

George Little Rock XC Invitational - 10/5/2023  
 Otter Valley Golf Course  
 George, Iowa

Event 1 Girls 5k Run CC

| Name                            | Year School            | Finals   | Points |
|---------------------------------|------------------------|----------|--------|
| Varsity Results 5000 Run        |                        |          |        |
| 1 Schriever, Mary               | 12 V-George-Lr-Cl      | 20:24.13 | 1      |
| 2 Jones, Audrina                | 09 V-Sioux Cent        | 20:33.83 | 2      |
| 3 Zwart, Elyse                  | 11 V-Boyden-Hull-Rv    | 21:20.38 | 3      |
| 4 McCord, Corinne               | 11 V-Sioux Cent        | 21:49.92 | 4      |
| 5 Frerichs, Adison              | 12 V-Okoboji           | 22:09.47 | 5      |
| 6 Romero, Mya                   | 12 V-Sioux Cent        | 22:14.22 | 6      |
| 7 Feikema, Madison              | 12 V-West Lyon         | 22:18.21 | 7      |
| 8 Isakson, Molly                | 09 V-Sioux Cent        | 22:24.17 | 8      |
| 9 Landis, Lexi                  | 12 V-George-Lr-Cl      | 22:24.87 | 9      |
| 10 Metzger, Annie               | 11 V-West Lyon         | 22:43.13 | 10     |
| 11 Miller, Lily                 | 12 V-Okoboji           | 22:49.17 | 11     |
| 12 Wielenga, Kylee              | 09 V-Sioux Cent        | 22:51.62 | 12     |
| 13 Kurrle, Elsa                 | 09 V-George-Lr-Cl      | 23:12.96 | 13     |
| 14 DeGraaf, Marli               | 09 V-Okoboji           | 23:16.64 | 14     |
| 15 Hoekstra, Macey              | 12 V-Sibley-Ocheyedan  | 23:35.59 |        |
| 16 Pausley, Grace               | 12 V-Okoboji           | 23:39.82 | 15     |
| 17 Danbom, Norah                | 10 V-Okoboji           | 23:42.30 | 16     |
| 18 Johnson, Addison             | 11 V-Okoboji           | 23:43.66 | 17     |
| 19 Anderson, Hannah             | 12 V-George-Lr-Cl      | 23:52.81 | 18     |
| 20 Miller, Olivia               | 12 V-Boyden-Hull-Rv    | 23:58.52 | 19     |
| 21 Rentschler, Emersyn          | 10 V-West Lyon         | 24:11.36 | 20     |
| 22 Croatt, Alexis               | 12 V-Hartley-Me        | 24:16.98 | 21     |
| 23 Rentschler, Malison          | 11 V-West Lyon         | 24:18.97 | 22     |
| 24 Boender, Aubree              | 11 V-Boyden-Hull-Rv    | 24:21.81 | 23     |
| 25 Konechne, Molly              | 10 V-George-Lr-Cl      | 24:36.41 | 24     |
| 26 Davis, Ashlynn               | 12 V-George-Lr-Cl      | 24:46.05 | 25     |
| 27 VanDen Bosch, Claire         | 10 V-West Lyon         | 24:59.74 | 26     |
| 28 Clarey, Alexa                | 11 V-Boyden-Hull-Rv    | 25:02.74 | 27     |
| 29 Loutsch, McKenna             | 12 V-Remsen St Mary    | 25:09.32 |        |
| 30 Jager, Ella                  | 12 V-George-Lr-Cl      | 25:14.16 | 28     |
| 31 Kelderman, Ashtyn            | 12 V-Boyden-Hull-Rv    | 25:31.61 | 29     |
| 32 Knapp, Erica                 | 09 V-West Lyon         | 25:37.61 | 30     |
| 33 Knobloch, Gracie             | 11 V-Hartley-Me        | 25:41.18 | 31     |
| 34 Abonce, Jocelyn              | 12 V-Hartley-Me        | 25:54.64 | 32     |
| 35 Klein, Lizzie                | 10 V-Boyden-Hull-Rv    | 26:10.58 | 33     |
| 36 Ebel, Kamryn                 | 11 V-Hartley-Me        | 28:11.02 | 34     |
| 37 Quevedo Pech, Daila          | 11 V-Boyden-Hull-Rv    | 29:01.39 | 35     |
| 38 Funk, Clara                  | 10 V-Hartley-Me        | 29:52.51 | 36     |
| 39 Driesen, Maya                | 10 V-Trinity Christian | 30:49.90 |        |
| Junior Varsity Results 5000 Run |                        |          |        |
| 1 Kraayenbrink, Olivia          | 12 Sioux Center        | 23:13.62 | 1      |
| 2 VandeVegte, Rylan             | 10 Sioux Center        | 23:27.73 | 2      |
| 3 Bajema, Adriel                | 09 Sioux Center        | 23:28.75 | 3      |
| 4 Bloom, Maria                  | 10 Sioux Center        | 24:10.19 | 4      |
| 5 Vermeer, Emalee               | 12 Sioux Center        | 24:30.35 | 5      |
| 6 Roland, Delanie               | 10 Sioux Center        | 24:33.55 | 6      |
| 7 Gravert, Hailey               | 10 Okoboji             | 25:14.33 | 7      |
| 8 Schuiteman, Grace             | 10 Sioux Center        | 25:26.62 | 8      |
| 9 Downing, Lydia                | 11 Okoboji             | 25:34.03 | 9      |
| 10 Drost, Zoe                   | 10 Okoboji             | 25:56.02 | 10     |
| 11 Vonk, Aubrey                 | 10 Sioux Center        | 26:00.20 |        |
| 12 Boote, Johanna               | 12 West Lyon           | 26:09.71 |        |
| 13 Van Der Weerd, Maddie        | 10 George-LR-CL        | 26:20.47 | 11     |
| 14 VanHorssen, Carly            | 09 Sioux Center        | 26:38.11 |        |



