

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

Event 1 Girls 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Sonderman, Lindsey	10	Harlan	19:21.82	1
2 Hartley, Mayson	12	Clarinda	19:49.76	2
3 Harger, Mackenzie	09	Earlham	19:56.34	3
4 Mendlik, Lola	10	Denison-Schlswg	20:00.79	4
5 Pellett, Claire	11	Atlantic	20:06.42	5
6 Spurling, Olivia	11	Earlham	20:11.44	6
7 Dea, Marie	11	Kuemper Cath	20:13.65	7
8 Rush, Ava	12	Atlantic	20:27.13	8
9 Smith, Amanda	09	Earlham	20:29.20	9
10 Hughes, Lauren	11	Glenwood	20:31.44	10
11 Petersen, Breckyn	10	Glenwood	20:59.52	11
12 Duncan, Reese	12	St. Albert, CB	21:05.19	
13 Sutton, Morgan	11	Winterset	21:07.44	12
14 Henke, Raenna	10	Clarinda	21:11.17	13
15 Schechinger, Brylee	10	Harlan	21:15.58	14
16 Berg, Belle	11	Atlantic	21:19.31	15
17 Gessert, Jenna	12	Harlan	21:21.15	16
18 Dixon, Lily	12	Earlham	21:24.72	17
19 Hunter, Maya	09	Clarinda	21:30.03	18
20 Kulesa, Alyssa	11	Treynor	21:44.38	19
21 Richardson, Bailey	09	Riverside, Oak	21:59.26	
22 Hughes, Haylee	09	Glenwood	22:00.71	20
23 Schechinger, Emily	11	Harlan	22:06.43	21
24 Egbert, Hailey	10	Shenandoah	22:08.13	22
25 Ryan, Gabby	12	Sb-Luton	22:11.03	23
26 Frank, Hannah	10	Earlham	22:13.10	24
27 LaSale, Abby	12	Cb, A Lincoln	22:16.01	25
28 Craven, Sami	11	Winterset	22:16.73	26
29 Tremblay, Alexa	10	Denison-Schlswg	22:23.23	27
30 Hughes, Kate	12	Glenwood	22:24.88	28
31 Christensen, Jazz	10	Nodaway Vall	22:25.94	
32 Yochum, Lilly	09	Treynor	22:27.87	29
33 Evans, Siena	09	Winterset	22:29.51	30
34 Huffman, Mariah	10	Atlantic	22:29.69	31
35 Williams, Katrina	09	Atlantic	22:29.70	32
36 Schechinger, Lily	09	Harlan	22:34.62	33
37 Schrum, Charlotte	09	Denison-Schlswg	22:35.67	34
38 Altman, Faith	11	Atlantic	22:37.19	35
39 Anderson, Kayla	10	Harlan	22:38.74	36
40 Schultz, Brooklyn	10	Glenwood	22:42.94	37
41 Kanne, Julia	11	Kuemper Cath	22:54.98	38
42 McKeever, Carly	12	St. Albert, CB	22:55.91	
43 Hesse, Amelia	11	Clarinda	22:56.24	39
44 Huffman, Hailey	10	Atlantic	23:01.91	40
45 Jensen, Taylor	12	Earlham	23:04.90	41
46 Karras, Sophia	12	Sb-Luton	23:07.97	42
47 Kepler Thomason, KayLynn	10	Cb, A Lincoln	23:15.18	43
48 Erickson, Lydia	11	Riverside, Oak	23:15.98	
49 Schrage, Claire	09	Treynor		

