

## Western Valley Conference XC Meet 2023 - 10/14/2023

## Ida Grove, IA

## Rankings

## Event 1 Girls 5k Run CC High School

| Name                       | Year | School              | Finals   | Points |
|----------------------------|------|---------------------|----------|--------|
| 1 #353 Broer, Chloe        | 10   | West Monona         | 20:31.40 |        |
| 2 #384 Putze, Rachel       | 10   | Woodbury Cent-KP    | 20:50.77 |        |
| 3 #961 Vohs, Jaycie        | 12   | Ridge View          | 21:32.26 | 1      |
| 4 #958 Tesch, Addy         | 10   | Ridge View          | 22:02.74 | 2      |
| 5 #77 Grell, Emily         | 10   | Mvaocou             | 22:31.44 | 3      |
| 6 #375 Cameron, Addisyn    | 09   | Woodbury Cent-KP    | 23:05.49 |        |
| 7 #960 Todd, Clara         | 09   | Ridge View          | 23:06.72 | 4      |
| 8 #380 Hannah, CJ          | 11   | Woodbury Cent-KP    | 23:12.52 |        |
| 9 #23 Mesz, Kaylee         | 09   | Lawton-Bronson      | 23:26.12 | 5      |
| 10 #80 Schaffer, Jasmine   | 12   | Mvaocou             | 23:26.84 | 6      |
| 11 #14 Ameen, Cheyenne     | 11   | Lawton-Bronson      | 23:30.85 | 7      |
| 12 #26 Smith, Addison      | 11   | Lawton-Bronson      | 23:32.80 | 8      |
| 13 #956 Ruble, Regan       | 09   | Ridge View          | 23:37.48 | 9      |
| 14 #364 McFarland, Josie   | 09   | Westwood            | 23:38.59 | 10     |
| 15 #957 Stowater, Madison  | 12   | Ridge View          | 23:52.72 | 11     |
| 16 #937 Schnabel, Olivia   | 10   | Oa-Bcig             | 23:56.58 | 12     |
| 17 #19 Haveman, Lela       | 11   | Lawton-Bronson      | 24:03.01 | 13     |
| 18 #22 McKenna, Natalie    | 09   | Lawton-Bronson      | 24:12.02 | 14     |
| 19 #82 Sophia, Schumacher  | 12   | Mvaocou             | 24:26.24 | 15     |
| 20 #962 Vohs, Tiegan       | 09   | Ridge View          | 25:02.79 | 16     |
| 21 #403 Eisenga, Taya      | 10   | Siouxland Christian | 25:05.27 | 17     |
| 22 #15 Brouwer, Sydney     | 12   | Lawton-Bronson      | 25:18.25 | 18     |
| 23 #81 Smallwood, Claire   | 09   | Mvaocou             | 25:39.83 | 19     |
| 24 #383 Ofert, Ava         | 10   | Woodbury Cent-KP    | 26:00.01 |        |
| 25 #83 Wanberg, Chloe      | 09   | Mvaocou             | 26:08.55 | 20     |
| 26 #985 Lokale, Lokhom     | 09   | Siouxland Christian | 26:17.52 | 21     |
| 27 #396 Rojas, Xaria       | 11   | Ridge View          | 26:19.42 | 22     |
| 28 #78 Hamann, Lizzy       | 11   | Mvaocou             | 26:24.80 | 23     |
| 29 #363 Marnell, Alexandri | 11   | Westwood            | 26:28.06 | 24     |
| 30 #360 Christoffersen, Ke | 10   | Westwood            | 26:33.41 | 25     |
| 31 #988 Reynolds, Esther   | 09   | Siouxland Christian | 26:48.98 | 26     |
| 32 #950 Hagen, Kinzie      | 12   | Ridge View          | 27:00.94 |        |
| 33 #929 Johnson, Faith     | 12   | Oa-Bcig             | 27:24.33 | 27     |
| 34 #984 Johnson, Eden      | 11   | Siouxland Christian | 28:14.48 | 28     |
| 35 #354 Lage, Maggie       | 12   | West Monona         | 28:30.52 |        |
| 36 #935 Raasch, Gracie     | 10   | Oa-Bcig             | 28:53.91 | 29     |
| 37 #932 Masters, Jessica   | 09   | Oa-Bcig             | 29:43.25 | 30     |
| 38 #934 Otto, Bree         | 09   | Oa-Bcig             | 29:56.53 | 31     |
| 39 #361 Gemberling, Khloe  | 09   | Westwood            | 30:11.47 | 32     |
| 40 #954 Pacza, Tess        | 12   | Ridge View          | 31:41.83 |        |
| 41 #17 Crew, Olivia        | 09   | Lawton-Bronson      | 32:31.01 | 33     |
| 42 #990 Talbert, Haylie    | 09   | Siouxland Christian | 32:39.01 | 34     |
| 43 #362 Kaufman, Kennedy   | 10   | Westwood            | 33:51.79 | 35     |
| 44 #980 Criss, Bee         | 11   | Siouxland Christian | 36:30.29 | 36     |
| 45 #933 Miller, Ava        | 10   | Oa-Bcig             | 37:52.90 | 37     |

