



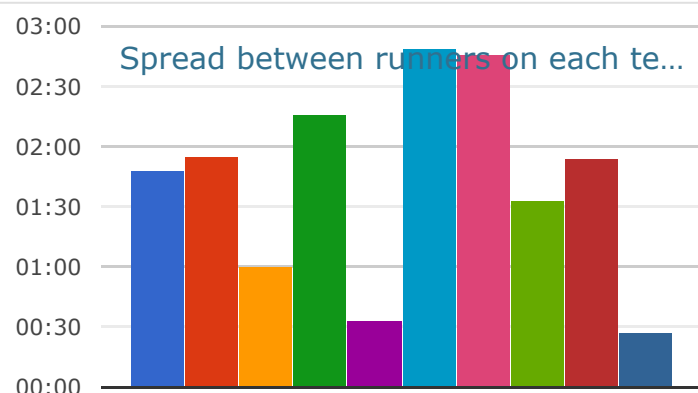
Iowa State Qualifier - 4A - Council Bluffs HS

OFFICIAL 📅 Wed, Oct 19, 2022 📍 Abraham Lincoln HS

← Mens 5,000 Meters State

All Grades ▾ All Teams ▾ All Divisions ▾ ⚙ Other Filters ▾ ✎ Highlighter

Team Spread ▾



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Official Team Scores

| | | |
|-----|----------------------------------|-----|
| 1. | Dowling Catholic West Des Moines | 31 |
| 2. | Valley West Des Moines | 60 |
| 3. | Sioux City North | 63 |
| 4. | Dallas Center-Grimes | 78 |
| 5. | Waukee | 131 |
| 6. | Des Moines Abraham Lincoln | 210 |
| 7. | Council Bluffs Thomas Jefferson | 227 |
| 8. | Sioux City East | 229 |
| 9. | Council Bluffs Abraham Lincoln | 231 |
| 10. | Sioux City West | 258 |

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|-----|-----------------------|----------|----------------------------------|---|
| 1. | 12 Jackson Heidesch | 15:32.20 | Dowling Catholic West Des Moines | Q |
| 2. | 12 Flynn Milligan | 15:55.20 | Dowling Catholic West Des Moines | Q |
| 3. | 11 Natneal Kifle | 16:01.70 | Sioux City North | Q |
| 4. | 12 Gabe Nash | 16:05.00 | Sioux City North | Q |
| 5. | 10 Jack Flori | 16:36.70 | Dowling Catholic West Des Moines | Q |
| 6. | 11 Max DeRocher | 16:37.10 | Dowling Catholic West Des Moines | Q |
| 7. | 11 Evan McClinton | 16:42.00 | Valley West Des Moines | Q |
| 8. | 11 Jackson Bergman | 16:42.20 | Valley West Des Moines | Q |
| 9. | 11 Jacob Forney | 16:51.50 | Valley West Des Moines | Q |
| 10. | 12 Garrett Weber | 16:54.40 | Waukee | Q |
| 11. | 11 Jack Every | 16:55.80 | Dallas Center-Grimes | Q |
| 12. | 12 Beshanena Gutema | 17:01.40 | Sioux City North | Q |
| 13. | 10 Jonathan Owen | 17:03.70 | Valley West Des Moines | Q |
| 14. | 11 Aj Angus | 17:08.50 | Dallas Center-Grimes | Q |
| 15. | 11 Abubekar Kumbi | 17:11.40 | Sioux City North | Q |
| 16. | 11 Ben Every | 17:18.30 | Dallas Center-Grimes | Q |
| 17. | 11 Matthew Bootman | 17:20.30 | Dowling Catholic West Des Moines | Q |
| 18. | 9 Colin Mandernach | 17:23.00 | Dallas Center-Grimes | Q |
| 19. | 10 Elias Arbuckle | 17:29.00 | Dallas Center-Grimes | Q |
| 20. | 12 Nick Klocke | 17:33.10 | Dowling Catholic West Des Moines | Q |
| 21. | 10 Jonas VanDis | 17:38.60 | Waukee | Q |
| 22. | 9 Kaiden Hamilton | 17:38.70 | Council Bluffs Thomas Jefferson | Q |
| 23. | 12 Aidan Limback | 17:42.40 | Valley West Des Moines | Q |
| 24. | 11 Zack Stoermer | 17:50.30 | Des Moines Abraham Lincoln | Q |
| 25. | 9 Cael Ramsey | 17:51.40 | Dallas Center-Grimes | Q |
| 26. | 11 Patrick Wainwright | 17:53.80 | Dowling Catholic West Des Moines | Q |
| 27. | 10 Joseph Lawry | 17:54.80 | Waukee | Q |
| 28. | 11 Jack Cavan | 17:55.00 | Valley West Des Moines | Q |
| 29. | 10 Connor Schultz | 17:57.10 | Sioux City North | Q |
| 30. | 12 Will Johnson | 18:10.70 | Valley West Des Moines | Q |
| 31. | 11 Steven Kling | 18:11.80 | Sioux City North | Q |
| 32. | 12 Grant Harrison | 18:28.60 | Des Moines Abraham Lincoln | Q |
| 33. | 12 Raul Gomez | 18:33.50 | Sioux City North | Q |
| 34. | 10 Nick Wellet | 18:37.90 | Waukee | Q |
| 35. | 11 Sam Watkins | 18:39.30 | Dallas Center-Grimes | Q |
| 36. | 11 Cody Smith | 18:53.20 | Council Bluffs Abraham Lincoln | Q |
| 37. | 11 Filmon Gebru | 19:06.10 | Sioux City West | Q |