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

....Event 1 Girls 5k Run CC Varsity

53 Bockenstedt, Bjella	09 Sb-Luton	23:32.65	48
54 Bieker, Taylor	11 Harlan	23:40.61	49
55 Vazquez, Ana	10 Denison-Schlswg	23:42.50	50
56 Pantini, Emma	12 Creston	23:45.84	51
57 Pierce, Brecken	09 Riverside, Oak	23:46.61	
58 Davis, Luci	10 Winterset	23:51.75	52
59 Stafford, Autumn	12 Creston	23:55.96	53
60 Miller, Claire	12 Denison-Schlswg	24:02.82	54
61 Schennach, Lena	12 Cb, T Jefferson	24:05.24	55
62 Back, Morgan	09 Winterset	24:05.79	56
63 Davis, Payton	10 Creston	24:07.71	57
64 Griebel, Cori	12 Sb-Luton	24:14.92	58
65 Thomas, Ryleigh	10 Treynor	24:23.20	59
66 Muff, Richlyn	09 Clarinda	24:28.54	60
67 Fitch, Sonia	10 Cb, A Lincoln	24:29.21	61
68 Lang, Kasey	12 Treynor	24:37.52	62
69 Andersen, Abby	09 Sb-Luton	24:43.06	63
70 Bahnsen, Emily	10 Denison-Schlswg	24:45.94	64
71 Rasmussen, Taylor	09 Clarinda	24:50.54	65
72 Berglund, Kendra	10 Sb-Luton	24:58.51	66
73 Moore, Addison	10 Clarinda	25:01.87	67
74 Lemus, Eleana	12 Cb, T Jefferson	25:18.11	68
75 DeGonia, Riley	12 Creston	25:23.34	69
76 Bowker, Lauren	12 Denison-Schlswg	25:37.08	70
77 Solorio, Jocelyn	09 Cb, A Lincoln	25:42.07	71
78 Duncan, Addison	10 St. Albert, CB	25:43.20	
79 Brown, Eliana	12 Cb, A Lincoln	25:43.74	72
80 Olson, Addison	12 Stanton	25:46.90	
81 Craig, Julia	10 Kuemper Cath	25:56.74	73
82 Day, Lilly	12 Nodaway Vall	25:59.52	
83 Feigenbutz, Danika	09 Riverside, Oak	26:08.42	
84 Denman, Aili	12 Sb-Luton	26:09.52	74
85 Richardson, Kylie	12 Cb, A Lincoln	26:09.74	75
86 Dukes, Lauryn	12 Shenandoah	26:10.17	76
87 Dreyer, Mira	12 Treynor	26:11.81	77
88 Nelson, Annika	11 Nodaway Vall	26:13.10	
89 Nunez, Hanna	12 Cb, T Jefferson	26:13.75	78
90 Rice, Tristen	12 Creston	26:16.27	79
91 Pedersen, Abby	10 Red Oak	26:18.31	80
92 Neville, Athena	12 Cb, T Jefferson	26:31.71	81
93 Peterson, Malene	09 Cb, A Lincoln	27:14.63	82
94 Schmadeke, Hope	10 Red Oak	27:15.74	83
95 Tidgren, Sophie	10 Kuemper Cath	27:20.29	84
96 Schimer, Trendie	Lenox	27:26.73	
97 Gammell, Rylynne	09 Shenandoah	27:48.27	85
98 Ferneding, Callie	11 Kuemper Cath	27:54.55	86
99 Segebart, Madeline	09 Kuemper Cath	28:04.97	87
100 Meiners, Lydia	12 Kuemper Cath	28:06.90	88
101 Grass, Michelle	12 Red Oak	28:37.12	89
102 Kading, Hope	12 Nodaway Vall	28:46.85	
103 Johnson, Ella	10 Red Oak	28:47.34	90
104 Olson, Hannah	10 Stanton	28:56.91	
105 Rolenc, Tessa	12 Red Oak	29:14.08	91
106 Kells, Kaysie	11 Red Oak	29:18.46	92
107 Schmid, Ashley			

Atlantic XC Invite 2021 - 10/6/2022**10/6/2022****Rankings****....Event 1 Girls 5k Run CC Varsity**

13	Shenandoah	374	22	76	85	95	96	97	98
	Total Time:	2:16:32.95							
	Average:	27:18.59							
14	Cb, T Jefferson	376	55	68	78	81	94		
	Total Time:	2:11:58.75							
	Average:	26:23.75							
15	Red Oak	433	80	83	89	90	91	92	93
	Total Time:	2:20:12.59							
	Average:	28:02.52							

