

Iowa City West Invitational HS

OFFICIAL 📅 Tue, Oct 1, 2024 📍 University of Iowa XC Course, IA US

Mens Results

5,000 Meters Varsity

Official Team Scores

1. Iowa City West	37
2. Cedar Rapids Kennedy	40
3. Muscatine	113
4. North Scott Eldridge	126
5. Davenport North	134
6. Springville	138
7. Waverly-Shell Rock	173
8. Cedar Rapids Washington	196
9. Regina Iowa City	227

1.	12	Moustafa Tia	16:11.8	Iowa City West
2.	11	Slader Buckheister	16:13.6	Cedar Rapids Kennedy
3.	12	Austin Soldwisch	16:14.1	Waverly-Shell Rock
4.	11	Adam Gray	16:19.2	Cedar Rapids Kennedy
5.	11	Lincoln McMahan	16:50.2	Cedar Rapids Kennedy
6.	10	JC Nuci	17:09.3	Davenport North
7.	9	Michael Hanna	17:14.1	Iowa City West
8.	10	Colin Wehrle	17:14.2	Iowa City West
9.	11	Jack McCarthy	17:17.5	North Scott Eldridge
10.	10	Evan Merrill	17:19.4	Iowa City West
11.	12	Maxwell Bruss	17:24.8	Iowa City West
12.	11	Talan Becker	17:25.7	Muscatine
13.	12	Sam Showers	17:25.7	Iowa City West
14.	12	Reuben Schlaak	17:26.3	Cedar Rapids Kennedy
15.	11	Nathaniel Goff	17:26.9	Cedar Rapids Kennedy
16.	9	Jake Wieler	17:28.4	Iowa City West
17.	11	Adam Wiese	17:30.0	Davenport North
18.	12	Jack Stamp	17:34.3	Springville
19.	11	Josh Skinner	17:51.0	Springville
20.	Fr	Aiden Bullock	17:54.0	Muscatine
21.	12	Yorty Hagedorn	17:56.7	North Scott Eldridge
22.	12	Colin Knudsen	18:11.6	Waverly-Shell Rock
23.	12	Joe McCleary	18:15.2	Muscatine
24.	10	Parker Hamly	18:18.0	North Scott Eldridge
25.	12	Louis Dew	18:23.5	Cedar Rapids Washington
26.	10	Noah Derrick	18:24.6	Springville

Womens Results

5,000 Meters Varsity

Official Team Scores

1. Linn-Mar Marion	21
2. Muscatine	52
3. North Scott Eldridge	60
4. Waverly-Shell Rock	134
5. Cedar Rapids Washington	137
6. Cedar Rapids Kennedy	145
7. Regina Iowa City	148

1.	10	Hailey Kozloski	19:43.6	Linn-Mar Marion
2.	9	Anna Temple	20:36.7	Linn-Mar Marion
3.	10	Addison Merritt	20:40.5	Springville
4.	9	Avery Bradley	20:49.3	Muscatine
5.	11	Whitney Estabrook	21:09.2	Muscatine
6.	12	Gabby Mauren	21:12.3	Linn-Mar Marion
7.	11	Addie Domer	21:25.7	Linn-Mar Marion
8.	9	Brynna Gander	21:32.8	Linn-Mar Marion
9.	12	Kate Blodig	21:36.7	North Scott Eldridge
10.	9	Natalie O'Flaherty	21:39.5	North Scott Eldridge
11.	11	Leah Paulson	21:40.5	Linn-Mar Marion
12.	10	Sophi Schneckloth	21:43.0	North Scott Eldridge
13.	10	Isabella Kopf	21:44.4	Muscatine
14.	10	Bella Cole	21:45.3	Linn-Mar Marion
15.	9	Emily Hopkins	21:45.5	Muscatine
16.	12	Kennadi Thiessen	21:48.8	North Scott Eldridge
17.	12	Lillian Cogdill	22:00.9	Cedar Rapids Kennedy
18.	10	Khloe Hamilton	22:10.3	North Scott Eldridge
19.	11	Haddie Levake	22:16.4	Cedar Rapids Washington
20.	10	Taryn Watson	22:17.6	Muscatine
21.	10	Kate Nelson	22:32.0	Waverly-Shell Rock
22.	12	Jailyn Kent	22:36.5	Waverly-Shell Rock
23.	11	Harper Erwin	22:39.8	Regina Iowa City
24.	12	Emma Smith	22:47.1	Waverly-Shell Rock
25.	11	Ruby Eastman	23:01.3	Regina Iowa City
26.	10	Maya Lahart	23:02.7	Cedar Rapids Washington
27.	10	Maya Lindwall	23:06.6	Cedar Rapids Washington
28.	11	Erin Arnold	23:09.3	Cedar Rapids Kennedy
29.	10	Alanna Lahart	23:12.4	Cedar Rapids Washington