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| 37. 10 | JoJo Small | 19:06.10 | Sioux City West |
| 39. 10 | Ellis Coyier | 19:10.20 | Waukee |
| 40. 10 | Aidan Watts | 19:15.70 | Council Bluffs Abraham Lincoln |
| 41. 12 | Saiphani Sirimalle | 19:18.70 | Waukee |
| 42. 9 | Caden Koepke | 19:20.20 | Sioux City East |
| 43. 12 | Mark Markuson | 19:21.50 | Council Bluffs Thomas Jefferson |
| 44. 12 | Omar Hernandez Lopez | 19:22.50 | Sioux City East |
| 45. 10 | Maciah Shultz | 19:25.40 | Sioux City East |
| 46. 9 | Danny Cleveland | 19:25.60 | Sioux City East |
| 47. 11 | Hoscar Godina-Torres | 19:25.70 | Des Moines Abraham Lincoln |
| 48. 12 | Nauris Bryant | 19:37.90 | Des Moines Abraham Lincoln |
| 49. 12 | Robert Siford | 19:38.40 | Council Bluffs Abraham Lincoln |
| 50. 11 | Marcos Contreras | 19:39.60 | Council Bluffs Abraham Lincoln |
| 51. 9 | Immanuel Brown | 19:43.10 | Council Bluffs Thomas Jefferson |
| 52. 12 | Sairus Samoyoa | 19:46.80 | Sioux City East |
| 53. 12 | Jacob Denker | 19:49.30 | Sioux City East |
| 54. 12 | Ethan Bose | 19:58.10 | Council Bluffs Thomas Jefferson |
| 55. 12 | Jacob Harrison | 20:00.30 | Sioux City East |
| 56. 11 | Parker Herzog | 20:26.70 | Council Bluffs Abraham Lincoln |
| 57. 11 | Ryan Shepard | 20:28.10 | Council Bluffs Thomas Jefferson |
| 58. 11 | Eric Munoz | 20:30.70 | Sioux City West |
| 59. 9 | Hudson Wheelock | 20:36.80 | Des Moines Abraham Lincoln |
| 60. 10 | Roberto Cabrera | 20:43.20 | Des Moines Abraham Lincoln |
| 61. 9 | Mason Dvorak | 20:46.10 | Des Moines Abraham Lincoln |
| 62. 11 | Ryker Callander | 20:58.60 | Sioux City West |
| 63. 12 | Tyton Webb | 21:00.40 | Sioux City West |
| 64. 10 | Daniel Hornberg | 21:15.70 | Council Bluffs Abraham Lincoln |
| 65. 12 | Lucas Fitch | 21:27.40 | Council Bluffs Abraham Lincoln |
| 66. 9 | Bailyan Williamson | 21:59.40 | Council Bluffs Thomas Jefferson |
| 67. 12 | Asa Neville | 22:46.00 | Council Bluffs Thomas Jefferson |
| 68. 10 | Gabe Enszer | 23:39.00 | Sioux City West |
| 69. 11 | Connor Mckewon | 24:00.30 | Sioux City West |