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

Event 2 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Back, Mason	12	Winterset	16:43.55	1
2 Gonzalez, Richard	10	Denison-Schlswg	16:54.82	2
3 Lillie, Colin	12	St. Albert, CB	16:56.93	3
4 Schaapherder, Treyton	11	Clarinda	17:02.03	4
5 Hensley, Sam	11	Winterset	17:02.65	5
6 Wagoner, Kyle	10	Clarinda	17:06.11	6
7 Berg, Doug	12	Nodaway Vall	17:14.25	7
8 North, Ryan	11	Kuemper Cath	17:27.44	8
9 Easter, Ethan	12	Winterset	17:29.96	9
10 Cowman, Eli	11	Winterset	17:36.94	10
11 Kessler, Collin	10	Winterset	17:38.70	11
12 Greving, Jacob	11	Kuemper Cath	17:46.88	12
13 Wise, Owen	11	St. Albert, CB	17:52.79	13
14 Heithoff, Luke	12	Winterset	17:53.22	14
15 Tiemeyer, Blake	10	Earlham	17:56.04	15
16 McCready, Mason	11	Riverside, Oak	17:57.41	16
17 Wieseler, Michael	11	Sb-Luton	18:07.20	17
18 Gonzalez, Braulio	10	Sb-Luton	18:07.65	18
19 Thompson, Christian	10	Atlantic	18:09.46	19
20 Hamilton, Kaiden	09	Cb, T Jefferson	18:13.12	20
21 Shelton, Ian	11	Harlan	18:14.50	21
22 Biederman, John Ross	12	Treynor	18:14.68	22
23 Perrien, Ethan	12	Denison-Schlswg	18:19.67	23
24 Flores, Leonardo	12	Denison-Schlswg	18:23.43	24
25 Smith, Cody	11	Cb, A Lincoln	18:25.07	25
26 Henderson, Brody	09	Riverside, Oak	18:28.10	26
27 Fields, Devon	10	Atlantic	18:29.81	27
28 Gamble, Hayden	12	Sb-Luton	18:30.37	28
29 Sonntag, Alex	11	Atlantic	18:31.73	29
30 Janzen, Evan	12	Sb-Luton	18:37.63	30
31 Pottebaum, Thomas	09	Kuemper Cath	18:40.24	31
32 Badding, Fletch	09	Kuemper Cath	18:40.87	32
33 Heilesen, Keaton	11	Harlan	18:41.68	33
34 Yochum, Mason	12	Treynor	18:43.33	34
35 Markuson, Mark	12	Cb, T Jefferson	18:44.39	35
36 Hughes, Joe	10	St. Albert, CB	18:45.43	36
37 Watts, Aidan	10	Cb, A Lincoln	18:47.66	37
38 Williams, Tyrell	11	Atlantic	18:49.23	38
39 Bragg, Joseph	11	Harlan	18:50.54	39
40 Duhachek, Eric	12	Riverside, Oak	18:50.95	40
41 Wiederien, Dayton	09	Kuemper Cath	18:55.72	41
42 Denny, Adam	12	St. Albert, CB	18:56.12	42
43 Milliken, Kaiden	12	Harlan	18:56.72	43
44 Petersen, Grant	09	Harlan	19:03.8	

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

....Event 2 Boys 5k Run CC Varsity

53	Manes, Morgan	09	Clarinda	19:21.69	53
54	Olsen, Ethan	10	Denison-Schlswg	19:23.10	54
55	McFadden, Mason	11	Atlantic	19:23.40	55
56	Lihs, Alex	11	Clarinda	19:25.09	56
57	Harger, Payton	11	Earlham	19:27.34	57
58	Konopasek, Owen	10	Sb-Luton	19:31.67	58
59	Henke, Rylan	12	Clarinda	19:34.32	59
60	Little Thunder, Damien	10	Shenandoah	19:36.07	60
61	Weis, Owen	09	Creston	19:36.36	61
62	Barr, Grant	11	Clarinda	19:37.19	62
63	McCargar, Jacob	09	Kuemper Cath	19:40.58	63
64	Petersen, Blake	10	Earlham	19:44.05	64
65	LaJeuness, Talon	10	Atlantic	19:45.56	65
66	Boswell, Jacob	10	St. Albert, CB	19:47.57	66
67	Braet, Donovan	09	Earlham	19:49.74	67
68	McDowell, Brandon	11	Shenandoah	19:50.72	68
69	Flickinger, Cole	12	Earlham	19:52.14	69
70	Ibarra, Brian	12	Denison-Schlswg	19:53.13	70
71	Anderson, Seth	12	Harlan	19:53.41	71
72	Contreras, Marcos	11	Cb, A Lincoln	19:54.25	72
73	Spurr, Braden	11	Atlantic	19:56.20	73
74	Schechinger, Teegan	12	Riverside, Oak	19:57.82	74
75	Shelton, Jonathan	11	Harlan	20:02.12	75
76	Cooper, Tyler	11	Nodaway Vall	20:07.27	76
77	Farr, Jeyden	09	Treynor	20:08.42	77
78	Kellogg, Hunter	11	Shenandoah	20:08.44	78
79	Herzog, Parker	11	Cb, A Lincoln	20:12.44	79
80	Stevens, Caleb	12	Riverside, Oak	20:13.54	80
81	Smith, Carson	12	Creston	20:14.22	81
82	Smith, Brady	09	St. Albert, CB	20:14.88	82
83	Brown, Immanuel	09	Cb, T Jefferson	20:15.52	83
84	McCormick, Dalton	12	Cb, A Lincoln	20:17.12	84
85	Eblen, Anthony	11	Creston	20:18.66	85
86	Kellogg, Dalton	11	Shenandoah	20:24.76	86
87	Zamago, Alberto	11	Denison-Schlswg	20:26.80	87
88	Carley, Jack	11	Treynor	20:34.73	88
89	Holste, Davin	10	Shenandoah	20:34.86	89
90	Jenkins, Ty	11	Red Oak	20:43.67	
91	Pearson, Ben	12	Nodaway Vall	20:44.81	90
92	Leise, Tyler	10	Kuemper Cath	20:45.21	91
93	LeRette, Joshua	11	Red Oak	20:50.67	
94					

