

# RunnerStuff.co

## Western Dubuque Invitational

JV Girls    School Campus - Epworth, AI    9/29/2022    Sunny SE 9MPH 62°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Decorah	1	5	6	7	10	12	13	= 29	2:00:20.8	24:04.2	1:34.1
2	Marion	2	4	9	17	19	23	27	= 51	2:03:48.4	24:45.7	1:42.3
3	Wahlert Dubuque	3	14	15	24	26	30	32	= 82	2:07:44.6	25:32.9	2:39.0
4	Monticello	11	18	25	28	33	35		= 115	2:12:20.2	26:28.0	3:39.6
5	Epworth Western Dubuque	8	16	29	31	34	38	39	= 118	2:13:52.5	26:46.5	4:19.5
6	Union La Porte City	20	21	22	36	37			= 136	2:22:28.9	28:29.8	6:27.8

Incomplete Teams: Beckman Catholic Dyersville, Central DeWitt, Clayton Ridge Guttenberg, Easton Valley, Maquoketa

Place	Score	Name	Year	School	Time	Pace	mpm
1	1	Rebecca Anderson	SR	Decorah	23:00.7	7:24	
2	2	Maggie Churchill	JR	Marion	24:00.5	7:44	
3	3	Anna Dehn	JR	Wahlert Dubuque	24:06.6	7:46	
4	4	Alena Dietz	SO	Marion	24:06.8	7:46	
5	5	Natalie Goodner	SO	Decorah	24:12.2	7:47	
6	6	Kathryn Kelly	JR	Decorah	24:15.5	7:48	
7	7	Hailey Bower	SR	Decorah	24:17.8	7:49	
8	8	Katy Brunsmann	FR	Epworth Western Dubuque	24:19.0	7:50	
9	9	Rebeckah Regennitter	SR	Marion	24:23.3	7:51	
10	10	Olivia Paulsen	FR	Decorah	24:34.7	7:55	
11	11	Leah Schemmel	FR	Monticello	24:35.3	7:55	
12	12	Nora Lesmeister	FR	Decorah	24:35.3	7:55	
13	13	Amelia Wadsworth	SO	Decorah	24:49.9	8:00	
14	14	Ana Rivera	JR	Wahlert Dubuque	24:53.0	8:01	
15		Mairi Sessions	SR	Decorah	24:55.6	8:01	
16		Elayna Hook	JR	Decorah	24:55.7	8:01	
17		Madison Tollefson	SR	Decorah	25:01.6	8:03	
18	15	Drennan Fazio	FR	Wahlert Dubuque	25:23.4	8:10	
19	16	Isabella Graber	SR	Epworth Western Dubuque	25:33.5	8:14	
20	17	Delaney Shindelar	FR	Marion	25:34.9	8:14	
21	18	Mya Postel	SR	Monticello	25:38.0	8:15	
22	19	Addison Stearns	SR	Marion	25:42.8	8:17	
23		Madison Heim	SR	Decorah	25:54.2	8:20	
24		McKenzie Riley	SO	Decorah	25:59.7	8:22	
25		Addison Lukes-Smith	SO	Decorah	26:03.3	8:23	
26		Ramsey Zilka	SR	Decorah	26:08.5	8:25	
27		McKenzie Tollefson	SO	Decorah	26:09.0	8:25	
28	20	Kate Carlson	SO	Union La Porte City	26:12.0	8:26	