27. 11 Dylon Mason	18:30.2	Muscatine	30. 11 Olivia Hallam	23:16.4	Cedar Rapids Kennedy
28. 9 Tanner Stockert	18:31.4	Cedar Rapids Kennedy	31. 12 Kaelin Carlson-Gross	23:18.3	North Scott Eldridge
29. 10 Tyler Taube	18:33.0	Springville	32. 11 Caitlyn Bell	23:20.2	Regina Iowa City
30. 12 Camden Bennett	18:37.1	Davenport North	33. 10 Emma Reif	23:27.4	North Scott Eldridge
31. 11 Nate Lukkarinen	18:40.8	Muscatine	34. 10 Emma Buchanan	23:30.6	Waverly-Shell Rock
32. 10 Kyle Brewer	18:41.5	Muscatine	35. 11 Ramsay Geater	23:34.2	Cedar Rapids Kennedy
33. 11 Evan White	18:44.9	Regina Iowa City	36. 12 Ali Brandt	23:35.2	Regina Iowa City
34. 10 Ben Clayton	18:51.6	North Scott Eldridge	37. 9 Etta Winders	23:39.2	Regina Iowa City
35. 11 Connor Diehl	18:57.0	Muscatine	38. 10 Jillian Koenig	23:45.9	Davenport North
36. 9 Ian Bitterman	19:00.8	Davenport North	39. 12 Delainey Woodman	23:49.8	Davenport North
37. 12 Lincon Dardis	19:05.1	Regina Iowa City	40. 9 Aliya Gritters	23:57.7	Waverly-Shell Rock
38. 10 Tim Regan	19:08.2	North Scott Eldridge	41. 10 Marissa Eads	24:01.2	Muscatine
39. 11 Austin Damisch	19:16.0	Cedar Rapids Washington	42. 11 Audrey Pruet	24:11.1	Cedar Rapids Kennedy
40. 11 Zach McMann	19:19.5	North Scott Eldridge	43. 10 Scarlett Dwyer	24:15.1	Cedar Rapids Washington
41. 9 Trevor Matthaide	19:20.4	North Scott Eldridge	44. 12 Sophie Stilwell	24:19.7	Cedar Rapids Washington
42. 11 Laird Hanna	19:23.0	Cedar Rapids Washington	45. 12 Abi Stejskal	24:24.4	Springville
43. 10 Hayden Reilly	19:24.2	Cedar Rapids Washington	46. 12 Kaylee Nuci	24:24.7	Davenport North
44. 11 Brendan Olney	19:31.1	Regina Iowa City	47. 10 Avery Campbell	24:24.8	Cedar Rapids Kennedy
45. 10 Sebastian Paez	19:35.9	Davenport North	48. 11 Maddy Hetrick	24:25.2	Cedar Rapids Washington
46. 12 Creston Cordes	19:39.6	Springville	49. 9 Yazmine Varela	24:27.9	Muscatine
47. 10 Owen Dew	19:40.6	Cedar Rapids Washington	50. 11 Jenna Rohne	24:52.8	Waverly-Shell Rock
48. 9 Matthew Hommowun	19:42.3	Waverly-Shell Rock	51. 10 Kaylee Fries	25:26.1	Davenport North
49. 11 Zander Christensen	19:43.3	Waverly-Shell Rock	52. 11 Ellie Johnson	25:34.9	Regina Iowa City
50. 9 Jacob Barton	19:44.1	Davenport North	53. 10 Chloe Pritchard	25:50.0	Regina Iowa City
51. 10 Oliver Gibson	19:54.4	Waverly-Shell Rock	54. 11 Emerson Blocker	26:15.3	Cedar Rapids Kennedy
52. 10 Baily Schara	19:59.6	Waverly-Shell Rock			
53. 9 Connor Sweet	20:12.5	Springville			
54. 11 Jeremy Nickodemus	20:13.9	Springville			
55. 10 Hugh Loening	20:21.7	Regina Iowa City			
56. 10 Noah Kahler	20:39.4	Waverly-Shell Rock			
57. 9 Jack McAtee	20:53.9	Cedar Rapids Washington			
58. 9 Colin Laubscher	20:58.3	Regina Iowa City			
59. 9 Lewis Foster	22:34.2	Cedar Rapids Washington			
60. 9 Landon Hoffman	22:38.2	Regina Iowa City			
61. 9 Huck Zahasky	22:47.1	Regina Iowa City			

