

## 2022 STARMONT INVITATIONAL

Arlington, IA  
 Starmont High School  
 Host: Starmont  
 Tuesday, September 13, 2022

### MEET OFFICIALS

Meet Director:  
 Charlie Gruman  
 Meet Referee:  
 Howard Simpson  
 Timing:  
 Shannon Event Timings



OFFICIAL MEET REPORT  
 printed: 9/13/2022 6:00 PM

**Race #4**  
**Boys Junior Varsity 5K**

## Final Results

### RACE SUMMARY

Start Time: 5:10 pm

### TEAM SCORING SUMMARY

#### Class 2A/3A/4A

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	29	2-3-5-7-12(13)(14)	1:37:29	19:30	1:13.5
2 Waukon	43	1-4-9-10-19(22)(23)	1:38:13	19:39	2:35.9
3 Center Point-Urbana	56	6-8-11-15-16(17)(20)	1:40:37	20:08	1:05.1
4 West Delaware Mancheste	114	18-21-24-25-26(27)(30)	1:46:30	21:18	0:59.5
5 North Fayette Valley	165	28-29-31-38-39(48)(50)	1:51:42	22:21	1:05.4
6 Independence	210	35-40-44-45-46(47)(56)	1:55:00	23:00	0:45.6
7 Oelwein	224*	36-37-42-51-58(60)(61)	1:57:45	23:33	2:47.4
8 Vinton-Shellsburg	224*	32-33-49-53-57(62)(64)	1:58:22	23:41	2:49.7
9 Beckman Catholic Dyersvil	254	34-52-54-55-59	2:02:13	24:27	3:06.6
10 Sumner-Fredericksburg	278	41-43-63-65-66	2:21:15	28:15	13:06.7
DNP Columbus Catholic Waterloo					
DNP North Fayette Valley					
DNP Dike-New Hartford					
DNP Aplington-Parkersburg					
DNP Center Point-Urbana					
DNP Beckman Catholic Dyersvil					
DNP West Delaware Mancheste					
DNP Waukon					
DNP Waterloo East					
DNP Oelwein					
DNP Sumner-Fredericksburg					

#### \*Tiebreakers

Oelwein	36	37	42	51	58	60
Vinton-Shellsburg	32	33	49	53	57	62

#### Class 1A

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Wapsie Valley Fairbank	26	2-4-5-7-8(11)(12)	2:03:04	24:37	2:50.9
2 Starmont West Central	29	1-3-6-9-10(13)(14)	2:05:16	25:04	4:02.1
DNP Edgewood-Colesburg					
DNP Alburnett					
DNP Wapsie Valley Fairbank					
DNP Hudson					
DNP Tripoli					
DNP Cedar Valley Christian					

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Final Standings	Score	Scoring Order	Total	Avg.	Spread
DNP North Linn Troy Mills					
DNP Turkey Valley Jackson Jun					
DNP Union La Porte City					

