

Heelan XC Invite 2023  
 Bishop Heelan High School Hosts - 8/25/2023  
 Riverside Park (Sioux City, Iowa)

Event 2 Girls 2.1 Mile Run CC Varsity/JV

=====

Name	Year School	Finals	Points
------	-------------	--------	--------

=====

Varsity Results 2.1 Mile Run

1 #168 Hanna Johnson	10 V-Sioux City North	13:53.22	1
2 #222 Rachel Putze	10 V-Woodbury Cent-KP	14:16.62	
3 #128 Brooklyn Stanley	12 V-Bishop Heelan	14:23.38	2
4 #125 Maddie Demke	12 V-Bishop Heelan	14:35.90	3
5 #129 Scarlett Walsh	12 V-Bishop Heelan	14:40.00	4
6 #192 Brooklyn Heineman	12 V-South Sioux City	14:44.31	
7 #123 Addison Bertrand	10 V-Bishop Heelan	14:55.04	5
8 #124 Reese Bleeker	10 V-Bishop Heelan	14:56.20	6
9 #127 Grace Roerig	10 V-Bishop Heelan	14:57.29	7
10 #194 Jacqueline Salgado	11 V-South Sioux City	15:00.83	
11 #155 Emma Scott	10 V-Sioux City East	15:13.38	8
12 #157 Jordyn Wilson	10 V-Sioux City East	15:32.04	9
13 #138 Bjella Bockenstedt	10 V-Sgt Bluff Luto	15:33.98	10
14 #179 Hansen Bailee	09 V-Sioux City West	15:35.39	11
15 #126 Naomi Kieffer	11 V-Bishop Heelan	15:43.17	12
16 #170 Joslyn Vogt	10 V-Sioux City North	15:51.66	13
17 #140 Lexi Larrabee	09 V-Sgt Bluff Luto	15:54.07	14
18 #153 Jacyi Lockamy	10 V-Sioux City East	16:05.56	15
19 #139 Ella Focht	12 V-Sgt Bluff Luto	16:23.33	16
20 #141 Taylor Prosser	12 V-Sgt Bluff Luto	16:29.60	17
21 #219 Addyson Cameron	09 V-Woodbury Cent-KP	16:30.93	
22 #169 Kaylee Olson	12 V-Sioux City North	16:33.16	18
23 #151 Emma Hogan	11 V-Sioux City East	16:41.52	19
24 #193 Melanie Magana Pere	10 V-South Sioux City	16:42.51	
25 #156 Khloee Weitzel	10 V-Sioux City East	16:45.33	20
26 #142 Emma Saylor	11 V-Sgt Bluff Luto	16:50.54	21
27 #167 Abby Hall	11 V-Sioux City North	17:00.67	22
28 #183 Lilly Whiteshirt	11 V-Sioux City West	17:07.63	23
29 #152 Lilin Kamm	10 V-Sioux City East	17:26.75	24
30 #220 CJ Hannah	11 V-Woodbury Cent-KP	17:41.76	
31 #181 Alondra Prieto	11 V-Sioux City West	17:46.90	25
32 #166 Maria Gutierrez	10 V-Sioux City North	17:55.70	26
33 #154 Victoria Lopez-Agui	09 V-Sioux City East	17:56.52	27
34 #143 Kamryn Tooley	12 V-Sgt Bluff Luto	17:59.36	28
35 #137 Elizabeth Barto	12 V-Sgt Bluff Luto	18:02.11	29
36 #165 Callie Brodersen	12 V-Sioux City North	18:18.44	30
37 #171 Lily Wilford	11 V-Sioux City North	20:48.78	31
38 #221 Brianna Lux	11 V-Woodbury Cent-KP	21:01.46	
39 #180 Jade Fonseca	12 V-Sioux City West	22:06.38	32
40 #182 Dayrin Suarez	10 V-Sioux City West	23:24.53	33

