

## Cedar Rapids Invitational HS

OFFICIAL 📅 Thu, Sep 8, 2022 📍 Seminole Valley Park



### 👤 Mens Results

#### 5,000 Meters Frosh/Soph

##### Official Team Scores

1. Bettendorf	54
2. Muscatine	64
3. Wahlert Dubuque	71
4. Cedar Rapids Kennedy	75
5. Ankeny Centennial	96
6. North Scott Eldridge	149
7. Cedar Rapids Jefferson	226
8. Davenport North	228
9. Cedar Rapids Washington	239

1. 9 Jayden Brookins	17:37.35	Wahlert Dubuque
2. 10 Kyle Powers	18:05.98	Wahlert Dubuque
3. 10 Noah Gehler	18:30.56	Bettendorf
4. 10 Caleb Rankin	18:46.74	Bettendorf
5. 10 Landon Potts	19:02.38	Bettendorf
6. 10 Nick Klapatauskas	19:04.57	Wahlert Dubuque
7. 9 Ryker Scheckel	19:04.87	Cedar Rapids Kennedy
8. 10 Drew Kurrieger	19:09.80	Muscatine
9. 9 Talan Becker	19:13.52	Muscatine
10. 9 Nathan Winger	19:13.71	Bettendorf
11. 9 Davis Johnson	19:17.10	Ankeny Centennial
12. 9 Nate Lukkarinen	19:26.81	Muscatine
13. 9 Cohen Moll	19:36.68	Ankeny Centennial
14. 10 Joe McClearly	19:40.75	Muscatine
15. 9 Lincoln McMahan	19:41.19	Cedar Rapids Kennedy
16. 9 Nathaniel Goff	19:50.44	Cedar Rapids Kennedy
17. 10 Isaac Stanley	19:51.18	North Scott Eldridge
18. 9 Madden Dewalle	19:55.77	Cedar Rapids Kennedy
19. 10 Zachary Ispentchian	19:59.74	Cedar Rapids Kennedy
20. 10 Brayden Leis	20:06.14	Prairie Cedar Rapids
21. 9 Noah Penn	20:16.94	Cedar Rapids Kennedy
22. 9 Dylan Mason	20:22.90	Muscatine
23. 9 Duncan Freund	20:24.92	Wahlert Dubuque
24. 9 Kolton Lorion	20:24.94	Clinton
25. 10 Zachary Malone	20:26.19	Ankeny Centennial
26. 10 John Hynek	20:45.15	Prairie Cedar Rapids
27. 10 Kael Lawler	20:55.38	Ankeny Centennial
28. 9 Isaac Porter	20:55.41	Ankeny Centennial
29. 9 Eli Tonkollie	21:03.77	Cedar Rapids Jefferson
30. 10 Mason Schaack	21:05.59	North Scott Eldridge
31. 10 Brady Jennings	21:08.50	Clinton
32. 9 Grant Pattridge	21:13.15	Cedar Rapids Kennedy
33. 9 Ian Smith	21:19.80	Ankeny Centennial
34. 10 Dawson Dufloth	21:22.02	North Scott Eldridge

### 👤 Womens Results

#### 5,000 Meters Frosh/Soph

##### Official Team Scores

1. Ankeny Centennial	18
2. Iowa City Liberty	42
3. Cedar Rapids Kennedy	115
4. North Scott Eldridge	119
5. Wahlert Dubuque	142
6. Cedar Rapids Washington	145
7. Muscatine	171
8. Cedar Rapids Jefferson	211

1. 10 Tallie Plueger	22:24.84	Ankeny Centennial
2. 10 Haley Hveem	22:30.69	Ankeny Centennial
3. 9 Piper Zeman	22:46.89	Ankeny Centennial
4. 10 Cora DenHartog	23:09.73	Ankeny Centennial
5. 9 Peyton Eide	23:10.11	Iowa City Liberty
6. 9 Emerson Adams	23:10.92	Iowa City Liberty
7. 10 Clara Welch	23:11.97	Iowa City Liberty
8. 10 Bella Kuehn	23:30.35	Ankeny Centennial
9. 10 Abby Drosieko	23:41.58	Ankeny Centennial
10. 10 Hannah Wahman	23:47.63	Ankeny Centennial
11. 10 Isabel Makovec	24:08.65	Ankeny Centennial
12. 10 Avery Riehl	24:39.03	Iowa City Liberty
13. 9 Olivia Hallam	24:43.07	Cedar Rapids Kennedy
14. 10 Aubrey Meyer	25:03.10	Iowa City Liberty
15. 9 Erin Arnold	25:05.16	Cedar Rapids Kennedy
16. 10 Cassidy Griggs	25:12.17	Ankeny Centennial
17. 9 Camryn Johnson	25:15.18	Ankeny Centennial
18. 9 Taylor Porter	25:16.71	Ankeny Centennial
19. 9 Kylie Lincoln	25:19.88	Ankeny Centennial
20. 10 Kennadi Thiessen	25:25.95	North Scott Eldridge
21. 10 Elaina McDonald	25:34.39	Iowa City Liberty
22. 9 Nora Brown	25:34.56	Iowa City Liberty
23. 10 Emily Evison	25:46.88	Ankeny Centennial
24. 10 Audrey Patkin	25:51.82	Ankeny Centennial
25. 9 Olivia Schneeberger	26:39.55	Clinton
26. 9 Lydia Anderson	26:46.72	Muscatine
27. 9 Drennan Fazio	26:50.72	Wahlert Dubuque
28. 10 Paige Nelson	26:51.56	Ankeny Centennial
29. 10 Ava Acker	26:52.63	Muscatine
30. 9 Annabelle Cearlock	26:58.94	Wahlert Dubuque
31. 10 Olive Khoury	27:13.42	North Scott Eldridge
32. 10 Bella Brinson	27:31.46	Ankeny Centennial
33. 9 Trudy Haag	27:33.23	Ankeny Centennial
34. 10 Madisyn Yarham	27:49.58	North Scott Eldridge
35. 9 Issma Ahmed	27:50.72	Iowa City Liberty