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

....Event 2 Boys 5k Run CC Varsity

108 Shepard, Ryan	11 Cb, T Jefferson	22:04.56	104
109 Lawrence, Andrew	11 Shenandoah	22:30.40	105
110 Ahrens, Christian	11 Creston	22:45.53	106
111 Carter, Anderson	09 Fremont-Mills	22:46.70	
112 Dines, Ethan	09 Fremont-Mills	22:48.04	
113 Cordell, Cade	Lenox	22:49.76	
114 Allen, Zooey	10 Stanton	23:12.05	
115 Williams, Bryce	09 Red Oak	23:14.09	
116 Jensen, Jack	11 Nodaway Vall	24:33.83	107
117 Saar, Andrew	12 Treynor	25:06.05	108
118 Pastore, Kyle	12 Stanton	25:30.31	
119 Kutzli, Eric	09 Stanton	25:38.09	
120 LaBarge, Landon	09 Nodaway Vall	30:53.84	109

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Winterset	36	1	5	9	10	11	14	47		
	Total Time: 1:26:31.80										
	Average: 17:18.36										
2	Kuemper Cath	124	8	12	31	32	41	63	91		
	Total Time: 1:31:31.15										
	Average: 18:18.23										
3	St. Albert, CB	139	3	13	36	42	45	66	82		
	Total Time: 1:31:39.09										
	Average: 18:19.82										
4	Sb-Luton	144	17	18	28	30	51	58			
	Total Time: 1:32:42.02										
	Average: 18:32.41										
5	Denison-Schlswg	152	2	23	24	49	54	70	87		
	Total Time: 1:32:15.38										
	Average: 18:27.08										
6	Atlantic	168	19	27	29	38	55	65	73		
	Total Time: 1:33:23.63										
	Average: 18:40.73										
7	Clarinda	178	4	6	53	56	59	62	92		
	Total Time: 1:32:29.24										
	Average: 18:29.85										
8	Harlan	180	21	33	39	43	44	71	75		

Atlantic XC Invite 2021 - 10/6/2022**10/6/2022****Rankings****....Event 2 Boys 5k Run CC Varsity**

11	Earlham	272	15	57	64	67	69	95	96
	Total Time:	1:36:49.31							
	Average:	19:21.87							
12	Cb, T Jefferson	286	20	35	50	83	98	99	104
	Total Time:	1:37:52.95							
	Average:	19:34.59							
13	Treynor	318	22	34	77	88	97	101	108
	Total Time:	1:38:57.94							
	Average:	19:47.59							
14	Creston	366	46	61	81	85	93	102	106
	Total Time:	1:40:13.01							
	Average:	20:02.61							
15	Shenandoah	381	60	68	78	86	89	103	105
	Total Time:	1:40:34.85							
	Average:	20:06.97							
16	Nodaway Vall	389	7	76	90	107	109		
	Total Time:	1:53:34.00							
	Average:	22:42.80							