Western Valley Conference XC Meet 2023 - 10/14/2023

Ida Grove, IA

Rankings

....Event 1 Girls 5k Run CC High School

Team Scores

| Rank | Team   | Total | 1  | 2  | 3  | 4  | 5  | *6 | *7 | *8 | *9 |
|------|--|-------|----|----|----|----|----|----|----|----|----|
| 1    | Ridge View<br>Total Time: 1:54:11.92<br>Average: 22:50.39          | 27    | 1  | 2  | 4  | 9  | 11 | 16 | 22 |    |    |
| 2    | Lawton-Bronson<br>Total Time: 1:58:44.80<br>Average: 23:44.96      | 47    | 5  | 7  | 8  | 13 | 14 | 18 | 33 |    |    |
| 3    | Mvaocou<br>Total Time: 2:02:12.90<br>Average: 24:26.58             | 63    | 3  | 6  | 15 | 19 | 20 | 23 |    |    |    |
| 4    | Siouxland Christian<br>Total Time: 2:19:05.26<br>Average: 27:49.06 | 126   | 17 | 21 | 26 | 28 | 34 | 36 |    |    |    |
| 5    | Westwood<br>Total Time: 2:20:43.32<br>Average: 28:08.67            | 126   | 10 | 24 | 25 | 32 | 35 |    |    |    |    |
| 6    | Oa-Bcig<br>Total Time: 2:19:54.60<br>Average: 27:58.92             | 129   | 12 | 27 | 29 | 30 | 31 | 37 |    |    |    |