5,000 Meters Junior Varsity

Official Team Scores

1. Iowa City West	15
2. Cedar Rapids Kennedy	50
3. Muscatine	105
4. North Scott Eldridge	109
5. Davenport North	148
6. Waverly-Shell Rock	185
7. Cedar Rapids Washington	197
8. Regina Iowa City	223

1. 12 Brice Wahe	17:41.1	Iowa City West
2. 9 Aadi Gopinath	17:43.8	Iowa City West

5,000 Meters Junior Varsity

Official Team Scores

1. Linn-Mar Marion	19
2. North Scott Eldridge	73
3. Muscatine	92
4. Waverly-Shell Rock	95
5. Cedar Rapids Washington	114
6. Cedar Rapids Kennedy	127

1. 12 Anna Buchholz	22:11.7	Linn-Mar Marion
2. 10 Grace Meier	22:19.7	Linn-Mar Marion
3. 9 Grace Hamann	23:09.4	North Scott Eldridge
4. 11 Ellie Scott	23:24.8	Linn-Mar Marion
5. 11 Chloe Kozloski	23:43.6	Linn-Mar Marion
6. 11 Natalie Nwatchock	23:50.4	North Scott Eldridge
7. 9 Kamille Blott	24:04.4	Linn-Mar Marion
8. 9 Elayna Backes	24:06.2	Linn-Mar Marion
9. 9 Brylee Rathe	24:13.3	North Scott Eldridge
10. 11 Mollie Hunzelman	24:18.5	Waverly-Shell Rock
11. 12 Kira Holler	24:22.1	Muscatine
12. 11 Ellison Pierce	24:50.5	Cedar Rapids Kennedy
13. 9 Olivia Daubs	25:05.9	Linn-Mar Marion
14. 9 Haylie Wildman	25:11.0	Linn-Mar Marion
15. 9 Sophie Berglund	25:11.0	Linn-Mar Marion

