

**Nighthawk
8/30/2022
Results**

....Event 5 Girls 5k Run CC Varsity

2	Sg Bluff- Luton	49	6	7	10	12	14	20	22
	Total Time:	1:58:45.64							
	Average:	23:45.13							
3	Boyden Hull- Rock Valley	68	2	9	17	19	21	23	27
	Total Time:	2:02:24.71							
	Average:	24:28.95							
4	Woodbury Central	83	1	15	18	24	25	26	
	Total Time:	2:05:38.02							
	Average:	25:07.61							

Nighthawk

8/30/2022

Results

Event 6 Boys 5k Run CC Varsity

Name	Year School	Finals	Points
Results - Men			
1 Janzen, Evan	Sg Bluff- Luton	17:46.31	1
2 Schreurs, Stephen	Unity Christian	17:57.85	2
3 Breems, Jonathan	Unity Christian	18:09.44	3
4 Wieseler, Michael	Sg Bluff- Luton	18:18.51	4
5 Mckinley, Eein	West Monona	18:19.39	5
6 Gehling, David	Sg Bluff- Luton	18:22.66	6
7 Scholten, Lane	Unity Christian	18:28.69	7
8 Gonzalez, Braulio	Sg Bluff- Luton	18:32.52	8
9 Delarosa, Daniel	Sg Bluff- Luton	18:37.30	9
10 Sweum, Kellen	Sg Bluff- Luton	18:37.47	10
11 Rozenboom, Tyler	Unity Christian	19:02.53	11
12 Monroe, Iain	Unity Christian	19:03.24	12
13 blum, ben	Boyden Hull-	19:06.65	
14 Benson, Marshall	Woodbury Central	19:20.06	13
15 Larrabee, Ayden	Sg Bluff- Luton	19:44.24	14
16 Metcalf, Devin	Woodbury Central	19:57.00	15
17 Vande Griend, Joren	Unity Christian	20:00.82	16
18 Weber, Braden	Gehlen	20:03.43	17
19 Boynton, Jesse	West Monona	20:10.56	18
20 Westra, Carter	Trinity Christian	20:17.65	19
21 Runyon, Jayce	West Monona	20:23.56	20
22 Seuntjens, Carson	Woodbury Central	20:41.76	21
23 Schmit, Robert	Gehlen	20:46.57	22
24 Teel, Nolan	Gehlen	20:47.23	23
25 Orr, Andrew	West Monona	20:57.57	24
26 siebrecht, logan	Boyden Hull-	21:06.06	
27 Disney, Cole	West Monona	21:09.88	25
28 Mckinley, Gabe	West Monona	21:11.69	26
29 Pittet, Jaxon	West Monona	21:15.77	27
30 hespe, amos	Boyden Hull-	21:20.20	
31 Sievers, Owen	Gehlen	21:46.99	28
32 Brummel, Tye	Trinity Christian	21:49.98	29
33 Kneip, Landen	Gehlen	21:53.23	30
34 Colbert, Cameron	Woodbury Central	21:56.09	31
35 Obbink, Brennan	Unity Christian	22:08.36	32
36 Jagodzinske, Evan	Woodbury Central	23:44.56	33
37 Bloemendaal, Malachi	Trinity Christian	23:56.20	34
38 Lauters, Evan	West Sioux	24:17.97	
39 Haggin, Levi	Woodbury Central	24:57.65	35
40 Davelaar, Kylan	Trinity Christian	25:47.05	36
41 Willis, Kaedyn	Woodbury Central	26:14.08	37
42 Hansen, Anthony	West Sioux	26:53.45	
43 Van Engen, Nick	Trinity Christian	26:54.43	38
44 Thonstad, Morgan	West Sioux	28:34.52	

