

**Race #2**  
**Boys 5000M**
**FINAL RESULTS**
**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread	Division
1 Lake Mills	32	2-5-6-7-12(22)(24)	1:26:03	17:13	1:50.5	
2 Grundy Center	45	1-3-9-11-21(31)(60)	1:28:06	17:38	3:00.9	
3 Central Springs	144	14-17-20-46-47(55)(57)	1:36:52	19:23	2:09.4	
4 Nashua-Plainfield	151*	15-26-33-38-39(40)(44)	1:39:01	19:49	1:55.0	
5 Newman Catholic Mason City	151*	13-27-28-35-48(50)(58)	1:39:05	19:49	2:18.3	
6 West Fork Sheffield	159	23-29-34-36-37(41)(54)	1:40:10	20:02	0:54.1	
7 North Iowa Buffalo Center	161	4-18-25-53-61	1:37:57	19:36	4:55.4	
8 South Winneshiek	166	10-16-43-45-52(62)(67)	1:38:16	19:40	2:46.1	
9 Kee Lansing	203	8-30-49-51-65(70)	1:40:49	20:10	4:53.1	
10 West Hancock Britt	218	19-32-42-59-66(69)	1:43:15	20:39	3:35.0	
11 Janesville	322	56-63-64-68-71	1:57:16	23:28	7:50.5	

**\*Tiebreakers**

Nashua-Plainfield	15	26	33	38	39	40	44
Newman Catholic Mason City	13	27	28	35	48	50	58

**INDIVIDUAL RESULTS**

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
1 Emerson Vokes I	SO	7438	Grundy Center	1	16:13.2	---	5:12.9
2 Justin Rygh I	SR	7462	Lake Mills	2	16:24.8	11.6	5:16.7
3 Kaden Lynch I	SR	7435	Grundy Center	3	16:34.2	21.0	5:19.7
4 Gavin Grunhovid I	JR	7501	North Iowa Buffalo Center	4	16:55.2	42.0	5:26.4
5 Knute Rogne I	SO	7461	Lake Mills	5	17:02.7	49.5	5:28.8

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>
6 Kade Van Roekel I	JR	7465	Lake Mills	6	17:03.5	50.3	5:29.1
7 Hayden Thompson I	SO	7464	Lake Mills	7	17:16.5	1:03.3	5:33.3
8 Justin Wagner I	SO	7456	Kee Lansing	8	17:18.1	1:04.9	5:33.8
9 Tyler Venenga I	SR	7437	Grundy Center	9	17:52.2	1:39.0	5:44.8
10 Abe Conway I	SR	7532	South Winneshiek	10	18:01.9	1:48.7	5:47.9
11 Brayden Davie T	SO	7433	Grundy Center	11	18:12.5	1:59.3	5:51.3
12 Stephen Brandenburg T	SO	7459	Lake Mills	12	18:15.3	2:02.1	5:52.2
13 Adam Henrich	JR	7489	Newman Catholic Mason City	13	18:16.4	2:03.2	5:52.5
14 Gavin Ryner	JR	7415	Central Springs	14	18:23.6	2:10.4	5:54.8
15 Jase Hansen	SO	7473	Nashua-Plainfield	15	18:24.7	2:11.5	5:55.2
16 Brad Dahl	SO	7533	South Winneshiek	16	18:25.5	2:12.3	5:55.4
17 Carter Lanphere	SR	7413	Central Springs	17	18:29.1	2:15.9	5:56.6
18 Jackson Potter	JR	7504	North Iowa Buffalo Center	18	18:41.7	2:28.5	6:00.7
19 Cody Hart	SO	7519	Riceville	--	18:49.7	2:36.5	6:03.2
20 Isaiah Collins	SO	7564	West Hancock Britt	19	18:51.2	2:38.0	6:03.7
21 Liam Stockberger	SR	7416	Central Springs	20	18:54.2	2:41.0	6:04.7
22 Russell Nieman	SR	7550	Turkey Valley Jackson Junction	--	18:54.8	2:41.6	6:04.9
23 Sullivan Dirks T	SR	7434	Grundy Center	21	19:14.1	3:00.9	6:11.1
24 Caleb Skogen T	FR	7463	Lake Mills	22	19:20.2	3:07.0	6:13.0
25 Levi Ruckdashel	SR	7556	West Fork Sheffield	23	19:23.7	3:10.5	6:14.2
26 Joseph Charlson T	FR	7460	Lake Mills	24	19:27.7	3:14.5	6:15.5
27 Isaac Hillesland	SR	7503	North Iowa Buffalo Center	25	19:37.1	3:23.9	6:18.5
28 Caleb Sinnwell	JR	7478	Nashua-Plainfield	26	19:46.0	3:31.8	6:21.3
29 Bode Balk	SR	7548	Turkey Valley Jackson Junction	--	19:46.3	3:33.1	6:21.4
30 Dan Spooner	SO	7493	Newman Catholic Mason City	27	19:59.0	3:44.8	6:25.5
31 Noah O'Connell	JR	7490	Newman Catholic Mason City	28	20:01.2	3:48.0	6:26.2
32 Ashyr Wiseman	JR	7559	West Fork Sheffield	29	20:01.4	3:48.2	6:26.3
33 Brendan Jones	JR	7452	Kee Lansing	30	20:05.1	3:51.9	6:27.5
34 Brayden Wallis T	JR	7439	Grundy Center	31	20:05.9	3:52.7	6:27.7
35 Riley Gauden	FR	7568	West Hancock Britt	32	20:09.7	3:56.5	6:28.9

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36 Avery Mueller	SO	7476	Nashua-Plainfield	33	20:11.1	3:57.9	6:29.4
37 Aaron Ihrke	SO	7554	West Fork Sheffield	34	20:12.7	3:59.5	6:29.9
38 Josh Hanson	SR	7488	Newman Catholic Mason City	35	20:13.2	4:00.0	6:30.1
39 Edison Maske	SR	7555	West Fork Sheffield	36	20:14.6	4:01.4	6:30.5
40 Owen Wedmore	FR	7558	West Fork Sheffield	37	20:17.7	4:04.5	6:31.5
41 Jake Smith	SO	7479	Nashua-Plainfield	38	20:19.0	4:04.8	6:31.9
42 Luke Paplow	JR	7477	Nashua-Plainfield	39	20:19.7	4:06.5	6:32.2
43 Caleb Lentz	SR	7474	Nashua-Plainfield	40	20:22.8	4:09.6	6:33.2
44 Jack Ward	SR	7557	West Fork Sheffield	41	20:26.4	4:13.2	6:34.3
45 Kaden VanEpps	SO	7569	West Hancock Britt	42	20:27.4	4:14.2	6:34.7
46 Zach Heiken	SO	7513	Northwood-Kensett	--	20:27.9	4:14.7	6:34.8
47 Lukas Weiss	JR	7538	South Winneshiek	43	20:29.2	4:16.0	6:35.2
48 Callahan Levi	JR	7475	Nashua-Plainfield	44	20:30.5	4:17.3	6:35.7
49 Bo Wangsness	SR	7537	South Winneshiek	45	20:30.6	4:17.4	6:35.7
50 Owen Wetter	SR	7417	Central Springs	46	20:31.8	4:18.6	6:36.1
51 Jack Pruin	JR	7414	Central Springs	47	20:32.9	4:19.7	6:36.4
52 Ben Schutt	JR	7492	Newman Catholic Mason City	48	20:34.7	4:21.5	6:37.0
53 Abram Clark	FR	7525	Saint Ansgar	--	20:34.9	4:21.7	6:37.0
54 Carter Verthein	SO	7454	Kee Lansing	49	20:35.8	4:22.6	6:37.4
55 Tyler Petree	SO	7491	Newman Catholic Mason City	50	20:36.7	4:23.5	6:37.6
56 Isaiah Wagner	SO	7455	Kee Lansing	51	20:38.3	4:25.1	6:38.1
57 Howie Clark	SR	7426	Clarksville	--	20:44.7	4:31.5	6:40.2
58 Avery Franzen	FR	7549	Turkey Valley Jackson Junction	--	20:46.8	4:33.6	6:40.9
59 Brennan Franzen	JR	7535	South Winneshiek	52	20:48.0	4:33.8	6:41.3
60 Jasper Wirth	FR	7505	North Iowa Buffalo Center	53	20:52.6	4:39.4	6:42.7
61 Trevor Despenas	JR	7553	West Fork Sheffield	54	21:05.0	4:50.8	6:46.8
62 Blake Barker	SR	7412	Central Springs	55	21:06.4	4:53.2	6:47.2
63 Seth Gregorsok	FR	7447	Janesville	56	21:13.2	5:00.0	6:49.4
64 Cooper Wymore	JR	7418	Central Springs	57	21:14.7	5:01.5	6:49.9
65 Elias Carlsson	SO	7487	Newman Catholic Mason City	58	21:17.6	5:04.4	6:50.8

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66 Carson Fox	FR	7567	West Hancock Britt	59	21:20.2	5:07.0	6:51.6
67 Dalton Oltman T	FR	7436	Grundy Center	60	21:29.5	5:16.3	6:54.6
68 Breven Biermann	SR	7546	Tripoli	--	21:49.6	5:36.4	7:01.1
69 Noah Hanson	JR	7502	North Iowa Buffalo Center	61	21:50.5	5:37.3	7:01.4
70 Lucan Knutson	JR	7526	Saint Ansgar	--	21:51.8	5:38.6	7:01.8
71 Diego Flores	SO	7534	South Winneshiek	62	21:52.4	5:39.2	7:02.0
72 Jason Westendorf	FR	7451	Janesville	63	21:58.1	5:44.9	7:03.8
73 Ethan Hjelmeland	SR	7448	Janesville	64	22:05.0	5:50.8	7:06.0
74 Kaiden Weber	FR	7457	Kee Lansing	65	22:11.2	5:58.0	7:08.0
75 Cameron Fox	FR	7566	West Hancock Britt	66	22:26.1	6:12.9	7:12.8
76 Eli Higgins	SO	7536	South Winneshiek	67	22:38.8	6:25.6	7:16.9
77 Brian Nunez	JR	7527	Saint Ansgar	--	22:43.0	6:28.8	7:18.2
78 Elijah Dwine	SO	7518	Riceville	--	22:51.0	6:36.8	7:20.8
79 Alex Oltmann	SR	7450	Janesville	68	22:55.7	6:42.5	7:22.3
80 Trey Stevens	FR	7522	Rockford	--	23:10.6	6:57.4	7:27.1
81 Wyatt Eekhoff	FR	7565	West Hancock Britt	69	25:08.1	8:54.9	8:04.9
82 Danel Jones	FR	7453	Kee Lansing	70	25:19.9	9:06.7	8:08.7
83 Eric Labuschagne	SR	7547	Tripoli	--	28:40.2	12:27.0	9:13.1
84 Aidan Little	FR	7449	Janesville	71	29:03.6	12:50.4	9:20.6
85 Ronan Penfold	FR	7514	Northwood-Kensett	--	31:16.2	15:03.0	10:03.3