

Shenandoah Invitational 2023 - 9/28/2023**Shenandoah High School****Rankings****Event 1 Girls 5k Run CC Varsity**

Name	Year School	Finals	Points	Alternate
1 Henke, Raenna	Clarinda	19:33.14	1	
2 Berglund, Grace	Glenwood	19:37.15	2	
3 Egbert, Hailey	Shenandoah	20:40.95		
4 Bussey, Ava	Lewis Central	20:47.77	3	
5 Hoss, Madelyn	Lewis Central	21:02.98	4	
6 Hughes, Lauren	Glenwood	21:10.04	5	
7 Wilson, Hannah	Fremont-Mills	21:20.50		
8 Pohren, Katherine	Maryville	21:32.68		
9 Hebel, Caitlin	Glenwood	21:39.60	6	
10 Diehm, Keira	Heartland Christ	21:40.75	7	
11 Hesse, Elaina	Clarinda	21:47.60	8	
12 Richardson, Bailey	Riverside, Oak	21:53.72	9	
13 King, Riley	Clarinda	21:57.53	10	
14 Deering, Audrey	Maryville	22:07.46		
15 Tingley, Tyler	Lewis Central	22:14.69	11	
16 Davis, Nyah	Maryville	22:21.31		
17 Harms, Katelyn	Glenwood	22:22.05	12	
18 Hughes, Megan	Glenwood	22:32.65	13	
19 Atkins, Abigail	Mound City	22:35.34	14	
20 Miller, Anne	Treynor	22:38.10		
21 Pankau, Kayte	Mound City	22:59.83	15	
22 Ryan, Maura	St. Albert, CB	23:01.20		
23 Yochum, Lilly	Treynor	23:02.67		
24 Irwin, Lilly	Underwood	23:08.32		
25 Strohmeier, Kate	Lewis Central	23:11.87	16	
26 Berglund, Madelyn	Glenwood	23:15.49	17	
27 Irvine, Jayla	East Atchison	23:29.91	18	
28 Steinmetz, Grace	Heartland Christ	23:36.22	19	
29 Wait, Olivia	Lewis Central	23:47.00	20	
30 Thomas, Ryleigh	Treynor	23:47.97		
31 Barnes, Alexa	Clarinda	23:55.97	21	
32 Adams, Ally	Underwood	24:06.82		
33 Gordon, Kambry	Clarinda	24:15.43	22	
34 Kirchner, Elayna	Clarinda	24:25.58	23	
35 Muff, Richlyn	Clarinda	24:40.60	24	
36 Ferneau, Chloe	Heartland Christ	24:49.28	25	
37 Fitch, Sonia	Cb, A Lincoln	24:56.64	26	
38 Sandahl, Ella	Essex	24:59.53		
39 Lopez, Maddy	Red Oak	25:11.23	27	
40 Skokan, Sydney	Lewis Central	25:15.54	28	
41 Klepinger, Lainey	Red Oak	25:15.73	29	
42 Young, Zoe	Shenandoah	25:18.47		
43 Perrien, Marlee	Red Oak	25:21.45	30	
44 Cody, Becca	Riverside, Oak	25:29.59	31	
45 Billingsley, Brookelynn	Fremont-Mills	25:34.38		
46 Myers, Vivian	Underwood	25:47.45		
47 Erickson, Lydia	Riverside, Oak	25:59.91	32	
48 Fitch, Annette	Cb, A Lincoln	26:10.62	33	
49 Ronk, Cara	Cb, T Jefferson	26:11.80	34	
50 Mausbach, Elsie	Treynor	26:15.01		
51 Barrett, Alexis	Sidney	26:18.57		
52 Casey, Wray	N. Nod (Mo)	26:19.25		

Shenandoah Invitational 2023 - 9/28/2023**Shenandoah High School****Rankings****Event 2 Boys 5k Run CC Varsity**