29	21	Lorolei Hinebaugh	FR	Union La Porte City	26:18.2	8:28	
30	22	Reagan Sorensen	JR	Union La Porte City	26:24.4	8:30	
31	23	Greta Kautz	SO	Marion	26:34.8	8:33	
32	24	Alison Munshower	JR	Wahlert Dubuque	26:36.0	8:34	
33	25	Bri Kearney	FR	Monticello	26:37.3	8:34	
34	26	Annebelle Cearlock	FR	Wahlert Dubuque	26:45.6	8:37	
35		Drew Zwart	FR	Decorah	26:46.1	8:37	
36	27	Noelle Regennitter	SR	Marion	26:49.5	8:38	
37	28	Serena Brokaw	SR	Monticello	27:14.8	8:46	
38		Elia Grouws	SR	Decorah	27:26.0	8:50	
39	29	Julia Adamson	SO	Epworth Western Dubuque	27:27.1	8:50	
40		Sylvia Sandhorst	SR	Decorah	27:29.4	8:51	
41	30	Lilyan Tuthill	FR	Wahlert Dubuque	27:29.8	8:51	
42		Sophia Christman	SR	Decorah	27:32.4	8:52	
43	31	Naomi Schlueter	FR	Epworth Western Dubuque	27:54.4	8:59	
44		Hailey Gaul	SO	Clayton Ridge Guttenberg	28:03.3	9:02	
45	32	Grace Zhang	JR	Wahlert Dubuque	28:06.0	9:03	
46	33	Taylor Gassman	JR	Monticello	28:14.9	9:06	
47		Evelyn Nelson	SO	Maquoketa	28:20.3	9:07	
48		Lydia Virtue	SO	Wahlert Dubuque	28:26.1	9:09	
49		Ashlin Cox	JR	Wahlert Dubuque	28:27.8	9:10	
50		Tatum Manternach	SR	Wahlert Dubuque	28:29.3	9:10	
51		Kortni O'Connell	SR	Decorah	28:32.7	9:11	
52		Payton Portzen	SO	Wahlert Dubuque	28:34.1	9:12	
53	34	Rachel Castro	SO	Epworth Western Dubuque	28:38.5	9:13	
54		Allysa Sadewasser	FR	Clayton Ridge Guttenberg	28:43.5	9:15	
55	35	Lauren Verhagen	JR	Monticello	29:01.3	9:20	
56		Bailey Sullivan	FR	Easton Valley	29:30.4	9:30	
57		Madison Gilroy	JR	Central DeWitt	29:40.6	9:33	
58		Hannah Schnitzler	SR	Decorah	29:47.2	9:35	
59		Marie Grebner	SO	Beckman Catholic Dyersville	30:01.7	9:40	
60		Chloe Goedken	SO	Beckman Catholic Dyersville	30:02.6	9:40	
61		Emily Grimes	SR	Central DeWitt	30:03.3	9:40	
62		Chloe Bowling	FR	Easton Valley	30:19.3	9:46	
63		Mollie Schaefers	SO	Clayton Ridge Guttenberg	30:19.8	9:46	
64		Chloe Chyle	SR	Decorah	30:49.9	9:55	
65	36	Amy Caughron	SR	Union La Porte City	30:54.5	9:57	
66		Gwenyth Thompson	SO	Decorah	31:56.3	10:17	
67		Diep Doan	SR	Decorah	31:57.8	10:17	