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

Event 5 Girls 5k Run CC Junior Varsity

Name	Year	School	Finals	Points
1 Tingley, Tyler	10	Lewis Central	21:57.69	1
2 Nebel, Ryley	12	Glenwood	22:28.19	2
3 Newman, Averi	09	Glenwood	22:43.47	3
4 Martinez Rangel, Jazmin	12	Cb, A Lincoln	22:50.47	4
5 Wingert, Lauren	11	Harlan	24:01.87	5
6 Iniesta, Abril	11	Winterset	24:11.15	6
7 Henderson, Rhiana	10	Winterset	24:19.52	7
8 Johnson, Emma	10	Glenwood	24:21.03	8
9 Swensen, Molly	10	Harlan	24:23.56	9
10 Johansen, Audrina	09	Glenwood	24:28.35	10
11 Rang, Mahala	11	Glenwood	24:34.56	11
12 Steward, Katie	11	Earlham	24:49.06	
13 Smith, Kori	09	Harlan	24:57.00	12
14 Hall, Madelyn	10	Winterset	24:57.54	13
15 Nightser, Julia	11	Glenwood	24:59.14	14
16 Garlich, Julianne	09	Winterset	25:00.70	15
17 Rohrberg, Sydney	11	Glenwood	25:06.07	16
18 Moore, Darby	09	Earlham	25:06.71	
19 Dvorak, Mattie	12	Atlantic	25:09.91	17
20 Nippert, Kennedy	09	Harlan	25:11.69	18
21 Argotsinger, Darbie	11	Harlan	25:14.70	19
22 Anderson, Kassie	10	Harlan	25:30.96	20
23 Kolle, Sara	11	Glenwood	25:35.33	
24 Brummer, Elynor	09	Atlantic	25:38.45	21
25 Tooley, Kamryn	11	Sb-Luton	25:48.96	22
26 Loofe, Kailee	12	Sb-Luton	25:48.97	23
27 Iglesias, Jazmine	12	Denison-Schlswg	25:49.14	24
28 Fehl, Olivia	12	Sb-Luton	25:59.18	25
29 Ahrendt, Kendall	12	Sb-Luton	26:05.26	26
30 Wiederstein, Claire	12	Atlantic	26:05.41	27
31 Buss, Chloe	12	Sb-Luton	26:06.25	28
32 Wilson, Mallory	12	Creston	26:09.17	
33 Argotsinger, Hadlie	10	Harlan	26:10.03	29
34 Flores, Andrea	09	Denison-Schlswg	26:11.69	30
35 Stephens, Makenzie	11	Lewis Central	26:15.05	31
36 Ruskamp, Olivia	11	Sb-Luton	26:18.99	32
37 Loffswold, Sophie	12	Sb-Luton	26:20.90	33
38 Comer, Claire	09	Atlantic	26:23.28	34
39 Watkins, Ava	11	Cb, A Lincoln	26:34.12	35
40 Baumbach, Alli	09	Cb, A Lincoln	26:38.44	36
41 Lupian, Adrianna	11	Denison-Schlswg	26:41.38	37
42 Barto, Elizabeth	11	Sb-Luton	26:42.86	
43 Streck, Sadee	10	Sb-Luton	26:51.74	
44 Cain, Lena	10	Cb, A Lincoln	26:52.42	38
45 Nigg, Maureen	09	Winterset	26:54.34	

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

Event 6 Boys 5k Run CC Junior Varsity

Name	Year	School	Finals	Points
1 Wiese, Ashton	11	Glenwood	18:45.70	1
2 Heisterkamp, Parker	10	St. Albert, CB	19:03.47	
3 Yeager, Calum	09	Winterset	19:08.69	2
4 West, Ethan	11	Glenwood	19:10.19	3
5 Irlmeier, Luke	10	Atlantic	19:16.68	4
6 Larrabee, Ayden	09	Sb-Luton	19:17.16	5
7 Sweum, Kellen	11	Sb-Luton	19:22.49	6
8 Heronimus, Cole	11	Harlan	19:26.35	7
9 Van Wyhe, Dalton	11	Sb-Luton	19:38.60	8
10 Gonzalez, Emiliano	11	Sb-Luton	19:39.16	9
11 Rodenburg, Asher	09	Lewis Central	19:48.43	10
12 McGregor, Kasey	10	Sb-Luton	19:48.85	11
13 Wheeler, Easton	12	Sb-Luton	19:56.26	12
14 Fishell, Parker	11	Lewis Central	19:56.57	13
15 Evans, Jaden	10	Glenwood	19:59.99	14
16 Iniesta, Liberto	10	Winterset	20:00.34	15
17 Booton, Miles	11	Winterset	20:01.73	16
18 Cook, Xander	09	Atlantic	20:01.91	17
19 Fitch, Lucas	12	Cb, A Lincoln	20:02.15	18
20 MacClure, Nathaniel	11	Sb-Luton	20:07.79	19
21 Fields, Rickie	10	Atlantic	20:10.47	20
22 Niklasen, Tate	11	Atlantic	20:17.01	21
23 McQueen, Aaron	11	Glenwood	20:17.37	22
24 Kindred, Daxon	12	Cb, A Lincoln	20:19.74	23
25 Henderson, Brock	11	Atlantic	20:20.61	24
26 Francis, Keyton	12	Harlan	20:24.75	25
27 Patzer, Sawyer	12	Glenwood	20:27.04	26
28 Smithers, Jack	10	Glenwood	20:29.59	27
29 Prall, Finn	10	Atlantic	20:31.16	28
30 Beyer, Vincent	11	Sb-Luton	20:32.64	
31 Buck, Mathew	12	Winterset	20:35.80	29
32 McQueen, Alex	12	Glenwood	20:39.64	30
33 Canuso, Caeden	11	Kuemper Cath	20:45.58	31
34 Pastorino, Franklin	11	Winterset	20:47.07	32
35 Johnson, Broedy	12	Lewis Central	20:47.62	33
36 Houser, Tye	10	Atlantic	20:47.95	34
37 Campos, Christopher	12	Denison-Schlswg	20:51.61	35
38 Silence, Conner (Cj)	10	Atlantic	20:52.73	
39 Bonsack, Caleb	11	Lewis Central	20:56.08	36
40 Eberly, Forrest	12	Clarinda	20:56.43	37
41 Bergman, Aidan	11	Lewis Central	20:56.55	38
42 Russell, Erik	12	Glenwood	20:57.34	
43 Skogland, Ethan	11	Sb-Luton	20:57.93	
44 Dawson, Alex	09	St. Albert, CB	20:57.97	
45 Johannes, Nathan	12	Cb, A Lincoln	21:01.07	3

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

....Event 6 Boys 5k Run CC Junior Varsity

53	Haddix, Cooper	10	Cb, A Lincoln	21:16.74	44
54	Johnson, Aidan	10	Lewis Central	21:18.89	
55	Diaz, Juan	11	Denison-Schlswg	21:20.25	45
56	Stypa, Kohen	09	Kuemper Cath	21:21.21	46
57	King, Charlie	09	Winterset	21:22.20	47
58	Sundarem, Sairam	11	Sb-Luton	21:27.40	
59	Becker, Merric	12	Cb, A Lincoln	21:27.66	48
60	VanSickle, Alex	09	Cb, A Lincoln	21:29.49	49
61	Kolhof, Jacob	10	Lewis Central	21:37.52	
62	Okerbloom, Sam	09	Lewis Central	21:42.22	
63	Sonderman, Jeb	10	Harlan	21:46.12	50
64	Keokenchanh, Cam	11	Sb-Luton	21:46.75	
65	Williamson, Bailyan	09	Cb, T Jefferson	21:47.35	51
66	Schaap, Dylon	12	Sb-Luton	21:49.16	
67	Norton, Jonah	11	Clarinda	21:50.31	52
68	Scott, Levisit	12	Lewis Central	21:52.50	
69	Myers, Nathan	10	Sb-Luton	21:54.57	
70	Edwards, Jackson	12	Lewis Central	21:58.78	
71	Villalpando, Jesh	09	Creston	22:05.94	
72	Elghmy, Taten	11	Clarinda	22:14.56	53
73	Lee, Colby	10	Lewis Central	22:20.73	
74	Macias, Lukas	10	Atlantic	22:22.66	
75	Kearney, Ian	11	Harlan	22:31.57	54
76	German, Alex	09	Cb, A Lincoln	22:32.77	
77	Heger, Clint	10	Sb-Luton	22:34.27	
78	Cornelsen, Robert	09	Lewis Central	22:35.41	
79	Anderson, Jaxton	12	Lewis Central	22:40.89	
80	Berg, Nick	11	Cb, T Jefferson	22:44.36	55
81	Hubbard, Ace	12	Lewis Central	22:46.43	
82	Hubbard, Max	09	Lewis Central	22:51.65	
83	Skarin, Brody	09	Denison-Schlswg	22:55.37	56
84	Hillwick, Garrett	11	Harlan	22:57.25	57
85	Smith, Ryan	11	Cb, T Jefferson	23:07.20	58
86	Marsh, Alex	09	St. Albert, CB	23:10.28	
87	Velazquez, Adrian	12	Denison-Schlswg	23:11.34	59
88	Snyder, Porter	09	Kuemper Cath	23:17.10	60
89	Bennett, Logan	09	Lewis Central	23:22.21	
90	Nguyen, Henry	12	Cb, T Jefferson	23:26.70	61
91	Breyfogle, Logan	10	Harlan	23:30.89	62
92	Masching, Joseph	10	Kuemper Cath	23:37.72	63
93	Peters, Brad	10	Glenwood	23:40.63	
94	Templeman, Joshua	09	Cb, T Jefferson	23:43.16	

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

....Event 6 Boys 5k Run CC Junior Varsity

108 Santacruz, Joel	12 Cb, T Jefferson	24:55.62	
109 Juon, Cael	09 Lewis Central	24:57.27	
110 Ellis, Isaac	11 Glenwood	25:06.95	
111 Ford, Vincent	09 Shenandoah	25:09.07	
112 Sell, Brian	09 Lewis Central	25:10.92	
113 Pearson, Dylan	12 Lewis Central	25:26.21	
114 Nystrom, James	10 Kuemper Cath	25:30.99	
115 Pietig, Simon	09 Kuemper Cath	25:34.91	
116 Anderson, Hudson	10 Lewis Central	25:46.28	
117 Morales, Andrew	11 Cb, T Jefferson	25:54.19	
118 Garringer, Reis	09 Kuemper Cath	25:56.41	
119 Babe, Tyler	09 Shenandoah	26:26.57	
120 Allman, Carter	12 Kuemper Cath	26:35.90	
121 Harrington, Gavin	10 Lewis Central	26:37.17	
122 Hill, Blake	09 Lewis Central	26:38.77	
123 Songer, Barrett	09 Winterset	26:46.87	73
124 Rose, Aiden	10 Kuemper Cath	27:55.36	
125 Streufert, Evan	09 Kuemper Cath	28:03.52	
126 Lett, Hayden	09 Lewis Central	28:14.73	
127 Palmer, Hendrix	10 Shenandoah	28:19.22	
128 Durham, Ethan	11 Cb, T Jefferson	28:55.24	
129 Phipps, Carter	10 Shenandoah	29:18.72	
130 Biederman, Nathaniel	10 Treynor	29:57.90	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Sb-Luton	39	5	6	8	9	11	12	19		
	Total Time:	1:37:46.26									
	Average:	19:33.26									
2	Glenwood	66	1	3	14	22	26	27	30		
	Total Time:	1:38:40.29									
	Average:	19:44.06									
3	Atlantic	86	4	17	20	21	24	28	34		
	Total Time:	1:40:06.68									
	Average:	20:01.34									
4	Winterset	94	2	15	16	29	32	47	73		
	Total Time:	1:40:33.63									
	Average:	20:06.73									
5	Lewis Central	130	10	13	33	36	38	40	41		
	Total Time:	1:42:25.25									
	Average:	20:29.05									
6	Cb, A Lincoln	167	18	23	39	43	44	48	49		
	Total Time:	1:43:56.20		</							

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

....Event 6 Boys 5k Run CC Junior Varsity

8	Denison-Schlswg	237	35	42	45	56	59		
	Total Time:	1:49:33.87							
	Average:	21:54.78							
9	Kuemper Cath	269	31	46	60	63	69	71	72
	Total Time:	1:53:17.18							
	Average:	22:39.44							
10	Clarinda	275	37	52	53	66	67		
	Total Time:	1:52:37.75							
	Average:	22:31.55							
11	Cb, T Jefferson	289	51	55	58	61	64	65	68
	Total Time:	1:54:48.77							
	Average:	22:57.76							

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

Event 3 Girls 3200 Meter Run CC Middle School

Name	Year	School	Finals	Points
1 Knispel, Madeline	09	Treynor	13:04.97	
2 Anderson, Allie	08	Harlan	13:17.03	1
3 Reese, Delayna	08	Lewis Central	13:18.14	2
4 Berglund, Grace	08	Glenwood	13:28.38	3
5 Harms, Katelyn	08	Glenwood	13:31.75	4
6 Hughes, Megan	08	Glenwood	13:37.81	5
7 Hesse, Elaina	08	Clarinda	13:44.77	6
8 Miller, Anne	09	Treynor	13:46.33	
9 Borns, Ellie	08	Lewis Central	13:54.25	7
10 Carnes, Sophia		Glenwood	13:55.84	8
11 Rau, Ashlyn		Harlan	14:02.35	9
12 Scheer, Myah	08	Cb, A Lincoln	14:06.37	10
13 Ullrich, Alisyn	08	Denison-Schlswg	14:09.84	
14 Hoss, Madelyn	08	Lewis Central	14:12.30	11
15 Bieker, Aspen		Harlan	14:22.10	12
16 Strunk, Reese	08	Creston	14:34.17	13
17 Van Baale, Brinley	08	Harlan	14:37.20	14
18 Perrien, Marlee	08	Red Oak	14:37.38	15
19 Strohmeier, Katelyn	08	Lewis Central	14:42.47	16
20 Meadows, Jenna	08	Denison-Schlswg	14:49.18	
21 Kirchner, Elayna	08	Clarinda	14:53.38	17
22 Freund, Ava	08	Harlan	14:53.88	18
23 Ralston, Claire		Creston	14:54.49	19
24 Alberty, Sadie	08	Harlan	14:55.37	20
25 Barnes, Alexa	08	Clarinda	14:55.39	21
26 Bach, Mallory		Lewis Central	15:00.56	22
27 Boji, Sadie		Harlan	15:01.41	23
28 Comer, Tatum		Clarinda	15:01.48	24
29 Smith, Gabby	08	Red Oak	15:04.11	25
30 Arkfeld, Maryn		Lewis Central	15:07.99	26
31 Davis, Addie	08	Kuemper Cath	15:09.06	27
32 Mescher, Sophia		Lewis Central	15:09.41	28
33 Millar, Lakisha	08	Glenwood	15:17.22	29
34 Lopez, Maddy	08	Red Oak	15:18.30	30
35 Horn, Cate	08	Red Oak	15:22.61	31
36 Williams, Cassie		Lewis Central	15:23.11	
37 Young, Zoe	08	Shenandoah	15:23.82	
38 Kilban, Jaylin		Lewis Central	15:24.49	
39 Hansen, Hailey		Lewis Central	15:29.46	
40 Weinreich, Lily		Clarinda	15:31.41	32
41 Bieker, Claire	08	Harlan	15:32.62	
42 Newman, Autumn	08	Glenwood	15:34.07	33
43 Roberts, Lauren		Stanton	15:34.54	
44 Nuzum, Jill		Winterset	15:37.67	
45 Anderson, Bella		Harlan	15:40.08	
46 Smith, Jaina		Harlan		

Atlantic XC Invite 2021 - 10/6/2022

10/6/2022

Rankings

....Event 3 Girls 3200 Meter Run CC Middle School

53	Thompson, Dallis	Lewis Central	15:48.98	
54	Freund, Sophia	Harlan	15:49.78	
55	Stephens, Ellexis	Harlan	15:50.25	
56	Mages, Ainsley	08 Harlan	15:55.07	
57	Thayer, Haleigh	08 Lewis Central	15:57.92	
58	Renander, Aubrey	08 Clarinda	15:59.43	38
59	Schmitz, Kaitlynn	08 Harlan	16:02.48	
60	Yates, Jaylee	Lewis Central	16:03.03	
61	Pietig, Adalynn	Kuemper Cath	16:08.53	39
62	French, Piper	Stanton	16:09.62	
63	Leinen, Micah	Lewis Central	16:21.08	
64	Clausen, Hazel	Kuemper Cath	16:24.28	40
65	Perkins, Brooklyn	08 Lewis Central	16:28.38	
66	Norman-Bozwell, Eden	Creston	16:29.75	41
67	Hutzell, Jacquelyn	08 Lewis Central	16:30.47	
68	Robichaeu, Sophia	08 Lewis Central	16:31.09	
69	Smith, Aveah	08 Lewis Central	16:39.11	
70	Sorenson, Elizabeth	Harlan	16:46.02	
71	Wagner, Zoe	Creston	16:59.28	42
72	Russell, Kelsie	08 Harlan	17:03.06	
73	Campbell, Caroline	08 Shenandoah	17:11.31	
74	Vanden Berg, McKenna	Harlan	17:12.45	
75	Joy, Addison	08 Shenandoah	17:16.01	
76	Pearce, Lexie	08 Cb, A Lincoln	17:17.67	43
77	Ferneding, Kate	08 Kuemper Cath	17:25.82	44
78	Back, Mallory	Winterset	17:26.87	
79	Wells, Maize	Lewis Central	17:29.13	
80	Christensen, Aubry	Harlan	17:31.10	
81	Lahr, Brooklyn	Kuemper Cath	17:32.32	45
82	Paulsen, Jocie	08 Lewis Central	17:38.85	
83	Swensen, Chloe	08 Harlan	17:43.81	
84	Ronk, Ashleigh	08 Wilson MS	17:44.35	
85	Meier, Natasha	08 Fremont-Mills	17:45.04	
86	Meaike, Macie	08 Lewis Central	17:48.55	
87	Danker, Sophia	08 Cb, A Lincoln	17:48.71	46
88	Kenney, Alice	Cb, A Lincoln	17:50.54	47
89	Ford, Lilly	08 Stanton	17:50.58	
90	Bowers, Kara	Cb, A Lincoln	17:56.54	48
91	Heim, Gillian	08 Red Oak	17:57.71	49
92	Anderson, Lucia	Lewis Central	18:01.11	
93	Mescher, Grace	08 Lewis Central	18:03.66	
94	Lemon, Laura	08 Winterset	18:18.61	
95	Iversen, Jordyn	Clarinda	18:24.16	
96	Stearns, Allison	08 Shenandoah	18:34.77	
97	Marsh, Merceded	Wilson MS	19:02.48	
98	Carr, Leah	08 Lewis Central	19:28.19	