Name	Year School	Finals	Points	Alternate
1 Eichhorn, Ethan	Lewis Central	15:50.34	1	
2 Keller, Bryant	Glenwood	15:54.86	2	
3 Schaapherder, Treyton	Clarinda	16:01.23	3	
4 Smith, Andrew	Glenwood	16:03.32	4	
5 Blay, Riley	Nod. Valley (Mo)	16:11.54		
6 Coots, Kevin	Lewis Central	16:24.38	5	
7 Wagoner, Kyle	Clarinda	16:35.42	6	
8 Blackford, Connor	Maryville	16:41.16	7	
9 Deering, Bradley	Maryville	16:52.30	8	
10 Heisterkamp, Parker	St. Albert, CB	16:52.83	9	
11 Diercks, Kade	Lewis Central	17:18.12	10	
12 Selken, Richard	Lewis Central	17:18.70	11	
13 Wise, Owen	St. Albert, CB	17:22.31	12	
14 Zembles, Keaton	Mound City	17:29.81	13	
15 Grass, Emmanuel	Red Oak	17:38.35	14	
16 Hays, Liam	Glenwood	17:43.49	15	
17 Mixan, Maverick	Glenwood	17:46.53	16	
18 Henderson, Brody	Riverside, Oak	17:48.70		
19 Keller, Bryce	Glenwood	17:51.09	17	
20 Cox, Jackson	Lewis Central	17:55.34	18	
21 McCreedy, Mason	Riverside, Oak	18:09.58		
22 Ivey, Nick	Mound City	18:13.43	19	
23 Masters, Dylan	Maryville	18:15.02	20	
24 Lihs, Alex	Clarinda	18:20.46	21	
25 Henderson, Dawson	Riverside, Oak	18:25.75		
26 Boswell, Jacob	St. Albert, CB	18:32.01	22	
27 Racine, Tony	Essex	18:40.11		
28 Langille, Bodhi	Glenwood	18:42.41	23	
29 Buttry, Carter	Sidney	18:45.22	24	
30 Cox, Haidyn	Lewis Central	18:48.36	25	
31 Daoust, Luke	Shenandoah	18:54.70	26	
32 West, Ethan	Glenwood	18:57.99	27	
33 McDonough, Dalton	Maryville	18:58.45	28	
34 Hash, Hayden	Clarinda	19:04.99	29	
35 Barr, Grant	Clarinda	19:12.21	30	
36 Lemonds, Wyatt	Fremont-Mills	19:16.99	31	
37 Fishell, Parker	Lewis Central	19:19.67	32	
38 Walter, Jackson	St. Albert, CB	19:22.22	33	
39 Mazzella, Joey	St. Albert, CB	19:22.60	34	
40 Kellogg, Hunter	Shenandoah	19:25.23	35	
41 Farr, Jeyden	Treynor	19:33.53		
42 Manes, Morgan	Clarinda	19:33.77	36	
43 Razee, Alex	Shenandoah	19:35.83	37	
44 Bell, Flynt	Sidney	19:38.51	38	
45 Jensen, Holden	Griswold	19:39.80	39	
46 Brown, Chauncey	Mound City	19:40.19	40	
47 Berry, Colton	Maryville	19:40.37	41	
48 Griffin, Jadon	Mound City	19:44.78	42	
49 Bowen, Brandon	Cb, T Jefferson	19:50.15	43	
50 Stepp, Ian	East Atchison	19:52.83	44	
51 Vernon, Clayton	East Atchison	19:53.39	45	
52 Jenkins, Ty	Red Oak	19:53.78	46	

Shenandoah Invitational 2023 - 9/28/2023**Shenandoah High School****Rankings****....Event 2 Boys 5k Run CC Varsity**