## Western Valley Conference XC Meet 2023 - 10/14/2023

## Ida Grove, IA

## Rankings

## Event 2 Boys 5k Run CC High School

| Name                       | Year | School              | Finals   | Points |
|----------------------------|------|---------------------|----------|--------|
| 1 #90 Forbes, Charlie      | 11   | Mvaocou             | 17:58.94 | 1      |
| 2 #942 Maier, Hunter       | 10   | Oa-Bcig             | 18:16.17 |        |
| 3 #389 Metcalf, Devin      | 10   | Woodbury Cent-KP    | 18:29.36 | 2      |
| 4 #924 Meyer, Jayden       | 12   | Mvaocou             | 18:43.20 | 3      |
| 5 #920 Koithan, Joey       | 10   | Mvaocou             | 18:49.70 | 4      |
| 6 #397 Hanson, Odin        | 10   | Ridge View          | 18:50.27 | 5      |
| 7 #395 Hamann, Kael        | 11   | Mvaocou             | 18:55.23 | 6      |
| 8 #85 Bailey, Caydon       | 11   | Mvaocou             | 19:07.95 | 7      |
| 9 #965 Castillo, Ethan     | 09   | Ridge View          | 19:14.16 | 8      |
| 10 #32 Buffington, Ethan   | 09   | Lawton-Bronson      | 19:15.31 | 9      |
| 11 #993 Duerloo, Sam       | 12   | Siouxland Christian | 19:25.65 |        |
| 12 #356 McKinley, Gabe     | 12   | West Monona         | 19:35.80 |        |
| 13 #358 Orr, Andrew        | 12   | West Monona         | 19:42.28 |        |
| 14 #967 Forristal, Matthew | 12   | Ridge View          | 19:45.30 | 10     |
| 15 #385 Baker, Boston      | 10   | Woodbury Cent-KP    | 19:47.55 | 11     |
| 16 #974 Peterson, Landyn   | 09   | Ridge View          | 19:57.21 | 12     |
| 17 #69 Patelski, Lucas     | 09   | Lawton-Bronson      | 19:57.79 | 13     |
| 18 #367 Clayton, Jacob     | 09   | Westwood            | 20:07.92 | 14     |
| 19 #928 Zahnley, Drew      | 12   | Mvaocou             | 20:10.62 | 15     |
| 20 #964 Bisenius, Brody    | 11   | Ridge View          | 20:16.01 | 16     |
| 21 #29 Adams, Zach         | 09   | Lawton-Bronson      | 20:34.52 | 17     |
| 22 #33 Buono, Hunter       | 09   | Lawton-Bronson      | 20:42.97 | 18     |
| 23 #89 Dorale, Justin      | 12   | Mvaocou             | 20:57.12 | 19     |
| 24 #994 Hsu, Christian     | 11   | Siouxland Christian | 21:03.41 |        |
| 25 #393 Willis, Kaedyn     | 10   | Woodbury Cent-KP    | 21:19.20 | 20     |
| 26 #995 Koehler, Erik      | 09   | Siouxland Christian | 21:20.69 |        |
| 27 #34 Doenhoefer, Robby   | 11   | Lawton-Bronson      | 21:21.02 | 21     |
| 28 #977 Werner, Tristan    | 10   | Ridge View          | 21:24.75 | 22     |
| 29 #30 Brady, Joshua       | 09   | Lawton-Bronson      | 21:28.12 | 23     |
| 30 #963 Altena, Adrian     | 12   | Ridge View          | 21:35.02 | 24     |
| 31 #84 Babl, Max           | 10   | Mvaocou             | 21:41.88 |        |
| 32 #371 Scott, Owen        | 10   | Westwood            | 21:43.03 | 25     |
| 33 #927 Wesselmen, Tim     | 11   | Mvaocou             | 21:47.35 |        |
| 34 #388 Jessen, Ethan      | 09   | Woodbury Cent-KP    | 21:48.85 | 26     |
| 35 #392 Susie, Drake       | 09   | Woodbury Cent-KP    | 21:53.43 | 27     |
| 36 #74 Zamyatin, Simon     | 09   | Lawton-Bronson      | 21:55.32 | 28     |
| 37 #922 Mesillas, Eduardo  | 12   | Mvaocou             | 21:57.40 |        |
| 38 #925 Meyer, Tristan     | 09   | Mvaocou             | 21:58.34 |        |
| 39 #87 Cowgill, Evan       | 11   | Mvaocou             | 22:01.32 |        |
| 40 #945 Samway, Quintin    | 11   | Oa-Bcig             | 22:04.53 |        |
| 41 #387 Crow, Aleks        | 10   | Woodbury Cent-KP    | 22:14.86 | 29     |
| 42 #359 Pittet, Jaxon      | 10   | West Monona         | 22:25.76 |        |
| 43 #39 Harvey, Michael     | 09   | Lawton-Bronson      | 22:45.00 |        |
| 44 #391 Ploen, Cade        | 11   | Woodbury Cent-KP    | 23:32.72 | 30     |
| 45 #944 Porter, Will       | 09   | Oa-Bcig             | 23:36.98 |        |
| 46 #390 O'Mara, Noah       | 12   | Woodbury Cent-KP    | 23:41.54 |        |
| 47 #398 Jochims, Jade      | 12   | Ridge View          | 23:42.69 |        |
| 48 #399 Najera-Torres, Dan | 11   | Ridge View          | 24:31.00 |        |
| 49 #86 Bailey, Jaydon      | 10   | Mvaocou             | 24:36.57 |        |
| 50 #366 Christoffersen, Ko | 10   | Westwood            | 25:57.19 | 31     |
| 51 #406 Seggerman, Naoh    | 11   | Westwood            | 26:19.30 | 32     |
| 52 #976 Rojas, Rhyann      | 12   | Ridge View          | 26:38.73 |        |



