:23.20	13:31.1	14:15.5	8:52.4
202 DECLEENE, Justus	FR	922	Carlisle	131	21:23.89	13:31.8	14:15.9	8:52.7
203 GIBB, Hudson	JR	996	Danville	132	21:25.39	13:33.3	14:16.9	8:53.4
204 IRELAND, Marquez	SR	1104	Mount Vernon-Lisb	-	21:26.98	13:34.9	14:18.0	8:54.0
205 DOBSON, Zach	JR	1430	Pella	-	21:27.91	13:35.8	14:18.6	8:54.4
206 KEUNING, James	SO	887	Bondurant-Farrar	-	21:29.03	13:36.9	14:19.4	8:54.9
207 KELLER, Samuel	FR	1416	Pella	-	21:29.35	13:37.2	14:19.6	8:55.0
208 DEARDORFF, Boomer	FR	803	ADM Adel	-	21:30.44	13:38.3	14:20.3	8:55.5
209 GAULEY, Henry	JR	1432	Pella	-	21:31.36	13:39.2	14:20.9	8:55.8
210 HOBBS, Jacob	JR	997	Danville	133	21:31.69	13:39.6	14:21.1	8:56.0
211 SANCHEZ, Anthony	SR	1645	Waterloo East	-	21:31.99	13:39.9	14:21.3	8:56.1
212 KUBAS, Caleb	JR	1707	Williamsburg	-	21:32.71	13:40.6	14:21.8	8:56.4
213 BISHOP, John	SO	1088	Mount Vernon-Lisb	-	21:34.73	13:42.6	14:23.2	8:57.2
214 TUCKER, Hayden	SO	1657	West Delaware Ma	134	21:35.32	13:43.2	14:23.5	8:57.5
215 HILL, Rayden	JR	1576	South Tama County	-	21:39.35	13:47.2	14:26.2	8:59.1
216 BAILEY, Jaidan	SO	880	Bondurant-Farrar	-	21:41.99	13:49.9	14:28.0	9:00.2
217 WIRTZ, Elijah	SO	890	Bondurant-Farrar	-	21:42.09	13:50.0	14:28.1	9:00.3
218 DRONET, Jonathan	SR	938	Carlisle	(135)	21:42.88	13:50.8	14:28.6	9:00.6
219 UTHE, Urban	FR	811	ADM Adel	-	21:48.18	13:56.1	14:32.1	9:02.8
220 O'NEILL, Broden	FR	1417	Pella	-	21:48.29	13:56.2	14:32.2	9:02.9
221 THOMPSON, Adrian	FR	927	Carlisle	(136)	21:52.00	13:59.9	14:34.7	9:04.4
222 MATHER, Clay	SO	1653	West Delaware Ma	137	21:52.35	14:00.2	14:34.9	9:04.5
223 HARVEY, Jackson	FR	873	Bondurant-Farrar	-	21:54.59	14:02.5	14:36.4	9:05.5
224 HULLING, Tate	SO	928	Carlisle	-	21:56.55	14:04.4	14:37.7	9:06.3
225 TRUITT, Will	FR	810	ADM Adel	-	21:56.72	14:04.6	14:37.8	9:06.4
226 LARY, Beck	FR	1516	Solon	-	21:59.19	14:07.1	14:39.5	9:07.4
227 HAMILTON, Jax	FR	1589	Tipton	(138)	22:01.07	14:09.0	14:40.7	9:08.2
228 ROBERTS, Connor	SO	963	Clinton	139	22:02.03	14:09.9	14:41.4	9:08.6
229 WERMAGER, Matt	SO	929	Carlisle	-	22:03.40	14:11.3	14:42.3	9:09.1
230 LEE, Jayden	FR	1476	Pella Christian	-	22:10.30	14:18.2	14:46.9	9:12.0

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Race #2
Boys Junior High 1.5 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
231 MEINDERS, Carter	FR	1477	Pella Christian	-	22:14.31	14:22.2	14:49.5	9:13.7
232 VAN WECHEL, Lincoln	SO	1623	Vinton-Shellsburg	140	22:18.62	14:26.5	14:52.4	9:15.4
233 SAMPLES, Quinn	JR	999	Danville	(141)	22:19.13	14:27.0	14:52.8	9:15.7
234 CONOVER, Will	JR	1064	Lynnville-Sully	-	22:20.46	14:28.3	14:53.6	9:16.2
235 ARKEMA, Andrew	FR	1057	Lynnville-Sully	-	22:20.88	14:28.8	14:53.9	9:16.4
236 HOPKINS, Trent	SO	1422	Pella	-	22:21.18	14:29.1	14:54.1	9:16.5
237 DORNBUSH, Asher	JR	965	Clinton	142	22:22.55	14:30.4	14:55.0	9:17.1
238 BARRY, Quinn	FR	920	Carlisle	-	22:24.42	14:32.3	14:56.3	9:17.9
239 FARMER, Brycen	FR	1588	Tipton	(143)	22:24.52	14:32.4	14:56.3	9:17.9
240 COONEY, Clayton	SO	1523	Solon	-	22:26.07	14:34.0	14:57.4	9:18.5
241 ZEIGLER, Jace	FR	812	ADM Adel	-	22:31.34	14:39.2	15:00.9	9:20.7
242 ZULA, Liam	JR	1491	Pella Christian	-	22:41.62	14:49.5	15:07.7	9:25.0
243 DYKSTRA, Cameron	SR	1493	Pella Christian	-	22:41.73	14:49.6	15:07.8	9:25.0
244 DUGGAN, Wes	SR	1664	West Delaware Ma	144	22:46.24	14:54.1	15:10.8	9:26.9
245 RICHARDS, Logan	JR	1579	South Tama County	-	22:54.93	15:02.8	15:16.6	9:30.5
246 REKERS, Owen	JR	1534	Solon	-	23:02.82	15:10.7	15:21.9	9:33.8
247 FESSLER, Cade	JR	1659	West Delaware Ma	145	23:03.22	15:11.1	15:22.1	9:34.0
248 GALLAHER, Blake	FR	1472	Pella Christian	-	23:03.54	15:11.4	15:22.4	9:34.1
249 PETER, Bierma	FR	1478	Pella Christian	-	23:03.70	15:11.6	15:22.5	9:34.1
250 MCCONNELL, Shawn	FR	1590	Tipton	-	23:06.54	15:14.4	15:24.4	9:35.3
251 GLEASON, Evan	SO	1525	Solon	-	23:10.10	15:18.0	15:26.7	9:36.8
252 WHEAT, Jason	SO	964	Clinton	146	23:21.13	15:29.0	15:34.1	9:41.4
253 NUGENT, Henry	FR	808	ADM Adel	-	23:27.67	15:35.6	15:38.4	9:44.1
254 STANERSON, Logan	JR	1102	Mount Vernon-Lisb	-	23:28.58	15:36.5	15:39.1	9:44.5
255 FETZER, Benjamin	SO	1524	Solon	-	23:39.40	15:47.3	15:46.3	9:49.0
256 SCHIAFFINO, Chris	JR	933	Carlisle	-	23:40.65	15:48.5	15:47.1	9:49.5
257 SCHROCK, Isaac	FR	809	ADM Adel	-	23:43.90	15:51.8	15:49.3	9:50.8
258 GONZALEZ, Johnny	SO	962	Clinton	(147)	23:43.96	15:51.8	15:49.3	9:50.9
259 KLEINMEYER, Luke	JR	1706	Williamsburg	-	23:57.60	16:05.5	15:58.4	9:56.5
260 SELLERS, Ethan	SO	1656	West Delaware Ma	148	24:06.05	16:13.9	16:04.0	10:00.0
261 SPOONER, Logan	JR	969	Clinton	(149)	24:14.20	16:22.1	16:09.5	10:03.4
262 WONDERLIN, Blake	FR	879	Bondurant-Farrar	-	24:18.30	16:26.2	16:12.2	10:05.1
263 MEJIA, Sam	SO	1654	West Delaware Ma	(150)	24:26.30	16:34.2	16:17.5	10:08.4
264 WESTENDORF, Donny	JR	825	ADM Adel	-	24:26.62	16:34.5	16:17.7	10:08.6
265 DOUGLAS, Jaxson	JR	1702	Williamsburg	-	24:45.74	16:53.6	16:30.5	10:16.5
266 WOODARD, Jacob	FR	992	Danville	(151)	24:55.42	17:03.3	16:36.9	10:20.5
267 SPENCER, Lee	FR	877	Bondurant-Farrar	-	25:22.15	17:30.0	16:54.8	10:31.6
268 KIRKWOLD, Joseph	JR	1436	Pella	-	25:22.67	17:30.6	16:55.1	10:31.8
269 SCHAEFER, Kayden	SO	1696	Williamsburg	-	25:23.91	17:31.8	16:55.9	10:32.3
270 AARON, Pfadenhauer	JR	994	Danville	-	25:26.10	17:34.0	16:57.4	10:33.2
271 SINGH, Victor	FR	1620	Vinton-Shellsburg	152	25:59.41	18:07.3	17:19.6	10:47.1
272 HUSTON, Aiden	JR	1433	Pella	-	26:07.49	18:15.4	17:25.0	10:50.4
273 MICK, Rhys	SO	1622	Vinton-Shellsburg	(153)	26:11.37	18:19.3	17:27.6	10:52.0
274 BEYER, Michael	FR	921	Carlisle	-	26:22.40	18:30.3	17:34.9	10:56.6
275 GOSSELINK, Jacob	SO	1481	Pella Christian	-	26:31.94	18:39.8	17:41.3	11:00.6
276 AUSTERMAN, Zay	FR	1082	Mount Vernon-Lisb	-	26:32.39	18:40.3	17:41.6	11:00.7

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Race #2
Boys Junior High 1.5 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
277 VANWYK-JUTTING, Zackary	SO	1429	Pella	-	27:09.41	19:17.3	18:06.3	11:16.1
278 DEVANEY, Wesley	SR	1663	West Delaware Ma	(154)	27:57.74	20:05.6	18:38.5	11:36.2
279 VEENSTRA, Quinten	SO	1486	Pella Christian	-	28:19.15	20:27.0	18:52.8	11:45.0
280 STRANBERG, Ian	FR	1519	Solon	-	31:24.31	23:32.2	20:56.2	13:01.9
281 THATCHER, Aaron	SO	1426	Pella	-	33:58.92	26:06.8	22:39.3	14:06.0
282 BALL, Porter	SO	1521	Solon	-	36:00.14	28:08.0	24:00.1	14:56.3
-- FERIN, Charles	7	1263	MS_Solon	-			---	---
-- BARTLETT, Jeremiah	7	1261	MS_Solon	-			---	---
-- CLARK, Drew	7	1262	MS_Solon	-			---	---
-- TAYLOR, Grant	8	1247	MS_Regis-LaSalle	-			---	---
-- LAING, Boden	7	1267	MS_Solon	-			---	---
-- WACHENDORF-JURAN, Gr	7	1269	MS_Solon	-			---	---
-- CHYMA, Jet	8	1297	MS_South Tama C	-			---	---
-- YUSKA, Kyler	8	1300	MS_South Tama C	-			---	---
-- BURDICK, Davis	8	1169	MS_English Valleys	-			---	---
-- KOEPPEN, Cael	7	1346	MS_Vinton-Shellsb	-			---	---
-- VAN REE, Owen	7	1348	MS_Vinton-Shellsb	-			---	---

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Race #3
Girls Varsity 5K

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-Lisbon	67	1-3-16-19-28(31)(42)	1:39:22	19:53	1:57.5
2 Solon	71	2-7-13-22-27(29)(57)	1:39:51	19:59	1:39.2
3 Williamsburg	139	4-23-34-38-40(44)(49)	1:43:34	20:43	1:39.1
4 ADM Adel	152	11-24-35-39-43(53)(59)	1:43:59	20:48	1:24.8
5 Pella	185	6-20-37-58-64(77)(82)	1:45:29	21:06	2:38.3
6 English Valleys North Engli	189	5-36-41-52-55(61)	1:45:50	21:10	2:22.0
7 Tipton	212*	12-32-47-56-65(66)(80)	1:46:35	21:19	2:25.6
8 Clinton	212*	8-14-15-74-101	1:47:26	21:30	5:08.5
9 Pella Christian	213	9-30-33-70-71(78)(79)	1:46:50	21:22	2:49.1
10 Lynnvile-Sully	245	25-46-48-51-75(105)	1:48:16	21:40	2:25.0
11 Danville	301	10-60-62-63-106(109)	1:51:45	22:21	5:33.3
12 Bondurant-Farrar	327	26-50-81-84-86(89)	1:52:01	22:25	2:52.5
13 Vinton-Shellsburg	343	18-69-73-91-92(99)(104)	1:53:36	22:44	3:50.6
14 West Delaware Mancheste	345	21-54-85-90-95(98)(102)	1:53:51	22:47	3:53.7
15 North Mahaska New Sharo	376	17-45-100-103-111(112)	1:58:54	23:47	6:53.5
16 Eddyville-Blakesburg-Frem	409	68-72-76-96-97(107)(110)	1:57:01	23:25	2:00.6
17 Carlisle	418	67-83-87-88-93(94)(108)	1:56:39	23:20	1:50.1
DNP Iowa Valley Marengo					
DNP HLV Victor					
DNP Meskwaki Settlement					
DNP Waterloo East					
DNP Tipton					
DNP Belle Plaine					
DNP Danville					
DNP English Valleys North Engli					
DNP Clinton					
DNP Bondurant-Farrar					