53	Chaillie, Pace	Red Oak	19:55.51	47
54	Little Thunder, Damien	Shenandoah	19:56.85	48
55	Brown, Immanuel	Cb, T Jefferson	20:07.73	49
56	Shepard, Ryan	Cb, T Jefferson	20:12.94	50
57	O'Brien, James	Cb, A Lincoln	20:17.36	51
58	Lawrence, Andrew	Shenandoah	20:18.57	52
59	Brummett, Connor	Underwood	20:19.62	
60	Dorscher, Cody	Griswold	20:19.86	53
61	Carley, Jack	Treynor	20:21.58	
62	Miller, Jonah	Maryville	20:24.46	54
63	Lockwood, Brayden	Griswold	20:26.89	55
64	Kellogg, Dalton	Shenandoah	20:27.86	56
65	Anderson, Cole	East Atchison	20:28.49	57
66	Staten, Quin	East Atchison	20:29.68	58
67	Hornberg, Daniel	Cb, A Lincoln	20:32.45	59
68	Seipold, Walter	East Mills	20:32.78	
69	Johnson, Calvin	Sidney	20:35.65	60
70	Holste, Davin	Shenandoah	20:47.73	61
71	LeRette, Joshua	Red Oak	20:53.54	62
72	King, Axel	Stanton	20:58.12	
73	Williamson, Bailyan	Cb, T Jefferson	20:58.42	63
74	Rowe, Tanner	Bedford	20:59.36	
75	Smail, Grant	Maryville	21:07.47	64
76	Williams, Bryce	Red Oak	21:15.43	65
77	Peters, Ernie	Mound City	21:16.19	66
78	Pedersen, Osiel	Red Oak	21:17.10	67
79	Smith, Nollan	Griswold	21:20.44	68
80	Jorgenson, Carter	Sidney	21:28.46	69
81	Dingus, Brady	Heartland Christ	21:33.44	70
82	Carter, Anderson	Fremont-Mills	21:35.91	71
83	Johnston, Alex	Cb, A Lincoln	21:36.49	72
84	Gray, Malachi	Heartland Christ	21:44.73	73
85	Bryant, William	Sidney	21:53.89	74
86	Smith, Brady	St. Albert, CB	21:55.54	75
87	Dawson, Alex	St. Albert, CB	21:55.75	76
88	Haddix, Cooper	Cb, A Lincoln	22:04.75	77
89	Derr, Rowen	Mound City	22:08.31	78
90	McDaniel, Malak	Cb, A Lincoln	22:10.41	79
91	Abraham, Jackson	Cb, T Jefferson	22:10.59	80
92	Uhl, Chase	Underwood	22:16.91	
93	Welch, Jayven	Bedford	22:29.34	
94	Livengood, Quinton	Mound City	22:35.81	81
95	Means, Matthew	Southwest Valley	22:39.84	82
96	VanSickle, Alex	Cb, A Lincoln	22:41.86	83
97	Stearns, Cooper	East Mills	22:42.41	
98	DeHass, Koen	Bedford	22:43.35	
99	Templeman, Joshua	Cb, T Jefferson	22:52.02	84
100	Allen, Trystan	Heartland Christ	22:59.52	85
101	Lewis, Elijah	Heartland Christ	23:01.09	86
102	Kingery, Mason	East Atchison	23:05.54	87
103	Leaders, Landon	Underwood	23:05.79	
104	Ohlensehlen, Bryon	East Atchison	23:14.48	88
105	Dines, Ethan	Fremont-Mills	23:30.57	89
106	Eddy, Quaid	Southwest Valley	23:32.47	90
107	Quintans Pineiro, Santia	Southwest Valley	23:38.41	91

Shenandoah Invitational 2023 - 9/28/2023

Shenandoah High School

Rankings

Event 6 Boys 5k Run CC Wheelchair Varsity

Name	Year School	Finals	Points	Alternate
1 Johnson, Ely	Bedford	34:48.00		

Shenandoah Invitational 2023 - 9/28/2023

Shenandoah High School

Rankings

....Event 4 Girls 5k Run CC Junior Varsity

3 Lewis Central 70 10 13 14 15 18

Total Time: 2:15:11.57

Average: 27:02.32

Shenandoah Invitational 2023 - 9/28/2023**Shenandoah High School****Rankings****Event 5 Boys 5k Run CC Junior Varsity**

