

RunnerStuff.com

Marsha Koebernick XC Invitational - 9/29/2022

South Sioux City High School Host Team

Jeffrey Dible Soccer Complex

Event 1 Girls 5k Run CC Girls A&B

Name	Year School	Finals	Points
Class A Results 5000 Run			
1 Chance, Thea	12 Yankton High	20:53.42	1
2 Krieger, Katelyn	12 Spirit Lake	21:06.65	2
3 Valdivia, Lorena	11 South Sioux City	21:23.37	3
4 Flores, Gloria	12 South Sioux City	21:44.23	4
5 Scott, Emma	09 Sioux City East	21:50.01	5
6 Rumsey, Shae	11 Yankton High	21:52.73	6
7 Walsh, Scarlett	11 Bishop Heelan	21:54.50	7
8 Roerig, Grace	09 Bishop Heelan	21:57.19	8
9 Stanley, Brooklyn	11 Bishop Heelan	22:03.56	9
10 Salas, Analicia	11 Sioux City North	22:08.86	10
11 Heineman, Brooklyn	11 South Sioux City	22:11.52	11
12 Saulsbury, Delaney	10 Bishop Heelan	22:13.15	12
13 Johnson, Chloe	12 Omaha Central	22:17.39	13
14 Hulinsky, Rebecca	12 Le Mars High	22:18.17	14
15 Johnson, Hanna	09 Sioux City North	22:18.37	15
16 Serck, Sydnee	12 Yankton High	22:26.81	16
17 Weitzel, Khloee	09 Sioux City East	22:28.25	17
18 Shafer, Ella	09 Omaha Central	22:41.16	18
19 DeRocher, MaKenzie	09 Le Mars High	22:42.88	19
20 Jones, Alexys	11 Sioux City East	22:45.47	20
21 Jochum, Ashleigh	09 Bishop Heelan	22:50.32	21
22 Leighter, Lucy	11 Omaha Central	22:51.21	22
23 Tereshinski, Claire	11 Yankton High	22:53.83	23
24 Vogt, Joslyn	09 Sioux City North	23:02.52	24
25 Ryan, Gabby	12 Sgt. Bluff-Luton	23:06.33	25
26 Alkhalil, Alsafa	11 Omaha Central	23:11.10	26
27 Romero, Marianna	12 South Sioux City	23:12.07	27
28 Flattery, Alex	11 Sioux City East	23:22.69	28
29 Gonzalez, Ali	10 Sioux City North	23:23.15	29
30 Palu, Hudson	10 Omaha Central	23:23.88	30
31 Ritz, Ellie	12 Bishop Heelan	23:27.67	31
32 Karras, Sophia	12 Sgt. Bluff-Luton	23:32.50	32
33 Shafer, Claire	11 Omaha Central	23:53.68	33
34 Whiteshirt, Lilly	10 Sioux City West	23:54.06	34
35 Olson, Kaylee	11 Sioux City North	23:54.86	35
36 Chavez, Lexi	10 South Sioux City	24:04.06	36
37 Salgado, Jacqueline	10 South Sioux City	24:05.43	37
38 Kamm, Lilin	09 Sioux City East	24:12.55	38
39 Hamerlinck, Kendal	11 Le Mars High	24:13.51	39
40 Morrow, Mariah	12 Sioux City East	24:15.93	40
41 Britt, Kylee	12 Le Mars High	24:25.98	41
42 Pritchard, Charlotte	11 Spirit Lake	24:41.95	42
43 Kass, Sienna	10 Le Mars High	24:52.14	43
44 Griebel, Cori	12 Sgt. Bluff-Luton	24:53.28	44
45 Bockenstedt, Bjella	09 Sgt. Bluff-Luton	24:56.37	45
46 Andersen, Abby	09 Sgt. Bluff-Luton	24:56.69	46
47 Berglund, Kendra	10 Sgt. Bluff-Luton	24:57.01	47
48 Zermeno, Angela	09 Sioux City West	25:23.18	48
49 Payes, Alejandra	11 Sioux City West	25:44.13	49
50 Hartzell, Anna	11 Spirit Lake	25:47.51	50
51 Roller, Marilyn	09 Le Mars High	26:00.97	51
52 Buhman, Kimber	10 Sioux City West	26:39.68	52
53 Carper, Sarah	11 Sioux City West	26:44.66	53
54 Bennett, Mackenzie	09 Spirit Lake	27:01.36	54

Average: 25:25.27

Class B Results 5000 Run

1 Crofton High	16	1	4	5	6		
Total Time: 1:28:01.66							
Average: 22:00.42							
2 Okoboji	27	3	7	8	9	10	12
Total Time: 1:31:03.97							
Average: 22:46.00							
3 Lawton Bronson	40	2	11	13	14	15	16
Total Time: 1:35:14.10							
Average: 23:48.53							

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Event 2 Boys 5k Run CC Boys A&B