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 HELGERSON, Caleb	SO	Waukon	1	18:07.99	---	5:50.2	3:37.6
2 LAFRENTZ, Talan	SO	Denver	2	18:51.12	43.13	6:04.1	3:46.2
3 CLAYTON, Jarett	JR	Denver	3	19:13.63	1:05.64	6:11.3	3:50.7
4 GIBBS, Ethan	SO	Waukon	4	19:20.42	1:12.43	6:13.5	3:52.1
5 LARSON, Ethan	JR	Denver	5	19:28.94	1:20.95	6:16.2	3:53.8
6 CARDO, Will	FR	Center Point-Urban	6	19:32.61	1:24.62	6:17.4	3:54.5
7 HAASE, Carson	JR	Denver	7	19:49.89	1:41.90	6:23.0	3:58.0
8 SALOW, Jonah	SR	Center Point-Urban	8	19:49.96	1:41.97	6:23.0	3:58.0
9 O'NEILL, Colton	FR	Waukon	9	19:56.96	1:48.97	6:25.2	3:59.4
10 LEPPERT, Brandon	FR	Waukon	10	20:02.90	1:54.91	6:27.2	4:00.6
11 BECK, Brayden	JR	Center Point-Urban	11	20:03.74	1:55.75	6:27.4	4:00.7
12 MATTHIAS, Myles	SO	Denver	12	20:04.54	1:56.55	6:27.7	4:00.9
13 WATERMAN, Jason	JR	Denver	(13)	20:04.58	1:56.59	6:27.7	4:00.9
14 EVEN, Garrett	SR	Denver	(14)	20:07.99	2:00.00	6:28.8	4:01.6
15 DOEPKE, Mitchell	FR	Denver	-	20:09.32	2:01.33	6:29.2	4:01.9
16 SCHECHINGER, Austin	SO	Alburnett	-	20:21.24	2:13.25	6:33.1	4:04.2
17 CLINTON, Conner	JR	Denver	-	20:22.50	2:14.51	6:33.5	4:04.5
18 DESMET, James	JR	Center Point-Urban	15	20:32.62	2:24.63	6:36.7	4:06.5
19 DRIEIER, Jacob	SO	Center Point-Urban	16	20:37.63	2:29.64	6:38.3	4:07.5
20 BATCHELOR, Landon	FR	Center Point-Urban	(17)	20:37.87	2:29.88	6:38.4	4:07.6
21 MENARD, Trent	FR	West Delaware Ma	18	20:39.20	2:31.21	6:38.8	4:07.8
22 WASSON, Mason	JR	Waukon	19	20:43.84	2:35.85	6:40.3	4:08.8
23 BROWN, Christian	SO	Denver	-	20:47.88	2:39.89	6:41.6	4:09.6
24 SHOLES, Ben	FR	Center Point-Urban	(20)	20:51.89	2:43.90	6:42.9	4:10.4
25 PAUTSCH, Grant	JR	Denver	-	20:54.54	2:46.55	6:43.8	4:10.9
26 NEUHAUS, Owen	JR	West Delaware Ma	21	21:07.21	2:59.22	6:47.9	4:13.4
27 BALK, Bode	JR	Turkey Valley Jacks	-	21:14.92	3:06.93	6:50.3	4:15.0
28 PERKINS, Caleb	JR	Waukon	(22)	21:14.96	3:06.97	6:50.4	4:15.0
29 WARNELL, Connor	JR	Hudson	-	21:16.04	3:08.05	6:50.7	4:15.2
30 BROOKS, Noah	SO	Denver	-	21:21.99	3:14.00	6:52.6	4:16.4
31 NICODEMUS, Jeremy	FR	Cedar Valley Christi	-	21:26.76	3:18.77	6:54.1	4:17.4
32 KOVARIK, isaak	FR	Waukon	(23)	21:27.70	3:19.71	6:54.5	4:17.5
33 FANGMAN, Ashton	SO	West Delaware Ma	24	21:27.76	3:19.77	6:54.5	4:17.6
34 BLAKEMAN, Adam	FR	Columbus Catholic	-	21:31.12	3:23.13	6:55.6	4:18.2
35 BARBER, Drew	JR	Hudson	-	21:35.22	3:27.23	6:56.9	4:19.0
36 BURRICHTER, Tucker	FR	Waukon	-	21:35.85	3:27.86	6:57.1	4:19.2
37 MASTIN, Dominic	JR	West Delaware Ma	25	21:36.39	3:28.40	6:57.2	4:19.3
38 JOHNSON, Gil	SO	West Delaware Ma	26	21:38.68	3:30.69	6:58.0	4:19.7
39 HENZEN, Dagen	SO	Denver	-	21:43.57	3:35.58	6:59.6	4:20.7
40 COOK, Adam	SO	West Delaware Ma	(27)	21:44.23	3:36.24	6:59.8	4:20.8

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**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
41	MCGRANE, Keagan	JR North Fayette Valle	28	21:45.28	3:37.29	7:00.1	4:21.1
42	STEEGE, Jacob	SR Denver	-	22:00.02	3:52.03	7:04.9	4:24.0
43	STARRETT, John	SR North Fayette Valle	29	22:00.11	3:52.12	7:04.9	4:24.0
44	WOOTEN, Kyler	FR West Delaware Ma	(30)	22:00.49	3:52.50	7:05.0	4:24.1
45	LLOYD, Cashton	JR Waukon	-	22:07.69	3:59.70	7:07.3	4:25.5
46	VANDERVELDEN, James	SR Waukon	-	22:16.67	4:08.68	7:10.2	4:27.3
47	PUTNEY, Ryan	FR North Fayette Valle	31	22:17.33	4:09.34	7:10.4	4:27.5
48	ZUNIGA, Maximo	SO Columbus Catholic	-	22:17.80	4:09.81	7:10.6	4:27.6
49	COLSCH, Emmett	JR Vinton-Shellsburg	32	22:21.65	4:13.66	7:11.8	4:28.3
50	QUINT, Gabe	JR West Delaware Ma	-	22:22.12	4:14.13	7:12.0	4:28.4
51	MANGOLD, Hugh	JR Vinton-Shellsburg	33	22:25.08	4:17.09	7:12.9	4:29.0
52	RABENHORST, Josh	FR Denver	-	22:27.19	4:19.20	7:13.6	4:29.4
53	GREBNER, John Paul	SR Beckman Catholic	34	22:27.95	4:19.96	7:13.8	4:29.6
54	WIELAND, Kale	SR Independence	35	22:29.24	4:21.25	7:14.3	4:29.8
55	MARTING, Tanner	SR Waukon	-	22:30.15	4:22.16	7:14.6	4:30.0
56	MCGRAW, Aidan	JR Alburnett	-	22:31.11	4:23.12	7:14.9	4:30.2
57	BEATTY, Cj	JR Oelwein	36	22:31.67	4:23.68	7:15.0	4:30.3
58	DOWD, Landon	FR Oelwein	37	22:37.51	4:29.52	7:16.9	4:31.5
59	HOHENBRINK, Nick	JR North Fayette Valle	38	22:48.59	4:40.60	7:20.5	4:33.7
60	CLARK, Tommy	SR North Fayette Valle	39	22:50.66	4:42.67	7:21.2	4:34.1
61	JUSTASON, Kyle	JR Independence	40	22:51.77	4:43.78	7:21.5	4:34.4
62	KONGABLE, Nick	SO Center Point-Urban	-	22:52.73	4:44.74	7:21.8	4:34.5
63	BIERMANN, Breven	JR Tripoli	-	22:53.95	4:45.96	7:22.2	4:34.8
64	O'REAR, Zach	SR West Delaware Ma	-	23:00.57	4:52.58	7:24.3	4:36.1
65	OSBORN, Westin	SO Sumner-Fredericks	41	23:01.72	4:53.73	7:24.7	4:36.3
66	BERRY, Nevin	SR Oelwein	42	23:07.89	4:59.90	7:26.7	4:37.6
67	HANKES, Drake	FR Waukon	-	23:09.01	5:01.02	7:27.1	4:37.8
68	POST, Zach	JR Center Point-Urban	-	23:09.88	5:01.89	7:27.3	4:38.0
69	BLAKE, Brennen	SO Sumner-Fredericks	43	23:09.95	5:01.96	7:27.4	4:38.0
70	HURLEY, Elliot	SO Independence	44	23:10.11	5:02.12	7:27.4	4:38.0
71	NELSON, Wyatt	SO Starmont West Cen	1	23:10.92	5:02.93	7:27.7	4:38.2
72	STRAW, Carter	SR Independence	45	23:13.57	5:05.58	7:28.5	4:38.7
73	PERRY, Will	SR Independence	46	23:14.76	5:06.77	7:28.9	4:39.0
74	SCHAEFER, Finn	FR Wapsie Valley Fairb	2	23:19.82	5:11.83	7:30.5	4:40.0
75	DANIELSEN, Cameron	SR Hudson	-	23:20.16	5:12.17	7:30.6	4:40.0
76	KILER, Chase	JR Independence	(47)	23:21.19	5:13.20	7:31.0	4:40.2
77	PINION, Caleb	FR Starmont West Cen	3	23:23.45	5:15.46	7:31.7	4:40.7
78	RABENHORST, Joe	FR Denver	-	23:24.31	5:16.32	7:32.0	4:40.9
79	SKINNER, Josh	FR Cedar Valley Christi	-	23:27.66	5:19.67	7:33.1	4:41.5
80	SCHAEFER, Clay	JR North Fayette Valle	(48)	23:40.00	5:32.01	7:37.0	4:44.0
81	JANSSEN, Max	JR Vinton-Shellsburg	49	23:40.86	5:32.87	7:37.3	4:44.2
82	RABENHORST, Nate	SR Denver	-	23:41.34	5:33.35	7:37.5	4:44.3
83	PFAB, Isaac	SO North Linn Troy Mill	-	23:43.36	5:35.37	7:38.1	4:44.7
84	HAAS, Kaiden	FR West Delaware Ma	-	23:47.30	5:39.31	7:39.4	4:45.5
85	KOLSRUD, Ryan	JR Waukon	-	23:48.89	5:40.90	7:39.9	4:45.8
86	SWALES, Josiah	SO Denver	-	23:59.56	5:51.57	7:43.3	4:47.9