## Western Valley Conference XC Meet 2023 - 10/14/2023

## Ida Grove, IA

## Rankings

## Event 3 Mixed 3200 Meter Run CC Middle School

| Name                       | Year | School              | Finals   | Points |
|----------------------------|------|---------------------|----------|--------|
| Results - Women 3200 Run   |      |                     |          |        |
| 1 #76 Forbes, Sylvia       | W07  | Mvaocou             | 12:50.27 |        |
| 2 #24 O'Brien, Aubree      | W8   | Lawton-Bronson      | 14:01.74 | 1      |
| 3 #930 Lomholt, Addison    | W08  | Oa-Bcig             | 14:12.51 |        |
| 4 #75 Armstead, Hayden     | W8   | Mvaocou             | 14:18.70 |        |
| 5 #951 Hansen, Taylor      | W08  | Ridge View          | 14:36.08 | 2      |
| 6 #983 Irvin, Hope         | W07  | Siouxland Christian | 14:46.34 | 3      |
| 7 #959 Tesch, Cora         | W08  | Ridge View          | 14:51.75 | 4      |
| 8 #948 Chavez, Destiny     | W08  | Ridge View          | 15:06.62 | 5      |
| 9 #381 Krajicek, Autumn    | W08  | Woodbury Cent-KP    | 15:13.16 | 6      |
| 10 #16 Buono, Hannah       | W07  | Lawton-Bronson      | 15:17.37 | 7      |
| 11 #407 Cooke, Lily        | W08  | Woodbury Cent-KP    | 15:31.88 | 8      |
| 12 #379 Guthridge, Emi     | W07  | Woodbury Cent-KP    | 15:45.03 | 9      |
| 13 #20 Lahrs, Sydney       | W8   | Lawton-Bronson      | 15:49.54 | 10     |
| 14 #25 Oehler, Briella     | W07  | Lawton-Bronson      | 15:55.26 | 11     |
| 15 #376 Cameron, Bryn      | W08  | Woodbury Cent-KP    | 16:03.04 | 12     |
| 16 #402 Broekemeier, Ava   | W07  | Siouxland Christian | 16:08.09 | 13     |
| 17 #947 Brown, Hannah      | W08  | Ridge View          | 16:10.25 | 14     |
| 18 #374 Bremer, Cora       | W07  | Woodbury Cent-KP    | 16:11.80 | 15     |
| 19 #986 Ogundipe, Sophia   | W07  | Siouxland Christian | 16:45.52 | 16     |
| 20 #931 Ludwig, Camryn     | W07  | Oa-Bcig             | 17:04.50 |        |
| 21 #382 Metcalf, Kylie     | W08  | Woodbury Cent-KP    | 17:10.54 | 17     |
| 22 #987 Reynolds, Anna     | W07  | Siouxland Christian | 17:12.85 | 18     |
| 23 #365 Sampson, Amyllia   | W08  | Westwood            | 17:41.75 |        |
| 24 #949 Forristal, Izzy    | W07  | Ridge View          | 17:44.32 | 19     |
| 25 #936 Raasch, Saige      | W08  | Oa-Bcig             | 17:53.78 |        |
| 26 #982 Engels, Mia        | W07  | Siouxland Christian | 18:07.65 | 20     |
| 27 #27 Smith, Keegan       | W8   | Lawton-Bronson      | 18:20.55 | 21     |
| 28 #952 Hein, Taylour      | W07  | Ridge View          | 18:57.22 | 22     |
| 29 #378 Golden, Oakley     | W08  | Woodbury Cent-KP    | 19:26.14 |        |
| 30 #394 McMillen, Nina     | W08  | Mvaocou             | 19:33.92 |        |
| 31 #989 Shea, Mandy        | W07  | Siouxland Christian | 19:57.27 | 23     |
| 32 #18 DeMarest, Ava       | W07  | Lawton-Bronson      | 20:03.15 | 24     |
| Results - Men 3200 Run     |      |                     |          |        |
| 1 #978 Witzke, Talan       | M08  | Ridge View          | 12:08.40 | 1      |
| 2 #996 Laurich, Ethan      | M08  | Siouxland Christian | 12:27.99 | 2      |
| 3 #31 Brockhaus, Craig     | M07  | Lawton-Bronson      | 12:46.35 | 3      |
| 4 #991 Brown, Jace         | M07  | Siouxland Christian | 12:57.05 | 4      |
| 5 #946 VanHouten, Wyatt    | M07  | Oa-Bcig             | 13:00.81 |        |
| 6 #968 Hanson, Ian         | M08  | Ridge View          | 13:04.56 | 5      |
| 7 #966 Dutler, Tyler       | M08  | Ridge View          | 13:20.91 | 6      |
| 8 #91 Friedrichs, Zander   | M08  | Mvaocou             | 13:41.45 | 7      |
| 9 #36 Eggleston, Luther    | M8   | Lawton-Bronson      | 13:46.90 | 8      |
| 10 #939 Johnson, Zachariah | M08  | Oa-Bcig             | 13:53.99 |        |
| 11 #73 Strehlow, Bodie     | M08  | Lawton-Bronson      | 13:56.02 | 9      |
| 12 #373 Willis, Luke       | M07  | Westwood            | 14:24.02 |        |
| 13 #973 Nedved, Leo        | M07  | Ridge View          | 14:32.14 | 10     |
| 14 #37 Franks, Tristen     | M8   | Lawton-Bronson      | 14:35.05 | 11     |
| 15 #970 Heitman, Carter    | M08  | Ridge View          | 15:03.11 | 12     |
| 16 #67 Olesen, Lennox      | M07  | Lawton-Bronson      | 15:10.26 | 13     |
| 17 #38 Hageman, Hollis     | M07  | Lawton-Bronson      | 15:48.93 | 14     |
| 18 #943 Neville, Jaxin     | M08  | Oa-Bcig             | 16:00.57 |        |
| 19 #926 Peitsch, Josiah    | M07  | Mvaocou             | 16:12.18 | 15     |