35.9	Jonathan Mittelsteadt	21:23.08	Cedar Rapids Jefferson	36.9	Ashley Sabin	27:58.31	Iowa City Liberty
36.10	Tanner Wilson	21:27.28	Cedar Rapids Kennedy	37.9	JoLee Steinecke	28:08.33	North Scott Eldridge
37.9	Elliot Davis	21:27.54	Bettendorf	38.10	Frannie Stilwell	28:13.41	Cedar Rapids Washington
38.10	Darrien Manning	21:28.33	Davenport North	39.9	Marley Lytle	28:29.24	Cedar Rapids Washington
39.10	Michael Harris	21:29.67	Davenport North	40.10	Norah Brown	28:39.81	Clinton
40.10	Sintayehu Hall	21:30.82	Cedar Rapids Kennedy	41.10	Addison Lundahl	28:48.99	Ankeny Centennial
41.10	Calvin Haag	21:38.28	Ankeny Centennial	42.10	Sarah Kwilose	28:51.05	Prairie Cedar Rapids
42.9	Zach McMann	21:39.16	North Scott Eldridge	43.9	Audrey Pruett	28:51.14	Cedar Rapids Kennedy
43.10	Noah Baxa	21:40.36	Bettendorf	44.10	Lauren Hunt	28:51.73	Prairie Cedar Rapids
44.9	Aiden Erickson	21:59.69	Cedar Rapids Washington	45.9	Allison Maile	29:00.72	Ankeny Centennial
45.9	Koen Krambeck	22:08.30	North Scott Eldridge	46.10	Millie Brooks	29:03.30	Ankeny Centennial
46.9	Josh Van Otterloo	22:08.75	Wahlert Dubuque	47.10	Hilary Paulson	29:05.93	Ankeny Centennial
47.10	Matthew Pearson	22:13.19	Bettendorf	48.9	Cal Loan	29:10.13	Cedar Rapids Kennedy
48.10	Walter Freund	22:14.59	Wahlert Dubuque	49.10	Elizabeth Hyland	29:24.29	Ankeny Centennial
49.9	Canton Welsch	22:15.47	Muscatine	50.10	Lydia Virtue	29:30.68	Wahlert Dubuque
50.9	Spencer Biah	22:28.33	Muscatine	51.9	Sarah Novak	29:49.33	Cedar Rapids Washington
51.10	Sam Kennedy	22:29.50	Wahlert Dubuque	52.10	Samantha Heldt	29:52.33	Cedar Rapids Washington
52.9	William Fitzpatrick	22:39.94	Wahlert Dubuque	53.9	Lilyan Tuthill	30:02.91	Wahlert Dubuque
53.9	Anthony Zachar	22:42.44	Cedar Rapids Kennedy	54.10	Lila Blake	30:12.56	Ankeny Centennial
54.10	Nick Moroney	22:53.73	Wahlert Dubuque	55.10	Grace Cruse	30:17.04	Cedar Rapids Washington
55.9	Nick Bloise	22:56.52	Cedar Rapids Kennedy	56.10	Afana Prahm	30:35.21	Iowa City Liberty
56.10	Jack Olesen	22:57.69	Cedar Rapids Kennedy	57.9	Emma Semrow	30:38.51	Ankeny Centennial
57.10	Camden Ford	22:58.76	Davenport North	58.10	Kira Gassman	30:51.34	Clinton
58.9	Dean Landis	23:11.57	Ankeny Centennial	59.9	Ryan Chittenden	30:53.54	Cedar Rapids Kennedy
59.10	Oliver Olsen	23:11.83	North Scott Eldridge	60.9	Payzleigh Gieselman	30:54.79	North Scott Eldridge
60.10	Tyler Zhang	23:13.18	Ankeny Centennial	61.10	Laura Azuela	30:55.48	North Scott Eldridge
61.9	Henry Appleby-Sparrow	23:15.74	Cedar Rapids Washington	62.10	Alex Cherry	31:06.53	Cedar Rapids Washington
62.9	Ethan White	23:29.53	Cedar Rapids Kennedy	63.10	Brie Meyer	31:18.84	Cedar Rapids Jefferson
63.10	Grant Porter	23:32.84	North Scott Eldridge	64.10	Noel Morris	31:27.60	Cedar Rapids Jefferson
64.9	Bryce Wilson	23:49.07	Cedar Rapids Kennedy	65.9	Amelia Meyers	31:27.66	Cedar Rapids Kennedy
65.10	Isaac Rodemeyer	23:49.17	Prairie Cedar Rapids	66.9	Larkin McMorris	31:41.05	Iowa City Liberty
66.10	Angel McDougall	23:59.17	Ankeny Centennial	67.10	Payton Portzen	32:39.96	Wahlert Dubuque
67.9	Corwin McDonald	24:00.63	Muscatine	68.9	Amelia Fangman	33:43.22	Muscatine
68.9	Caden Messenger	24:35.91	Cedar Rapids Washington	69.10	Abigail Calderon	36:01.86	Cedar Rapids Jefferson
69.9	Owen McLaughlin	24:56.63	Cedar Rapids Kennedy	70.9	Rose Brown	36:25.24	Muscatine
70.10	Adam Hartwigsen	25:10.75	Ankeny Centennial	71.10	Alexia Kracht	36:43.77	Cedar Rapids Jefferson
71.9	Jonas Robinson	25:14.10	Ankeny Centennial	72.10	Ryiah Nickell	37:06.70	Cedar Rapids Jefferson
72.9	Austin Damisch	25:21.64	Cedar Rapids Washington	73.9	Shyanne Lemmon	37:53.25	Muscatine
73.9	Laird Hanna	25:22.42	Cedar Rapids Washington	74.9	Josephine Budederi	38:18.04	Cedar Rapids Jefferson
74.10	Gustavo Perez-Espina	25:33.34	North Scott Eldridge	75.9	Lauren Hesselning	41:21.15	Muscatine
75.9	Logan Bailey	25:38.93	Muscatine	76.10	Theresa Gonpue	44:10.84	Cedar Rapids Jefferson
76.9	Blake Bybee	25:41.21	Ankeny Centennial	77.10	Mara Cabongo Kikongo	44:17.27	Cedar Rapids Jefferson
77.10	Owen Powell	25:53.32	North Scott Eldridge				
78.10	Cameron Andrews	26:05.89	Cedar Rapids Washington				
79.9	Carter Kuhl	26:30.51	Ankeny Centennial				
80.10	Nick Tronnes	26:44.40	Davenport North				
81.9	Kannon Mitchell	26:46.47	Ankeny Centennial				
82.10	Kepler Engelman	27:02.52	Cedar Rapids Kennedy				
83.10	Jonathan Reu	27:13.28	Prairie Cedar Rapids				
84.9	Jordan DeSimone	27:14.80	Bettendorf				
85.9	Jon Wilson	27:21.70	Ankeny Centennial				
86.9	Nick Johnston	27:27.52	Bettendorf				
87.9	Blake Pritchard	28:20.37	Cedar Rapids Jefferson				
88.10	Cale Pilkington	29:22.72	Cedar Rapids Jefferson				
89.10	Charles Schrader	30:39.99	Cedar Rapids Washington				
90.9	Malachi Armon	31:01.33	Cedar Rapids Jefferson				
91.9	Charlie Waechter	31:15.53	Cedar Rapids Jefferson				
92.9	Griffin Bubenyak	31:33.82	Cedar Rapids Jefferson				

