

MVAOCOUC XC Meet 2022 - 9/22/2022

9/22/2022

Rankings

Event 1 Girls 5k Run CC High School

Name	Year	School	Finals	Points
Varsity Results 5000 Run				
1 Mesz, Jolee	12	Lawton Bronson V	19:34.34	1
2 Mendlik, Lola	10	Denison-Schleswig V	19:44.25	2
3 Putze, Rachel	09	Woodbury Cent-KP V	20:01.04	3
4 Judisch, Chloe	11	V-South Cent	20:31.00	4
5 Van Der Werff, Elin	10	Moc-Floyd Valley V	20:49.41	5
6 Dokter, Biyanca	12	Moc-Floyd Valley V	20:50.76	6
7 Adyson, Lapel	10	Woodbine V	21:13.56	
8 Vohs, Jaycie	11	Ridge View V	21:14.12	7
9 Melody, Iris	09	V-South Cent	21:14.86	8
10 Schrum, Charlotte	09	Denison-Schleswig V	21:15.44	9
11 Dokter, Aryana	12	Moc-Floyd Valley V	21:16.34	10
12 Tracy, Teagan	09	Moc-Floyd Valley V	21:27.85	11
13 Ryan, Gabby	12	Sgt Bluff Luton V	21:32.78	12
14 Haverdink, Rachel	09	Moc-Floyd Valley V	21:41.96	13
15 May, Sarah	10	Moc-Floyd Valley V	21:51.32	14
16 Vazquez, Ana	10	Denison-Schleswig V	21:55.51	15
17 Sherer, Nicole	11	Woodbine V	22:03.62	
18 Lang, Ava	10	Hinton V	22:08.94	16
19 Peters, Kadence	11	Hinton V	22:09.18	17
20 Tesch, Addy	09	Ridge View V	22:10.17	18
21 Olson, Elise	09	Woodbine V	22:18.02	
22 Tremblay, Alexa	10	Denison-Schleswig V	22:18.67	19
23 Conley, Takara	12	South O'Brien V	22:26.34	
24 Miller, Claire	12	Denison-Schleswig V	22:37.55	20
25 Conley, Taja	12	South O'Brien V	22:42.04	
26 Bigbear, Tressa	10	Winnebago V	22:58.24	
27 Peters, Kyra	11	Hinton V	22:58.39	21
28 Hannah, CJ	10	Woodbury Cent-KP V	23:08.89	22
29 Fernstrum, Kennedy	10	Moc-Floyd Valley V	23:11.81	23
30 Bahnsen, Emily	10	Denison-Schleswig V	23:26.03	24
31 Stowater, Madison	11	Ridge View V	23:26.80	25
32 Smith, Gwen	12	Lawton Bronson V	23:29.37	26
33 Grell, Emily	09	Mvaocou V	23:34.49	27
34 Schaffer, Jasmine	11	Mvaocou V	23:39.04	28
35 Eisenga, Taya	09	V-Siouxland	23:42.73	
36 McMillen, Lauren	11	Mvaocou V	23:55.83	29
37 Griebel, Cori	12	Sgt Bluff Luton V	24:03.97	30
38 Bockenstedt, Bjella	09	Sgt Bluff Luton V	24:08.68	31
39 Andersen, Abby	09	Sgt Bluff Luton V	24:09.07	32
40 Beelner, Bailey	10	Woodbury Cent-KP V	24:17.68	33
41 Smith, Addison	10	Lawton Bronson V	24:18.02	34
42 Medina, Nadia	09	Denison-Schleswig V	24:28.91	35
43 Wheelock, Adlen	10	V-South Cent	24:42.57	36
44 Denman, Aili-Ann	12	Sgt Bluff Luton V	24:46.53	37
45 Brouwer, Sydney	11	Lawton Bronson V	24:50.35	38
46 Rodgers, Hanna	12	Woodbury Cent-KP V	24:53.40	39
47 Verschoor, Joslyn	10	Woodbury Cent-KP V	25:06.59	40
48 Berglund, Kendra	10	Sgt Bluff Luton V	25:06.88	41
49 Ameen, Cheyenne	10	Lawton Bronson V	25:07.68	42
50 Karras, Sophia	12	Sgt Bluff Luton V	25:11.93	43
51 Marnell, Alexandria	10	Westwood V	25:19.30	44
52 Van Etten, Arilynn	11	Walthill V	25:19.61	

MVAOCOUC XC Meet 2022 - 9/22/2022**9/22/2022****Rankings****...Event 1 Girls 5k Run CC High School**

53	Rojas, Xaria	10 Ridge View V	25:20.80	45
54	Thomsen, Kortni	10 East Sac County V	25:40.41	
55	Haveman, Lela	10 Westwood V	25:49.92	46
56	Wilson, Elodie	11 South O'Brien V	25:55.48	
57	Kramer, Evelyn	11 V-South Cent	26:02.84	47
58	Steppuhn, Bailey	09 Woodbine V	26:06.10	
59	Jarvis, Haylee	10 Hinton V	26:08.19	48
60	Reiss, Molly	11 Ridge View V	26:15.70	49
61	Riat, Claire	11 V-South Cent	26:15.89	50
62	Harper, Ruby	10 Hinton V	26:34.26	51
63	Koch, Hannah	12 Woodbury Cent-KP V	27:01.76	52
64	Christoffersen, Keely	09 Westwood V	27:12.17	53
65	Yockey, Makynlee	10 Mvaocou V	27:21.21	54
66	Hamann, Lizzy	10 Mvaocou V	27:21.24	55
67	Potts, Samantha	11 V-South Cent	27:29.54	56
68	Cox, Ashley	10 Westwood V	27:47.96	57
69	Mahler, Cora	11 East Sac County V	28:07.42	
70	Mauer-Gregg, Alexis	09 Woodbury Cent-KP V	28:15.46	58
71	Hagen, Kinzie	11 Ridge View V	28:28.77	59
72	Kaufman, Kennedy	09 Westwood V	28:40.60	60
73	Stout, Abby	12 South O'Brien V	29:46.14	
74	Burley, Katie	09 V-South Cent	30:04.78	61
75	Earth, Darian	11 Winnebago V	32:26.90	
76	Pacza, Tess	11 Ridge View V	33:28.79	62
77	Versch, Hannah	12 Westwood V	37:37.66	63

Junior Varsity Results 5000 Run

1	Lassen, Kienna	09 Moc-Floyd Valley	23:14.00	1
2	Bahrke, Payge	11 Moc-Floyd Valley	23:15.78	2
3	Bahrke, Olivia	09 Moc-Floyd Valley	23:26.64	3
4	Abrahamson, Jada	12 Moc-Floyd Valley	23:35.29	4
5	Moeller, Lily	09 Moc-Floyd Valley	23:43.17	5
6	Stanislav, Mady	09 Moc-Floyd Valley	23:45.29	6
7	Lauren, Bowker	12 Denison-Schleswig	24:04.23	7
8	Martin, Lacey	12 South Centra	24:13.02	
9	Bunkers, Avery	09 Moc-Floyd Valley	24:20.44	8
10	Morris, Kairece	10 Walthill	24:20.78	
11	Douma, Addi	12 Moc-Floyd Valley	24:31.39	
12	Zazueta, Mara	11 Moc-Floyd Valley	25:13.96	
13	Jansma, Erica	09 Moc-Floyd Valley	25:19.12	
14	Fehl, Olivia	12 Sgt Bluff Luton	25:21.13	9
15	Loofe, Kailee	12 Sgt Bluff Luton	25:35.11	10
16	DeJong, Ava	10 Moc-Floyd Valley	25:38.22	
17	Ahrendt, Kendall	12 Sgt Bluff Luton	25:44.02	11
18	DeYoung, Anisa	10 Moc-Floyd Valley	25:51.90	
19	Ruskamp, Olivia	11 Sgt Bluff Luton	25:52.80	12
20	Wede, Larkin	10 Moc-Floyd Valley	25:59.05	
21	Iglesias, Jazmine	12 Denison-Schleswig	26:04.91	13
22	Gutierrez, Abby	11 Denison-Schleswig	26:07.18	14
23	Plender, Julie	12 Moc-Floyd Valley	26:13.81	
24	Verschure, Maggie	09 Moc-Floyd Valley	26:13.87	
25	Barto, Elizabeth	11 Sgt Bluff Luton	26:25.66	15
26	Loffswold, Sophie	12 Sgt Bluff Luton	26:30.56	16
27	Buss, Chloe	12 Sgt Bluff Luton	26:32.24	17
28	Flores, Andrea	09 Denison-Schleswig	26:32.29	18
29	Streck, Sadee	10 Sgt Bluff Luton	26:33.50	

MVAOCOU XC Meet 2022 - 9/22/2022**9/22/2022****Rankings****...Event 1 Girls 5k Run CC High School**

3	Woodbury Cent-KP V	137	3	22	33	39	40	52	58
	Total Time:	1:57:27.60							
	Average:	23:29.52							
4	Lawton Bronson V	141	1	26	34	38	42		
	Total Time:	1:57:19.76							
	Average:	23:27.96							
5	Sgt Bluff Luton V	142	12	30	31	32	37	41	43
	Total Time:	1:58:41.03							
	Average:	23:44.21							
6	Ridge View V	144	7	18	25	45	49	59	62
	Total Time:	1:58:27.59							
	Average:	23:41.52							
7	South Central Calhoun V	145	4	8	36	47	50	56	61
	Total Time:	1:58:47.16							
	Average:	23:45.44							
8	Hinton V	153	16	17	21	48	51		
	Total Time:	1:59:58.96							
	Average:	23:59.80							
9	Mvaocou V	193	27	28	29	54	55		
	Total Time:	2:05:51.81							
	Average:	25:10.37							
10	Westwood V	260	44	46	53	57	60	63	
	Total Time:	2:14:49.95							
	Average:	26:57.99							

MVAOCOUC XC Meet 2022 - 9/22/2022**9/22/2022****Rankings****Event 2 Boys 5k Run CC High School**

Name	Year	School	Finals	Points
Varsity Results 5000 Run				
1 Bendgen, Landon	11	Woodbine V	16:09.10	1
2 Berridge, Dyami	12	Winnebago V	16:16.40	
3 Mirande, Trevor	10	Moc-Floyd Valley V	16:38.30	2
4 Gonzalez, Richard	10	Denison-Schleswig V	17:02.30	3
5 Janzen, Evan	12	Sgt Bluff Luton V	17:04.90	4
6 Wagner, Gunner	10	Woodbine V	17:06.30	5
7 Engel, Parker	11	East Sac County V	17:09.20	6
8 DeYoung, Micah	12	Moc-Floyd Valley V	17:12.50	7
9 Leo, Flores	12	Denison-Schleswig V	17:17.20	8
10 Kael, Hamann	10	Mvaocou V	17:20.50	9
11 Van Der Werff, Ian	10	Moc-Floyd Valley V	17:23.40	10
12 Schmidt, Micah	10	Moc-Floyd Valley V	17:34.80	11
13 Aragon, Isaiah	11	East Sac County V	17:38.00	12
14 Bower, Caleb	09	Hinton V	17:40.20	13
15 Ethan, Perrien	12	Denison-Schleswig V	17:42.00	14
16 Tremel, Thomas	11	Woodbine V	17:42.10	15
17 Moseman, Theo	12	Lawton Bronson V	17:44.10	
18 Vennink, Lane	12	Woodbine V	17:45.30	16
19 Gonzalez, Braulio	10	Sgt Bluff Luton V	17:45.70	17
20 Spersma, Zach	12	Hinton V	17:46.70	18
21 Barry, Adam	10	Woodbine V	17:48.70	19
22 Sporrer, Landon	09	East Sac County V	17:50.30	20
23 Wieseler, Michael	11	Sgt Bluff Luton V	17:51.40	21
24 Forbes, Charlie	10	Mvaocou V	18:02.40	22
25 Anderson, Nathan	10	Moc-Floyd Valley V	18:08.00	23
26 Parker, Ethan	11	Walthill V	18:19.60	
27 Wilford, Justin	11	V-Siouxland	18:23.50	
28 Duerloo, Sammy	11	V-Siouxland	18:23.50	
29 Doughan, Thatcher	09	Moc-Floyd Valley V	18:31.10	24
30 Benson, Marshall	12	Woodbury Cent-KP V	18:36.20	25
31 Meyer, Jayden	11	Mvaocou V	18:38.70	26
32 Vargas-Gaytan, Alejandro	10	Sgt Bluff Luton V	18:45.80	27
33 Ethan, Olsen	10	Denison-Schleswig V	18:46.90	28
34 Wunschel, Kyler	12	Ridge View V	18:48.20	29
35 Hanson, Odin	09	Ridge View V	18:48.80	30
36 Blair, Tristan	11	V-South Cent	18:49.90	31
37 Dorale, Justin	11	Mvaocou V	18:58.50	32
38 Delarosa, Daniel	09	Sgt Bluff Luton V	18:58.90	33
39 Johnson, Xander	10	Woodbine V	18:58.90	34
40 Wheeler, Easton	12	Sgt Bluff Luton V	18:59.70	35
41 Woodall, Ben	11	South O'Brien V	19:00.70	
42 Nelson, Cooper	10	Hinton V	19:01.60	36
43 Potts, Redge	10	V-South Cent	19:08.40	37
44 Bisenius, Brody	10	Ridge View V	19:12.50	38
45 Koithan, Joey	09	Mvaocou V	19:14.50	39
46 Metcalf, Devin	09	Woodbury Cent-KP V	19:17.90	40
47 Bailey, Caydon	10	Mvaocou V	19:23.80	41
48 Engel, Owen	09	East Sac County V	19:25.60	42
49 Trey, Burgmeyer	11	Woodbine V	19:26.50	43
50 Thielen, Joe	09	V-South Cent	19:34.40	44
51 Smith, Wyatt	09	East Sac County V	19:35.50	45
52 Wheelock, Eli	12	V-South Cent	19:37.20	46

MVAOCOU XC Meet 2022 - 9/22/2022**9/22/2022****Rankings****...Event 2 Boys 5k Run CC High School**

53	Forristal, Matthew	11	Ridge View V	19:54.80	47
54	Seuntjens, Carson	12	Woodbury Cent-KP V	20:21.10	48
55	Campos, Chris	12	Denison-Schleswig V	20:27.70	49
56	Forristal, Robert	09	Ridge View V	20:29.20	50
57	Jenkins, Carter	11	Westwood V	20:48.70	
58	Hsu, Christian	10	V-Siouxland	20:53.50	
59	Burley, Nathan	11	V-South Cent	21:01.30	51
60	Colbert, Cameron	09	Woodbury Cent-KP V	21:02.20	52
61	Zahnley, Drew	10	Mvaocou V	21:15.30	53
62	Werner, Tristan	09	Ridge View V	21:17.50	54
63	Jochims, Cole	09	Ridge View V	21:26.50	55
64	Greigg, Ian	10	Hinton V	21:31.40	56
65	Evans, Brett	10	South O'Brien V	22:01.00	
66	Whipkey, Nik	12	V-South Cent	22:25.10	57
67	Scott, Owen	09	Westwood V	22:27.90	
68	Jagodzinske, Evan	09	Woodbury Cent-KP V	22:32.50	58
69	Schwarz, Ethan	10	South O'Brien V	23:02.20	
70	Nath, Matt	11	V-South Cent	23:06.40	59
71	O'Mara, Noah	11	Woodbury Cent-KP V	23:16.50	60
72	Sudbeck, Carson	10	Hinton V	23:40.20	61
73	Willis, Kaedyn	09	Woodbury Cent-KP V	23:47.60	62
74	Rounds, Dominic	09	South O'Brien V	24:04.20	
75	George, Alex	12	Winnebago V	24:24.70	
76	DeCora, Eugene	11	Winnebago V	24:26.40	
77	Bethune, Cole	10	Whiting V	25:48.60	
78	Christoffersen, Korben	09	Westwood V	25:52.10	
79	Rich, Isaac	09	Whiting V	26:20.10	
80	Lyons, Ivan	09	Walthill V	29:26.20	

Junior Varsity Results 5000 Run

1	Ledesma, Ivan	09	Denison-Schleswig	18:03.10	1
2	Gamble, Hayden	12	Sgt Bluff Luton	18:27.70	2
3	Hulstein, Gerrit	10	Moc-Floyd Valley	18:43.10	3
4	Larrabee, Ayden	09	Sgt Bluff Luton	18:49.90	4
5	Konopasek, Owen	10	Sgt Bluff Luton	19:11.20	5
6	Gonzalez, Emiliano	11	Sgt Bluff Luton	19:16.30	6
7	Smit, Tegegn	09	Moc-Floyd Valley	19:27.40	7
8	Zamago, Alberto	11	Denison-Schleswig	19:29.80	8
9	Van Gelder, Carter	09	Moc-Floyd Valley	19:38.10	9
10	Reyes, Jaciel	09	Moc-Floyd Valley	19:39.30	10
11	Katt, Cooper	09	Moc-Floyd Valley	19:43.50	11
12	Moeller, Charlie	11	Moc-Floyd Valley	19:45.30	12
13	VanWyhe, Dalton	11	Sgt Bluff Luton	19:59.70	13
14	McGregor, Kasey	10	Sgt Bluff Luton	19:59.90	14
15	Bonnema, James	10	Moc-Floyd Valley	20:00.30	15
16	MacClure, Nathaniel	11	Sgt Bluff Luton	20:01.00	16
17	Sweum, Kellen	11	Sgt Bluff Luton	20:01.90	
18	Brennan, Cody	10	Moc-Floyd Valley	20:28.20	
19	Sundarem, Sairam	11	Sgt Bluff Luton	20:29.90	
20	Skogland, Ethan	11	Sgt Bluff Luton	20:38.70	
21	Huang, Jerry	09	Moc-Floyd Valley	20:40.70	
22	Zamago, Carlos	09	Denison-Schleswig	20:43.30	17
23	Beyer, Vincent	11	Sgt Bluff Luton	20:43.50	
24	Altena, Adrian	11	Ridge View	20:53.40	18
25	Myers, Nathan	10	Sgt Bluff Luton	20:55.10	
26	Diaz, Juan	11	Denison-Schleswig	20:58.00	19

MVAOCOUC XC Meet 2022 - 9/22/2022

9/22/2022

Rankings

Event 3 Mixed 3200 Meter Run CC Middle School

Name	Year	School	Finals	Points
Results - Women 3200 Run				
1 Anderson, Natalie	W08	Moc-Fv-Middl	15:39.45	1
2 Vaas, Elizabeth	W08	Moc-Fv-Middl	15:49.47	2
3 Ullrich, Ali	W08	Denison-Schleswig	16:04.83	
4 Ruble, Regan	W08	Ridge View	16:48.11	3
5 Swier, Brooke	W07	Moc-Fv-Middl	16:52.80	4
6 Batz, Ryann	W08	South Centra	17:17.32	
7 Vohs, Tiegan	W08	Ridge View	17:22.59	5
8 Meadows, Jenna	W08	Denison-Schleswig	17:33.01	
9 Armstead, Hayden	W07	Mvaocou	17:40.17	
10 Hansen, Taylor	W07	Ridge View	17:44.30	6
11 Tesch, Cora	W07	Ridge View	17:44.44	7
12 Van Zee, Eliana	W08	Moc-Fv-Middl	17:47.03	8
13 Veit, Libbie	WMS	East Sac County	17:49.67	
14 Harper, Gretta	W08	Hinton	17:52.24	9
15 Hundling, Gabrielle	W08	Ar-We-Va	17:59.85	
16 Bathke, Lauren	W07	Moc-Fv-Middl	18:06.39	10
17 Hodgson, Isabell	W08	Hinton	18:09.98	11
18 Chavez, Destiny	W07	Ridge View	18:25.89	12
19 Mesz, Kaylee	W08	Lawton Bronson	18:29.79	
20 Reynolds, Esther	W08	Siouxland Christian	18:42.16	
21 Aschinger, Jayna	W07	Ridge View	18:44.34	13
22 Wrathner, Isabella	W07	Moc-Fv-Middl	18:58.10	14
23 Spencer, Lillie	W08	South Centra	18:59.62	
24 Lukins, Brooklyn	W08	Ridge View	19:21.27	15
25 Koenig, Anna	W07	Moc-Fv-Middl	19:32.62	16
26 Kurtz, Katie	W07	Moc-Fv-Middl	19:37.06	
27 Guzman, Eliana	W07	Moc-Fv-Middl	19:48.13	
28 Wilson, Michelle	W08	South Centra	19:54.56	
29 Ringelberg, Alexis	W08	Moc-Fv-Middl	20:12.67	
30 Korleski, Ailey	W08	South Centra	20:14.80	
31 Huizenga, Lucy	W08	Moc-Fv-Middl	20:16.68	
32 Zheng, Jessica	W08	Moc-Fv-Middl	20:19.11	
33 De Young, Bella	W07	Moc-Fv-Middl	20:23.69	
34 Keller, Eliza	W07	Moc-Fv-Middl	20:27.88	
35 McDonald, Kora	W07	Westwood	20:49.71	
36 Huisman, Malea	W07	Moc-Fv-Middl	21:09.52	
37 Bonnema, Emma	W07	Moc-Fv-Middl	21:22.13	
38 Haylie, Talbert	W08	Siouxland Christian	21:23.26	
39 Sudbeck, Lilly	W07	Hinton	21:29.41	17
40 Nessa, Collins	W07	Moc-Fv-Middl	21:38.14	
41 Lassen, Kyra	W07	Moc-Fv-Middl	21:41.21	
42 Hulst, Makenzie	W07	Moc-Fv-Middl	21:44.17	
43 Gemberling, Khloe	W08	Westwood	21:45.05	
44 Flores-Topete, Tanya	W08	Moc-Fv-Middl	21:46.16	
45 Evans, Malaika	W07	Moc-Fv-Middl	22:09.75	
46 Woods, Piper	W07	Hinton	22:42.55	18
47 Brown, Hannah	W07	Ridge View	22:43.51	
48 Geddes, Addy	W07	Hinton	22:45.62	19
49 McGrain, Maisy	W07	Whiting	22:47.14	
50 McMillen, Nina	W07	Mvaocou	23:02.15	
51 Sampson, Amyllia	W07	Westwood	23:03.04	
52 Smith, Keegan	W07	Lawton Bronson	24:06.40	

MVAOCOUC XC Meet 2022 - 9/22/2022**9/22/2022****Rankings****...Event 3 Mixed 3200 Meter Run CC Middle School**

53	Laffoon, Saylor	W07	Ar-We-Va	24:30.38	
54	Trapp, Lauryn	W07	Hinton	24:48.25	20
55	Heersink, Haydee	W07	Moc-Fv-Middl	27:10.09	
56	Binneboese, Brinkley	W07	Hinton	29:01.34	21
Results - Men 3200 Run					
1	Hulst, Brennan	M08	Moc-Fv-Middl	14:00.40	1
2	Castillo, Ethan	M08	Ridge View	14:14.98	
3	Dokter, Crystian	M07	Moc-Fv-Middl	14:25.28	2
4	Adams, Zach	M08	Lawton Bronson	14:29.25	3
5	Hamblin, Sawyer	M08	Moc-Fv-Middl	14:41.38	4
6	Patelski, Lucas	M08	Lawton Bronson	14:41.67	5
7	Stickrod, Hayden	M08	South Centra	14:44.53	6
8	Gomez, Giovany	M07	Denison-Schleswig	14:45.25	7
9	Salas, Raul	M07	Denison-Schleswig	14:49.86	8
10	Valtierra, Anthony	M08	Denison-Schleswig	14:55.20	9
11	Peterson, Landyn	M08	Ridge View	14:56.87	
12	Evans, William	M08	Moc-Fv-Middl	15:16.98	10
13	Leekly, John	M08	Woodbury Cent-KP	15:17.23	11
14	Buono, Hunter	M08	Lawton Bronson	15:23.13	12
15	Santos-Saucedo, Enrique	M08	Denison-Schleswig	15:23.39	13
16	Clayton, Jacob	M08	Westwood	15:24.40	
17	Leitru, Alex	M07	Hinton	15:34.46	14
18	Brady, Josh	M08	Lawton Bronson	15:35.42	15
19	Eggleston, Luther	M07	Lawton Bronson	15:38.10	16
20	Meyer, Tristian	M08	Mvaocou	15:44.86	
21	Davis, Mark	M08	Siouxland Christian	15:49.31	17
22	Ibarra, Edward	M07	Denison-Schleswig	16:02.49	18
23	Laurich, Ethan	M07	Siouxland Christian	16:09.43	19
24	Jessen, Ethan	M08	Woodbury Cent-KP	16:13.90	20
25	Korynta, Trevor	M08	Woodbury Cent-KP	16:17.07	21
26	Laurich, Peter	M07	Siouxland Christian	16:17.73	22
27	Koehler, Erik	M08	Siouxland Christian	16:17.81	23
28	Zeutenhorst, Bryce	M08	Moc-Fv-Middl	16:18.15	24
29	Susie, Drake	M08	Woodbury Cent-KP	16:20.21	25
30	Colman, Brayden	M07	Moc-Fv-Middl	16:21.99	26
31	Ingenthron, Grayson	M07	Siouxland Christian	16:22.11	27
32	Hanson, Ian	M07	Ridge View	16:37.87	
33	Brue, Hyatt	M07	Moc-Fv-Middl	16:38.03	28
34	Lindberg, Alexander	M08	Hinton	16:40.99	29
35	Cochran, Judah	M08	Moc-Fv-Middl	16:43.03	
36	Potts, Rye	M08	South Centra	16:46.19	30
37	Ruhrer, Everette	M07	Woodbury Cent-KP	16:53.49	31
38	Greigg, Evan	M08	Hinton	17:33.51	32
39	Schweitzberger, Oliver	M07	Ridge View	17:43.12	
40	Kennedy, Adam	M08	Hinton	18:01.38	33
41	DeVries, Parker	M07	Mvaocou	18:05.09	
42	Van Klompenburg, Sam	M08	Moc-Fv-Middl	18:07.53	
43	Van Wyk, Keegan	M08	Moc-Fv-Middl	18:09.12	
44	Wiley, Gabe	M08	South Centra	18:26.79	34
45	Strehlow, Bodie	M07	Lawton Bronson	18:40.49	35
46	Turner, Collen	M07	Hinton	18:55.39	36
47	Bush, Cooper	M07	Moc-Fv-Middl	18:58.15	
48	Hoffman, Brayden	M08	Siouxland Christian	19:02.80	37
49	Brown, Elijah	M07	Moc-Fv-Middl	19:07.44	
50	Doughan, Orin	M08	Moc-Fv-Middl	19:08.33	

MVAOCOU XC Meet 2022 - 9/22/2022

9/22/2022

Rankings

...Event 3 Mixed 3200 Meter Run CC Middle School

51	Herrera, Luis	M08	Denison-Schleswig	19:12.29	38
52	Stickrod, Payton	M07	South Centra	19:48.91	39
53	Anderson, Landon	M08	South Centra	20:14.13	40
54	Roberts, Ethan	M07	Moc-Fv-Middl	20:15.33	
55	Krosschell, Liam	M07	Moc-Fv-Middl	20:29.53	
56	Palsma, Arick	M07	Lawton Bronson	21:41.32	41
57	Knight, Caden	M07	Woodbury Cent-KP	22:26.65	42
58	Baker, Colton	MMS	East Sac County	24:31.82	
59	Wurth, Xander	M08	Woodbury Cent-KP	28:46.70	43

Team Scores

```

=====
Rank Team                               Total    1    2    3    4    5    *6    *7    *8    *9
=====

```

Results - Men 3200 Run

1	Moc-Fv-Middle School	41	1	2	4	10	24	26	28
	Total Time: 1:14:42.19								
	Average: 14:56.44								
2	Lawton Bronson	51	3	5	12	15	16	35	41
	Total Time: 1:15:47.57								
	Average: 15:09.52								
3	Denison-Schleswig	55	7	8	9	13	18	38	
	Total Time: 1:15:56.19								
	Average: 15:11.24								
4	Siouxland Christian	108	17	19	22	23	27	37	
	Total Time: 1:20:56.39								
	Average: 16:11.28								
5	Woodbury Cent-KP	108	11	20	21	25	31	42	43
	Total Time: 1:21:01.90								
	Average: 16:12.38								
6	Hinton	144	14	29	32	33	36		
	Total Time: 1:26:45.73								
	Average: 17:21.15								
7	South Central Calhoun	149	6	30	34	39	40		
	Total Time: 1:30:00.55								
	Average: 18:00.11								

Results - Women 3200 Run

1	Moc-Fv-Middle School	25	1	2	4	8	10	14	16
	Total Time: 1:24:15.14								
	Average: 16:51.03								
2	Ridge View	33	3	5	6	7	12	13	15
	Total Time: 1:28:05.33								
	Average: 17:37.07								
3	Hinton	74	9	11	17	18	19	20	21
	Total Time: 1:42:59.80								
	Average: 20:35.96								