Nighthawk
8/30/2022
Results

...Event 3 Girls 5000 Meter Run JV Junior Varsity

3 Boyden Hull- Rock Valley	85	15	16	17	18	19
Total Time:	2:39:14.64					
Average:	31:50.93					

Nighthawk
8/30/2022
Results

Event 4 Boys 5k Run CC JV Junior Varsity

Name	Year School	Finals	Points
Results - Men			
1 Vargas-Gaytan, Alejandro	Sg Bluff- Luton	19:34.57	1
2 Mulder, Daylen	Unity Christian	19:34.78	2
3 McGregor, Kasey	Sg Bluff- Luton	19:36.69	3
4 VanWyhe, Dalton	Sg Bluff- Luton	19:54.89	4
5 Konopasek, Owen	Sg Bluff- Luton	20:01.24	5
6 Huisman, Jesse	Unity Christian	20:22.14	6
7 Gonzalez, Emiliano	Sg Bluff- Luton	20:32.05	7
8 Wheeler, Easton	Sg Bluff- Luton	20:36.11	8
9 Winn, David	Unity Christian	20:36.53	9
10 Maletoungou, Jean	Unity Christian	21:10.14	10
11 MacClure, Nathaniel	Sg Bluff- Luton	21:17.71	11
12 De Jong, Landon	Unity Christian	21:36.87	12
13 Myers, Nathan	Sg Bluff- Luton	21:37.86	
14 Zevenbergen, Braden	Unity Christian	21:47.69	13
15 Koelewyn, Dylan	Unity Christian	21:47.79	14
16 Skoglund, Ethan	Sg Bluff- Luton	22:10.67	
17 Melton, Kaden	West Monona	22:38.57	
18 Klompfen, Evan	Unity Christian	22:45.18	
19 Sundaram, Sairam	Sg Bluff- Luton	22:47.52	
20 Nonhof, Sam	Unity Christian	22:48.13	
21 Beyer, Vincent	Sg Bluff- Luton	23:04.48	
22 Lawrence, Alex	West Monona	23:14.18	
23 Breems, William	Unity Christian	23:36.00	
24 McGinty, Julian	Sg Bluff- Luton	23:45.06	
25 Nyenhuis, Elijah	Unity Christian	23:47.68	
26 Heger, Clint	Sg Bluff- Luton	24:56.55	
27 Keokenchanh, Cam	Sg Bluff- Luton	25:45.31	
28 Ploegstra, Ben	Unity Christian	25:54.72	
29 Kamp, Sam	Unity Christian	25:58.56	
30 Van Schouwen, Ryan	Unity Christian	26:18.11	
31 Murray, Logan	West Monona	26:31.78	
32 O'Mara, noah	Woodbury Central	26:59.30	
33 king, luis	Boyden Hull-	27:35.82	
34 Verschoor, Aidin	Woodbury Central	27:43.08	
35 Obbink, Brevan	Unity Christian	28:21.25	
36 Vos, Lane	Unity Christian	28:52.93	
37 Van Genderen, Ben	Unity Christian	29:08.36	
38 Kuchyk, Max	Unity Christian	29:14.38	
39 Huizenga, Jacen	Unity Christian	30:24.51	

Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Men										

**Nighthawk
8/30/2022
Results**

....Event 4 Boys 5k Run CC JV Junior Varsity

1	Sg Bluff- Luton	20	1	3	4	5	7	8	11
	Total Time:	1:39:39.44							
	Average:	19:55.89							
2	Unity Christian	39	2	6	9	10	12	13	14
	Total Time:	1:43:20.46							
	Average:	20:40.10							

Nighthawk
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Results

Event 1 Women 3200 Meter Run Junior High

Name	Year School	Finals	Points
Results - Women			
1 Albrecht, Avery	Sg Bluff- Luton	13:12.90	1
2 Bruget, Cooper	Akron-Westfield	14:35.05	
3 Kady, Lloyd	Woodbury Central	15:06.55	
4 Kvidera, Maddie	Sg Bluff- Luton	15:09.10	2
5 Dekkers, Kambrie	Unity Christian	15:34.98	3
6 Koelewyn, Hailey	Unity Christian	15:37.08	4
7 Larrabee, Alexis	Sg Bluff- Luton	16:03.73	5
8 Kerns, Payton	Gehlen	16:30.08	
9 Gilbert, Lexi	Woodbury Central	16:34.65	
10 Brester, Payton	Sg Bluff- Luton	16:50.66	6
11 Vander Tuin, Elsie	Unity Christian	17:17.14	7
12 Hoskins, Ava	Sg Bluff- Luton	17:23.28	8
13 Britton, Della	Sg Bluff- Luton	17:25.36	9
14 Krajicek, Autumn	Woodbury Central	18:21.91	
15 Buchheit, Parker	Sg Bluff- Luton	18:33.53	10
16 Hardgraves, Kyrrah	Sg Bluff- Luton	18:41.70	
17 Bronmer, Christina	Unity Christian	18:55.07	11
18 Cleveringa, Morgan	Unity Christian	19:01.15	12
19 Sickles, Eli	Akron-Westfield	19:07.98	
20 Colbert, Kinlee	Woodbury Central	19:36.03	
21 TeKrony, Elena	Unity Christian	20:12.63	13
22 Christoffel, Kenzley	Gehlen	20:12.68	
23 Cooley, Anne	Unity Christian	20:52.21	14
24 Siegel, Clair	Sg Bluff- Luton	21:21.59	
25 Landman, Ava	Unity Christian	21:52.35	
26 Vazquez, Mariana	Boyden Hull-	21:53.34	
27 Vander Pol, Anna	Unity Christian	21:53.82	
28 Riker, Lily	Sg Bluff- Luton	22:19.87	
29 Amen, Hannah	Sg Bluff- Luton	22:23.39	
30 Mejia, Vanessa	Sg Bluff- Luton	23:03.00	
31 Kamp, Trillian	Unity Christian	23:24.39	
32 Rosales, Adrianna	Boyden Hull-	25:00.90	
33 Lewis, Jenna	Sg Bluff- Luton	26:12.99	
34 Hildman, Addison	Sg Bluff- Luton	26:13.54	
35 Albrecht, Alex	Sg Bluff- Luton	26:16.46	
36 Sullivan, Olivia	Sg Bluff- Luton	26:18.42	
37 Pop, Sydney	Sg Bluff- Luton	26:26.03	
38 Ammons, Hailey	Unity Christian	27:11.97	
39 Cappetta, Emma	Sg Bluff- Luton	27:45.72	

Event 1 Men 3200 Meter Run Junior High

Name	Year School	Finals	Points
Results - Men			
1 TerWee, Hudson	Sg Bluff- Luton	12:20.05	1
2 Wynia, Cade	Unity Christian	12:52.02	2
3 Van Essen, Adler	Unity Christian	12:55.01	3
4 DeJong, Isaac	Unity Christian	13:14.99	4
5 Lincoln, Andrew	Sg Bluff- Luton	13:16.23	5
6 Linden, Lincoln	Woodbury Central	13:19.70	6
7 Woudstra, Layton	Unity Christian	13:35.24	7

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...Event 1 Men 3200 Meter Run Junior High

8	Vanderscaaf, Kylan	Sg Bluff- Luton	13:41.79	8
9	Omnroe, Calum	Unity Christian	13:43.38	9
10	Klein, Kaden	Unity Christian	13:45.84	10
11	Leekly, John	Woodbury Central	14:02.14	11
12	Klompfen, Elliot	Unity Christian	14:03.19	12
13	DeJong, Aaron	Unity Christian	14:08.95	
14	Brunst, Tyler	Unity Christian	14:22.89	
15	McCormick, David	Sg Bluff- Luton	14:35.37	13
16	Jessen, Ethan	Woodbury Central	14:45.68	14
17	Phinney, William	Unity Christian	14:57.76	
18	Susie, Drake	Woodbury Central	15:04.97	15
19	Van Dyke, Connor	Unity Christian	15:21.01	
20	Korynta, Trevor	Woodbury Central	15:27.98	16
21	Mullenix, Tyler	Sg Bluff- Luton	15:53.74	17
22	McCormick, Brody	Sg Bluff- Luton	15:56.06	18
23	Vogel, Deacon	Unity Christian	16:01.86	
24	McKelvey, Tanner	Sg Bluff- Luton	16:08.17	19
25	Dykstra, Logan	Unity Christian	17:01.58	
26	Ruhrer, Everett	Woodbury Central	17:22.25	20
27	Hansen, Owen	West Sioux	18:25.88	
28	Beitelspacher, Carter	Gehlen	18:52.37	
29	Hanna, Tate	Sg Bluff- Luton	19:12.39	
30	Lara, Rylan	Sg Bluff- Luton	19:16.83	
31	Schmidt, Kiefer	Gehlen	20:33.00	
32	Keegan, Dillon	Sg Bluff- Luton	20:50.28	
33	Knight, Caden	Woodbury Central	21:41.76	21
34	Wieler, Ty	Gehlen	21:42.14	
35	Wimmer, Aiden	Sg Bluff- Luton	22:16.25	
36	hamilton, wyiat	Boyden Hull-	22:27.98	
37	downs, Austin	Boyden Hull-	24:05.40	
38	Huizenga, Archer	Unity Christian	25:00.80	
39	Riker, Alex	Sg Bluff- Luton	26:33.52	
40	Wurth, Xander	Woodbury Central	27:58.46	
41	Vergara, Javier	Sg Bluff- Luton	28:13.79	
42	Losee, Tom	Sg Bluff- Luton	28:14.34	

Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Men										
1 Unity Christian	25	2	3	4	7	9	10	12		
Total Time: 1:06:20.64										
Average: 13:16.13										
2 Sg Bluff- Luton	44	1	5	8	13	17	18	19		
Total Time: 1:09:47.18										
Average: 13:57.44										
3 Woodbury Central	62	6	11	14	15	16	20	21		
Total Time: 1:12:40.47										
Average: 14:32.10										

Results - Women

**Nighthawk
8/30/2022
Results**

....Event 1 Men 3200 Meter Run Junior High

1	Sg Bluff- Luton	22	1	2	5	6	8	9	10
	Total Time:	1:18:39.67							
	Average:	15:43.94							
2	Unity Christian	37	3	4	7	11	12	13	14
	Total Time:	1:26:25.42							
	Average:	17:17.09							