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**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. km
87 TANEVIC, Matija		North Fayette Valle	(50)	24:00.96	5:52.97	7:43.8	4:48.2
88 BARTH, Luke	FR	North Linn Troy Mill	-	24:01.62	5:53.63	7:44.0	4:48.3
89 BANTZ, Braden	FR	Wapsie Valley Fairb	4	24:04.18	5:56.19	7:44.8	4:48.8
90 BRAM, Alex	FR	Wapsie Valley Fairb	5	24:06.08	5:58.09	7:45.4	4:49.2
91 DRISCOLL, Hunter	FR	Oelwein	51	24:08.82	6:00.83	7:46.3	4:49.8
92 CAHALAN, Kelby	FR	Waukon	-	24:13.24	6:05.25	7:47.7	4:50.6
93 HAMANN, Dakota	JR	Edgewood-Colesbu	-	24:14.28	6:06.29	7:48.1	4:50.9
94 BUSHMAN, Hudson	FR	North Fayette Valle	-	24:22.69	6:14.70	7:50.8	4:52.5
95 HENNINGS, Adam	SR	Tripoli	-	24:25.40	6:17.41	7:51.6	4:53.1
96 BERUMEZ, Jacob	SO	Columbus Catholic	-	24:26.68	6:18.69	7:52.1	4:53.3
97 HELMRICHS, Cael	FR	Edgewood-Colesbu	-	24:27.50	6:19.51	7:52.3	4:53.5
98 WESTHOFF, Isaac	SR	Beckman Catholic	52	24:34.61	6:26.62	7:54.6	4:54.9
99 COLE, Kyler	SO	Edgewood-Colesbu	-	24:41.05	6:33.06	7:56.7	4:56.2
100 VRBA, Ian	SR	Vinton-Shellsburg	53	24:42.18	6:34.19	7:57.0	4:56.4
101 WHITE, Riley	JR	Beckman Catholic	54	24:47.30	6:39.31	7:58.7	4:57.5
102 LUENSMANN, Cole	FR	Beckman Catholic	55	24:48.46	6:40.47	7:59.1	4:57.7
103 SIMPSON, Jacob	SR	Starmont West Cen	6	24:48.64	6:40.65	7:59.1	4:57.7
104 POST, Cael	SO	Independence	(56)	24:49.09	6:41.10	7:59.3	4:57.8
105 PETERSON, Xander	SO	Denver	-	24:55.14	6:47.15	8:01.2	4:59.0
106 BIRCH, Tyler	SR	Aplington-Parkersb	-	25:03.70	6:55.71	8:04.0	5:00.7
107 WHITE, Jacob	FR	Dike-New Hartford	-	25:08.75	7:00.76	8:05.6	5:01.8
108 CHRISTENSON, Cal	FR	Vinton-Shellsburg	57	25:11.31	7:03.32	8:06.4	5:02.3
109 KING, Elijah	FR	Oelwein	58	25:18.99	7:11.00	8:08.9	5:03.8
110 MCGRAW, Cam	FR	Alburnett	-	25:21.62	7:13.63	8:09.7	5:04.3
111 WEEPIE, Marshall	FR	Wapsie Valley Fairb	7	25:22.91	7:14.92	8:10.2	5:04.6
112 HELLE, Zach	SO	Beckman Catholic	59	25:34.48	7:26.49	8:13.9	5:06.9
113 WILLIAMS, Mike	FR	Oelwein	(60)	25:35.39	7:27.40	8:14.2	5:07.1
114 L'HEUREUX, Rush	FR	Dike-New Hartford	-	25:36.39	7:28.40	8:14.5	5:07.3
115 DRUVENGA, Trey	JR	Dike-New Hartford	-	25:40.68	7:32.69	8:15.9	5:08.1
116 JAMES, Adyen	JR	Oelwein	(61)	25:54.51	7:46.52	8:20.3	5:10.9
117 PALMER, Landen	SO	West Delaware Ma	-	25:55.24	7:47.25	8:20.6	5:11.0
118 NISSEN, Logan	FR	Center Point-Urban	-	26:08.75	8:00.76	8:24.9	5:13.8
119 EIKE, Elijah	FR	Wapsie Valley Fairb	8	26:10.72	8:02.73	8:25.5	5:14.1
120 MASKE, Adam	SR	Aplington-Parkersb	-	26:11.21	8:03.22	8:25.7	5:14.2
121 BOOKMIER, Matthew	JR	Vinton-Shellsburg	(62)	26:25.00	8:17.01	8:30.1	5:17.0
122 REYNOLDS, Landon	SO	Aplington-Parkersb	-	26:33.99	8:26.00	8:33.0	5:18.8
123 MATT, Anderson	SR	Sumner-Fredericks	63	26:38.51	8:30.52	8:34.5	5:19.7
124 RECKER, Evan	SR	Starmont West Cen	9	26:39.27	8:31.28	8:34.7	5:19.9
125 CHOPARD, Aiden	FR	West Delaware Ma	-	27:07.80	8:59.81	8:43.9	5:25.6
126 STOCKS, Anthony	SR	Starmont West Cen	10	27:12.94	9:04.95	8:45.6	5:26.6
127 CORNWELL, Aiden	SO	Alburnett	-	27:13.58	9:05.59	8:45.8	5:26.7
128 BRYAN, Eric	FR	Wapsie Valley Fairb	(11)	27:17.09	9:09.10	8:46.9	5:27.4
129 KANE, Madden	FR	Wapsie Valley Fairb	(12)	27:21.19	9:13.20	8:48.2	5:28.2
130 STURTZ, Isaac	JR	Vinton-Shellsburg	(64)	27:26.12	9:18.13	8:49.8	5:29.2
131 WILLEY, Wyatt	SR	West Delaware Ma	-	27:28.53	9:20.54	8:50.6	5:29.7
132 HENKLE, Hayden	FR	Vinton-Shellsburg	-	27:44.15	9:36.16	8:55.6	5:32.8