Name	Year School	Finals	Points
Class A Results 5000 Run			
1 Nash, Gabe	12 Sioux City North	16:17.08	1
2 Ejerso, Mesuidi	12 South Sioux City	16:52.51	2
3 Payer, Dylan	11 Yankton High	16:58.46	3
4 Gutema, Beshanena	12 Sioux City North	17:23.86	4
5 Obbink, Trace	11 Le Mars High	17:46.14	5
6 Gomez, Raul	12 Sioux City North	17:50.40	6
7 Fedde, Zach	12 Yankton High	17:51.85	7
8 Morelos, Ivan	11 South Sioux City	17:54.72	8
9 Trajewski, Harrison	Yankton High	18:00.26	9
10 Aden, Abdi	11 Omaha Central	18:04.79	10
11 Hughes, Brandon	10 Spirit Lake	18:06.09	11
12 Kumbi, Abubekar	11 Sioux City North	18:08.49	12
13 VandenBerg, Damon	12 Spirit Lake	18:15.89	13
14 Janzen, Evan	12 Sgt. Bluff-Luton	18:16.84	14
15 Wieseler, Michael	11 Sgt. Bluff-Luton	18:17.21	15
16 Mohammed, Sadam	11 South Sioux City	18:30.09	16
17 Wilford, Alex	12 Sioux City North	18:34.61	17
18 Jensen, Titus	12 South Sioux City	18:39.61	18
19 Gonzalez, Braulio	10 Sgt. Bluff-Luton	18:40.49	19
20 Sanchez, Juan	12 Le Mars High	18:45.14	20
21 Mekonnen, Gebrewahid	12 Sioux City North	18:48.03	21
22 Otten, Eli	12 Bishop Heelan	18:51.62	22
23 Meis, Michael	12 Le Mars High	18:53.83	23
24 Lopez, Julio	12 South Sioux City	18:55.76	24
25 Robles, Nathan	09 South Sioux City	18:59.64	25
26 Gebra, Filmon	10 Sioux City West	19:02.59	26
27 Small, JoJo	10 Sioux City West	19:10.11	27
28 Chance, Abram	Yankton High	19:16.75	28
29 Wurth, Caden	12 Le Mars High	19:22.13	29
30 Gonzalez, Alex	11 Bishop Heelan	19:22.58	30
31 Koepke, Kaden	09 Sioux City East	19:23.17	31
32 Cerasoli, Rocco	10 Omaha Central	19:32.17	32
33 Gamble, Hayden	12 Sgt. Bluff-Luton	19:32.97	33
34 Wenzlaff, Taylor	Yankton High	19:35.37	34
35 Sorenson, Riley	11 Spirit Lake	19:39.72	35
36 Hernandez, Omar	12 Sioux City East	19:40.10	36
37 Gonzalez, Andres	10 Bishop Heelan	19:40.78	37
38 Walsh, Ben	09 Bishop Heelan	19:42.34	38
39 Wright, Daijhon	12 Sioux City West	19:42.97	39
40 Trautman, Carter	09 Spirit Lake	19:48.31	40
41 Ritchie, Lachlan	12 Omaha Central	20:01.42	41
42 McGuigan, Harry	11 Omaha Central	20:07.81	42
43 Vargas-Gaytan, Alejandro	10 Sgt. Bluff-Luton	20:16.07	43
44 Kueper, Connor	12 Spirit Lake	20:17.42	44
45 Delarosa, Daniel	09 Sgt. Bluff-Luton	20:20.49	45
46 Cleveland, Danny	09 Sioux City East	20:20.99	46
47 Samayoa, Sairus	12 Sioux City East	20:21.61	47
48 Harrison, Jacob	12 Sioux City East	20:24.79	48
49 Murra, Michael	11 Le Mars High	20:26.30	49
50 Olsen, Christian	11 Omaha Central	20:40.30	50
51 Flanery, Elias	11 Bishop Heelan	20:43.90	51
52 Munoz, Eric	11 Sioux City West	20:57.80	52
53 Laursen, Noah	11 Le Mars High	21:09.23	53
54 Callender, Ryker	11 Sioux City West	21:14.94	54

55 Webb, Tyton	12	Sioux City West	21:19.13	55
56 Denker, Jacob	12	Sioux City East	21:30.73	56
57 Uhl, Fisher	10	Bishop Heelan	22:02.48	57
58 Profit, Tommy	12	Spirit Lake	22:50.99	58
Class B Results 5000 Run				
1 Berridge, Dyami	12	Winnebago	17:21.82	
2 Osler, Evan	10	Okoboji	17:24.98	1
3 Taylor, Brody	11	Ponca	17:41.21	
4 Heimdahl, Trigg	10	Okoboji	17:52.13	2
5 Nolte, Owen	12	Gross Catholic	18:14.62	
6 Jones, Dylan	12	Okoboji	18:35.93	3
7 Sandven, Drew	11	Okoboji	18:50.29	4
8 Hesse, Christian	12	Okoboji	18:57.12	5
9 Smith, Lakevan	10	Omaha Nation	19:04.67	
10 Jostand, Akron	11	Okoboji	19:09.50	6
11 Moseman, Theo	12	Lawton Bronson	19:36.54	
12 Wilford, Justin	12	Siouxland Christian	19:40.25	7
13 Nagle, James	11	Ralston	19:53.87	8
14 Duerloo, Sammy	11	Siouxland Christian	20:02.69	9
15 Jansen, Josh	10	Gross Catholic	20:03.09	
16 Albeno, Pablo	12	Ralston	20:09.08	10
17 Januelwicz, Grayson	11	Gross Catholic	20:29.04	
18 Mutoke, Winner	10	Ralston	20:45.41	11
19 Hsu, Christian	10	Siouxland Christian	21:43.80	12
20 Villatoro, Anthony	11	Siouxland Christian	21:46.54	13
21 Kelsey, Nik	11	Ralston	21:57.26	14
22 Nguyenduy, Kevin	11	Ralston	22:12.99	15
23 Miller, Keithin	12	Omaha Nation	22:57.88	
24 Fairchild, Chance	10	Ponca	22:59.16	
25 Pearson, Hunter	09	Siouxland Christian	23:26.71	16
26 Merical, Caden	09	Ponca	24:44.45	
27 Adams, Nick	10	Lawton Bronson	25:03.12	
28 DeCora, Eugene	11	Winnebago	26:18.05	
29 George, Alex	12	Winnebago	27:19.43	
30 Duncan, Keaton	11	Siouxland Christian	29:42.70	17

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
Class A Results 5000 Run											
1	Sioux City North	23	1	4	6	12	17	21			
	Total Time:										
	Average:										
2	South Sioux City	44	2	8	16	18	24	25			
	Total Time:										
	Average:										
3	Yankton High	47	3	7	9	28	34				
	Total Time:										
	Average:										
4	Le Mars High	77	5	20	23	29	49	53			
	Total Time:										
	Average:										
5	Sergeant Bluff-Luton	81	14	15	19	33	43	45			
	Total Time:										
	Average:										
6	Spirit Lake	99	11	13	35	40	44	58			
	Total Time:										
	Average:										
7	Omaha Central	125	10	32	41	42	50				
	Total Time:										
	Average:										
8	Bishop Heelan	127	22	30	37	38	51	57			