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Place	Score	Name	Year	School	Time	Pace mpm
68	37	Ellie Keegan	JR	Union La Porte City	32:39.8	10:31
69		Klaara Short	SO	Decorah	32:55.3	10:36
70		Abigail Larson	FR	Decorah	32:55.6	10:36
71	38	Teagan Kelchen	SO	Epworth Western Dubuque	32:57.7	10:37
72	39	Cambrie Pitz	SO	Epworth Western Dubuque	33:13.5	10:42
73		Hailey Bohr	SR	Decorah	34:04.9	10:58
74		Lillian Jensen	SR	Decorah	34:09.4	11:00
75		Hinckley Simon	SO	Clayton Ridge Guttenberg	35:17.5	11:22
76		Kennady Donovan	SR	Central DeWitt	36:33.9	11:46
77		Ella Carlson	SO	Decorah	37:08.6	11:57

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Place	Name	Time	mpm	Place	Name	Time	mpm
<b>1) Decorah</b>				<b>Score = 29</b>			
1	Rebecca Anderson, SR	23:00.7	7:24	<b>Beckman Catholic Dyersvill</b>			
5	Natalie Goodner, SO	24:12.2	7:47	59	Marie Grebner, SO	30:01.7	9:40
6	Kathryn Kelly, JR	24:15.5	7:48	60	Chloe Goedken, SO	30:02.6	9:40
7	Hailey Bower, SR	24:17.8	7:49	<b>Central DeWitt</b>			
10	Olivia Paulsen, FR	24:34.7	7:55	57	Madison Gilroy, JR	29:40.6	9:33
12	Nora Lesmeister, FR	24:35.3	7:55	61	Emily Grimes, SR	30:03.3	9:40
13	Amelia Wadsworth, SO	24:49.9	8:00	76	Kennady Donovan, SR	36:33.9	11:46
	Mairi Sessions, SR	24:55.6	8:01	<b>Clayton Ridge Guttenberg</b>			
	Elayna Hook, JR	24:55.7	8:01	44	Hailey Gaul, SO	28:03.3	9:02
	Madison Tollefson, SR	25:01.6	8:03	54	Allysa Sadewasser, FR	28:43.5	9:15
	Madison Heim, SR	25:54.2	8:20	63	Mollie Schaefer, SO	30:19.8	9:46
	McKenzie Riley, SO	25:59.7	8:22	75	Hinckley Simon, SO	35:17.5	11:22
	Addison Lukes-Smith, SO	26:03.3	8:23	<b>Easton Valley</b>			
	Ramsey Zilka, SR	26:08.5	8:25	56	Bailey Sullivan, FR	29:30.4	9:30
	McKenzie Tollefson, SO	26:09.0	8:25	62	Chloe Bowling, FR	30:19.3	9:46
	Drew Zwart, FR	26:46.1	8:37	<b>Maquoketa</b>			
	Ella Grouws, SR	27:26.0	8:50	47	Evelyn Nelson, SO	28:20.3	9:07
	Sylvia Sandhorst, SR	27:29.4	8:51				
	Sophia Christman, SR	27:32.4	8:52				
	Kortni O'Connell, SR	28:32.7	9:11				
	Hannah Schnitzler, SR	29:47.2	9:35				
	Chloe Chyle, SR	30:49.9	9:55				
	Gwenyth Thompson, SO	31:56.3	10:17				
	Diep Doan, SR	31:57.8	10:17				
	Klaara Short, SO	32:55.3	10:36				
	Abigail Larson, FR	32:55.6	10:36				
	Hailey Bohr, SR	34:04.9	10:58				
	Lillian Jensen, SR	34:09.4	11:00				
	Ella Carlson, SO	37:08.6	11:57				
<b>2) Marion</b>				<b>Score = 51</b>			
2	Maggie Churchill, JR	24:00.5	7:44				
4	Alena Dietz, SO	24:06.8	7:46				
9	Rebeckah Regennitter, SR	24:23.3	7:51				
17	Delaney Shindelar, FR	25:34.9	8:14				
19	Addison Stearns, SR	25:42.8	8:17				
23	Greta Kautz, SO	26:34.8	8:33				
27	Noelle Regennitter, SR	26:49.5	8:38				
<b>3) Wahlert Dubuque</b>				<b>Score = 82</b>			
3	Anna Dehn, JR	24:06.6	7:46				
14	Ana Rivera, JR	24:53.0	8:01				
15	Drennan Fazio, FR	25:23.4	8:10				
24	Alison Munshower, JR	26:36.0	8:34				
26	Annebelle Cearlock, FR	26:45.6	8:37				
30	Lilyan Tuthill, FR	27:29.8	8:51				
32	Grace Zhang, JR	28:06.0	9:03				
	Lydia Virtue, SO	28:26.1	9:09				
	Ashlin Cox, JR	28:27.8	9:10				
	Tatum Manternach, SR	28:29.3	9:10				
	Payton Portzen, SO	28:34.1	9:12				
<b>4) Monticello</b>				<b>Score = 115</b>			
11	Leah Schemmel, FR	24:35.3	7:55				
18	Mya Postel, SR	25:38.0	8:15				
25	Bri Kearney, FR	26:37.3	8:34				
28	Serena Brokaw, SR	27:14.8	8:46				
33	Taylor Gassman, JR	28:14.9	9:06				
35	Lauren Verhagen, JR	29:01.3	9:20				
<b>5) Epworth Western Dubuque</b>				<b>Score = 118</b>			
8	Katy Brunzman, FR	24:19.0	7:50				
16	Isabella Graber, SR	25:33.5	8:14				
29	Julia Adamson, SO	27:27.1	8:50				
31	Naomi Schlueter, FR	27:54.4	8:59				
34	Rachel Castro, SO	28:38.5	9:13				
38	Teagan Kelchen, SO	32:57.7	10:37				
39	Cambrie Pitz, SO	33:13.5	10:42				
<b>6) Union La Porte City</b>				<b>Score = 136</b>			
20	Kate Carlson, SO	26:12.0	8:26				
21	Lorolei Hinebaugh, FR	26:18.2	8:28				
22	Reagan Sorensen, JR	26:24.4	8:30				
36	Amy Caughron, SR	30:54.5	9:57				
37	Ellie Keegan, JR	32:39.8	10:31				

Incomplete Teams: