

## 2022 STARMONT INVITATIONAL

Arlington, IA  
 Starmont High School  
 Host: Starmont  
 Tuesday, September 13, 2022

### MEET OFFICIALS

Meet Director:  
 Charlie Gruman  
 Meet Referee:  
 Howard Simpson  
 Timing:  
 Shannon Event Timings



OFFICIAL MEET REPORT  
 printed: 9/13/2022 5:23 PM

Race #3  
 Girls Junior Varsity 5K

## Final Results

### RACE SUMMARY

Start Time: 4:40 pm

### TEAM SCORING SUMMARY

#### Class 2A/3A/4A

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	25	2-3-4-7-9(12)(13)	1:59:36	23:56	1:04.8
2 Sumner-Fredericksburg	62	6-10-11-16-19(24)(32)	2:07:19	25:28	2:00.5
3 West Delaware Mancheste	92	15-17-18-20-22(25)(26)	2:11:15	26:15	0:32.7
4 Dike-New Hartford	118	8-14-23-29-44(45)(48)	2:12:05	26:25	4:01.3
5 Center Point-Urbana	130	1-5-30-40-54(59)	2:12:02	26:25	6:31.5
6 Aplington-Parkersburg	194	31-34-39-43-47(51)	2:19:30	27:54	1:39.7
7 North Fayette Valley	196	21-36-41-46-52	2:19:50	27:58	2:46.4
8 Waukon	218	35-37-42-49-55	2:22:21	28:29	2:29.6
9 Oelwein	226	27-28-53-58-60(61)	2:28:05	29:37	6:19.6
10 Beckman Catholic Dyersvil	234	33-38-50-56-57	2:24:49	28:58	2:53.8
DNP Dike-New Hartford					
DNP West Delaware Mancheste					
DNP Columbus Catholic Waterloo					
DNP Center Point-Urbana					
DNP Independence					
DNP Vinton-Shellsburg					
DNP Sumner-Fredericksburg					
DNP Oelwein					
DNP Beckman Catholic Dyersvil					

#### Class 1A

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Hudson	34	1-2-7-11-13(17)(23)	2:11:19	26:16	4:25.5
2 Wapsie Valley Fairbank	40	3-6-8-9-14	2:15:19	27:04	3:27.0
3 North Linn Troy Mills	52	4-5-12-15-16(22)(25)	2:17:10	27:26	3:01.1
4 Starmont West Central	88	10-18-19-20-21(24)	2:29:13	29:51	3:47.0
DNP Union La Porte City					
DNP Edgewood-Colesburg					
DNP Starmont West Central					
DNP MFL MarMac					
DNP Turkey Valley Jackson Jun					
DNP Tripoli					
DNP Alburnett					

**2022 STARMONT INVITATIONAL**

Arlington, IA  
 Starmont High School  
 Host: Starmont  
 Tuesday, September 13, 2022

**MEET OFFICIALS**

Meet Director:  
 Charlie Gruman  
 Meet Referee:  
 Howard Simpson  
 Timing:  
 Shannon Event Timings