Total Time:	1:17:37.32						
Average:	19:24.33						
9 Sioux City West	144	26	27	39	52	54	55
Total Time:	1:18:53.47						
Average:	19:43.37						
10 Sioux City East	160	31	36	46	47	48	56
Total Time:	1:19:45.87						
Average:	19:56.47						
Class B Results 5000 Run							
1 Okoboji	10	1	2	3	4	5	6
Total Time:	1:12:43.33						
Average:	18:10.84						
2 Siouxland Christian	41	7	9	12	13	16	17
Total Time:	1:23:13.28						
Average:	20:48.32						
3 Ralston	43	8	10	11	14	15	
Total Time:	1:22:45.62						
Average:	20:41.41						

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Event 3 Girls 5k Run CC JV

Name	Year School	Finals	Points
1 Johanneson, Abbey	07 Yankton High	22:53.06	1
2 Youmans, Delaney	07 Yankton High	22:56.94	2
3 Barker, Ava	10 Sioux City East	23:34.42	3
4 Bleeker, Reese	09 Bishop Heelan	23:57.37	4
5 Vrbka, Isabella	09 Yankton High	24:03.74	5
6 Welker, Nora	12 Yankton High	24:09.21	6
7 Elmer, Laura	12 Omaha Central	24:11.75	7
8 Jackson, Rilyn	07 Yankton High	24:15.38	8
9 Kieffer, Naomi	10 Bishop Heelan	24:17.21	9
10 Rubio, Elizabeth	12 Sioux City North	24:22.20	10
11 Peterson, Kahlen	09 Yankton High	24:29.03	11
12 Demke, Kiki	10 Bishop Heelan	24:31.32	12
13 Grima-Topete, Myra	12 Omaha Central	24:41.67	13
14 Kuntz, Brynn	12 Bishop Heelan	24:42.68	14
15 Gutierrez, Maria	09 Sioux City North	24:43.64	15
16 Mines, Bailey	09 Yankton High	25:03.36	
17 Alkhalil, Almarwa	11 Omaha Central	25:07.57	16
18 Walmrath, Lauren	09 Ralston	25:09.36	
19 Menton, Lydia	12 Gross Catholic	25:11.81	
20 Hall, Abby	10 Sioux City North	25:13.30	17
21 Barber, Allison	10 Bishop Heelan	25:15.47	18
22 Burrack, Arcenia	09 Sioux City North	25:15.79	19
23 Koob, Sid	12 Bishop Heelan	25:20.12	20
24 Ayers, Aliyah	10 Sioux City North	25:21.93	21
25 Hogan, Emma	09 Sioux City East	25:30.08	22
26 Johanneson, Ava	10 Yankton High	25:34.94	
27 Pinkleman-Brown, Gabbie	10 Sioux City East	25:38.05	23
28 Denman, Aili-Ann	12 Sgt. Bluff-Luton	25:53.07	24
29 Elgert, Alayna	10 Sioux City North	25:54.25	25
30 Garay, Elise	09 Sioux City North	26:04.63	
31 Tilberg, Abigail	12 Le Mars High	26:07.68	26
32 Koob, Karley	11 Bishop Heelan	26:16.35	
33 Wiltgen, Ava	10 Bishop Heelan	26:24.37	
34 Fehl, Olivia	12 Sgt. Bluff-Luton	26:27.33	27
35 Schueth, Tayler	09 Sioux City North	26:27.54	
36 Loofe, Kailee	12 Sgt. Bluff-Luton	26:30.61	28
37 Ahrendt, Kendall	12 Sgt. Bluff-Luton	26:35.29	29
38 Palmer, Marcella	09 Sioux City North	26:44.62	
39 Lengkeek, Baileigh	09 Sioux City East	27:04.79	30
40 Tooley, Kamryn	11 Sgt. Bluff-Luton	27:09.16	31
41 Wilford, Lily	10 Sioux City North	27:09.29	
42 Bryant, Fiona	10 Omaha Central	27:18.86	32
43 Loffswold, Sophie	12 Sgt. Bluff-Luton	27:22.46	33
44 Ruskamp, Olivia	11 Sgt. Bluff-Luton	27:23.39	
45 Hogrefe, Maya	09 Le Mars High	27:24.68	34
46 Barto, Elizabeth	11 Sgt. Bluff-Luton	27:25.85	
47 Mendez, Monica	11 Ralston	27:36.41	
48 Monjaras, Natalia	10 Sioux City West	27:37.63	35
49 Elgert, Adelynn	10 Sioux City North	27:39.83	
50 Buss, Chloe	12 Sgt. Bluff-Luton	27:46.26	
51 Ponti, Caterina	12 Omaha Central	27:50.50	36
52 Cuen, Carina	11 Ralston	27:52.97	
53 Correa, Elena	12 Omaha Central	28:00.48	37
54 Ratterman, Kendra	09 Yankton High	28:03.33	
55 Kapla, Sydney	09 Yankton High	28:07.54	

56 Cleary, Shannon	09 Bishop Heelan	28:10.33	
57 Kifle, Simret	10 Sioux City North	28:10.70	
58 Suarez, Dayrin	09 Sioux City West	28:11.87	38
59 Ciaffa, Alyssa (Mac)	10 Le Mars High	28:14.35	39
60 Aga, Betel	12 Omaha Central	28:16.13	
61 Emerson, Brenna	10 Bishop Heelan	28:22.96	
62 Streck, Sadee	10 Sgt. Bluff-Luton	28:28.22	
63 Le, Ngan	09 South Sioux City	28:32.02	40
64 DeAnda, Nadia	11 South Sioux City	28:35.96	41
65 Torres, Indigo	12 Omaha Central	28:45.13	
66 Perez, Lilyan	11 Omaha Central	28:49.94	
67 Ernst, Maggie	12 Omaha Central	28:53.87	
68 Stang, Gia	12 Omaha Central	29:09.72	
69 Odell, Anna	09 Sgt. Bluff-Luton	29:19.58	
70 Fairchild, Marygrace	11 Bishop Heelan	29:19.60	
71 Bauman, Teryne	12 Sgt. Bluff-Luton	29:20.27	
72 Wheeler, Addison	10 Sgt. Bluff-Luton	29:21.23	
73 Evans-Murphy, Elise	12 Sgt. Bluff-Luton	29:37.68	
74 Morales, Elizabeth	10 Sioux City West	29:40.78	42
75 Medina Salazar, Janet	09 South Sioux City	29:51.50	43
76 Kellen, Tessa	10 Le Mars High	29:59.52	44
77 Pick, Ellaina	10 Le Mars High	30:29.78	45
78 Oleson, Emma	09 Sioux City North	30:58.66	
79 Young, Felicity	10 Bishop Heelan	31:02.01	
80 Martinez, Susely	09 Sioux City West	31:39.66	46
81 Paravati, Paola	11 Le Mars High	31:40.28	47
82 Gomez, Desyree	10 Sioux City West	31:58.29	48
83 Laird, Leah	10 Sioux City North	32:29.27	
84 Houghton, Kilanna	10 South Sioux City	32:32.94	49
85 Johnson, Elise	09 Sioux City North	32:33.42	
86 Torres Gonzalez, Lysandr	10 South Sioux City	33:28.59	50
87 DeAnda, Anahi	11 South Sioux City	33:40.44	51
88 Barnett, Abigail	12 South Sioux City	33:58.61	
89 Villatoro-Castro, Jennif	10 Sioux City West	35:36.78	52
90 Paez, Fatima	11 Sioux City North	36:02.03	
91 Arens, Dylan	12 South Sioux City	36:07.66	
92 Zavala, Natalia	09 Sioux City North	36:33.62	
93 Hartso, Elizabeth	11 Sioux City North	37:34.69	
94 Pinney, Navaeh	09 Le Mars High	39:37.01	

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Yankton High	14	1	2	5	6	8	11			
	Total Time:	1:34:02.95									
	Average:	23:30.74									
2	Bishop Heelan	39	4	9	12	14	18	20			
	Total Time:	1:37:28.58									
	Average:	24:22.15									
3	Sioux City North	61	10	15	17	19	21	25			
	Total Time:	1:39:34.93									
	Average:	24:53.74									
4	Omaha Central	68	7	13	16	32	36	37			
	Total Time:	1:41:19.85									
	Average:	25:19.97									
5	Sioux City East	78	3	22	23	30					
	Total Time:	1:41:47.34									
	Average:	25:26.84									
6	Sergeant Bluff-Luton	108	24	27	28	29	31	33			
	Total Time:	1:45:26.30									
	Average:	26:21.58									
7	Le Mars High	143	26	34	39	44	45	47			

Total Time:	1:51:46.23							
Average:	27:56.56							
8 Sioux City West	161	35	38	42	46	48	52	
Total Time:	1:57:09.94							
Average:	29:17.49							
9 South Sioux City	173	40	41	43	49	50	51	
Total Time:	1:59:32.42							
Average:	29:53.11							

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Event 4 Boys 5k Run CC JV

Name	Year	School	Finals	Points
1	Schultz, Connor	10 Sioux City North	18:47.63	1
2	Schultz, Kiefer	10 Sioux City North	19:01.67	2
3	Tesfaselassie, Even	09 Sioux City North	19:05.35	3
4	Mohammed, Abdikadar	09 South Sioux City	19:06.97	4
5	Reda, Merhawi	11 Sioux City North	19:07.28	5
6	Woolworth, Logan	10 Sioux City North	19:18.96	6
7	Parker, Hugh	11 Omaha Nation	19:24.65	
8	Ngeleka, Melusi	10 South Sioux City	19:34.15	7
9	Olson, Bryton	09 Yankton High	19:39.00	8
10	Peterson, Issac	Yankton High	19:40.02	9
11	Greenstreet, Davian	12 Sioux City North	19:42.26	10
12	Larrington, Sam	12 Yankton High	19:44.40	11
13	Ali, Mohamed-Amin	10 South Sioux City	19:50.21	12
14	Hawkinson, Matthew	11 Sioux City North	19:55.14	
15	Konopasek, Owen	10 Sgt. Bluff-Luton	19:57.83	13
16	Frick, Boston	Yankton High	20:00.73	14
17	Vogt, Carter	12 Sioux City North	20:02.25	
18	Gonzalez, Emiliano	11 Sgt. Bluff-Luton	20:04.08	15
19	Dooley, Oliver	12 Yankton High	20:05.95	16
20	Brenden, Ethan	09 Yankton High	20:11.68	17
21	Jacobson, Luck	07 Yankton High	20:18.62	
22	Larrabee, Ayden	09 Sgt. Bluff-Luton	20:20.67	18
23	Fjeldheim, Kameron	12 Bishop Heelan	20:21.36	19
24	Hames, Ben	09 Sioux City North	20:25.36	
25	Hunhoff, Kaden	09 Yankton High	20:32.74	
26	Larson, Isaiah	09 Omaha Central	20:36.91	20
27	VanWyhe, Dalton	11 Sgt. Bluff-Luton	20:37.89	21
28	Wheeler, Easton	12 Sgt. Bluff-Luton	20:39.36	22
29	Chwirka, Dylan	09 Sioux City East	20:41.45	23
30	Feimer, Lucas	08 Yankton High	20:42.18	
31	McGregor, Kasey	10 Sgt. Bluff-Luton	20:45.94	24
32	Carstens, Henry	10 Omaha Central	20:51.94	25
33	MacClure, Nathaniel	11 Sgt. Bluff-Luton	20:54.66	
34	Grace, Jack	10 Omaha Central	20:55.70	26
35	DeMare, Andrew	12 Omaha Central	21:05.10	27
36	Wieman, Caden	11 Yankton High	21:06.94	
37	Sanchez-Gomez, Miguel	09 Sioux City North	21:07.26	
38	Slowely, Jackson	Yankton High	21:08.63	
39	Olson, Joseph	12 Sioux City North	21:11.70	
40	Embrock, Adam	11 Sioux City North	21:12.22	
41	Haroldson, Gavin	10 Sioux City North	21:12.49	
42	Sweum, Kellen	11 Sgt. Bluff-Luton	21:14.17	
43	Reda, Essey	09 Sioux City North	21:24.52	
44	Beyer, Vincent	11 Sgt. Bluff-Luton	21:33.70	
45	Skogland, Ethan	11 Sgt. Bluff-Luton	21:46.19	
46	Donovan, James	10 Bishop Heelan	21:46.50	28
47	Kinnetz, Jackson	10 Bishop Heelan	21:50.06	29
48	Gomez, Pablo	09 South Sioux City	21:51.18	30
49	McIntyre, Samuel	12 Le Mars High	21:53.70	31
50	Kabella, Antani	Yankton High	21:58.25	
51	Lightner, Simon	09 Omaha Central	21:59.33	32
52	Delgadillo, Javier	10 South Sioux City	22:02.94	33
53	Fitch, Kennedy	11 Sioux City East	22:03.10	34
54	Welch, Jacob	10 Bishop Heelan	22:04.27	35
55	Schmid, Jett	10 Le Mars High	22:05.82	36

56	Debates, Joseph	12	Sioux City East	22:13.83	37
57	McGinty, Julian	11	Sgt. Bluff-Luton	22:17.31	
58	Jimenez, Omar	12	Sioux City East	22:18.34	38
59	Schaap, Dylon	12	Sgt. Bluff-Luton	22:18.47	
60	Sundarem, Sairam	11	Sgt. Bluff-Luton	22:18.81	
61	Kirkpatrick, Cahill	11	Bishop Heelan	22:28.13	39
62	Valladolid, Jose	12	Sioux City North	22:30.23	
63	Larrington, Issac	08	Yankton High	22:36.91	
64	Sidow, Niman	12	South Sioux City	22:39.75	40
65	Kirkpatrick, Conan	10	Bishop Heelan	22:40.10	41
66	Albeno, J'Ovie	11	Ralston	22:42.61	42
67	Myers, Nathan	10	Sgt. Bluff-Luton	22:43.71	
68	Lee, Aaron	10	Le Mars High	22:44.56	43
69	Cheloha, Jaden	11	Omaha Central	22:50.41	44
70	Hare, Jeremiah	12	Ralston	22:52.25	45
71	Stahle, Jack	12	Bishop Heelan	22:54.21	
72	Larsen, Austin	10	Bishop Heelan	22:54.62	
73	Heger, Clint	10	Sgt. Bluff-Luton	22:56.82	
74	Keokenchanh, Cam	11	Sgt. Bluff-Luton	22:57.15	
75	Walz, Elliot	12	Sioux City North	23:04.56	
76	Dooley, Elliott	11	Yankton High	23:04.59	
77	Enszer, Gabe	10	Sioux City West	23:20.58	46
78	Vander Sluis, Seth	11	Le Mars High	23:22.52	47
79	Muhlecke, Brodie	10	Ralston	23:23.34	48
80	Sanchez, Tony	09	Bishop Heelan	23:39.17	
81	Diaz, Jack	09	South Sioux City	23:41.07	
82	Sands, Maxwell	10	Sioux City West	23:44.10	49
83	Venteicher, Noah	12	Le Mars High	23:50.63	50
84	Sanchez, Christian	11	Sioux City West	23:54.89	51
85	Bywater, Jack	10	Gross Catholic	23:55.37	52
86	McKewon, Conner	11	Sioux City West	23:58.90	53
87	McGill, Jacob	12	Le Mars High	24:01.10	54
88	Daffer, Nicholas	11	Bishop Heelan	24:04.26	
89	Dandurand, Noah	10	Sioux City East	24:21.90	55
90	Johnson, Samuel	11	Le Mars High	24:22.44	
91	Daffer, Ben	09	Bishop Heelan	24:31.13	
92	Pham, Ethan	10	Sioux City North	24:33.81	
93	Winkel, Mallik	12	Sioux City East	24:33.82	56
94	Hobza, Poe	10	Omaha Central	24:33.87	
95	Nolte, Isaac	09	Gross Catholic	24:35.15	57
96	Riker, Blake	10	Bishop Heelan	24:42.11	
97	Lorenzen, Evan	09	Sioux City North	24:46.07	
98	Patee, Britton	10	Bishop Heelan	24:48.85	
99	Cox, Danny	09	Omaha Central	24:50.23	
100	Corcoran, Dayton	09	Ralston	24:55.39	58
101	Casseus, Dorlenz	11	Sioux City West	24:57.58	59
102	Garcia, Ariel	10	South Sioux City	25:03.51	
103	Mullally, Hunter	09	Le Mars High	25:04.37	
104	Mendoza, David	10	Bishop Heelan	25:04.75	
105	Feldman, Brock	12	Le Mars High	25:14.35	
106	Bouvilom, Nathan	11	South Sioux City	25:29.52	
107	Hargrave, Daniel	12	Ralston	25:55.47	60
108	Henry, Dalton	10	Le Mars High	25:57.17	
109	Nimaja, Benji	10	Sioux City North	26:08.51	
110	Johnson, Griffin		Yankton High	26:09.86	
111	Shuck, Skylar	10	Sioux City North	26:17.34	
112	Smith, Waylon	10	Sioux City West	26:20.09	61
113	Rohr, Ryan	12	Gross Catholic	26:36.17	62
114	Mullally, Ryder	10	Le Mars High	27:00.41	
115	Sandusky, Shaun	09	South Sioux City	27:46.55	
116	Miller, Kalton	10	Omaha Nation	27:49.36	
117	Wilson, Joseph	09	Sioux City West	28:02.92	
118	Cartagna Fernandez, Jahi	12	Gross Catholic	28:07.78	63

Marsha Koebernick XC Invitational - 9/29/2022
 South Sioux City High School Host Team
 Jeffrey Dible Soccer Complex
 Last Completed Event

Event 5 Girls 3k Run CC Junior High

Name	Year	School	Finals	Points
1 Pfister, Laken	07	Ponca	13:51.91	1
2 Brennan, Ava	08	Ponca	14:00.74	2
3 Carroll, Colby	08	Bishop Heelan	14:04.39	3
4 Fitch, Kailyn	07	Bishop Heelan	14:06.94	4
5 Topf, Ellie	07	Bishop Heelan	14:19.98	5
6 Kusel, Remy	07	Yankton High	14:33.56	6
7 Kvidera, Madison	08	Sgt. Bluff-Luton	14:38.98	7
8 Wilcox, Mekinzey	07	Bishop Heelan	14:42.63	8
9 Regier, Reese	08	West Middle	14:48.90	9
10 Dryden, Ava	08	Yankton High	14:50.67	10
11 Zinn, Kamesha	08	North Middle	14:56.92	11
12 Flanery, Josephine	07	Bishop Heelan	15:05.81	12
13 Stotz, Aubrey	07	Yankton High	15:10.52	13
14 Templeman, Jaelen	08	Ponca	15:10.72	14
15 Brester, Peyton	08	Sgt. Bluff-Luton	15:12.38	15
16 Redhorn, Zaniyah	07	Winnebago	15:23.67	
17 Messler, Sarah	08	Yankton High	15:24.83	16
18 Larrabee, Alexis	08	Sgt. Bluff-Luton	15:33.58	17
19 Vanderlinden, Ella	07	East Middle	15:36.53	18
20 Arzate, Lissa	07	South Sioux City	15:37.96	19
21 Britton, Stella	08	Sgt. Bluff-Luton	15:38.35	20
22 Soldati, Lyndon	08	North Middle	15:39.53	21
23 Gann, Claire	08	North Middle	15:41.35	22
24 Rose, Peyton	07	North Middle	15:41.67	23
25 Berger Dettarty, Zoey	08	North Middle	15:45.66	24
26 Eliades, Anna	08	Bishop Heelan	15:47.66	25
27 Hoskins, Ava	08	Sgt. Bluff-Luton	16:04.00	26
28 Eliesa, Khloe	08	North Middle	16:12.89	27
29 Ebey, Tatiana	08	East Middle	16:13.76	
30 Ratterman, Emily	07	Yankton High	16:14.89	28
31 O'Brien, Aubree	07	Lawton Bronson	16:17.26	29
32 Owen, Madison	07	East Middle	16:18.80	30
33 Gardiner, Megan	08	North Middle	16:19.57	31
34 Lohr, Savannah	07	Bishop Heelan	16:22.75	32
35 Alamillo, Brianna	07	South Sioux City	16:24.48	33
36 Salter, Ashlynn	08	North Middle	16:24.89	
37 Mesz, Kaylee	08	Lawton Bronson	16:24.90	34
38 Bartling, Presley	08	Ponca	16:31.92	35
39 Uhl, Reagan	07	Bishop Heelan	16:36.67	36
40 Brownell, Anna	07	Bishop Heelan	16:40.14	
41 Albrecht, Avery	07	Sgt. Bluff-Luton	16:42.02	37
42 Lillard, Ejanae	07	West Middle	16:43.31	38
43 Lahrs, Sydney	07	Lawton Bronson	16:45.16	39
44 Phan, Julie	08	North Middle	16:55.14	
45 Garcia, Jackie	08	North Middle	16:56.59	
46 Feauto, Alex	07	Bishop Heelan	16:57.89	
47 Hardgraves, Kyrrah	08	Sgt. Bluff-Luton	17:07.87	40
48 Nunez-Cruz, Katherine	07	South Sioux City	17:32.60	41
49 Barron, Aaliyah	07	West Middle	17:36.43	42
50 Lopez, Victoria	08	East Middle	17:50.85	
51 Trudell, Natalee	08	West Middle	17:52.48	43
52 Uhl, Elise	07	Bishop Heelan	17:53.08	
53 Stroud, Anna	08	Ponca	18:00.52	44
54 Billings, Diem	08	Bishop Heelan	18:08.16	45

55 Fiegel, Claire	07 Sgt. Bluff-Luton	18:11.26	46
56 Fairchild, Francie	07 Bishop Heelan	18:17.18	
57 Franco, Luna	08 West Middle	18:19.72	47
58 Connealy, Iris	07 Bishop Heelan	18:19.96	
59 McCauley, Lainey	07 East Middle	18:23.24	48
60 Archer, Britt	07 East Middle	18:30.14	49
61 Buchheit, Parker	08 Sgt. Bluff-Luton	18:34.70	
62 Mejia, Vanessa	07 Sgt. Bluff-Luton	18:37.36	50
63 Hilman, Addison	07 Sgt. Bluff-Luton	18:41.97	51
64 Ortmann, Ann Marie	07 Bishop Heelan	18:48.23	
65 Campos, Luciya	08 South Sioux City	18:48.63	
66 Barrett, Karissa	08 East Middle	18:51.79	
67 Sweeney, Layla	07 West Middle	19:02.54	52
68 Venturi, Maria	07 Bishop Heelan	19:31.10	
69 Lewis, Jenna	07 Sgt. Bluff-Luton	19:34.75	53
70 Bell, Arianna	07 East Middle	19:39.12	54
71 Beacom, Emma	08 North Middle	19:40.47	
72 Fravel, Shannon	08 Bishop Heelan	19:41.85	55
73 Cleary, Kelly	07 Bishop Heelan	19:44.80	
74 Tolitu, Jaro	07 North Middle	19:46.39	56
75 Valdovinos Arellano, Pao	07 South Sioux City	19:49.01	57
76 Sullivan, Olivia	07 Sgt. Bluff-Luton	20:00.48	58
77 Moon, Aliyah	07 North Middle	20:04.21	59
78 Vondrak, Nevaeh	07 West Middle	20:06.14	60
79 Barrett, Natalie	07 East Middle	20:15.41	61
80 Perez, Elliana	07 West Middle	20:26.85	62
81 Palmersheim, Jessica	08 West Middle	20:33.86	63
82 Alvarez, Fatima	08 South Sioux City	20:36.96	
83 Aman, Hannah	08 Sgt. Bluff-Luton	20:38.59	
84 Trejo Westbrook, Adriann	07 East Middle	20:54.42	
85 Smith, Keegan	07 Lawton Bronson	20:54.78	64
86 Riker, Lily	08 Sgt. Bluff-Luton	20:54.91	
87 Kambry, Thacker	08 West Middle	20:57.71	65
88 Johnson, Anaya	07 North Middle	22:18.25	66
89 Miller, Briley	07 Bishop Heelan	22:22.54	
90 Kobold, Ashlynn	08 West Middle	22:28.32	67
91 Irvin Fields Gomez, Anab	07 West Middle	22:39.15	68
92 Russ, Andrea	07 North Middle	22:57.82	69
93 Cappetta, Emma	07 Sgt. Bluff-Luton	23:36.35	

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Bishop Heelan	29	4	5	8	12	32	36			
	Total Time:	58:15.36									
	Average:	14:33.84									
2	Yankton High	45	6	10	13	16	28				
	Total Time:	59:59.58									
	Average:	14:59.90									
3	Ponca	52	1	2	14	35	44				
	Total Time:	59:35.29									
	Average:	14:53.83									
4	Sgt Bluff-Middle School	59	7	15	17	20	26	40			
	Total Time:	1:01:03.29									
	Average:	15:15.83									
5	North Middle	78	11	21	22	24	27	31			
	Total Time:	1:02:03.46									
	Average:	15:30.87									
6	Bishop Heelan	128	3	25	45	55					
	Total Time:	1:07:42.06									
	Average:	16:55.52									
7	East Middle	145	18	30	48	49	54	61			

	Total Time:	1:08:48.71						
	Average:	17:12.18						
8	South Sioux City	150	19	33	41	57		
	Total Time:	1:09:24.05						
	Average:	17:21.02						
9	West Middle	162	9	43	47	63	65	67
	Total Time:	1:11:34.96						
	Average:	17:53.74						
10	Lawton Bronson	166	29	34	39	64		
	Total Time:	1:10:22.10						
	Average:	17:35.53						
11	Sgt Bluff-Middle School	184	37	46	50	51	53	58
	Total Time:	1:12:12.61						
	Average:	18:03.16						
12	West Middle	192	38	42	52	60	62	68
	Total Time:	1:13:28.42						
	Average:	18:22.11						
13	North Middle	204	23	56	59	66	69	
	Total Time:	1:17:50.52						
	Average:	19:27.63						

Marsha Koebernick XC Invitational - 9/29/2022
 South Sioux City High School Host Team
 Jeffrey Dible Soccer Complex
 Last Completed Event

Event 6 Boys 3k Run CC Junior High

Name	Year	School	Finals	Points
1 Gutema, Kuma	07	North Middle	10:59.83	1
2 Dendinger, Lucas	08	Ponca	12:16.92	2
3 Hogan, Broderick	08	Ponca	12:20.68	3
4 Walsh, Luke	07	Bishop Heelan	12:28.63	4
5 Zellner, Kristoffer	08	East Middle	12:35.46	5
6 Nelson, Jerrod	08	Ponca	12:38.77	6
7 Adams, Zach	08	Lawton Bronson	12:44.12	7
8 Amaro, Alex	08	Bishop Heelan	12:55.57	8
9 Fetterman, Covan	08	Bishop Heelan	12:56.63	9
10 PoncePablo, Xzavian	08	South Sioux City	13:00.39	10
11 LaPointe, Adrian	07	Winnebago	13:06.48	11
12 Farley, Mikeal	07	North Middle	13:15.08	12
13 Billiet, Isaac	07	North Middle	13:15.62	13
14 Sanabria Francisco, Cesa	07	West Middle	13:17.11	14
15 Jones, Harper	08	North Middle	13:18.02	15
16 Lincoln, Andrew	08	Sgt. Bluff-Luton	13:19.59	16
17 Kuehl, Finn	07	North Middle	13:19.92	17
18 Kling, Andrew	08	North Middle	13:20.62	18
19 Hoskins, Elijah	08	Sgt. Bluff-Luton	13:31.07	19
20 McCormick, David	07	Sgt. Bluff-Luton	13:31.10	20
21 Ramirez, Christian	08	North Middle	13:33.59	21
22 Michalak, Westyn	07	Bishop Heelan	13:36.03	22
23 Bufington, Ethan	08	Lawton Bronson	13:38.11	23
24 Eggleston, Luther	07	Lawton Bronson	13:38.98	24
25 Guerra, Omar	08	Bishop Heelan	13:39.83	25
26 PoncePablo, Ayden	07	South Sioux City	13:41.25	26
27 Jorstad, Mathew	07	Bishop Heelan	13:45.53	27
28 Fisher, Henry	08	West Middle	13:46.44	
29 Ramos, Rigoberto	08	East Middle	13:48.49	28
30 Brady, Josh	08	Lawton Bronson	13:51.09	29
31 Buono, Hunter	08	Lawton Bronson	13:52.01	30
32 Grom, Colin	07	West Middle	13:52.96	31
33 Johnson, Emmett	08	East Middle	13:54.20	32
34 Guttierrez, Josue	07	North Middle	13:55.92	33
35 Samano, Johnathan	08	North Middle	14:06.51	34
36 Zamyatin, Simon	08	Lawton Bronson	14:09.37	35
37 Alemu, Bitsuamlak	07	North Middle	14:12.84	36
38 Paulson, Issac		Yankton High	14:15.12	37
39 Millard, Ian	08	East Middle	14:22.12	38
40 Palmer, Winston	08	North Middle	14:25.45	39
41 Wheelock, Leo	07	North Middle	14:26.21	
42 Kracke, Dominic	08	East Middle	14:33.04	40
43 Wandersheid, Jensen	08	North Middle	14:34.10	41
44 DeWitt, Weslee		Yankton High	14:34.20	42
45 Holtz, Dylan	07	Bishop Heelan	14:39.26	43
46 Wright, Chris		Yankton High	14:42.67	44
47 Burton, Kenneth	07	East Middle	14:45.68	45
48 Hoekstra, Carver	08	North Middle	14:46.77	
49 Bissell, Micah	08	Bishop Heelan	14:49.98	46
50 Cook, David	07	East Middle	14:51.53	47
51 Beherens, Tate	07	North Middle	14:56.70	
52 Tinajero, Aiden	07	West Middle	14:57.40	48
53 McCormick, Brody	07	Sgt. Bluff-Luton	14:58.62	49
54 Schmeckpeper, Nolan	07	East Middle	15:07.29	50