Name	Year School	Finals	Points	Alternate
1 Purvis, Hunter	Glenwood	19:07.32	1	
2 Lobaugh, Carter	Lewis Central	19:36.69	2	
3 Wiese, Ashton	Glenwood	19:48.74	3	
4 Hill, Broxton	Lewis Central	19:51.46	4	
5 Leu, Josh	Glenwood	20:01.91	5	
6 Olson, Jamison	Lewis Central	20:04.75	6	
7 Markut, Xander	Glenwood	20:30.59	7	
8 Murray, Sam	Lewis Central	20:33.54	8	
9 McQueen, Aaron	Glenwood	20:44.10	9	
10 Murren, Tyrus	Lewis Central	20:45.51	10	
11 Applegate, Leighton	Lewis Central	20:45.72	11	
12 Rodewald, Rafe	Shenandoah	20:55.49	12	
13 Bonsack, Caleb	Lewis Central	20:55.68	13	
14 Evans, Jaden	Glenwood	20:59.45	14	
15 Zhao, Raymond	Maryville	21:01.46	15	
16 Okerbloom, Sam	Lewis Central	21:05.30		
17 Cornelsen, Robbie	Lewis Central	21:13.61		
18 Krohn, Ben	St. Albert, CB	21:16.17		
19 Smithers, Jack	Glenwood	21:17.82	16	
20 McGoldrick, Landon	Glenwood	21:23.17		
21 Taylor, Dylan	Maryville	21:26.20	17	
22 Kolhof-Sadler, Jacob	Lewis Central	21:29.06		
23 O'Hara, Conor	Shenandoah	21:46.17	18	
24 Morrison, Kammron	Glenwood	21:48.72		
25 Stogdill, Isaiah	Clarinda	21:49.21	19	
26 McKim, Jonah	Maryville	21:54.10	20	
27 Hunter, Corban	Clarinda	21:56.16	21	
28 Bennett, Logan	Lewis Central	21:57.47		
29 VanVactor, Aiden	Maryville	21:59.86	22	
30 Hytrek, Dylan	Cb, A Lincoln	22:34.74	23	
31 Bird, Creighton	Clarinda	22:40.78	24	
32 Lin, Robin	Clarinda	22:44.49	25	
33 Norton, Jonah	Clarinda	22:49.20	26	
34 Chappell, Aaron	Glenwood	22:50.08		
35 Harmsen, Hunter	Cb, A Lincoln	22:50.43	27	
36 Dwight, Braden	Maryville	22:53.55	28	
37 Johnson, Aidan	Lewis Central	23:01.44		
38 Bergman, Aidan	Lewis Central	23:15.14		
39 Ellis, Isaac	Glenwood	23:21.18		
40 Marsh, Alex	St. Albert, CB	23:27.77		
41 Christensen, Kaiden	Lewis Central	23:27.95		
42 Schoening, Ben	Glenwood	23:33.09		
43 Chandler, Jonah	Shenandoah	23:37.88	29	
44 Calabro, Brayden	Cb, T Jefferson	23:47.50	30	
45 Kline, Jack	Clarinda	23:49.55	31	
46 Miller, Ben	Clarinda	23:58.16	32	
47 Sell, Brian	Lewis Central	23:59.21		
48 Zavala, Cesar	Clarinda	24:00.89		
49 Mitchell, Kimball	Maryville	24:12.24	33	
50 Duff, Landon	Lewis Central	24:17.95		
51 Juon, Cael	Lewis Central	24:21.63		
52 Stevenson, Will	Shenandoah	24:28.40	34	

Shenandoah Invitational 2023 - 9/28/2023**Shenandoah High School****Rankings****Event 3 Mixed 3200 Meter Run CC Junior High**