## 5,000 Meters Varsity

### Official Team Scores

1.	Ankeny Centennial	31
2.	Mount Vernon-Lisbon	85
3.	Iowa City Liberty	117
4.	North Scott Eldridge	121
5.	Iowa City West	142
6.	Marion	201
7.	Cedar Rapids Kennedy	236
8.	Davenport Central	241
9.	Wahlert Dubuque	248
10.	Cedar Rapids Washington	252
11.	Clinton	258

93.10 Caleb Pettigrew-Grant	32:36.26 Davenport North
94.9 Deakon Weber	32:57.53 Ankeny Centennial
95.9 Nick Bumpus	33:17.58 Cedar Rapids Jefferson
96.9 Jonas Dahlen	40:30.18 Waterloo East

12. Bettendorf	274
13. Prairie Cedar Rapids	283
14. Davenport North	385
15. Muscatine	389
16. Cedar Rapids Jefferson	459

## 5,000 Meters Varsity

### Official Team Scores

1. Cedar Rapids Kennedy	51
2. Marion	62
3. Mount Vernon-Lisbon	98
4. Bettendorf	120
5. Ankeny Centennial	136
6. North Scott Eldridge	170
7. Waterloo West	170
8. Prairie Cedar Rapids	208
9. Davenport Central	210
10. Clinton	302
11. Cedar Rapids Washington	318
12. Davenport West	328
13. Cedar Rapids Jefferson	337
14. Davenport North	373
15. Muscatine	400
16. Waterloo East	485

1. 12 Miles Wilson	15:19.34 Cedar Rapids Kennedy
2. 12 Jedidiah Osgood	15:27.38 Marion
3. 11 Aj Schermerhorn	16:23.49 Ankeny Centennial
4. 10 Grady Olberding	16:26.13 Mount Vernon-Lisbon
5. 11 Cooper Cook	16:31.47 Marion
6. 12 Nik Davis	16:34.79 North Scott Eldridge
7. 9 Adam Gray	16:43.55 Cedar Rapids Kennedy
8. 11 Henry McMahan	16:43.99 Cedar Rapids Kennedy
9. 10 Presley Berns	16:59.56 Waterloo West
10. 12 Jakob Regennitter	17:12.74 Marion
11. 11 Caden Davis	17:15.95 Cedar Rapids Jefferson
12. 12 Junior Krob	17:17.47 Mount Vernon-Lisbon
13. 12 Owen Christy	17:17.60 Davenport Central
14. 10 Tyler Ryan	17:18.29 Davenport Central
15. 11 Kaidan VanderWeele	17:24.37 Bettendorf
16. 10 Bennett Alfred	17:25.19 Prairie Cedar Rapids
17. 11 Jacob Bruns	17:29.77 Cedar Rapids Kennedy
18. 11 Reece Murray	17:32.28 Cedar Rapids Kennedy
19. 11 Klayten Perreault	17:33.43 Mount Vernon-Lisbon
20. 11 Jordan Fischer	17:33.61 Marion
21. 11 Chase Wakefield	17:36.51 Bettendorf
22. 10 Yorty Hagedorn	17:39.33 North Scott Eldridge
23. 9 Slader Buckheister	17:41.16 Cedar Rapids Kennedy
24. 12 Parker Lundberg	17:45.33 Ankeny Centennial
25. 12 Chris Oberbroeckling	17:46.03 Marion
26. 10 Ryan Heden	17:49.13 Bettendorf
27. 12 Xavier Potts	17:50.92 Bettendorf
28. 10 Reuben Schlaak	17:51.67 Cedar Rapids Kennedy
29. 9 Dawson Scheil	17:51.81 Mount Vernon-Lisbon
30. 12 Braden Nystrom	17:53.21 Waterloo West
31. 9 AJ Willey	17:54.49 Bettendorf
32. 12 Braeden Bohannon	17:54.64 North Scott Eldridge