Junior Varsity Result 2.1 Mile Run

1 #3 Ashleigh Jochum	10 Bishop Heelan	15:21.06	1
2 #64 Khloe Eliesa	09 Sioux City North	17:02.04	2
3 #1 Allison Barber	11 Bishop Heelan	17:04.77	3
4 #5 Ashlie Rehal	09 Bishop Heelan	17:17.15	4
5 #62 Katelyn Cook	10 Sioux City North	17:36.31	5
6 #65 Claire Gann	09 Sioux City North	17:52.19	6
7 #73 Marcella Palmer	10 Sioux City North	17:57.45	7
8 #100 Esther Reynolds	09 Siouxland Christian	18:02.09	8
9 #31 Maddie Tisher	09 Sgt. Bluff-Luton	18:10.50	9
10 #4 Anna Otten	11 Bishop Heelan	18:18.63	10
11 #22 Bella Johnson	12 Sgt. Bluff-Luton	18:20.45	11
12 #2 Brenna Emerson	11 Bishop Heelan	18:38.90	12
13 #29 Sadee Streck	11 Sgt. Bluff-Luton	18:50.20	13
14 #97 Taya Eisenga	10 Siouxland Christian	18:51.45	14
15 #74 Lyndon Soldati	09 Sioux City North	19:19.76	15
16 #106 Ngan Le	10 South Sioux City	19:22.52	
17 #19 Kendra Berglund	11 Sgt. Bluff-Luton	19:26.62	16
18 #63 Adelynn Elgert	11 Sioux City North	19:31.99	17



Heelan XC Invite 2023  
 Bishop Heelan High School Hosts - 8/25/2023  
 Riverside Park (Sioux City, Iowa)