Name	Year School	Finals	Points	Alternate
Results - Women 3200 Run				
1 Sims, Stella	W St. Albert, CB	17:54.99		
2 Kerkmann, Madalyn	W Treynor	18:09.79		
3 Miller, Lily	W Treynor	18:32.17		
4 O'Rourke, Ava	W Shenandoah	18:32.42	1	
5 Carnes, Sophia	W Glenwood	18:34.26		
6 Bach, Mallory	W Lewis Central	18:54.81	2	
7 Hickman, Kaitlyn	W Atlantic	18:58.98		
8 Kohlhaas, Lyla	W St. Albert, CB	19:01.39		
9 Steinmetz, Ava	W Heartland Christ	19:04.71		
10 Babcock, Melodie	W Maryville	19:16.35	3	
11 Schaaf, Madelynn	W Fremont-Mills	19:18.43		
12 Lopez, Audrina Joy	W Red Oak	19:20.84		
13 Holste, Ellison	W Shenandoah	19:21.09	4	
14 Mather, Lilly	W Shenandoah	19:28.29	5	
15 Malcom, Quinn	W Fremont-Mills	19:38.16		
16 Van Heuvelen, Briar	W Lewis Central	19:45.47	6	
17 Mescher, Sophia	W Lewis Central	19:49.93	7	
18 Ryan, Maeve	W St. Albert, CB	19:54.63		
19 Comer, Tatum	W Clarinda	19:58.24	8	
20 Weinreich, Lily	W Clarinda	20:04.15	9	
21 Hutchison, Hannah	W Heartland Christ	20:04.53		
22 Billingsley, Adelynn	W Fremont-Mills	20:07.55		
23 Hansen, Hailey	W Lewis Central	20:17.91	10	
24 Robicheau, Stella	W Lewis Central	20:31.68	11	
25 Babe, Susie	W Shenandoah	20:32.23	12	
26 Crouse, Caitlyn	W East Mills	20:44.85		
27 Athen, Lillie	W Sidney	20:53.83		
28 Windham, Mikayla	W East Atchison	20:59.23		
29 Neal, Bailey	W Clarinda	21:01.77	13	
30 Spurlock, Kyla	W Sidney	21:05.53		
31 Wiley, Kloee	W Lewis Central	21:06.68	14	
32 Hilgenberg, Jersey	W Riverside, Oak	21:10.55		
33 Walker, Gracie	W East Atchison	21:12.73		
34 McGinnis, Sloane	W Shenandoah	21:17.09	15	
35 Kenkel, Josie	W Glenwood	21:23.49		
36 Roberts, Lauren	W Stanton	21:31.23		
37 Kathol, Eden	W Lewis Central	21:33.30	16	
38 King, Jenna	W Clarinda	21:49.26	17	
39 Wells, Maisie	W Lewis Central	21:51.30		
40 Thompson, Dallis	W Lewis Central	21:51.84		
41 Wailes, Leighton	W Atlantic	21:52.01		
42 Swanson, Scarlet	W Glenwood	21:58.02		
43 Yates, Jaylee	W Lewis Central	21:58.64		
44 French, Piper	W Stanton	22:02.89		
45 Stephens, Cooper	W Stanton	22:14.97		
46 Wilmes, Charlotte	W Maryville	22:16.27	18	
47 Martens, Clara	W Riverside, Oak	22:18.18		
48 Mrsny, Danika	W Treynor	22:22.45		
49 Leinen, Micah	W Lewis Central	22:39.89		
50 Kafka, Emma	W Lewis Central	22:42.92		
51 Monahan, Olivia	W Maryville	22:53.23	19	
52 Shannon, Eltyn	W Lewis Central	22:57.39		

Shenandoah Invitational 2023 - 9/28/2023**Shenandoah High School****Rankings****....Event 3 Mixed 3200 Meter Run CC Junior High**