***Tiebreakers**

Tipton	12	32	47	56	65	66
Clinton	8	14	15	74	101	

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MOELLER, Evelyn	SO	1124	Mount Vernon-Lisb	1	18:49.86	---	6:03.6	3:46.0
2 DEE, Sydney	SR	1566	Solon	2	19:05.18	15.32	6:08.6	3:49.0
3 SWART, Kiersten	JR	1133	Mount Vernon-Lisb	3	19:19.50	29.64	6:13.2	3:51.9
4 BECKER, Channing	FR	1711	Williamsburg	4	19:34.47	44.61	6:18.0	3:54.9

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Race #3
Girls Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
5 LUERS, Anna	FR	1031	English Valleys Nort	5	19:34.77	44.91	6:18.1	3:55.0
6 MCCULLA, Dana	FR	1451	Pella	6	19:39.05	49.19	6:19.5	3:55.8
7 NELSON, Livya	FR	1550	Solon	7	19:40.25	50.39	6:19.9	3:56.1
8 RIVERS, Aubrey	JR	984	Clinton	8	19:47.51	57.65	6:22.2	3:57.5
9 VOS, Bailey	JR	1512	Pella Christian	9	19:48.34	58.48	6:22.5	3:57.7
10 GOURLEY, Alaina	JR	1008	Danville	10	19:48.37	58.51	6:22.5	3:57.7
11 VON RODEN, Elliotte	FR	836	ADM Adel	11	19:52.27	1:02.41	6:23.7	3:58.5
12 OWEN, Laura	SR	1613	Tipton	12	19:52.41	1:02.55	6:23.8	3:58.5
13 MAI, Kinley	FR	1547	Solon	13	19:53.39	1:03.53	6:24.1	3:58.7
14 HASKELL, Alli	FR	976	Clinton	14	19:55.13	1:05.27	6:24.7	3:59.0
15 SATTLER, Carryn	JR	985	Clinton	15	19:56.42	1:06.56	6:25.1	3:59.3
16 PISARIK, Rose	SO	1125	Mount Vernon-Lisb	16	20:00.83	1:10.97	6:26.5	4:00.2
17 JEDLICKA, Emmerson	JR	1409	North Mahaska Ne	17	20:14.91	1:25.05	6:31.0	4:03.0
18 PRIMROSE, Olivia	SR	1638	Vinton-Shellsburg	18	20:19.17	1:29.31	6:32.4	4:03.8
19 DAWSON, Edith	JR	1129	Mount Vernon-Lisb	19	20:24.36	1:34.50	6:34.1	4:04.9
20 PAULSEN, Bryn	FR	1453	Pella	20	20:24.57	1:34.71	6:34.1	4:04.9
21 KARTMAN, Brynn	SO	1675	West Delaware Ma	21	20:25.32	1:35.46	6:34.4	4:05.1
22 SVALSTAD, Falyn	SO	1559	Solon	22	20:27.62	1:37.76	6:35.1	4:05.5
23 AXMEAR, Edie	SO	1717	Williamsburg	23	20:28.31	1:38.45	6:35.3	4:05.7
24 EGGLESTON, Allie	SO	838	ADM Adel	24	20:29.15	1:39.29	6:35.6	4:05.8
25 VOS, Mandeesa	FR	1069	Lynnville-Sully	25	20:29.72	1:39.86	6:35.8	4:05.9
26 WATSON, Lauren	SO	911	Bondurant-Farrar	26	20:30.07	1:40.21	6:35.9	4:06.0
27 SEAMANS, Addison	FR	1552	Solon	27	20:44.31	1:54.45	6:40.5	4:08.9
28 SELLNER, Miranda	SO	1127	Mount Vernon-Lisb	28	20:47.30	1:57.44	6:41.4	4:09.5
29 SHEELEY, Ella	SR	1572	Solon	(29)	20:47.90	1:58.04	6:41.6	4:09.6
30 RENS, Hayley	FR	1500	Pella Christian	30	20:49.12	1:59.26	6:42.0	4:09.8
31 SCHOFF, Sam	SR	1139	Mount Vernon-Lisb	(31)	20:51.02	2:01.16	6:42.6	4:10.2
32 HEIN, Ella	SO	1608	Tipton	32	20:54.70	2:04.84	6:43.8	4:10.9
33 SHMALCS, Julia	JR	1511	Pella Christian	33	20:57.20	2:07.34	6:44.6	4:11.4
34 ABERNATHY, Lillyona	SR	1723	Williamsburg	34	21:05.87	2:16.01	6:47.4	4:13.2
35 GOODRICH, Ella	SR	856	ADM Adel	35	21:07.69	2:17.83	6:48.0	4:13.5
36 ACHENBACH, Addison	SO	1033	English Valleys Nort	36	21:09.93	2:20.07	6:48.7	4:14.0
37 PUNT, Chloe	SR	1469	Pella	37	21:10.10	2:20.24	6:48.8	4:14.0
38 MAAS, Leighton	FR	1714	Williamsburg	38	21:11.50	2:21.64	6:49.2	4:14.3
39 BJORK, Addy	SO	837	ADM Adel	39	21:12.52	2:22.66	6:49.6	4:14.5
40 HOFFMAN, Ashlyn	JR	1720	Williamsburg	40	21:13.48	2:23.62	6:49.9	4:14.7
41 ACHENBACH, Aubrey	SO	1034	English Valleys Nort	41	21:15.05	2:25.19	6:50.4	4:15.0
42 JOHNSON, Emrie	SR	1136	Mount Vernon-Lisb	(42)	21:16.67	2:26.81	6:50.9	4:15.3
43 SHIRLEY-BROWN, Cora	SO	845	ADM Adel	43	21:17.00	2:27.14	6:51.0	4:15.4
44 CAPPER, Makenna	SO	1718	Williamsburg	(44)	21:19.58	2:29.72	6:51.8	4:15.9
45 HUFFMAN, Ava	JR	1408	North Mahaska Ne	45	21:29.20	2:39.34	6:54.9	4:17.8
46 LOWRY, Breah	FR	1067	Lynnville-Sully	46	21:29.30	2:39.44	6:55.0	4:17.9
47 HINES, Karli	SR	1612	Tipton	47	21:31.91	2:42.05	6:55.8	4:18.4
48 PARKINSON, Emma	SO	1070	Lynnville-Sully	48	21:36.97	2:47.11	6:57.4	4:19.4
49 PARSONS, Maelyn	SR	1724	Williamsburg	(49)	21:38.39	2:48.53	6:57.9	4:19.7
50 HARTER, Autumn	SO	909	Bondurant-Farrar	50	21:42.03	2:52.17	6:59.1	4:20.4

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Race #3
Girls Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
51 SHARP, Peyton	SO	1071	Lynnville-Sully	51	21:45.24	2:55.38	7:00.1	4:21.0
52 CASTER, Kaylynn	FR	1030	English Valleys Nort	52	21:53.03	3:03.17	7:02.6	4:22.6
53 HORGEN, Evelyn	SR	858	ADM Adel	(53)	21:53.84	3:03.98	7:02.9	4:22.8
54 BARDGETT, Jeanne	FR	1667	West Delaware Ma	54	21:54.24	3:04.38	7:03.0	4:22.8
55 FRAZIER, Kaylee	JR	1036	English Valleys Nort	55	21:56.70	3:06.84	7:03.8	4:23.3
56 FITZGERALD, Alexa	SO	1606	Tipton	56	21:57.28	3:07.42	7:04.0	4:23.5
57 ARMENTROUT, Quinn	FR	1540	Solon	(57)	21:57.52	3:07.66	7:04.0	4:23.5
58 DOBSON, Anna	FR	1449	Pella	58	21:57.63	3:07.77	7:04.1	4:23.5
59 SUTTON, Mackealin	SR	861	ADM Adel	(59)	22:00.54	3:10.68	7:05.0	4:24.1
60 ARNETT, Abby	SR	1011	Danville	60	22:02.43	3:12.57	7:05.6	4:24.5
61 LOWN, Kailor	SO	1035	English Valleys Nort	(61)	22:06.93	3:17.07	7:07.1	4:25.4
62 NEWBERRY, Delaney	SO	1006	Danville	62	22:15.24	3:25.38	7:09.8	4:27.0
63 HENKELVIG, Addy	SO	1004	Danville	63	22:16.74	3:26.88	7:10.2	4:27.3
64 WITTENBERG, Rebekah	JR	1466	Pella	64	22:17.31	3:27.45	7:10.4	4:27.5
65 BODECKER, Mya	SO	1605	Tipton	65	22:17.98	3:28.12	7:10.6	4:27.6
66 SEYDEL, Chloeie	FR	1603	Tipton	(66)	22:19.89	3:30.03	7:11.2	4:28.0
67 CARNEY, Sophie	JR	950	Carlisle	67	22:20.09	3:30.23	7:11.3	4:28.0
68 VAN UTRECHT, Caroline	SR	1024	Eddyville-Blakesbur	68	22:28.72	3:38.86	7:14.1	4:29.7
69 PHIPPEN, Lainey	SO	1633	Vinton-Shellsburg	69	22:31.60	3:41.74	7:15.0	4:30.3
70 MEINDERS, Maisy	JR	1510	Pella Christian	70	22:37.05	3:47.19	7:16.8	4:31.4
71 VOS, Greta	SO	1509	Pella Christian	71	22:37.41	3:47.55	7:16.9	4:31.5
72 GLENN, Kaitlynn	SR	1022	Eddyville-Blakesbur	72	22:37.91	3:48.05	7:17.0	4:31.6
73 ROLLINGER, Kara	SO	1634	Vinton-Shellsburg	73	22:41.77	3:51.91	7:18.3	4:32.4
74 HAAN, Sescie	SR	988	Clinton	74	22:50.49	4:00.63	7:21.1	4:34.1
75 NORRISH, Olivia	SR	1072	Lynnville-Sully	75	22:54.72	4:04.86	7:22.5	4:34.9
76 HAYWARD, Claire	SR	1023	Eddyville-Blakesbur	76	22:55.14	4:05.28	7:22.6	4:35.0
77 WOGEN, Emerson	JR	1467	Pella	(77)	22:58.35	4:08.49	7:23.6	4:35.7
78 VOS, Chloe	FR	1502	Pella Christian	(78)	23:01.68	4:11.82	7:24.7	4:36.3
79 DEJONG, Addison	FR	1498	Pella Christian	(79)	23:04.78	4:14.92	7:25.7	4:37.0
80 HAGEN, Zoey	SR	1610	Tipton	(80)	23:06.15	4:16.29	7:26.1	4:37.2
81 KLINKENBORG, Madelyn	SO	910	Bondurant-Farrar	81	23:08.73	4:18.87	7:27.0	4:37.7
82 DEVRIES, Reanna	JR	1460	Pella	(82)	23:13.62	4:23.76	7:28.5	4:38.7
83 EIGHMY, Blythe	SO	949	Carlisle	83	23:14.72	4:24.86	7:28.9	4:38.9
84 GUERTIN, Bethany	JR	914	Bondurant-Farrar	84	23:17.27	4:27.41	7:29.7	4:39.5
85 LYNCH, Charly	SO	1677	West Delaware Ma	85	23:21.37	4:31.51	7:31.0	4:40.3
86 MAFFIN, Emily	SR	918	Bondurant-Farrar	86	23:22.57	4:32.71	7:31.4	4:40.5
87 GIBSON, Ella	JR	951	Carlisle	87	23:25.46	4:35.60	7:32.4	4:41.1
88 RAMSEY, Natalie	SR	956	Carlisle	88	23:28.21	4:38.35	7:33.2	4:41.6
89 MEISLAHN, Claire	SR	919	Bondurant-Farrar	(89)	23:46.49	4:56.63	7:39.1	4:45.3
90 MCMAHON, Josie	SR	1687	West Delaware Ma	90	23:50.64	5:00.78	7:40.5	4:46.1
91 GRIMM, Chloe	FR	1630	Vinton-Shellsburg	91	23:53.31	5:03.45	7:41.3	4:46.7
92 WEETS, Ellie	SR	1639	Vinton-Shellsburg	92	24:09.77	5:19.91	7:46.6	4:50.0
93 BELLER, Lacey	SO	948	Carlisle	93	24:10.11	5:20.25	7:46.7	4:50.0
94 SOTO, Sienna	FR	945	Carlisle	(94)	24:17.94	5:28.08	7:49.2	4:51.6
95 ANTE, Brooklin	JR	1680	West Delaware Ma	95	24:18.98	5:29.12	7:49.6	4:51.8
96 DURFLINGER, Abby	SR	1020	Eddyville-Blakesbur	96	24:29.09	5:39.23	7:52.8	4:53.8