## George Little Rock XC Invitational - 10/5/2023

Otter Valley Golf Course

George, Iowa

Last Completed Event

## Event 3 Boys 5k Run CC

| Name                            | Year | School              | Finals   | Points |
|---------------------------------|------|---------------------|----------|--------|
| Varsity Results 5000 Run        |      |                     |          |        |
| 1 Osler, Evan                   | 11   | V-Okoboji           | 17:21.91 | 1      |
| 2 Byers, Ben                    | 10   | V-Sibley-Ocheyedan  | 17:30.42 | 2      |
| 3 Jostand, Akron                | 12   | V-Okoboji           | 17:51.71 | 3      |
| 4 Vonk, Hudson                  | 12   | V-Sioux Cent        | 18:16.43 | 4      |
| 5 Foltz, Logan                  | 12   | V-Sioux Cent        | 18:22.95 | 5      |
| 6 VandeVegte, Micah             | 11   | V-Sioux Cent        | 18:25.60 | 6      |
| 7 Sandven, Drew                 | 12   | V-Okoboji           | 18:28.78 | 7      |
| 8 Work, Karson                  | 09   | V-Sioux Cent        | 18:31.00 | 8      |
| 9 Vargas, George                | 12   | V-Hartley-Me        | 18:42.38 | 9      |
| 10 Kooiker, Caden               | 09   | V-Sioux Cent        | 18:47.67 | 10     |
| 11 Larson, Lane                 | 11   | V-Okoboji           | 18:50.59 | 11     |
| 12 Graves, Eli                  | 10   | V-Okoboji           | 19:15.38 | 12     |
| 13 Ballis, Ryker                | 10   | V-Okoboji           | 19:16.84 | 13     |
| 14 Greve, Landon                | 12   | V-Harris-Lake Park  | 19:23.09 |        |
| 15 Poppen, David                | 11   | V-Sibley-Ocheyedan  | 19:26.94 | 14     |
| 16 Dahm, Nicholas               | 12   | V-Sioux Cent        | 19:27.63 | 15     |
| 17 Reiter, Cale                 | 11   | V-Sibley-Ocheyedan  | 19:29.20 | 16     |
| 18 De Zeeuw, Aiden              | 12   | V-Sibley-Ocheyedan  | 19:31.60 | 17     |
| 19 Westra, Carter               | 11   | V-Trinity Christian | 19:48.06 |        |
| 20 Kaiser, Ray                  | 10   | V-Okoboji           | 20:03.26 | 18     |
| 21 Blum, Ben                    | 12   | V-Boyden-Hull-Rv    | 20:12.63 | 19     |
| 22 Dykstra, Cole                | 11   | V-Sibley-Ocheyedan  | 20:21.44 | 20     |
| 23 Grotluschen, Ryan            | 11   | V-Hartley-Me        | 20:32.40 | 21     |
| 24 Vos, Carter                  | 10   | V-Sibley-Ocheyedan  | 20:36.64 | 22     |
| 25 Andringa, Amos               | 09   | V-Trinity Christian | 20:38.44 |        |
| 26 Kock, Alec                   | 10   | V-West Lyon         | 20:39.01 |        |
| 27 Springer, Aaron              | 12   | V-George-Lr-CI      | 20:42.69 | 23     |
| 28 Moser, Cole                  | 11   | V-West Lyon         | 20:52.51 |        |
| 29 Nebelsick, David             | 09   | V-George-Lr-CI      | 21:11.88 | 24     |
| 30 Duin, Chase                  | 12   | V-George-Lr-CI      | 21:20.95 | 25     |
| 31 Feucht, Reed                 | 10   | V-West Lyon         | 21:21.02 |        |
| 32 Martinez, Marlin             | 10   | V-George-Lr-CI      | 21:21.22 | 26     |
| 33 Roelfs, Matt                 | 12   | V-George-Lr-CI      | 21:24.08 | 27     |
| 34 Dodge, Damian                | 11   | V-Hartley-Me        | 21:26.20 | 28     |
| 35 Siebrecht, Logan             | 12   | V-Boyden-Hull-Rv    | 21:35.65 | 29     |
| 36 Vos, Triston                 | 10   | V-Sibley-Ocheyedan  | 21:51.90 | 30     |
| 37 Quevedo, Samuel              | 09   | V-Boyden-Hull-Rv    | 21:53.89 | 31     |
| 38 Gasca, Angel                 | 11   | V-Boyden-Hull-Rv    | 22:03.88 | 32     |
| 39 Deleeuw, Kyle                | 09   | V-George-Lr-CI      | 22:31.49 | 33     |
| 40 Martinez, Jesus              | 12   | V-George-Lr-CI      | 22:35.54 | 34     |
| 41 Wynia, Kyle                  | 12   | V-Trinity Christian | 22:54.97 |        |
| 42 Hespe, Amos                  | 11   | V-Boyden-Hull-Rv    | 22:59.61 | 35     |
| 43 Jennings, Aidan              | 12   | V-West Lyon         | 23:00.05 |        |
| 44 Uittenbogaard, Bryce         | 09   | V-Trinity Christian | 23:13.31 |        |
| 45 King, Luis                   | 10   | V-Boyden-Hull-Rv    | 23:38.25 | 36     |
| 46 Teal, Easton                 | 09   | V-Hartley-Me        | 23:47.34 | 37     |
| 47 Dolphin, Carter              | 10   | V-Hartley-Me        | 25:08.72 | 38     |
| 48 Olvera, Dominic              | 09   | V-Boyden-Hull-Rv    | 26:46.85 | 39     |
| Junior Varsity Results 5000 Run |      |                     |          |        |
| 1 Addink, Easton                | 10   | Sioux Center        | 20:12.14 | 1      |
| 2 Riphagen, Owen                | 09   | Okoboji             | 20:13.31 | 2      |
| 3 Miller, August                | 11   | Okoboji             | 20:22.16 | 3      |