53	Williams, Lilly	W Lewis Central	23:17.26	
54	Christian, Glennah	W Maryville	23:20.19	20
55	Katzer, Delaney	W Lewis Central	23:23.61	
56	Zuroski, Olivia	W Lewis Central	23:23.88	
57	Nepple, Brynn	W Lewis Central	23:30.07	
58	Ruiz, Harper	W Lewis Central	23:30.46	
59	Mothershead, Madi	W Clarinda	23:40.14	21
60	Etters, Rylee	W Red Oak	23:47.42	
61	Carter, Ellie	W Clarinda	23:47.84	22
62	Hytrek, Allie	W Lewis Central	24:08.50	
63	Fisher, Hailey	W Lewis Central	24:21.05	
64	Erisman, Bella	W Lewis Central	24:22.08	
65	Murray, Jillian	W Lewis Central	24:23.50	
66	Gaunt, Tianna	W Southwest Valley	24:30.46	
67	Housh, Sophia	W Fremont-Mills	24:56.46	
68	Renander, Kayla	W Clarinda	25:09.01	23
69	King, Charli	W Sidney	25:28.39	
70	Zell, Emily	W Glenwood	25:48.81	
71	Bellows, Clara	W Lewis Central	26:36.68	
72	Arkfeld, Maryn	W Lewis Central	27:01.29	
73	Smith, Nicole	W Lewis Central	27:29.31	
74	Merksick, Sirenicity	W Lewis Central	27:33.70	
75	Dunn, Addyson	W Lewis Central	28:36.47	
76	Thompson, Addison	W Lewis Central	28:44.11	
77	Allen, Kaylee	W East Atchison	29:20.12	
78	Neighbors, Jayda	W Lewis Central	29:35.30	
79	Bade, Eliett	W Maryville	29:44.27	24
80	Vargas, Irayda	W Lewis Central	31:01.57	
81	Kutzli, Elisabeth	W Stanton	31:14.27	
82	Kampplain, Georgia	W Lewis Central	31:37.23	
83	Raymundo, Maria	W Lewis Central	31:43.82	
84	Kampplain, Camryn	W Lewis Central	31:44.30	
Results - Men 3200 Run				
1	Heitbrink, Hayden	M Red Oak	9:50.91	
2	Thomas, Jason	M Underwood	10:03.23	
3	Lillie, Evan	M Lewis Central	10:12.13	1
4	Johnson, Kaleb	M Bedford	10:15.23	2
5	Greenwood, Marcus	M Lewis Central	10:16.20	3
6	Sorensen, Grant	M Glenwood	10:17.18	4
7	Gaul, Aiden	M St. Albert, CB	10:22.78	
8	Prier, Hunter	M Lewis Central	10:32.20	5
9	Jackson, Curtis	M East Mills	10:38.49	
10	McCollough, Tucker	M Maryville	10:39.30	6
11	Sells, Mason	M Shenandoah	10:43.84	7
12	Thomsen, Dane	M Lewis Central	10:49.67	8
13	Oliver, Deagan	M Glenwood	11:04.16	9
14	Burgett, Jaxson	M Heartland Christ	11:08.10	
15	Munoz, Carson	M Lewis Central	11:09.40	10
16	Herring, Colten	M Riverside, Oak	11:13.18	
17	Schechinger, Wyatt	M Riverside, Oak	11:16.63	
18	Worcester, Brock	M Glenwood	11:22.63	11
19	Hart, Brett	M Stanton	11:28.79	12
20	Stroup, Beran	M Lewis Central	11:44.32	13
21	Peverill, Owen	M Glenwood	12:06.88	14
22	Tompkins, Casey	M Shenandoah	12:18.03	15

Shenandoah Invitational 2023 - 9/28/2023**Shenandoah High School****Rankings****....Event 3 Mixed 3200 Meter Run CC Junior High**