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Race #3
Girls Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
97 LEE, Lily	FR	1018	Eddyville-Blakesbur	97	24:29.25	5:39.39	7:52.9	4:53.9
98 KARTMAN, Avery	SO	1674	West Delaware Ma	(98)	24:33.71	5:43.85	7:54.3	4:54.7
99 ROSTER, Kaelynn	SO	1635	Vinton-Shellsburg	(99)	24:50.46	6:00.60	7:59.7	4:58.1
100 KNOCKEL, Amber	JR	1410	North Mahaska Ne	100	24:54.89	6:05.03	8:01.1	4:59.0
101 BENGTON, Kirstin	SO	978	Clinton	101	24:56.00	6:06.14	8:01.5	4:59.2
102 KASS, Abby	SR	1685	West Delaware Ma	(102)	24:59.61	6:09.75	8:02.7	4:59.9
103 SCHOCK, Alivia	JR	1411	North Mahaska Ne	103	25:05.85	6:15.99	8:04.7	5:01.2
104 LUTZ, Aliyah	SO	1631	Vinton-Shellsburg	(104)	25:05.85	6:15.99	8:04.7	5:01.2
105 VER PLOEG, Abigail	FR	1068	Lynnville-Sully	(105)	25:13.09	6:23.23	8:07.0	5:02.6
106 ALVA-MARTINEZ, Vanesa	JR	1650	Waterloo East	-	25:13.47	6:23.61	8:07.1	5:02.7
107 ROGERS, Zoey	SO	1007	Danville	106	25:21.66	6:31.80	8:09.8	5:04.3
108 EASTLICK, Ava	SR	1021	Eddyville-Blakesbur	(107)	25:38.95	6:49.09	8:15.3	5:07.8
109 ZONDERVAN, Audrey	JR	952	Carlisle	(108)	25:43.46	6:53.60	8:16.8	5:08.7
110 ORTH, Ava	JR	1010	Danville	(109)	26:18.11	7:28.25	8:27.9	5:15.6
111 WADE, Gracee	FR	1019	Eddyville-Blakesbur	(110)	26:20.32	7:30.46	8:28.6	5:16.1
112 SCHILLING, Breckyn	SR	1413	North Mahaska Ne	111	27:08.40	8:18.54	8:44.1	5:25.7
113 VAN WEELDEN, Abby	JR	1412	North Mahaska Ne	(112)	27:08.94	8:19.08	8:44.3	5:25.8
114 ALLEE, Paisley	FR	1045	HLV Victor	-	27:46.90	8:57.04	8:56.5	5:33.4
115 JACOBI, Elle	SO	870	Belle Plaine	-	27:46.97	8:57.11	8:56.5	5:33.4
116 HEMMINGSEN-BRINKMAN,	SO	869	Belle Plaine	-	28:16.17	9:26.31	9:05.9	5:39.2
117 KILGARD, Kathryn	JR	1054	Iowa Valley Mareng	-	28:17.27	9:27.41	9:06.3	5:39.5
118 KAHLER, Kaelonna	FR	1080	Meskwaki Settleme	-	29:09.39	10:19.5	9:23.0	5:49.9
119 HAWKINS, Raelene	JR	1046	HLV Victor	-	30:13.84	11:23.9	9:43.8	6:02.8
120 SMOLIK, Hannah	JR	1055	Iowa Valley Mareng	-	31:27.94	12:38.0	10:07.6	6:17.6
-- HORN, Celia	JR	1009	Danville	-			---	---
-- HASELHOFF, Clare	SR	916	Bondurant-Farrar	-			---	---
-- BEAR, Dorothy	SO	1081	Meskwaki Settleme	-			---	---
-- ALLEN, Hailey	SR	1651	Waterloo East	-			---	---
-- HAMILTON, Saidee	SR	1611	Tipton	-			---	---
-- STEINES, Noelle	SR	1614	Tipton	-			---	---
-- SIEREN, Emily	FR	1032	English Valleys Nort	-			---	---
-- MCKIBBEN, Alannah	SR	1056	Iowa Valley Mareng	-			---	---
-- MCCLENDON, Akemah	JR	983	Clinton	-			---	---

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Race #4
Boys Varsity 5K

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-Lisbon	58	1-4-10-20-23(42)(47)	1:23:59	16:48	1:38.1
2 ADM Adel	83	7-14-15-18-29(35)(76)	1:26:17	17:16	0:54.9
3 Bondurant-Farrar	111	9-11-24-26-41(48)(56)	1:27:00	17:24	1:00.3
4 Carlisle	157	6-8-36-46-61(74)(83)	1:27:32	17:31	1:36.6
5 Tipton	163	2-12-22-62-65(75)(80)	1:27:26	17:30	2:11.3
6 Danville	191	5-32-33-43-78(96)(106)	1:28:34	17:43	2:23.4
7 Pella	214	17-31-39-60-67(70)(71)	1:29:43	17:57	1:20.0
8 Williamsburg	220	21-27-37-63-72(73)	1:29:50	17:58	1:15.8
9 Pella Christian	221	13-38-54-57-59(64)(66)	1:29:42	17:57	0:59.1
10 Lynnville-Sully	246	19-25-34-82-86(98)(105)	1:30:42	18:09	1:45.0
11 Vinton-Shellsburg	254	3-28-58-81-84(87)(90)	1:29:54	17:59	2:48.2
12 Solon	261	16-53-55-68-69(79)(89)	1:30:53	18:11	1:22.0
13 West Delaware Mancheste	319	30-44-50-85-110(111)	1:34:28	18:54	4:02.2
14 Clinton	389	49-52-92-97-99(100)	1:36:24	19:17	2:20.4
15 Belle Plaine	465	45-91-101-113-115(119)	1:43:33	20:43	5:05.9
16 Waterloo East	490*	77-93-103-108-109(112)(116)	1:42:02	20:25	2:50.8
17 HLV Victor	490*	51-94-107-118-120	1:47:19	21:28	6:28.9
18 Iowa Valley Marengo	510	40-104-121-122-123(125)	1:58:52	23:47	10:53.8
19 North Mahaska New Sharo	516	88-95-102-114-117(124)	1:45:51	21:11	3:59.8
DNP South Tama County Tama					
DNP Meskwaki Settlement					
DNP English Valleys North Engli					
DNP Eddyville-Blakesburg-Frem					

***Tiebreakers**

Waterloo East	77	93	103	108	109	112
HLV Victor	51	94	107	118	120	

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 OLBERDING, Grady	SR	1108	Mount Vernon-Lisb	1	15:52.10	---	5:06.4	3:10.4
2 HEYNE, Gage	SR	1029	English Valleys Nort	-	16:03.19	11.09	5:10.0	3:12.6
3 BOHLMANN, Clay	SR	1599	Tipton	2	16:08.82	16.72	5:11.8	3:13.8
4 TORRES, Alex	JR	1627	Vinton-Shellsburg	3	16:10.98	18.88	5:12.5	3:14.2
5 SCHEIL, Dawson	JR	1100	Mount Vernon-Lisb	4	16:11.19	19.09	5:12.6	3:14.2
6 SHACKLETT, Jackson	SR	1003	Danville	5	16:24.42	32.32	5:16.8	3:16.9
7 JESINA, Barrett	JR	1577	South Tama County	-	16:33.37	41.27	5:19.7	3:18.7
8 STREETER, Kael	JR	934	Carlisle	6	16:39.77	47.67	5:21.8	3:20.0
9 TIMMERMAN, Torin	SR	834	ADM Adel	7	16:44.02	51.92	5:23.1	3:20.8

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Race #4
Boys Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
10 BROWN, Kamden	SR	937	Carlisle	8	16:52.41	1:00.31	5:25.8	3:22.5
11 DAVIS, Nyle	SR	895	Bondurant-Farrar	9	16:53.40	1:01.30	5:26.2	3:22.7
12 O'CONNOR, Seamus	SR	1107	Mount Vernon-Lisb	10	16:58.75	1:06.65	5:27.9	3:23.8
13 SANGER, Brady	JR	894	Bondurant-Farrar	11	17:07.03	1:14.93	5:30.6	3:25.4
14 BOHLMANN, Caleb	JR	1595	Tipton	12	17:11.30	1:19.20	5:31.9	3:26.3
15 MEINDERS, Sawyer	JR	1490	Pella Christian	13	17:15.47	1:23.37	5:33.3	3:27.1
16 MARPLE, Max	SO	814	ADM Adel	14	17:15.95	1:23.85	5:33.4	3:27.2
17 HOLDMEYER, Shay	SR	827	ADM Adel	15	17:16.22	1:24.12	5:33.5	3:27.2
18 HOLMES, Anders	FR	1515	Solon	16	17:16.94	1:24.84	5:33.7	3:27.4
19 CARLTON, Porter	SO	1420	Pella	17	17:18.41	1:26.31	5:34.2	3:27.7
20 LANDPHAIR, Ty	JR	821	ADM Adel	18	17:21.07	1:28.97	5:35.1	3:28.2
21 ALBERTS, Colton	SO	1059	Lynnville-Sully	19	17:21.09	1:28.99	5:35.1	3:28.2
22 CASKEY, Chasen	SO	1089	Mount Vernon-Lisb	20	17:26.13	1:34.03	5:36.7	3:29.2
23 BUSCH, Nile	JR	1700	Williamsburg	21	17:26.30	1:34.20	5:36.8	3:29.3
24 HAGEN, Zander	SR	1602	Tipton	22	17:28.38	1:36.28	5:37.4	3:29.7
25 ARMSTRONG, Anthony	SO	1087	Mount Vernon-Lisb	23	17:30.18	1:38.08	5:38.0	3:30.0
26 HANSON, Ryler	FR	872	Bondurant-Farrar	24	17:30.70	1:38.60	5:38.2	3:30.1
27 LOWRY, Hendrick	SR	1066	Lynnville-Sully	25	17:32.07	1:39.97	5:38.6	3:30.4
28 RIECK, Jack	JR	893	Bondurant-Farrar	26	17:34.83	1:42.73	5:39.5	3:31.0
29 REED, Colin	SO	1695	Williamsburg	27	17:36.35	1:44.25	5:40.0	3:31.3
30 DICKINSON, Zachary	JR	1626	Vinton-Shellsburg	28	17:36.55	1:44.45	5:40.1	3:31.3
31 HOLDMEYER, Dain	FR	804	ADM Adel	29	17:38.84	1:46.74	5:40.8	3:31.8
32 TURNIS, Jase	SR	1665	West Delaware Ma	30	17:39.60	1:47.50	5:41.0	3:31.9
33 SCHIEBOUT, Asher	JR	1439	Pella	31	17:40.22	1:48.12	5:41.2	3:32.0
34 POWELL, Nick	SR	1002	Danville	32	17:41.60	1:49.50	5:41.7	3:32.3
35 SHINN, Isaac	JR	1000	Danville	33	17:44.10	1:52.00	5:42.5	3:32.8
36 WILMESMEIER, Blake	SO	1063	Lynnville-Sully	34	17:44.73	1:52.63	5:42.7	3:32.9
37 CHAPMAN, Isaac	SR	826	ADM Adel	(35)	17:45.49	1:53.39	5:42.9	3:33.1
38 SOTO, Sevastian	SR	940	Carlisle	36	17:45.79	1:53.69	5:43.0	3:33.2
39 ARWINE, Hayes	JR	1698	Williamsburg	37	17:47.14	1:55.04	5:43.5	3:33.4
40 BRANDERHORST, Deacon	SR	1492	Pella Christian	38	17:49.24	1:57.14	5:44.1	3:33.8
41 JOHNSTON, Evan	JR	1435	Pella	39	17:50.10	1:58.00	5:44.4	3:34.0
42 CRAWFORD, Jeffrey	SR	1053	Iowa Valley Mareng	40	17:53.26	2:01.16	5:45.4	3:34.7
43 FRANCOIS, Preston	SO	883	Bondurant-Farrar	41	17:53.65	2:01.55	5:45.6	3:34.7
44 VAN REGENMORTER, Zane	SO	1095	Mount Vernon-Lisb	(42)	17:55.40	2:03.30	5:46.1	3:35.1
45 HORN, Noah	JR	998	Danville	43	17:55.74	2:03.64	5:46.2	3:35.1
46 WHITE, Brenden	SO	1658	West Delaware Ma	44	17:56.09	2:03.99	5:46.3	3:35.2
47 EICHHORN, Luke	SR	867	Belle Plaine	45	17:57.13	2:05.03	5:46.7	3:35.4
48 DECLEENE, Judah	JR	930	Carlisle	46	17:57.50	2:05.40	5:46.8	3:35.5
49 VAVRICEK, Graham	SR	1111	Mount Vernon-Lisb	(47)	17:58.44	2:06.34	5:47.1	3:35.7
50 GIBSON, Grady	SO	884	Bondurant-Farrar	(48)	18:01.16	2:09.06	5:48.0	3:36.2
51 WEINER, Ed	SR	973	Clinton	49	18:05.75	2:13.65	5:49.5	3:37.2
52 WENGER, Braden	SR	1666	West Delaware Ma	50	18:06.99	2:14.89	5:49.9	3:37.4
53 ROTH, Peyton	SR	1044	HLV Victor	51	18:07.18	2:15.08	5:49.9	3:37.4
54 LORION, Kolton	JR	967	Clinton	52	18:07.24	2:15.14	5:49.9	3:37.4
55 LYONS, Camden	JR	1530	Solon	53	18:08.70	2:16.60	5:50.4	3:37.7