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133 CONN, Landon	FR	Cedar Valley Christi	-	27:44.29	9:36.30	8:55.7	5:32.9
134 HENNING, Alex	SO	Columbus Catholic	-	27:44.35	9:36.36	8:55.7	5:32.9
135 BOARDMAN, Caleb	FR	Starmont West Cen	(13)	27:47.52	9:39.53	8:56.7	5:33.5
136 DEKUTOSKI, Steven	FR	Hudson	-	27:51.34	9:43.35	8:57.9	5:34.3
137 PALMER, Hayden	FR	Waukon	-	28:48.84	10:40.8	9:16.4	5:45.8
138 KULA, Jayson	SO	Starmont West Cen	(14)	30:28.49	12:20.5	9:48.5	6:05.7
139 PRIEBE, Eli	SO	Sumner-Fredericks	65	32:15.66	14:07.6	10:23.0	6:27.1
140 WILDER, DeShaun	SR	Tripoli	-	32:16.60	14:08.6	10:23.3	6:27.3
141 KELLY, Ethan	JR	Waukon	-	32:53.48	14:45.4	10:35.2	6:34.7
142 SZURLEY, Cameron		Wapsie Valley Fairb	-	34:20.30	16:12.3	11:03.1	6:52.1
143 BRITT, Mason	SO	Sumner-Fredericks	66	36:08.40	18:00.4	11:37.9	7:13.7
144 DAHLEN, Jonas	FR	Waterloo East	-	36:19.09	18:11.1	11:41.3	7:15.8
145 OLIND, McCoy	FR	Edgewood-Colesbu	-	36:24.25	18:16.2	11:43.0	7:16.9
146 SATTHERTHWAITE, Nick	FR	Denver	-	38:54.44	20:46.4	12:31.3	7:46.9
147 REGAN, Jacob	SO	Center Point-Urban	-	43:18.36	25:10.3	13:56.3	8:39.7