23 Dreyer, Cooper	M Stanton	13:15.67	16
24 Poore, Brayden	M Lewis Central	13:20.56	17
25 Alff, Cole	M Treynor	13:22.97	18
26 Kinney, Kouper	M Atlantic	13:26.57	
27 Thompson, Ben	M St. Albert, CB	13:33.43	
28 Vandermeij, Chase	M Treynor	13:33.87	19
29 Oliver, Griffin	M Glenwood	13:35.40	20
30 Morse, Colin	M Fremont-Mills	13:44.33	21
31 Snow, Jayden	M Stanton	13:46.26	22
32 Harms, Lucas	M Glenwood	13:47.34	23
33 Ewalt, Chance	M Fremont-Mills	13:53.64	24
34 Berglund, Cole	M Glenwood	13:55.34	25
35 Henke, Abe	M Treynor	13:55.64	26
36 Haffner, Jayden	M Clarinda	13:56.67	
37 Kinghorn, Greyson	M Shenandoah	13:58.67	27
38 Johnson, Max	M St. Albert, CB	13:59.93	
39 Gibbs, Sean	M Glenwood	14:02.23	
40 Engler, Thomas	M Atlantic	14:03.23	
41 Melby, Griffin	M Treynor	14:07.95	28
42 Roberts, Ty	M Stanton	14:10.19	29
43 Wiesner, Landon	M Lewis Central	14:19.37	
44 Williams, Cailex	M Stanton	14:21.57	30
45 Buttry, Brody	M Sidney	14:21.77	
46 Hetfield, Ilya	M Underwood	14:36.28	
47 Zimmerman, Broden	M Fremont-Mills	14:39.21	31
48 Burke, Jayden	M Stanton	14:40.52	32
49 Bakehouse, Anderson	M East Mills	14:48.56	
50 Applegate, Will	M St. Albert, CB	14:56.31	
51 Skokan, Coleson	M Lewis Central	14:58.28	
52 Peters, Alex	M Glenwood	14:58.55	
53 Lewis, Ian	M Heartland Christ	14:58.78	
54 Koch, John	M Heartland Christ	15:00.01	
55 Bane, Grant	M Riverside, Oak	15:02.37	
56 Applegate, Maximus	M Riverside, Oak	15:04.04	
57 Smith, Leilynd	M Glenwood	15:05.64	
58 Schnepel, Brock	M Treynor	15:09.69	33
59 Campbell, Braidyn	M Lewis Central	15:12.99	
60 Elwood, Tristan	M Stanton	15:17.64	34
61 Jackson, Christian	M Clarinda	15:26.20	
62 Wulf, Carson	M Treynor	15:30.35	35
63 McQueen, Jacob	M Glenwood	15:30.65	
64 Thompson, Kolton	M Glenwood	15:30.84	
65 Washburn, Iyzak	M Clarinda	15:36.10	
66 Hedegaard, Martin	M Underwood	15:36.94	
67 Patterson, Liam	M Lewis Central	15:37.23	
68 Justesen, Randy	M Lewis Central	15:37.55	
69 Verschoor, Sully	M Lewis Central	15:37.78	
70 Korver, Ryan	M Fremont-Mills	15:44.41	36
71 Yochum, Eli	M Treynor	15:45.38	37
72 Bowles, McCoy	M Maryville	15:49.06	38
73 Burdorf, Blake	M Shenandoah	16:04.97	39
74 Wade, John	M East Mills	16:09.13	
75 Johnson, Jesse	M Essex	16:15.57	
76 Schoening, Zach	M Glenwood	16:24.41	
77 Jensen, Dairus	M Underwood	16:30.72	

Shenandoah Invitational 2023 - 9/28/2023**Shenandoah High School****Rankings****....Event 3 Mixed 3200 Meter Run CC Junior High**