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Race #4
Boys Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
56 JOEL, Pogany	FR	1475	Pella Christian	54	18:09.33	2:17.23	5:50.6	3:37.9
57 MEZA, Rene	JR	1532	Solon	55	18:09.61	2:17.51	5:50.7	3:37.9
58 BENNETT, Clark	FR	871	Bondurant-Farrar	(56)	18:13.16	2:21.06	5:51.8	3:38.6
59 GALLAHER, Logan	JR	1489	Pella Christian	57	18:13.38	2:21.28	5:51.9	3:38.7
60 PRIMROSE, Will	FR	1619	Vinton-Shellsburg	58	18:14.30	2:22.20	5:52.2	3:38.9
61 STOLTZ, Griffin	SO	1484	Pella Christian	59	18:14.57	2:22.47	5:52.3	3:38.9
62 PAULSEN, Dane	JR	1437	Pella	60	18:15.18	2:23.08	5:52.5	3:39.0
63 WALSTROM, Torren	JR	935	Carlisle	61	18:16.29	2:24.19	5:52.8	3:39.3
64 HEFFERNAN, Kendrick	JR	1596	Tipton	62	18:16.98	2:24.88	5:53.1	3:39.4
65 BRUMMEL, Finn	JR	1699	Williamsburg	63	18:17.61	2:25.51	5:53.3	3:39.5
66 VANDEN BOSCH, Will	SO	1485	Pella Christian	(64)	18:18.10	2:26.00	5:53.4	3:39.6
67 BOLDT, Owen	SR	1600	Tipton	65	18:20.07	2:27.97	5:54.1	3:40.0
68 FRAZIER, Isaac	FR	1025	English Valleys Nort	-	18:29.33	2:37.23	5:57.0	3:41.9
69 KOEHN, Evan	FR	1026	English Valleys Nort	-	18:36.78	2:44.68	5:59.4	3:43.4
70 HOKSBERGEN, Eli	SR	1494	Pella Christian	(66)	18:37.71	2:45.61	5:59.7	3:43.5
71 PUNT, Caleb	SO	1423	Pella	67	18:38.39	2:46.29	6:00.0	3:43.7
72 WADDELL, Deacon	FR	1520	Solon	68	18:38.51	2:46.41	6:00.0	3:43.7
73 RAASCH, Preston	FR	1518	Solon	69	18:38.89	2:46.79	6:00.1	3:43.8
74 COPELAND, MacK	SR	1442	Pella	(70)	18:39.42	2:47.32	6:00.3	3:43.9
75 THOMPSON, Ben	SR	1446	Pella	(71)	18:40.43	2:48.33	6:00.6	3:44.1
76 MCMULLIN, Tyler	JR	1708	Williamsburg	72	18:42.06	2:49.96	6:01.1	3:44.4
77 KOONS, Charlie	SO	1694	Williamsburg	(73)	18:43.68	2:51.58	6:01.7	3:44.7
78 RUSHING, Ryan	SR	939	Carlisle	(74)	18:44.48	2:52.38	6:01.9	3:44.9
79 BUTLER, Zach	SR	1601	Tipton	(75)	18:45.24	2:53.14	6:02.2	3:45.0
80 SUBBERT, Nick	JR	823	ADM Adel	(76)	18:47.21	2:55.11	6:02.8	3:45.4
81 BROWN, Dayton	JR	1642	Waterloo East	77	18:47.66	2:55.56	6:02.9	3:45.5
82 TREVOR, Yaley	JR	1001	Danville	78	18:47.74	2:55.64	6:03.0	3:45.5
83 YOUNG, Owen	JR	1536	Solon	(79)	18:50.01	2:57.91	6:03.7	3:46.0
84 MCGEE, Sylis	FR	1591	Tipton	(80)	18:50.82	2:58.72	6:04.0	3:46.2
85 ALLEN, Leif	SO	1621	Vinton-Shellsburg	81	18:52.22	3:00.12	6:04.4	3:46.4
86 DUNSBERGEN, Ethan	JR	1065	Lynnville-Sully	82	18:57.39	3:05.29	6:06.1	3:47.5
87 BIRECH, Brandon	SR	936	Carlisle	(83)	18:58.76	3:06.66	6:06.5	3:47.8
88 PARMATER, Jackson	FR	1618	Vinton-Shellsburg	84	18:59.11	3:07.01	6:06.6	3:47.8
89 KAPAYOU, Jerome	SR	1580	South Tama County	-	19:02.95	3:10.85	6:07.9	3:48.6
90 CHESMORE, Ashton	SR	1661	West Delaware Ma	85	19:03.21	3:11.11	6:07.9	3:48.6
91 SCHNELL, Keegan	SO	1062	Lynnville-Sully	86	19:06.01	3:13.91	6:08.8	3:49.2
92 PEREZ, Jovanie	JR	1578	South Tama County	-	19:12.43	3:20.33	6:10.9	3:50.5
93 JESINA, Brady	FR	1574	South Tama County	-	19:13.59	3:21.49	6:11.3	3:50.7
94 LAMONT, Lincoln	FR	1616	Vinton-Shellsburg	(87)	19:13.70	3:21.60	6:11.3	3:50.7
95 YANG, Ben	SR	1407	North Mahaska Ne	88	19:14.42	3:22.32	6:11.6	3:50.9
96 FERIN, Max	SR	1538	Solon	(89)	19:15.80	3:23.70	6:12.0	3:51.2
97 BLAIS, Jack	JR	1625	Vinton-Shellsburg	(90)	19:20.65	3:28.55	6:13.6	3:52.1
98 PURK, Maddox	SR	868	Belle Plaine	91	19:23.57	3:31.47	6:14.5	3:52.7
99 ESTES, CJ	SO	961	Clinton	92	19:30.42	3:38.32	6:16.7	3:54.1
100 BROWN, Preston	JR	1643	Waterloo East	93	19:43.28	3:51.18	6:20.8	3:56.7
101 THYS, Drew	SO	1040	HLV Victor	94	19:56.82	4:04.72	6:25.2	3:59.4

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Race #4
Boys Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
102 PATTERSON, Axl	SR	1406	North Mahaska Ne	95	20:01.15	4:09.05	6:26.6	4:00.2
103 SHINN, Eli	FR	991	Danville	(96)	20:03.39	4:11.29	6:27.3	4:00.7
104 STAFFORD, Jordan	SR	972	Clinton	97	20:14.33	4:22.23	6:30.8	4:02.9
105 GUNSAULUS, Madden	FR	1058	Lynnville-Sully	(98)	20:19.01	4:26.91	6:32.3	4:03.8
106 SAYSON, Anthony	FR	958	Clinton	99	20:26.10	4:34.00	6:34.6	4:05.2
107 PERALTA-FLORES, David	JR	968	Clinton	(100)	20:26.11	4:34.01	6:34.6	4:05.2
108 TIMM, Devin	FR	863	Belle Plaine	101	20:27.96	4:35.86	6:35.2	4:05.6
109 MITCHELL, Kincaid	SR	1405	North Mahaska Ne	102	20:29.00	4:36.90	6:35.6	4:05.8
110 TYLER, Georvon	SR	1647	Waterloo East	103	20:43.45	4:51.35	6:40.2	4:08.7
111 HOLLISTER, Ayden	JR	1052	Iowa Valley Mareng	104	20:48.83	4:56.73	6:41.9	4:09.8
112 ARKEMA, Evan	SO	1060	Lynnville-Sully	(105)	20:50.73	4:58.63	6:42.6	4:10.1
113 FRANKLIN, Brandon	FR	990	Danville	(106)	20:50.87	4:58.77	6:42.6	4:10.2
114 DAVIS, Wesley	SR	1042	HLV Victor	107	21:02.22	5:10.12	6:46.3	4:12.4
115 SEBER, Carter	SR	1646	Waterloo East	108	21:09.06	5:16.96	6:48.5	4:13.8
116 ROBERTS, Emery	FR	1076	Meskwaki Settleme	-	21:13.77	5:21.67	6:50.0	4:14.8
117 SANCHEZ, Anthony	SR	1645	Waterloo East	109	21:38.39	5:46.29	6:57.9	4:19.7
118 TUCKER, Hayden	SO	1657	West Delaware Ma	110	21:41.72	5:49.62	6:59.0	4:20.3
119 COOK, Adam	SR	1662	West Delaware Ma	(111)	22:14.83	6:22.73	7:09.6	4:27.0
120 BLACKSMITH, Maxwell	FR	1640	Waterloo East	(112)	22:28.55	6:36.45	7:14.0	4:29.7
121 DAVIS, Ian	SO	864	Belle Plaine	113	22:40.47	6:48.37	7:17.9	4:32.1
122 KRAUS, Oliver	JR	1015	Eddyville-Blakesbur	-	22:44.93	6:52.83	7:19.3	4:33.0
123 GOEMAAT, Jeb	FR	1402	North Mahaska Ne	114	22:52.16	7:00.06	7:21.6	4:34.4
124 ARGO, Caleb	FR	862	Belle Plaine	115	23:03.03	7:10.93	7:25.1	4:36.6
125 MCMULLEN, Dylan	FR	1641	Waterloo East	(116)	23:08.64	7:16.54	7:26.9	4:37.7
126 GRANDIA, Cain	FR	1403	North Mahaska Ne	117	23:14.14	7:22.04	7:28.7	4:38.8
127 MILTON, Lance	FR	1038	HLV Victor	118	23:36.17	7:44.07	7:35.8	4:43.2
128 NEUHAUS, Sawyer	SO	865	Belle Plaine	(119)	24:22.70	8:30.60	7:50.8	4:52.5
129 RHINEHART, Connor	SR	1043	HLV Victor	120	24:36.07	8:43.97	7:55.1	4:55.2
130 BRAL, Derek	SO	1051	Iowa Valley Mareng	121	24:40.37	8:48.27	7:56.5	4:56.1
131 SNOW, Tenoch	SR	1079	Meskwaki Settleme	-	24:51.87	8:59.77	8:00.2	4:58.4
132 DURIN, Emiliano	FR	1074	Meskwaki Settleme	-	25:21.84	9:29.74	8:09.8	5:04.4
133 WAGNER, Ayden	FR	1050	Iowa Valley Mareng	122	26:41.95	10:49.8	8:35.6	5:20.4
134 RATLIFF, Westin	SO	1014	Eddyville-Blakesbur	-	26:45.87	10:53.7	8:36.9	5:21.2
135 LENOX, Kyler	FR	1012	Eddyville-Blakesbur	-	27:35.47	11:43.3	8:52.8	5:31.1
136 TRIMBLE, Austin	FR	1049	Iowa Valley Mareng	123	28:47.05	12:54.9	9:15.9	5:45.4
137 COX, William	SO	1404	North Mahaska Ne	(124)	29:40.47	13:48.3	9:33.1	5:56.1
138 FURCAP, Izik	FR	1075	Meskwaki Settleme	-	29:52.05	13:59.9	9:36.8	5:58.4
139 BUSCH, Ethan	FR	1047	Iowa Valley Mareng	(125)	32:14.45	16:22.3	10:22.6	6:26.9