3.	12	Casandro Chan	17:46.6	Iowa City West	16.	9	Kaydence Ericson	25:20.4	Waverly-Shell Rock
4.	11	Asif Ali	17:59.5	Iowa City West	17.	12	Maria Fohrer	25:22.2	Waverly-Shell Rock
5.	11	Thomas Tong	18:11.2	Iowa City West	18.	11	Lydia Anderson	25:24.5	Muscatine
6.	11	Praneel Rastogi	18:13.0	Iowa City West	19.	9	Calli Tyler	25:29.9	Cedar Rapids Washington
7.	10	Lars Pressler	18:14.4	Iowa City West	20.	10	Alena Jensen	25:30.4	Cedar Rapids Washington
8.	12	Brady Olson	18:15.4	Iowa City West	21.	11	Annabelle Ovel	25:48.5	Cedar Rapids Kennedy
9.	9	Ahmed Elbeshti	18:24.6	Iowa City West	22.	9	Mia Martinez	25:51.5	Muscatine
10.	9	Cael Dunham	18:30.3	Iowa City West	23.	10	Frances Roland	25:58.1	Cedar Rapids Washington
11.	10	Arefat Ali	18:31.4	Cedar Rapids Kennedy	24.	11	Amelia Fangman	26:01.1	Muscatine
12.	10	Maddox Pitcher	18:36.8	Cedar Rapids Kennedy	25.	9	Gisselle Rubio	26:01.2	Muscatine
13.	11	Ryker Scheckel	18:40.6	Cedar Rapids Kennedy	26.	12	Jenna Steenblock	26:10.4	Cedar Rapids Kennedy
14.	10	Neil Cogdill	18:41.2	Cedar Rapids Kennedy	27.	12	Madisyn Yarham	26:16.2	North Scott Eldridge
15.	10	Oluwadara Olaleye	18:50.1	Iowa City West	28.	11	Sarah Novak	26:48.8	Cedar Rapids Washington
16.	9	Finn Hallam	18:56.5	Cedar Rapids Kennedy	29.	10	Veronica Uy	27:14.9	Davenport North
17.	12	Kai Merrill	18:57.4	Iowa City West	30.	9	Adeline Smith	27:16.9	Regina Iowa City
18.	11	Jack Eastvold	18:58.2	Iowa City West	31.	10	Amri Schwartz	27:32.0	Waverly-Shell Rock
19.	9	Leo Jordan	18:59.1	Iowa City West	32.	11	Shyanne Lemmon	27:42.1	Muscatine
20.	11	Ethan White	19:00.1	Cedar Rapids Kennedy	33.	12	Katie Christenson	27:43.9	Linn-Mar Marion
21.	12	David Waweru	19:09.4	Cedar Rapids Kennedy	34.	12	Ella Hansel	27:48.6	Waverly-Shell Rock
22.	9	Mason Ringdahl	19:11.0	Davenport North	35.	10	Isabella Suarez	27:49.0	North Scott Eldridge
23.	10	Henry Lawler	19:14.0	Iowa City West	36.	12	Addie Brooks	27:55.4	Linn-Mar Marion
24.	11	Canton Welsch	19:14.8	Muscatine	37.	9	Vasudha Sakolkar	28:00.6	Linn-Mar Marion
25.	10	Zach Bruzek	19:16.3	Iowa City West	38.	12	Lindi Stevens	28:23.9	Waverly-Shell Rock
26.	9	Xander Moss	19:17.9	Iowa City West	39.	12	Mya Koppes	28:27.8	Linn-Mar Marion
27.	12	Drew Kurriger	19:20.4	Muscatine	40.	12	Katelyn Orr	28:31.7	Linn-Mar Marion
28.	12	Zachary Ispentchian	19:24.2	Cedar Rapids Kennedy	41.	12	Alex Cherry	28:40.5	Cedar Rapids Washington
29.	10	Keegan Ayers	19:26.8	North Scott Eldridge	42.	11	Emma Anhalt	28:51.2	Waverly-Shell Rock