78	Waddell, Ben	M Southwest Valley	16:31.20	
79	Meyer, Brett	M Bedford	16:49.01	40
80	Bergman, Owen	M Lewis Central	16:49.59	
81	Driver, Jaxson	M Lewis Central	16:54.52	
82	Rolf, Ben	M East Atchison	16:55.60	
83	Coppock, Logan	M Lewis Central	16:58.02	
84	Roegler, Kaiden	M Glenwood	16:58.88	
85	Hazen, Wyatt	M Shenandoah	17:00.24	41
86	Riggins, Lane	M Shenandoah	17:04.31	42
87	Goy, Gannon	M Fremont-Mills	17:11.90	43
88	Pendergraft, Ben	M Red Oak	17:16.64	
89	Neach, Kaiden	M Treynor	17:27.16	
90	Vawter, Jayce	M Lewis Central	17:28.08	
91	Kessler, Joey	M Maryville	17:29.44	44
92	Wobbema, Aiden	M Lewis Central	17:30.05	
93	Kuhlemeyer, Wilson	M Maryville	17:30.97	45
94	Ebert, Logan	M Lewis Central	17:32.10	
95	Petersen, Mason	M Lewis Central	17:37.34	
96	Schoening, Crew	M Treynor	17:43.67	
97	Ripperger, Brock	M East Mills	17:52.56	
98	Vette, Owen	M East Atchison	17:56.39	
99	Hetzl, Ryder	M Fremont-Mills	17:59.04	46
100	Anderson, Brady	M Red Oak	17:59.30	
101	Schaben, Gavin	M Lewis Central	18:09.18	
102	Harris, Jared	M Treynor	18:20.13	
103	Cabeen, Mark	M Essex	18:26.21	
104	Bruce, Brayton	M Southwest Valley	18:33.07	
105	Romesser, Andrew	M East Atchison	18:33.72	
106	Thomas, Zikomo	M Lewis Central	18:34.74	
107	Trumble, Jackson	M Glenwood	18:41.22	
108	Adkins, Lucas	M Lewis Central	18:57.92	
109	Jensen, Alex	M Lewis Central	19:02.65	
110	Neihart, Colton	M Clarinda	19:03.45	
111	Diamond, Ozzie	M Lewis Central	19:23.18	
112	Awe, Dustin	M Lewis Central	19:33.69	
113	Means, Henry	M Southwest Valley	19:43.90	
114	King, Rhys	M Stanton	20:00.70	
115	McDonough, Graham	M Maryville	20:02.23	47
116	Gray, Sam	M Heartland Christ	20:21.24	
117	Infanger, Gage	M Lewis Central	20:28.76	
118	Powell, Addie	M Bedford	21:35.37	48
119	Green, Ally	M Bedford	22:48.81	49
120	Penry, Douglas	M Stanton	24:22.27	
121	DeMarBieux, D'Gun	M Bedford	24:35.80	50

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Men 3200 Run

Shenandoah Invitational 2023 - 9/28/2023**Shenandoah High School****Rankings****....Event 3 Mixed 3200 Meter Run CC Junior High**

1	Lewis Central	27	1	3	5	8	10	13	17
	Total Time:	52:59.60							
	Average:	10:35.92							
2	Glenwood	58	4	9	11	14	20	23	25
	Total Time:	58:26.25							
	Average:	11:41.25							
3	Stanton	109	12	16	22	29	30	32	34
	Total Time:	1:07:02.48							
	Average:	13:24.50							
4	Treynor	124	18	19	26	28	33	35	37
	Total Time:	1:10:10.12							
	Average:	14:02.03							
5	Shenandoah	129	7	15	27	39	41	42	
	Total Time:	1:10:05.75							
	Average:	14:01.15							
6	Fremont-Mills	155	21	24	31	36	43	46	
	Total Time:	1:15:13.49							
	Average:	15:02.70							
7	Maryville	180	6	38	44	45	47		
	Total Time:	1:21:31.00							
	Average:	16:18.20							
8	Bedford	189	2	40	48	49	50		
	Total Time:	1:36:04.22							
	Average:	19:12.85							
Results - Women 3200 Run									
1	Lewis Central	36	2	6	7	10	11	14	16
	Total Time:	1:39:19.80							
	Average:	19:51.96							
2	Shenandoah	37	1	4	5	12	15		
	Total Time:	1:39:11.12							
	Average:	19:50.23							
3	Clarinda	68	8	9	13	17	21	22	23
	Total Time:	1:46:33.56							
	Average:	21:18.72							
4	Maryville	84	3	18	19	20	24		
	Total Time:	1:57:30.31							
	Average:	23:30.07							