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Race #5
Girls Junior Varsity 5K

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-Lisbon	33	1-3-5-7-17(25)(29)	1:49:42	21:57	1:56.6
2 Solon	47	2-4-10-13-18(19)(23)	1:51:26	22:18	1:51.1
3 Pella	82	9-12-14-16-31(33)(34)	1:54:44	22:57	1:21.2
4 ADM Adel	105	11-15-24-27-28(30)(36)	1:56:12	23:15	0:56.3
5 Williamsburg	123	6-8-32-38-39(47)(59)	1:56:49	23:22	2:10.8
6 Carlisle	155	20-21-22-43-49(50)(54)	2:00:44	24:09	2:09.8
7 West Delaware Mancheste	214	37-40-44-45-48(51)(53)	2:04:40	24:56	1:24.4
8 Bondurant-Farrar	225	35-41-42-52-55(58)(61)	2:06:29	25:18	2:45.0
9 Clinton	245	26-46-56-57-60(62)(63)	2:10:01	26:01	3:46.4
DNP Pella Christian					
DNP South Tama County Tama					
DNP Tipton					
DNP Solon					
DNP Vinton-Shellsburg					
DNP ADM Adel					
DNP West Delaware Mancheste					
DNP Mount Vernon-Lisbon					
DNP Waterloo East					
DNP Clinton					
DNP Bondurant-Farrar					
DNP Eddyville-Blakesburg-Frem					
DNP Danville					
DNP Pella					
DNP Williamsburg					
DNP Meskwaki Settlement					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 SMITH, Cora	JR	1132	Mount Vernon-Lisbon	1	21:10.63	---	6:49.0	4:14.1
2 MCATEE, Rose	SR	1568	Solon	2	21:18.51	7.88	6:51.5	4:15.7
3 TELECKY, Sorell	FR	1120	Mount Vernon-Lisbon	3	21:28.50	17.87	6:54.7	4:17.7
4 STAHLER, Aly	SR	1573	Solon	4	21:33.44	22.81	6:56.3	4:18.7
5 BOTHELL, Josie	SO	1123	Mount Vernon-Lisbon	5	21:38.49	27.86	6:57.9	4:19.7
6 KLEINMEYER, Ella	FR	1713	Williamsburg	6	22:08.48	57.85	7:07.6	4:25.7
7 BOCK, Hailey	SR	1135	Mount Vernon-Lisbon	7	22:16.54	1:05.91	7:10.2	4:27.3
8 RIVERA, Anya	JR	1722	Williamsburg	8	22:17.85	1:07.22	7:10.6	4:27.6
9 VAN ZANTE, Jaeda	SO	1459	Pella	9	22:22.26	1:11.63	7:12.0	4:28.5
10 MURKEN, Kenley	FR	1549	Solon	10	22:34.58	1:23.95	7:16.0	4:30.9
11 WILLIAMS, Alexa	SO	847	ADM Adel	11	22:40.32	1:29.69	7:17.8	4:32.1

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Race #5
Girls Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
12 ANDERSEN, Gracen	FR	1447	Pella	12	22:48.69	1:38.06	7:20.5	4:33.7
13 JANSEN, Jillian	SO	1555	Solon	13	22:49.79	1:39.16	7:20.9	4:34.0
14 HOL, Josie	FR	1450	Pella	14	22:51.04	1:40.41	7:21.3	4:34.2
15 MILLER, Rhyan	JR	851	ADM Adel	15	22:52.13	1:41.50	7:21.6	4:34.4
16 SCHIEBOUT, Meres	FR	1454	Pella	16	22:57.94	1:47.31	7:23.5	4:35.6
17 RUPE, Caroline	SO	1126	Mount Vernon-Lisb	17	23:07.14	1:56.51	7:26.5	4:37.4
18 FOGG, Koda	SR	1609	Tipton	-	23:08.85	1:58.22	7:27.0	4:37.8
19 KABELA, Beckitt	FR	1544	Solon	18	23:09.58	1:58.95	7:27.2	4:37.9
20 MCCANDLESS, Madelyn	FR	1548	Solon	(19)	23:10.10	1:59.47	7:27.4	4:38.0
21 ANGUS, Stella	FR	942	Carlisle	20	23:23.68	2:13.05	7:31.8	4:40.7
22 GANO, Mary	SR	955	Carlisle	21	23:23.77	2:13.14	7:31.8	4:40.8
23 FISK, Kira	SR	954	Carlisle	22	23:24.26	2:13.63	7:32.0	4:40.9
24 SINNWELL, Joli	JR	1563	Solon	(23)	23:25.01	2:14.38	7:32.2	4:41.0
25 GEORGICK, Lydia	SO	840	ADM Adel	24	23:26.63	2:16.00	7:32.7	4:41.3
26 LIU, Lexi	FR	1116	Mount Vernon-Lisb	(25)	23:29.80	2:19.17	7:33.7	4:42.0
27 MCCLENDON, Akemah	JR	983	Clinton	26	23:34.76	2:24.13	7:35.3	4:43.0
28 SCHMIDT, Kayanna	SO	1557	Solon	-	23:34.97	2:24.34	7:35.4	4:43.0
29 PIEPMEIER, Emily	SR	859	ADM Adel	27	23:35.64	2:25.01	7:35.6	4:43.1
30 MATTES, Karley	SO	843	ADM Adel	28	23:36.60	2:25.97	7:35.9	4:43.3
31 KINION, Elliotte	FR	1114	Mount Vernon-Lisb	(29)	23:40.46	2:29.83	7:37.2	4:44.1
32 LENAGHAN, Avery	SO	842	ADM Adel	(30)	23:43.35	2:32.72	7:38.1	4:44.7
33 VAVRICEK, Clara	FR	1121	Mount Vernon-Lisb	-	23:43.40	2:32.77	7:38.1	4:44.7
34 SMITH, Isabella	JR	1465	Pella	31	23:43.46	2:32.83	7:38.1	4:44.7
35 ARWINE, Reagan	FR	1710	Williamsburg	32	23:48.53	2:37.90	7:39.8	4:45.7
36 SETTLES, Josie	JR	1458	Pella	(33)	23:51.18	2:40.55	7:40.6	4:46.2
37 PETRONE, Aurora	JR	1464	Pella	(34)	23:52.65	2:42.02	7:41.1	4:46.5
38 HAMILTON, Saidee	SR	1611	Tipton	-	23:53.33	2:42.70	7:41.3	4:46.7
39 BLANTON, Sophia	FR	1448	Pella	-	23:54.14	2:43.51	7:41.6	4:46.8
40 WIPPERMAN, Caelyn	SO	912	Bondurant-Farrar	35	23:54.41	2:43.78	7:41.7	4:46.9
41 KUNKEL, Sydney	FR	1545	Solon	-	23:58.74	2:48.11	7:43.1	4:47.7
42 GEORGICK, Danielle	SO	839	ADM Adel	(36)	23:59.76	2:49.13	7:43.4	4:48.0
43 SCHULTE, Addison	SO	1679	West Delaware Ma	37	24:04.05	2:53.42	7:44.8	4:48.8
44 GONNERING, Ella	SO	841	ADM Adel	-	24:09.37	2:58.74	7:46.5	4:49.9
45 JOHNSON, Avery	FR	1543	Solon	-	24:13.84	3:03.21	7:47.9	4:50.8
46 WILDE, Aubree	FR	1715	Williamsburg	38	24:14.15	3:03.52	7:48.0	4:50.8
47 WOODS, Grady	FR	1716	Williamsburg	39	24:19.26	3:08.63	7:49.7	4:51.9
48 NELSON, Alaina	JR	852	ADM Adel	-	24:24.27	3:13.64	7:51.3	4:52.9
49 MILLER, Kailee	SR	1570	Solon	-	24:29.18	3:18.55	7:52.9	4:53.8
50 STAHL, Piper	JR	1564	Solon	-	24:32.40	3:21.77	7:53.9	4:54.5
51 SEIDL, Brenna	JR	854	ADM Adel	-	24:33.21	3:22.58	7:54.2	4:54.6
52 SLAYMAKER, Reagan	SO	1128	Mount Vernon-Lisb	-	24:33.43	3:22.80	7:54.2	4:54.7
53 BONNEMA, Olivia	SR	1565	Solon	-	24:34.82	3:24.19	7:54.7	4:55.0
54 MARTIN, Kate	FR	1117	Mount Vernon-Lisb	-	24:36.68	3:26.05	7:55.3	4:55.3
55 MILES, Sophia	SR	1569	Solon	-	24:44.60	3:33.97	7:57.8	4:56.9
56 MENSEN, Erin	JR	1682	West Delaware Ma	40	24:47.97	3:37.34	7:58.9	4:57.6
57 NELSON, Haley	JR	853	ADM Adel	-	24:50.43	3:39.80	7:59.7	4:58.1

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Race #5
Girls Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
58 BRECKENRIDGE, Emery	FR	900	Bondurant-Farrar	41	24:50.77	3:40.14	7:59.8	4:58.2
59 GLENNON, Taylor	SO	1456	Pella	-	24:52.60	3:41.97	8:00.4	4:58.5
60 BARNHOUSE, Piper	SO	1553	Solon	-	24:54.75	3:44.12	8:01.1	4:59.0
61 ANTHOFER, Rachel	JR	913	Bondurant-Farrar	42	24:55.71	3:45.08	8:01.4	4:59.1
62 ZAUGG, Lily	FR	947	Carlisle	43	24:58.55	3:47.92	8:02.3	4:59.7
63 BIRKER, Isabel	SR	1637	Vinton-Shellsburg	-	25:00.59	3:49.96	8:03.0	5:00.1
64 WERNER, Kendall	SO	1560	Solon	-	25:01.64	3:51.01	8:03.3	5:00.3
65 RETH, Kaci	FR	1669	West Delaware Ma	44	25:05.41	3:54.78	8:04.5	5:01.1
66 ASHBACKER, Marin	JR	1561	Solon	-	25:12.34	4:01.71	8:06.8	5:02.5
67 SCHMOOKE, Vivi	FR	1551	Solon	-	25:12.87	4:02.24	8:06.9	5:02.6
68 DE BRUIN, Erica	SR	1513	Pella Christian	-	25:13.70	4:03.07	8:07.2	5:02.7
69 WELCHER, Kinley	FR	1671	West Delaware Ma	45	25:13.93	4:03.30	8:07.3	5:02.8
70 GOMEZ, Jayva	FR	1581	South Tama County	-	25:15.86	4:05.23	8:07.9	5:03.2
71 TRUEBLOOD, Maggie	FR	1604	Tipton	-	25:16.17	4:05.54	8:08.0	5:03.2
72 MILLER, Lucy	SR	1571	Solon	-	25:17.60	4:06.97	8:08.4	5:03.5
73 BALOG, Avery	SO	977	Clinton	46	25:23.02	4:12.39	8:10.2	5:04.6
74 DEGROOT, Olivia	FR	1497	Pella Christian	-	25:23.45	4:12.82	8:10.3	5:04.7
75 UHLMANN, Graceyn	SO	1719	Williamsburg	(47)	25:26.36	4:15.73	8:11.3	5:05.3
76 KEISTER, Ella	FR	1668	West Delaware Ma	48	25:28.38	4:17.75	8:11.9	5:05.7
77 MORF, Hannah	FR	1118	Mount Vernon-Lisb	-	25:28.49	4:17.86	8:12.0	5:05.7
78 MONTGOMERY, Kenadi	FR	1452	Pella	-	25:29.15	4:18.52	8:12.2	5:05.8
79 DEVRIES, Rose	JR	1461	Pella	-	25:31.73	4:21.10	8:13.0	5:06.3
80 BEYDLER, Sydney	SR	953	Carlisle	49	25:33.45	4:22.82	8:13.5	5:06.7
81 MCCULLOUGH, Kora	JR	1636	Vinton-Shellsburg	-	25:33.59	4:22.96	8:13.6	5:06.7
82 WEBER, Audrey	FR	946	Carlisle	(50)	25:35.28	4:24.65	8:14.1	5:07.1
83 LOECKE, Trudy	SR	1686	West Delaware Ma	(51)	25:36.37	4:25.74	8:14.5	5:07.3
84 MANZO, Jenny	JR	1585	South Tama County	-	25:36.89	4:26.26	8:14.7	5:07.4
85 NORTON, Lyndon	JR	1463	Pella	-	25:37.73	4:27.10	8:14.9	5:07.5
86 SIMISON, Miranda	SO	1558	Solon	-	25:42.98	4:32.35	8:16.6	5:08.6
87 ROOSE, Alice	SO	1507	Pella Christian	-	25:47.97	4:37.34	8:18.2	5:09.6
88 GLAZA, Lexi	FR	1113	Mount Vernon-Lisb	-	25:50.45	4:39.82	8:19.0	5:10.1
89 CALCARA, Fiona	FR	1112	Mount Vernon-Lisb	-	25:50.68	4:40.05	8:19.1	5:10.1
90 MACKE, Caidence	FR	1546	Solon	-	25:53.51	4:42.88	8:20.0	5:10.7
91 FOGG, Larkyn	SO	1607	Tipton	-	26:06.14	4:55.51	8:24.1	5:13.2
92 BUSH, Sarah	SO	908	Bondurant-Farrar	52	26:08.77	4:58.14	8:24.9	5:13.8
93 AUSMAN, Nora	SR	1468	Pella	-	26:14.51	5:03.88	8:26.8	5:14.9
94 MORF, Ingrid	JR	1131	Mount Vernon-Lisb	-	26:15.32	5:04.69	8:27.0	5:15.1
95 GREENSLADE, Kelsey	SR	857	ADM Adel	-	26:19.92	5:09.29	8:28.5	5:16.0
96 BARDGETT, Alaina	JR	1681	West Delaware Ma	(53)	26:29.31	5:18.68	8:31.5	5:17.9
97 LUNA, Mariah	FR	943	Carlisle	(54)	26:29.65	5:19.02	8:31.6	5:17.9
98 MILLER, Greta	SO	1457	Pella	-	26:29.92	5:19.29	8:31.7	5:18.0
99 JENSEN, Taya	FR	903	Bondurant-Farrar	55	26:39.32	5:28.69	8:34.7	5:19.9
100 MORLEY, Sophia	SO	981	Clinton	56	26:45.53	5:34.90	8:36.7	5:21.1
101 BRANDERHORST, Lexi	SO	1503	Pella Christian	-	26:47.84	5:37.21	8:37.5	5:21.6
102 TWOMEY, Ava	FR	1670	West Delaware Ma	-	26:51.38	5:40.75	8:38.6	5:22.3
103 SCHNOOR, Emily	FR	1119	Mount Vernon-Lisb	-	26:52.91	5:42.28	8:39.1	5:22.6

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Race #5
Girls Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
104 HOUTAKKER, Violet	FR	1542	Solon	-	26:54.24	5:43.61	8:39.5	5:22.8
105 REYNOLDS, Riley	SO	982	Clinton	57	26:56.45	5:45.82	8:40.3	5:23.3
106 LIHS, Emma	SR	917	Bondurant-Farrar	(58)	26:59.17	5:48.54	8:41.1	5:23.8
107 GARRINGER, Jackie	FR	1712	Williamsburg	(59)	27:05.67	5:55.04	8:43.2	5:25.1
108 JACKSON, Novalee	FR	1017	Eddyville-Blakesbur	-	27:07.20	5:56.57	8:43.7	5:25.4
109 SCHRAUBEN, Steph	FR	1455	Pella	-	27:19.55	6:08.92	8:47.7	5:27.9
110 KAPAYOU, Sade	SR	1586	South Tama County	-	27:20.28	6:09.65	8:47.9	5:28.1
111 ELLIS, Chloe	FR	975	Clinton	60	27:21.12	6:10.49	8:48.2	5:28.2
112 BUNTEN, Maddie	FR	1628	Vinton-Shellsburg	-	27:27.79	6:17.16	8:50.3	5:29.6
113 DOLL, Jaeley	JR	849	ADM Adel	-	27:33.08	6:22.45	8:52.1	5:30.6
114 BERKENES, Elsie	SO	907	Bondurant-Farrar	(61)	27:33.67	6:23.04	8:52.2	5:30.7
115 DAVIS, Kaylee	SO	979	Clinton	(62)	27:49.49	6:38.86	8:57.3	5:33.9
116 BOCK, Emily	SO	1122	Mount Vernon-Lisb	-	27:57.88	6:47.25	9:00.0	5:35.6
117 KHAMPHAPHONGVIXAY, A	FR	904	Bondurant-Farrar	-	28:08.85	6:58.22	9:03.6	5:37.8
118 OUVERSON, Aubrey	FR	905	Bondurant-Farrar	-	28:10.27	6:59.64	9:04.0	5:38.1
119 WILLMS, Marlee	SO	848	ADM Adel	-	28:24.47	7:13.84	9:08.6	5:40.9
120 WIEDERIEN, Sharaya	SO	846	ADM Adel	-	28:24.50	7:13.87	9:08.6	5:40.9
121 WHISNER, Adeline	JR	1134	Mount Vernon-Lisb	-	28:28.81	7:18.18	9:10.0	5:41.8
122 GLOSSER, Adison	FR	1016	Eddyville-Blakesbur	-	28:29.49	7:18.86	9:10.2	5:41.9
123 LEONARD, Leah	FR	1115	Mount Vernon-Lisb	-	28:29.51	7:18.88	9:10.2	5:41.9
124 STOVER, Andi	FR	906	Bondurant-Farrar	-	28:29.71	7:19.08	9:10.3	5:41.9
125 SCHNIEDERS, Amelia	SR	1689	West Delaware Ma	-	28:40.65	7:30.02	9:13.8	5:44.1
126 CARROLL, Avery	SO	1672	West Delaware Ma	-	28:46.20	7:35.57	9:15.6	5:45.2
127 SLEPER, Grace	JR	1683	West Delaware Ma	-	28:50.58	7:39.95	9:17.0	5:46.1
128 PASKER, Gwen	SR	1688	West Delaware Ma	-	28:53.32	7:42.69	9:17.9	5:46.7
129 KNOUSE, Cameron	JR	1462	Pella	-	29:57.08	8:46.45	9:38.4	5:59.4
130 HOFTENDER, Taylor	SR	1652	Waterloo East	-	30:53.62	9:42.99	9:56.6	6:10.7
131 KUGLER, Breonna	FR	1649	Waterloo East	-	30:55.19	9:44.56	9:57.1	6:11.0
132 LOECKE, Emma	SO	1676	West Delaware Ma	-	30:59.25	9:48.62	9:58.4	6:11.9
133 BROWN, Nora	SR	986	Clinton	(63)	31:33.57	10:22.9	10:09.5	6:18.7
134 BRUCE, Adelyn	FR	901	Bondurant-Farrar	-	31:44.84	10:34.2	10:13.1	6:21.0
135 RODRIGUEZ-TELLO, Ana	FR	944	Carlisle	-	32:51.21	11:40.5	10:34.4	6:34.2
-- DORN-KRUSE, Brooklyn	FR	1648	Waterloo East	-			---	---
-- KAHLER, Kaelonna	FR	1080	Meskwaki Settleme	-			---	---
-- NYDEGGER, Clare	SR	1138	Mount Vernon-Lisb	-			---	---
-- MOSS, Abbie	SR	1137	Mount Vernon-Lisb	-			---	---
-- JENSEN, Claire	JR	1130	Mount Vernon-Lisb	-			---	---
-- GRIMM, Zoey	SR	1567	Solon	-			---	---
-- SHIPLEY, Layla	JR	1562	Solon	-			---	---
-- ROLWES, Ava	SO	1556	Solon	-			---	---
-- FORDICE, Mya	SO	1554	Solon	-			---	---
-- DURR, Ellie	FR	1541	Solon	-			---	---
-- BAHLS, Cambrie	SR	1684	West Delaware Ma	-			---	---
-- MORMANN, Adler	SO	1678	West Delaware Ma	-			---	---
-- HOEFER, Maryn	SO	1673	West Delaware Ma	-			---	---
-- SEYDEL, Chloe	FR	1603	Tipton	-			---	---

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Race #5
Girls Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
-- SCHWALEN, Carmen	SR	860	ADM Adel	-			---	---
-- DESMARAIS, Hannah	SR	855	ADM Adel	-			---	---
-- JAMES, Haley	JR	850	ADM Adel	-			---	---
-- MONTAG, Grace	SO	844	ADM Adel	-			---	---
-- LASLEY, Daelia	JR	1584	South Tama County	-			---	---
-- CARRILLO, Nazaret	JR	1583	South Tama County	-			---	---
-- SMITH, Livia	SO	1582	South Tama County	-			---	---
-- HULSEBERG, Zoe	JR	1721	Williamsburg	-			---	---
-- NOSBISCH, Callie	SO	1632	Vinton-Shellsburg	-			---	---
-- SCHRAUBEN, Phoebe	SR	1470	Pella	-			---	---
-- LOCK, Olivia	SO	1005	Danville	-			---	---
-- HAGEN, Zoey	SR	1610	Tipton	-			---	---
-- NIKKEL, Ava	FR	1499	Pella Christian	-			---	---
-- DYKSTRA, Ellie	SO	1504	Pella Christian	-			---	---
-- LAMB, Nora	SO	1505	Pella Christian	-			---	---
-- NORMAN, Halley	SO	1506	Pella Christian	-			---	---
-- DEBRUIN, Erica	SR	1514	Pella Christian	-			---	---
-- COOLEY, Brooklyn	FR	974	Clinton	-			---	---
-- ENDRESHAK, Alexis	SO	980	Clinton	-			---	---
-- GASSMAN, Kira	SR	987	Clinton	-			---	---
-- DAVIS, Jordan	FR	902	Bondurant-Farrar	-			---	---
-- KUENNEN, Amie	JR	915	Bondurant-Farrar	-			---	---
-- SCHIEBOUT, Keilah	FR	1501	Pella Christian	-			---	---
-- SLAGTER, Sophia	SO	1508	Pella Christian	-			---	---

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Race #6
Boys Junior Varsity 5K

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-Lisbon	27	2-4-5-6-10(21)(22)	1:29:55	17:59	0:26.6
2 ADM Adel	28	1-3-7-8-9(12)(13)	1:29:35	17:55	0:45.0
3 Pella	104	11-19-23-24-27(31)(49)	1:35:25	19:05	0:54.5
4 Bondurant-Farrar	127	14-20-26-33-34(44)(45)	1:36:16	19:16	0:48.3
5 Pella Christian	155	15-29-30-40-41(56)(57)	1:37:31	19:31	1:06.0
6 Carlisle	165	16-18-28-36-67(70)(71)	1:38:17	19:40	2:29.5
7 Williamsburg	166	17-32-35-39-43(61)(64)	1:38:04	19:37	1:07.8
8 Solon	208	25-38-42-50-53(65)(66)	1:40:16	20:04	1:31.8
9 Tipton	268	47-48-52-58-63(73)(78)	1:43:52	20:47	1:01.6
10 Vinton-Shellsburg	299	37-46-54-75-87(88)	1:49:01	21:49	6:15.8
11 Danville	318	59-60-62-68-69(76)(86)	1:46:25	21:17	0:22.8
12 Clinton	338	51-55-74-77-81(82)(84)	1:49:20	21:52	2:33.2
13 West Delaware Mancheste	399	72-79-80-83-85(89)	1:56:08	23:14	2:34.0
DNP ADM Adel					
DNP Pella					
DNP Mount Vernon-Lisbon					
DNP Solon					
DNP Pella Christian					
DNP Bondurant-Farrar					
DNP Carlisle					
DNP Meskwaki Settlement					
DNP Lynnville-Sully					
DNP Clinton					
DNP Williamsburg					
DNP South Tama County Tama					
DNP HLV Victor					
DNP West Delaware Mancheste					
DNP Waterloo East					
DNP Tipton					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 HALL, Robbie	JR	819	ADM Adel	1	17:22.51	---	5:35.5	3:28.5
2 DYE, Danny	FR	1084	Mount Vernon-Lisb	2	17:50.49	27.98	5:44.5	3:34.1
3 HOLDMEYER, Keegan	SR	828	ADM Adel	3	17:50.82	28.31	5:44.6	3:34.2
4 SADLER, Wesley	SR	1109	Mount Vernon-Lisb	4	17:51.58	29.07	5:44.9	3:34.3
5 HAPPEL, Kyler	SO	1090	Mount Vernon-Lisb	5	17:53.63	31.12	5:45.6	3:34.7
6 SCHEIL, Cayden	SR	1110	Mount Vernon-Lisb	6	18:01.38	38.87	5:48.0	3:36.3

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Race #6
Boys Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
7 MILLER, Ty	SO	815	ADM Adel	7	18:06.19	43.68	5:49.6	3:37.2
8 FULLER, Nic	JR	817	ADM Adel	8	18:07.50	44.99	5:50.0	3:37.5
9 YANACHEAK, Luke	SR	835	ADM Adel	9	18:07.51	45.00	5:50.0	3:37.5
10 SPEIDEL, Brody	JR	1101	Mount Vernon-Lisb	10	18:17.04	54.53	5:53.1	3:39.4
11 ROZENBOOM, Daniel	JR	1438	Pella	11	18:27.23	1:04.72	5:56.4	3:41.4
12 BEHR, Mark	JR	816	ADM Adel	(12)	18:31.17	1:08.66	5:57.6	3:42.2
13 HALL, Drew	SO	813	ADM Adel	(13)	18:33.47	1:10.96	5:58.4	3:42.7
14 ROYER, Owen	JR	822	ADM Adel	-	18:35.91	1:13.40	5:59.2	3:43.2
15 STEEPLES, Cooper	SR	899	Bondurant-Farrar	14	18:44.42	1:21.91	6:01.9	3:44.9
16 BOUMA, Paxton	JR	1488	Pella Christian	15	18:50.12	1:27.61	6:03.7	3:46.0
17 HERMON, Gabby	FR	923	Carlisle	16	18:53.20	1:30.69	6:04.7	3:46.6
18 NUNNELLEY, Hudson	JR	1709	Williamsburg	17	18:56.54	1:34.03	6:05.8	3:47.3
19 SALDANA-VALDEZ, Felipe	FR	925	Carlisle	18	18:57.22	1:34.71	6:06.0	3:47.4
20 SUTTON, Trevin	SO	1425	Pella	19	19:04.68	1:42.17	6:08.4	3:48.9
21 GRIFFITH, Sam	JR	892	Bondurant-Farrar	20	19:05.38	1:42.87	6:08.6	3:49.1
22 PETERSEN, Tate	SO	1093	Mount Vernon-Lisb	(21)	19:10.13	1:47.62	6:10.2	3:50.0
23 HAPPEL, Cade	JR	1098	Mount Vernon-Lisb	(22)	19:11.08	1:48.57	6:10.5	3:50.2
24 REDMAN, Zane	SO	1424	Pella	23	19:15.23	1:52.72	6:11.8	3:51.0
25 SHAFFER, Jordan	SR	1445	Pella	24	19:15.58	1:53.07	6:11.9	3:51.1
26 PETTIT, Charlie	JR	1533	Solon	25	19:16.54	1:54.03	6:12.2	3:51.3
27 TRITZ, Kayden	JR	824	ADM Adel	-	19:19.29	1:56.78	6:13.1	3:51.9
28 SCHMESIER, Martin	SR	898	Bondurant-Farrar	26	19:20.48	1:57.97	6:13.5	3:52.1
29 CHAPEL, Mars	SR	1441	Pella	27	19:21.70	1:59.19	6:13.9	3:52.3
30 MERRILL, Vincent	JR	931	Carlisle	28	19:21.76	1:59.25	6:13.9	3:52.4
31 LAUTERBACH, Clay	SR	1495	Pella Christian	29	19:23.41	2:00.90	6:14.4	3:52.7
32 WYNJA, Maddox	SO	1487	Pella Christian	30	19:25.23	2:02.72	6:15.0	3:53.0
33 ERICKSON, Abner	JR	1431	Pella	(31)	19:29.20	2:06.69	6:16.3	3:53.8
34 HIRKO, Luke	JR	1704	Williamsburg	32	19:31.29	2:08.78	6:17.0	3:54.3
35 PHIPPS, Braydin	SR	897	Bondurant-Farrar	33	19:32.57	2:10.06	6:17.4	3:54.5
36 DEMOSS, Wyatt	SO	881	Bondurant-Farrar	34	19:32.68	2:10.17	6:17.4	3:54.5
37 RODRIGUES, Mishael	FR	1693	Williamsburg	35	19:37.60	2:15.09	6:19.0	3:55.5
38 PETERSON, Owen	FR	924	Carlisle	36	19:42.16	2:19.65	6:20.5	3:56.4
39 GRIMM, Kashton	FR	1615	Vinton-Shellsburg	37	19:42.42	2:19.91	6:20.6	3:56.5
40 BAKER, Braydon	JR	1528	Solon	38	19:42.61	2:20.10	6:20.6	3:56.5
41 MINBURN, Riley	SR	830	ADM Adel	-	19:50.98	2:28.47	6:23.3	3:58.2
42 KENT, Nolan	JR	1705	Williamsburg	39	19:53.71	2:31.20	6:24.2	3:58.7
43 PATTERSON, Jay	SO	1483	Pella Christian	40	19:55.47	2:32.96	6:24.8	3:59.1
44 MORRILL, Aiden	SR	1106	Mount Vernon-Lisb	-	19:56.01	2:33.50	6:24.9	3:59.2
45 BOUMA, Kaeden	FR	1471	Pella Christian	41	19:56.10	2:33.59	6:25.0	3:59.2
46 HORGEN, Owen	FR	806	ADM Adel	-	19:56.64	2:34.13	6:25.1	3:59.3
47 LEE, Jaks	SR	1105	Mount Vernon-Lisb	-	19:58.99	2:36.48	6:25.9	3:59.8
48 BOCK, Kyle	FR	1083	Mount Vernon-Lisb	-	20:00.10	2:37.59	6:26.3	4:00.0
49 MAI, Caden	JR	1531	Solon	42	20:03.39	2:40.88	6:27.3	4:00.7
50 HAWK, Brody	JR	1703	Williamsburg	43	20:04.27	2:41.76	6:27.6	4:00.9
51 HOFF, Andre	SO	886	Bondurant-Farrar	(44)	20:05.92	2:43.41	6:28.1	4:01.2
52 WELCH-GROVES, Braylon	FR	878	Bondurant-Farrar	(45)	20:10.01	2:47.50	6:29.4	4:02.0

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Race #6
Boys Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
53 WHALEN, Oliver	SO	1624	Vinton-Shellsburg	46	20:12.87	2:50.36	6:30.4	4:02.6
54 SPANGLER, Isaac	JR	1598	Tipton	47	20:16.47	2:53.96	6:31.5	4:03.3
55 HOLLAND, Keaton	FR	805	ADM Adel	-	20:21.14	2:58.63	6:33.0	4:04.2
56 PLATTS, Bronin	FR	1592	Tipton	48	20:22.64	3:00.13	6:33.5	4:04.5
57 SVENBY, Reid	FR	1419	Pella	(49)	20:24.02	3:01.51	6:34.0	4:04.8
58 YEOMANS, Ben	SO	1527	Solon	50	20:24.25	3:01.74	6:34.0	4:04.9
59 WEBSTER, Asher	SO	1096	Mount Vernon-Lisb	-	20:25.58	3:03.07	6:34.5	4:05.1
60 VANDENBERG, Isaac	JR	1440	Pella	-	20:32.07	3:09.56	6:36.5	4:06.4
61 HILL, Drew	FR	874	Bondurant-Farrar	-	20:36.31	3:13.80	6:37.9	4:07.3
62 GAULEY, Owen	FR	1415	Pella	-	20:43.63	3:21.12	6:40.3	4:08.7
63 BROWNE, Coben	FR	1414	Pella	-	20:45.46	3:22.95	6:40.9	4:09.1
64 MOEHLMAN, Elliott	JR	1099	Mount Vernon-Lisb	-	20:45.52	3:23.01	6:40.9	4:09.1
65 MURLEY, Finn	SO	888	Bondurant-Farrar	-	20:45.52	3:23.01	6:40.9	4:09.1
66 SCHWARZ, Cael	FR	959	Clinton	51	20:46.71	3:24.20	6:41.3	4:09.3
67 VAN HAAFTEN, Malachi	SO	1427	Pella	-	20:47.45	3:24.94	6:41.5	4:09.5
68 MEIER, Caleb	SO	1593	Tipton	52	20:47.61	3:25.10	6:41.5	4:09.5
69 MOSS, Ryland	SR	831	ADM Adel	-	20:47.98	3:25.47	6:41.7	4:09.6
70 RESSLER, Ethan	JR	1535	Solon	53	20:48.28	3:25.77	6:41.8	4:09.7
71 PAGE, Carson	FR	1617	Vinton-Shellsburg	54	20:49.23	3:26.72	6:42.1	4:09.8
72 HUFFAKER, Noah	SR	1443	Pella	-	20:50.82	3:28.31	6:42.6	4:10.2
73 KROGMANN, Jayden	JR	966	Clinton	55	20:51.03	3:28.52	6:42.6	4:10.2
74 WILL, Dykema	FR	1480	Pella Christian	(56)	20:53.89	3:31.38	6:43.6	4:10.8
75 GILES, Paul	JR	818	ADM Adel	-	20:54.90	3:32.39	6:43.9	4:11.0
76 PODUSKA, Nate	SO	1094	Mount Vernon-Lisb	-	20:58.22	3:35.71	6:45.0	4:11.6
77 IAN, VanderMolen	FR	1474	Pella Christian	(57)	20:59.35	3:36.84	6:45.3	4:11.9
78 COSTELLO, Gabriel	FR	1587	Tipton	58	21:06.65	3:44.14	6:47.7	4:13.3
79 ALEX, Pfadenhauer	JR	995	Danville	59	21:07.65	3:45.14	6:48.0	4:13.5
80 WENCK, Ian	SO	993	Danville	60	21:08.65	3:46.14	6:48.3	4:13.7
81 CAREY, P.J.	JR	1701	Williamsburg	(61)	21:10.74	3:48.23	6:49.0	4:14.1
82 THROOP, Max	SO	889	Bondurant-Farrar	-	21:11.90	3:49.39	6:49.4	4:14.4
83 BAILEY, Micah	JR	891	Bondurant-Farrar	-	21:13.04	3:50.53	6:49.7	4:14.6
84 CHANCELLOR, Elijah	FR	989	Danville	62	21:13.42	3:50.91	6:49.9	4:14.7
85 WILKINS, Hagen	FR	1086	Mount Vernon-Lisb	-	21:16.32	3:53.81	6:50.8	4:15.3
86 THARP, Leo	JR	1103	Mount Vernon-Lisb	-	21:16.75	3:54.24	6:50.9	4:15.4
87 LINDSEY, Tucker	FR	875	Bondurant-Farrar	-	21:16.78	3:54.27	6:50.9	4:15.4
88 WOODE, Brady	SO	1594	Tipton	63	21:18.07	3:55.56	6:51.4	4:15.6
89 DUNSBERGEN, Jordan	SO	1061	Lynnville-Sully	-	21:20.33	3:57.82	6:52.1	4:16.1
90 DEEDS, Caleb	FR	1691	Williamsburg	(64)	21:20.37	3:57.86	6:52.1	4:16.1
91 MCATEE, Will	FR	1517	Solon	(65)	21:21.19	3:58.68	6:52.4	4:16.2
92 VIET, Harber	SO	1526	Solon	(66)	21:21.93	3:59.42	6:52.6	4:16.4
93 DECLEENE, Justus	FR	922	Carlisle	67	21:22.62	4:00.11	6:52.8	4:16.5
94 GIBB, Hudson	JR	996	Danville	68	21:24.12	4:01.61	6:53.3	4:16.8
95 IRELAND, Marquez	SR	1104	Mount Vernon-Lisb	-	21:25.71	4:03.20	6:53.8	4:17.1
96 DOBSON, Zach	JR	1430	Pella	-	21:26.64	4:04.13	6:54.1	4:17.3
97 KEUNING, James	SO	887	Bondurant-Farrar	-	21:27.76	4:05.25	6:54.5	4:17.6
98 KELLER, Samuel	FR	1416	Pella	-	21:28.08	4:05.57	6:54.6	4:17.6