OFFICIAL MEET REPORT  
 printed: 9/13/2022 5:23 PM

**Race #3**  
**Girls Junior Varsity 5K**

**Final Results****INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 PAINE, Julia	SO	Center Point-Urban	1	23:14.24	---	7:28.7	4:38.8
2 SANDERSON, Sophie	FR	Denver	2	23:22.27	8.03	7:31.3	4:40.5
3 COOPER, Lily	SO	Denver	3	23:27.84	13.60	7:33.1	4:41.6
4 LUDWIG, Stella	FR	Columbus Catholic	-	23:43.49	29.25	7:38.2	4:44.7
5 MCINTOSH, Avery	FR	Denver	4	23:54.10	39.86	7:41.6	4:46.8
6 WILLAND, Madison	SO	Hudson	1	23:57.24	43.00	7:42.6	4:47.4
7 BOCKENSTEDT, Madison	SO	Center Point-Urban	5	24:11.52	57.28	7:47.2	4:50.3
8 BROWN, Sofia	JR	Hudson	2	24:15.14	1:00.90	7:48.3	4:51.0
9 WENTHOLD, Morgan	FR	Turkey Valley Jacks	-	24:18.65	1:04.41	7:49.5	4:51.7
10 ZABEL, Abby	SR	Sumner-Fredericks	6	24:23.60	1:09.36	7:51.1	4:52.7
11 DUNKIN, Ava	JR	Denver	7	24:24.44	1:10.20	7:51.3	4:52.9
12 WARDELL, Rosie	JR	Dike-New Hartford	8	24:25.44	1:11.20	7:51.7	4:53.1
13 LALK, Haley	SO	Denver	9	24:26.98	1:12.74	7:52.2	4:53.4
14 SANDER, Melenna	FR	Wapsie Valley Fairb	3	25:03.44	1:49.20	8:03.9	5:00.7
15 SHONKA, Rylee	SO	Sumner-Fredericks	10	25:11.14	1:56.90	8:06.4	5:02.2
16 ARTHUR, Grace	FR	Sumner-Fredericks	11	25:21.43	2:07.19	8:09.7	5:04.3
17 LAURES, Maryn	FR	Denver	(12)	25:26.59	2:12.35	8:11.3	5:05.3
18 WESTBROOK, Paige	SR	Denver	(13)	25:27.04	2:12.80	8:11.5	5:05.4
19 TYLER, Miranda	JR	Dike-New Hartford	14	25:40.02	2:25.78	8:15.7	5:08.0
20 SCHAEFER, Claire	FR	Columbus Catholic	-	25:44.27	2:30.03	8:17.0	5:08.9
21 FOLKERS, Moya	FR	North Linn Troy Mill	4	25:47.87	2:33.63	8:18.2	5:09.6
22 WYLIE, Niamh	FR	North Linn Troy Mill	5	25:50.85	2:36.61	8:19.1	5:10.2
23 THOMPSON, Willow	SR	West Delaware Ma	15	25:53.63	2:39.39	8:20.0	5:10.7
24 WARNKE, Emersen	JR	Sumner-Fredericks	16	25:58.47	2:44.23	8:21.6	5:11.7
25 LAROSA, Stephanie	JR	West Delaware Ma	17	26:11.19	2:56.95	8:25.7	5:14.2
26 ANTE, Brooklin	FR	West Delaware Ma	18	26:17.99	3:03.75	8:27.9	5:15.6
27 SCHULT, Ava	JR	Sumner-Fredericks	19	26:24.04	3:09.80	8:29.8	5:16.8
28 HOEGER, Maddie	SR	West Delaware Ma	20	26:24.93	3:10.69	8:30.1	5:17.0
29 SWALES, Grace	SO	Denver	-	26:25.03	3:10.79	8:30.1	5:17.0
30 MUELLER, Alivia	FR	North Fayette Valle	21	26:26.13	3:11.89	8:30.5	5:17.2
31 DOMEYER, Taylor	JR	West Delaware Ma	22	26:26.31	3:12.07	8:30.6	5:17.3
32 PETERSEN, Drew	JR	Dike-New Hartford	23	26:27.53	3:13.29	8:31.0	5:17.5
33 BERNHARD, Ava	SR	Sumner-Fredericks	(24)	26:33.67	3:19.43	8:32.9	5:18.7
34 MENSEN, Erin	FR	West Delaware Ma	(25)	26:35.68	3:21.44	8:33.6	5:19.1
35 KASS, Abby	SO	West Delaware Ma	(26)	26:43.75	3:29.51	8:36.2	5:20.8
36 RULAPHAUGH, Mirium	FR	Wapsie Valley Fairb	6	26:46.86	3:32.62	8:37.2	5:21.4
37 HODSON, Mia	JR	West Delaware Ma	-	26:48.51	3:34.27	8:37.7	5:21.7
38 ROGERS, Taylor	JR	Hudson	7	26:54.64	3:40.40	8:39.7	5:22.9
39 WOODSON, Emma	FR	Oelwein	27	26:54.71	3:40.47	8:39.7	5:22.9
40 HOVELAND, Emmah	SO	Oelwein	28	26:57.80	3:43.56	8:40.7	5:23.6
41 MEYER, Schyler	SR	Edgewood-Colesbu	-	26:58.46	3:44.22	8:40.9	5:23.7
42 BARDGETT, Alaina	FR	West Delaware Ma	-	26:59.24	3:45.00	8:41.2	5:23.8
43 STEFFEN, Alli	SR	Dike-New Hartford	29	27:05.02	3:50.78	8:43.0	5:25.0
44 GENTZ, Sophia	SR	Center Point-Urban	30	27:05.55	3:51.31	8:43.2	5:25.1
45 EILERS, Sara	SO	Aplington-Parkersb	31	27:08.93	3:54.69	8:44.3	5:25.8
46 SORENSEN, Reagan	JR	Union La Porte City	-	27:12.43	3:58.19	8:45.4	5:26.5

**2022 STARMONT INVITATIONAL**

Arlington, IA  
 Starmont High School  
 Host: Starmont  
 Tuesday, September 13, 2022

**MEET OFFICIALS**

Meet Director:  
 Charlie Gruman  
 Meet Referee:  
 Howard Simpson  
 Timing:  
 Shannon Event Timings



OFFICIAL MEET REPORT  
 printed: 9/13/2022 5:23 PM

**Race #3**  
**Girls Junior Varsity 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. km
47 MILLENKAMP, Maggie	JR	West Delaware Ma	-	27:14.63	4:00.39	8:46.1	5:26.9
48 BARNES, Maya	FR	Wapsie Valley Fairb	8	27:14.71	4:00.47	8:46.1	5:26.9
49 SCHMIDT, Carmen	SR	Sumner-Fredericks	(32)	27:17.96	4:03.72	8:47.2	5:27.6
50 MATTHIAS, Macy	JR	Denver	-	27:19.22	4:04.98	8:47.6	5:27.8
51 OLTROGGE, Gretchen	JR	Denver	-	27:27.18	4:12.94	8:50.2	5:29.4
52 HARRISON, Jocelyn	FR	Sumner-Fredericks	-	27:27.93	4:13.69	8:50.4	5:29.6
53 KNIPPER, Libby	SR	Beckman Catholic	33	27:29.63	4:15.39	8:50.9	5:29.9
54 PRICE, Ellie	SO	Aplington-Parkersb	34	27:32.40	4:18.16	8:51.8	5:30.5
55 O'NEILL, Ashlin	JR	Waukon	35	27:34.77	4:20.53	8:52.6	5:31.0
56 SCHULTZ, Ashton	SO	North Fayette Valle	36	27:35.45	4:21.21	8:52.8	5:31.1
57 MOUDY, Bella	SO	Waukon	37	27:36.64	4:22.40	8:53.2	5:31.3
58 CARLSON, Kate	SO	Union La Porte City	-	27:39.53	4:25.29	8:54.1	5:31.9
59 REED, Mary	SR	Beckman Catholic	38	27:40.03	4:25.79	8:54.3	5:32.0
60 CARNEY, Lauren	JR	Aplington-Parkersb	39	27:41.53	4:27.29	8:54.8	5:32.3
61 FRANCK, Austin	FR	Wapsie Valley Fairb	9	27:43.11	4:28.87	8:55.3	5:32.6
62 GERHOLD, Allison	SO	Center Point-Urban	40	27:44.54	4:30.30	8:55.7	5:32.9
63 SIECK, Abby	SO	Starmont West Cen	10	27:46.43	4:32.19	8:56.3	5:33.3
64 RHOMBERG, Abigail	JR	Columbus Catholic	-	27:47.56	4:33.32	8:56.7	5:33.5
65 UBBEN, Ella	FR	Hudson	11	27:48.90	4:34.66	8:57.1	5:33.8
66 FELDMAN, Grace	JR	North Fayette Valle	41	27:51.27	4:37.03	8:57.9	5:34.3
67 BOCKENSTEDT, Ava	JR	West Delaware Ma	-	27:59.42	4:45.18	9:00.5	5:35.9
68 NEUHAUS, Ava	SR	West Delaware Ma	-	28:01.12	4:46.88	9:01.1	5:36.2
69 SUTCLIFFE, Cady	SR	North Linn Troy Mill	12	28:03.07	4:48.83	9:01.7	5:36.6
70 HINEBAUGH, Lorolei	FR	Union La Porte City	-	28:06.02	4:51.78	9:02.7	5:37.2
71 RETALLICK, Emma	SO	Waukon	42	28:08.17	4:53.93	9:03.3	5:37.6
72 WALZ, Miley	FR	Edgewood-Colesbu	-	28:08.28	4:54.04	9:03.4	5:37.7
73 O'REAR, Abigail	JR	West Delaware Ma	-	28:14.20	4:59.96	9:05.3	5:38.8
74 JUNKER, Megan	FR	Aplington-Parkersb	43	28:18.36	5:04.12	9:06.6	5:39.7
75 LEETE, Payton	JR	Sumner-Fredericks	-	28:18.62	5:04.38	9:06.7	5:39.7
76 AUSTIN, Zoey	SO	Hudson	13	28:22.69	5:08.45	9:08.0	5:40.5
77 KLINGENBORG, Kayla	SR	Dike-New Hartford	44	28:26.68	5:12.44	9:09.3	5:41.3
78 HAYES, Emma	JR	Dike-New Hartford	(45)	28:29.10	5:14.86	9:10.1	5:41.8
79 WIERCK, Adelynn	FR	Wapsie Valley Fairb	14	28:30.36	5:16.12	9:10.5	5:42.1
80 REIERSON, Kelby	SO	North Linn Troy Mill	15	28:38.27	5:24.03	9:13.0	5:43.7
81 BOLDT, Ashlynn	JR	Tripoli	-	28:40.51	5:26.27	9:13.8	5:44.1
82 DEMMER, Maleah	SO	West Delaware Ma	-	28:41.13	5:26.89	9:14.0	5:44.2
83 NEY, Maddy	JR	North Fayette Valle	46	28:44.61	5:30.37	9:15.1	5:44.9
84 MERSCH, Sylvie	SR	West Delaware Ma	-	28:44.79	5:30.55	9:15.1	5:45.0
85 GROENEVELD, Finley	SO	Aplington-Parkersb	47	28:48.55	5:34.31	9:16.3	5:45.7
86 BRUNS, Daisy	SR	North Linn Troy Mill	16	28:48.95	5:34.71	9:16.5	5:45.8
87 POKORNY, Abrielle	FR	Dike-New Hartford	(48)	28:48.96	5:34.72	9:16.5	5:45.8
88 FOLKERTS, Natalie	SO	Dike-New Hartford	-	28:50.46	5:36.22	9:17.0	5:46.1
89 BYRNES, Natalie	JR	Waukon	49	28:56.32	5:42.08	9:18.8	5:47.3
90 REA, Mallory	JR	Beckman Catholic	50	29:05.40	5:51.16	9:21.8	5:49.1
91 WALKER, Eva	FR	Aplington-Parkersb	(51)	29:06.85	5:52.61	9:22.2	5:49.4
92 SMITH, Luca	JR	West Delaware Ma	-	29:07.12	5:52.88	9:22.3	5:49.4

**2022 STARMONT INVITATIONAL**

Arlington, IA  
 Starmont High School  
 Host: Starmont  
 Tuesday, September 13, 2022

**MEET OFFICIALS**

Meet Director:  
 Charlie Gruman  
 Meet Referee:  
 Howard Simpson  
 Timing:  
 Shannon Event Timings



OFFICIAL MEET REPORT  
 printed: 9/13/2022 5:23 PM

**Race #3**  
**Girls Junior Varsity 5K**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
93 DEPPE, Jaden	SO	Hudson	(17)	29:09.82	5:55.58	9:23.2	5:50.0
94 FRANCIS, Jessica	JR	North Fayette Valle	52	29:12.49	5:58.25	9:24.0	5:50.5
95 OTDOERFER, Madelyn	SR	Starmont West Cen	18	29:17.83	6:03.59	9:25.8	5:51.6
96 STEFFEN, Kenzlei	JR	Sumner-Fredericks	-	29:21.21	6:06.97	9:26.9	5:52.2
97 ROGERS, Merissa	SO	Oelwein	53	29:36.64	6:22.40	9:31.8	5:55.3
98 SCHWARTZ, Sydney	SR	Independence	-	29:41.57	6:27.33	9:33.4	5:56.3
99 AULWES, Claire	JR	Edgewood-Colesbu	-	29:43.06	6:28.82	9:33.9	5:56.6
100 MOURLAM, Allison	SO	Center Point-Urban	54	29:45.70	6:31.46	9:34.7	5:57.1
101 KLOSTERMANN, Kennedy	SR	West Delaware Ma	-	30:00.88	6:46.64	9:39.6	6:00.2
102 GERMAN, Taylor	SO	Starmont West Cen	19	30:01.47	6:47.23	9:39.8	6:00.3
103 KLUESNER, Mackenzie	SR	West Delaware Ma	-	30:01.49	6:47.25	9:39.8	6:00.3
104 COTA, Azlynn	JR	Waukon	55	30:04.35	6:50.11	9:40.7	6:00.9
105 GREBNER, Marie	SO	Beckman Catholic	56	30:09.84	6:55.60	9:42.5	6:02.0
106 EMERSON, Keara	SR	West Delaware Ma	-	30:11.57	6:57.33	9:43.1	6:02.3
107 DEMMER, Sydney	SR	West Delaware Ma	-	30:11.71	6:57.47	9:43.1	6:02.3
108 BERGMAN, Lily	SO	Denver	-	30:17.49	7:03.25	9:45.0	6:03.5
109 GOEDKEN, Chloe	SO	Beckman Catholic	57	30:23.42	7:09.18	9:46.9	6:04.7
110 DONAT, Kelly	SO	Starmont West Cen	20	30:33.73	7:19.49	9:50.2	6:06.7
111 CAUGHRON, Amy	SR	Union La Porte City	-	30:40.75	7:26.51	9:52.5	6:08.2
112 GRIFFITH, Megan	SR	Dike-New Hartford	-	30:59.53	7:45.29	9:58.5	6:11.9
113 EILDERTS, Joy	SO	Dike-New Hartford	-	31:18.76	8:04.52	10:04.7	6:15.8
114 SCHUNK, Ella	SR	Oelwein	58	31:20.81	8:06.57	10:05.3	6:16.2
115 SABIN, Riley	FR	Center Point-Urban	(59)	31:23.48	8:09.24	10:06.2	6:16.7
116 DILLON, Kelli	SR	Sumner-Fredericks	-	31:24.53	8:10.29	10:06.5	6:16.9
117 MEADE, Mary	JR	Starmont West Cen	21	31:33.37	8:19.13	10:09.4	6:18.7
118 WEBER, Cadence	SR	MFL MarMac	-	31:52.82	8:38.58	10:15.6	6:22.6
119 CHRISTIANSEN, Kiersten	SO	Dike-New Hartford	-	32:13.46	8:59.22	10:22.3	6:26.7
120 HILDEBRAND, Maddie	JR	West Delaware Ma	-	32:28.15	9:13.91	10:27.0	6:29.6
121 CUTSFORTH, Emersen	JR	Dike-New Hartford	-	32:34.12	9:19.88	10:28.9	6:30.8
122 MORTENSON, Jory	SR	Oelwein	60	33:14.25	10:00.0	10:41.9	6:38.9
123 PASKER, Gwen	SO	West Delaware Ma	-	33:54.79	10:40.5	10:54.9	6:47.0
124 SCHMIDT, Gabryla	SR	North Linn Troy Mill	(22)	34:00.91	10:46.6	10:56.9	6:48.2
125 RICHTER, Ellie	FR	Hudson	(23)	34:03.49	10:49.2	10:57.7	6:48.7
126 HANCOCK, Anna	JR	Starmont West Cen	(24)	34:33.88	11:19.6	11:07.5	6:54.8
127 RAHE, Sydney	JR	Oelwein	(61)	34:48.45	11:34.2	11:12.2	6:57.7
128 REISNER, Kate	FR	Sumner-Fredericks	-	34:52.24	11:38.0	11:13.4	6:58.4
129 JOLLEY, Audrey	JR	West Delaware Ma	-	35:05.24	11:51.0	11:17.6	7:01.0
130 INGWERSEN, Kira	SR	North Linn Troy Mill	(25)	35:42.21	12:27.9	11:29.5	7:08.4
131 EDDY, Rachel	SR	Independence	-	35:42.21	12:27.9	11:29.5	7:08.4
132 TAYLOR, Samantha	SR	North Linn Troy Mill	-	35:57.98	12:43.7	11:34.6	7:11.6
133 GONNERMAN, Malea	JR	Denver	-	36:02.12	12:47.8	11:35.9	7:12.4
134 BACON, Tricia	SO	MFL MarMac	-	36:02.21	12:47.9	11:35.9	7:12.4