George Little Rock XC Invitational - 10/5/2023  
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 George, Iowa

Event 6 Mixed 2 Mile Run CC Junior High

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| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

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Results - Women 2 Mile Run

|                      |                      |          |   |
|----------------------|----------------------|----------|---|
| 1 Benetiz, Amadelaid | W08 Sibley-Ocheyedan | 13:30.27 |   |
| 2 Delacruz, Viviana  | W07 Hartley-Melv     | 14:38.51 |   |
| 3 VanAartsen, Macyn  | W08 Sioux Center     | 15:04.18 | 1 |
| 4 Vande Weerd, Jessa | W08 George-LR-CL     | 15:18.11 |   |
| 5 Kroese, Raelle     | W08 Sioux Center     | 15:35.36 | 2 |
| 6 McMahan, Josie     | W07 George-LR-CL     | 15:47.08 |   |
| 7 Schreurs, Aspyn    | W07 West Lyon        | 16:02.55 |   |
| 8 Van Gorp, Sadie    | W07 Sioux Center     | 16:09.95 | 3 |
| 9 Altena, Rilyn      | W07 Sioux Center     | 16:11.01 | 4 |
| 10 Oostenink, Anna   | W08 Sioux Center     | 16:17.22 | 5 |
| 11 Curiel, Daniella  | W08 Boyden-Hull-RV   | 16:28.69 |   |
| 12 Mohning, Juliann  | W07 Remsen St Mary   | 17:23.05 |   |
| 13 Hoekstra, Amree   | W07 Boyden-Hull-RV   | 17:25.96 |   |
| 14 Nykamp, Eleanor   | W08 Sioux Center     | 17:41.84 | 6 |
| 15 Olin, Aubrey      | W08 Sioux Center     | 18:07.38 | 7 |
| 16 Friedman, Keirra  | W08 Sioux Center     | 18:12.76 |   |
| 17 Rosales, Arianda  | W08 Boyden-Hull-RV   | 18:14.64 |   |
| 18 Ronquilo, Maria   | W08 Boyden-Hull-RV   | 19:25.24 |   |
| 19 Schroeder, Dylan  | W07 Remsen St Mary   | 20:38.98 |   |
| 20 Verrips, Ashlynn  | W07 Hartley-Melv     | 21:42.18 |   |
| 21 Radtke, Niemi     | W07 Hartley-Melv     | 21:49.40 |   |
| 22 De Zeeuw, Joselyn | W08 Sibley-Ocheyedan | 27:40.44 |   |
| 23 De Zeeuw, Addison | W07 Sibley-Ocheyedan | 27:55.12 |   |

Results - Men 2 Mile Run

|                       |                      |          |    |
|-----------------------|----------------------|----------|----|
| 1 Dahm, Matthew       | M08 Sioux Center     | 12:03.01 | 1  |
| 2 Cundy, Drew         | M07 Sioux Center     | 12:18.39 | 2  |
| 3 Meinerts, Landon    | M08 George-LR-CL     | 12:44.04 | 3  |
| 4 Landegent, Raymond  | M08 Sioux Center     | 13:05.65 | 4  |
| 5 Lehman, Brock       | M08 Sioux Center     | 13:18.73 | 5  |
| 6 Monier, Landon      | M07 Sibley-Ocheyedan | 13:30.21 |    |
| 7 McCord, Samuel      | M08 Sioux Center     | 13:31.75 | 6  |
| 8 Beukelman, Kaiden   | M08 Sioux Center     | 13:45.67 | 7  |
| 9 McCord, Royce       | M08 Sioux Center     | 13:47.22 | 8  |
| 10 Rozeboom, Mason    | M08 Sioux Center     | 13:53.55 |    |
| 11 Carlin, James      | M08 Hartley-Melv     | 14:09.41 |    |
| 12 Vonk, Peter        | M07 Sioux Center     | 14:26.49 |    |
| 13 Truesdell, Joshua  | M08 Sioux Center     | 14:36.58 |    |
| 14 Guse, Wyatt        | M08 George-LR-CL     | 14:37.11 | 9  |
| 15 Rusche, Roland     | M08 Sibley-Ocheyedan | 14:37.48 |    |
| 16 Pulscher, Alec     | M07 George-LR-CL     | 14:40.08 | 10 |
| 17 Kock, Gavin        | M08 West Lyon        | 15:00.48 |    |
| 18 Dornbierer, Jack   | M07 Sioux Center     | 15:11.47 |    |
| 19 Greve, Carter      | M08 George-LR-CL     | 15:16.78 | 11 |
| 20 Zimmer, Karter     | M08 Hartley-Melv     | 15:30.93 |    |
| 21 Hamlin, Nikolas    | M07 George-LR-CL     | 15:38.63 | 12 |
| 22 Thonstad, Zaron    | M08 Sioux Center     | 15:39.69 |    |
| 23 Vermeer, Clayton   | M08 Sioux Center     | 15:41.30 |    |
| 24 Cazares, Alejandro | M07 George-LR-CL     | 15:49.52 | 13 |
| 25 Ortner, Justin     | M08 Sioux Center     | 16:08.12 |    |
| 26 Lupkes, Beau       | M07 George-LR-CL     | 16:19.09 | 14 |
| 27 Shaffer, Kyler     | M08 Sibley-Ocheyedan | 16:19.76 |    |
| 28 Boynton, Dylan     | M07 Hartley-Melv     | 16:19.88 |    |
| 29 Hinrichs, Hudson   | M07 George-LR-CL     | 16:24.30 |    |
| 30 Arias, Dylan       | M07 Sibley-Ocheyedan | 17:00.45 |    |

|                     |                    |          |
|---------------------|--------------------|----------|
| 31 Olson, David     | M07 Boyden-Hull-RV | 17:58.64 |
| 32 Sternke, Obadiah | M07 George-LR-CL   | 18:30.90 |
| 33 Hamilton, Wyiat  | M08 Boyden-Hull-RV | 20:36.43 |
| 34 Krull, Owen      | M07 George-LR-CL   | 21:36.20 |

Team Scores

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Rank Team                               Total   1     2     3     4     5   *6   *7   *8   *9
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Results - Men 2 Mile Run
  1 Sioux Center High School           18    1     2     4     5     6     7     8
    Total Time:  1:04:17.53
    Average:     12:51.51
  2 George-LR-CL                        45    3     9    10    11    12    13    14
    Total Time:  1:12:56.64
    Average:     14:35.33
Results - Women 2 Mile Run
  1 Sioux Center High School           15    1     2     3     4     5     6     7
    Total Time:  1:19:17.72
    Average:     15:51.55

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