30.	9	Liam Jones	19:28.2	Cedar Rapids Kennedy	43.	11	Addy McDermott	29:02.8	Linn-Mar Marion
31.	9	Jackson Hughes	19:29.5	Iowa City West	44.	12	Melia Pursley	29:06.6	Regina Iowa City
32.	12	Eli Maze	19:43.0	Iowa City West	45.	9	Laina Wheeler	29:08.8	Muscatine
33.	9	Gavyn Burton	19:45.4	Muscatine	46.	10	Raina Holmes	29:12.0	Cedar Rapids Kennedy
34.	9	Santi Diaz	19:45.7	Muscatine	47.	9	Annabelle Hesselting	29:14.1	Muscatine
35.	9	Jude Wilkinson	19:47.8	Cedar Rapids Kennedy	48.	12	Alexis Rahlf	29:26.6	Muscatine
36.	11	Siddharth Venkatesan	19:49.1	Iowa City West	49.	10	Katelyn Peck	29:40.6	North Scott Eldridge
37.	10	Drew Benson	19:50.0	Iowa City West	50.	9	Sadie Feit	29:49.3	Cedar Rapids Kennedy
38.	9	Kevin Primrose	19:50.9	Cedar Rapids Kennedy	51.	10	Emme Jerome	30:03.2	Waverly-Shell Rock
39.	10	Zak King	19:55.2	Springville	52.	9	Olive Budde	30:14.9	North Scott Eldridge
40.	9	Adam Lee	19:55.7	Iowa City West	53.	11	Julia Bruns	30:29.4	Cedar Rapids Kennedy
41.	12	Tanner Wilson	19:56.9	Cedar Rapids Kennedy	54.	11	Ryan Chittenden	30:47.2	Cedar Rapids Kennedy
42.	12	Matthew Simmons	19:58.1	North Scott Eldridge	55.	10	Haylie Ayala	33:13.6	Cedar Rapids Kennedy
43.	9	Connor Wagner	20:06.7	Iowa City West	56.	12	Isabella Griffin	33:15.2	Cedar Rapids Kennedy
44.	11	Henry Rieck	20:13.0	North Scott Eldridge	57.	11	Stephanie Clark	33:31.4	Cedar Rapids Kennedy
45.	10	Nate Holst	20:14.1	North Scott Eldridge	58.	11	Lauren Hesselting	34:25.1	Muscatine
46.	11	Lucas Geerts	20:20.7	Waverly-Shell Rock	59.	12	Maysa Hamilton	37:53.0	Cedar Rapids Washington
47.	12	Gustavo Perez-Espina	20:20.8	North Scott Eldridge	60.	12	Cassidy Buck	42:00.0	Davenport North
48.	9	Alexander Simmons	20:23.1	North Scott Eldridge					
49.	9	Alexander Gibson	20:27.6	Iowa City West					
50.	11	Ethan Lee	20:38.7	Iowa City West					
51.	11	Max Schebel	20:41.6	Iowa City West					
52.	12	Nick Tronnes	20:42.8	Davenport North					
53.	11	Wouter Reuling	20:43.2	Waverly-Shell Rock					
54.	9	Eli Benson	20:43.8	Iowa City West					
55.	9	Hudson Mulford	20:48.6	Iowa City West					
56.	12	Oliver Olsen	20:49.6	North Scott Eldridge					
57.	11	Grant Pattridge	20:52.8	Cedar Rapids Kennedy					
58.	10	Greyson Mesch	20:58.8	Cedar Rapids Kennedy					
59.	9	Parker Sharon	21:02.9	Cedar Rapids Kennedy					
60.	9	Abdulrahim Budr	21:04.0	Iowa City West					
61.	9	Konnon Chen	21:04.2	Iowa City West					