55	Schemmel, Evan	07 East Middle	15:08.69	51
56	Maynard, Karsen	08 North Middle	15:10.15	
57	Stockton, Reece	08 South Sioux City	15:22.04	52
58	Ironshell, Brennan	08 South Sioux City	15:27.19	53
59	Kellogg, Edward	08 North Middle	15:27.49	
60	Aldrich, Duta	07 Winnebago	15:34.71	54
61	Auch, Deven	Yankton High	15:43.57	55
62	Doran, Brecken	07 West Middle	15:47.50	56
63	Mullenix, Tyler	08 Sgt. Bluff-Luton	15:50.03	57
64	Cuffman, Joshua	08 East Middle	15:50.24	58
65	Schoenherr, Brody	08 Lawton Bronson	16:00.61	
66	Rodriguez-Villalobos, Jo	08 South Sioux City	16:03.40	59
67	Strehlow, Bodie	07 Lawton Bronson	16:03.69	
68	Baller, Daxton	07 North Middle	16:03.82	
69	Schmedinghoff, Timothy	07 Bishop Heelan	16:07.53	60
70	Koson, Reed	07 East Middle	16:08.44	61
71	Bonnes, Logan	07 North Middle	16:10.26	
72	Hernandez-Davalos, Yahir	07 South Sioux City	16:10.74	62
73	Ysuf, Aden	07 North Middle	16:21.46	
74	Wineland, Camden	08 East Middle	16:25.45	
75	Poulsen, Kane	07 Bishop Heelan	16:35.56	63
76	Hindman, David	07 Bishop Heelan	16:36.86	
77	Beller, Beckett	08 North Middle	16:38.25	
78	LaPointe, DJ	07 Winnebago	16:41.11	64
79	Franks, Tristen	07 Lawton Bronson	16:45.95	
80	Harvey, Michael	08 Lawton Bronson	16:47.92	
81	Ware, Terrence	07 Winnebago	16:50.32	65
82	Lopez, Leonel	07 South Sioux City	16:53.15	66
83	Stewart, Cipton	07 Ponca	17:01.05	67
84	Haltli, Wyatt	07 North Middle	17:08.85	
85	Mendez-Sanchez, Hugo	08 South Sioux City	17:09.63	68
86	Wortmann, Owen	07 Ponca	17:09.74	69
87	Montepeque, Oscar	07 South Sioux City	17:14.17	70
88	Lara, Rylan	07 Sgt. Bluff-Luton	17:29.29	71
89	Sands, Charley	07 West Middle	17:33.34	72
90	Guardado, Franco	07 South Sioux City	17:44.95	73
91	Roupe, Teddy	08 West Middle	17:50.00	
92	Rivera, Santiago	07 West Middle	17:51.77	74
93	White, Oliver	07 Lawton Bronson	17:52.64	
94	Dieguez, Josue	07 East Middle	17:52.68	75
95	Hanna, Tate	07 Sgt. Bluff-Luton	18:10.55	76
96	Lang Bushby, Connor	07 North Middle	18:14.99	
97	Wimmer, Aiden	07 Sgt. Bluff-Luton	18:16.83	77
98	Garcia, JuanJose	07 South Sioux City	18:18.20	78
99	Penn-Kennedy, Elias	08 Winnebago	18:24.99	79
100	Vink, Arjan	07 Winnebago	18:26.61	80
101	Comer, Gabe	08 Bishop Heelan	18:58.94	81
102	GutierrezJr, Rafael	07 South Sioux City	19:03.51	
103	Palsma, Arick	07 Lawton Bronson	19:07.36	
104	Domingo Nichols, Brayant	07 West Middle	19:34.95	
105	Torres, Mario	07 South Sioux City	19:48.73	
106	Keegan, Dylan	08 Sgt. Bluff-Luton	20:27.72	82
107	Hancock, Damian	07 North Middle	21:19.67	
108	Villicana-Gonzalez, Eric	07 South Sioux City	21:20.01	
109	Hartso, Adrian	08 North Middle	21:30.99	
110	Riker, Alex	07 Sgt. Bluff-Luton	22:13.27	83
111	Vergara, Javier	07 Sgt. Bluff-Luton	22:16.93	
112	Losee, Tom	07 Sgt. Bluff-Luton	22:55.15	
113	Haider, Brett	07 Sgt. Bluff-Luton	23:20.09	
114	Taylor, Immanuel	08 East Middle	24:40.70	

Team Scores