1. 12 Lourdes Mason	18:07.97 Mount Vernon-Lisbon
2. 12 Rondi Quass	18:52.81 Ankeny Centennial
3. 10 Anika Mohrhauser	18:56.71 Ankeny Centennial
4. 12 Laura Swart	19:17.25 Mount Vernon-Lisbon
5. 10 Bella Hodges	19:29.41 Ankeny Centennial
6. 12 Bailey Boddicker	19:31.36 North Scott Eldridge
7. 10 Dylan Moeller	19:44.05 Davenport Central
8. 11 Kylie Daily	20:08.74 Davenport West
9. 11 Peyton Madison	20:17.28 North Scott Eldridge
10. 11 Cori Mac	20:25.58 Iowa City Liberty
11. 10 Julia Flick	20:26.45 Ankeny Centennial
12. 11 Anja Peck	20:28.17 Ankeny Centennial
13. 10 Emrie Johnson	20:30.52 Mount Vernon-Lisbon
14. 11 Cindy Wang	20:42.38 Iowa City West
15. 11 Makenna Hetrick	20:47.61 Cedar Rapids Washington
16. 9 Olivia Divoky	20:48.10 Prairie Cedar Rapids
17. 11 Gabby Moniza	20:49.16 Iowa City West
18. 11 Sydney Andresen	20:51.29 Marion
19. 9 Kylee Patterson	20:52.62 Ankeny Centennial
20. 12 Merin Crowder	20:54.81 Davenport Central
21. 10 Tillie Smith	20:59.58 Ankeny Centennial
22. 11 Camryn Sattler	21:00.09 Clinton
23. 12 Malia Taylor	21:00.95 Iowa City Liberty
24. 11 Emily See	21:03.57 Bettendorf
25. 12 Hannah Ramsey	21:05.31 Iowa City Liberty
26. 9 Kiersten Swart	21:12.53 Mount Vernon-Lisbon
27. 10 Audrey Ella Meyer	21:14.80 Marion
28. 12 Kaitlyn Knoche	21:14.80 North Scott Eldridge
29. 10 Madelyn Johnson	21:15.84 Iowa City Liberty
30. 11 Erinn Varga	21:22.55 Iowa City West
31. 10 Lillian Cogdill	21:22.62 Cedar Rapids Kennedy
32. 10 Annabelle Everding	21:29.62 Bettendorf
33. 11 Ella Riniker	21:33.21 North Scott Eldridge
34. 11 Alyssa Brandt	21:37.22 Cedar Rapids Kennedy
35. 9 Bridget Canton	21:39.33 Iowa City Liberty
36. 11 Evelyn Barfels	21:39.81 Davenport Central
37. 10 Hannah Hughes	21:43.79 Prairie Cedar Rapids
38. 9 Kate Van Waning	21:51.87 Iowa City West
39. 12 Anabel Bradley	21:53.22 Cedar Rapids Kennedy
40. 12 Lilah Takes	21:56.10 Wahlert Dubuque
41. 9 Lucy Murphy	22:00.56 Wahlert Dubuque
42. 11 Kendall Orozco	22:05.20 Marion
43. 11 Madelyn Robinson	22:08.47 Clinton
44. 11 Maeve Krogmann	22:09.50 Mount Vernon-Lisbon
45. 9 Olivia Bellini	22:11.49 Wahlert Dubuque
46. 10 Lilian Graham	22:12.57 Wahlert Dubuque
47. 10 Mimi Marquardt	22:13.64 Iowa City Liberty
48. 12 Minou Emmad	22:13.79 Iowa City West
49. 10 Kate Blodig	22:14.29 North Scott Eldridge
50. 12 Taya Melendez	22:17.41 Muscatine
51. 9 Carryn Sattler	22:21.93 Clinton

33.	10 Tyler Stegemoller	17:55.10	Prairie Cedar Rapids	52.	10 Hailey Bock	22:32.42	Mount Vernon-Lisbon
34.	10 Wesley Sadler	17:55.79	Mount Vernon-Lisbon	53.	12 Sam Estrada	22:32.46	Iowa City Liberty
35.	10 Austin Lundberg	17:59.05	Ankeny Centennial	54.	9 Elise Moore	22:32.93	Marion
36.	10 Aamin Hassan	18:04.42	Ankeny Centennial	55.	9 Ava Graw	22:34.29	Cedar Rapids Washington
37.	10 Carter Richter	18:05.21	Davenport Central	56.	12 Carly Porter	22:43.63	North Scott Eldridge
38.	10 Brayden Vander Wilt	18:07.44	Ankeny Centennial	57.	12 Sage Slessor	22:48.80	Cedar Rapids Washington
39.	11 Kriene Schneidermann	18:10.46	Cedar Rapids Washington	58.	12 Anna Nichols	22:50.53	North Scott Eldridge
40.	11 Ryan Harn	18:10.78	Waterloo West	59.	9 Ramsay Geater	22:54.47	Cedar Rapids Kennedy
41.	12 Luke Jennings	18:11.57	Clinton	60.	9 Aubrey Rivers	23:00.60	Clinton
42.	10 Ben Ritter	18:12.65	Waterloo West	61.	10 Mackenzie Childers	23:03.80	Prairie Cedar Rapids
43.	12 John Lorenz	18:15.74	Cedar Rapids Washington	62.	10 Kalli Titus	23:04.04	Iowa City West
44.	11 Gage Rath	18:18.05	Bettendorf	63.	12 Sierra Schumacher	23:07.22	Cedar Rapids Washington
45.	12 Gabe Hadley	18:18.48	Ankeny Centennial	64.	11 Gabby Leibold	23:09.40	Davenport North
46.	10 Shawn Olsen	18:21.25	Davenport West	65.	11 Maggie Churchill	23:09.65	Marion
47.	12 Harrison Allard	18:31.63	Prairie Cedar Rapids	66.	12 Samantha Fowler	23:16.03	Cedar Rapids Jefferson
48.	11 Brendan Owens	18:36.87	Ankeny Centennial	67.	10 Sophie Stilwell	23:16.15	Cedar Rapids Washington
49.	12 Zephaniah Gustafson	18:38.13	Waterloo West	68.	9 Maddy Hetrick	23:18.42	Cedar Rapids Washington
50.	12 Camden Kilker	18:43.38	Davenport West	69.	9 Whitney Estabrook	23:19.51	Muscatine
51.	12 Zach Fall	18:43.45	Mount Vernon-Lisbon	70.	11 Jjin Shim	23:22.34	Iowa City West
52.	9 Carter Unwin	18:44.63	North Scott Eldridge	71.	10 Kaylee Nuci	23:32.34	Davenport North
53.	10 Easton Mai	18:45.04	Prairie Cedar Rapids	72.	10 McKenzie Schaefer	23:33.84	Bettendorf
54.	12 Jarred Regennitter	18:45.34	Marion	73.	10 Laura Fitch	23:37.56	Marion
55.	11 Zach VanWychen	18:50.61	Bettendorf	74.	10 Addie Clark	23:38.10	Mount Vernon-Lisbon
56.	11 Curtis Sanders	18:56.46	Cedar Rapids Jefferson	75.	9 Destiny Borland	23:43.04	Bettendorf
57.	12 Jace Fopma	18:57.57	Marion	76.	10 Calista Rasmer	23:46.53	Bettendorf
58.	11 Grant Peterson	18:58.06	North Scott Eldridge	77.	12 Hannah Brase	23:50.42	Marion
59.	12 Gabriel Auer	18:59.56	Wahlert Dubuque	78.	11 Grace Hallam	23:57.56	Cedar Rapids Kennedy
60.	12 Michael Reyes	19:01.16	Prairie Cedar Rapids	79.	9 Stella Rose	24:04.11	Prairie Cedar Rapids
61.	12 Jeremy Galloway	19:05.47	Clinton	80.	10 Delainey Woodman	24:08.97	Davenport North
62.	11 Dylan Maresca	19:05.93	Muscatine	81.	12 Anna Van Otterloo	24:21.39	Wahlert Dubuque
63.	10 Seamus O'Connor	19:08.77	Mount Vernon-Lisbon	82.	9 Claire King	24:22.47	Wahlert Dubuque
64.	12 Owen Sander-Welzien	19:13.30	Clinton	83.	11 Jadalynn Daily	24:22.83	Davenport West
65.	12 Austin Foor	19:20.00	Muscatine	84.	11 Kate Schlawin	24:37.56	Muscatine
66.	10 Ed Weiner	19:21.97	Clinton	85.	10 Gabriela Marceleno	24:44.89	Davenport Central
67.	9 Ethan McManus	19:23.17	Prairie Cedar Rapids	86.	11 Emma Yacapraro	24:48.71	Davenport North
68.	11 Pete Linehan	19:24.05	Davenport Central	87.	12 Marina Van Neikerk	24:49.42	Bettendorf
69.	10 Matthew Simmons	19:26.50	North Scott Eldridge	88.	10 Sescie Haan	24:52.02	Clinton
70.	10 Austin Lewis	19:32.76	Davenport West	89.	11 Sylvia Tank	24:57.22	Bettendorf
71.	11 Grant Wiese	19:33.17	Davenport North	90.	9 Maria Kaiser	25:08.25	Cedar Rapids Kennedy
72.	11 Kyle Reisinger	19:34.30	Cedar Rapids Washington	91.	12 Elizabeth Olsen	25:08.99	Davenport North
73.	10 Camden Bennett	19:35.21	Davenport North	92.	12 Rose Kelly	25:13.82	Clinton
74.	11 Brian Unke	19:36.81	Clinton	93.	12 Kelsie Kolthoff	25:22.00	Cedar Rapids Kennedy
75.	12 Cooper Paxton	19:37.60	Waterloo West	94.	11 Grace Miller	25:34.38	Muscatine
76.	11 Cole Miller	19:38.38	Davenport North	95.	12 Anna Current	25:39.40	Clinton
77.	12 Matt Licht	19:38.88	Davenport North	96.	9 Alisa Pajazetovic	25:51.80	Waterloo West
78.	12 Jaycob McDanel	19:40.75	Davenport West	97.	11 Tori Allard	25:52.47	Prairie Cedar Rapids
79.	10 Brody Westendorf	19:41.74	North Scott Eldridge	98.	10 Himidi Kuundu	25:55.60	Cedar Rapids Jefferson
80.	10 Joe Minitier	19:45.60	Davenport Central	99.	10 Emma York	25:55.70	Cedar Rapids Jefferson
81.	9 Adam Wiese	19:59.05	Davenport North	100.	10 Grace Marlin	26:03.77	Waterloo West
82.	10 Zarek Haskell	19:59.61	Clinton	101.	12 McKenzie Saxton	26:06.93	Davenport Central
83.	10 Lucas Burkamper	20:01.02	Cedar Rapids Washington	102.	10 Kristin Wadden	26:10.87	Muscatine
84.	11 Nick Foreman	20:11.27	Cedar Rapids Washington	103.	10 Amelia Luna	26:17.82	Muscatine
85.	11 Ricardo Rios	20:12.34	Waterloo East	104.	12 Ashley Siech	26:29.46	Prairie Cedar Rapids
86.	12 Jon Hight	20:12.87	Muscatine	105.	10 Thursday Peterson	27:04.62	Cedar Rapids Jefferson
87.	9 Zach Carney	20:24.37	Davenport West	106.	10 Lizeth Esqueda	27:27.34	Cedar Rapids Jefferson
88.	11 Jarvis Biah	20:30.52	Cedar Rapids Washington	107.	12 Mya Johnson	28:13.22	Waterloo East
89.	12 Olivier Mubengwa	20:31.36	Cedar Rapids Jefferson	108.	10 Hailey Allen	28:16.89	Waterloo East
90.	11 Sam Reynolds	20:35.97	Clinton	109.	12 Megan Bumpus	28:26.86	Cedar Rapids Jefferson

91.	11 Sullivan Newlin	20:46.28	Wahlert Dubuque
92.	11 Austin Deal	20:49.09	Cedar Rapids Jefferson
93.	11 Shyam Devasthali	20:59.16	Davenport Central
94.	11 Kinnick Meier	20:59.59	Cedar Rapids Jefferson
95.	10 Alec Aschenbrenner	21:00.33	Cedar Rapids Jefferson
96.	11 Eden Schrack	21:22.51	Wahlert Dubuque
97.	12 Jared Lopez	21:32.42	Muscatine
98.	10 Cade Smith	21:39.11	Cedar Rapids Washington
99.	11 Nathan Schmitt	21:43.24	Muscatine
100.	12 Angel Torres	22:12.61	Cedar Rapids Jefferson
101.	10 Carter Seber	22:16.85	Waterloo East
102.	12 Landon Castle	23:08.65	Muscatine
103.	10 Georvon Tyler	23:28.23	Waterloo East
104.	10 Juan Calderon	23:28.31	Waterloo East
105.	11 Juan Carlos Rico	24:00.15	Waterloo East
106.	10 Pedro Zarco	28:13.29	Waterloo East
107.	11 Pray Reh	29:54.44	Waterloo East

### 5,000 Meters Junior Varsity

#### Official Team Scores

1.	Ankeny Centennial	15
2.	Cedar Rapids Kennedy	98
3.	Mount Vernon-Lisbon	100
4.	Bettendorf	107
5.	North Scott Eldridge	115
6.	Prairie Cedar Rapids	141
7.	Marion	172
8.	Waterloo West	203
9.	Davenport Central	262
10.	Cedar Rapids Washington	263

1.	9 Jack Behrens	17:55.19	Ankeny Centennial
2.	12 Peyton Bright	17:57.54	Ankeny Centennial
3.	10 Corbin Vander Weerd	18:05.13	Ankeny Centennial
4.	12 Bennett Blakeslee	18:12.38	Ankeny Centennial
5.	10 Mark Nelson	18:13.12	Ankeny Centennial
6.	12 Jonas Smith	18:14.83	Ankeny Centennial
7.	12 Kyle Melcher	18:32.32	Ankeny Centennial
8.	11 Crew Geater	18:39.94	Cedar Rapids Kennedy
9.	12 Benjamin Bompemo	18:40.93	Cedar Rapids Jefferson
10.	9 Bennett Kautz	18:41.07	Marion
11.	12 Calvin Curcija	18:45.00	Bettendorf
12.	12 Luke Auderer	18:49.78	Ankeny Centennial
13.	12 Micah Knapp	18:53.16	Mount Vernon-Lisbon
14.	12 Trent Allen	18:56.07	Bettendorf
15.	12 Caleb Wilshusen	18:56.65	North Scott Eldridge
16.	12 Alec Harris	18:58.52	North Scott Eldridge
17.	11 Julien Benesh	18:59.01	Prairie Cedar Rapids
18.	12 Ben Nydegger	19:00.51	Mount Vernon-Lisbon
19.	10 Sean Thomas	19:02.83	Ankeny Centennial
20.	11 Caleb Kerkove	19:03.46	Waterloo West
21.	12 Grant Harris	19:04.58	Ankeny Centennial
22.	12 Mason Herrington	19:07.84	North Scott Eldridge
23.	12 August Cowie	19:11.15	Ankeny Centennial
24.	11 Collin Sweeney	19:16.66	Cedar Rapids Kennedy
25.	12 Ryne Moeller	19:22.97	Mount Vernon-Lisbon

110.	11 Kyra Taylor	29:18.89	Davenport North
111.	12 Michelle Darcon	30:44.09	Waterloo West
112.	10 Taylor Hoftender	36:37.96	Waterloo East

### 5,000 Meters Junior Varsity

#### Official Team Scores

1.	Ankeny Centennial	19
2.	Iowa City West	41
3.	Mount Vernon-Lisbon	84
4.	Marion	129
5.	Bettendorf	148
6.	North Scott Eldridge	158
7.	Davenport Central	197
8.	Wahlert Dubuque	198
9.	Clinton	241
10.	Davenport North	298
11.	Davenport West	314

1.	11 Lauren Reimer	21:53.11	Ankeny Centennial
2.	12 Cam Hershberger	22:02.86	Ankeny Centennial
3.	11 Violet Clark	22:37.18	Iowa City West
4.	12 Charlie Brink	22:44.26	Ankeny Centennial
5.	11 Dana Cleveland	22:48.86	Ankeny Centennial
6.	10 Tina Hong	23:04.98	Iowa City West
7.	11 Melody Urich	23:18.66	Ankeny Centennial
8.	12 Gabi Moehlman	23:22.20	Mount Vernon-Lisbon
9.	10 Annie Dickens	23:22.22	Iowa City West
10.	10 Naomi Griener	23:28.20	Iowa City West
11.	12 Brianna Hynick	23:32.70	Ankeny Centennial
12.	10 Kyra Cordes	23:33.94	Marion
13.	10 Ivy Hendrickson	23:44.27	Iowa City West
14.	9 Cameron Shumpert	23:53.27	Davenport Central
15.	11 Anna Vavricek	23:57.83	Mount Vernon-Lisbon
16.	12 Rebeckah Regennitter	24:11.46	Marion
17.	12 Bella Warm	24:13.26	North Scott Eldridge
18.	11 Sierra Snyder	24:17.19	Mount Vernon-Lisbon
19.	10 Rowan Appel	24:25.91	Bettendorf
20.	11 Audrey Tucker	24:39.33	Mount Vernon-Lisbon
21.	12 Natalie Naber	24:39.74	North Scott Eldridge
22.	11 Talula Schetzslé	24:41.76	Ankeny Centennial
23.	10 Abbie Moss	24:42.70	Mount Vernon-Lisbon
24.	11 Maria Jimenez	24:47.53	Cedar Rapids Kennedy
25.	10 Marie Stier	24:48.82	Iowa City West
26.	12 Anna Lenig	24:50.19	Ankeny Centennial
27.	9 Ada Kaplan	24:52.96	Davenport Central
28.	11 Olivia Petersen	24:54.35	Ankeny Centennial
29.	12 Megan Heldt	24:59.41	Ankeny Centennial
30.	11 Anna Dehn	24:59.71	Wahlert Dubuque
31.	10 Alena Dietz	25:00.30	Marion
32.	11 Macy Stierwalt	25:11.99	Bettendorf
33.	10 Paige Mook	25:14.64	Bettendorf
34.	9 Emara Perreault	25:17.02	Mount Vernon-Lisbon
35.	11 Alison Munshower	25:20.26	Wahlert Dubuque
36.	11 Rya McFarland	25:22.16	Cedar Rapids Washington
37.	12 Brylee Smejkal	25:23.48	Ankeny Centennial
38.	9 Allison Teague	25:25.73	Mount Vernon-Lisbon

26.	11 Christian Hodgins	19:26.11 Cedar Rapids Kennedy	39.	12 Audrey Scarlett	25:29.77 Bettendorf
27.	11 Aidan Ziegler	19:33.95 Cedar Rapids Kennedy	40.	9 Delaney Shindelar	25:31.03 Marion
28.	11 Chase Jespersion	19:38.19 Ankeny Centennial	41.	12 Maria Ounap	25:35.92 Cedar Rapids Washington
29.	11 Sean Steinbrech	19:38.43 Prairie Cedar Rapids	42.	11 Yaya Orszula	25:37.66 Iowa City West
30.	11 Eli Hughes	19:39.25 Bettendorf	43.	12 Claire Gaffney	25:41.58 Mount Vernon-Lisbon
31.	12 Kaden Druecker	19:44.00 Prairie Cedar Rapids	44.	12 Sophie Nickles	25:42.96 Clinton
32.	10 Graham Vavricek	19:47.64 Mount Vernon-Lisbon	45.	10 Lily McConnell	25:44.19 Iowa City West
33.	9 Brody Speidel	19:48.04 Mount Vernon-Lisbon	46.	10 Sidney Tranel	25:46.36 Iowa City West
34.	12 Jacob Horton	19:53.04 Cedar Rapids Kennedy	47.	11 Brooklyn Bullock	25:50.33 North Scott Eldridge
35.	11 Elias Lightfoot	19:55.22 Bettendorf	48.	11 Denise Steen	26:03.25 Prairie Cedar Rapids
36.	10 Arthur Seufferlein	19:56.44 Marion	49.	11 Aidan Matney	26:10.63 Ankeny Centennial
37.	12 Steven Irankunda	20:02.87 Cedar Rapids Jefferson	50.	11 Emily Patten	26:15.01 Mount Vernon-Lisbon
38.	11 Ben Knipfer	20:04.43 Cedar Rapids Kennedy	51.	11 Laura Cushman	26:15.43 Wahlert Dubuque
39.	11 James Porter	20:08.52 Bettendorf	52.	11 Kylie Pyatt	26:17.51 Mount Vernon-Lisbon
40.	10 Asher Weems	20:12.80 Marion	53.	11 Kaelee Wolf	26:26.37 Bettendorf
41.	11 Luke Simmons	20:13.05 North Scott Eldridge	54.	10 Greta Kautz	26:27.79 Marion
42.	11 Teague Krob	20:13.54 Mount Vernon-Lisbon	55.	11 Ava Duncan	26:31.51 North Scott Eldridge
43.	12 Connor McMann	20:13.85 North Scott Eldridge	56.	12 Brooklyn Strief	26:37.87 North Scott Eldridge
44.	12 Noah Reu	20:18.84 Prairie Cedar Rapids	57.	11 Hailey Gammon	26:37.95 Prairie Cedar Rapids
45.	11 Rolend Stewart	20:19.69 Cedar Rapids Washington	58.	11 Ana Rivera	26:40.23 Wahlert Dubuque
46.	9 James Knight	20:19.74 Waterloo West	59.	12 Sarah Vortherms	26:44.84 Ankeny Centennial
47.	9 Josh Gant	20:25.46 Davenport Central	60.	10 Audrey Forrester	26:59.75 Ankeny Centennial
48.	12 Go Benesh	20:26.00 Prairie Cedar Rapids	61.	12 Noelle Regennitter	27:02.23 Marion
49.	11 Isaiah Smith	20:29.15 Cedar Rapids Washington	62.	12 Ava Hagedorn	27:15.25 North Scott Eldridge
50.	11 Connor Heuthorst	20:29.56 Waterloo West	63.	10 Campbell Dopler	27:23.03 Bettendorf
51.	11 Karter Holdridge	20:38.03 Bettendorf	64.	10 Kate Dupuich	27:26.36 Iowa City West
52.	10 Josiah Gregory	20:39.36 Marion	65.	11 Addison Schlue	27:32.31 Davenport Central
53.	9 Cash Luneckas	20:51.03 Mount Vernon-Lisbon	66.	11 Lydia Appleby-Sparrow	27:33.17 Cedar Rapids Washington
54.	12 Sean Aschenbrenner	20:55.72 Cedar Rapids Jefferson	67.	9 Kaley Swanson	27:35.67 Ankeny Centennial
55.	11 Chase Nordman	21:00.20 Waterloo West	68.	12 Jenna McClain	27:38.34 Ankeny Centennial
56.	11 Isaac Copeland	21:02.50 North Scott Eldridge	69.	9 Sara Brown	27:42.68 Ankeny Centennial
57.	11 Owen Hovick	21:12.15 Ankeny Centennial	70.	11 Emma Buer	27:49.29 Clinton
58.	11 Luis De La Cuba	21:19.03 Ankeny Centennial	71.	11 Abigail Yahn	27:54.84 Muscatine
59.	11 Nash Hayek	21:20.14 Prairie Cedar Rapids	72.	12 Julianne Clarke	27:56.22 Clinton
60.	12 Landon Ruby	21:20.28 Prairie Cedar Rapids	73.	11 Grace Zorich	28:01.78 Muscatine
61.	10 Cayden Scheil	21:20.87 Mount Vernon-Lisbon	74.	12 Sofia Tornsits	28:04.90 Bettendorf
62.	12 Noah Gossman	21:23.49 Ankeny Centennial	75.	9 Kilee Gutierrez	28:16.61 Bettendorf
63.	11 Ethan Hunt	21:25.62 Davenport Central	76.	9 Kaitlyn Raue	28:21.51 Bettendorf
64.	12 Michael Wilming	21:29.37 North Scott Eldridge	77.	11 Kara Klinkhammer	28:21.62 Clinton
65.	11 Bodie Logsdon	21:31.06 Davenport Central	78.	9 Cora Smith	28:24.92 Mount Vernon-Lisbon
66.	9 Sawyer Feldman	21:34.46 Mount Vernon-Lisbon	79.	10 Brynn Epperly	28:25.01 Mount Vernon-Lisbon
67.	12 Jacob Schwartzhoff	21:38.05 Davenport Central	80.	11 Mackenzie Baustian	28:27.68 Prairie Cedar Rapids
68.	11 Bailey Duncan	21:40.94 Clinton	81.	11 Kristina Dereus	28:29.21 Davenport North
69.	12 Kyan Ross	21:47.01 Marion	82.	12 Aria Goodin	28:30.80 Davenport North
70.	9 Charles Clark	21:48.44 Marion	83.	11 Hailey Mizer	28:31.82 Davenport West
71.	11 Logan Odekirk	21:49.85 Waterloo West	84.	12 Delia Erickson	28:33.12 Davenport Central
72.	12 Samuel Asiedu-Okyere	21:54.46 Prairie Cedar Rapids	85.	10 Benie Toko	28:35.91 Davenport Central
73.	9 Samuel Proctor	21:54.61 Marion	86.	11 Reagan Stock	28:47.41 Cedar Rapids Washington
74.	10 Taylor Seneli	21:57.59 Bettendorf	87.	12 Ava Miles	28:58.14 Cedar Rapids Jefferson
75.	11 Connor Rogahn	22:06.92 Cedar Rapids Washington	88.	12 Maddie Wenzel	29:00.63 Clinton
76.	10 Jay Weltzin-Trainer	22:10.49 Davenport North	89.	11 Delaney Ray	29:01.20 Davenport Central
77.	11 Rodney Fetter	22:15.07 Marion	90.	11 Avery Minter	29:02.09 Ankeny Centennial
78.	12 Alex Wittnebel	22:30.05 Cedar Rapids Washington	91.	12 Ellie Mangler	29:06.56 Davenport North
79.	11 Nathan Kozelsky	22:35.00 Cedar Rapids Washington	92.	12 Tatum Manternach	29:12.87 Wahlert Dubuque
80.	12 Jack Cockayne	22:38.84 Bettendorf	93.	12 Michaela Coleman	29:16.61 Ankeny Centennial
81.	11 Cael Anderson	22:41.53 Waterloo West	94.	10 Bailey Kestel	29:17.81 Waterloo West
82.	11 Anthony Conard	22:42.17 Davenport Central	95.	11 Jillian Scroggs	29:25.66 Ankeny Centennial
83.	11 Evan Tominsky	22:42.88 Cedar Rapids Washington	96.	9 Josefina Willkom	29:25.73 Ankeny Centennial

84.	11 Alex Cullum	22:47.03 Bettendorf	97.	12 Anna Hodges	29:48.33 Davenport Central
85.	11 Maxamine Janelle	22:47.78 Ankeny Centennial	98.	12 Madalena Gomes	29:49.03 Muscatine
86.	9 Brayden Fuller	22:49.10 Waterloo West	99.	9 Ingrid Morf	30:06.25 Mount Vernon-Lisbon
87.	12 Lucas Dolphin	22:50.21 Cedar Rapids Kennedy	100.	11 Grace Zhang	30:12.48 Wahlert Dubuque
88.	11 Jonah McMahan	22:50.71 Cedar Rapids Kennedy	101.	12 Chloe Amaya	30:19.48 Ankeny Centennial
89.	12 Grant Schulz	22:55.67 Marion	102.	12 Sierra Wallace	30:23.56 Ankeny Centennial
90.	9 Jacob Alger	22:57.73 Mount Vernon-Lisbon	103.	11 Anna Rafayelyan	31:02.85 Davenport West
91.	12 Zachary Clark	22:58.82 Ankeny Centennial	104.	11 Karis Rohrer	31:18.47 Ankeny Centennial
92.	11 Caleb Whaley	22:59.54 Ankeny Centennial	105.	12 Kayla Richards	31:21.24 Prairie Cedar Rapids
93.	11 Bradley Alldredge	23:07.17 Prairie Cedar Rapids	106.	11 Lidia Sotillari	31:22.78 Davenport West
94.	10 Caleb Andersen	23:10.32 Waterloo West	107.	12 Gift Gonpue	31:52.63 Cedar Rapids Jefferson
95.	10 Carl Kordick	23:15.53 Davenport West	108.	12 Natalie Martin	31:55.80 Cedar Rapids Kennedy
96.	12 Ryan McSpadden	23:19.13 Cedar Rapids Washington	109.	11 Emma Pollock	31:56.77 Davenport Central
97.	12 Sam Lund	23:31.27 Waterloo West	110.	9 Eleanor Goodin	31:57.52 Davenport North
98.	12 Jakub Kwiatkowski	23:33.99 Ankeny Centennial	111.	11 Morgan Strief	32:12.91 Bettendorf
99.	11 Cole Pruett	23:41.86 Cedar Rapids Kennedy	112.	10 Katelyn Thierry	32:23.54 Ankeny Centennial
100.	12 Griffin Coates	23:44.67 Marion	113.	9 Shahrazad Saaed	32:30.06 Ankeny Centennial
101.	12 Gage Bromley	23:53.50 Clinton	114.	9 Julia McClellan	32:33.14 Ankeny Centennial
102.	11 Ryder Bagby	23:57.07 Bettendorf	115.	12 Olivia Sanders	32:50.02 Ankeny Centennial
103.	10 Chauncey Duffey	24:02.71 Davenport Central	116.	10 Emra Pajic	34:03.09 Waterloo West
104.	10 Corban McCoy	24:05.94 Marion	117.	10 Bella Yashak	34:15.62 Ankeny Centennial
105.	9 Michael Covington	24:06.68 Mount Vernon-Lisbon	118.	11 Amin Atika	34:59.54 Davenport West
106.	12 Symer Garcia	24:46.46 North Scott Eldridge	119.	11 Anna Giorgio	35:26.60 Davenport Central
107.	11 Oliver Totten	24:50.62 Clinton	120.	9 Rosie Howieson	36:02.28 Ankeny Centennial
108.	11 Colton Eilers	25:05.87 Cedar Rapids Washington	121.	11 Abigail Devereux	36:04.89 Ankeny Centennial
109.	11 Kaleb Soppe	25:25.11 Clinton	122.	9 Audrey Schaeffer	36:06.41 Ankeny Centennial
110.	11 Nick Harms	25:25.16 Cedar Rapids Jefferson	123.	11 Emelia Contrel-Gray	36:54.16 Cedar Rapids Jefferson
111.	11 Kaleb Weatherspoon	25:50.27 Davenport North	124.	12 Desiree McDonald	37:01.58 Cedar Rapids Jefferson
112.	11 Olti Ukaj	26:02.81 Davenport North	125.	9 Jayden Creighton-Lovel	37:34.08 Davenport West
113.	11 Hunter Farrell	26:14.97 Ankeny Centennial	126.	10 Cassidy Taylor	37:49.37 Waterloo West
114.	9 Miles Erickson	29:17.59 Davenport Central	127.	12 Lydia Hoefler	41:04.62 Clinton
115.	11 Jonah Gerjets	29:36.45 Ankeny Centennial	128.	10 Cassidy Buck	41:12.69 Davenport North
116.	11 Tayvion Reed	31:25.70 Davenport Central	129.	10 Reagan Westphal	46:19.09 Waterloo West