62.	10	Harper Beck	21:07.6	Cedar Rapids Kennedy
63.	9	Wyatt Kaeding	21:10.3	Regina Iowa City
64.	10	MacBain Stephens	21:20.4	Iowa City West
65.	10	Jacob Beneke	21:22.2	Iowa City West
66.	9	Colin Greenlee	21:24.1	Iowa City West
67.	10	Ivan Akolly	21:25.1	Davenport North
68.	Jr	Landon Conn	21:25.6	Springville
69.	11	Henry Appleby-Sparrow	21:27.5	Cedar Rapids Washington
70.	12	Kayvion Hodges	21:27.9	Muscatine
71.	9	Nathan Canada	21:32.3	Muscatine
72.	11	Brady Corley	21:36.9	Waverly-Shell Rock
73.	10	Maddox Warren	21:37.2	Muscatine
74.	11	Henry Timmer Hackert	21:42.3	Iowa City West
75.	10	Donovan Rubenacker-Howa...	21:42.7	Davenport North
76.	10	Ben Donald	21:46.5	Iowa City West
77.	11	Logan Bailey	21:48.6	Muscatine
78.	9	Liam Welte	21:48.9	Davenport North
79.	11	Noah Van Meter	21:51.0	Cedar Rapids Washington
80.	12	Richard Yang	21:55.3	Iowa City West
81.	9	Leo Chan	22:03.7	Iowa City West
82.	11	Koen Krambeck	22:06.8	North Scott Eldridge
83.	10	Caleb Abdo	22:10.5	Iowa City West
84.	10	Nick Larson	22:26.0	Regina Iowa City
85.	9	Max Martin	22:26.6	Iowa City West
86.	10	Henri Mitchell	22:33.5	Cedar Rapids Washington
87.	10	Joel Kolder	22:34.9	Cedar Rapids Washington
88.	9	Marshall Mess	22:39.8	North Scott Eldridge
89.	9	August Merschbrock	22:42.3	Cedar Rapids Washington
90.	10	Jackson Havercamp	22:42.8	North Scott Eldridge
91.	10	Jayden Otis	22:48.0	Iowa City West
92.	9	Henry Gottschalk	22:51.4	Cedar Rapids Kennedy
93.	11	Caden Messenger	22:51.9	Cedar Rapids Washington
94.	12	Trey Fleming	22:54.0	Muscatine
95.	12	Grant Porter	22:55.7	North Scott Eldridge
96.	9	Max Vannorsdel	22:56.3	North Scott Eldridge
97.	9	Luke Wiese	23:02.8	Davenport North
98.	10	Nicholas Reisinger	23:05.2	Cedar Rapids Washington
99.	10	Oscar Christensen	23:06.4	Iowa City West
100.	10	Jorge Azuela	23:07.7	North Scott Eldridge
101.	9	Mason Deur	23:10.1	Waverly-Shell Rock
102.	10	Dexter Adamson	23:14.8	Davenport North
103.	11	Jackson Kopecky	23:16.0	Regina Iowa City
104.	9	Jasper Mitchell	23:16.2	Cedar Rapids Washington
105.	11	Conall Smith	23:16.9	Regina Iowa City
106.	9	Timmy Zachar	23:23.0	Cedar Rapids Kennedy
107.	10	Joseph Kahiku	23:28.5	Cedar Rapids Washington
108.	9	Joeseph Wimmer	23:31.1	Muscatine
109.	12	Nick Allen	23:31.8	Waverly-Shell Rock
110.	10	Charlie Peterson	23:39.9	North Scott Eldridge
111.	11	Owen Mclaughlin	23:43.6	Cedar Rapids Kennedy
112.	9	Ian Fessler	23:44.1	Cedar Rapids Kennedy
113.	10	Maddux Meukirch	23:56.7	Iowa City West
114.	10	Korbin Bouska	23:58.3	Waverly-Shell Rock
115.	10	Jack Sun	24:00.2	Iowa City West
116.	9	Chad Simpson	24:17.6	Cedar Rapids Kennedy
117.	9	Jackson Damisch	24:40.6	Cedar Rapids Washington
118.	12	Aidan Price	24:48.7	Davenport North
119.	9	Gustav DeVries	24:58.5	Waverly-Shell Rock
120.	9	Liam Pins	25:16.7	Cedar Rapids Washington

121. 12 Corbin Blubaugh	25:16.9 Davenport North
122. 12 Eli Whitaker	25:43.2 Regina Iowa City
123. 10 Cayden Fries	25:59.7 Davenport North
124. 10 Dayne Kulland	26:04.4 Muscatine
125. 12 Owen Powell	26:29.8 North Scott Eldridge
126. 9 Cameron Backen	26:31.5 Cedar Rapids Kennedy
127. 12 Vincent Nyguen	28:16.9 Iowa City West
128. 10 Caedyn Konecny	30:06.2 North Scott Eldridge
129. 12 Jack Pedron	44:34.0 Cedar Rapids Washington