Event 3 Boys 2.1 Mile Run Run CC Varsity/JV

=====

Name	Year School	Finals	Points
------	-------------	--------	--------

=====

Varsity Results 2.1 Mile Run

1	#174 Natnael Kifle	12 V-Sioux City North	10:37.22	1
2	#198 Ivan Morelos	12 V-South Sioux City	11:35.02	2
3	#197 Sadam Mohammed	12 V-South Sioux City	11:39.60	3
4	#177 Connor Schultz	11 V-Sioux City North	11:42.83	4
5	#176 Abubekar Kumbi	12 V-Sioux City North	11:58.84	5
6	#196 Diego Balderas Pere	09 V-South Sioux City	12:13.85	6
7	#175 Steven Kling	12 V-Sioux City North	12:14.33	7
8	#144 Daniel Delarosa	10 V-Sgt Bluff Luto	12:19.71	8
9	#146 Braulio Gonzalez	11 V-Sgt Bluff Luto	12:20.09	9
10	#200 Nathan Robles	10 V-South Sioux City	12:21.12	10
11	#163 Maciah Shultz	11 V-Sioux City East	12:22.98	11
12	#149 Kasey McGregor	11 V-Sgt Bluff Luto	12:28.09	12
13	#161 Asher Morley	11 V-Sioux City East	12:28.71	13
14	#150 Michael Wieseler	12 V-Sgt Bluff Luto	12:34.27	14
15	#178 Even Tesfaselassie	10 V-Sioux City North	12:35.34	15
16	#148 Ayden Larrabee	10 V-Sgt Bluff Luto	12:40.05	16
17	#158 Luke Cambell	12 V-Sioux City East	12:46.03	17
18	#164 Kris Zellner	09 V-Sioux City East	12:48.62	18
19	#199 Melusi Ngeleka	11 V-South Sioux City	12:49.97	19
20	#173 Matthew Hawkinson	12 V-Sioux City North	12:59.99	20
21	#130 Alex Amaro	09 V-Bishop Heelan	13:06.92	21
22	#226 Devin Metcalf	10 V-Woodbury Cent-KP	13:13.38	22
23	#131 Elias Flanery	12 V-Bishop Heelan	13:16.37	23
24	#134 Andres Gonzalez	11 V-Bishop Heelan	13:20.81	24
25	#147 Owen Konopasek	11 V-Sgt Bluff Luto	13:27.36	25
26	#136 Ben Walsh	10 V-Bishop Heelan	13:42.84	26
27	#145 David Gehling	12 V-Sgt Bluff Luto	13:52.04	27
28	#160 Kaden Koepke	10 V-Sioux City East	13:57.54	28
29	#159 Dylan Chwirka	10 V-Sioux City East	14:01.10	29
30	#172 Adam Embrock	12 V-Sioux City North	14:10.02	30
31	#205 Troy Dekkers	10 V-West Sioux	14:24.94	
32	#135 Anthony Villatoro S	12 V-Bishop Heelan	14:27.49	31
33	#185 Ryker Callender	12 V-Sioux City West	14:30.77	32
34	#162 Rigoberto Ramos	09 V-Sioux City East	14:38.04	33
35	#187 Henry Fischer	09 V-Sioux City West	14:43.24	34
36	#225 Ethan Jessen	09 V-Woodbury Cent-KP	14:49.71	35
37	#189 Eric Munoz	12 V-Sioux City West	14:56.20	36
38	#132 Sebastian Flores	12 V-Bishop Heelan	14:58.90	37
39	#223 Boston Baker	10 V-Woodbury Cent-KP	15:55.49	38
40	#206 Anthony Hansen	10 V-West Sioux	15:59.88	
41	#224 Alex Crow	10 V-Woodbury Cent-KP	16:06.94	39
42	#191 Joseph Wilson	10 V-Sioux City West	16:33.67	40
43	#188 Conner McKewon	12 V-Sioux City West	16:46.90	41
44	#186 Gabe Enszer	11 V-Sioux City West	16:47.13	42
45	#228 Drake Susie	09 V-Woodbury Cent-KP	16:50.10	43
46	#207 Morgan Thonstad	12 V-West Sioux	17:11.49	
47	#229 Kaedyn Willis	10 V-Woodbury Cent-KP	17:14.41	44
48	#227 Noah O'Mara	12 V-Woodbury Cent-KP	17:44.02	45

Junior Varsity Results 2.1 Mile Run

1	#119 Melchisedek Munzabi	10 South Sioux City	12:47.50	1
2	#51 Alejandro Vargas-Ga	11 Sgt. Bluff-Luton	13:00.59	2
3	#79 Ben Hames	10 Sioux City North	13:01.89	3
4	#92 Kourtlyn Whitney	10 Sioux City North	13:08.66	4

5	#122	Nabiil Yussuf	09	South Sioux City	13:11.05	5
6	#117	Luke McGinty	10	South Sioux City	13:12.51	6
7	#116	Leandro Magana	10	South Sioux City	13:13.42	7
8	#41	Andrew Lincoln	09	Sgt. Bluff-Luton	13:15.50	8
9	#34	Carter Eldridge	12	Sgt. Bluff-Luton	13:15.53	9
10	#85	Andrew Kling	09	Sioux City North	13:16.83	10
11	#101	Sammy Duerloo	12	Siouxland Christian	13:20.88	
12	#39	Baylen Kueffer	09	Sgt. Bluff-Luton	13:28.63	11
13	#75	Luis Barrios	12	Sioux City North	13:44.72	12
14	#48	Kellen Sweum	12	Sgt. Bluff-Luton	13:57.18	13
15	#49	Kyler Tendal	09	Sgt. Bluff-Luton	14:00.99	14
16	#89	Winston Palmer	09	Sioux City North	14:03.89	15
17	#80	Gavin Haroldson	11	Sioux City North	14:16.23	16
18	#113	Pablo Gomez	10	South Sioux City	14:22.11	17
19	#50	Dalton VanWyhe	12	Sgt. Bluff-Luton	14:33.57	18
20	#13	Austin Larsen	11	Bishop Heelan	14:33.74	19
21	#53	Jamariuse Ford	10	Sioux City East	14:37.38	20
22	#118	Jared Munoz	11	South Sioux City	14:37.60	21
23	#93	Logan Woolworth	11	Sioux City North	14:38.08	22
24	#78	Ethan Cook	12	Sioux City North	14:38.89	
25	#57	Jesse Pedroza	09	Sioux City East	14:42.69	23
26	#84	Edward Kellogg	09	Sioux City North	14:49.92	
27	#45	Ed Ortiz	12	Sgt. Bluff-Luton	14:53.47	
28	#11	Cahill Kirkpatrick	12	Bishop Heelan	14:55.06	24
29	#54	Emmett Johnson	09	Sioux City East	14:57.44	25
30	#104	Erik Koehler	09	Siouxland Christian	15:03.87	
31	#9	Xavier Guerrero	09	Bishop Heelan	15:04.13	26
32	#108	Oscar Aldana	10	South Sioux City	15:04.24	27
33	#7	Ethan Barber	10	Bishop Heelan	15:08.73	28
34	#109	Bryan Bartolo Lopez	09	South Sioux City	15:14.60	
35	#33	Jayce Curry	10	Sgt. Bluff-Luton	15:16.63	
36	#114	Ulices Hernandez	10	South Sioux City	15:23.20	
37	#87	Layne Munson	09	Sioux City North	15:25.55	
38	#12	Conan Kirkpatrick	11	Bishop Heelan	15:25.87	29
39	#52	Noah Dandurand	11	Sioux City East	15:26.16	30
40	#44	Tyler Mullenix	09	Sgt. Bluff-Luton	15:27.51	
41	#10	Jack Jensen	12	Bishop Heelan	15:28.11	31
42	#56	Ian Millard	09	Sioux City East	15:30.18	32
43	#17	Jacob Welch	11	Bishop Heelan	15:31.24	33
44	#32	Vincent Beyer	12	Sgt. Bluff-Luton	15:32.84	
45	#82	Carver Hoekstra	09	Sioux City North	15:35.90	
46	#47	Ethan Skogland	12	Sgt. Bluff-Luton	15:41.88	
47	#232	Cameron Colbert	10	Woodbury Cent-KP	15:45.23	
48	#115	Gavin Joy	09	South Sioux City	15:45.52	
49	#90	Ethan Pham	11	Sioux City North	15:47.31	
50	#86	Evan Lorenzen	10	Sioux City North	15:53.49	
51	#36	Cam Keokenchanh	12	Sgt. Bluff-Luton	15:57.03	
52	#111	Javier Delgadillo	11	South Sioux City	15:59.45	
53	#121	Diego Villacencio C	12	South Sioux City	16:03.77	
54	#112	Ariel Garcia	11	South Sioux City	16:22.41	
55	#55	Costa Kosiba	09	Sioux City East	16:34.90	34
56	#16	Tony Sanchez	10	Bishop Heelan	16:43.46	
57	#8	James Donovan	11	Bishop Heelan	16:50.00	
58	#37	Isaac Keokenchanh	09	Sgt. Bluff-Luton	16:59.10	
59	#110	Nathan Bouvilom	12	South Sioux City	16:59.83	
60	#15	Blake Riker	11	Bishop Heelan	17:03.62	
61	#14	David Mendoza	11	Bishop Heelan	17:09.19	
62	#88	Benji Nimaja	11	Sioux City North	17:38.47	
63	#91	Even (Tori) Swagger	10	Sioux City North	17:45.66	
64	#83	Kyle Kann	09	Sioux City North	17:49.20	
65	#40	John Lewis	10	Sgt. Bluff-Luton	18:02.20	
66	#76	Beckett Beller	09	Sioux City North	18:36.49	
67	#38	Josh Kloostra	09	Sgt. Bluff-Luton	20:03.26	