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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
99 DEARDORFF, Boomer	FR	803	ADM Adel	-	21:29.17	4:06.66	6:54.9	4:17.8
100 GAULEY, Henry	JR	1432	Pella	-	21:30.09	4:07.58	6:55.2	4:18.0
101 HOBBS, Jacob	JR	997	Danville	69	21:30.42	4:07.91	6:55.3	4:18.1
102 KUBAS, Caleb	JR	1707	Williamsburg	-	21:31.44	4:08.93	6:55.7	4:18.3
103 BISHOP, John	SO	1088	Mount Vernon-Lisb	-	21:33.46	4:10.95	6:56.3	4:18.7
104 HILL, Rayden	JR	1576	South Tama County	-	21:38.08	4:15.57	6:57.8	4:19.6
105 BAILEY, Jaidan	SO	880	Bondurant-Farrar	-	21:40.72	4:18.21	6:58.6	4:20.1
106 WIRTZ, Elijah	SO	890	Bondurant-Farrar	-	21:40.82	4:18.31	6:58.7	4:20.2
107 DRONET, Jonathan	SR	938	Carlisle	(70)	21:41.61	4:19.10	6:58.9	4:20.3
108 UTHE, Urban	FR	811	ADM Adel	-	21:46.91	4:24.40	7:00.6	4:21.4
109 O'NEILL, Broden	FR	1417	Pella	-	21:47.02	4:24.51	7:00.7	4:21.4
110 THOMPSON, Adrian	FR	927	Carlisle	(71)	21:50.73	4:28.22	7:01.9	4:22.1
111 MATHER, Clay	SO	1653	West Delaware Ma	72	21:51.08	4:28.57	7:02.0	4:22.2
112 HARVEY, Jackson	FR	873	Bondurant-Farrar	-	21:53.32	4:30.81	7:02.7	4:22.7
113 HULLING, Tate	SO	928	Carlisle	-	21:55.28	4:32.77	7:03.3	4:23.1
114 TRUITT, Will	FR	810	ADM Adel	-	21:55.45	4:32.94	7:03.4	4:23.1
115 LARY, Beck	FR	1516	Solon	-	21:57.92	4:35.41	7:04.2	4:23.6
116 HAMILTON, Jax	FR	1589	Tipton	(73)	21:59.80	4:37.29	7:04.8	4:24.0
117 ROBERTS, Connor	SO	963	Clinton	74	22:00.76	4:38.25	7:05.1	4:24.2
118 WERMAGER, Matt	SO	929	Carlisle	-	22:02.13	4:39.62	7:05.5	4:24.4
119 LEE, Jayden	FR	1476	Pella Christian	-	22:09.03	4:46.52	7:07.8	4:25.8
120 MEINDERS, Carter	FR	1477	Pella Christian	-	22:13.04	4:50.53	7:09.0	4:26.6
121 VAN WECHEL, Lincoln	SO	1623	Vinton-Shellsburg	75	22:17.35	4:54.84	7:10.4	4:27.5
122 SAMPLES, Quinn	JR	999	Danville	(76)	22:17.86	4:55.35	7:10.6	4:27.6
123 CONOVER, Will	JR	1064	Lynnville-Sully	-	22:19.19	4:56.68	7:11.0	4:27.8
124 ARKEMA, Andrew	FR	1057	Lynnville-Sully	-	22:19.61	4:57.10	7:11.2	4:27.9
125 HOPKINS, Trent	SO	1422	Pella	-	22:19.91	4:57.40	7:11.3	4:28.0
126 DORNBUSH, Asher	JR	965	Clinton	77	22:21.28	4:58.77	7:11.7	4:28.3
127 BARRY, Quinn	FR	920	Carlisle	-	22:23.15	5:00.64	7:12.3	4:28.6
128 FARMER, Brycen	FR	1588	Tipton	(78)	22:23.25	5:00.74	7:12.3	4:28.7
129 COONEY, Clayton	SO	1523	Solon	-	22:24.80	5:02.29	7:12.8	4:29.0
130 ZEIGLER, Jace	FR	812	ADM Adel	-	22:30.07	5:07.56	7:14.5	4:30.0
131 ZULA, Liam	JR	1491	Pella Christian	-	22:40.35	5:17.84	7:17.8	4:32.1
132 DYKSTRA, Cameron	SR	1493	Pella Christian	-	22:40.46	5:17.95	7:17.9	4:32.1
133 DUGGAN, Wes	SR	1664	West Delaware Ma	79	22:44.97	5:22.46	7:19.3	4:33.0
134 RICHARDS, Logan	JR	1579	South Tama County	-	22:53.66	5:31.15	7:22.1	4:34.7
135 REKERS, Owen	JR	1534	Solon	-	23:01.55	5:39.04	7:24.7	4:36.3
136 FESSLER, Cade	JR	1659	West Delaware Ma	80	23:01.95	5:39.44	7:24.8	4:36.4
137 GALLAHER, Blake	FR	1472	Pella Christian	-	23:02.27	5:39.76	7:24.9	4:36.5
138 PETER, Bierma	FR	1478	Pella Christian	-	23:02.43	5:39.92	7:24.9	4:36.5
139 MCCONNELL, Shawn	FR	1590	Tipton	-	23:05.27	5:42.76	7:25.9	4:37.1
140 GLEASON, Evan	SO	1525	Solon	-	23:08.83	5:46.32	7:27.0	4:37.8
141 WHEAT, Jason	SO	964	Clinton	81	23:19.86	5:57.35	7:30.6	4:40.0
142 NUGENT, Henry	FR	808	ADM Adel	-	23:26.40	6:03.89	7:32.7	4:41.3
143 STANERSON, Logan	JR	1102	Mount Vernon-Lisb	-	23:27.31	6:04.80	7:32.9	4:41.5
144 FETZER, Benjamin	SO	1524	Solon	-	23:38.13	6:15.62	7:36.4	4:43.6

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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
145 SCHIAFFINO, Chris	JR	933	Carlisle	-	23:39.38	6:16.87	7:36.8	4:43.9
146 SCHROCK, Isaac	FR	809	ADM Adel	-	23:42.63	6:20.12	7:37.9	4:44.5
147 GONZALEZ, Johnny	SO	962	Clinton	(82)	23:42.69	6:20.18	7:37.9	4:44.5
148 KLEINMEYER, Luke	JR	1706	Williamsburg	-	23:56.33	6:33.82	7:42.3	4:47.3
149 SELLERS, Ethan	SO	1656	West Delaware Ma	83	24:04.78	6:42.27	7:45.0	4:49.0
150 SPOONER, Logan	JR	969	Clinton	(84)	24:12.93	6:50.42	7:47.6	4:50.6
151 WONDERLIN, Blake	FR	879	Bondurant-Farrar	-	24:17.03	6:54.52	7:49.0	4:51.4
152 MEJIA, Sam	SO	1654	West Delaware Ma	85	24:25.03	7:02.52	7:51.5	4:53.0
153 WESTENDORF, Donny	JR	825	ADM Adel	-	24:25.35	7:02.84	7:51.6	4:53.1
154 DOUGLAS, Jaxson	JR	1702	Williamsburg	-	24:44.47	7:21.96	7:57.8	4:56.9
155 WOODARD, Jacob	FR	992	Danville	(86)	24:54.15	7:31.64	8:00.9	4:58.8
156 SPENCER, Lee	FR	877	Bondurant-Farrar	-	25:20.88	7:58.37	8:09.5	5:04.2
157 KIRKWOLD, Joseph	JR	1436	Pella	-	25:21.40	7:58.89	8:09.7	5:04.3
158 SCHAEFER, Kayden	SO	1696	Williamsburg	-	25:22.64	8:00.13	8:10.1	5:04.5
159 AARON, Pfadenhauer	JR	994	Danville	-	25:24.83	8:02.32	8:10.8	5:05.0
160 SINGH, Victor	FR	1620	Vinton-Shellsburg	87	25:58.14	8:35.63	8:21.5	5:11.6
161 HUSTON, Aiden	JR	1433	Pella	-	26:06.22	8:43.71	8:24.1	5:13.2
162 MICK, Rhys	SO	1622	Vinton-Shellsburg	(88)	26:10.10	8:47.59	8:25.3	5:14.0
163 BEYER, Michael	FR	921	Carlisle	-	26:21.13	8:58.62	8:28.9	5:16.2
164 GOSSELINK, Jacob	SO	1481	Pella Christian	-	26:30.67	9:08.16	8:32.0	5:18.1
165 AUSTERMAN, Zay	FR	1082	Mount Vernon-Lisb	-	26:31.12	9:08.61	8:32.1	5:18.2
166 VANWYK-JUTTING, Zackary	SO	1429	Pella	-	27:08.14	9:45.63	8:44.0	5:25.6
167 DEVANEY, Wesley	SR	1663	West Delaware Ma	(89)	27:56.47	10:33.9	8:59.6	5:35.3
168 VEENSTRA, Quinten	SO	1486	Pella Christian	-	28:17.88	10:55.3	9:06.5	5:39.6
169 STRANBERG, Ian	FR	1519	Solon	-	31:23.04	14:00.5	10:06.1	6:16.6
170 THATCHER, Aaron	SO	1426	Pella	-	33:57.65	16:35.1	10:55.8	6:47.5
171 BALL, Porter	SO	1521	Solon	-	35:58.87	18:36.3	11:34.8	7:11.8
-- MEZGER, Vince	JR	932	Carlisle	-			---	---
-- HUBER, Remington	FR	1037	HLV Victor	-			---	---
-- SCHUKNECHT, William	FR	1418	Pella	-			---	---
-- EARLES, Shane	SO	1421	Pella	-			---	---
-- VAN HAAFTEN, Malichi	SO	1428	Pella	-			---	---
-- ISUSI, Xabier	JR	1434	Pella	-			---	---
-- REMPE, Christian	SR	1444	Pella	-			---	---
-- BRUMMEL, Silas	FR	1690	Williamsburg	-			---	---
-- PHILLIPS, Carson	FR	1692	Williamsburg	-			---	---
-- CATRON, Casey	FR	802	ADM Adel	-			---	---
-- LEISTIKOW, Jack	FR	807	ADM Adel	-			---	---
-- HOBEN, Jacob	JR	820	ADM Adel	-			---	---
-- LEE, Patrick	SR	829	ADM Adel	-			---	---
-- TATE, Truitt	SR	832	ADM Adel	-			---	---
-- TIMMER, Brycen	SR	833	ADM Adel	-			---	---
-- SCHRIENER, David	FR	926	Carlisle	-			---	---
-- EIVINS, David	SR	896	Bondurant-Farrar	-			---	---
-- BIRECH, Brandon	SR	936	Carlisle	-			---	---
-- PETERS, Lucas	SO	1655	West Delaware Ma	-			---	---

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Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
-- CALEF, Jason	SO	1522	Solon	-			---	---
-- GATTS, Lochlan	JR	1529	Solon	-			---	---
-- BURG, Evan	SR	1537	Solon	-			---	---
-- MEZA, Evzen	SR	1539	Solon	-			---	---
-- MCNULTY, Elliott	FR	1085	Mount Vernon-Lisb	-			---	---
-- HOVE, Gavin	SO	1091	Mount Vernon-Lisb	-			---	---
-- NUNEMAKER, Drayden	SO	1092	Mount Vernon-Lisb	-			---	---
-- FELDMAN, Sawyer	JR	1097	Mount Vernon-Lisb	-			---	---
-- O'CONNOR, Seamus	SR	1107	Mount Vernon-Lisb	-			---	---
-- AZURE, Hepa	FR	1073	Meskwaki Settleme	-			---	---
-- DURIN, Emiliano	FR	1074	Meskwaki Settleme	-			---	---
-- FURCAP, Izik	FR	1075	Meskwaki Settleme	-			---	---
-- DAHLEN, Jonas	JR	1644	Waterloo East	-			---	---
-- OLSEEN, Bryce	JR	1597	Tipton	-			---	---
-- GROEN, Ryan	FR	1473	Pella Christian	-			---	---
-- SYTSMA, Zachary	FR	1479	Pella Christian	-			---	---
-- MEIXNER, Hudson	SO	1482	Pella Christian	-			---	---
-- PATTERSON, Nate	SR	1496	Pella Christian	-			---	---
-- OVERSTREET, Jashaun	FR	957	Clinton	-			---	---
-- PERALTA-FLORES, David	JR	968	Clinton	-			---	---
-- FEDDERSON, Jacob	SR	970	Clinton	-			---	---
-- NELSON, Tanner	FR	876	Bondurant-Farrar	-			---	---
-- ENGELBRECHT, Madox	SO	882	Bondurant-Farrar	-			---	---
-- GRIFFITH, Jonah	SO	885	Bondurant-Farrar	-			---	---